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大学英语考试能力

◎ 张 雄 主编

突 破

词汇记忆与练习

(四级)

高等教育出版社

大学英语考试能力突破—— 词汇记忆与练习(四级)

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内容提要

本书以教育部最新修订的《大学英语教学大纲》(词汇表)为依据,根据英语词汇的使用频率,从英语语言和社会文化的视角出发,从英语常用的10 000个词中精选出2 000个四级重点词编写而成。全书共分38个单元,每个词条都编排有同义词、反义词、词组、相关词和例句,其目的是:通过对这些项目的学习,使学生真正地学习、了解和掌握词的用法,在使用中学习词汇。

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前 言

四级考试中听力、阅读、翻译以及写作等技能的提高都首先以词汇学习为基础。词与词组是构成句子表达与传递信息的基本单位。学习词汇必须采用有效的策略,才能提高学习效率。本书以教育部最新修订的《大学英语教学大纲(词汇表)》为依据,参照大量的相关资料,根据英语词汇的使用频率,从英语语言和社会文化的视角出发,从英语常用的 10 000 个词中精选出 2 000 个四级重点词编写而成,注重词义的覆盖面和实用性。

本书特点如下:

1. 以大学英语教学大纲为基础,按使用频率为标准,共 38 单元,以 30 个词组成一个单元,便于学生学习和记忆。
2. 编排有同义词或词组,反义词或词组、词组与搭配、相关词和例句等内容。其目的是通过对这些项目的学习,使学生真正地学习、了解和掌握词的用法,在使用中学习词汇。我们设定每一个重点词的组群,如“词组”和“例句”,向学习者提供较广范的、辐射性广的词汇使用范例。从而让学生了解到,每一个词的学习都不是孤立的,而是要全面了解词的概念意义和语境意义。
3. 词汇练习分两部分。第一部分练习的目的是掌握词的用法,强调词的搭配,提供词的使用语境;第二部分是实际练习,强调词的辨别、词汇的实际应用、句子结构和表达方式,培养英语语言的实际应用及表达能力。

由于编者水平有限,不足之处在所难免,恳请读者及专家提出宝贵的修改意见,使本书趋于完善。

编 者

2003 年 3 月



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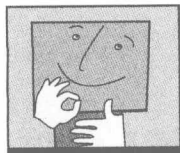


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Unit 1



Section 1

abandon /ə'bændən/ *vt.* 丢弃;离弃;抛弃;遗弃

【同 义】discard, give up

【词 组】abandon an attempt / a notion 放弃一次尝试/放弃某种观点

abandon oneself to 陷入,沉湎于

【例 句】The vehicle was found abandoned near the village. 人们发现那车被扔在村子附近。

The lost child abandoned himself to grief. 迷路的孩子陷入了悲伤之中。

absence /'æbsəns/ *n.* 缺席;缺乏;不存在

【反 义】presence

【词 组】absence of mind 心不在焉,神不守舍

in the absence of 在(人)不在时;在(物)缺乏时

absence from school 缺课

【相关词】absent *adj.* 缺席的;茫然的

【例 句】Absence increased as a result of the snow. 由于下雪,缺课的人更多了。

In the absence of anybody more experienced, I took command.

在找不到其他更有经验的人的情况下,只好由我来指挥。

absorb /əb'sɔ:b/ *v.* 吸收;使全神贯注;把...并入

【同 义】take in, merge, incorporate

【词 组】be absorbed in

【相关词】absorbed *adj.* 全神贯注的

absorbing *adj.* 极有趣的,吸引人的(与 interesting 同义)

【例 句】That boy was absorbed in the story book. 那个男孩被故事书所吸引。

These topics may be of absorbing interest to almost anyone.

对任何人来说,这些题目都是极其有趣的。

abstract /'æbstrækt/ *adj.* 抽象的 *n.* 摘要,梗概 *vt.* 摘要;提炼

【反 义】concrete

【词 组】make an abstract of 做...的摘要

in the abstract 抽象地;在理论上

【例 句】We may talk of beautiful things, but beauty itself is abstract.

我们会谈论美的事物,但是美本身却是抽象的。

He has some abstract notion of wanting to change the world.

他有一种要改变这个世界的空想。

abundant /ə'bʌndənt/ *adj.* 大量的;充足的;丰富的

【同 义】plentiful, ample

【反 义】scarce

【词 组】be abundant in

【例 句】Dalian is abundant in marine products. 大连海产丰富。

We have an abundant supply of vegetables almost every day.

我们的蔬菜供应几乎每天都很充足。

amount /ə'maʊnt/ *n.* 数量;数额;总数 *v.* 总计;合计;等同

【词 组】amount to 总计;等同于

in large / small amounts 大/少量地

【例 句】His words amounted to a refusal. 他的话等于拒绝。

His debts amount to over \$ 1,500. 他欠债总数达1 500 美元。

avoid /ə'vɔɪd/ *vt.* 避免,回避;逃脱,躲避

【同 义】escape

【词 组】avoid sb. 's company 避免和某人来往

avoid answering the question 避而不回答问题

avoid being recognized 避免被认出来

avoid sb. /sth. like the plague 尽力避开某人、某物

【相关词】avoidable *adj.* 可避免的

unavoidable *adj.* 不可避免的

【例 句】A healthy diet will help you avoid heart disease. 健康的饮食有助于防止患心脏病。

He left the room to avoid having to speak to her. 他离开了房间,以避免跟她说话。

bear /beə/ *v.* 负担, 负荷;容忍,忍受;生育(孩子);结(果实) *n.* 熊;(证券交易中)卖空者,(对股市、行情)看跌的人;笨拙的人

【词 组】bear down 竭尽全力;(on)压倒,击败

bear on / upon 对...有影响,和...有关

bear out 证实

bear up 振作起来,坚韧不拔

bear with 忍受

bear / keep sth. in mind 牢记在心

【相关词】bearable *adj.* 可忍受的

unbearable *adj.* 不可忍受的

【例 句】The president had to bear the blame. 总统不得不负其咎。



If you just bear with me for a few minutes, I will explain everything.

如果你能耐心地等几分钟,我会解释一切的。

His story was borne out by several witnesses. 几个证人都证实了他的陈述。

beast /bi:st/ *n.* 野兽,牲畜;粗野凶残的人

【同 义】brute

【例 句】Her husband was a real beast. 她丈夫是个地地道道的禽兽。

beat /bi:t/ *n.* (心脏等的)跳动(声);(音乐的)拍子,节拍 *vt.* (接连地)打,击;打败,战胜,胜过

【同 义】defeat

【词 组】beat down (太阳)暴晒;打倒,平息

beat up 痛打

beat sb./sth. off 击退,逐走

beat sb. to sth. 抢先一步;捷足先登

【例 句】Alice is hoping to beat the world 1,000 meter record. 艾丽丝希望打破1 000米世界纪录。

The boys robbed the old man and then beat him up.

男孩们抢了那个老人的东西,还把他揍了一顿。

charge /tʃɑ:dʒ/ *n.* 价钱,费用;管理,掌握;控告,指责;充电 *vt.* 索(价);控告,指责;使充电,使充满

vi. 收费,要价;向前冲

【词 组】charge sb. with 指控某人有…罪

in charge of 管理;负责

in the charge of 在…主管之下

take charge of 负责;看管

under the charge of 在…看管(负责)之下

bring a charge against 控告

free of charge 免费

【例 句】He was charged with stealing the jewels. 他被控偷窃珠宝。

Delivery is free of charge. 送货服务是免费的。

choose /tʃu:z/ *vt.* (chose /tʃəʊz/, chosen /tʃəʊzn/) 选择,挑选;情愿,宁愿;决定

【同 义】pick out; decide on; single out; select

【词 组】at choice 可随意选择

make choice of 选定…

take one's choice 选择

【相关词】choice *n.* 选择,选择权;供选择的东西,被选中的东西(或人)

【例 句】There are ten to choose from. 有10个供选择。

I had to choose between staying with my parents and going abroad.

是和我的父母在一起,还是出国,我必须选择其一。

✓ **dare** /deə/ *vt.* 敢,敢做;(用于疑问、否定句)敢,竟敢

【词 组】I dare say ... (作插入语)我想,大概,可能

dare sb. to do sth. (挑战用语)估计某人不敢(或没有能力)做某事



【例 句】If you dare tell anyone about this, I will never speak to you again.

如果你敢向别人谈到此事,我就不会再跟你说话。

I dare you to say that again. 我谅你也不敢再这么说。

decide /dɪ'saɪd/ *vt.* 决定, 对...作出判断;裁决,解决;使下决心 *vi.* 决定

【词 组】decide on / upon 决定;选定

【相关词】decision *n.* 决定;决心;决议;结果;果断;坚定

decisive *adj.* 果断的,决断的;决定性的

【例 句】You'll have to be more decisive if you want to do well in business.

如果你想在事业上取得成就,就必须更果断。

The committee expects to come to / reach / make a decision soon.

委员会预期很快会做出决定。

✓ **delight** /dɪ'laɪt/ *v.* 使高兴;使愉快 *n.* 快乐;乐趣

【词 组】delight in 以...为乐;非常喜欢某事

be delighted in sth. / to do sth. 乐意做某事

be delighted with sth. 对...感到高兴

take delight in sth. 以某事为乐

【相关词】delighted *adj.* 高兴的;愉快的;快乐的

delightful *adj.* 令人高兴的;使人快乐的;可爱的

【例 句】He delighted them with his witty performance. 他妙趣横生的表演使他们很开心。

She delights in making me look stupid. 她以让我出丑为乐。

desire /dɪ'zaɪə/ *v.* 渴望;欲望 *n.* 愿望;心愿;欲望

【词 组】attain / fulfil one's desire 实现愿望

leave a lot to be desired 令人很不满意

desire for success 成功的欲望

【相关词】desirable *adj.* 值得拥有的;称心的

【例 句】The standard of cooking here leaves a lot to be desired.

这里的烹调水平还有许多有待提高的地方。

We must take into account the desires of our members.

我们必须对我们会员的要求加以考虑。

destroy /dɪ'strɔɪ/ *v.* 摧毁;毁灭;杀死;消灭

【同 义】break down; knock down; wipe out; put an end to

【相关词】destruction *n.* 破坏;毁灭;消灭

destructive *adj.* 破坏性的;毁灭性的

【词 组】bring destruction to 使...造成破坏

【例 句】The fire destroyed most of the building. 大火几乎把那座建筑物烧毁了。

All hopes of peaceful settlement were destroyed by his speech.

他的讲话使和平解决问题的一切希望都化为了泡影。

effect /ɪ'fekt/ *n.* 效果,影响



【词 组】have an effect on 对...产生影响

go into / come into / take effect 开始实行,生效

put / bring into effect 实施;奏效

in effect 在实施中;有效;实际上

【例 句】The rules will remain in effect until October. 这些规则到十月份为止仍然有效。

His efforts to improve the school have been very effective.

他对改进学校工作所做的努力很有成效。

efficient /ɪ'fɪʃənt/ *adj.* 效率高的;有能力的 *n.* efficiency

【词 组】be efficient in 在...方面效率很高

cut down / improve efficiency 降低/提高效率

work at peak efficiency 以最高效率工作

【例 句】That efficient worker gets all her work done in less time than anyone else.

那个能干的女工做全部工作所花的时间比别人都少。

Our efficient new machines are efficient and much cheaper to run.

我们这些新机器效率高且用起来省钱多了。

expect /ɪks'pekt/ *vt.* 预计,预料;等待,期待,盼望;要求,认为...必要

【同 义】anticipate, await, wait for

【词 组】expect much of / from sb. 对某人寄予很大希望

come up to / live up to / meet expectations 不负众望

be beyond one's / exceed / surpass expectations 超出预料

fall short of expectations 辜负期望

have great expectations for (sb.) 对(某人)给予很大希望

succeed beyond all expectations 大出所料地获得成功

against / contrary to all expectations 与所预料的相反

【相关词】expectation *n.* 期待,预料;指望,展望;[数]期望(值)

【例 句】I expect she will do well. 我预料她会做得很好。

We fully expected it to be a complete disaster. 我们完全预料到这会搞得一塌糊涂。

✓ **express** /ɪks'pres/ *v.* 表达,表露;陈述 *adj.* 明确的,明白表示的

【词 组】express oneself 表达自己的感情(思想)

【相关词】expression *n.* 表示;措辞

【例 句】I can't express how grateful I am. 我无法表达我的感激之情。

He expresses himself well in English. 他能用英语清楚地表达自己的意思。

extend /ɪk'stend/ *v.* 延长;延伸;扩展;给予 *n.* 延伸,扩展;增加的部分

【词 组】extend credit to customers 允许顾客赊欠

extend aid to the needy 向穷人提供帮助

an extension to one's holiday 假期的延长部分

build an extension to a house 扩建房屋

extensive knowledge / repairs / damage 广博的知识/大修/巨大破坏



【相关词】*extensive* *adj.* 广泛的

【例句】The government decided to extend the railway to the next town.

政府决定把铁路延伸到了下一个城镇。

The bank refused to extend more credit to that firm.

银行拒绝向那家公司提供更多的信用贷款。

feed /fi:d/ *v.* (*fed* /fed/, *fed*) 喂(养), 饲(养); 为...提供食物; 供给或输入 *vi.* (*on*) 以...为食

【同义】*raise*, *provide*, *supply* ... *with*

【词组】*feed on* 以...为食

feed ... *with* / *on* 用...喂

feed ... *with* *sth.* 向...提供

be fed up with 对...极其厌倦

【例句】He doesn't even earn enough to feed his family. 他所赚的钱甚至不足以养家糊口。

The information is fed into the computer before the design work begins.

在设计工作开始之前, 资料被输入电脑。

grace /greɪs/ *n.* 优美, 优雅; 体面; 恩惠

【词组】*dance with grace* 舞姿优雅

have the grace to do sth. 有雅量地做某事

with good grace / *with a good grace* 乐意地

【相关词】*graceful* *adj.* 优美的, 优雅的

gracious *adj.* 有礼貌的; 和善的; 优裕的, 舒适的

【例句】She had the grace to admit that he had been right after all.

她很大度, 终于承认他是对的。

We took on the extra work with good grace. 我们欣然承担了这项额外工作。

✓ **gradual** /'grædjʊəl/ *adj.* 逐渐的, 逐步的

【相关词】*adv.* *gradually*

【例句】He gradually began to understand her intention. 他渐渐开始明白她的意图。

There has been a gradual increase in the number of car owners.

有车的人数在逐渐增加。

✓ **grant** /grɑ:nt/ *vt.* 同意; 授予; 承认 *n.* (国家或地方政府的) 拨款

【同义】*allow*, *allocate*, *award*, *donate*, *give*, *pay*, *provide*

【词组】*grant a request* 答应请求

grant a scholarship to a student 授予一个学生奖学金

obtain a grant of money from the government 得到政府的一笔补助金

take sth. for granted 认为某事是理所当然的

【例句】I take it for granted that he should help you. 我想当然地认为他应帮你。

The local government granted land to the farmers. 地方政府拨给农民土地。

increase /ɪn'kri:s/ *v.* (使) 增加; (使) 增长; (使) 增强; (使) 增大

【同义】*add to*; *amplify*; *build up*; *develop*; *enlarge*; *expand*; *extend*; *raise*



【反 义】decrease

【词 组】on the increase 正在增加

increase by ten percent 增长 10%

a large / considerable / substantial increase 大量增长

a slight increase 略有增长

a steady increase 稳步增长

【例 句】The population of this town has increased dramatically. 这个城镇的人口大幅度地增长。

They have increased the price of petrol by 3%. 他们把汽油的价格提高了 3%。

Smoking seems to be on the increase among teenagers. 青少年中的吸烟率似乎在增长。

obvious /'ɒbvɪəs/ *adj.* 明显的,明白的

【同 义】apparent, evident(但 obvious 的语气更强)

【反 义】ambiguous *adj.* 意义不明确的,模棱两可的

【例 句】The best way to go was obvious to everybody except him.

除了他之外,人人都清楚用什么办法去最好。

It's obvious that a boy isn't strong enough to lift an elephant.

很显然,一个男孩是没有足够的力气把一头大象举起来的。

perfect /'pɜ:fɪkt/ *adj.* 完美的;完整无缺的;十足的;完全的;彻底的

/pə'fekt/ *vt.* 使完美;使熟练

【同 义】complete

【词 组】be perfect for the post 最适合担任这一职务

be perfect in the use of 对于...运用自如

perfect oneself in English 使自己精通英语

【相关词】perfection *n.* 完美

【例 句】She practiced hard to perfect her singing voice. 她刻苦练习,以使嗓音达到完美。

This big house is perfect for our large family.

这幢大房子对我们这个大家庭来说是最合适不过的。

promise /'prɒmɪs/ *v.* 承诺;答应;有...的可能(或希望) *n.* 承诺;答应

【词 组】make / hold out / give a promise 许诺;作出保证

abide by / act up to / stand to / keep a promise 履行诺言

break / go back on / violate a promise 违背诺言

fail to meet a promise 未能遵守诺言

be true to / be false to one's promise 遵守/不遵守诺言

【相关词】promising *adj.* 有希望的;有前途的

【例 句】I promised that I would never reveal her secret. 我向她保证永远不会泄露她的秘密。

Despite their promise to bring down inflation / that they would bring down inflation, prices have gone on rising.

尽管他们许下了降低通货膨胀的诺言,物价还是继续在上涨。



Section 2

1. Fill in the blanks with words chosen from the following list. Change the form where necessary.

abundance, abandon, abstract, absence, absorb, bear, charge, decide, express,
grace, desire, destroy, expect, grant, gradual, choose, extend, delight, feed

- 1) The company has been able to _____ these extra costs.
- 2) The search was _____ when night fell even though the child had not been found.
- 3) Your paper is interesting and yet it leaves much _____.
- 4) The government provided 1 billion dollars in _____.
- 5) The chief engineer is _____ of maintaining safety throughout the railway system.
- 6) The country has an _____ of skilled workers, but not enough jobs.
- 7) All hope of a peaceful settlement were _____ by his violent speech.
- 8) China has greatly _____ its influence in world affairs.
- 9) There is a wide _____ of apples in the shops these days.
- 10) Salt can be _____ from sea water.
- 11) Contrary to _____ it was John who failed the exam.
- 12) Please _____ in mind that there are a lot of other people interested in buying the property.
- 13) He _____ those children with his witty performance.
- 14) We need a strong and _____ leader.
- 15) I was _____ in the book and didn't hear your call.
- 16) He had an _____ look on his face.
- 17) She danced with a _____ that surprised us.
- 18) The prices are _____ in both dollars and pounds.
- 19) The information is _____ back to the appropriate government department.

2. There are four choices in each of the following sentences. Read the sentences carefully first and then choose the right answer.

- 1) The girl had to abandon her journey because of her mother's illness.
A. abandon B. leave C. desert D. quit
- 2) How dare you say I'm unfair! Dare you to say it again?
A. Do ... dare to say B. Dares ... say
C. Dare ... to say D. Do dare ... to saying
- 3) It is said that somewhere between the ages of 6 and 9 children begin to think abstractly instead of concretely.
A. abstractly B. reasonably C. logically D. generally
- 4) She was so absorbed in her job that she didn't hear anybody knocking at the door.



- A. attracted B. absorbed C. drawn D. concentrated
- 5) Waves are beautiful to look at, but they can destroy ships at sea as well as houses and buildings near the shore.
- A. combine B. raise C. charge D. destroy
- 6) This hotel charges \$60 for a single room with bath.
- A. claims B. charges C. prices D. demands
- 7) Both nations anticipate peace, but neither would accept compromise.
- A. anticipated B. expected C. desired D. hoped
- 8) I'm fed up with old motorcycles. Mine is always broken down.
- A. fed up with B. sorry for C. fond of D. proud of
- 9) The cars were removed because it was impossible to go any further in the fog.
- A. sacrificed B. transported C. removed D. abandoned
- 10) All particulars should be carefully checked. Nothing should be taken for granted.
- A. born in mind B. put up with C. taken for granted D. taken into consideration
- 11) All of these things listed above are the obvious ones, the things which everybody knows about.
- A. straight B. vague C. visual D. obvious
- 12) The habitual dress and habits of anticultural youth may be interpreted as contempt for middle-class values.
- A. uttering B. explaining C. expressing D. pronouncing
- 13) She worked hard at school and didn't fail her father's expectation.
- A. expectancy B. expectation C. anticipation D. apprehension
- 14) He couldn't bear the thought of leaving his hometown for ever.
- A. support B. bear C. carry D. think
- 15) She is a very efficient secretary; she never forgets anything or makes a mistake.
- A. anxious B. effective C. adequate D. efficient
- 16) The rain was beating against the windows.
- A. beating B. hitting C. blowing D. striking
- 17) They took effective measures to prevent poisonous gasses from escaping.
- A. fruitful B. beneficial C. valid D. effective