



Guide to China

国通

# 中国通手册

## 名胜古迹

# Scenic Spots & Historical Sites

商友敬/著 汪磊/译



中国人读英文，与世界交流

Chinese Read English  
to Facilitate the Cultural  
Inter Change in the World

外国人读中文，了解中国文化

Foreigners Read Chinese to Know the Chinese Culture

• 上海古籍出版社



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## 图书在版编目(CIP)数据

名胜古迹/商友敬著;汪磊译.—上海: 上海古籍出版社, 2002.12

(中国通手册丛书)

ISBN 7-5325-3249-6

I . 名… II . ①商… ②汪… III . ①名胜古迹—文化—中国—汉、英 IV . K928.7

中国版本图书馆 CIP 数据核字(2002)第 065795 号

策划编辑: 李 鸣

英文审读: Rendi Sterkler

封面设计: 黄 琛

中国通手册

**名胜古迹**

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上海古籍出版社出版、发行

(上海瑞金二路 272 号 邮政编码 200020)

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(2) E-mail: [guji@guji.com.cn](mailto:guji@guji.com.cn)

 上海发行所发行 经销 上海中华印刷有限公司印刷

南京理工排版校对有限公司照排

开本 889×1194 1/32 印张 4.375 插页 1 字数 93,000

2002 年 12 月第 1 版 2002 年 12 月第 1 次印刷

印数: 1-7,000

ISBN 7-5325-3249-6

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K·419 定价: 18.80 元

如有质量问题, 请与承印厂联系, 62662100



zhī jiān jiā le dùndú fù hào zhè yí qì dōu shì wéi le wàiguó yǒurén biǎn yú yuè dù bìng li jiě  
之间·加了·顿读·符号，这·一切·都是·为了·外 国·友人·便 于·阅 读·并·理 解·  
shù zhōng de néiróng tóng shí yě fāngbiàn zhōngguórén de duìwài jiāo liú  
书·中 的·内 容，同 时·也·方 便·中 国 人 的·对 外·交 流。

yuàn zhètào cóngshū néng chéngwéi zhǎnshì zhōngguó wénhuà de yí gè míngliàng de chuāng  
愿·这 套·丛 书·能·成 为·展 示·中 国·文 化 的·一 个·明 亮 的·窗  
kǒu chéngwéi gōutōng zhōng wài rén shì de yí zuò jiānshí de qiáoliáng  
口，成 为·沟 通·中 ·外·人 士 的·一 座·坚 实 的·桥 梁。

gāo kè qín  
高 克 勤

nian yue  
2002 年 10 月

The mere mention of China often reminds people of its vast expanse of territory, abundant resources, huge population, time-honored history and splendid culture. China, as a developing country, is now rapidly heading for modernization. This ancient mysterious oriental country like an inexhaustible goldmine and resourceful history book appeals to an ever-rising number of people both at home and abroad. However, the goldmine and history book is so huge and abstruse for people from other countries, even a native Chinese to grasp its marrow. With this in mind, Shanghai Classical Publishing House meticulously designs and compiles this present series of books, A Guide to China, so that it will be more sparing of time and efforts for all the people who are willing to learn more about China.

The choice materials in this series of books reveal the diverse cultures and life styles typical of their respective kind within Chinese territory. Moreover, the series of books is printed in a bilingual version( Chinese-English ) with vivid pictures. Each Chinese character is accompanied by Chinese pinyin, and a demarcation between two different Chinese phrases is considerably drawn throughout each book. All these efforts aim to facilitate the reading and comprehending of foreign friends and communication between different cultures.

It is our sincere wish that this series of books might serve as a bright window for demonstrating Chinese culture, and a solid bridge for communication and mutual understanding between Chinese people and other nations as well.

Gao Keqin  
October, 2002

mù lù  
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# 引言

yǐn  
yán

## Prologue



zhōngguó de shānshuǐ bù jǐn jù yǒu xiù lì huò zhuàngměi de zì rán xíng tài ér qiè tou she  
中国的·山水·不仅·具有·秀丽·或·壮美的·自然·形态，而且·投射

le sānqiān nián lì shi wénhuà de yǐng zi gèng jù yǒu rén wén jīngshén de méi li suǒ yǐ zài  
了·三千·年·历史·文化的·影子，更·具有·人文·精神的·魅力。所以，在·

zhōngguó yóushān wānshuǐ cānguān gǔ jì míngchéng fēi dàn nénggòu shàng xīnyuè mù yú dà zi  
中国·游山·玩水·参观·古迹·名城，非但·能够·赏心悦目，与·大自

rán róngwéi yì tǐ ér qiè néng huái gǔ fǔ jīn yù gǔ rén jīn rén jìn xíng duihua jiào liú  
然·融为·一体，而且·能·怀古·抚今，与·古人·今人·进行·对话·交流。

xiànl zài qǐng suí wǒmen chāoyuè shíkōng de jiè xiān zuò yí cí manyou ba  
现在，请·随·我们·超越·时空的·界限，作·一次·漫游吧。

The mountains and rivers in China are not only famous for the beautiful or magnificent natural landscape, but also for her cultural and historical glamour with trace of 3,000 years' history. Therefore, when traveling around the natural landscape and visiting the historical spots and famous cities, one can not only enjoy the beauty and harmony of the nature, but also recall the ancient and compare it with the present.

Follow us now and wander about all the beauties beyond the limit of space and time.



*Scenery with hills*

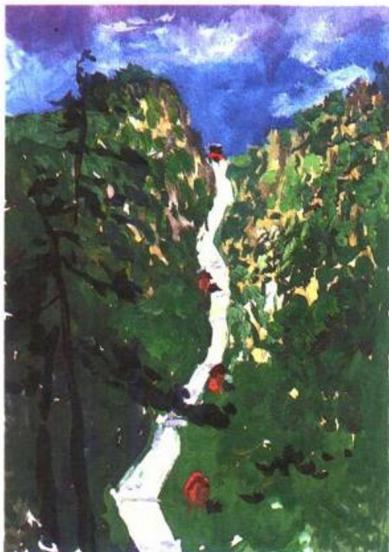
There is an old saying in China: "A famous mountain is just like an eminent man." A man is multi-faceted and ever changing. So is the mountain. A man has his own character. So does the mountain. It will be wise to understand a mountain like the way you get closer to a man. A man may become your friend. So does the mountain. Moreover, the mountain will never betray you and always be ready to welcome your visit.

名 míng

山 shān

zhōngguó yǒu jù lǎohuà míngshān ruì míngrén rén shì duōmiàn tǐ de shān yě shì duō  
中 国·有·句·老话：名 山·如·名 人。人·是·多 面体的，山 ·也 是·多  
miàn tǐ de xū yào cóng duōfāngmiǎn qù guānchá tā rén shì fā zhǎn biānhuà de shān yě shì  
面 体的，需 要·从·多 方 面·去·观 察·它；人·是·发 展·变 化 的，山 ·也 是·  
fā zhǎn biānhuà de xū yào yòng fā zhǎn biānhuà de yǎnguāng qù rěnshí tā rén shì yǒu gè xìng  
发 展·变 化 的，需 要·用·发 展·变 化 的·眼 光·去·认 识·它；人·是·有·个 性  
de shān yě shì yǒu gè xìng de xū yào tōngguò tā de gè xìng qù liě jié tā rén kě yǐ chéng  
的，山 ·也 是·有·个 性 的，需 要·通 过·它 的·个 性·去·理 解·它；人·可 以·成  
wéi nǐ de péngyǒu shān yě kě yǐ chéngwéi nǐ de péngyǒu tā yǒngyuán bù huì bēipàn nǐ  
为·你 的·朋 友，山 ·也 可 以·成 为·你 的·朋 友，它·永 远·不 会·背 叛·你，  
suí shí zhǔnbèi nǐ qù fāngwèn tā  
随 时·准 备·你·去·访 问·它。

tài shān  
泰 山



yǒu yí cì qín shǐ huáng dēng lín tài  
有·一次，秦始皇·登临·泰

shān zài shānyāochu yù dǎo yì cháng dà yǔ  
山，在·山腰处·遇到·一·场·大雨，

zhèng hǎo yǒu yì kē sōngshù zhē bì le tā yì  
正好·有·一棵·松树·遮蔽了·他，以

hòu tā jiù fēng zhē kē shù wéi wǔ dà fū  
后·他·就·封·这棵·树·为“五大夫·”。

sōng  
松”。

    tài shān zài shāndōngshěng zhōng bù tài àn shì jīngnèi zhǔfēng yù huangding hái ba wéiqián  
泰山·在·山东·省·中·部·泰安市·境·内，主峰·玉皇顶·海拔·一千  
wú bāiduō mǐ yǐ shān shì wéi é xióngjùn qì xiàng páng bó er wénming gǔ dài zhōngguó  
五百多米，以·山势·巍峨·雄峻，气象·磅礴·而·闻名。古代·中国·  
bǎ wǔzúo zhùmíng de gāoshān liè wéi shènskēng de wǔyuè yīn wéi tài shān chū yú dōng bù  
把·五座·著名的·高山·列·为·神圣的“五岳”，因为·泰山·处·于·东·部，  
suǒ yǐ chēngwéi dōngyuè liǎngqíānnián lái tài shān shí zhōng shí rénmēn xiāngwǎng de dì  
所以·称·为“东岳”。两·千·年·来，泰山·始·终·是·人·们·向·往·的地  
fāng kǒng zǐ céng jǐng dēng shàng tài shān kàn dào tiān xiá dōu xiǎn de xiǎo le dàn shì jīn tiān  
方，孔子·曾·经·登·上·泰山，看·到·天·下·都·显·得·小·了。但·是，今·天·  
you lánzhe gǎnxìng qù de shì shānfēng de gāojun yóu gǔ de shēnsuì pǔ bu de zhuàngguān qīng  
游·览·者·感·兴·趣·的·是·山·峰·的·高·峻·、幽·谷·的·深·邃·、瀑·布·的·壮·观·、青



Taishan is located in Tai'an City in the central part of Shandong province. Its highest peak, Yuhuang Ding, is over 1,500 meters high. It is famous for its towering landscape and majesty. In ancient China, five famous high mountains are esteemed as the sacred "Wuyue". Taishan is named "Dongyue" for his location in the East. Taishan has been the resort for two thousand years. Once Confucius said: climbed up to the peak of Taishan, one

can look down to the adjacent mountains. While what attract the tourists now are the towering peaks, deep valleys, magnificent waterfalls, upstanding pines and the historical and cultural charm traced on the building and the sculptures. The most breathtaking scene is "Eighteen Circles", which looks like a stone ladder falling from the heaven. You will hardly dare to look straight down when standing there. Climbing over the "Eighteen Circles", you come to the peak, "the South Heaven Door" and have all the gorgeous scenery in front of you.

Once upon time, when the first emperor of Qing Dynasty climbed Taishan, he encountered a heavy rainfall in the middle of the mountain. It happened that a pine sheltered him from the rain. Later, "Wu Dafu", a senior official position, was conferred on the pine. From then on, the pine is called "Wu Dafu Pine".

sōng de tǐng bǎ yǐ jí jiànzhù hé diāo kè shàng suǒ biǎo  
松的·挺拔，以及·建筑·和·雕刻·上·所·表  
xiǎn chū lái de lì shǐ wén huà qīng yún dēng tai shān zuì jīng  
现·出来的·历史·文化·情韵。登·泰山·最惊  
xiǎn de cí fāng shí shí bā pán rú tóng cóng tiānkōng chuí  
险的·地方·是“十八盘”，如同·从·天空·垂  
xià yí dào shí tī shí yǐ bù gǎn xiàng xià fù shí guò le  
下一·道·石梯，使·你·不·敢·向·下·俯视。过了  
“shí bā pán” jiù shì shān dǐng “nán tiānmén” yì qìe méi  
“十八盘”就·是·山·顶“南天门”，一切·美  
miào de jǐng sè dōu zài nǐ de yǎnqián le  
妙的·景色·都·在·你·的·眼·前·了。



huà shān

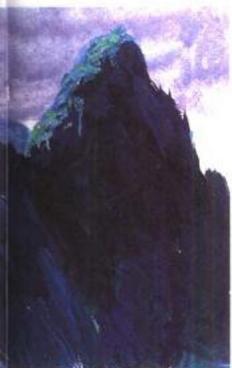
# 华山

xiāng chuān zài chūnqiū shí yǒu yí  
. 相 传 · 在 · 春 秋 · 时 ， 有 · 一  
wèi chī xiāo de shǎo nián jiào xiāoshi qū  
位 · 吹 箫 的 · 少 年 · 叫 · 萧 史 ， 娶  
le qín mù gōng de nǚ er nòng yù wéi qī  
了 · 秦 穆 公 的 · 女 儿 · 弄 玉 · 为 · 妻 ，  
xiāoshi zài chuī xiāo shí yǐn lái yí duì fèng  
萧 史 · 在 · 吹 · 箫 · 时 ， 引 来 · 一 对 · 凤  
huáng niǎo tā men fù qī qí le fèng huáng  
凰 鸟 ， 他 们 · 夫 妻 · 骑 了 · 凤 凰  
niǎo lái dào huà shān de yù nǚ fēng jū zhù  
鸟 ， 来 到 · 华 山 的 · 玉 女 峰 · 居 住 ，  
bingqìe chéng le xiān rén  
并 且 · 成 了 · 仙 人 。



huashān zài shǎnxī shíyáng chéng  
华 山 · 在 · 陕 西 省 · 华 阴 市 ·

cān shí qīng gǔ de zhī mài cí yuǎn chù wàng  
南 ， 是 · 秦 岭 的 · 支 脉 ， 从 · 远 处 · 望  
qu hǎoxiàng yí duǒ shítou de lián huā tā  
去 · 好 像 · 一 朵 · 石 头 的 · 莲 花 · 它 · 是 ·  
“wǔyuè” zhōng de “xīyuè”。 huashān yǒu wǔ  
“五 岳 ” 中 的 “ 西 岳 ” 。 华 山 · 有 · 五  
zuò gāo fēng dōng yǒu zhāoyáng fēng、 xī  
座 · 高 峰 ， 东 · 有 · 朝 阳 峰 、 西 ·  
yǒu lán huā fēng nán yǒu luoyán fēng běi yǒu  
有 · 莲 花 峰 、 南 · 有 · 落 雁 峰 、 北 · 有 ·  
yún tái fēng zhōng yǒu yù nǚ fēng nán fēng  
云 台 峰 、 中 · 有 · 玉 女 峰 、 南 峰 · 最  
gāo hái bǎi liang zhà yí bǎi duó mi  
高 ， 海 拔 两 千 一 百 多 米 。 华 山 ·



Huashan, located in the south of Huayin City in Shanxi province, is a branch of Qin Ling. It looks like stone lily from the distance. It's called "Xiyue" in the five famous mountains, "Wuyue". Huashan has five highest peaks, which are Zhaoyang peak in the east, Lianhua peak in the west, Luoyan peak in the south, Yuntai peak in the north and Yunu peak in the middle. The Luoyan peak in the south is the highest, about two thousand and one hundred meters high. Huashan is famous for its precipitous peaks as the old saying says: "There's only one path through Huashan." Al-

though cableways are set up nowadays, the rocks are just like swords amazingly piercing through the clouds when you look up from the foot of the mountain. There spread many legends of Taoism about Huashan.

Legend has it that in the Spring and Autumn Period, there was a young man, Xiaoshi, who was good at playing the vertical bamboo flute. He married the daughter of Qinmugong, Nongyu. Once, the performance of Xiaoshi attracted a pair of phoenix. The couple mounted on the birds and flied to Yunu peak of Huashan, turning into a pair of celestials finally.

yǐ xiǎn jùn wén míng zì gǔ yǐ lái jiù yǒu  
以·险峻·闻 名 ,自·古·以·来·就·有

huashan yí tiào lù de shuō fǎ xiān  
“华山·一条路”的·说 法, 现

zài suī rán yǒu suǒ dào ,dàn cóng xià wàng  
在·虽 然 ·有·索道,但·从 下·往

shàng kàn réng hòu jué de shān shàng de shí  
上·看·仍 然·觉 得·山 上 的·石

tóu rú tóng dǎo jiàn wéi bān zhí chè yún  
头·如 同·刀剑·一 般·直·插·云

xǐng lèi dàn hàn huà shān shàng liú  
霄, 令 人·胆 寒。华 山·上·留·

yǒu xǔ duō dàojiao de chuán shuō  
有·许 多·道 教 的·传 说。



héng shān

# 衡 山

héng shān de běi fēng jiào huí yàn fēng chuán  
衡山的北峰叫回雁峰，传  
shuō běi fāng de dà yàn zài dōng jì fēi dào cǐ chù  
说北方的大雁在冬季飞到此处，  
zhèng shì chūn tiān dào lái zhī shí tā men zài cǐ tíng  
正是春天到来之时，它们在此停  
liú yí xià jiù yòu xiàng běi fēi qù le  
留一下就又向北飞去了。



héng shān zài hū nán shèng de zhōng bù yǒu qī shí èr zuò shān fēng gāo fēng shì 海拔  
衡山在湖南省的中部，有七十二座山峰。最高峰是海拔

yī qiān èr bǎi duō mǐ de zhù róng fēng yīn wèi héng shān dì chǔ nán fāng shì yǐ 称为“五岳”  
一千二百多米的祝融峰。因为衡山地处南方，所以称为“五岳”

zhōng de nán yuè héng shān de tè sè shì yún wù mí漫 róng yuàn chū kàn qù 山峰好  
中的南岳。衡山的特色是云雾弥漫，从远处看去，山峰好

xiàng zài yún hǎi zhōng chén fú hū yǐn hū xiàn héng shān de sēn lin fù gài 犹如在云海中沉浮，忽隐忽现。衡山的森林覆盖率达百分之七十

liù yǐ shàng suǒ yǐ chū chù kě yǐ kān dào gāo da de shù mù hé gè sì zhǒng de huā cǎo 六以上，所以处处可以看到高大的树木和各式各样的花草。在

héng shān de zhù róng fēng shàng yǒu yì zuò zhù róng diàn jì sì zhé huǒ de shén líng 祝融峰上有一座祝融殿，祭祀着火的神灵——祝融