

外语
JIAHEWAIYU

JIAHE ENGLISH

2008 最新版

余高峰 华燕 余昊菲 / 主编

美国之音

VOA STANDARD ENGLISH

标准英语

社会篇

国内英语等级考试 / 出国能力认证考试必备

- ★ 精心选材，原汁原味
 - ★ 题材广泛，译文准确
 - ★ 优化设计，拓展训练
 - ★ 开阔视野，强化听力
- 听美国之音，学地道美语

MP3 版

大连理工大学出版社



美国之音


VOA Standard English

标准英语

社会篇

2008 最新版

余高峰 华燕 余昊菲 / 主编



大连理工

图书在版编目(CIP)数据

美国之音标准英语. 社会篇 / 余高峰, 华燕, 余昊菲
主编. — 大连: 大连理工大学出版社, 2008. 4
ISBN 978-7-5611-3935-6

I. 美… II. ①余…②华…③余… III. 英语—听说教学—
自学参考资料 IV. H319.9

中国版本图书馆 CIP 数据核字(2008)第 028465 号

大连理工大学出版社出版

地址: 大连市软件园路 80 号 邮政编码: 116023

发行: 0411-84708842 邮购: 0411-84703636 传真: 0411-84701466

E-mail: dutp@dutp.cn URL: <http://www.dutp.cn>

大连华伟印刷有限公司印刷 大连理工大学出版社发行

幅面尺寸: 145mm×210mm	印张: 6.75	字数: 210 千字
附件: MP3 光盘一张		印数: 1~5000
2008 年 4 月第 1 版		2008 年 4 月第 1 次印刷

责任编辑: 刘宪芹 杜雪玲

责任校对: 于仁全

封面设计: 王付青

ISBN 978-7-5611-3935-6

定 价: 18.80 元

前言

Foreword

英语学习者都知道,听、说、读、写是英语学习的基本要素。而其中“听”则是学习英语当中最基础、最重要也是最困难的环节之一,同时它也最能体现出一个人的英语水平。目前在我国,英语学习已相当普及,从未学过英语的人屈指可数,可谓全民同学英语。然而,真正学好英语的人却为数不多,或者说相当多的人学习效果不甚理想,究其原因,主要是语言学习环境较差。我们知道,语言是思想交流的工具,其主要作用是沟通、交流,一旦达不到其作用,语言学习也随之失去了意义。为了帮助英语学习者攻克英语听力这道难关,本书编者精心挑选了VOA最新的社会方面的新闻报道资料,供广大英语学习者巩固英语听力之用。

编者相信,如果能用心学习此书,掌握本书的所有内容,在今后收听VOA、BBC或使用英语交流时,定会收到意想不到的效果,使自己的听力水平跨上一个新的台阶。

本书在编写过程中得到赵学年、杨正民、刘云声、张卫成、周晴晴、赵天飞等同志的大力支持,在此向他们表示最衷心的感谢!

由于编者水平有限,加之编写内容较新,如有不妥之处,敬请批评指正。

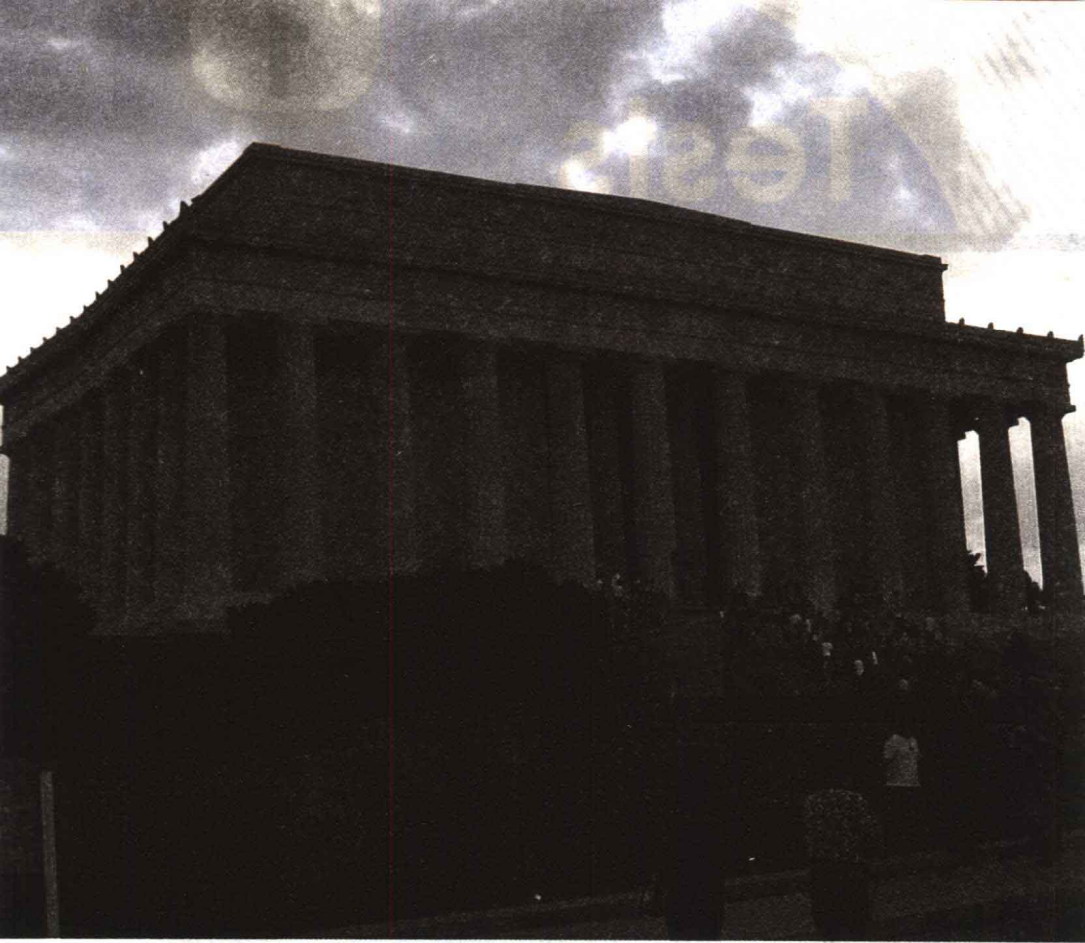
编者

2008年4月

目录 Contents

	<i>Tests</i>	<i>Scripts & Versions</i>	<i>Keys</i>
Unit 1	2	76	193
Unit 2	4	79	193
Unit 3	6	82	194
Unit 4	8	84	194
Unit 5	10	88	194
Unit 6	12	90	194
Unit 7	14	92	195
Unit 8	16	95	195
Unit 9	18	97	196
Unit 10	20	101	196
Unit 11	22	104	197
Unit 12	24	107	197
Unit 13	26	111	198
Unit 14	28	115	198
Unit 15	30	120	198
Unit 16	32	123	199
Unit 17	34	128	199

	<i>Tests</i>	<i>Scripts & Versions</i>	<i>Keys</i>
Unit 18	36	134	200
Unit 19	38	138	200
Unit 20	40	143	201
Unit 21	42	145	201
Unit 22	44	148	201
Unit 23	46	150	202
Unit 24	48	153	202
Unit 25	50	158	202
Unit 26	52	160	203
Unit 27	54	163	203
Unit 28	56	166	203
Unit 29	58	169	204
Unit 30	60	171	204
Unit 31	62	174	204
Unit 32	64	177	205
Unit 33	66	179	205
Unit 34	68	183	206
Unit 35	70	186	206
Unit 36	72	188	206
Unit 37	74	191	207



美国之音

V O A S t a n d a r d E n g l i s h

标准英语

社会篇

Tests

1

Unit 1

Eating Healthy Food and Regular Exercise Result in Longer and Healthier Lives

Words & Expressions

garbanzo bean	鹰嘴豆
monounsaturated <i>a.</i>	单一不饱和的
olive oil	橄榄油
canola oil	菜子油
cholesterol <i>n.</i>	胆固醇
almond <i>n.</i>	杏仁
saturated <i>a.</i>	饱和的
stroke <i>n.</i>	中风
cardiovascular disease	心脑血管疾病
carbohydrate <i>n.</i>	碳水化合物
coronary <i>a.</i>	冠状动脉的
brisk <i>a.</i>	轻快的;生气勃勃的

Exercises

I Fill in the blanks with the information you have heard from the report.

1. Ms. Smith says she really _____ in eating right and eating _____ and this gave her the opportunity to really see the

results of a _____ diet.

2. Reducing the amount of saturated _____ in the diet has been _____ recommended to _____ cardiovascular disease.
3. Doctors concluded that _____ substitution of carbohydrates with either _____ or monounsaturated fat could _____ lower blood pressure and reduce the risk of coronary heart disease.
4. The study concluded that just _____ minutes a day of _____ walking could _____ life.

Decide whether the following statements are true or false. If they are false, please correct them according to what you have heard.

- () 1. By eating foods high in protein, Margaret Smith has lowered her blood pressure from 150 over 90 to 130 over 80.
- () 2. According to the report, 180 people with high blood pressure participated in the study to determine the effect diet had on high blood pressure and cholesterol.
- () 3. In another study scientists have calculated the amount of time you can add to your life by regular exercise.
- () 4. People who reported moderate to high physical activity levels could expect to live nearly 2.5 to 3.5 years longer than those who exercised less.

Note:



ving speeds of well over 120 kilometers an hour.

- () 2. Poaching and hunting have reduced the cheetah population slightly over the past 10 years.
- () 3. The National Zoo in Washington D. C. has enjoyed a baby boom over the past year with its second litter of four cheetah cubs born in November 2004.
- () 4. According to Howard, while female cheetahs live in groups, the males are loners.

Note:



Unit 3

World Bank: World's Poorest People Not Receiving Health Services Designed for Them

Words & Expressions

consequence	<i>n.</i>	结果
primarily	<i>ad.</i>	首要地; 主要地
obstacles	<i>n.</i>	障碍
forego	<i>v.</i>	抛弃; 忽视
norms	<i>n.</i>	标准
interfere	<i>v.</i>	干涉
physician	<i>n.</i>	内科医生
caste	<i>n.</i>	等级
priority	<i>n.</i>	优先做的事; 优先考虑的事

Exercises

Decide whether the following statements are true or false. If they are false, please correct them according to what you have heard.

- () 1. According to the report, Abdo Yazbeck, was surprised at the extent to which the poor were getting health services intended for them.
- () 2. According to Abdo Yazbeck, people in a lower social caste may be allowed to seek care from someone in a higher caste.
- () 3. According to Mr. Yazbeck, when programs work, it is because countries receiving the aid make it a priority

to ensure their success.

- () 4. According to the report, some countries pay ordinary families to receive medical care or to send their children to school.

Note:



Unit 4

American Bison: Gaining in Numbers—and Opponents

Words & Expressions

bison	<i>n.</i>	野牛
stampede	<i>n.</i>	(指动物的)惊逃; 乱窜
supplant	<i>v.</i>	代替
huddle	<i>v.</i>	挤作一团
curator	<i>n.</i>	馆长; 主任
carcass	<i>n.</i>	(动物的)尸体
approximately	<i>ad.</i>	大致地; 近似地
rancher	<i>n.</i>	牧场主
brucellosis	<i>n.</i>	布鲁士菌病
fetus	<i>n.</i>	胎儿
inoculate	<i>v.</i>	给……接种; 给……预防注射
prairie	<i>n.</i>	大草原
biodiversity	<i>n.</i>	生物多样性

Exercises

1 Fill in the blanks with the information you have heard from the report.

1. Recently, near Yellowstone Park in the U.S. state of Montana, that _____ picture was _____ by another image—hunters _____ over a freshly killed bison.
2. Indian tribes used all _____ of the bison carcass for their food, clothing, _____, and _____—even glue.
3. During the 19th century, pioneers and settlers _____


through the Great Plains region killed bison herds en masse for _____, and as a strategic maneuver, to _____ the country of Indians.

4. Some bison carry disease, and _____ ranchers _____ the disease could be _____ on to their cattle.

II Decide whether the following statements are true or false. If they are false, please correct them according to what you have heard.

- () 1. According to the report, Montana authorities granted unlimited hunting privileges if bison wander out of Yellowstone National Park.
- () 2. In the early 20th century the bison population dropped as low as a few thousand.
- () 3. Today, the bison population is up to approximately 45,000.
- () 4. According to Ms. Foerstel, the bison's roaming and grazing instincts do not promote biodiversity in prairie animals and plants.

Notes:



Unit 5

Environmental Conference Protests Lead to Arrests

Words & Expressions

Kyoto Protocol	京都议定书
emission <i>n.</i>	排放
gas-guzzling <i>a.</i>	耗油量大的
deface <i>v.</i>	破坏
in connection with	与……有关系
date back to	追溯到
limb <i>n.</i>	肢
hinder <i>v.</i>	妨碍
staged <i>a.</i>	故意安排的
mock <i>v.</i>	模仿; 嘲笑
crucifixion <i>n.</i>	钉在十字架; 酷刑

Exercises

Decide whether the following statements are true or false. If they are false, please correct them according to what you have heard.

- () 1. According to the report, so-called eco-terrorists are blamed for causing hundreds of millions of dollars of damage in the United States.
- () 2. According to the report, recently six people in four states in connection with so-called eco-terrorist attacks were arrested in the southwestern United States.
- () 3. According to U.S. officials, eco-terrorists and animal

activists have become the most active criminal extremists in the United States in recent years.

- () 4. In Europe, in order to make their point, the environmental and animal activists have destroyed roads and hindered traffic, and carried out other graphic demonstrations.

Notes:



Unit 6

Thanksgiving Dinners Have Tasty Nutritional Ingredients

Words & Expressions

ingredient	<i>n.</i>	(混合物的) 成分
cranberry	<i>n.</i>	酸果蔓
relish	<i>n.</i>	味道; 调味
dietitian	<i>n.</i>	营养学家
antioxidant	<i>n.</i>	抗氧化剂
beneficial	<i>a.</i>	有益的
tryptophan	<i>n.</i>	色氨酸
amino acid		氨基酸
niacin	<i>n.</i>	烟酸
serotonin	<i>n.</i>	血清素

Exercises

I Answer the following questions according to what you have heard from the report.

1. Where do cranberries, a native American fruit, thrive?
2. According to Nodji Van Wyche, what are the uses of cranberries?
3. What are the uses of antioxidants?

II Decide whether the following statements are true or false. If they are false, please correct them according to what you have heard.

- () 1. According to the report, cranberry is a fruit that is low in antioxidants.