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The Active Reader

Reading for Meaning

高效英语阅读

第一册

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改编 高桂珍



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前言

《高效英语阅读》是为具有中级水平的英语学习者提供的美国英语系列教程。英语学习者不管是为了学术目的，还是为了消遣，在阅读过程中都会遇到不同类型的阅读文章，该系列教程则提供了这一便利。《高效英语阅读》目的是使英语学习者熟悉阅读技巧、扩大词汇量，从而提高他们的阅读水平。

《高效英语阅读》第一册共有十七章，每章分三个部分：阅读理解、词汇及语法。

阅读理解

阅读理解部分首先是一篇阅读文章。第一册的阅读材料除了传统的文章以外，还包括下列体裁：书信、社论、报刊文选、网页和访谈。每篇课文的开头都有一个词汇表供读者参考。阅读文章之后，有五种阅读理解练习，培养以下阅读技巧：

- 寻读：鼓励读者迅速找到具体信息；
- 略读：鼓励读者迅速掌握文章的主题思想；
- 细节阅读：致力于训练读者仔细认真的阅读；
- 要点阅读：着重于培养读者辨认和理解文章的要旨；
- 思考性阅读：启发读者根据自己个人的经历回答和文章有关的问题。

词汇

词汇部分包括三种练习，旨在帮助读者理解词义，掌握用法。该部分提供了以下练习类型：

- 同义词与反义词；
- 在上下文中运用词汇、一词多义、词类、词义联想；
- 搭配与表达。

语法

语法部分提供了中级水平的英语学习者应该熟悉的语法要点以及两种练习形式。

本书书末提供了所有练习的参考答案，既适用于课堂教学，也适用于自学。



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- Collocations and expressions

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- Antonyms
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- Collocations and expressions

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- Verb forms
- Collocations and expressions

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Freedom for Keiko

“凯科”获释

Do you know these words? 你认识这些词吗?

- amusement park (n):** a park with machines that people can ride on and other activities such as games and shows for people to watch
游乐场 (line 5)
- donation (n):** money or other items, that are given to a person or a group to help them (line 19)
[dou'neifən] 赠品, 捐款
- fan (n):** a person who admires something or someone very much (line 12)
[fæn] 狂热爱好者
- foundation (n):** an organization which gives money to a group to help them (line 18)
[faun'deifən] 基金会
- killer whale (n):** a type of whale that is black and white and eats meat (line 2)
逆戟鲸
- load (v):** to put into a vehicle (line 28)
[loud] 装, 装载
- manage (v):** to succeed in doing something, especially after having difficulty with it (line 22)
['mænidʒ] 设法做成; 设法对付
- release (v):** to give freedom (line 30)
[ri'li:s] 释放, 解放
- specially (adv):** for one purpose (line 22)
['speʃəli] 特别地
- sure (adj):** without doubt (line 30)
[ʃuə] 肯定的
- unhealthy (adj):** not well (line 15)
[ʌn'helθi] 不健康的; 对健康有害的



COMPREHENSION 阅读理解

Passage 课文

Read this passage. 请读以下课文。

One animal that was recently taken home to live in the wild is a five-ton killer whale called Keiko. Keiko is one of the most famous animals in the world, as he is a movie star.

Keiko was caught in the ocean off Iceland 19 years ago, when he was two years old. He was sold to an amusement park in Mexico. Killer whales are very intelligent and they can learn to do tricks. Keiko was so good at performing tricks that in 1993 he was taken to America to star in the film *Free Willy*. It tells the story of a boy and his friendship with a killer whale. However, after the film was finished Keiko was returned to Mexico. He had grown larger, and was too big for his tank. Keiko became very sick.

When *Free Willy* fans heard that their favorite actor' was living in unhealthy conditions, they decided to save him. They started the Free Willy Keiko Foundation to raise money. With donations from the film company and other wealthy people, the





foundation managed to fly Keiko from Mexico to a specially built tank in Oregon, USA. On the day he arrived there, local children lined the streets, cheering and waving flags.

After more than two and a half years in Oregon, Keiko was well 25
enough to go back to Iceland, his real home. So, he took an eight-
hour flight in a special tank on board a plane. Then his tank was
loaded onto a truck and driven to the sea. Again, local children
cheered in the streets to welcome Keiko. Finally, Keiko was
released into a special pen in the sea. When his trainers are sure 30
that he can look after himself, he will be set free in the ocean.

The cost of taking Keiko back to Iceland was around US\$12
million. This is a lot of money, but it doesn't seem so much when
you remember that *Free Willy* made over US\$124 million in the
USA alone. The children of Iceland and Oregon know that Keiko 35
is worth it.

READING SKILLS 阅读技巧

Scanning 寻读

When we scan a piece of writing, we look at it quickly. Often we are looking for a specific word or fact.

For example, we may scan a newspaper to look for a job in the employment section or to quickly find a weather report. We use this skill many times a day without even realizing that we are doing it.

Throughout this book you will be asked to scan passages to locate specific information.

Look at this table and notice the information you need to complete it. Now scan the passage to complete the table. 请看下列表格，注意所给词汇的内容，并寻读课文，找出相应的词填入表格内。

1 Name: _____	3 Weight: _____
2 Type of animal: _____	4 Age: _____

Now check your answers.

1 Keiko; 2 killer whale; 3 five tons; 4 21 years old

Skimming 略读

When we skim a piece of writing, we read it quickly as we do when we scan it. Unlike scanning, however, when we skim a passage, we are usually trying to understand the overall meaning without picking up on the details.

When skimming a passage, quickly read through the beginning, middle, and end to help you understand the overall meaning.

Read through these events. Then quickly skim the passage to put the events in order. Number the boxes 1-4. 阅读以下事件并略读课文，将这些事件发生的顺序写在方格内。

- Keiko was returned home to Iceland.
- Keiko was taken to America to star in *Free Willy*.
- Keiko began performing in Mexico.
- Keiko was taken to Oregon.

Now check your answers.

4, 2, 1, 3

Reading for detail 找详情细节

Details are the small pieces of information in a passage. They expand on the main idea and make the writing more interesting.

This book helps you to practice this skill by asking you to decide which details are important and relevant to the passage.

Read the passage again. Then choose the best response. Circle the letter. 将课文再读一遍，选出最佳答案。

- | | |
|---|--|
| <p>1 Keiko was caught off the coast of ...</p> <p>a) Mexico.</p> <p>b) Oregon.</p> <p>c) Iceland.</p> | <p>3 The Free Willy Keiko Foundation was started by ...</p> <p>a) <i>Free Willy</i> fans.</p> <p>b) the film company.</p> <p>c) a group of wealthy people.</p> |
| <p>2 After Keiko returned to Mexico he ...</p> <p>a) learned how to perform new tricks.</p> <p>b) made the movie <i>Free Willy</i>.</p> <p>c) became very sick.</p> | <p>4 Taking Keiko back to Iceland cost ...</p> <p>a) US\$124 million.</p> <p>b) the same amount as the movie <i>Free Willy</i> made.</p> <p>c) US\$12 million.</p> |

Now check your answers.

Question 1: The answer is c). Keiko performed in an amusement park in Mexico, and spent time in Oregon, but he was not caught in either of these places so a and b are incorrect. Keiko was caught off the coast of Iceland.

Question 2: The answer is c). Although the passage says that Keiko was good at performing tricks, it doesn't say that he learned new tricks when he returned to Mexico, so a is incorrect. Keiko made the movie *Free Willy* before he was returned to Mexico, so b is incorrect. In paragraph two it says that when Keiko returned to Mexico, he was too big for his tank and became very sick.

Question 3: The answer is a). In paragraph three it says that wealthy people and the film company made donations to the foundation, but it does not say they started it, so b and c are incorrect. It says that the Free Willy Keiko Foundation was started by *Free Willy* fans.

Question 4: The answer is c). US\$124 million was how much it cost to make the movie *Free Willy*, so both a and b are incorrect. In paragraph five it says that it cost US\$12 million to take Keiko back to Iceland.