

大学英语系列教材
College English Series

ENGLISH 大学英语 自主听力

COLLEGE ENGLISH

Self-access Listening Practice

1

总主编 潘龙明
主 编 陈 宏
主 审 邹晓玲



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编 者 黄 聆 沈 立
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内容提要

《大学英语自主听力》是“大学英语系列教材”之一,旨在为学生提供听力素材,通过各种形式的活动和练习培养和提高学生英语听的能力。

本书为第1册,其难度相当于大学英语1级。全书共16单元,每个单元围绕一个主题组织材料,包括辨音练习、对话和短文听力、趣味听力三个部分。它从音标开始,逐渐过渡到词、句、篇章,为学生打下坚实的听力基础,培养学生英语学习的兴趣。全书练习的设计具有多样性、科学性等特点。全书材料新颖,语言规范,题材多样,内容丰富,趣味性强。本书配有录音磁带,由外籍语言专家朗读,发音清晰、地道、标准。语速控制在110词/分钟左右。

本书可供教师课堂使用,也可供学生课外自主学习,还可以作为英语自学者、研究生、出国留学人员提高听力的辅助材料。

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主 编 陈 宏

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出版人:张鸽盛

社址:重庆市沙坪坝正街174号重庆大学(A区)内

邮编:400044

电话:(023) 65102378 65105781

传真:(023) 65103686 65105565

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UNIT 1

Meeting People

Part One

Sound Recognition



Sounds for Recognition

/i:/ /i/ /e/ /æ/



I. Listen to the statements and decide which word is read in the sentence. Pay attention to the sounds in the box above.

- | | | | |
|-------------|----------|----------|-----------|
| 1. A) zap | B) zip | C) sip | D) sap |
| 2. A) lad | B) lid | C) red | D) lead |
| 3. A) red | B) read | C) rid | D) reed |
| 4. A) seek | B) sick | C) seed | D) sad |
| 5. A) fight | B) feet | C) fat | D) fit |
| 6. A) sweat | B) sweet | C) swat | D) swell |
| 7. A) neat | B) nest | C) net | D) near |
| 8. A) deeds | B) did | C) death | D) dearth |
| 9. A) hand | B) hind | C) head | D) heed |
| 10. A) week | B) weak | C) wake | D) wet |



II. Listen to the statements and fill in the missing words. Pay attention to the sounds in the box above.

- This woman looks very much like a bad woman because the way she _____ tells you that.
- She fell head over heels in love with a fellow she met at a film _____.
- It's a top military _____. It's only between you and me.
- This girl looks very _____. She must be feeling depressed.

5. He is a fellow the Americans will hardly _____ in the next century.
6. The lady _____ a baby is looking at the lady with a baby and is thinking of something about her own future baby.
7. She is always _____ up to the nines.
8. She was _____ to see the room was cleaned up.
9. Mary is pretty and _____, because she is not married and has no baby.
10. The _____ is surfing (冲浪) on the sea.

Part Two Dialogues and Passages



Dialogue

Words and Expressions

have a good journey 旅途愉快
to arrange... for... 为……安排……



I. Listen to the dialogue and decide whether the following statements are true or false.

- _____ 1. Mr. Green and Ling Hua know each other before.
- _____ 2. Mr. Green is grateful to Ling Hua for her coming to meet him.
- _____ 3. Mr. Green will stay at the Guest House of Fudan University.
- _____ 4. It will take them 14 minutes to arrive at the Guest House.
- _____ 5. Mr. Green comes to China by train.



II. Listen to the dialogue again and fill in the missing words.

1. Excuse me, are you Mr. Simon Green _____?
2. Yeah, quite good. But I'm a little tired. It's _____, you know.
3. My car is outside. Let me take your _____. This way please.
4. I've _____ a flat for you in our Guest House.

Passage 1

Words and Expressions

comfortable *adj.* 舒适的,舒服的 business associate 商业场合
relaxed *adj.* 放松的,轻松的 rarely *adv.* 极少,几乎不



1. Listen to the passage and choose the best answer to complete each of the following statements.

1. People usually try to make others feel _____.
A) nervous and worried
B) anxious and upset
C) comfortable and relaxed
D) uncomfortable and relaxed
2. Men shake hands, but _____.
A) usually only when they are introduced
B) women don't
C) say nothing
D) don't shake hands with women
3. When women are introduced to each other, they _____.
A) usually shake hands
B) usually don't shake hands, but just say "Hello"
C) usually don't shake hands
D) usually don't say "Hello"
4. When a woman and a man are introduced, shaking hands is _____.
A) up to the man
B) up to the woman
C) up to both the man and the woman
D) up to neither the man nor the woman
5. On business occasions, Americans usually _____.
A) shake hands to say good-bye
B) just say good-bye
C) just shake hands
D) don't shake hands to say good-bye



II. Listen to the passage again and fill in the missing words.

_____, they tend to be _____. Men shake hands, but usually only when they are _____. Male friends and business associates who haven't seen each other _____ may shake hands when they say "Hello". Women usually don't shake hands when being introduced to _____.

Passage 2

Words and Expressions

compassion	n.	同情	snicker	v.	窃笑,暗笑
figure	v.	(美口语)认为,判断			
What if...	v.	如果……怎么办,即使……又有什么关系			



I. Listen to the passage and decide whether the following statements are true or false.

- ___ 1. I have felt sympathy and compassion for the kids I see at school walking together.
- ___ 2. I never make fun of these kids.
- ___ 3. One day the speaker said "Hello" to a kid without friends.
- ___ 4. The speaker didn't know whether his being friendly to that kid was useful or not.
- ___ 5. The speaker was once a lonely child himself.



II. Listen to the passage again and answer the following questions briefly.

1. How did the speaker feel after he said "Hello" to a lonely kid?

2. Why did the speaker say "Hello" to a lonely kid?

Part Three

Merry Listening



Words and Expressions

kingdom	n.	王国	shadowy	adj.	有阴影的
border	n.	边界	delicate	adj.	精致的,脆弱的
leaping	adj.	跳跃的	antelope	n.	羚羊



Enjoy the dialogue from the film "The Lion King".

狮王木法沙和幼子辛巴在山崖上……

UNIT 2

Asking the Way

Part One

Sound Recognition



Sounds for Recognition

/ɑ:/ /ʌ/ /ə/ /ɜ:/



I. Listen to the statements and decide which word is read in the sentence. Pay attention to the sounds in the box above.

- | | | | |
|-----------------|---------------|--------------|---------------|
| 1. A) hat | B) hard | C) heart | D) hug |
| 2. A) tough | B) stuff | C) touch | D) touchy |
| 3. A) diver's | B) drinker's | C) driver's | D) diner's |
| 4. A) thirtieth | B) thirteenth | C) fortieth | D) fourteenth |
| 5. A) love | B) luck | C) huge | D) large |
| 6. A) hide | B) hurt | C) hear | D) hit |
| 7. A) lack | B) late | C) last | D) lucky |
| 8. A) further | B) future | C) furniture | D) funeral |
| 9. A) firm | B) farm | C) film | D) file |
| 10. A) surf | B) differ | C) stuff | D) suffer |



II. Listen to the statements and fill in the missing words. Pay attention to the sounds in the box above.

1. You can't _____ a person by his appearance.
2. She is one of the most famous dancers in Canada. She started her dancing _____ at a very early age.
3. _____ no situation should you do that.

4. The famous dancer will come and _____ an Indian dance.
5. Women are on the _____ physically weaker than men.
6. A manager will certainly do a much better job if he has confidence in his _____ and his employees.
7. This is my first _____ to another country.
8. The girl is fed up with all the _____ work.
9. The church was burnt down _____ years ago.
10. The secretary is going to make some constructive _____.

Part Two Dialogues and Passages



Dialogue 1

Words and Expressions

to go straight on 朝前直走 right in front of you 就在你前面
How can I get to... 到……怎么走



I. Listen to the dialogue and choose the best answer to each of the questions.

- | | |
|--|---|
| 1. A) Bridge Street. | B) The cinema. |
| C) The station. | D) The bus stop. |
| 2. A) Next to the station. | B) On Station Street. |
| C) On the turning to the Bridge Street. | D) On the corner of Bridge Street. |
| 3. A) The first on the left. | B) The second on the left. |
| C) The first on the right. | D) The second on the right. |
| 4. A) Beside the cinema. | B) Near the first turning on Bridge Street. |
| C) At the second turning on Bridge Street. | D) Just in front of the woman. |
| 5. A) Second right and then first left. | B) First right and then second left. |
| C) Second left and then first right. | D) First left and then second right. |



II. Listen to the dialogue again and fill in the missing words.

Go _____ on until you come to a cinema. Let's see now — that's the second turning on your right. The cinema's _____. Turn right at the cinema and you'll be in Bridge

Street. I think it's Bridge Street. _____ Bridge Street for _____
and then...

Dialogue 2

Words and Expressions

to go straight along... 沿着……直走

at the first crossing 在第一个岔路口

You can't miss it. 你不会错过的



1. Listen to the dialogue and choose the best answer to each of the questions.

1. A) In a hospital.
C) In a street.
 2. A) At the bus stop.
C) At the first crossing.
 3. A) About half an hour.
C) One and a half hour.
 4. A) No. 54 bus.
C) No. 15 bus.
 5. A) On foot.
C) By bike.
- B) In a library.
D) In a shop.
 - B) At the end of the street.
D) At the second crossing.
 - B) About one hour.
D) An hour or two.
 - B) No. 45 bus.
D) No. 50 bus.
 - B) By bus.
D) On foot and by bus.



II. Listen to the dialogue again and decide whether the following statements are true or false.

- _____ 1. The man is asking the woman how to get to the station.
_____ 2. The bus stop is just in front of the speakers.
_____ 3. The station is right near the bus stop.

Dialogue 3



I. Listen to the dialogues and circle the place that is closer to the speakers.

- | | |
|---------------------|-----------------|
| 1. Bank of Scotland | Clydesdale Bank |
|---------------------|-----------------|

2. Star Supermarket
3. Palace Restaurant
4. Royal Hotel
5. National History Museum
6. Mediterranean Travel

- Everfresh Supermarket
- Hongkong Restaurant
- Rose Hotel
- Museum of Modern Art
- National Travel

Part Three

Merry Listening



Words and Expressions

despise <i>v.</i> 鄙视	gonna 相当于 going to do
goodie 相当于 good(儿童用语)	leap <i>v.</i> 跳
weird <i>adj.</i> 怪诞的, 古怪的	to have no idea 不明白
What's up? 怎么了?	to look out for 守候, 准备, 警戒
lad <i>n.</i> 小伙子	to have fun 得到乐趣; 玩得开心
kinda 相当于 kind of, 是一种委婉含蓄的说法	
mane 鬃毛	



Enjoy the dialogue from the film "The Lion King".

辛巴高高兴兴地去找他的叔叔玩……