

Britney Spears 好莱坞星光大道
 David Beckham 只有一个贝克汉姆

· S.H.E 三个邻家女孩

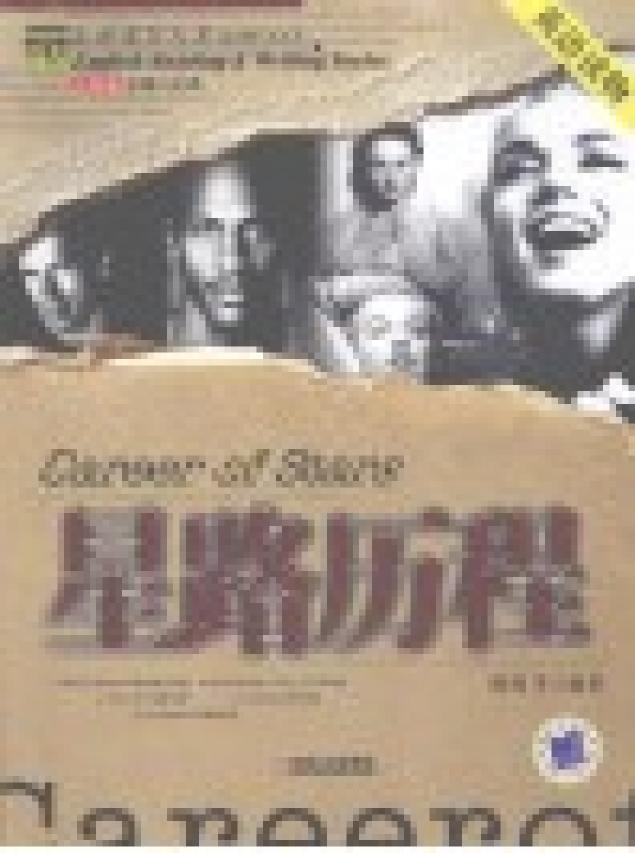
• Fu Mingxia 跳水皇后

• The Beatles 灵魂的音乐

陈莺 等◎编著











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是的分類

《星路历程》专门针对高中高年级学生的特点,按照新课标要求编写,生动讲述每位文体明星成名背后的故事。书中所选人物既有时下最受青年人喜爱的中外文体明星,如:贝克汉姆,S.H.E,姚明;又有曾经的经典巨星,如:赫本,李小龙,鲍伯·迪伦。

本书中每篇文章前有汉语导读,后有由重点词汇、短语详解和背景知识介绍组成的注释、疑难句解释及翻译、阅读理解选择题、有针对性的读写技能指导和写作训练。这些精心选编的文章和习题将会让您在领略明星成功之路的同时,轻轻松松地学英语。

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原這

经过十几所大学 50 余名英语教师的努力,这套"英语读写文库"终于同读者见面了。本套英语文库是写给我国中学生、大学生们的书,是一套拓宽知识视野与提高英语读写能力的书,会给年轻的读者们带来英语学习的快乐。

英语读写对于英语能力的形成和发展十分重要,而且阅读和写作在英语测试中占有很大比例。学生如何通过英语自主学习提高英语能力,是学生和教师们关心的问题。因此我们在编写这套文库时,根据教学大纲对英文材料进行了精心筛选和改写,所选文章由浅入深,循序渐进,可读性强;并结合测试方式与技能要求编写了导读、词汇注释、写作指导与练习。这些对学生英语阅读与写作能力的提高都会有很大的帮助。

这套文库分为《人物卷》、《科学卷》和《文学卷》,选 材广泛、内容丰富,可满足中学生、大学生的需要。本套文 库会带领读者走进非洲的热带雨林、欧洲的迷人风光、文坛 盛宴和科学的殿堂;在阅读中走近科学家、文学家、艺术家、 哲学家。它会使读者在英语阅读中打开智慧之窗,使人变得 更加聪明、自信和坚强。

在本套书出版之际,感谢出版社编辑们的辛勤劳动,感谢来自北京外国语大学、天津大学、辽宁大学、沈阳大学和燕山大学等高校的作者们的辛勤、认真的工作。

总主编 王正元 2007年7月





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Arnold Schwarzenegger: A Man of Muscle and Intelligence

阿诺·施瓦辛格:大块头有大智慧



2003 年,美国加州换州长被炒得比竞选总统都热闹,其中很关键的原因就是因为有大名鼎鼎的"魔鬼终结者"施瓦辛格的参与。可能你只知道他是个好莱坞的影坛巨星,其实他年轻时在威斯康星大学学的是商业经济学,也许是因为有这个底气,他才敢去竞选州长。这篇文章告诉了我们:施瓦辛格并不是一个只会扛枪打人的"机械人",而是真正的"大块头有大智慧"!

Arnold Schwarzenegger was born on July 30, 1947 in Graz. The name "Schwarzenegger" has the meaning of "Black Plowman". His father, Gustav Schwarzenegger, was the Chief of local police.

Gustav was a strict father. For example, he would make Arnold eat every meal with books pressed tightly under his arms to teach him to keep his elbows to his side while he ate. If a book fell from under his arms, Arnold would be severely punished. Every Sunday, Arnold had to choose among hiking, visiting a farm, seeing a play, going to a

人物卷 星路历程

museum, or an art show. Then on Monday morning, Arnold was made to describe his day in a 10-page essay which his father graded, and mistakes were not allowed. Arnold would try hard to win a few words of praise from his father who would rarely praise him. Gustav always kept Arnold and his brother competing¹ with each other in sports and at school. The strict father would humiliate² the loser with scornful³ remarks.

Arnold has been a bodybuilder and motion-picture star, which was his childhood dream. At 20, he became the youngest Mr. Universe⁴ in history. As a



bodybuilder, he won the Mr. Universe title three times and the Mr. Olympia title seven times. In 1968, Schwarzenegger moved to the U.S. Arnold showed considerable⁵ charm in a supporting role in *Stay Hungry*⁶ (1976) and *Conan the Destroyer*⁷ (1984), each of which established him as a major box-office⁸ attraction. Arnold then starred in the science fiction film *The Terminator*⁹ (1984), a cult¹⁰ favorite that helped develop a genre¹¹ of futuristic¹² action films. It is this

Ill compete /kəm'pixt/ v. 竞争; 比赛

² humiliate /hju(1) milieit/ v. 使蒙羞; 使丢脸; 屈辱

圖 scornful / skoːnful/ adj. 轻视的; 藐视的

Mr. Universe 世界健美先生

⁵ considerable /kənˈsidərəbl/ adj. 相当大的;相当多的;相当重要的

^[6] Stay Hungry 1976 年施瓦辛格拍摄了电影《饥肠辘辘》,取得了不错的成绩。

Conan the Destroyer 电影《破坏者科南》。在神怪动作片《野蛮人科南》(Conan the Barbarian 1982, Conan the Destroyer 1984)的一个系列中,施瓦辛格塑造了一个勇敢、善良、为正义与公正与邪恶势力展开激烈斗争、屠龙伏魔的英雄武士的形象。

③ box-office /boks ofis/ adj. 卖座的;有票房能力的

⑤ The Terminator 1984 年科幻动作巨片《魔鬼终结者》的问世在全球造成了巨大的反响和轰动,创造了电影史上的票房奇迹。施瓦辛格凭借他健硕的体魄和非凡的演技成功地饰演了片中令人胆颤心惊、百战不死的人形机械 T-800——终结者。随着该片的巨大成功,施瓦辛格也成为世人瞩目的一颗影坛红星。并且在此之后,他也确定了自己的戏路。

⑩ cult /kAlt/ n. 狂热崇拜,指对某一人、原则或事物过分的、尤指趋附时尚的奉献或敬奉。

[[] genre / ʒɑːŋr/ n. (法语) 种类; 式样; 类型

[🛮] futuristic /fjurtfə ristik/ adj. 未来派的,与未来事物有关的或表现未来事物的

film that made Arnold world-famous in acting. He continued to make action-adventure productions, including $True\ Lies^{13}\ (1994)$. He has also starred in the comedies $Kindergarten\ Cop^{14}\ (1990)$, and $Jingle\ All\ the\ Way^{15}\ (1996)$, etc.

It seems that Arnold won't be satisfied easily, even though he has been a famous motion-picture actor and a successful businessman in real estate, marketing, and restaurant ownership. In 2003, in spite of having little political experience, Arnold entered the race for governor of California against Democratic governor Gray Davis. Arnold successfully avoided charges that he had sexually harassed women and easily won election.

As an **immigrant**¹⁷, Arnold realized his "American dream". He has enjoyed all kinds of success on this new land. He has a happy family with four lovely and healthy children. His wife Maria, a famous American TV journalist, is the niece of the late President Kennedy. From a penniless immigrant to a top Mr. Universe, an excellent motion-picture star, to present governor, by his own **diligence**¹⁸ and **perseverance**¹⁹, Arnold has proved that he is not only a man of muscle, but also a man of **intelligence**²⁰.

IR True Lies 1994 年,施瓦辛格在《真实的谎言》中作了大胆的尝试,饰演一名始终对妻子隐瞒身份、编造一些真实谎言的特工。在这部影片中,惊险枪战与动作因素固然还有,但它们已明显处于第二位置,更多展现出来的是作为一个温情、和蔼的丈夫对妻子的爱护与怜惜。影片再次引起轰动,人们接受并肯定了施瓦辛格的新形象。

III Kindergarten Cop 电影《幼儿园特警》,片中施瓦辛格饰演一位在幼儿园当老师、做卧底的警察。

lo Jingle All the Way 电影《一路响叮铛》,又译《圣诞老豆》,片中施瓦辛格饰演一位为儿子买礼物而奔忙的父亲。

ll harass / hærəs/ v. 使烦恼; 使忧愁; 骚扰

mimmigrant / imigrant/n. (自外国移入的) 移民

led diligence / dilidzəns/ n. 勤勉; 细心而用功

^[9] perseverance / pəːsi viərəns/ n. 毅力; 坚忍不拔

²⁰ intelligence / in tellidgəns/ n. 智力; 才智



Reading Skills and Writing Guides

本文的标题"Man of Muscle and Intelligence"告诉我们,作者从Muscle 和 Intelligence 两个方面记叙了施瓦辛格是怎样的一个人。第一段总述了施瓦辛格的出身和家庭;第二段由主题句"Gustav was a strict father"统领全段,用具体事例写其父对儿子的严格;第三段写了施瓦辛格青年时代在大学读书及成为影星的事例;第四段以一句"… won't be satisfied easily"作为主题句统领全段,列举了他从经商到竞选州长,来说明他永不满足、不断进取的精神。最后一段总述了施瓦辛格是位"an immigrant realized his 'American dream'"的人,与文题相呼应。在阅读时应扫描文中的时间线索:1947 — at 20 — 1968 — 1976 — 1984 — 1990 — 1996 — 2003;并注意统领全段的关键句:Arnold Schwarzenegger was bom…,Gustav was a strict father…,Arnold has been a bodybuilder and motion picture star,which was his childhood dream…,even though he has been a famous motion-picture actor…,not only… but also a man of intelligence.

Paraphrase and Translation o o o o o o

- 1. Then on Monday morning, Arnold was made to describe his day in a 10-page essay which his father graded, and mistakes were not allowed.
 - **旬** 然后在星期一的早上,阿诺被要求用 10 页的文章来描述他的一天,他的父亲给文章评分,错误是不容许的。

在 make 后作宾语补足语的不定式 to 省略,即 make sb. do sth.,但当 make 用在被动语态中时,to不可省。

- 2. Gustav always kept Arnold and his brother competing with each other in sports and at school.
 - 句意 格斯塔夫总是让阿诺和他的兄弟在运动会和在学校里保持彼此竞争的状态。 keep sb. doing sth. 使某人保持某种状态。
- 3. It is the film that made Arnold world-famous in acting.
 - 句意 就是这部电影使阿诺在表演方面世界闻名。

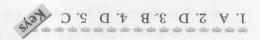
It is (was)...that (who)... 句型表示强调,强调主语、宾语、状语。如: It is you that broke the window. 是你打破了窗子。

It was she (her) that (whom) I met yesterday. 我昨天见到的是她。 It was because her mother was ill that she did not go to work. 是因为母病了,她才没有来上班。

	Multiple Choices
1	. Arnold Schwarzenegger is one of the following except
	A a director B a bodybuilder
	① an actor
2	. When Arnold was a child, his father made him eat every meal with book pressed tightly under his arms because
	(A) Gustav wanted him to study hard even when he was eating
	® Gustav wanted to punish him in this way
	© Gustav wanted him to have a strong body
	① Gustav wanted to teach him the proper manner of eating
3.	. Which film established Arnold's world fame as an actor?
	A Conan the Destroyer. B The Terminator.
	© Kindergarten Cop.
4.	What is the result of the charge of sexual harassment against Arnold?
	A It affected Arnold's image in the election badly.
	® It improved Arnold's image in the election greatly.
	C Arnold was found guilty and put into prison.
	① It didn't affect Arnold's image much, and he avoided it skillfully.
5.	Which of the following statements is NOT true?

- Arnold was born Austrian, but later he settled down in America.
- (B) In his childhood, Arnold had to compete with his brother in sports and study.
- C Arnold defeated Gray Davis in the race for governor of California because he had a lot of experience in politics.
- ① Arnold is not only strong in body, but also wise in mind.





Tips for writing Description

1. **Definition:** Description is painting a picture in words of a person, place, object, or scene. A description essay is generally developed through sensory

touch.

2. Skills of Writing Description:

1) Choosing details

When beginning to write a description, it is necessary for a writer to choose details to make what he wants to express vivid.

details, or the impressions of one's senses — sight, hearing, taste, smell, and

2) Emphasizing characteristic features

Not all details are useful. The writer should choose those that help to bring out the dominant characteristic or outstanding quality of a person or thing described, and leave out those irrelevant ones. Peculiarities and specialties should be included because they usually impress the readers deeply.

3) Assigning qualities

Besides choosing details the writer should select descriptive words such as "handsome, beautiful, pretty" etc. to describe a person or some other words like "clean, nice, tidy" etc. to describe a place, which assign qualities usually.

4) Using analogy

Using analogy means comparing one thing to another or something else with explanation, which can make something clearer.

- 3. Types of Description
 - 1) Description of a person
 - a) Character

b) Thoughts

c) Feelings

d) Words and deeds

- e) Behaviors
- 2) Description of a place
 - a) Location

b) Characteristic features

c) Importance	
3) Description of an object	
a) Size	b) Shape
c) Color	d) Texture
e) Taste	f) Smell
g) How it is used	h) Function
i) Relation to people	
4) Description of a scene	
a) The setting	b) The people
c) The actions	

Writing Practice

0000000

写一篇题为"我最崇拜的人" (The Person Whom I Admire Most) 的描写文, 词数为 100 个左右, 文章中应包括以下要点:

- 1. Whom do you admire most? (你最崇拜谁?)
- 2. Why do you admire him or her most? (为什么你最崇拜他/她?)

STORE.		



Britney Jean Spears Gets Hollywood Star

小甜甜布兰妮·琼·斯皮尔斯登上好莱坞星光大道

导读

当今世界歌坛最红的青春玉女,非"小甜甜"布兰妮莫属。她有着魔鬼般的身材、动人的笑容和甜美的歌声,音容宛如甜蜜的糖果,尽人品尝,自然赢得了"小甜甜"的称号。美国著名财经杂志《福布斯》(Forbes)称她为"带动全球经济繁荣"的美少女,歌迷们也投票选举她为"最爱国民美少女"称号。2003年11月17日,布兰妮登上好莱坞星光大道,成为该大道上第2242颗"星"。众多布兰妮的歌迷举着她的性感海报到场庆祝,小甜甜也喜不自胜。你想要了解这位让英国威廉王子都颇为倾心的超级小天后的星路历程吗?那么,请看下面这篇短文。

Pop princess Britney Spears became the youngest music icon¹ ever to be honored with a star on Hollywood's prestigious² Walk of Fame. As a crowd of fans screamed their support, the 21-year-old girl made herself one star that lies among those of movie and music legends³ along the pavement of Los Angeles' Hollywood.

icon / aikon/ n. 成为人们注意和崇拜对象的人物; 偶像

² prestigious / pres'ti:dʒəs/ adj. 有威望的; 受尊敬的; 有名的

图 legend / ledgand/n. 现代神话:现代被浪漫化或普遍流行的神话