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一本“持续动态更新”的写作用书



王力

曾艺超

编著

TOEFL WRITING

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托福写作真题 范文精练120

王 力 曾艺超 编著



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在标准化考试准备的过程中，托福不得不说是战线拉得最长的一项考试，从初期开始准备托福，到后期考完 SAT 再接着冲击托福高分。此外，托福成绩在一定程度上决定了申请大学时学生被青睐的程度，优异的托福成绩定会为申请增色不少。因此，托福的重要性不容小觑。在听说读写四个托福科目中，通常都会认为写作是较大的障碍。写作考查知识输出，没有良好的语言功底，就没有高质量的语言输出，导致提分很难；另外，语言素材的积累从何处下手更让考生感到头疼。考生关心的也正是 TestDaily 想解决的，于是这本《托福写作真题范文精练 120》应运而生。

题目从哪儿来？

近 5 年来，TestDaily 整理了接近 150 场托福考试的考情回顾，其间从无间断。大量的考情回顾使我们从中大致窥探出 ETS 的出题规律。事实上，在每年的 40 余场托福考试中，有大约 25 场会不同程度地重复旧题。高比例重复，尤其是写作题目的重复，对于备考的每一位考生来讲都是令人欣喜的。对于写作题目的重复，我们赞同的是“打有准备之仗”。也就是，不仅要知道考过什么，而且要知道高分文章怎么写。《托福写作真题范文精练 120》收录了 100 多篇独立写作和综合写作范文，这些范文将是你的秘密武器。

我们对真题做了什么？

本书选择了近年极具代表性的独立写作题目，并根据话题进行分类。每类话题均附上了常用写作思路，帮助考生快速突破思维障碍，且能举一反三，触类旁通。每道真题都有完备的“头脑风暴”帮助考生理解题目要点，并分析选项利弊，充分拓宽思路；“范文思路”部分有助于考生更快掌握高分文章的逻辑思路走向，多加模仿能够快速提升文章逻辑性；“范文文本”部分给考生提供最佳模仿和积累素材；范文后更有“语料积累”充实考生的知识库。高密度的高质量干货，值得考生悉心研究学习。

这本书应该怎么用？

《托福写作真题范文精练 120》小心地剔除了考生已经知晓的写作基本套路，定位为



一本“练习+积累”的冲击写作高分的辅导用书。本书用最为地道、最受高分青睐的语言和逻辑帮助考生解决输入的问题，并且用可观的命中率辅助写作的输出。

这是一本有“售后服务”的写作书

我们试着从内容方面为读者提供一本优秀的托福写作备考用书，但是图书本身是静态的，购买之后无法再次获得更新的优质内容。因此，我们特别做了创新：本书的所有购买者能通过扫描封底的二维码获得与考试同步的写作真题以及高分示范。作为一本基于社群和在动态更新的基础上成长起来的写作用书，我们能够确保每一位读者持续获得新题目和新范文，从而比其他同学更精准地把握托福考试的最新动向。可以说，一位读者在购买本书时仅仅获得了本书 50% 的价值，而扫描二维码获得持续更新后能实现本书 100% 的价值。

托福写作作为一项检验“输出”能力的科目，最终的成绩很大程度上取决于“输入”。因此，建议考生们利用好本书提供的资料素材，扎实按照书中的步骤训练自己的思考能力和写作能力。希望考生们稳步提高托福成绩，顺利考入理想学校！



扫描二维码，获得持续更新

第一章 教育类话题	001
1. (20180909) Students should be encouraged to study fields like science, technology, engineering and math (STEM) rather than what they have interest in.	001
2. (20160319) Students in a university club want to help others, but they can only choose one project a year. Which one of the following is the best?	003
3. (20160311) Reading chosen by students themselves is as important as, or more important than, reading assigned by teachers.	005
4. (20160228) Nowadays, children rely too much on technology.	007
5. (20170325) Which of the following factors do you believe is the most important in helping students succeed in their studies at the college or university? Why?	009
6. (20150712) These days, children spend more time on doing homework or participating in organized activities related to school or sports. However, they should be given more time to do whatever they want.	011
7. (20160925) Your university will spend money on dormitory to improve the life quality of students. Which of the following do you think is the best way?	013
8. (20171104) High school teachers (teachers of students aged 14-18) spend most of the class time lecturing while the students listen and take notes. Other high school teachers spend most of the class time on discussion and projects that students are highly involved in and exchange their ideas. Which of these two approaches do you think is more effective for students' learning and why?	016
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10. Colleges and universities must do a good job of preparing students for their future career.	020
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- to give them a sense of responsibilities. 022
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16. (20180303) If you are going to graduate from the university and have to choose the final course, which professor will you choose? The one you used to sign up for courses or the one you have never learned from before? 032
17. (20180415) Playing sports would teach people important lessons about life. 033
18. (20170520) At some universities, students take part in making decisions about the issues that affect daily life of everyone on campus, such as how many hours that the libraries should be open each day or what kinds of food should be served in the cafeteria. But at some universities, experts are hired to make these decisions and students are almost never involved. Which approach do you prefer? 035
19. (20170114) Since university students have a long break between semesters, the university requires all students to do one of the following for a month during the break: 039
20. (20170909) Your friends have the opportunity to choose either one of two types of majors (fields of study). Which one of the following two majors do you think is a better choice, and why? 041
21. (20171105) University students are often encouraged to study fields in which significant job growth (a large increase in job opportunities) is expected; these fields currently include science, technology, engineering, and math. Do you believe students should consider studying fields related to these subjects even if they are more interested in other subjects? Why or why not? 043
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23. (20171015) Which of the following ways can help children behave better? 048
24. (20171112) Older teenagers (16-19) should be allowed to work at paid part-time job or not. 050

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32. (20161119) Imagine that if a professor wants students to learn as much as possible about a project in a short period of time, is it better for students to work in a group or to study alone?	067
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34. (20160910) Primary schools should spend more time teaching young students (5-11 years old) technology (like computer) than teaching them music and art.	071
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4. (20180310) Which one is the most important factor to help you work productively?	090
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6. (20160709) Which kind of job would you like to choose: a high-paying job with long hours or a job with an average pay yet with normal work hours?	093
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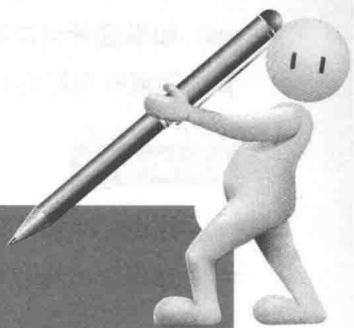
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第一章 教育类话题



教育类话题是托福独立写作中最常考的话题，涉及选课、课堂组织形式、师生关系、课外活动等方面。考生对这类话题多少有些了解，结合自己平时所见所闻和个人经历都能写出一些内容。考题类型比较常规，通常都是二选一或者三选一。推荐的写法是选定一个内容，分析其合理性或者益处即可。乍一看题目都很容易理解，写出一篇 500 词左右的文章似乎不难，但是当题目问得非常具体，比如“大学生应不应该上公共演讲课”，同学们可能就无话可说了，语言质量也不尽如人意。因此，我们把同类话题都放在一起，考题之间只要有一些共通之处，稍加调整就可以拿来用。

下列选题同属教育类范畴，极具代表性，所用到的理由和例子都是积累的上好素材。遇到同类型题目时构思起来会轻松很多。

1. (20180909) Students should be encouraged to study fields like science, technology, engineering and math (STEM) rather than what they have interest in.

✿头脑风暴

这道题问的是学生们应该选择学习科学技术类的学科，还是选择自己更感兴趣的领域。在头脑风暴时可以分别思考这两方面的优缺点，选择你认为理由比较充分的观点来写。

如果选择学习科学技术类的学科，可以写这一类学科的实用性可能会更强，对未来的职业发展有所帮助，工作带来的收入也很丰厚，但是这类学科难度可能会比较大，就业时竞争激烈。



如果选择自己喜欢的学科，可以写这一类学科更能激发自己的学习兴趣，使自己在擅长的领域有更好的发展，但是可能未来职业选择有限。

✿ 范文思路

论点：应当选择自己更感兴趣的领域学习。

理由一：选择自己更感兴趣的领域能够激励学生追求更高的目标，在学习中有更好的表现。

理由二：选择自己更感兴趣的领域可以使学生在专业领域更擅长，从而使他们在求职时有更大的优势。

理由三：虽然 STEM 类学科实用性强，但是它们不一定能成为学生学习的动力。

✿ 范文文本

Education is one of the keywords of this age since it has an overall impact on people's quality of life, both intellectually and financially. However, people's views differ greatly as to which should be the priority of academic pursuit, to study the STEM subjects or to focus on subjects that interest them. As I see it, choosing to specialize in one's favorite courses is more commendable.

To begin with, opting for the courses that greatly interest the students will drive them to achieve higher goals. When students' motivation is stimulated by the subject exerting a special fascination on them, they are likely to spend more time on it and accomplish better academic performance. According to a recent study conducted by the Society of Developmental Psychology, primary-school students would spend approximately three more hours each week on subjects they are interested in than on other subjects, and score about 10% higher correspondingly. This trend is also valid when it comes to high-school students. As revealed by a research of Rice University, over 95% of the students who had won an award in the state math competition have demonstrated their interest in math at an early age. Therefore, students who are interested in the classes they are taking are more likely to have better academic performance.

Besides, learning subjects that students are interested in can do a better job in helping them secure a decent job. Under such a society full of fierce competition, it is the professional skills people own that make them stand out. And only when people select the field they are passionate about can they establish a solid foundation of specific knowledge and skills in this field. My cousin Anthony's experience can well illustrate this point. Fascinated by medicine, he started reading a mass of articles and books about the discipline since an early age. After entering the Ph.D. program of Medicine at Yale, he constantly stood out among his peers in his knowledge about medicine. Because of his preeminence, he was immediately employed by one of the best medical companies after graduation. Till now, he is the leading researcher in the company and earns a high payment.

Hence, learning courses catering to students' interest can better improve their competence, thus increasing their likelihood of securing a decent job.

Granted, courses like science, technology, engineering and math are technical, most of which can be applied in solving real-world issues. However, technically oriented classes do not serve as an impetus for learning, a stimulus for growth, or a trigger for action. Instead, fields that interest students encourage them to learn more and perform better, thus guaranteeing students a competitive edge to ensure future jobs opportunities.

To sum up, given the discussion above, we can firmly draw the conclusion that it is better to study subjects that interest the students, in terms of making them have a better grasp of their knowledge and find a suitable job.

语料积累

Education is one of the keywords of this age since it has an overall impact on people's quality of life, both intellectually and financially. (可作为教育类话题背景句使用)

differ greatly as to... 在……议题上有不同意见

specialize in 专长 / 专注于

opt for=choose 选择

exerting a fascination on... 引起……的兴趣

establish a solid foundation of... 为……打下坚实的基础

secure a decent job 有助于找体面的工作

cater to students' interest 迎合学生的兴趣

improve their competence 增加他们的竞争力

an impetus for learning, a stimulus for growth, a trigger for action 激发学习兴趣, 促进成长, 引发行动 (托福很喜欢的排比句式)

guarantee students a competitive edge 保证学生突出的竞争力

2. (20160319) Students in a university club want to help others, but they can only choose one project a year. Which one of the following is the best?

- Help those students in a nearby primary school with reading and mathematics.
- Help people who cannot afford to build or rent a home to build a house.
- Visit and assist elderly people with daily tasks.

头脑风暴

这个问题给出了三种能够帮助他人的方式, 在进行头脑风暴时可以结合每种方式的特



点来思考:

(1) 在附近的小学教阅读和数学, 这种方式比较适合大学生, 能够锻炼自己的沟通和表达能力, 但可能需要比较多的时间来备课。

(2) 帮助难以负担住房费用的人们修建住房, 这种方法给他人带来的帮助很大, 不是非常占用时间, 但是可能需要比较强的技术和相关知识。

(3) 每天去探望老人, 能够给老人带来更多的关怀, 这项活动很有意义, 但是也会花费比较多的时间和精力。

✿ 范文思路

论点: 选择帮助无家可归的人们修建住房。

理由一: 这项活动的意义关乎生命, 能够给这些人们带来更好的生活保障。

理由二: 这项活动对于大学生来说能够节省更多的时间, 不会占用太多的学习时间。

✿ 范文文本

In my opinion, everybody should do something to contribute to their community in the modern society, for no one can remain isolated in this world, for the human beings are born gregarious animals. In this case, there are many ways to show the love. Tycoons choose to donate a lot of money to the foundations to allocate the fortune for the needed ones. Soldiers decide to risk their own lives to protect the nation and its people. But what are we talking about when we mention university's clubs? Openly speaking, there are many things they could do. Volunteer in the nearby primary schools as a teacher to help them do better in their schoolwork, visit the local nursing home to assist the seniors with their daily tasks, or help the homeless persons to build a place so they can survive the biting cold winter. If I am a member of the club, I will encourage my peers to do the third one, and the following reasons and examples can demonstrate why I think it is the most important and helpful one.

I have to say that by stating the third one is the most important one, I do not deny the help of the other two events. They are also important. Helping students will make their family more harmonious and assisting the elderly people can make them receive the attention due. Nevertheless, when we talk about homeless persons, the problem is not simply happiness or satisfaction. It is all about life. As a person from Heilongjiang, I have witnessed a heart-breaking story in my hometown. It was early January 2009, the coldest month in the coldest year it ever was in the last fifty years. The Chinese New Year also happened to be in January, so most of the people left the city for home. That was how the tragedy happened: a beggar could not afford a house, so he typically lived outside of the stores or malls where the temperature is higher, but there were no opening stores because it was the new year. The beggar had to sleep in the park. When people found him on the bench in the