一大学英语教材教辅系列—

# **新编**大学英语高效同步训练 ①

主 编 孙秀丽

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# 一大学英语教材教辅系列—

书 名: 新编大学英语高效同步训练①

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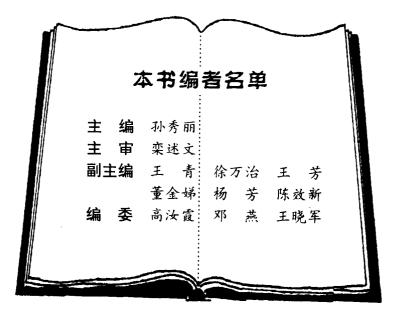
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《新编大学英语》是一套按照"以学生为中心的 主题教学模式"编写的教材,它侧重于提高学生的 语言应用能力,具有很强的时代性,充分体现了新 教学大纲的要求,同时又兼顾到大学英语教学的目 的和特点。《新编大学英语高效同步训练》共分4 册,分别与《新编大学英语》第1~4册配套使用,旨 在帮助使用本教材的学生和其他英语学习者更好 地巩固课文中学到的语言知识,引导学生有效地学 习词汇和语法,逐步扩大词汇量及语法知识。

本书共有12个单元,按《新编大学英语》第一 册课文顺序编写,每6个单元后安排一个阶段复 习。每单元由四个部分组成:

- (1) Key Words and Expressions:本部分讲解 课文中出现的重点词汇和短语,包含本词、音标、词 性、词义(包括课文词义和大纲词义,课文词义用楷 体标出)。每个词后配有【考点】和【记忆】。【考点】 条目下包括:常用搭配、疑难用法、常用句型。【记 忆】条目下包括:词义辨析、联想记忆、区别形近词、 记忆同根词。这样编排的目的是使学生在保证词 汇学习的广度的基础上,提高掌握词汇的深度,加 强活用词汇的能力。
- (2) Vocabulary Practice:本部分包括六项词汇 练习。一是构词练习,要求学生根据构词法知识选 用单词的适当形式填空。二是辨词练习,要求学生 辨别容易混淆的近义词、形近词和同根词。三是选 词填空,要求学生把在课文中学到的新词用到句子 中去,以提高学生对新词的活用能力。四是词组练







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习,这项练习汇集了课文中出现的比较常用的词组,通过填空的形式,帮助学生掌握这些词组的用法。五是多项选择题,它与国家四级统考接轨,所有选项中的词严格控制在大纲四级词汇范围内。六是完型填空,每单元完型填空均围绕课文主题进行选材,使学生在学习词汇的同时加深对课文主题的理解。

- (3) Key Structure:本部分主要是对学生语法学习过程中的疑难点和四级考试中语法考点进行归纳,目的是使学生加深对语法知识的记忆和应用。
- (4) Structure Practice:本部分包括多项选择和改错两项语法练习,与第三部分的语法难点、重点的讲解相配套,使讲和练有机结合起来,在练中加深对语法重点、难点的理解,从而提高熟练运用语言的能力。

为方便学生自学,本书附有参考答案,学生可根据自身需要,在学完每课后进行自我测试,以巩固课文所学语言知识。

本书的编者都是从事多年大学英语教学、经验丰富、教学效果优秀的一线教师,在编写此书过程中,编者贯彻了语言规范、难度适中、内容广泛、精练实用等原则。

本书主要面向各高校非英语专业大学生使用, 也可作为社会上广大英语学习者的学习参考用书。

本书中的疏漏或不当之处,恳请广大读者及同行专家赐教指正,以期进一步修改完善。

编者







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# Unit One

#### **Key Words and Expressions** Part One

adjust [ə'd3Ast] vt. ①调整,校正,校准 ②调节,改变…以适应[同]adapt vi. (to) 适应

考点常用搭配:adjust (oneself) to sth. 使(自己)适合,适应

【记忆】联想记忆:"使适应于…"的几 种表达: adjust... to: adapt... to: make...suitable for

balance ['bæləns] n. ①平衡,均衡 ② 天平, 秤[同] scale ③结存, 结欠 vt. ①使平衡,使均衡 ②称 ③权衡,比较 【考点】常用搭配: in the balance(生 命等)在危机状态中、(命运等)未定 off balance 不平衡

【记忆】联想记忆: be in balance 保持 平衡 ←→ be out of balance 失去平衡 keep one's balance 保持平衡,镇定 ←→ lose one's balance 失去平衡. 慌 刮.

bother ['bodo] vt. ①麻烦, 打扰[同] trouble, interrupt ②使不安,紧张 vi. ①尽力, 费心 ②担心, 烦恼 n. ① 烦恼,焦急②令人烦恼的人(或事物)

多点常用搭配: bother oneself /

one's head about sth. 为某事焦急. 担心 bother sb. with sth. 因某事打 批某人

complain [kəm'plein] vi. ① 抱怨, 诉苦 ②投诉,控诉

[考点]常用搭配: complain to sb. about/of sth. 向某人抱怨… 【记忆】联想记忆:

动词 名词 拘怨 complain complaint 储距 constrain constraint 抑制 restrain restraint

content [kən¹tent]a. 满意的.满足的 [同]satisfied, contented n.满意,满 足 vt. 使满意,使满足[同]satisfy ['kontent] n. ①[pl.] 所容纳的东 西, 所含之物 ②[pl.](书等的)内容, 目录 ③含量,成分

考点常用搭配: be content to do sth. 满意地做某事 be content with sth. 对 ··· 感到满足, 对 ··· 满意 to one's heart's content 心满意足地. 尽情地

●疑难用法:形容词 content 只能作表



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语,不能作定语;而 contented 多作定

【记忆】词义辨析: content, satisfy satisfy表示使人的要求、希望得到完 全的满足。若只表示使人在一定程度 上感到满足,则用 content。

engage [in geid3] vi. (in)参加,从事于 vt. ①吸引,占用(时间、精力等)[同] occupy ② 使从事, 使忙于 ③ 雇, 聘 [同]employ [反]dismiss ④使订婚

考点常用搭配: be engaged in doing sth. 忙于做某事 be engaged to sb. 与某人订婚 be engaged to do sth. 被雇佣做某事

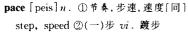
fortune ['fort[an]n. ①命运,运气,时 运[同]fate, luck [反]misfortune ② (大量)财产,大笔的钱

考点常用搭配: make a fortune 发 财 seek one's fortune 外出找出路 trv one's fortune 碰碰运气

lean [li:n] vi. ①依靠, 靠, 倚 ②倾斜, 屈 身[同]incline, bend vt. 使倾斜, 使 依靠 a. ①瘦的, 少脂肪的[同]thin ②贫乏的,贫瘠的,收益少的

||考点||常用搭配: lean on/against 斜 常在…上 lean on sb. for sth. 依靠某 人做某事 lean to/towards a view 倾 向于某种观点

occasion [əˈkeiʒən]n. ①场合, 时刻, 时候[同] case ②重大(或特殊)活动, 盛会 ③时机,机会[同]opportunity ④ 起因, 理由[同] reason vt. 引起, 惹起 考点常用搭配: on occasion(s)有 时, 间或 on the occasion of 在…时候 ●常用句型: take the occasion to do sth. 抓住机会做某事



考点】常用搭配: keep pace with(与 …)齐步前进、(与…)并驾齐驱 set the pace 起带头作用, 定速度

【记忆】联想记忆: keep step with 与… 步调一致

●词义辨析:pace, rate, speed

pace 一般指"步伐"、"步速", 用于比喻 时指各种活动、生产效率等发展的速 度、节奏,如: the rapid pace of modern life 现代生活的快节奏。rate 指 "速度"、"比率",用与其他事物的关系 来衡量速度、价值、成本等的比率. 如. the rate of overall industrial growth 工业的总增长率。speed 指"速度"、常 指交通工具和机械的速度。

participate [pa: tisipeit] vi. 参加、参与 考点 常用搭配: participate in 参加 = take part in 参加

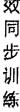
urge [ə:dʒ] vt. ①催促,力劝[同] persuade ②竭力主张,强烈要求 ③鼓励、 激励[同]encourage n. 强烈的欲望, 迫切的要求

考点 常用搭配; urge sb. to do sth. 或 urge sb. into doing sth. 敦促某 人做某事

●疑难用法: urge 后接的宾语从句或 主语从句,谓语动词用虚拟语气,形式 为(should +)动词原形。如:It is urged that the bill (should) be passed. 人们敦促通过议案。

【记忆】记忆同根词: urgent a. 紧急 的, 紧迫的 urgency n. 紧急的事

await [əˈweit] vt. ①等待,期待,期望 [同] wait for, expect ②将降临到…



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【记忆】词义辨析:await, wait

await 为及物动词, wait 为不及物动 词。wait for sb./sth. sb./sth.

dependent [di'pendənt]a. ①依靠的, 依赖的 ②取决于…的

【考点】常用搭配: be dependent on/ upon 依赖,依靠,取决于

【记忆】联想记忆: be independent of 不依赖,不依靠

deprive [di praiv] vt. 剥夺, 使丧失

考点 常用搭配: deprive sb. of 剥 夺某人的…

【记忆】区别形近词: derive vt. 取得. 获得

gaze [geiz]υ./n. 注视,凝视

考点 常用搭配:gaze at/on/upon 凝 视…

【记忆】词义辨析: gaze, stare, glare,

gaze指因惊讶、喜悦、兴趣等而注视。 stare 因生气、好奇、害怕等而盯着看。 glare 怒视, 瞪眼。glance 一瞥, 看一 眼,扫视。

grip [grip] vt. ①紧抓,握紧,抓牢 ②吸 引住…的注意力(或想象力等) n. ① 紧握,抓牢②掌握,控制

考点常用搭配: come/get to grips (认真)对付(或处理)

【记忆】词义辨析:grip, grasp, seize grasp 指敏捷地、紧紧地抓住某物:也 可用于比喻,指对知识的"掌握"或"领 会"。grip 指用手上的最大握力将物 "抓牢"、"抓紧", 语义比 grasp 强;也可 用于比喻中,指"吸引(注意力)"、"打 动"。seize 指(快速地)"抓住",或"抓 住时机";也可用于比喻意义,表示"掌 握"、"理解",与 grasp 意义相同。

schedule ['sedju:l;美'sked3ul]n. ①时 间表,时刻表,日程安排表 ②清单,明 细表 vt. 安排,排定

考点常用搭配: ahead of schedule 提前 on schedule 按时间表、及时、准 时 behind schedule 落后于预定计划 (或时间)

**shift** [fift] v. ①移动, 转移 ②改变, 转 变 n. ①转变,转换 ②轮(或换)班

考点 常用搭配: shift one's ground 改变立场(或看法)work in shift 轮班 工作 the day/night shift 日(夜)斑

slide [slaid] v. ①流淌、滑行、(使)滑 动,(使)下滑 ②(使)悄悄地移动 n. ①滑动,下滑 ②滑道,滑面 ③幻灯片

考点 常用搭配: let slide 放任自流. 听其自然

slide 滑行,指在一平面上平稳而顺畅 地滑行。slip 滑,滑倒,指脚下一滑而 跌倒。

【记忆】词义辨析:slide, slip

staff [sta;f]n. (全体)职员,工作人员 vt. 为…配备(人员)

考点 疑难用法:staff 是集合名词,当 强调这个集体中的所有人或所有个体 时,谓语动词用复数;当强调整体时. 谓语动词用单数。

【记忆】联想记忆:

personnel 全体员工 全体人员 { crew 全体船员 staff 全体职员 faculty 全体教员





**benefit** ['benifit] n. ① 好处, 益处 ② 救济金, 保险金 vt. 有益于 vi. 得益

済金、保险金 vi. 有益于 vi. 停益 [考点]常用搭配: be of benefit to 对 …有好处 for the benefit of 为…的好 处 benefit from/by 从…中得益

lacktriangle A benefits B.  $\leftarrow$   $\rightarrow$  B benefits from/by A.

**capable** ['keipəbl] a. 能够, 有能力的, 有技能的

考点 常用搭配: be capable of ①有 ····能力(或技能)的 ②能····的,有····可能的

【记忆】区别用法:有能力做某事:

be able to do sth.

be capable of doing sth.

**derive** [di<sup>'</sup>raiv] w. ①取得,获得,得到 ②追溯…的起源(或由来) w. 起源, 衍生

【考点】常用搭配: derive... from 从… 获得,由…派生而来,出自于…

【记忆】联想记忆: stem from 丘源于… originate from 起源于…,来自于…

 ease [i:z] v. 缓和,减轻,解除 n.

 ①容易,不费力 ②悠闲,安适,自在

【考点】常用搭配: ease off/up 减轻,

减缓 at ease 安适, 不拘束 with ease 容易地

●常用句型: ease sb. of sth. 减轻某人的痛苦、负担等

entitle [in'tait] vt. ① 给 ··· 命 名, 给 (书、文章等) 题名 ②给···权利, 给···资 格

[考点]常用搭配: entitle sb. to do sth. 给某人做…的权利 entitle sb. to sth. 使某人有权利享受…, 授予某人某物

【记忆】记忆同根词: title n. 标题, 称 号, 头衔

identify [ai<sup>l</sup>dentifai] vt. ①辨认出,认 出,鉴定 ②把…等同于 vi. 认为与… 一致,认同

【考点】常用搭配:identify... with 认为…等同于…,打成一片

**(记忆)**记忆同根词: identical a. 相同的,等同的 identity n. 身份,同一性

remark [ri'ma:k] vt. 说, 评论说 vi. 谈论, 评论 n. 话语, 谈论, 评论

[考点]常用搭配: remark on/upon 评论, 谈论

【记忆】联想记忆: comment on/upon 评论, 谈论 talk about 谈论

break out ①爆发,突然发生(尤指战争、火灾、疾病等) ②逃脱,逃走

Fire broke out in the neighborhood last night. 昨晚附近发生火灾。

【记忆】联想记忆: break down ①损坏 ②(健康等)垮掉, 崩溃 break off 中断, 突然 停止 break up ①打碎, 粉碎 ②散开, 驱散 ③终止, 结束

see (to it) that 确保;务必使;一定注意到[同]make sure that

See to it that you always carry your passport. 你得常带着你的护照。

【记忆】 联想记忆: see to 注意, 照料 see out 坚持到…的终了, 完成 see off 为…送行 see through 看透, 识破



#### subject...to 使承受, 使遭受

He was subjected to criticism for his stupid mistake.

他因犯下愚蠢的错误而受到批评。

【记忆】联想记忆, be subject to 易受…的, 易遭受…的

#### be dependent on 依靠

Good health is largely dependent on proper nourishment.

健康主要依赖于合理的营养。

【记忆】联想记忆:表示"依靠"的几个动词短语:depend on; rely on; fall back on;

count on; lean on

turn up ①使…向上翘 ②开大,调大 ③出现,来到[同]show up

【记忆】联想记忆: turn down ①关小, 调低 ②拒绝 turn out ①结果是, 证明是 ② 关掉, 旋熄 ③制造, 生产 ④驱逐, (使)离开 turn over ①翻过来, 翻倒 ②仔细考虑 ③交. 移交

#### in addition to 除…之外(还)

In addition to some books, I bought a dictionary.

除了一些书,我还买了一本字典。

【记忆】联想记忆:apart from ①除…之外(别无)②除…之外(尚有)aside from ① 除…之外(尚有)②除…之外(别无)

●词义辨析:in addition, in addition to, except for

in addition 起副词作用,单独使用,修饰全句。in addition to 起介词作用,后接名 词或动名词。except for"除…以外(别无)",它在说明基本情况以后,在细节上加 以修饰。如:Except for a broken chair, the room is empty. 房间里除了一把破 椅子外,别无它物。

# in return (for) 回报

I bought him a drink in return for his help.

为报答他的帮助,我给他买了一杯饮料。

【记忆】联想记忆:in turn 轮流,依次

# Part Iwo Vocabulary Practice

## **Exercise One**

Directions: Choose the appropriate form of the word to fill in the blank. Make proper changes where necessary.



1.	complain, complaint
	1) They to the restaurant manager about the service they have re-
	ceived.
	2) I have received many about the pollution from the local people.
2.	content, contented
	1) We were quite with the new arrangements.
	2) The old man is the most man I've ever met.
	3) We had no time for lunch, so I had to myself with a cup of
	coffee and a biscuit.
	4) We can swim in the river to our hearts'
3.	embarrasse, embarrassed, embarrassment, embarrassing
	1) He hoped that this request would not Mr. Robin in any way.
	2) The little girl looked rather when her mother scolded her.
	3) She blushed in when he asked her to go out for a walk.
	4) She said something that would be for me to repeat.
4.	envy, envious
	1) All the boys were filled with when they saw Tom's new bicycle.
	2) What a grand thing it is to be a musician! How I you!
	3) He was of his brother because he could afford to give so much.
5.	fortune, misfortune, fortunate, unfortunate
	1) You are to have had the help and guidance of such a man.
	2) You can imagine how pleased I was at such an extraordinary piece of good
	,
	3) His failure in business was not due to his, but to his own mis-
	takes.
	4) We will do our utmost to help those people.
6.	reluctant, reluctance
	1) I'm to mention the subject again, but I feel it must be dis-
	cussed.
	2) It was with that I accepted their invitation.
7.	depend, dependent, independent, dependence
	1) Despite technical progress, food production is still completely
	on weather.
	2) Good health on good food, fresh air and physical exercise, for
	example, walking

We should recognize that many women are not financially o     their husband.
4) He is not a man you can put much on.
8. secure, insecure, security, insecurity
1) My family's health and is of utmost importance to me.
2) Is that luggage on the roof tied down firmly enough? It looks rather
3) Burglar-proof doors make the house against burglars.
4) The engineers warned us about the of the bridge in a storm.
5) He a position in the store at four dollars a week.
9. benefit, beneficial
1) He considered that the change would be to her health.
2) He served three years in the army and he greatly from his ex-
perience there.
3) This kind of approach may be of some to high school students.
10. frustrate, frustrated, frustrating, frustration
1) Without public support our efforts will end in
2) Giving the child problems he can't solve will only him.
<ol> <li>It's to have all these great plans and no money to achieve them.</li> </ol>
4) She was several times in her attempt to contact him.
11. popular, popularize, popularity
1) Jack's is shown by the fact that he always has lots of friends around him.
2) His book helped to the new theories about the creation of the universe.
3) Canned foods are with housewives because it takes so little
time to cook them.
Exercise Two
Directions: Choose the proper word to complete each of the following sentences.
1. await, wait
1) Time and tide for no man.
2) Little did they realize what a surprise them at home.
2. staff, stuff



	1) Mr. Noble will join the teaching as head of the science depart-
	ment after the summer holiday.
	2) He was told to move his out of the room.
3.	aid, assistance
	1) In that case they would receive financial from the state.
	2) When I was in difficulty he kindly came to my
4.	capable, able
	1) The boy is to speak four languages besides his native tongue.
	2) Computers are of doing complicated work in all branches of
	learning.
5.	derive, deprive
	1) The proposed highway will children of their playground.
	2) Ideas from one's own experience are sometimes more valuable
	than those from books.
6.	sure, certain
	1) It is quite that he will be present at the conference.
	2) He would be to meet disasters if I didn't keep an eye on him.
7.	recognition, realization
	1) Ten years' hard work has changed him so much that he is beyond all
	now.
	2) The sudden that I had offended him terrified me greatly.
8.	insist, persist
	1) Why do you in interrupting me when I have repeatedly asked
	you to stop?
	2) One should respect the opinion of others, and also on what he
	believes is right.
9.	grip, seize
	1) Derrick the chance and poured out his complaints about the
	poor working conditions in the factory.
	2) The first performance of this new play has already a large num-
	ber of audiences.
10	. worth, worthy, worthwhile
	1) I noticed that the meals were well what was charged for
	them.
	2) In the past, some people didn't think it to spend so much



money exploring the space.

He saved the child from the burning fire and his behavior was \_\_\_\_\_\_\_
 of great praise.

### **Exercise Three**

**Directions:** Choose the best word from the list given for each blank. Use each word once only and make proper changes where necessary.

bother	scratch	occasion	appreciation	schedule
urge	entitle	devotion	coordinate	obvious
eagerly	subject	function	comfort	remark

1. The project of the nuclear power station is to be completed in
about three years.
2. I'm sorry to you, but can you tell me the time?
3. We appreciated his of time and money to the project.
4. I don't know that he is to special treatment because of his rank.
5. The they perform is to maintain the established order of society.
6. It is quite that we must apply other methods to settle the problem.
7. If we can our efforts, we should be able to defeat the enemy.
8. She could hear the dog at the back door.
9. Their of the performance was expressed in loud cheers.
10. Her pride her to refuse the offer.
11. This was given to us as a present on the of our silver wedding.
12. It would be rude to on others' appearances.
13. The news that her husband was getting well and strong brought great
to her.
14. She found herself looking forward more and more to the holiday
at home.
15. The trade agreement is to government approval before it can go
into effect.

### **Exercise Four**

**Directions:** Choose the best phrase from the list given for each blank. Use each phrase once only and make proper changes where necessary.

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