

—出口成章才是硬道理!—

英文诵典

Selected English Articles For Recitation^{II}

名篇中的精华·散文中的奇葩·书信中的经典·诗歌中的佳酿
演说中的集萃·辩论中的特辑·时文中的摘要·名言中的遴选

主编 / 北京大学 李震

北京外国语大学 王炳辉

审订 / [美] Cassi Fawcett

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In Reciting We Learn.

FOREWORD

序

Current estimates state that there are more English speakers in China than in the United States. This phenomenon has certainly not occurred overnight and can be attributed to the perseverance and commitment Chinese students of English exemplify.

While traditionally language learners have focused on the written word, there has recently been a greater emphasis on Oral English. Students of English are always trying to improve their language abilities whether it is to communicate fluently, pass an examination or write the perfect resumé. One misconception about language is that to improve oral abilities, a learner must only focus on Oral English. In fact, the branches of language – reading, writing, listening and speaking – are completely interconnected. A student's oral skills will benefit from studies in written language just as his written abilities will increase with oral practice.

By taking on the challenge of this text, students have the opportunity to not only broaden their exposure to forms and genres of English language and literature, but also to increase their language abilities through integrated vocabulary learning, contact with varying grammar structures and an emphasis on recitation for the purpose of oral reproduction.

Reading and putting this book into practice is an investment. By committing such articles to memory, students are depositing authentic language into their minds. The returns on such deposits occur when that English speaker is writing an exam response and suddenly remembers a quote or example, when he is attempting to translate a difficult concept and recollects a carefully structured statement, or when he is interviewing

FOREWORD

for a job and is able to use an empowering sentence or illustration to describe his potential.

While there are many opportunities to expand your English abilities, I hope you accept the challenge this text offers you; it will certainly not only develop your tongue, but also your heart.

Cassi Fawcett *

December, 2007

* Cassi Fawcett is from Virginia in the United States. She began teaching English to Speakers of Other Languages in 1998 and has since taught in the USA, Venezuela and China. Ms. Fawcett has her BA in English Education and her MA in TESOL (Teaching English to Speakers of Other Languages). She has been teaching English in China since 2003 and is currently living in Beijing.

PREFACE

前言

That is a good book which is opened with expectation and closed with profit.(好书使人开卷有所求,闭卷有所获。)

— L. W. Alcott(L. W. 阿尔科特)

由世界知识出版社出版的《英文诵典》面世已近三年,其间深得国内广大读者朋友之信赖与厚爱,使其荣登该类图书畅销书之列,在此向大家致以衷心谢意!

与此同时,在全国成百上千读者朋友倡议之下,为进一步满足大家能够读到更多名篇佳作的愿望,编译者历时近三年,除得到北京大学外国语学院、教育学院、社会学系、心理学系、欧美文学研究中心和跨文化研究中心资深教授学者的指点,同时采纳北京外国语大学等大学英美文学领域知名教授的中肯建议,数名执笔者七百多个日日夜夜的辛勤劳作,使得《英文诵典》的姐妹篇《英文诵典(Ⅱ)》现在得以呈现在广大读者朋友面前!

与《英文诵典》相比,《英文诵典(Ⅱ)》的选材依然延续“经世致用”的编选原则,亦即“理在书中,题目在书外”;另外,《英文诵典(Ⅱ)》除了在内容宽度上进行拓展之外,在所选作品的深度上也进行了恰如其分的探索和尝试,以飨读者。



众所周知,任何一种语言皆非无源之水、无本之木。要想对其掌握并灵活运用,学习者头脑中势必首先具有相当数量的语言信息储备。而进行这种信息储备的不可或缺的手段和方式之一无疑便是朗读和背诵。而英语作为一种世界通用语言,朗读和背诵对于英语语言能力的形成、巩固和加强更是发挥着不可替代的作用。《英文诵典》系列图书的推出正是为了将“朗读和背诵”这一传统手段发扬光大。

PREFACE

本系列图书选材范围广泛,内容五花八门,包括沁人肺腑的散文、情愫绵延的书信,朗朗上口的诗歌,激情荡漾的演说,逻辑严密的政论……另外,我们还特别精选了百余句名言佳句,让各位读者在享受朗读和背诵的乐趣同时,更能从字字珠玑的名家名句中补充精神营养。“好书不厌百回读”,希望广大读者能从《英文诵典》系列图书中不断汲取知识和智慧,让自己的英语表达水平突飞猛进,也让自己的精神生活更加精彩美妙。

本书特别适用于各类大专院校公共英语一至六级水平的学生、非英语专业的研究生、英语专业的本科生或研究生、学有余力的高中生以及那些对英语抱有热望的自学者等等。

美国英语学会教导主任 Cassi Fawcett 女士担纲本书的审订工作,对于本书的篇章安排和体例设计等方面提出许多宝贵意见和建议。承蒙协助,谨致谢忱!

编译者

2008年1月于北京大学

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The Meditations*

Begin each day by telling yourself: I shall be meeting with interference, ingratitude, insolence, disloyalty, ill-will, and selfishness — all of them due to the offenders' ignorance of what is good or evil. But for my part I have long perceived the nature of good and its nobility, the nature of evil and its meanness, and also the nature of the evildoer himself, who is my brother (not in the physical sense, but as a fellow-creature similarly endowed with reason and a share of

* 本文作者马库斯·奥利里乌斯(Marcus Aurelius, 121—180)，作为古罗马帝国黄金时代的最后一位皇帝，他不仅是一位优秀的统治者，而且是一位哲学家。他提倡禁欲思想，主张人应当回归自然，修身养性，克己坚忍，因此深深地影响了古罗马的主流思潮。本文是他所著《沉思录》中的节选，文字优美，论理充分，思想深刻，富于启迪。其中“一个人早起是要为全人类工作！”一句更是充满了生命的激情与活力。尽管此文已历千年之久，但至今读来仍琅琅上口，激励人心。