

北极星英语系列教程 NORTHSTAR



新 TOEFL 考试

技能培训教程



(中高级)

High Intermediate

Building Skills for the TOEFL iBT

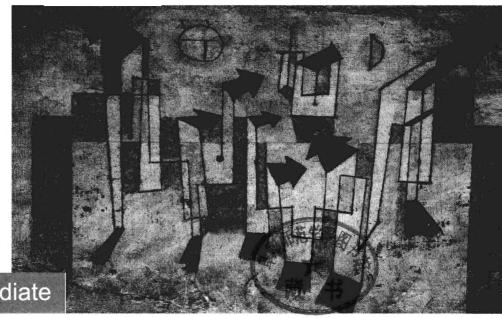
Helen S. Solórzano 著 朱新华 译





Longman

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清华大学出版社 北京

内容简介

本书由美国培生教育集团联合新 TOEFL 考试的出题方——美国教育考试服务中心(ETS)共同精心打造而成。在原版引进该书后,我们为书中的部分内容提供了中文译文,从而帮助中国学生更好地理解书中内容,掌握新 TOEFL 考试要点,并切实提高实际英语运用能力。

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Welcome to NORTHSTAR

Building Skills for the TOEFL® iBT

In Cooperation with ETS®

Pearson Longman and ETS combine their expertise in language learning and test development to create an innovative approach to developing the skills assessed in the new TOEFL Internet-based test (iBT). NorthStar Building Skills for the TOEFL iBT, a new three-level series, links learning and assessment with a skill-building curriculum that incorporates authentic test material from the makers of the TOEFL iBT.

Each book in the series has 10 thematic units that are organized like the TOEFL iBT into listening, reading, speaking and writing sections. Each unit includes focused integrated skill practice to develop critical thinking and communicative competence. Authentic TOEFL iBT practice sets developed by ETS offer practice and further assessment.

Purpose

The TOEFL test has changed, so preparation for it must change, too. NorthStar: Building Skills for the TOEFL iBT takes a new approach—an instructional approach—to test preparation. In this approach, students develop academic skills in English, while building test-taking confidence.

The TOEFL iBT requires students to show their ability to use English in a variety of campus and academic situations such as listening to lectures on unfamiliar topics, orally paraphrasing and integrating information that they have just read and listened to, and writing a well-organized essay with detailed examples, correct grammar, and varied vocabulary. The speaking and writing tasks require clear and confident expression. With these books, students move progressively, sharpening language skills and test-taking abilities.

The three *Building Skills* texts are intended as stepping stones from classroom instruction in English to TOEFL and academic readiness. In language instruction, students will benefit most from an integrated-skills, content-based curriculum, with a focus on critical thinking. In instructional test preparation with these books, students will encounter the same content-rich material, tasks, and question types that appear on the test. Using these books in the classroom will improve students' communicative skills, keep their interest, sharpen awareness of their skills, and build their confidence.

欢迎使用《北极星新西

新 TOEFL 考试技能培训教程》

同美国教育考试服务中心(ETS)合作出版

培生朗文教育集团和美国教育考试服务中心 (ETS) 在语言学习和试题开发上融各家所长、通力合作,创立了一种具有革新性的技能培训方法。这些技能正是以基于网络的新 TOEFL 考试所测试的内容。《北极星新 TOEFL 考试技能培训教程》是一个包括 3 个水平层次的系列丛书,将英语学习和考试技能培训联系起来。该丛书包括了新 TOEFL 考试出题方所使用的全真测试材料。

本系列教程中的每一本书均参照新 TOEFL 考试题型,安排有 10 个涵盖听、说、读、写 4 个部分的主题单元。与此同时,每个单元还包含了综合技能练习以开发学生的批判性思维能力和交际能力。此外,由美国教育考试服务中心(ETS)所开发的全真新 TOEFL 考试套题也为学生提供了更多的练习和进一步评估的方式。

目的

由于 TOEFL 考试的改革,考生备考也要进行变革。《北极星新 TOEFL 考试技能培训教程》采用了一种新的方法,即指导性方法来帮助学生准备考试。使用这种方法,学生既能全面提高英语水平,同时也能树立对考试的自信心。

新 TOEFL 考试要求考生展示在不同的校园及学术场合下运用英语的能力。譬如,考生在听到其不熟悉题目的讲座之后,口头展开并整合所读及所听到的信息,并写出语法正确、结构严谨、展开充分、用词多样的英文文章。口语和写作的任务要求考生表达清晰且充满自信。通过学习本教程,学生可以循序渐进地增强语言及考试能力。

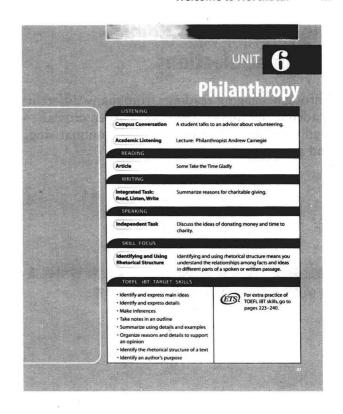
这 3 个级别技能培训用书是从课堂英语学习向备考 TOEFL 进行过渡的垫脚石。在语言学习方面,由于该教程综合了各种英语技能,集中培养学生批判性思维能力,所以学生将从中获益匪浅。在备考方面,学生将接触到内容同样丰富的素材、练习题和真正考试所涉及的提问形式。课堂中使用这些书将有助于提高学生的交际能力,保持英语学习的兴趣,增强对这些能力的认识,并建立学生的自信心。

Extensive Support to Build the Skills Assessed on the TOEFL iBT

The Building Skills books strengthen English language skills while they familiarize students with the type of content, questions and tasks on the TOEFL iBT. Practice and mastery of these skills can help learners build confidence to communicate successfully in an academic environment.

为新 TOEFL 考试技能培训提供 广泛的支持

"新 TOEFL 考试技能培训系列丛书"能够加强学生的英语语言能力,同时也能使学生熟悉新 TOE-FL 考试的内容形式、问题和任务。练习和掌握这些技能能够帮助学生建立自信心,以便在学术场合下成功地用英语进行交流。



High-Interest Listening Selections

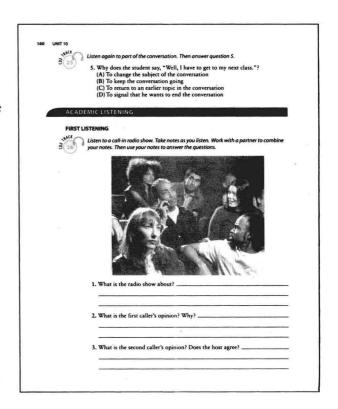
Campus conversations introduce students to practical vocabulary, conversations, and situations encountered in everyday life in a college or university.

Academic listenings present lectures, reports, and interviews, helping students understand a wide variety of styles and topics.

听力选文趣味性强

校园对话使学生接触到实用的词汇、对话,以及 北美大学或学院的日常场景。

学术听力为学生展示了讲座、报告和面试文体形式,帮助学生理解广泛的文体形式和主题。



High-Interest Academic Reading Selections

Through engaging readings from many different academic disciplines, students sharpen critical reading skills such as categorizing, summarizing, and analyzing.

学术阅读选文趣味性强

通过阅读大量不同学科的选文, 学生能够增强重 要的阅读技能,如分类、总结和分析等。

2 Reading

Read the title of the article. Then read the first and last sentences of each paragraph

What is the main idea of the article?

Read the article and answer the questions. Then, work with a partner and compare you answers. When you disagree, go back to the text to find helpful information.

Norman Cousins's **Laugh Therapy**

In the summer of 1964, well-known writer and editor Norman Cousins became very ill. His body ached and he felt constantly iried. It was difficult for him to even move around. He consulted his physician, who did many tests. Eventually he was diagnosed as having anklylosing spondylitis, a very serious and destructive form of arthritis. His doctor told him that he would become immobilized and eventually die from the disease. He was told he had only a 1 in 500 chance of survival.

2 Despite the diagnosis, Cousins was determined to overcome the disease and survive. He had always been interested in medicine and had read the book The Stress of Life (1956) by Hans Selye, an organic chemist, which discussed how body chemistry and health can be damaged by emotional stress and negative attitudes. This made Cousins think about the possible benefits of positive attitudes and emotions. He



Extensive Note-taking Practice

Students practice structured and semi-structured note-taking. These kinds of activities not only enhance comprehension of both listening and reading selections but, they also teach students how to organize information for speaking and writing responses.

大量的作笔记练习

学生练习结构性的或是半结构性的记笔记方法, 这些练习不但能够增强学生对阅读和听力选文的 理解,而且还可以教会学生如何针对口语和写作 要求组织信息。

- 5. What does the professor say about finding work after college?

- (A) A student needs to have the skills employers want.

 (B) A student's major is the most important factor.

 (C) Employers don't pay attention to a student's grades in school.

 (D) Employers want to hire students grades in school.
- 6. What does the professor suggest the student do about her problem? Check TWO answer choices.

 (A) _____ Ask her parents to come and talk to the professor
- (B) Drop her business and accounting classes
 (C) Find a way to combine film and business
 (D) Stop taking film classes and major in accounting
- Talk to her parents and reach a compromise

ACADEMIC LISTENING

FIRST LISTENING



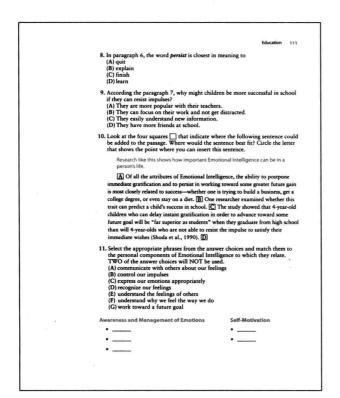
Listen to a lecture from an education class about home schooling (teaching children at home instead of sending them to school). Take notes using the question and the chart to help you. Work with a partner to combine your notes.

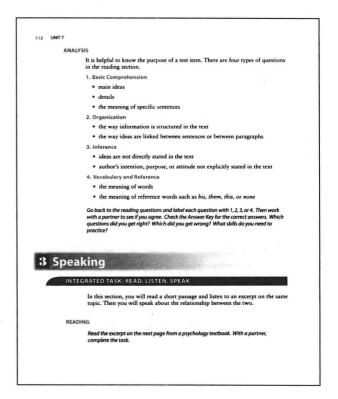


What issue in home schooling does the class discuss?

New TOEFL-Type Items and Item Analysis

Extensive TOEFL-type practice items familiarize students with the kinds of questions and tasks they will encounter in the TOEFL iBT. Analysis activities help them understand the purpose of each item.





完善的新 TOEFL 题型和题型分析

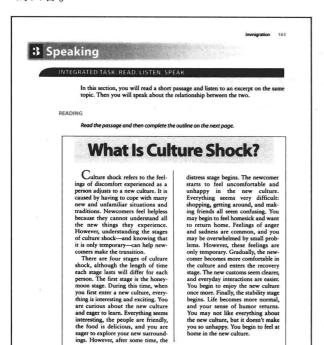
大量的新 TOEFL 试题练习使学生熟悉新 TOEFL 考试中的各种问题和任务。题型分析则帮助学生理解每种题型的出题目的。

Guided Practice in Integrated and Independent Tasks

Integrated tasks require students to synthesize information from two sources and then speak or write a response. Students practice critical thinking, as well as note-taking and other practical steps for producing a quality response.

针对大量综合任务和独立任务的 指导性练习

综合任务要求学生整合两种来源的信息,然后进 行口头或书面回答。通过培养学生的判断力、记 笔记和其他实际的技能以使他们能够做出高质量 的回答。



Independent tasks help students build the skills they need to express and support opinions.

独立任务帮助学生建立表达论点和支持论点的技能。

164 UNIT 9	
	Definition of Culture Shock:
	Stage 1:
	Feelings:
	Stage 2:
	Feelings:
	Stage 3:
	Feelings:
	Stage 4:
	Feelings:
LISTEN	ling
9 (22)	Listen to the excerpt from Lucy by Jamaica Kincaid. Use the questions to take notes as you listen.
	1. How does Lucy feel?
	2. What does she miss from home?
SPEAK	IING
	Work with a partner to create a role play. Follow the steps below to prepare.
	One partner plays Lucy and the other partner plays Lucy's friend. Lucy explain her feelings of culture shock, using examples from the listening. Lucy's friend explains how her feelings are an example of culture shock.
	Step 1
	With your partner, skim the reading and your notes from the reading and listening tasks (pages 148–149). Fill in an outline for your speaking task:
	1. How does Lucy feel? Explain using examples.
EN	NOTION EXAMPLES

	Immigration 165
25	
	2. What stage of culture shock is she experiencing?
	Define the stage.
	3. Give examples from Lucy's experience.
	Step 2
	Take turns practicing a two-minute role play between Lucy and her friend. Use the information in your outline to help you.
	Step 3
	Work with another pair. Take turns performing your two-minute role play.
	more man amounts pain rake turns performing your two-minute role play.
No. or other lands	To evaluate your partner's response, use the Speaking Evaluation Form on page 174.
and the last	
HESS LINE	To evaluate your partner's response, use the Speaking Evaluation Form on page 174. Ing DEPENDENT TASK Write on the following topic. Follow the steps below to prepare. Do you agree or disagree with the following statement? "Immigrants should try to become part of the culture in their new home, and not hold onto the traditions of their home culture." Step 1 Outline your response. First write down your opinion in response to the prompt.
HESS LINE	To evaluate your partner's response, use the Speaking Evaluation Form on page 174. Sing DEPENDENT TASK Write on the following topic. Follow the steps below to prepare. Do you agree or disagree with the following statement? "Immigrants should try to become part of the culture in their new home, and not hold onto the traditions of their home culture." Step 1
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Essential Academic Skills for TOFFL iBT Success

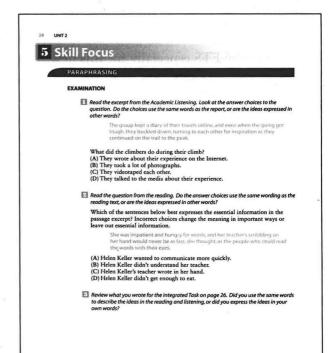
The Skill Focus section in each book raises students' awareness of a key academic language skill. At each level of the series, students deepen and broaden mastery of these ten essential skills:

- Skimming and Scanning
- Identifying and Using Main Ideas and Details
- Making Inferences
- Identifying and Using Rhetorical Structure
- Using Context Clues
- Paraphrasing
- Summarizing
- Using Detailed Examples
- Comparing and Contrasting
- Identifying and Using Cohesive Devices

为顺利通过新 TOEFL 考试提供 最核心的学术技能

每本书的技能聚焦部分能够提高学生对关键学术 语言技能的意识。在系列丛书的每一个级别,学 生都能够加深或扩大对以下 10 种技能的掌握。

- 跳读和杳读
- 识别和运用文章大意及细节
- 推论
- 识别和运用修辞结构
- 运用上下文线索
- 措辞变换
- 篇章总结
- 运用细节性的例子
- 对比和对照
- 识别和运用衔接手段



To do well on the TOEFL, it is essential to learn how to read, write, and speak paraphrased information. When you are reading, you have to recognize when phrases and sentences have the same meaning as another phrase or sentence. When you are writing or speaking, you need to restate ideas from another source in your own words, without changing the

An effective paraphrase:

- · contains the same information as the original statement
- · is expressed in different words.
- · may leave out less important details.

Recognizing paraphrased information

When you are answering multiple-choice questions about the main idea or details of a text, you can often get the correct answer by choosing the best paraphrase of the information in the text.

When you write or speak about ideas in a text, you need to paraphrase the

Inverse you neared or read.

In writing, if you don't paraphrase, you must use quotation marks to show that you are quoting the same language as the original text.

Otherwise, you may be committing plagiarism—taking words from someone else's work and pretending they are your own—an act that is prohibited in colleges and universities.

The law protects people with disabilities from employment

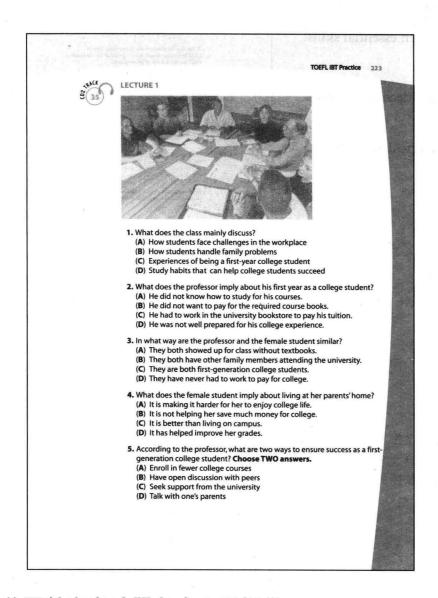
"The law protects people with disabilities from employment discrimination."

Paraphrase: The ADA stops employers from discriminating against disabled people.

In the Examination exercise, you noticed that the answer for the first item is (A) because it conveys the same meaning as the sentences in the listening excerpt. In the second item, the answer is (A) because it is the better testatement of the essential information in the reading passage excerpt.

ETS Practice Section

Developed by ETS especially for this new series, TOEFL iBT tasks offer authentic practice and further assessment.



由美国教育考试服务中心所提供的练习部分

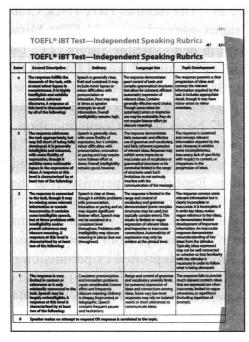
这一部分专门由美国教育考试服务中心所提供, 为考生提供了真实的练习和进一步的评估的依据。

Measuring Skills

To develop fluency and accuracy in English, students need practice and feedback. Students can complete Writing and Speaking Evaluation Forms to assess each other's written and spoken responses.

技能测评

学生需要通过练习和反馈的方式来加强英语的流利度与准确性。通过填写"写作与口语评估表",学生之间可以评估彼此写作与口语练习的答案。

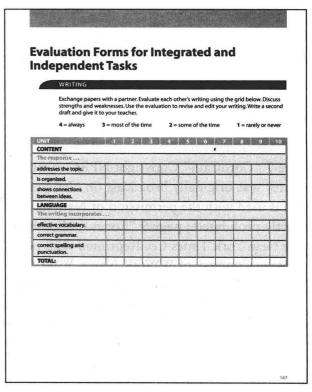


Teachers' Manuals

Teachers' Manuals for each level provide unit-byunit suggestions as well as evaluation tools to track students' progress. The Teachers' Manuals also include actual student responses to speaking and writing tasks at all score levels. Provided by ETS, these authentic samples enable teachers to assess proficiency.

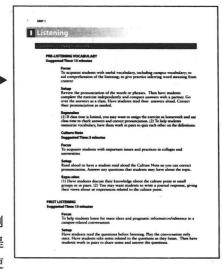
教师用书

每个级别的教师用书提供对各章节的教学建议,以及测评学生进步程度的方法。教师用书还包括了由 ETS 提供的口语与写作题的判分实例。这些权威的例子可以使教师在评判过程中更精确。



Teachers can use the authentic TOEFL iBT
Scoring Rubrics developed by ETS to assess student responses to Integrated and Independent Tasks.

教师可以使用由 ETS 开发的"新 TOEFL 考试评 分细则"来评估学生关于综合任务与独立任务 的答案。



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