

# 上班族英语

## 话休闲

浩瀚  
主编

最贴近生活的词汇  
最高效实用的句型  
最身临其境的对话



北京航空航天大学出版社

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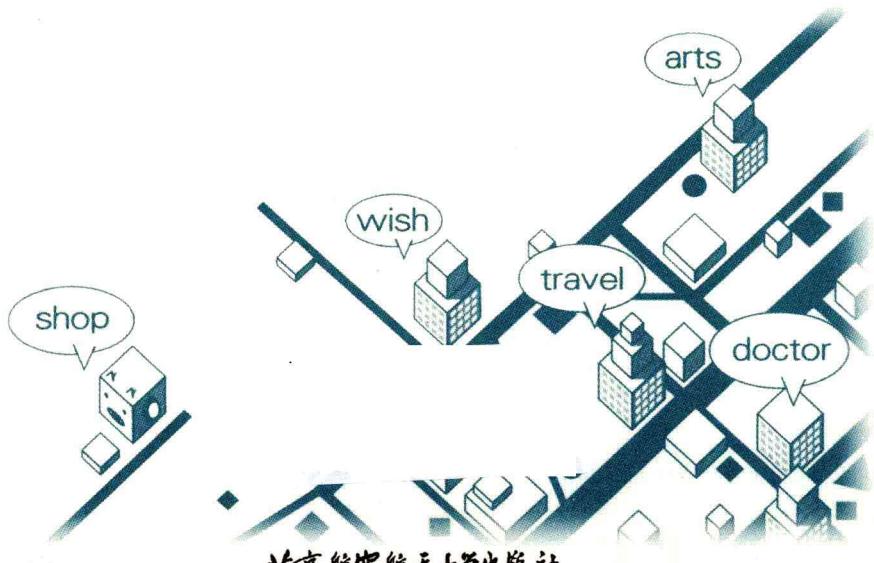


Amusement

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本书用最精炼的英语句型、简单的对话告诉读者用英语话休闲的技巧。本书内容分成若干篇，每篇又以“时尚金句”、“知识链接”、“鲜活词语”、“经典对话”这一顺序编排。内容丰富，详略得当，便于阅读和练习。

本书每篇四部分的特点如下：

### 时尚金句

精选口语化、简洁化、流行化的短句并附上中文翻译，使你在阅读中掌握正确的对话方式。

### 知识链接

提供帮读者提高英语会话能力的文化背景知识，使你在阅读过程中进一步灵活运用英语句型。

### 鲜活词语

选取与主题相关的常见单词和短语，标注词性与词义，使你在阅读中巩固单词。

### 经典对话

提供妙趣横生的对话，使人有身临其境的感觉，便于你轻松与人交谈。

愿本书以标准实用、易学有趣的内容打开你的嘴巴，叫醒读者的耳朵，让英语对你不再陌生。相信它会成为你说遍天下无敌手、去遍天下无障碍，手下英语妙笔生花的成功法宝！



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## Part 1 饮 食

Food and Drink

# 1 Shopping for Food

## 购买食品



### 时尚金句

- Where are the dairy products?  
奶制品在哪儿?
- Where do I pay for this?  
在哪儿付账呢?
- Can you recommend some to me?  
你能不能给我推荐一些?
- Would you please choose one of watermelon for me?  
请给我挑一个西瓜好吗?
- Let's go to the meat counter.  
我们去肉制品柜台吧。
- How long will these sausages be good?  
这些香肠能放多长时间?
- Do you have shrimps bigger than these?  
有比这些大一点儿的虾吗?
- This tomato doesn't look very fresh.  
西红柿看起来不新鲜。

- May I have 500 grams of chicken thigh?

我可以要 500 克鸡腿吗？



## 知识链接

饮食的合理搭配在现今社会越来越受到人们的普遍重视。西方人的饮食习惯与中国人的习惯有许多不同的地方。他们喜欢吃生的菜，即使肉类、鱼类等食品也会按照个人喜好只做几成熟，使食物本身的营养成份不流失。而中国人做饭讲求的是色、香、味。



## 鲜活词语

<u>sausage</u> [ 'sɔ:sidʒ ]	n. 香肠
<u>dairy</u> [ 'deəri ]	n. 奶制品
<u>tangerine</u> [ tændʒə'ri:n ]	n. 柑橘
<u>cauliflower</u> [ 'kɔ:liflaʊə ]	n. 花椰菜
<u>squash</u> [ skwɔʃ ]	n. 南瓜



## 经典对话

### Dialogue 1

A: I want some apples.

B: How about these? They arrived from the Shandong only yesterday, so I can assure you they're very fresh.

A: Are they sweet?

B: Yes, very sweet and exceptionally juicy.

A: How much are they?

B: Ten yuan per kilo.

A: What about the ones over there?  
B: They are fifteen yuan per kilo, for they are much larger.  
A: Well, I'll take the larger ones. Give me two kilos.  
B: Very well, sir. Will there be anything else?  
A: I also want some tangerines.  
B: Good. We have wonderful tangerines. They are going so fast  
that we have to lay in a fresh stock every two or three days.  
A: All right, I'll take two kilos.

A: 我想买些苹果。  
B: 这些怎么样? 昨天刚从山东运来, 保证新鲜。  
A: 甜吗?  
B: 当然, 不仅甜而且特别多汁。  
A: 怎么卖的?  
B: 10 块钱 1 公斤。  
A: 那边的呢?  
B: 那边的大一些, 15 块钱 1 公斤。  
A: 那我要大点儿的, 给我 2 公斤。  
B: 好的, 先生。还要什么吗?  
A: 再要些柑橘吧。  
B: 好的, 我们的柑橘很好, 卖得很快, 我们每隔两三天就添新鲜的。  
A: 那好, 要 2 公斤。

## Dialogue 2

A: What's "frozen foods" ?  
B: It's what it says it is: after the food is picked and washed and  
cut up, it's put in a package and then the whole thing is frozen



so that the food won't decay.

A: Does it taste as good as fresh food?

B: Generally not as good, but it's fine. It is more expensive than fresh foods though.

A: So why does anybody buy it?

B: First, it doesn't spoil. If you buy a fresh cauliflower or squash or whatever, and you don't use all of it quickly, it goes bad and you have to throw it out. So in fact it costs you just as much as... if not more than... buying fresh vegetables.

A: How long do frozen foods keep?

B: Several months if you have a good freezer in your refrigerator.

A: Oh!

B: Frozen foods are also convenient. You can shop every two or three weeks instead of every day, stick stuff in the freezer and take something out when you want to use it. That saves a lot of shopping time... but it does cost more money.

A: So it's a question of time vs money.

B: You got it. There's one more thing you have to remember about frozen foods: you can take many things... vegetables, for instance... out of the freezer and cook them right away. But if you freeze something bigger... like a chicken... you have to take it out in the morning and let it defrost all day. If it isn't thawed, you can't cook it.

A: It's not so easy to remember those things in the morning when you have your mind on your work.

B: Well, you get used to it. And it's easier than having to go shopping every morning for the evening meal.

A:什么是冷冻食物?

B:就像所说的那样:食物经过挑选、洗净、切好,然后装袋,冷冻起来,以防变坏。

A:吃起来是不是还像新鲜食物一样好?

B:一般来说不会那么好了,但还可以。但比新鲜食物贵一些。

A:那为什么还有人买?

B:首先,冷冻食品不容易坏。如果你买一棵新鲜花椰菜,一个南瓜或别的什么,而你一时又吃不完,它就会变坏,你还得扔了。所以事实上,你买冷冻食物花的钱……如果不太多的话……和买新鲜蔬菜花的钱是一样的。

A:冷冻食品能保存多久?

B:如果冰箱制冷器好的话,能保存几个月。

A:噢!

B:冷冻食品也很方便。你可以每两到三个星期买一次,不用天天买。冷冻起来,用的时候拿出来,能节省买菜时间,只不过花钱就多点。

A:就是时间和钱的问题。

B:对了。关于冷冻食物,有一点你得记住:很多东西你可以从冰箱里拿出就做,比如蔬菜,但如果冻的东西比较大,像一只鸡什么的,你就得先拿出来,让它解冻。如果化不开,你就做不成。

A:早晨一心想着工作,不容易记住这些事情。

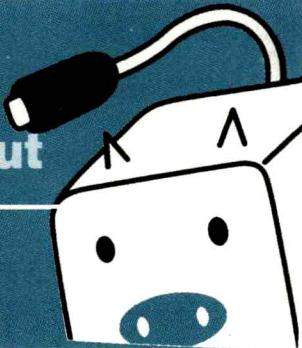
B:习惯了就好了,这样做比早上就考虑买晚上的东西容易些。



2

## Ordering Takeout

# 叫外卖



### 时尚金句

- I want to order takeout food.  
我要叫外卖。
- How long does it take to be delivered?  
多久能送到？
- Please deliver it quickly.  
请快点送到。
- Let's have some pizza delivered.  
我们叫一些比萨饼外卖吧。
- I'm not quite sure. What have you got?  
我也说不准，你们这里有哪几种口味的？
- Very well. I'll try the banana flavour.  
很好，给我来份香蕉味的吧。
- Tell me what style of pizza you want.  
请告诉我您要哪种比萨。
- Would you like something to drink?  
你要点饮料吗？



## 知识链接

打电话叫外卖,可以说 I'd like a large seafood pizza. (我要一个大的海鲜比萨。),接着告诉店员自己喜欢的口味。

有时比萨店会搭配炸鸡(fried chicken)、大蒜面包(garlic bread)或意大利面(spaghetti),以套餐形式(set meal)进行促销。订外卖时,可直接告诉店员要选哪一种套餐。

另外,有些店会提供会员买一送一的优惠。如果有会员卡(membership card),在订餐时告诉店员卡号就可获得优惠。



## 鲜活词语

... pizza [ 'pi:tɪsə ]	n. 比萨
... hamburger [ 'haembə:gə ]	n. 汉堡包
... McDonald's [ mæk'dənəld ]	n. 麦当劳



## 经典对话

### Dialogue 1

A: Hello, I want to order a pizza this afternoon about 5 o'clock?

B: OK, which flavor? Chicken or beef? Double or triple?

A: Chicken, please. And I want the triple one.

B: Where are you living?

A: 27 peace Road.

B: 27 peace Road. OK, enjoy your pizza.

A: 你好,今天下午五点我想订一份比萨。

B: 好的,什么口味?鸡肉还是牛肉的?您是要双层还是三层的?





A:请给我一份鸡肉的,三层的。

B:请问您的地址是哪里?

A:和平路 27 号。

B:和平路 27 号。好的,祝您用餐愉快。

## Dialogue 2

A:Hello. McDonald's.

B:This is Marx Welles. I'd like to order two hamburgers and fries and have it sent to my home.

A:Fine, Mr. Welles. What kind of cake did you have in mind?

B:I'd like to have hamburger with beef.

A:I'll need your complete address with the zip code, Mr. Welles.

B:The address is 72 Lion Street New York city, 52343.

A:OK, now, when should it arrive?

B:It should be there before ten in the morning of July the 2nd.

A:That should be no problem. Just one more question, Mr. Welles. How do you intend to make payment?

B>You can put it on my Visa card. The number is JK:409-6237.

A:That should do it. Thank you for your calling. Bye.

B:Bye.

A:您好！麦当劳。

B:我是马克斯·韦尔斯。我想订两份汉堡包和炸薯条送到我家。

A:好的,韦尔斯先生。您想要哪种汉堡?

B:我想要牛肉汉堡。

A:请您告诉我具体地址及邮编,韦尔斯先生。

