

●中学生英语文库

●主编 陈锡麟

# 英语学习指要

陈锡麟 魏孟勋 朱震一

何亚男 赵启敏 高 炎

编写



复旦大学出版社

中学生英语文库

陈锡麟 主编

---

# 英语学习指要

陈锡麟 魏孟勋 朱震一  
何亚男 赵启敏 高 炎 编写



复旦大学出版社

## 英语学习指要

---

|      |  |
|------|--|
| 编 写  | 陈锡麟 魏孟勋 朱震一 何亚男 赵启敏 高 炎  |
| 责任编辑 | 唐 敏  |
| 装帧设计 | 赵丽丽  |
| 出版发行 | 复旦大学出版社<br>上海市国权路 579 号 200433<br>86-21-65102941(发行部) 86-21-65642892(编辑部)<br>fupnet @ fudan. edu. cn |
| 经销   | 新华书店上海发行所  |
| 印刷   | 江苏东台市印刷厂   |
| 开本   | 850×1168 1/32  |
| 印张   | 19.375   |
| 字数   | 598 千  |
| 版次   | 1998 年 8 月第一版 1998 年 12 月第二次印刷   |
| 印数   | 11 001—22 000  |
|      | ISBN 7-309-02086-3/H · 338   |
| 定价   | 24.00 元  |

---

本版图书如有印装错误,可向出版社调换。

## 内 容 提 要

《英语学习指要》根据中学英语课程标准的要求,结合现行教材的内容,将英语语音、语法、词汇和交际功能等知识分类进行梳理,对其中的难点和要点作扼要的说明和指导,并且对阅读和写作等技能训练项目进行必要的讨论,从不同的侧面提供精选的范文实例,以便举一反三,在实际的语言训练中提高能力。本书既是一本综合性的英语学习手册,也可以作为英语总复习的参考用书。通过研读全书,能系统地整理和巩固中学英语基础知识,全面提高英语的综合运用能力。

# 前

随着我国改革开放形势的发展，广大的青少年及家长们都知道英语非常有用，迫切希望尽快掌握好这一门工具，为今后的学习和工作创造良好的条件。

英语是一门实践性很强的学科。英语学习有它自身的规律。要想学好英语，不仅要学词和语法，更重要的是让学习者接触大量的语言材料，经过充分的语言操练，才能使他们具备较好的语言能力，也就是英语的理解和表达能力。任何“捷径”、“突击”和“速成”都只可能是一种不现实的愿望。英语学习必须是循序渐进的和全方位的，既要学习英语的语音、词汇和语法知识，又要接受听、说、读、写各方面的训练。《中学生英语文库》正是基于这一前提而为中学生编写的涉及英语学习各个环节的参考丛书，它们包括英语阅读、语法、常用词用法、说话和写作等各个方面。这些参考书既为读者提供了有益的学习材料，同时又指导学习者遵循英语学习的规律，用正确的方法去学习，以期达到事半功倍的效果。这些参考书是对现用教材的补充，也是对校内英语学习的一种辅助和促进。希望这一套丛书能帮助中学生在英语学习方面打好扎实的基础，以利于将来的深造和熟练掌握英语。

陈锡麟

1998年8月

# 目 录

前言 ..... 1

## 第一部分 语音

|                      |    |
|----------------------|----|
| 概述                   | 1  |
| 1. 开音节和闭音节的拼读规则      | 1  |
| 2. 元音字母组合的拼读规则       | 3  |
| 3. 辅音字母以及辅音字母组合的拼读规则 | 6  |
| 4. 不发音的辅音字母          | 9  |
| 5. -(e)s 的读音规则       | 10 |
| 6. -ed 的读音规则         | 11 |
| 7. 单词重音              | 12 |
| 8. 句子重音              | 12 |
| 9. 意群                | 13 |
| 10. 连读、失爆与同化         | 14 |
| 11. 降调与升调            | 15 |

## 第二部分 语法

|                  |    |
|------------------|----|
| 概述               | 18 |
| 1. 名词的单数和复数形式    | 18 |
| 2. 不可数名词         | 20 |
| 3. 以复数形式出现的名词    | 21 |
| 4. 有关数词的问题       | 22 |
| 5. 名词所有格         | 23 |
| 6. 名词的性          | 24 |
| 7. 人称代词和无人称代词 it | 27 |
| 8. 代词 one 和 that | 28 |

|  |    |
|--|----|
| 9. 反身代词 oneself .....                    | 29 |
| 10. “少许”和“许多” .....                      | 31 |
| 11. 一组不定代词 .....                         | 33 |
| 12. 部分否定和全部否定 .....                      | 35 |
| 13. 不定冠词 a 和 an .....                    | 36 |
| 14. 使用不定冠词 a 或 an 的场合 .....              | 37 |
| 15. 使用定冠词 the 的场合 .....                  | 38 |
| 16. 不用冠词的场合 .....                        | 41 |
| 17. 是形容词还是副词 .....                       | 43 |
| 18. 形容词和副词的变形 .....                      | 47 |
| 19. 比较的方法 .....                          | 49 |
| 20. 有关比较结构的几个问题 .....                    | 50 |
| 21. 没有比较含义的比较结构 .....                    | 51 |
| 22. 形容词转化成名词 .....                       | 53 |
| 23. “以前”和“以后” .....                      | 55 |
| 24. how long, how soon 和 how often ..... | 56 |
| 25. 情态动词 can, may 和 must .....           | 58 |
| 26. need 和 dare .....                    | 59 |
| 27. used to 和 would .....                | 60 |
| 28. would rather 和 had better .....      | 61 |
| 29. 情态动词后面的动词形式 .....                    | 63 |
| 30. 规则动词和不规则动词 .....                     | 64 |
| 31. 及物动词和不及物动词 .....                     | 68 |
| 32. 可分割型和不可分割型动词词组 .....                 | 70 |
| ^33. 一般现在时和现在进行时 .....                   | 72 |
| ^34. 表示将来的时态 .....                       | 73 |
| 35. 一般过去时和现在完成时 .....                    | 74 |
| 36. 一般过去时和过去完成时 .....                    | 76 |
| 37. 过去完成时和将来完成时 .....                    | 76 |
| 38. 瞬时动词 .....                           | 77 |
| 39. 时态的一致 .....                          | 79 |

|                                     |     |
|-------------------------------------|-----|
| 40. 被动语态要点 .....                    | 80  |
| 41. 因词而异的主动和被动 .....                | 82  |
| 42. 虚拟语气表示非真实情况 .....               | 84  |
| 43. 虚拟语气表示主观意见 .....                | 85  |
| 44. 非限定动词的共同特点 .....                | 86  |
| 45. 动词不定式 .....                     | 88  |
| 46. 现在分词和过去分词 .....                 | 90  |
| 47. for doing 和 to do .....         | 91  |
| 48. 作修饰语的不定式和分词 .....               | 93  |
| 49. 作宾语的动词不定式和动名词 .....             | 95  |
| 50. 动名词和现在分词 .....                  | 97  |
| 51. 非限定动词的时间概念 .....                | 99  |
| 52. 分词独立结构 .....                    | 100 |
| 53. 主谓一致关系 .....                    | 101 |
| 54. 几个常用介词 .....                    | 103 |
| 55. 含介词的几种词组 .....                  | 106 |
| 56. 介词有无规律 .....                    | 107 |
| 57. 介词后置 .....                      | 109 |
| 58. 介词的含义 .....                     | 111 |
| 59. 简单句 .....                       | 114 |
| 60. 感叹句 .....                       | 115 |
| 61. 反意疑问句 .....                     | 116 |
| 62. 并列复合句 .....                     | 117 |
| 63. 状语从句 .....                      | 118 |
| 64. 不能合用的连接词 .....                  | 120 |
| 65. 宾语从句 .....                      | 121 |
| 66. 直接引语和间接引语 .....                 | 123 |
| 67. 主语从句和同位语从句 .....                | 125 |
| 68. whatever 和 no matter what ..... | 126 |
| 69. 关系代词 who, which 和 that .....    | 127 |
| 70. 关系代词和关系副词 .....                 | 129 |

|                               |     |
|-------------------------------|-----|
| 71. you think 两个词使问题复杂化 ..... | 130 |
| 72. as 的用法 .....              | 132 |
| 73. 倒装句 .....                 | 134 |
| 74. 几种强调形式 .....              | 135 |
| 75. 可以省略的成分 .....             | 138 |
| 76. 常见词缀举例 .....              | 141 |

### 第三部分 词汇

|               |     |
|---------------|-----|
| 概述 .....      | 146 |
| I. 词语辨析 ..... | 147 |

#### 名    词

|   |     |
|---|-----|
| 1. accident      incident      event .....                | 147 |
| 2. ache      pain .....                                   | 148 |
| 3. advantage      benefit      profit .....               | 149 |
| 4. alternative      choice .....                          | 150 |
| 5. cause      reason      excuse .....                    | 151 |
| 6. chance      opportunity .....                          | 152 |
| 7. climate      weather .....                             | 152 |
| 8. cloth      clothes      clothing .....                 | 153 |
| 9. contact      touch .....                               | 154 |
| 10. content      context .....                            | 156 |
| 11. country      nation      state      power .....       | 156 |
| 12. custom      habit .....                               | 157 |
| 13. date      day .....                                   | 158 |
| 14. effect      impact .....                              | 159 |
| 15. energy      vigo(u)r .....                            | 159 |
| 16. equipment      device      tool      instrument ..... | 160 |
| 17. family      home      house .....                     | 161 |
| 18. fare      charge .....                                | 162 |
| 19. fault      mistake      wrong      blunder .....      | 163 |

|     |           |            |            |            |        |       |     |
|-----|-----------|------------|------------|------------|--------|-------|-----|
| 20. | fire      | flame      | .....      | 165        |        |       |     |
| 21. | floor     | stor(e)y   | layer      | .....      | 166    |       |     |
| 22. | form      | shape      | .....      | 166        |        |       |     |
| 23. | game      | sport      | match      | event      | .....  | 167   |     |
| 24. | help      | aid        | favo(u)r   | .....      | 168    |       |     |
| 25. | job       | work       | task       | .....      | 170    |       |     |
| 26. | land      | ground     | earth      | soil       | mud    | ..... | 171 |
| 27. | life      | living     | .....      | 172        |        |       |     |
| 28. | mood      | feeling    | sense      | .....      | 172    |       |     |
| 29. | number    | amount     | quantity   | .....      | 174    |       |     |
| 30. | opinion   | view       | .....      | 174        |        |       |     |
| 31. | part      | section    | share      | .....      | 175    |       |     |
| 32. | person    | people     | population | individual | .....  | 176   |     |
| 33. | power     | force      | strength   | .....      | 178    |       |     |
| 34. | practice  | exercise   | .....      | 178        |        |       |     |
| 35. | principle | principal  | .....      | 179        |        |       |     |
| 36. | problem   | question   | .....      | 180        |        |       |     |
| 37. | quantity  | quality    | .....      | 181        |        |       |     |
| 38. | role      | rule       | .....      | 181        |        |       |     |
| 39. | scene     | sight      | view       | .....      | 182    |       |     |
| 40. | shade     | shadow     | .....      | 184        |        |       |     |
| 41. | site      | spot       | scene      | .....      | 184    |       |     |
| 42. | solution  | key        | .....      | 186        |        |       |     |
| 43. | species   | breed      | .....      | 186        |        |       |     |
| 44. | source    | resource   | .....      | 187        |        |       |     |
| 45. | technique | technology | skill      | knack      | .....  | 188   |     |
| 46. | tone      | tune       | .....      | 189        |        |       |     |
| 47. | travel    | trip       | journey    | tour       | voyage | ..... | 189 |
| 48. | treatment | cure       | therapy    | .....      | 191    |       |     |
| 49. | value     | worth      | price      | cost       | .....  | 192   |     |
| 50. | voice     | sound      | noise      | .....      | 193    |       |     |

## 动词

|                |            |          |         |      |     |
|----------------|------------|----------|---------|------|-----|
| 51. accept     | receive    | 195      |         |      |     |
| 52. accomplish | achieve    | 196      |         |      |     |
| 53. add        | increase   | 197      |         |      |     |
| 54. admire     | envy       | 198      |         |      |     |
| 55. advise     | persuade   | 198      |         |      |     |
| 56. agree      | promise    | 199      |         |      |     |
| 57. allow      | permit     | let      | 200     |      |     |
| 58. appear     | seem       | look     | 202     |      |     |
| 59. amuse      | entertain  | interest | 204     |      |     |
| 60. answer     | reply      | 205      |         |      |     |
| 61. arrive     | reach      | get      | 205     |      |     |
| 62. appreciate | enjoy      | 207      |         |      |     |
| 63. ask        | beg        | demand   | require | 208  |     |
| 64. ask        | inquire    | question | 210     |      |     |
| 65. attend     | be present | 211      |         |      |     |
| 66. awake      | wake       | awaken   | 212     |      |     |
| 67. award      | reward     | 213      |         |      |     |
| 68. beat       | defeat     | win      | 214     |      |     |
| 69. beat       | hit        | strike   | 214     |      |     |
| 70. blare      | blow       | 216      |         |      |     |
| 71. borrow     | lend       | 216      |         |      |     |
| 72. bring      | take       | fetch    | carry   | send | 216 |
| 73. complete   | finish     | 218      |         |      |     |
| 74. consider   | regard     | 219      |         |      |     |
| 75. consist    | compose    | 220      |         |      |     |
| 76. contain    | include    | involve  | 221     |      |     |
| 77. cost       | pay        | spend    | 222     |      |     |
| 78. damage     | destroy    | harm     | wreck   | 223  |     |
| 79. decline    | reduce     | 225      |         |      |     |

|      |                |             |            |          |       |     |
|------|----------------|-------------|------------|----------|-------|-----|
| 80.  | defend         | protect     | guard      | .....    | 226   |     |
| 81.  | depend         | rely        | .....      | .....    | 227   |     |
| 82.  | discover       | invent      | develop    | .....    | 228   |     |
| 83.  | divide         | separate    | isolate    | .....    | 229   |     |
| 84.  | dress          | put on      | wear       | have on  | ..... | 230 |
| 85.  | fall           | drop        | sink       | .....    | 231   |     |
| 86.  | feed           | raise       | support    | .....    | 232   |     |
| 87.  | fit            | install     | fix        | .....    | 234   |     |
| 88.  | flow           | float       | .....      | .....    | 234   |     |
| 89.  | fit            | suit        | match      | .....    | 235   |     |
| 90.  | fix            | repair      | mend       | .....    | 236   |     |
| 91.  | get            | obtain      | gain       | .....    | 237   |     |
| 92.  | glance         | scan        | skim       | browze   | ..... | 239 |
| 93.  | happen         | occur       | take place | .....    | 240   |     |
| 94.  | hope           | wish        | expect     | desire   | ..... | 241 |
| 95.  | inform         | remind      | warn       | .....    | 243   |     |
| 96.  | injure         | hurt        | wound      | .....    | 245   |     |
| 97.  | insist         | persevere   | .....      | .....    | 246   |     |
| 98.  | knock          | bump        | .....      | .....    | 247   |     |
| 99.  | know           | meet        | recognize  | realize  | ..... | 248 |
| 100. | lie            | lay         | .....      | .....    | 249   |     |
| 101. | listen         | hear        | .....      | .....    | 250   |     |
| 102. | look           | see         | .....      | .....    | 251   |     |
| 103. | lose           | miss        | .....      | .....    | 252   |     |
| 104. | memorize/-rise | recite      | remember   | .....    | 254   |     |
| 105. | neglect        | ignore      | .....      | .....    | 255   |     |
| 106. | need           | require     | want       | .....    | 255   |     |
| 107. | pick           | collect     | .....      | .....    | 258   |     |
| 108. | produce        | manufacture | .....      | .....    | 259   |     |
| 109. | provide        | supply      | offer      | .....    | 259   |     |
| 110. | refuse         | reject      | decline    | withhold | ..... | 260 |

|      |          |          |         |       |       |     |
|------|----------|----------|---------|-------|-------|-----|
| 111. | relax    | relieve  | .....   | 261   |       |     |
| 112. | review   | revise   | .....   | 263   |       |     |
| 113. | rise     | raise    | lift    | ..... | 263   |     |
| 114. | say      | speak    | talk    | tell  | ..... | 265 |
| 115. | seat     | sit      | .....   | 267   |       |     |
| 116. | spare    | spend    | take    | pass  | ..... | 268 |
| 117. | stop     | pause    | .....   | 269   |       |     |
| 118. | suggest  | propose  | .....   | 270   |       |     |
| 119. | threaten | frighten | .....   | 271   |       |     |
| 120. | treat    | cure     | heal    | ..... | 271   |     |
| 121. | try      | manage   | .....   | 273   |       |     |
| 122. | watch    | notice   | observe | ..... | 274   |     |

#### 动词与动词 + 副词或介词

|      |         |            |              |             |       |     |
|------|---------|------------|--------------|-------------|-------|-----|
| 123. | believe | believe in | .....        | 274         |       |     |
| 124. | do with | deal with  | .....        | 275         |       |     |
| 125. | end     | end up     | .....        | 276         |       |     |
| 126. | find    | find out   | .....        | 277         |       |     |
| 127. | grow    | grow up    | .....        | 278         |       |     |
| 128. | join    | join in    | take part in | participate | ..... | 278 |
| 129. | play    | play with  | .....        | 280         |       |     |
| 130. | search  | search for | .....        | 281         |       |     |
| 131. | sell    | sell out   | .....        | 282         |       |     |
| 132. | stay    | stay up    | .....        | 283         |       |     |

#### 形容词

|      |        |         |       |        |       |       |     |
|------|--------|---------|-------|--------|-------|-------|-----|
| 133. | able   | capable | ..... | 283    |       |       |     |
| 134. | alive  | living  | live  | lively | vivid | ..... | 284 |
| 135. | all    | whole   | ..... | 286    |       |       |     |
| 136. | alone  | lonely  | ..... | 286    |       |       |     |
| 137. | asleep | sleepy  | ..... | 287    |       |       |     |

|      |              |              |            |          |       |       |     |
|------|--------------|--------------|------------|----------|-------|-------|-----|
| 138. | aware        | conscious    | .....      | 288      |       |       |     |
| 139. | close        | closed       | .....      | 289      |       |       |     |
| 140. | certain      | sure         | .....      | 290      |       |       |     |
| 141. | common       | general      | ordinary   | average  | ..... | 291   |     |
| 142. | considerate  | considerable | .....      | 293      |       |       |     |
| 143. | correct      | right        | exact      | real     | true  | ..... | 293 |
| 144. | current      | present      | .....      | 294      |       |       |     |
| 145. | damp         | wet          | .....      | 295      |       |       |     |
| 146. | dead         | deadly       | .....      | 296      |       |       |     |
| 147. | different    | separate     | various    | .....    | 296   |       |     |
| 148. | efficient    | effective    | .....      | 298      |       |       |     |
| 149. | favo(u)rite  | favo(u)rable | popular    | .....    | 298   |       |     |
| 150. | fit          | suitable     | .....      | 299      |       |       |     |
| 151. | folk         | human        | .....      | 300      |       |       |     |
| 152. | freezing     | frozen       | .....      | 300      |       |       |     |
| 153. | glad         | happy        | merry      | cheerful | ..... | 301   |     |
| 154. | ill          | sick         | .....      | 302      |       |       |     |
| 155. | elderly      | aged         | senior     | .....    | 303   |       |     |
| 156. | older/oldest | elder/eldest | .....      | 304      |       |       |     |
| 157. | only         | single       | .....      | 304      |       |       |     |
| 158. | personal     | private      | .....      | 305      |       |       |     |
| 159. | pleasant     | pleasing     | pleased    | .....    | 306   |       |     |
| 160. | possible     | probable     | likely     | .....    | 307   |       |     |
| 161. | professional | specialized  | .....      | 308      |       |       |     |
| 162. | recent       | latest       | last       | .....    | 309   |       |     |
| 163. | same         | similar      | .....      | 310      |       |       |     |
| 164. | special      | particular   | .....      | 311      |       |       |     |
| 165. | strict       | severe       | serious    | .....    | 311   |       |     |
| 166. | terrible     | terrified    | .....      | 313      |       |       |     |
| 167. | usual        | normal       | regular    | .....    | 314   |       |     |
| 168. | worth        | worthy       | worthwhile | .....    | 314   |       |     |

## 副词

|      |             |              |              |       |     |
|------|-------------|--------------|--------------|-------|-----|
| 169. | ago         | before       | .....        | 315   |     |
| 170. | aloud       | loud         | loudly       | ..... | 316 |
| 171. | almost      | nearly       | .....        | 317   |     |
| 172. | already     | yet          | still        | ..... | 318 |
| 173. | altogether  | all together | .....        | 319   |     |
| 174. | barely      | hardly       | .....        | 320   |     |
| 175. | continually | continuously | .....        | 320   |     |
| 176. | fairly      | rather       | .....        | 321   |     |
| 177. | late        | later        | lately       | ..... | 322 |
| 178. | most        | mostly       | .....        | 323   |     |
| 179. | near        | nearby       | .....        | 324   |     |
| 180. | presently   | recently     | shortly      | ..... | 324 |
| 181. | pretty      | prettily     | .....        | 325   |     |
| 182. | sometime    | some time    | sometimes    | ..... | 326 |
| 183. | specially   | especially   | particularly | ..... | 326 |
| 184. | too         | either       | also         | ..... | 327 |
| 185. | usually     | as usual     | .....        | 328   |     |

## 其他

|      |            |           |                 |       |     |
|------|------------|-----------|-----------------|-------|-----|
| 186. | lack(of)   | short(of) | .....           | 329   |     |
| 187. | except/but | besides   | in addition(to) | ..... | 329 |
| II.  | 多义词        | .....     | .....           | 332   |     |
| 188. | accustom   | .....     | .....           | 332   |     |
| 189. | admit      | .....     | .....           | 332   |     |
| 190. | affect     | .....     | .....           | 333   |     |
| 191. | afford     | .....     | .....           | 333   |     |
| 192. | afraid     | .....     | .....           | 334   |     |
| 193. | arrange    | .....     | .....           | 335   |     |
| 194. | assign     | .....     | .....           | 335   |     |

|                       |     |
|-----------------------|-----|
| 195. assure .....     | 336 |
| 196. audience .....   | 336 |
| 197. available .....  | 337 |
| 198. bear .....       | 337 |
| 199. blame .....      | 338 |
| 200. block .....      | 339 |
| 201. bore .....       | 340 |
| 202. care .....       | 340 |
| 203. cause .....      | 341 |
| 204. claim` .....     | 341 |
| 205. convenient ..... | 342 |
| 206. curious .....    | 342 |
| 207. corner .....     | 343 |
| 208. delay .....      | 343 |
| 209. deserve .....    | 344 |
| 210. devote .....     | 344 |
| 211. die .....        | 345 |
| 212. drown .....      | 345 |
| 213. escape .....     | 346 |
| 214. fail .....       | 347 |
| 215. hang .....       | 348 |
| 216. instead .....    | 348 |
| 217. leave .....      | 349 |
| 218. long .....       | 350 |
| 219. loose .....      | 350 |
| 220. loss .....       | 351 |
| 221. marry .....      | 351 |
| 222. matter .....     | 352 |
| 223. mean .....       | 353 |
| 224. mind .....       | 354 |
| 225. object .....     | 355 |

|                            |            |
|----------------------------|------------|
| 226. offend .....          | 356        |
| 227. open .....            | 356        |
| 228. order .....           | 357        |
| 229. perform .....         | 358        |
| 230. prepare .....         | 359        |
| 231. pretend .....         | 360        |
| 232. prevent .....         | 361        |
| 233. prove .....           | 361        |
| 234. range .....           | 362        |
| 235. regret .....          | 363        |
| 236. remain .....          | 363        |
| 237. rest .....            | 364        |
| 238. risk .....            | 365        |
| 239. room .....            | 365        |
| 240. serve .....           | 366        |
| 241. share .....           | 366        |
| 242. smell .....           | 367        |
| 243. stick .....           | 368        |
| 244. substitute .....      | 369        |
| 245. thorough .....        | 370        |
| 246. weigh .....           | 370        |
| 247. welcome .....         | 371        |
| 248. word .....            | 372        |
| 249. worry .....           | 372        |
| <b>III. 常用词构成的习语 .....</b> | <b>373</b> |
| 250. all .....             | 373        |
| 251. break .....           | 375        |
| 252. call .....            | 376        |
| 253. care .....            | 377        |
| 254. charge .....          | 378        |
| 255. come .....            | 379        |