

总编译：汪榕培

# 阅读通

1

*A Reading  
Skills Book*



美语路路通

系列教材

Mosaic



辽宁教育出版社  
美国麦克希尔出版公司

联合出版

Elaine Kirn  
Pamela Hartmann  
曲艳娜 编译

美语路路通系列教材 Mosaic

总编译：汪榕培

# 阅读通 1

## A Reading Skills Book 1

Elaine Kirn

Pamela Hartmann

编

曲艳娜 编译

辽宁教育出版社  
美国麦克希尔出版公司

联合出版

## 美语路路通系列教材 Mosaic

总编译:汪榕培

阅读通分册主编译:王尚胜 徐伟儒

编译委员会:王文成 王尚胜 李思国 张绍杰  
宋学侠 杨俊峰 赵忠德 徐伟儒

版权合同登记:图字 06 - 1998 - 232 号

### 图书在版编目(CIP)数据

阅读通 1/曲艳娜编译. - 沈阳:辽宁教育出版社,1998.12(2001.8 重印)  
(美语路路通/汪榕培总编译)  
ISBN 7 - 5382 - 5392 - 0

I . 阅… II . 曲… III . 英语,美国 - 阅读教学 - 教材 IV . H319.4

中国版本图书馆 CIP 数据核字(98)第 34252 号

Copyright © 1998 by McGraw-Hill Companies, Inc. All rights reserved. Jointly published by Liaoning Education Press/McGraw-Hill. This edition may be sold in the People's Republic Of China only. This book cannot be re-exported and is not for sale outside the People's Republic Of China. ISBN: 0 - 07 - 034917 - 7

本书中文简体字版由美国麦克希尔出版公司授权辽宁教育出版社独家出版,只供在中华人民共和国境内销售。

**版权所有,翻印必究**

辽宁教育出版社出版发行  
(沈阳市和平区十一纬路 25 号 邮政编码 110003)  
沈阳新华印刷厂印刷

---

开本:787 毫米×1092 毫米 1/16 字数:352 千字 印张:18½  
印数:5 001—8 000 册  
1998 年 12 月第 1 版 2001 年 8 月第 2 次印刷

---

责任编辑:柳青松 许苏葵 责任校对:马 慧 张 华

---

定价:24.60 元

# 总 序

《美语路路通》是最新从美国引进的一套美国英语系列教材。这套教材以非英语国家的学生为对象，帮助学生提高听、说、读、写的语言技能和整体提高语言水平。全套教材共 19 册，由《听说通》(五册)、《阅读通》(五册)、《写作通》(四册)和《交际通》(五册)四个系列组成。各个系列既相互联系、又相对独立，每个系列中的各个分册循序渐进、不断巩固已学的知识。因此，整个系列可以配合使用，学习英语技能的全部内容；每个系列也可以分别使用，适用于从入门阶段到中高级阶段各个层次的学生。

顾名思义，《听说通》是训练听说技能的课本；《阅读通》是训练阅读技能的课本；《写作通》是训练写作技能的课本；《交际通》是以语法为线索全面训练语言各项技能的课本。

全套教材具有下列显著的特点：

1. 课文取材新颖，每章围绕一个主题式语言功能。内容引人入胜，难易程度适中，语言要点反复循环出现，可以有效地激励学生的学习热情。

2. 传授技能要点和学习策略，使听、说、读、写的技能成为可以逐步掌握的内容。这个特点是《美语路路通》有别于其他同类教材的一个重要方面，技能的各个环节既可以分解为若干方面，又可以通过反复循环达到熟练掌握的程度。

3. 练习形式多样，练习内容紧密结合生活实际。掌握语言技能的关键在于反复实践，必须在轻松愉快的实践过程中自然而然地获得，单纯的机械性模仿达不到这个目的，这套教材的练习使学生自始至终处于交际活动中，可以收到事半功倍的效果。

4. 听、说、读、写的训练既有侧重又有联系。在不同的语境中围绕相似的主题或语言功能进行训练，可以明显地收到触类旁通的效果。

《美语路路通》具有上述显著特点，所以在使用的过程中受到普遍的欢迎。自 1985 年第 1 版问世以来，在美国成为外国移民提高英语水平的首选教材，在世界许多国家成为学习英语的热门教材。这套教材由于受到普遍的欢迎，在接受教学实践的反馈以后，先后于 1990 年出版了第 2 版，于 1996 年出版了第 3 版，两次做出重大修改，使教材更臻完善。

辽宁教育出版社引进《美语路路通》，出版中文版，在原书的基础上加入了中

文的学习指导，结合中国学生的学习难点配以详细的解释，对许多中国学生不熟悉的文化现象予以介绍，并对学习方法和建议开展的课堂活动增添大量的补充说明。中文的学习指导不仅为在中国的课堂里使用这套教材提供了方便，也为广大的英语自学者提供了帮助。

进行中文版改编的是辽宁和吉林两省五所高等学校(大连外国语学院、辽宁大学、东北大学、沈阳师范学院、东北师范大学)富有教学经验的教授和专家们，他们把教授中国学生学习英语的体会和经验融入学习指导中去，使这套在国际上行销多年、享有盛誉的教材更加适合中国学生的需要，可以用做大专院校英语专业和非英语专业学生的学习教材、英语培训班的技能训练教材，也可以用做广大英语自学者的自学教材。

《美语路路通》中文版的问世是一个成功的尝试，不仅为中国广大的英语学习者又增加了一种新的选择，而且为改变传统的教学方法和教学观念提供了一个示范的样板。我相信，凡是使用这套教材的教师和学生都会喜欢这套教材，并从中受益。

汪榕培

1998年9月10日

本书是《美语路路通》系列教材《阅读通》第一册，是为非英语国家学生进一步提高英语水平，尤其是提高阅读技能的教材。

## 一、编写意图

本书目的在于培养学生通过阅读学会阅读。为此，我们提供的阅读内容，不但具有激励性，而且词汇和语法也不难理解；还向学生传授策略及方法，使阅读更容易。

本书中的策略和方法包括：根据上下文猜测意思、提高阅读速度、了解词干和词缀、学会预测、领悟不确切现象、进行推理、区别事实与评论。通过上述技能的学习，逐步提高学生的阅读能力。

## 二、本书特点

1. 设计明快。本书设计独特，引人注目。内容各部分及各种练习编排醒目，关键信息配有字符底纹，练习编号排序，使用方便。
2. 内容新颖。本教科书选题广泛，社会性强。
3. 相关信息。每一章开头均设有一方框，介绍引人入胜的相关内容，以激发学生对本章主题的好奇心，使他们开动脑筋，积极学习。
4. 检测要点。每一章均设有标准化模拟测试题，如托福考试的阅读部分。
5. 配有录音。本书配有盒式录音磁带，在每章配有录音的地方标有盒式录音带标志。
6. 技能表。在目录后附有归纳本书各章的阅读技能表。
7. 学习指导。每章末尾附有学习指导，包括导言和注释。

## 三、章节安排

本书共分十二章，每章有四个部分：

第一部分：包括阅读文前的练习与问题、一篇经过调整的非虚构课文、阅读之后的练习，着重下列技能：了解中心思想、根据上下文猜测意思、理解课文结构、弄清细节、进行推理、分清事实与评论。最后是讨论题，将本章课文同学生自己生活经历

联系起来。

第二部分：由练习开始，通过略读，找出中心思想和主题句，学会总结。第二篇课文其主题与第一篇相同，并且大都是非虚构文章。阅读之后的练习关系到理解代词所指、学会总结、理解习惯用法、进行推理、区分事实与评论、运用信息以及个人角色化的讨论。

第三部分：各种练习帮助学生扩大词汇，其后的讨论活动，促使学生获得必要的技能：使用字典、阅读标记、提高阅读速度、领会的确切性。

第四部分：示教实物阅读，如市区地图、银行表格、各类广告、选自报刊图书中的实用阅读片断、辅以阅读的问题。

## 四、教学建议

### 第一部分

#### 阅读之前

学生应该知道，预测是积极阅读的重要部分，预测技能可以通过讨论画面、回答导入部分的问题得以促进和加强。要认真对待“准备阅读”中的问题，并牢记在心。

#### 阅读课文

学生要默读课文，这是最快的读书方法；读第一遍时不要用字典，要学会猜测新词义，找出中心思想。

#### 阅读之后

阅读之后的练习，仍是围绕帮助学生获得英语阅读技能这一中心。重点放在理解中心思想及根据上下文猜测意思等技能。做完相关练习后，还可指令学生再读一遍，边读边记，少用字典。

学生讨论课文时，在表达意见、交流思想的同时，要积极实践新词。讨论的形式和规模可以有所变换。

### 第二部分

这部分的练习，与第一部分的练习相似，教学建议也相同，重点仍然是找出中心思想。

### 第三部分

扩大词汇的练习，可以指定为课后作业，但是有关学习技能的活动，特别是涉及提高阅读速度的技能性活动，应当在课堂上进行。

### 第四部分

快速获得信息的能力，是学生一项重要技能，也是这部分的重点所在。各章都有示教实物阅读文章，读完后让学生以个人或小组形式回答相关问题。学生在寻找答案过程中，不要求他们必须看懂每个词。

编译者

1998年9月

# Contents 目录

Summary of Reading Skills 技能表

## **CHAPTER ONE 第一章**

### **School Life 学校生活 I**

<b>PART ONE</b>	Reading Selection: International Students in the United States and Canada	2
<b>PART TWO</b>	Reading Selection: College Life in the United States and Canada	8
<b>PART THREE</b>	Building Vocabulary	11
<b>PART FOUR</b>	Scanning for Information	14
<b>PART FIVE</b>	Personal Stories: Educational Systems	17

学习指导 I-1

## **CHAPTER TWO 第二章**

### **Experiencing Nature 感受大自然 21**

<b>PART ONE</b>	Reading Selection: The Powerful Influence of Weather	22
<b>PART TWO</b>	Reading Selection: Camping	26
<b>PART THREE</b>	Building Vocabulary	29
<b>PART FOUR</b>	Scanning for Information	34
<b>PART FIVE</b>	Personal Stories: Traveling and Nature	37

学习指导 II-1

## **CHAPTER THREE 第三章**

### **Living to Eat or Eating to Live? 饮食文化 39**

<b>PART ONE</b>	Reading Selection: Our Changing Diet	40
<b>PART TWO</b>	Reading Selection: Food Personalities	46
<b>PART THREE</b>	Building Vocabulary	51
<b>PART FOUR</b>	Scanning for Information	52
<b>PART FIVE</b>	Personal Stories: Food and Dieting	55

学习指导 III-1



## **CHAPTER FOUR**

### **Getting Around the Community** 浏览社区 **59**

<b>PART ONE</b>	Reading Selection: "How Can I Get to the Post Office?"	60
<b>PART TWO</b>	Reading Selection: Different Laws in Different Places	65
<b>PART THREE</b>	Building Vocabulary	69
<b>PART FOUR</b>	Scanning for Information	74
<b>PART FIVE</b>	Personal Stories: Los Angeles, California	78
学习指导		IV - 1

## **CHAPTER FIVE**

### **Home** 家庭生活 **81**

<b>PART ONE</b>	Reading Selection: The Changing Family	82
<b>PART TWO</b>	Reading Selection: Evenings with the Family—Present and Past	87
<b>PART THREE</b>	Building Vocabulary	90
<b>PART FOUR</b>	Scanning for Information	93
<b>PART FIVE</b>	Personal Stories: Housing	96
学习指导		V - 1

## **CHAPTER SIX**

### **Emergencies and Strange Experiences** 101

<b>PART ONE</b>	Reading Selection: A Murder Mystery: The Critic in the Storm	102
<b>PART TWO</b>	Reading Selection: A Murder Mystery (continued) 紧急情况与奇异经历	109
<b>PART THREE</b>	Building Vocabulary	114
<b>PART FOUR</b>	Scanning for Information	118
<b>PART FIVE</b>	Personal Stories: Emergencies and Strange Experiences	124
学习指导		VI - 1

## CHAPTER **seven** 第七章

### **Health** 医疗保健 127

<b>PART ONE</b>	Reading Selection: The Secrets of a Very Long Life	128
<b>PART TWO</b>	Reading Selection: Disease Detectives	136
<b>PART THREE</b>	Building Vocabulary	142
<b>PART FOUR</b>	Scanning for Information	147
<b>PART FIVE</b>	Personal Stories: A Dangerous Habit	151

学习指导 VII - 1

## CHAPTER **eight** 第八章

### **Entertainment and the Media** 娱乐与传媒 153

<b>PART ONE</b>	Reading Selection: Television: How It Affects Us	154
<b>PART TWO</b>	Reading Selection: A Case Study	160
<b>PART THREE</b>	Building Vocabulary	164
<b>PART FOUR</b>	Scanning for Information: TV Program Guides	170
<b>PART FIVE</b>	Personal Stories: Television: Different Views	172

学习指导 VIII - 1

## CHAPTER **nine** 第九章

### **Social Life** 社交生活 175

<b>PART ONE</b>	Reading Selection: Meeting the Perfect Mate	176
<b>PART TWO</b>	Reading Selection: Meeting the Perfect Mate (continued)	183
<b>PART THREE</b>	Building Vocabulary	187
<b>PART FOUR</b>	Scanning for Information	191
<b>PART FIVE</b>	Personal Stories: Social Life in the United States	194

学习指导 IX - 1

## CHAPTER **ten** 第十章

### **Customs, Celebrations, and Holidays** 197

<b>PART ONE</b>	Reading Selection: Social Customs: A Dinner Party	民俗、庆典与节假日	198
<b>PART TWO</b>	Reading Selection: A Traditional Holiday		204
<b>PART THREE</b>	Building Vocabulary		208
<b>PART FOUR</b>	Scanning for Information		212
<b>PART FIVE</b>	Personal Stories: Christmas		215
学习指导			X - 1

## CHAPTER **eleven** 第十一章

### **Science and Technology** 科学技术 219

<b>PART ONE</b>	Reading Selection: Everyday Uses of Technology		220
<b>PART TWO</b>	Reading Selection: Controversial Issues in Technology		228
<b>PART THREE</b>	Building Vocabulary		233
<b>PART FOUR</b>	Scanning for Information		236
<b>PART FIVE</b>	Personal Stories: The Trouble with Technology		238
学习指导			XI - 1

## CHAPTER **twelve** 第十二章

### **You, the Consumer** 消费者天地 241

<b>PART ONE</b>	Reading Selection: Advertising: The Selling of a Product		242
<b>PART TWO</b>	Reading Selection: Smart Shopping		249
<b>PART THREE</b>	Building Vocabulary		252
<b>PART FOUR</b>	Scanning for Information		255
<b>PART FIVE</b>	Personal Stories: Shopping		257
学习指导			XII - 1

# CHAPTER **one**

## ***School Life***

## 学校生活



**Y**ou will read about different kinds of international students and look at some aspects of college life in the United States and Canada.

in this chapter

# **International Students in the United States and Canada**

## **Before You Read**

### **Getting Started**

Look at the pictures and talk about them.

1. Name the places, things, and people.
2. Describe the pictures. Where is the place? What kind of place is it? Where are the people from? What do they do?
3. How is this place like your school? How is it different?





## Preparing to Read

Think about the answers to these questions. The reading selection will answer them.

1. What are international students? What are resident aliens? What are nonnative speakers of English?
2. Where do most international students go to school?
3. Where do most international students come from?
4. What fields of study are popular with students from other countries?

## Glancing at Vocabulary

Here are some vocabulary items from the first reading selection. You can learn them now or come back to them later.

### NOUNS

college  
university  
nonresident  
visa  
immigrant  
refugee  
citizen  
language  
state  
province  
oil  
country  
fact

### ADJECTIVES

popular  
international  
practical  
important

### PHRASES

nonnative speaker  
field of study

Read the following selection quickly. Then do the exercises after the reading.



## **International Students in the United States and Canada**

- A **T**here are many nonnative speakers<sup>1</sup> of English at colleges and universities in the United States and Canada. Nonnatives are usually international students or resident aliens<sup>2</sup>. International students in the United States are nonresidents with F or J visas<sup>3</sup>. Resident aliens are immigrants or refugees<sup>4</sup>. In addition<sup>5</sup>, some U.S. and Canadian citizens are nonnative speakers. They do not speak English as their first language.
- B California is the state with the most international students. Texas and New York are next<sup>6</sup>. Other states with large numbers of international students are Massachusetts, Illinois, Michigan, and Pennsylvania<sup>7</sup>. Students from Europe most often attend school in the northeastern or northwestern states, and students from Asia usually go to school in the midwestern and western states. Latin Americans most often study in the South and Southwest, and Africans usually attend school in the Midwest and South. In Canada, many nonnative speakers study in Quebec and speak French<sup>8</sup>. Some go to school in the provinces of Ontario, Nova Scotia, British Columbia, and Alberta<sup>9</sup>.
- C Engineering is the most popular field of study<sup>10</sup> for visa students. Many study management and business. Most international students major in practical subjects<sup>11</sup>. These subjects provide useful skills that help students find good jobs.
- D Many visa students in the United States come from<sup>12</sup> the Middle East and Asia, and many are from oil countries<sup>13</sup>. Iran, Nigeria, Japan, Venezuela, Saudi Arabia, China, India, and Thailand<sup>14</sup> send<sup>15</sup> large numbers of<sup>16</sup> students to the United States. International students in Canada often come from Hong Kong, Malaysia, and the United Kingdom<sup>17</sup>.
- E Visa students are only a small part of the many nonnative speakers at American colleges and universities. But the facts show that nonnatives are very important in American higher education.

## **After You Read**

### **Getting the Main Ideas**

#### **exercise 1**

Write T (true) or F (false) on the lines. The first one is done as an example.

1.   F   All nonnative speakers of English at American colleges and universities are F or J visa students.

2. \_\_\_\_ All the facts in this reading selection are about international students. They are not about immigrants and refugees.
3. \_\_\_\_ California, Texas, and New York do not have many visa students.
4. \_\_\_\_ Most visa students study practical subjects.
5. \_\_\_\_ Most international students come from Europe.

## Guessing Meaning from Context

You do not need to look up the meanings of all new words in a dictionary. You can often guess the meanings of many words from the context.

Sometimes a sentence gives the meaning of a new vocabulary item. The meaning sometimes comes before or after the verb *be*.

*example:* The context is the words around a new vocabulary item.  
(What does context mean? It means the words around a new vocabulary item.)

### **exercise**

Write the meanings of the underlined words in the following sentences on the lines. The first one is done as an example.

1. International students are nonresidents with F or J visas.  
nonresidents with F or J visas
2. Resident aliens are immigrants or refugees.  
\_\_\_\_\_
3. Some Canadian provinces are Ontario, Nova Scotia, British Columbia, and Alberta.  
\_\_\_\_\_

Sometimes the meaning of a new item is in another sentence or another part of a sentence.

*example:* Most international students major in practical subjects. These subjects provide usefull skills that help students find good jobs.  
(What are practical subjects? They are subjects that provide useful skills.)



### **exercise 3**

Find the meanings of the underlined words in the following sentences. Write them on the lines. The first one is done as an example.

1. Students from Europe most often attend school in the northeastern and northwestern states, and students from Asia usually go to school in the Midwest.

go to

2. Many foreign students study management and business. Most major in practical subjects.

3. Visa students are only a small part of the many nonnative speakers at colleges and universities. But the facts show that nonnatives are very important in American higher education.

## Recognizing Reading Structure

Paragraphs divide reading material into topics. One paragraph is usually about one topic. In the reading selection, there is a capital letter next to each of the five paragraphs.

### **exercise 4**

Match each paragraph with its topic. Write the correct letter on the line. The first one is done as an example.

1. D Home countries of international students in the United States and Canada
2. \_\_\_\_ Kinds of nonnative speakers
3. \_\_\_\_ Major subjects of visa students
4. \_\_\_\_ States of the United States and provinces of Canada with many international students
5. \_\_\_\_ Conclusion or summary