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- (3)提高练习的灵活性和趣味性,注重学生自主学习和合作学习能力的培养。

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浙江教育出版社 2008年8月

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Unit 1 How do you study for a test?

Section A



1. pronunciation 2. excited 3. differently 4. quickly 5. aloud 6. grammar 7. flashcard 8. memorize 7. flashcard 9. vocabulary 10. specific 11. Fill in each gap with the word in its right form. 用所给单词的适当形式填空。 11. I study by			
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4. quickly		2. excited	B. fast
E. card on which a word or words are printed or written, used as a visual aid to learning 6. grammar 7. flashcard 8. memorize 9. vocabulary 10. specific 11. Fill in each gap with the word in its right form. 用所给单词的适当形式填空。 11. I study by		3. differently	C. full of strong, pleasant feelings
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F. learn something so that you can remember it exactly 7. flashcard 8. memorize H. the rules that tell you how to put words together when you speak or write 9. vocabulary 10. specific J. in a voice that is easy to hear 11. Fill in each gap with the word in its right form. 用所给单词的适当形式填空。 1. I study by		5. aloud	E. card on which a word or words are printed or written,
8. memorize			used as a visual aid to learning
8. memorize		6. grammar	F. learn something so that you can remember it exactly
you speak or write 9. vocabulary		7. flasheard	G. all the words in a language
9. vocabulary		8. memorize	
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II. Fill in each gap with the word in its right form. 用所给单词的适当形式填空。 1. I study by		*	
1. I study by	TI		•
2. Have you ever (keep) an English notebook? 3. Mei said she (learn) English by watching CCTV English news. 4. Pierre said that (read) English magazines was a great way to improve his English. 5. My friend said listening to tapes was (help). 6. He's getting very (excite) about his holiday. 7. I practice conversations with (friend). 8. I was bored last weekend, and (end) up going to see a movie. 9. —Do you like this music? —Not (real). 10. Mum said that joining the English club at school was the best way (improve) my English. III. Fill in each gap according to the first letter given. 根据首字母填空。 Most of us probably do not enjoy doing housework. The thought of c the bathroom or cooking dinner for the family makes most of us groan (抱怨). H , the fact is that someone has to do it. Most of the time it is the parents who e up	н.		
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fact is that someone has to do it. Most of the time it is the parents who eup			
			5 S
reatining to			
			rearring to

200		
	help out more around the house?	1 - 1 I all de eur
	Doing housework is r not as ba	
	part, it will seem much less frightening. W	
	your dirty dishes? Part of growing up is being abl	
	things around the house will show that you are	becoming m mature ()X, #X FV)
	and sufficient (有充分能力的).	- Lucy to de houseweek Dut most purents
	Some of us may t that we are twork all day and are then expected to k	
	work all day and are then expected to k burden (负担) to put on by one or two people. Div	
	make everyone's job e It seems m	
	three or more people all w together to	
	timee of more people an w together to	Keep the house Clean.
	77 (4-17-19)	
	延伸拓展	
IV.	. Fill in each gap with the phrase given and an	swer the question. 用适当的短语填空,并
	回答问题。	
	get cooked, in a very different way, by he	eating, in the food, produces the heat
	Like any other oven, a microwave oven cooks f	food 1 it. But it does this 2
	from a conventional (传统的) oven. The microwa	
	cause water molecules (分子) 3 to vil	
	second. This vibration4 that cooks the	
	not 5 .	
	6. Which is the best title?	
	A. What is a microwave oven?	
	B. How to cook food with a microwave oven?	
	C. Can you cook with a microwave oven?	
	D. How does a microwave oven work?	
V.	. Read the information below and fill in the blank	
	LANGUAGE EXC	CHANGE
	Julian, 23, now an intern (实习生) in a	Min, Shanghainese, speaks French and
	firm in Shanghai, for the second time	works for a French company, looking for
	seeks frank friends with common inter-	some French friends who want to learn
	· ·	Chinese.
		Please send e-mail to: yin9863@sohu.com
		or call 13611802522.
	Justinen1982@hotmail.com	
	1. If an English girl wants to find friends with co	mmon interests, she can send an e-mail to
		1 - Cl:
Jan Barrier	2. Suppose you have a French friend. He wants to	rearn Uninese, so he can call



Section B



I . Match the sentences with the proper sugge	stions. 给每个句子找到合适的建议。
1. I can't understand people who talk fast.	A. You can find a pen pal.
2. I don't get much writing practice.	B. Why don't you join an English language
3. I can't understand spoken English.	club to practice speaking English?
4. I make mistakes in grammar.	C. Maybe you should use grammar in
	original sentences.
	D. Try to listen for the most important words,
	not every word.
II . Fill in each gap with the word and phrase gi	ven. 用所给单词和短语填空。
later on, term, look up.	mistakes, realized.
impressed, slowly, afraid	l l
1. The old lady walked up the hill.	
· · · · · · · · · · · · · · · · · · ·	in this letter.
3. When I got home, I that I had lo	st my key.
4. I was to go out alone at night.	
5. I can't tell you where I'm going, it's a	
6. The summer is from March to Ju	•
7. They all me when I said I was a	
8. At first things went well, but we	
9. If you want to go by train, you can	the time of the next train in the timetable.
10. I was so by Cindy's singing that	
III. Complete the passage with the phrases and	d sentences given. 用所给的短语或句子完
成短文。	
A. go to the police or go away rapidly	
B. how should we deal with the situation	
C. can shout loud	
D. How to deal with a robbery?	
E. should learn to protect ourselves	
F. should take it seriously	
1	
Nowadays, some hoodlums(不良少年) wa	ant to get money from students who look weak.
We 2 . But 3 ?	

My mother once gave me two suggestions. First, we 4 when there are many people around us. The robber will become scared and run away. Second, if the road is quiet with nobody else around, just give him the money to avoid being injured, and then 5. No matter whether we'll meet a robbery, we 6.

延伸拓展

IV. Reading comprehension. 阅读理解。

China holds "no-car day" ahead of Olympics

China held a "no-car day"in 108 cities recently as it tried to clean up its smoggy skies. The task was really very important since the 2008 Summer Olympics is <u>around the corner</u>.

Beijing had been fortunate in having clear autumn skies in the last two weeks. But it forbad cars on some downtown streets while encouraging all drivers to leave their cars at home voluntarily (白愿地).

The Beijing Municipal (市的) Government said 108 cities across the country had taken part in the no-car day, encouraging people to get back on their bicycles for which Chinese cities used to be famous.

Beijing started on a four-day experiment in August to see if taking 1.3 million cars off streets would make less pollution.

Beijing is closing down the worst-polluting factories and changing thousands of homes from coal to gas use, but air quality remains the biggest worry for Olympic organizers.

The total number of Beijing's cars hit the 3 million mark in May and is increasing by more than 1,000 every day, jamming the roads and causing pollution to the air.

		2 . 3		
1.	How many cities in C	hina held a "no-ca	r day"?	
	A. 105 cities.	B. 106 cities.	C. 107 cities.	D. 108 cities
2.	Beijing Municipal Go	vernment wanted p	eople to	
	A. keep off the roads			
	B. leave their cars at	home and get back	on their bicycles	
	C. close down factorie	·s		
	D. do experiments at	home		
3.	How long did the exp	eriment last?		
	A. Four days.	B. Two weeks.	C. Three months.	D. A year.
4.	What problems do car	rs cause according	to the passage?	
	A. Cleaning up the sr	noggy skies.	B. Making less pollu	tion.
	C. Changing thousand	ls of homes from co	oal to gas use.	
	D. Jamming the roads	and causing pollu	tion to the air.	
5.	What does the underl	ined phrase "arour	nd the corner" mean in	the passage?
	A. Very far.	B. Very near.	C. Very difficult.	D. Very easy



Unit quiz



I . Choose the best answers. 选择最佳答案。				
1. —We had	a lot of fi	nding the book you	wanted.	
—Thank yo	ou very much indeed.	thought this book	was popular and easy to be fou	nd.
A. money	B. food	C. work	D. trouble	
2. Don't talk	so I can	't understand what	you're saying.	
A. slowly	B. fast	C. easily	D. clearly	
3. —Do you n	nind waiting for a mon	nent? I'm too busy t	to this problem no	w.
—I don't r	nind. I can wait.			
A. deal with	h B. angry w	rith C. break o	off D. forget about	
4	_ you work harder, yo		· ·	
A. Until	B. If	C. Unless	D. Because	
5. What	you to behave	like that? You didn	't use to be like that.	
A. made	B. influenc	eed C. had	D. decided	
6. The book se	eems to be	I'd better buy a	new one in the book store.	
A. written	B. read		D. found	
7. She doesn'	t feel lonely, because	she has formed a c	close with severa	l other
girls at scho				
A. friendshi	ip B. problen	C. friend	D. way	
8. She helps n	ne a lot, so l	her as my best	friend.	
A. look	B. think	C. feel	D. regard	
9. It's your _	to look af	ter your parents who	en they get older.	
A. group	B. time	C. duty	D. trouble	
10. The cinem	a was almost empty, s	o we	found a seat.	
A. differer			D. probably	
II . Cloze test. 完	!形填空。			
Reading	books is a good hobby	for all kinds of reas	sons.	
			nys keep yourself amused if yo	ou like
			bad. It is a relaxing hobby to	
	ome2 in a l			
-			a waiting-room, on a plane, in	bed—
			ng is a convenient hobby as it	
	and then start again.		· · · · · · · · · · · · · · · · · · ·	J

6 _ good reason for reading books is that it is _ __7_ __. If you read as a hobthat you will read faster and will beby, you will get better and better at it. This 8 come better at ___ 9___ what you read. As your reading improves, you will probably find your schoolwork becomes much ______ 10____ . Many school subjects depend on good reading and, as you read, you learn more and more. Some people say that reading is out of 11 . This is not true. You have to be able to read to use a computer and, the better you read, the better your computer skills will be. Reading is 12 out of date. 14 _ as well, and have more things to write about. Reading books is a wonderful other hobby could be more useful, or more enjoyable? 15 hobby, one of the best. C. mind D. rest 1. A. health B. fun D. hurt B. sick C. lost 2. A. tired D. where B. somewhere C. nowhere 3. A. anywhere D. book C. chair B. room 4. A. desk B. begin C. stop D. arrive 5. A. finish D. One C. Other 6. A. Some B. Another D. useful B. careful C. thankful 7. A. beautiful B. needs C. makes D. helps 8. A. means D. remembering B. smiling C. understanding 9. A. thinking B. happier C. heavier D. busier 10. A. easier C. reach D. date B. kindness 11. A. order C. hardly D. even 12. A. nearly B. almost 13. A. athletes B. writers C. teachers D. scientists B. listening C. speaking D. working 14. A. spelling D. When B. How C. Where 15. A. What

III. Reading comprehension. 阅读理解。

Α

Many people go to school for an education. They learn languages, history, politics, geography, mathematics, physics, chemistry, biology and so on. Others go to school to learn skills in order to make a living. School education is very important and useful. Yet, no one can learn everything from school. A teacher, no matter how much he knows can not teach his students everything they want to know. The teacher's job is to show his students how to learn. He teaches them how to read and how to think. So much more is to be learned outside by the students themselves.

It is always more important to know how to study by oneself than to remember some facts or a formula. It is actually quite easy to learn a certain fact in history or a formula in mathematics. But it is very difficult to use a formula in working out a math problem. Great





scientists before us didn't get everything from school. Their teachers only showed them the way.

But they were all so successful. Edison didn't even finish primary school. But he invented so many things for human beings. The reason for their success is that they knew how to study. They read books that were not taught at school. They would ask many questions as they read. They did thousands of experiments. They worked hard all their lives, wasting not a single moment. Most important, they knew how to use their brain.

***	and the conficulty of the control of the control of the conficulty of the control	and the state of t
1.	Which of the following is TRUE?	
	A. We can learn nothing from school.	B. We can't learn everything from school.
	C. We can learn everything from school.	D. Someone can learn anything from school.
2.	A teacher's job is to	
	A. teach his students everything he knows	B. answer all his students' questions
	C. show his students how to learn	D. ask his students many questions
3.	The reason for some great scientists' success	is that
	A. they remembered what their teachers had	taught them
	B. they knew how to study	
	C. they got everything from school	
	D. they didn't finish their primary school	
4.	What does the underlined word mean in Chin	nese?
	A. 解释 B. 陈述	C. 实验 D. 工作
5.	The writer must think is the key	y to success.
	A. learning what to learn	B. learning where to learn
	C. knowing how to learn	D. knowing why to learn
	В	

In the US today, books with suggestions on how to do things are very popular. There are about four or five thousand books with titles that begin with the words "How to". One book may tell you how to make money, another may tell you how to save or spend it, and another may explain how to give your money away.

Some "How to" books tell you how to choose a job and how to succeed in it. If you fail, however, you can get a book called *How to Turn Failure into Success*. If you would like to become very rich, you can buy the book *How to Make a Millionaire*. If you never make any money at all, you may need a book called *How to Live on Nothing*. One of the most popular kinds is one that helps people with personal problems. If you are unhappy with your life, you can read *How to Love Every Minute of Your Life*. If you are tired of books on happiness, you may prefer a book called *How to Get Yourself into Trouble*. There is even a book about how to take your own life.

1. In the text, the writer is trying to	
A. explain some social problems to us	B. express his personal opinior



	C. tell an objective reality (客观现实)	D. put an advertisement
2.	"How to" books are in great need in the ${\sf U}$	S because
	A. they make you sad	B. they help people get more money
	C. the writers are famous people	D. they meet the needs of different readers
3.	The text seems to say if someone in America	ca can't make any money, he
	A. can still live	B. may ask his friends for help
	C. can't live for even a day	D. will get help from people
4.	We can say that	
	A. books published in America are well re	ceived
	B. not all these books are good for people	
	C. none of these books are good for people	•
	D. these books are helpful when people do	as the books tell
5.	A good title for the text is	
	A. Books helpful to people	B. American books
	C. "How to" books in the US	D. "How to" books, a true friend
8070		

Ⅳ. Writing.书面表达。

Here is a composition about the ways of study. After reading it, please write a composition about "How do I travel by myself?"阅读下列关于如何学习的短文,模仿它写一篇关于如何独自旅行的作文。

How do I study?

I know it's really not easy to learn all the subjects so well, but I have some ideas that may help. First, I try to make a study plan. I learn to study by developing good habits. At school, when I have a problem, I try to solve it myself. If I can't solve it, I will discuss it with my classmates or ask my teachers. After school, I try to review my lesson by reading my textbook effectively. Then I will do some exercises to broaden my mind. On holidays, I try to improve my knowledge by surfing the Internet or doing library research. If I do like that, I believe I can learn all the subjects well.

How do I travel by myself?

I know it's really not hard to travel by oneself, but I have some ideas that may help
I begin my first step by Second, I prepare it by I will buy
that I may need in the open air. Now I get ready to Third, I shall wear
and when I go out by myself. Remember not to wear
or Maybe there is something dangerous on the way. Be careful:
should be first.





Unit 2 I used to be afraid of the dark.

Section A

基础训练

I . Complete the sentences according to the Chinese	.根据所给中文完成句子。			
1. I (过去常常) be afraid of dogs, but now I like them.				
2you(对感兴趣) history?				
3. I'm(害怕) being alone in the house.				
4. I got into bed and soon(入睡).				
5. I can smell gas. Is the oven(开着)?				
6. The children here are quite(友好) wit	th one another.			
7. I don't like being(独自) in the house				
8. —You used to(戴) glasses.				
—You have a great memory. Now I wear contact let	nses!			
II . Match the halves. 句意配对。				
A	В			
1. Did they use to play football?	A. did she?			
2. I used to be a waiter,	B. didn't there?			
3. Did you use to take long walks in the country?	C. No, they didn't. They used to play			
	basketball.			
4. There used to be some trees in this field,	D. but now a taxi-driver.			
5. She didn't use to do it,	E. Yes, I did.			
III. Complete the passage with the sentences given.	用所给句子完成短文。			
A. I used to be a reporter of an evening paper in Ca.	iro.			
B. 1 decided to begin my new job as a beggar.				
C. In the end, I was able to buy a house in the coun	try, and later I was able to marry.			
D. I used to be an actor.				
E. All my adventures started.				
One day I was asked to write a few art	ticles about beggars (乞丐). 2			
So I dressed like a beggar3 Of course, I wa				
the necessary preparations, I appeared in one of the b				
surprised to find that I had received more than 140 do				
Well, you can imagine how difficult it was to w				
week, when I knew that I could make nearly as much as that in a single day!4				
All day and every day, the money poured into my c				
dollars in a day.	The state of the s			

5 ____ Nobody had any idea where my money really came from. My dear wife only knew that I did business in Cairo: that was all.

IV. Cloze test. 完形填空。

通读下列短文,掌握	屋其大意,然后在	各题所给的。	A,B,C,D	四个选项中选出	日一个最佳
答案。					

通读下列短文,掌握其	大意,然后在各题所给	的A、B、C、D四个	选项中选出一个最佳	
答案。				
Are you popular? De	o all the students and tea	chers in your school	like you and1_	
your name? For some of	you that may be2	2 3	students are just more	
popular. They have a s			attractive and lovely to	
almost everyone.				
We have a5_	$_{\perp}$ for that in English: ϵ	·harisma (个人魅力)	6 who have	
charisma, this strong po	wer to be attractive and	lovely, are born w	ith it. You can't learn	
charisma. But to be suc	cessful in life you	7 more than j	ust charisma, you need	
more than just popularity	7. To be successful in life	you have to be	8to others. You	
	and hard-working person			
to be and they are things				
	wish that we were	the most popular stu	dent. We may wish that	
	us and that everyone kn			
-	13 Being pop			
isn't a popularity contest. Honesty and hard work will be the15to your success.				
1. A. find	B. know	C. see	D. tell	
2. A. true	B. fear	C. easy	D. scary	
3. A. Any	B. All	C. No	D. Some	
4. A. her	B. him	C. them	D. us	
5. A. word	B. phrase	C. sentence	D. passage	
6. A. Women	B. People	C. Workers	D. Clarks	
7. A. take	B. play	C. put	D. need	
8. A. lonely	B. lovely	C. friendly	D. lively	
9. A. fat	B. fun	C. honest	D. nice	
10. A. try	B. make	C. feel	D. stop	
11. A. can	B. must	C. should	D. may	
12. A. missed	B. spoke	C. liked	D. hated	
13. A. with	B. about	C. in	D. to	
14. A. or	B. until	C. and	D. but	
15. A. keys	B. stones	C. times	D. things	
. Complete the following	sentences to describe	people. 完成句子。	0	
1. My father used to be	: :	5. My sister used t	o play	
2. My mother used to wa	int	6. My brother used	I to be	
3. My grandfather used to wear . 7. My partner used to think .				
4. My grandmother used to have hair. 8. My music teacher used to have			er used to have	

V



Section B



I . Match the words	with their definitions	s. 词义配对。		
A		В		
1. insect	A. use your to	A. use your teeth to make food soft		
2. chew	B. funny			
3. chat	C. sweets or o	C. sweets or chocolate		
4. daily	D. talk in a fi	riendly way		
5. comic	E. a very sma	ıll animal that has 6 legs		
6. candy	F. that happe.	F. that happens or comes every day or once a day		
7. gum	G. music play	ved for a lot of people		
8. concert	H. a small ani	imal with eight legs, which catches and eats insects		
9. spider	I. become diff	I. become different		
10. change		that you can chew for a long time		
		ones now. 句意配对。		
In the p		Now		
1. We used to spe		A. Now she doesn't worry about it.		
chatting on the				
	to like music class,	B. Yes, I did. I used to read comics all the time.		
did you?				
	te speaking in front	C. But recently we have to study for a test.		
of a group.				
	4. Steve used to be on the swim team. D. No, I didn't. But now it's my favorite class.			
5. Did you use to	read books?	E. These days he plays tennis a lot. He doesn't		
***	SI	swim any more.		
III. Fill in each gap v	vith the word and ph	ırase given. 用所给单词和短语填空。 		
all the time,	stay, hates, pass, p	problem, spends, miss, hardly, any more, ever		
1. She spoke so q	uietly that I could	hear her.		
2. I used to chat on the phone , but these days, I prefer chatting on MSN.				
3. —Would you like some more fruit?				
—No, thanks. I'm full. I couldn't possibly eat				
4. There is a with my telephone—it doesn't work.				
5. I'm afraid I can't any longer; I must leave now.				
6. If you visit Hangzhou, you must go boating on the West Lake.				
7. I will you when you go to Canada.				
8. She anyone listening when she's telephoning.				
9. Louise likes beautiful clothes, and she a lot of money on clothes.				
10. —Did you	_ your drivin	g test?		

-Yeah, and I've got a driving-licence.