

《21世纪大学英语》学生辅导用书

北京师范大学 杨庆云◎主编

21世纪

精 讲 精 练

大学英语

(读写教程第三册)

Henry Parker 审校

石油工业出版社

21 世纪
大 学 英 语
(读写教程第三册)
精讲精练

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石油工业出版社

图书在版编目(CIP)数据

21 世纪大学英语(读写教程第三册)精讲精练/杨庆云主编.
北京:石油工业出版社,2002.5

ISBN 7-5021-3744-0

I .2…

II . 杨…

III . ①英语-阅读教学-高等学校-教学参考资料

②英语-写作-高等学校-教学参考资料

IV . H31

中国版本图书馆 CIP 数据核字(2002)第 024718 号

石油工业出版社出版

(100011 北京安定门外安华里二区一号楼)

北京迪展捷科技发展公司排版

北京兴顺印刷厂印刷

新华书店北京发行所发行

*

787×960 毫米 16 开本 17.25 印张 360 千字 印 1—8000

2002 年 5 月北京第 1 版 2002 年 5 月北京第 1 次印刷

ISBN 7-5021-3744-0/G·380

定价:18.00 元

前 言

《21 世纪大学英语》(高等教育出版社、复旦大学出版社出版)是根据教育部最新颁发的《大学英语教学大纲(修订本)》编写的一套大学英语教材,由“读写教程”、“听说教程”和“练习册”组成。这套教材选材新颖,绝大多数课文都选自 20 世纪八九十年代出版的英美报刊书籍,而且注重内容的趣味性、信息性和前瞻性,同时也注意语言的规范性、致用性和文体的多样性。因此,这套教材一出版就引起了大学英语教育界的广泛关注,使用它作为教材的高校也日益增多。

为使大学生朋友们更方便、更有效地使用这套教材,特别是其中的“读写教程”,我们特编写了这套与教材配套的教辅书(共四册),旨在帮助同学们更好地学习课文,巩固语言知识,切实提高读、写、译水平,并增强大学英语四、六级的应试能力。

本套辅导书分为 1~4 册,每册 10 单元,依课文顺序编写。根据教学和自学的需要,结合编著者长期从事大学英语教学的实践经验,每单元均按以下部分进行重点辅导和讲解:

1. 课文 A 的相关背景知识介绍。
2. 课文详解:包括每单元三篇短文中出现的重点词汇详解;与此相关的四、六级典型考题分析;常用短语详解。
3. 同义词辨析。
4. 四、六级考试词汇标准练习题与解析:根据四、六级考试标准就课文中出现的重点词汇编写的词汇练习。
5. 汉译英练习:旨在复习文中出现的重点词汇。

另外,全书穿插了三套模拟自测题,其内容包括根据四、六级考试内容编写的词汇、阅读、完形填空、简答题及英译汉练习。

在全书的最后,附有课文部分练习答案和课文的参考译文,其中课文部分练习答案包括练习中出现的词汇、完形填空、简答题及翻译练习的答案。

此外,编者还为每个单元选配了两条与课文内容相关的英文谚语。

本书的突出特点是:无论是课文的讲解,还是练习题的安排,都力求具有较强的针对性,将课本的学习与提高大学英语四、六级考试能力紧密结合起来。通过本书的学习,读者在有效锻炼英语实践能力的同时,还将大大提高四、六级应试能力。

学习英语,不仅要掌握有关英语的知识,而且要通过听、说、读、写等多方面、大强度的练习,方可取得明显的进步。因为英语不只是“知识”、“学问”,更是一种与武术一样

的“功夫”,只有日积月累,多实践,多练习,才能“长功”。这也是本套书叫做“精讲精练”的原因之所在。

本套辅导书由北京师范大学、中国矿业大学多年担任大学英语教学工作,富有教学经验和大学英语四、六级辅导经验的老师负责编写。最后,本套书统一由美籍专家 Henry Park 进行了认真的审校。在本套书的编写过程中,得到了石油工业出版社的大力支持,在此表示诚挚的谢意。

本书为本套辅导书第三册,与《21 世纪大学英语(读写教程)》第三册配套使用。

编者于北京师范大学

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Unit One

谚 语

To love is nothing. To be loved is something. To love and be loved is everything.

爱人无悔, 被爱有幸, 相爱相受万事兴。

There is always something to be cut off young trees if they are to grow well.

小树不修不成材。

Text A How I Got Smart

一、课文相关背景知识

Cupid:

Cupid is the roman god of love. In Roman mythology, Cupid was the son of Mercury, the winged messenger of the gods and Venus, the goddess of love. He usually appeared as a winged infant carrying a bow and a quiver of arrows, whose wounds inspired love or passion in his every victim.

二、重点词汇/常用短语

A. 重点词汇

1. enthusiastic

【考点提要】 *adj.* having or demonstrating enthusiasm 充满热情的; 狂热的

The retired worker is very enthusiastic about neighborhood affairs. 这个退休工人对邻里琐事非常热心。

【词根记忆】 *enthusiasm n.* 狂热, 积极性, 激发热情的事物

She shows great enthusiasm for English. 她学英语的热情非常高。

【相关短语】 **be enthusiastic for [about] sth.** 对某事热心

【典型考题】 My sister is quite _____ and plans to get an MBA degree within one year.

A) aggressive B) enthusiastic C) considerate D) ambitious (2000.01 CET 6)

汉译: 我妹妹志向远大, 计划在一年内取得工商管理硕士学位。

解析: 答案为 D) 有志向的。A) 进攻的, 好战的; B) 狂热的; C) 体贴的。

2. compulsory

【考点提要】 *adj.*

1) obligatory; required 必修的; 义务的; 要求的

a compulsory subject 必修课; compulsory education 义务教育

2) employing or exerting compulsion; coercive 强制的或施加压力的; 强迫的

take compulsory measures to keep the rebellion down 采用强制手段镇压暴乱

【词根记忆】 *compulsion* *n.* 压力; 强制; 难以抗拒的冲动

Drinking is a compulsion with him. 喝酒是他克制不住的欲望。

【相关短语】 *by compulsion* 强迫地; *on [upon, under] compulsion* 被迫, 不得不

【典型考题】 In Scotland, as in the rest of the United Kingdom, _____ schooling begins at age 5 and ends at age 16.

A) compelling B) forced C) obliged D) compulsory

(1995.06 CET 6)

汉译: 苏格兰与英国的其他地方一样, 义务教育从 5 岁到 16 岁。

解析: 答案为 D) 必须的, 义务的。A) 强迫的; B) 被强迫的; C) 不得不……。

3. passion

【考点提要】 *n.*

1) a powerful emotion, such as love, joy, hatred, or anger 激情; 强烈的感情

He is a leader full of passion. 他是一个充满激情的领导。

2) ardent love, boundless enthusiasm 热烈的恋情, 无限的热爱

He never hesitated to show his passion to her. 他从不掩饰对她的爱恋之情。

3) The object of such enthusiasm 热爱之物, 这种热情的对象

Soccer is her passion. 足球是她酷爱的体育运动。

【词根记忆】 *passionate* *adj.* 热烈的; 易怒的; 热心的

Yesterday I audited a passionate speech against injustice. 昨晚我参加了一个反对不公正行为的激昂的演讲。

She is a teacher who is passionate about her subject. 她真是一个热心于本学科的教师。

【相关短语】 *fly into a passion* 勃然大怒, 大发雷霆

He's been known to fly into a passion without warning. 他以动不动就发火而有名。

have a passion for 热爱; *a ruling passion* 主要的志趣或爱好

【典型考题】 The manager lost his _____ just because his secretary was ten minutes late.

A) mood B) temper C) mind D) passion

(1997.01 CET 4)

汉译: 就因为秘书迟到了 10 分钟, 经理就大发脾气。

解析: 答案为 B), *lose one's temper* 发火, 是固定用法。A) 方式, 方法; C) 主意, 念头; D) 激情, 强烈的感情。

4. gaze

【考点提要】

v. to look steadily, intently, and with fixed attention 凝视

The child gazed at the toys in the shop window. 孩子眼睛盯着商店橱窗里的玩具。

n. a steady, fixed look 凝视; 注视

Her passionate gaze at me expresses her endless love for me. 对我深情的凝视表现出了她对我无限的爱意。

The general turned his gaze from one person to the other present at the summit meeting. 将军把凝视的目光从出席高级会议的一个人转向另一个人。

【相关短语】 fix one's gaze upon 盯着看; gaze after sb. 目送某人

I gaze after her until she disappeared from my scope. 我目送她,直到她消失在我的视线之外。

gaze at 注视, 凝视; gaze on (upon) 看到, 望见; gaze round 左顾右盼

5. ground**【考点提要】**

n. 1) the solid surface of the earth; soil 地, 地面; 土壤

The enemy plane fell to the ground. 敌机坠地了。The ground is dry. 土地是干的。

2) an area of land designated for a particular purpose 场, 场地

a football ground 足球场; hunting grounds 打猎场

3) the underlying condition prompting an action; a cause 理由; 缘由

There are no grounds for her suspicion. 她只是无端起疑。

He doesn't have a ground for divorce. 他并没有离婚的理由。

v. to provide a basis for (a theory, for example); justify 提供基础; 为...提供依据

His arguments are well grounded. 他的说法有充足的根据。

【相关短语】 be dashed to the ground 一败涂地; (希望, 计划)破灭

His business is dashed to the ground; he is poor again. 他的生意一塌糊涂, 现在又是穷人一个了。

be grounded on 以...为基础(根据)

His suspicions were grounded on his own observation. 他的怀疑是基于他的观察之上的。

6. flash**【考点提要】**

v. 1) to burst forth into or as if into flame 突然迸发出火焰

2) to appear or occur suddenly 突然出现

The image flashed onto the screen. 图像闪现在荧光屏上。

3) to move or proceed rapidly 飞驰, 迅速移动或行进: The cars flashed by. 汽车飞驰而过。

n. 1) a sudden, brief, intense display of light 闪光

a flash of lightning 闪电; a flash of hope 一线希望

2) a split second; an instant 即刻, 一瞬间: I'll be on my way in a flash. 我马上就上路。

adj. 1) happening suddenly or very quickly 突发的: flash freezing 速冻

2) ostentatious; showy 卖弄的,炫耀的; a flash car 浮华的轿车

【相关短语】 a flash in the pan 昙花一现的人[事物]

The movie star was only a flash in the pan. 这个影星只是昙花一现。

7. signal

【考点提要】

n. 1) an indicator, such as a gesture or colored light, a means of communication 信号,暗号

A red light is usually a signal of danger. 红灯通常是危险的信号。

They went into action at a given signal. 在约定的暗号发出时,他们投入了战斗。

2) something that incites action 起因,动机,导火线

What he said was the signal for the argument. 他的那番话引起了这场争论。

The peace treaty was the signal for mass celebrations. 和平协议的签署引发群众盛大的欢庆。

3) a message communicated by such means 预兆,征象

In this country's religion, cat is the signal of evil. 在此国的宗教中,猫为邪恶的征兆。

v. to make a signal or signals 发信号

They signaled for help when they met tornado on the sea. 他们在海上遇上了风暴,于是发信号求救。

A bell signals the end of a school period. 铃声报知下课的时间。

【词根记忆】 *signaler n.* 信号兵,信号装置; *signally adv.* 显著地,非凡地

【相关短语】 make a signal 发信号

8. scheme

【考点提要】

n. 1) a systematic plan of action; plan 计划,方案

I often work out a practical scheme before I take any action. 我总在采取行动前先订出切实可行的计划。

He has a scheme for increasing his income. 他有一个增加收入的计划。

2) an orderly combination of related parts 系统

an irrigation scheme with dams, reservoirs, and channels 有水坝、水库和水渠的灌溉系统

3) a secret or devious plan; a plot 诡计,阴谋

He planned to steal the money, but his schemes were discovered. 他打算去偷那笔钱,但他的诡计被揭穿了。All the schemes and intrigues are doomed to failure. 一切阴谋诡计都是注定要失败的。

4) a chart, a diagram, or an outline of a system or an object 图表;大纲

a scheme of wiring 线路图

v. 1) to contrive (a plan or scheme) 计划,设计

He schemed a new method of bridge building. 他设计了一种新的造桥法。

2) to plot 策划,图谋:For months they stayed in their shabby cabin, scheming their revenge. 几个月来他们躲在一个小破屋中谋划报复。

For months they had schemed to overthrow the government. 他们一连几个月都在策划推翻政府。

【词根记忆】 **schemer** *n.* 计划者, 阴谋家, 谋士; **scheming** *adj.* 计划的, 诡计多端的

【相关短语】 **scheme to do sth.** 策划某事; **scheme for sth.** 策划某事

He had been scheming for power for years. 几年来他一直在阴谋夺权。

9. sign

【考点提要】

n. 1) a conventional figure or device that stands for a word, or an operation; a symbol 记号, 符号.

$+$, $-$, \times , \div are all mathematical signs. $+$, $-$, \times , \div 都是数学符号。

2) an act or a gesture used to convey an idea, a desire, information, or a command 手势; 信号

He made a sign for me to follow him. 他向我示意跟着他(走)。

He gave the go-ahead sign. 他给了一个放行手势。

3) a posted notice; a displayed structure bearing lettering or symbols 告示; 牌子

The sign by the road said 'No Parking'. 路边的牌子上写着“禁止停车”。

4) a trace or vestige; a portentous incident or event; a presage 迹象; 征兆; 征候

There are no signs of life about the house. 这房子没有人居住的迹象。

v. 1) to affix one's signature to 在...签字, 签名

The countries concerned all agreed to sign the convention. 有关各国都同意签署这项协定。

Both parties have signed the contract. 双方已经在合同上签字了。

2) to communicate with a sign or by sign language 打招呼; 做手势

He signed me to be quiet. 他做手势要我安静。

【词根记忆】 **signature** *n.* 签名, 署名, 信号

【相关短语】 **sign in** 签到; 把...的名字登记下来; **sign off** 结束写信

I'd better sign off now. Love John. 我得就此停笔。爱你的约翰。

sign on 签约受雇, 签约就聘; **sign over** 签字移交; **sign up** 签字参与某事, 签字受雇

10. surge

【考点提要】

n. 1) a heavy, billowing, or swelling motion like that of great waves 巨浪, 波涛

the surge of the sea 海浪澎湃

The sea was rolling in immense surges. 大海上浪涛汹涌。

2) a sudden outburst of emotion or feeling 一阵(怒气, 疼痛等)

a surge of pity 油然而生的怜悯之心

A surge of anger rushed over him. 他勃然大怒。

v. 1) to move in a billowing or swelling manner in or as if in waves. 像波涛一样起伏前进

A ship surges at anchor. 抛锚的船 随波涛起伏。

2) to move like advancing waves 猛冲, 蜂拥

The fans surged forward to see the movie star 影迷们汹涌地奔去看那个影星。

The crowd surged out of the stadium. 人群从体育场涌出。

【相关短语】 **surging crowds** 蜂拥的人群

11. sigh

【考点提要】

v. 1) to exhale audibly in a long, deep breath, as in weariness or relief 叹气, 叹息

2) to feel longing or grief; yearn 悲叹; 渴望, 思慕

The old man was sighing for his lost youth. 老人深深怀念流逝的青春。

Willows are sighing in the wind. 柳树在风中悲泣呜咽。

n. a long, deep breath, as in weariness or relief 叹息声, 叹息

"I wish I had finished this work," she said with a sigh. 我希望我已完成了这项工作,"她叹口气说。

【相关短语】 **sigh for sth.** 渴望, 想念, 为...叹息; **sigh over sth.** 为...而悲叹; **sigh away** 叹息而度过光阴

In the film, we all sighed over the heroine's miserable fate. 我们都为电影里女主角的悲惨命运而叹息不已。 A real man should never sigh away his life. 真正的男人决不该蹉跎岁月。

12. casual

【考点提要】 *adj.*

1) occurring by chance 偶然的; This is only a casual mistake. 这只是个偶然的错误。

2) occurring at irregular or infrequent intervals; occasional 临时的; 偶然发生的

The factory hires casual employee when hands are tight. 人手不够时, 工厂会雇佣临时人员。

I kept a casual correspondence with my high school teacher. 我一直和高中的老师不定期地通信。

3) suited for everyday wear or use; informal 轻便的, 非正式的

He was wearing casual clothes, not his uniforms. 他穿着他的便服, 不是他的制服。

【词根记忆】 **casually** *adv.* 偶然地; 随便地

13. frown

【考点提要】

v. 1) to wrinkle the brow, as in thought or displeasure 皱眉, 不悦

The teacher frowned angrily at the noisy class. 老师生气地对那班吵吵嚷嚷的学生皱起眉头。

2) to express (disapproval, for example) by wrinkling the brow. 皱眉表示(不赞成)

The little girl frowned her displeasure for being denied of entry. 因为不让进去, 小姑娘不高兴的皱起了眉头。

n. a wrinkling of the brow in thought or displeasure; a scowl. 皱眉深思; 皱眉

At a casual glance, I saw a deep frown on my face. 不经意间, 我看到了我脸上深深的皱纹。

【词根记忆】 **frowner** *n.* 愁眉不展的人; **frowning** *adj.* 愁眉不展的

Come on, you don't want yourself to be a frowner. 得了, 别愁眉苦脸的了。

She stood there frowning. 她愁眉不展地站在那里。

【相关短语】 **frown down** 皱眉蹙额使(反对者)不敢讲话

He frowned me down in the discussion. 在讨论中他皱眉看着我,使我不敢再发言反对。

frown on 不赞成,不以为然

My wife is a doctor. She always frowns on the use of so much salt in the food. 我的医生妻子总是反对在食物里放这么多盐。

14. stump

【考点提要】

n. the part of a tree trunk left protruding from the ground after the tree has fallen 树桩;残根

He sat on a tree stump. 他坐在一根树桩上。

v. 1) to reduce to a stump, trim 截去树干使成为树桩

They are stumping the trees in the village. 他们把村里的树砍成树桩。

2) to clear stumps from 清除树桩;stump a field 从地里清除残株

3) to walk heavily or clumsily 以沉重的脚步行走

The old man was stumping along. 老人以艰难而笨拙的步伐行走着。

4) to frustrate the progress or efforts of; baffle 难倒;困惑

The students easily stumped their teacher by asking him questions. 学生们轻而易举地用问题把老师难住了。

【词汇记忆】 **stumpy** *adj.* 粗短的

A stumpy guy stood beside her. 一个矮矮胖胖的家伙站在她边上。

【相关短语】 **be stumped for** 对...感到困惑

She was stumped for the dilemma. 她在这种困境下左右为难。

wear to the stumps (因用得太多)磨损到根部,消耗尽(耐心)

Don't wear me to the stumps. 不要再考验我的耐心了。

15. relish

【考点提要】

n. 1) an appetite for something; strong liking 胃口;食欲;强烈的喜好

He can't afford his wife's relish for luxury. 他无法负担她妻子对奢侈品的爱好。

2) hearty enjoyment; zest 享乐;风味

She is reading the love story with relish. 她津津有味地读着这个爱情故事。

v. 1) to add relish to 给...调味

2) to be pleased or gratified by; enjoy 喜欢,爱好

She won't relish having to get up before dawn to catch that train. 她不喜欢在黎明前起床去赶那班火车。

3) to eat or drink with pleasure 津津有味地吃或喝

The hungry children are relishing their food. 饥饿的孩子们津津有味地吃着东西。

【相关短语】 **have no relish for** 不喜欢,对...不感兴趣;**with relish** 津津有味地,有兴趣地

I have no relish for horrors. 我对恐怖片不感兴趣。

16. feed

【考点提要】

v. 1) to give food to; to provide as food or nourishment 给予食物;供给

The turkey is large enough to feed all the people here. 那只火鸡大得足够所有在场的人吃。

He has to make enough money to feed the children. 他得赚钱养活孩子们。

2) to produce food for 为...生产食物

The valley feeds an entire county. 这个山谷生产的食物可以供应整个县食用。

3) to consume food; eat; prey (on) 吃;以...为食

The horses fed quietly. 马在静静地吃草。

The sheep here feed on this grassland. 这里的羊以牧场的草为食。

n. 1) food for animals or birds 饲料; hen feed 鸡食

2) an act of eating; meal 进食;大餐

【相关短语】 feed on 以...为食; Baby feeds on milk. 婴儿靠母乳喂养。

be fed up with 对...极其厌倦; I am fed up with your doctrine! 我受够了你的说教!

17. sneak

【考点提要】 v.

1) to go or move in a quiet, stealthy way 潜行

The man sneaked about the place watching for a chance to steal something valuable. 那人在这儿鬼鬼祟祟地走来走去,想找机会偷点值钱的东西。

2) to behave in a cowardly or servile manner 逃避;鬼鬼祟祟

A hero will never sneak in front of the enemy. 真正的英雄决不会在敌人面前胆怯退缩。

【词根记忆】 sneaker n. 鬼鬼祟祟的人,运动鞋; sneaky adj. 鬼鬼祟祟的

There is a sneaky guy on the corner of the dark street. 在街上的暗角处有个鬼鬼祟祟的家伙。

【相关短语】 on the sneak 偷偷地,秘密地; sneak away 溜掉,悄悄离开

The official sneaked away from the office. 那个官员悄悄地从办公室溜了。

18. wink

【考点提要】

v. 1) to close and open the eyelids quickly 眨眼

He couldn't help winking as the light struck his eyes. 光线照得他直眨眼。

Harbor lights were winking in the distance. 港口的灯在远处闪烁。

2) to signal or express by winking 眨眼示意

He winked at me to verify what he was saying. 他向我眨眼示意,要我点头认同他说的话。

n. 1) the act of winking 眨眼; 闪烁

We saw the wink at the ships bow. 我们看到船首有灯光闪烁。

It was so dark that we couldn't see a wink. 天色那么黑以致我一点也看不见。

2) signal or hint conveyed by winking 眨眼暗示

3) the very brief time required for a wink; an instant 瞬间;瞬时

He disappeared in a wink. 他瞬间就消失不见了。

【相关短语】 **wink at** 向...使眼色

19. betray

【考点提要】 *v.*

1) to deliver to an enemy by treachery 背叛, 出卖

How can you betray your country to the enemy? 你怎么能做卖国贼?

I will never betray my company. 我决不会出卖我的公司。

2) to be false or disloyal to 背信, 不忠实

They had never thought that one day they betrayed their cause. 他们从未想到过有一天会不忠于他们的事业。 You should never betray your kind nature. 决不要背离善良本性。

3) to reveal unintentionally (无意间) 暴露, 泄露

His confusion betrays the guilty. 他神色慌张暴露了他心中有鬼。

【词根记忆】 **betrayal** *n.* 暴露; **self-betrayal** 自我暴露; **betray** 叛徒

【相关短语】 **betray oneself** 原形毕露

He betrayed himself after a wild drink. 大醉之后他原形毕露。

【典型考题】 Failure in a required subject may result in the _____ of a diploma.

A) refusal B) betrayal C) denial D) burial

(2001.06 CET 6)

汉译:必修课不及格可能会不发学位证书。

解析:答案为C)拒绝给(发)。A)拒绝去做或某事;B)背叛;D)埋葬。

20. appetite

【考点提要】 *n.*

1) instinctive desires necessary to keep up organic life; the desire to eat 食欲

I have no appetite for my lunch. 我对午饭没有食欲。

2) a strong wish or urge 强烈愿望, 迫切要求

He always has an appetite for learning. 他总是怀着强烈的学习愿望。

【词根记忆】 **appetizer** *n.* 开胃食品; **appetizing** *adj.* 促进食欲的

【相关短语】 **give appetite** 促进食欲; **to sb. 's appetite** 合某人的口味

A good exercise always gives me appetite for the following meal. 运动总是给我带来好胃口。

This cook is not to my appetite. 这个厨子做的菜不合我的胃口。

B. 常用短语

1. **out of focus** 焦点没对准的; 模糊的

When taking this photograph, the camera is out of focus. 拍这张照片时, 照相机没有聚好焦。

This photograph is out of focus. 这张照片照得很模糊。

2. **beyond one's wildest dreams** 超过某人所期望的(地); 出乎某人意料的(地)

Her performance on the stage was beyond our wildest dreams. 她在舞台上的表现出乎我们预料的好。