

體育禮讚

Ode to Sports

——中华体育文化五千年

Five Thousand Years of the Chinese
Sports Culture

编著 路今铎



中国文联出版社

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張仲之書



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編著 路今鋒

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谨以此书献给

Beijing2008奥运会

This book is dedicated to the 2008 Beijing Olympic Games

简介

本书是以中国古代体育为主线，以体育诗歌为内容，以书法和绘画为形式，以陶瓷为载体，以雕刻为手法，集诗、书、画、陶四位一体的图文并茂的史诗性艺术图书。

本书所选诗歌是从《中国古代体育诗歌选》中精选出来的。上始先秦，下至民国。并附有《北京奥运颂》，时间跨度，上下五千年。

本书中的书法均为书坛德高望重的前辈先生及各省市书协的主席、副主席，中国书协的理事以及活跃在各省书坛上卓有成就的中青年实力派书法家所书，观后可领略当今中国书坛的繁荣风貌。

本书中的绘画主要选择了一批国内外各文博，收藏机构中传世的、最具特色的，最能表现中国古代体育的图案。个别运动项目的图案因难以找到与内容相符合的，而选用了当代王弘力先生的画作。

本书中的陶瓷、雕刻是路今铎先生率多名艺术家用3年时间雕刻而成，观后可领略当今中国陶瓷工艺及雕刻水平之风貌。

本书是按古代体育运动的项目分类编排的。分为蹴鞠、马球、捶丸、击壤、田径、骑射、投壶、剑术、舞蹈、踏歌、拔河、相扑、游泳、竞渡、冰嬉、垂钓、武术、风筝、秋千、技巧、棋类、养生等运动形式。

为便于观者阅读、理解、欣赏中国古代体育，每项体育运动附有小史。为便于外国读者阅读、欣赏中国古代体育，每项运动都附有英文简史及图录的英文说明。

本书包含名家书画作品及刻辞、陶艺作品共计286幅。

This book is an artistic exhibition of sports with historical materials, and a good collection of poems, calligraphy, paintings and potteries, excellent in both pictures and language, with the sports in ancient China as the motif through the book, the sports poems as its contents, the calligraphy and drawings as its form, the pottery and porcelain as its carrier, carving as means of artistic expression.

The poems in this book are carefully selected from “Selected Poems of the Ancient Chinese Sports”, from the Pre-Qin Dynasty to the end of the Qing Dynasty.

The calligraphy works are all written by the veteran calligraphers who enjoy moral eminence and high esteem in the Chinese calligraphers’ circles, the chairmen and vice-chairmen from the provinces and cities, the directors of China Calligraphers’ Association and the middle-aged and young calligraphers who are active and outstanding in the provincial calligraphers’ circles. May you appreciate the prosperity of the current calligraphers’ circles in China after reading it.

The paintings are most characteristic, handed down from the ancient times, and fully express the sports in the ancient times of China, which are selected from the collections stored in the museums of cultural and historical relics and by collection organizations both at home and abroad.

All the ceramic works are manufactured and carved by many artists under the leadership of Mr. Lu Jinhua, which took them three years. You may have a look at the craftsmanship of the porcelain and the sculpture in modern China.

All the poems are arranged according to the ancient sports items, which are classified into Cu Ju, Polo, Chui Wan, Ji Rang, Track and Field, Horsemanship and Archery, Pitch pot Game, Swordsmanship, Dancing, Step Daning, Tug of War, Sumo, Swimming, Boat Racing, Ice Games, Angling, Wu Shu, Kite Flying, Swing, Acrobatic Gymnastics, Chess Playing, Health Care, etc.

For the convenience of reading, comprehending, and appreciating the sports in ancient China, each event is complied with a short history and a caption under each picture in English.

This book contains paintings and calligraphy by accomplished calligraphers, ceramic engraving works, potteries, and brick carving works, all together over 286 pieces.

序

能够创造古代灿烂文明的泱泱大国也必是一个体育发祥之国。纵观中国数千年以来的中国古代体育发展史，其渊源之悠久，内容之丰富，技法之完备，以及活动开展之广泛，堪称举世无双。中国传统体育并以其独特的文化魅力和鲜明的民族性，传播到世界上许多国家，成了人类的共同财富。

当我们进一步观察古代这些丰富多彩的游戏和体育活动时就会发现，它是由各种与文化艺术相关的形态构成的。

在中国古代灿烂的文明长河中，诗歌、书法、绘画无疑是最耀眼的三朵奇葩。天地间大美者，诗、书、画也；传世弥久而不朽者，诗书画也。三者尽善尽美，供人吟咏，供人摹临，供人览胜，故世世珍之，代代相传，弥久愈珍，成为中华民族文化宝库中的传世之宝。而这些瑰宝之中，有许多就是表现体育的。

在人类发明创造的万物之中，陶瓷又是中华民族奉献给世界的另一珍宝。数千年来，中国的陶瓷遍布世界的每一个角落，以至陶瓷成为中国的代名词（China）。中国陶瓷精而美、富而宏、广而博，宛若上天奇珍，光照日月，令人刮目；又若御府珍藏，彝鼎瑚琏，物物可爱；更似上苑天葩，千红万紫，色色动人。

以中国古代体育为主线，以体育诗歌为内容，以书法绘画为形式，以陶瓷为载体，以雕刻为手法，将诗、书、画、陶四宝汇融，集中在“中华体育五千年”这一主题之下，目的在于让更多的国内外朋友通过这四种艺术形式来了解中国古代体育。此举有着极其深远的历史意义和现实意义，是对人文奥运的重大贡献。

为玉成此事，淄博路意砖雕艺术研究院院长路今铎先生，历经数载，饱餐风霜，耗尽家资，精选古代体育诗，广请名公书之，精选传世体育画，广请名匠雕之，精心设计各种陶艺，广请名家塑之，作为体育之礼赞，使之尽善尽美令观者一举而能四得：阅诗以探文之神，观书以索文之妙，赏画以窥文之巧，品陶以得文之韵，一举而四宝得赏矣！

淄博从古至今就与体育有不解之缘，从春秋战国时期风行的蹴鞠运动，到现代被国际足联尊为世界足球起源地。数千年来，淄博为中国体育及世界奥林匹克运动做出了杰出贡献。淄博既是一座陶瓷历史文化名城，又是刻瓷工艺的故乡，在2008年北京奥运来临之际，编撰这样一个承载厚重体育文化，展现精湛陶瓷工艺的鸿篇巨著，这是淄博人民献给奥运的一份厚礼，更是淄博人民的骄傲。

中华人民共和国文化部副部长 陈晓光

二〇〇八年三月八号

Preface

A great country, which created glorious ancient civilization, must be the birthplace of sports as well. Having gone through a long history of development about thousands of years, the ancient Chinese sports have a profound root, an abundance of items, a perfection of skills, and a widespread of activities and can be considered unrivalled in the world. With its unique fascination and distinct national style, the traditional Chinese sports have spread many other countries of the world and become the common wealth of mankind.

It's easy to find the Chinese sports constructed on various forms involving culture and art when a further study is made of its colorful games and sports activities.

The Chinese poems, calligraphy and paintings are far and away the brightest enchanting flowers in the long river of the glorious ancient Chinese civilization, the three of which are both the most beautiful under the sky and the most imperishable and long-inherited. They are so perfect to be recited, copied and appreciated and cherished from generation to generation, becoming gems of the treasure-house of the Chinese people. And most gems provide a vivid picture of ancient Chinese sports activities.

Of the inventions and creations of mankind, porcelain is another treasure contributed to the world by the Chinese people. For thousands of years the Chinese porcelain has spread so widely to every corner of the globe that it has a synonym for China. Fine and pretty, rich and magnificent, extensive and plentiful, the Chinese porcelains are just like the rare treasure in heaven shining the sun and the moon, deserving to be regarded in a new light, and then look like rare collections in the imperial palace, attractive and fascinating, and even more like heaven flowers, blazing and touching.

This book has merged poems, calligraphy, paintings and porcelain sculpture under the theme of Five Thousand Years of the Chinese Sports, with the ancient Chinese sports as its motif, the ancient sports poems as its contents, the calligraphy as its form, the porcelain as its carrier, and sculpture as means of artistic expression. Friends both at home and abroad can get a clear and complete understanding of the ancient Chinese sports through these four artistic forms. Its significance is historical and realistic, and its contribution is great to Beijing Cultural Olympics.

To make it a success, Mr. Lu Jinhua director of Zibo Luyi Brick Carving Artistic Institute spent several years and all his savings and experienced so many hardships and barriers, selecting carefully the ancient sports poems and inviting the prominent calligraphers to write them down, picking out the fine inherited sports paintings and asking renowned carvers to engrave them on porcelains, designing and manufacturing various porcelains with heart and soul. As the praise of sports, this excellent book can serve readers four purposes: to explore the literary spirit of poems, to acquire the fineness of calligraphy, to appreciate the skills of drawings, and to apprehend the exquisite craft of porcelain works.

Zibo has forged an indissoluble bond with sports since ancient times like Cu Ju (an ancient Chinese ball kicking game) prevalent in the Spring and Autumn Period (770B.C-476B.C) and in the Warring States Period (475B.C-221B.C) and is honored as the birthplace of the world football by FIFA. For thousands of years Zibo has already made remarkable contributions to the Chinese sports and the world sports. It is a famous porcelain city with history and culture as well as the native place of porcelain craftsmanship. In the coming Beijing Olympics 2008, holding such an exhibition which contains great sports culture and displays fine porcelain craft is really a generous gift to Beijing Olympic Games and even the pride of Zibo people.

Chen Xiaoguang
Deputy Minister of
Ministry of Culture
of the People's Republic of China
March 8, 2008

我的奥运情怀

数年来，我一直倾心于中国古代体育文化的研究，并致力于为“人文奥运”做点贡献。

许多朋友都在问我同一个问题，你为什么倾其家资，放下手头赚钱的生意，处处求人，耗时五年余，做这个与生计无关的“傻事”。

面对种种提问，自己却无法准确回答，大概是骨子里天生就有一种对文学艺术的热爱吧。

北京申奥成功之后，我就萌生了要为奥运做点贡献的想法。中华民族在其发展的历史进程中，不仅创造了卓然于世的东方文明，而且也创造了灿烂的独具特色的体育文化，北京奥运盛典正是宣传和弘扬中国文化的绝好时机。2002年，我与金磊先生经思想碰撞后，提出了“人文奥运的工程化实现”的建议，经整理刊发在《北京市人民政府专家顾问团简报》2003年第一期中，它全面阐述了对人文奥运建设的看法，此文得到了有关领导的高度重视。

近几年我一直从事砖雕壁画的研究和创作，做完北京大学图书馆砖雕壁画后，于2005年11月1日在北京大学图书馆召开了壁画揭牌仪式及“砖雕艺术、现代建筑、人文奥运”的学术研讨会，听到了文化界、体育界、美术界、建筑界专家对“人文奥运”建设一致认同的观点。它进一步使“人文奥运”的理论框架从一种思维转化为一种行动，一个旨在动员让全民共同参与的社会文化行动。

做完北京大学图书馆和外交部培训中心的壁画之后，我迎来了壁画生意的春天，许多订单接踵而来。然而也就在此时，我萌生了要为奥运建筑或奥运公园设计一巨型壁画的想法，并逐步形成了“中华体育五千年”这一主题。为了完成这一心愿，我放弃所有的生意，泡在书海中，顺着中国古代文化史和中国古代体育史这两条主线，搜集素材，提炼主题。经过努力，我和山东的一批艺术家共同完成了这幅壁画的创作。这幅壁画经过奥运雕塑景观大赛组委会的评选，从入围，入选，最后中标了。也正是在研究中国古代文化史和中国古代体育史的过程中，我发现了一些表现体育的精美诗歌。出于爱好，我就抄写了下来，从几首，逐渐整理到几十首，此时我就萌生了借中国古代体育诗歌，宣传中国体育文化的想法。这个想法让我着了魔了，不知白天与黑夜，不知春夏与秋冬，扎进书海搜集诗歌。从上百首，上升到二百首，最后搜集整理到近五百首。在北京查阅资料两年多的时间里，两个面包一瓶水，就是一天的生活，晚上住在地下室的负二层里，虽然生活极其艰苦，但心却很快活，就像一个探险者发现了一座金山。然后我又把诗歌按体育项目分了类，为每个运动项目编写了小史，探其源头，述其流变，并翻译成英文。文史界和体育界的一些先生和学者看完拙稿后，给予很高的评价，认为填补了体育文学的空白，是献给“人文奥运”的一份厚礼。在社会各界的支持下，《中国古代体育诗歌选》

付梓面世了。

由于掌握了大量的体育文史资料，我随后又创作了《北京奥运颂》。

着迷之后的人，就会不计成本、不顾肚皮、不顾生计。当这本书稿脱手之后，我又萌生了通过展览宣传中国古代体育文化的设想，以中国古代体育为主线，以体育诗歌为内容，以书法绘画为形式，以陶瓷为载体，以雕刻为手法，集诗、书、画、陶四位一体，统一到“中华体育五千年”这一命题之下。在2008北京奥运盛典到来之际，举办这样一个体现中国体育之美、中国文辞之美、中国书法之美、中国陶瓷之美的展览，以展示文明古国的文化精髓，体育发祥之国的历史画卷，陶瓷大国的工艺水准，以及中国体育对国际奥林匹克的贡献。

为完成这个展览，我精选了古代体育诗百余首，广请名公书之，并将其雕之于陶，书画和陶艺相映成辉，作为礼赞讴歌奥运，让更多的观众通过巡回展览了解中国古代体育。

天将降大任于斯人也，必先苦其心志，劳其筋骨……也许是老天有意考验我这份诚意和耐力。当我做完全部作品后，书法和刻瓷共计360余件，而其中绝大多数是大件作品。在淄博进行了预展，取得了很大的反响，社会各界给了很高的评价，我打算在济南搞一个汇报展后马上进京展出，而后在奥运举办城市巡展。然而就在运往济南的途中，汽车起火，50余件书法作品和全部刻瓷展品付之一炬。那一段时间，我的神经到了崩溃的边缘，茶饭不思。然而痛定思痛，为了报答在征集书法过程中许多名公对我的支持，为了完成对奥运做点贡献这一心愿，必须坚持下去，我又筹措资金，再征书画，重新雕刻，广请名师，日夜加班，饱经辛酸。终于，天遂人愿，将这一展览于2008年元月7—12号在北京大学的百周年讲堂举办，受到了奥组委和广大观众的好评。

在我最困难的时候，我曾下决心卖掉工厂和房产来把这一项目做下去，许多朋友给了我资金支持，有些书法家二次征稿时不再收费。特别是济南书协主席张仲亭先生闻知我为出版该书因缺资金犯愁时，决定捐赠一批书法作品，所得款项用于出书。这令我非常感动，在市场经济的大潮下，有些书法家钱少了不写，而张仲亭先生却慷慨捐出了65幅书法精品。有些作品是他多年积攒以备展览之用，这次也拿了出来。这是何等高尚的精神！

山东临淄凤凰镇党委和政府的领导也给了我很大的支持和帮助。山东北金集团闻知此事后，也以极大的热情伸出援手，积极义购，终于促成了这件好事，使《体育礼赞》这本书得以出版。

中华自有雄魂在，不废江河万古流。中国知识分子那种“位卑未敢忘忧国”的社会责任感和爱国情怀，中华民族济危扶困、助人为乐的优良传统必将永远传承，北京奥运会必将获得巨大成功，中国的社会必将越来越和谐，越来越文明。中国体育文化必将大放异彩，光耀世界。

路今铎/文

2008年3月

My Thoughts and Feelings toward the Olympics

For years I have been falling in love with the research work of the sports culture of ancient China and dedicating myself to the cause of the cultural Olympics.

Many friends of mine have asked me again and again: why have you done such a foolish thing that has nothing to do with your living by using up your own money, giving up your profitable business, asking for help here and there, and wasting five years?

My answer is simple, just proceeding from my deep love in the Chinese traditional culture and earnest heart toward Beijing Olympics.

After Beijing's successful bid for the Olympic Games, an idea began to sprout in my mind that I must do something for the Olympics.

The Chinese people have created not only the outstanding oriental civilization but also the glorious sports culture with its own characteristics in the course of its historical development. Beijing Olympics is right to be the golden opportunity to publicize and popularize the Chinese culture. After a heart-to-heart talk with Mr. Jin Lei in 2002, I put forward a proposal that the cultural Olympics be realized as a project, which was publicized in the first issue 2003 of Bulletin of Beijing Municipal People's Government Expert Consultant Group. It gives a comprehensive outlook of the cultural Olympics and has been highly appreciated by the relevant officials.

In the recent years I have been engaging in the research and creation of brick carved frescoes. As soon as the brick carved frescoes in the library of Beijing University was accomplished, the unveiling ceremony of the frescoes was held together with the academic forum on "Brick Carving Art, Modern Architecture, and Cultural Olympics" at the library of Beijing University. The experts present at the conference all agreed with constructing cultural Olympics, who are from the Cultural circles, sports circles, artists' circles, and architecture circles. So the theoretical frame of Cultural Olympics turned into an action, aimed to be taken part in by all the citizens over the country.

After my accomplishment of the frescoes in the library of Beijing University and in the training center of the Foreign Ministry, my fresco business was booming and a lot of orders followed. At this time, however, an idea came over me that I want to design a giant frescoes for the Olympic buildings or the Olympic Park and gradually a subject of Five Thousand Years of the Chinese Sports was formed. Then for the sake of my dream I abandoned all my business and plunged myself into the library. With the history of the Ancient Chinese Culture and the history of the Ancient Chinese Sports as two main threads of my creation, I collected all kinds of source materials and refined from them. With great efforts, a group of artists from Shandong Province and I jointly finished the creation of the fresco work. From all the bidders' works, our fresco design was chosen as the tender after several rounds of evaluation by the committee of Beijing Olympic Sculpture Competition. It is in the course of the study of the Ancient Chinese Cultural History and the Ancient Chinese Sports History that I found some fine poems of sports. Therefore I copied them down out of my interest from a few to many. Then an idea sprouted in my heart that I want to publicize the Chinese sports culture through the poems of ancient Chinese sports. It made me crazy. I dived into the sea of books and collected the related poems, despite day or night and seasons in a year. At the beginning, I collected only one hundred poems, then up to two hundred, and finally near five hundred. During the period of over two years in Beijing, I spent each day with simple meals and lived in the second-floor basement at night. Although life there was really hard, I felt so happy in my heart as if an explorer found a mount of treasure. Then I classified the poems according to sports items. For each item, I wrote a short history, seeking its source, telling its change, and translated it into English. Some masters and scholars in the circles of culture and history and the sports circles appraised it so much after reading, thinking that it fills in the gap of sports literature and that it is a generous gift to Beijing Cultural Olympics. With the support from all the fields of society, the book *Selected Poems of the Ancient Chinese Sports* was already pressed.

With abundance of materials of Sports Culture and History, I also wrote Ode to Beijing Olympic Games.

One who is crazy about something will not think of cost, hunger or living. After I got the manuscripts off my hands, I had another idea that I want to publicize the ancient Chinese Sports culture, taking the ancient Chinese Sports as the motif, the calligraphy and drawing as the form, the pottery and porcelain as the carrier, the sculpture as means of artistic expression the four factors in one book which are integrated in the theme of Five Thousand Years of the Chinese sports. On the grand occasion of Beijing Olympics 2008, an exhibition of the Chinese sports, the Chinese language, the Chinese calligraphy and the Chinese porcelain will be held to display the quintessence of the ancient Chinese civilization, the historical scroll of the sports originated in China, the technological level of the Chinese porcelain, and the contributions to the international Olympics made by the Chinese people.

To meet this goal, I carefully selected over one hundred sports poems in ancient China and asked the prominent calligraphers to write them down. Then the written calligraphy was carved on the potteries and porcelains. In this way the calligraphy and porcelain art contrast beautifully with each other. The exhibition as the praise of the Olympics must make more audience get to know the ancient Chinese Sports.

One will undergo both mental trials and bodily hardships before the Heaven grants him a great task. Perhaps the heaven would like to see my honesty and patience. So when I finished all the carving works (more than 360 pieces of ceramics), an exhibition was held in Zibo, receiving heavy responses and high appraisal both from the audience and the society. I planned to hold a report exhibition in Jinan, the capital of Shandong Province, and then in Beijing. After that, an exhibition tour will be in the host city. Unfortunately, on the way to Jinan, the truck caught fire, and over 50 pieces of calligraphy and all ceramic exhibits were destroyed in the fire. During that period of time my nerves were on the verge of collapse, no appetite for tea and food. Nothing could possibly change my mind when I recalled the painful experience. I must go further in order to repay the support of the prominent calligraphers and realize my dream to contribute to Beijing Olympics. And I raised funds again, recollected calligraphy and drawings from the master calligraphers, made sculpture. I worked day and night without a rest and experienced bitterly. Finally, my dream came true and the exhibition was held in the 100 Anniversary Hall of Beijing University from Jan. 7 to Jan.12, 2008.

I once decided to sell my factory and my apartment when I was in financial trouble; however, many friends of mine supplied me financial support. So I continued to do the project. Some calligraphers received no pay at all at the second request of mine, especially Mr. Zhang Zhongting the chairman of Jinan Calligraphers' Association. When he heard that I was troubled by the shortage of money to publish this book, he decided to present a donation of 65 pieces of his fine calligraphy. The money would be used to press the book. It made me touched. Under the market economy, some calligraphers won't write for you without any payment while Mr. Zhang Zhongting presented his calligraphy generously, of which some are his collections of years and are ready for the exhibition. What a noble man!

The leaders of the Party Committee and the township government of Fenghuang Town also granted me much help and support. Hearing this Shandong Beijing Group actively and enthusiastically bought for charity the calligraphy by Mr. Zhang Zhongting.

As a result the book ode to Sports is published.

There are lofty souls in China and the rivers never stop flowing from the ancient times. The Chinese intellectuals have a social responsibility and a patriotic feeling for their motherland, never forgetting to concern themselves to their country although in a lower position.

The Chinese people always contribute money to good causes and assist those in trouble. These fine traditions shall be handed down from generation to generation. Beijing Olympics are to be successful. The Chinese society is to be increasingly harmonious and civilized. The Chinese sports culture is to be dazzling all over the world.

Lu Jinhua
March, 2008



目 录

简 介 /04
序 1 /06
我的奥运情怀 /08
题 词
沈 鹏 /002
刘勃舒 /004
郭预衡 /006
霍松林 /008
侯一民 /010
旭 宇 /012
陈玉龙 /014
杨 辛 /016
蹴鞠运动
王长水 /020
岳长志 /022
张 飙 /024
高 峡 /026
刘国福 /028
赵步唐 /030
陶佛锡 /032
陈洪武 /034
张守中 /036
荆向海 /038

覃志刚 /040
赵长青 /042
宋华平 /044
张维忠 /046
赵立凡 /048
李 啸 /050
张 伟 /052
马球运动
钱绍武 /056
苗培红 /058
罗坤学 /060
陶 然 /062
张风塘 /064
于曙光 /066
云 平 /068
陈忠实 /070
捶丸运动
佟 韦 /074
安学森 /076
杜中信 /078
田庆山 /080
李福增 /082
邵希平 /084

田伯平 /086
沈承俊 /088
武元子 /090
辛显令 /092
刘 恒 /094
李 波 /096
言恭达 /098
孟庆泰 /100
陈金纯 /102
胡秋萍 /104
击壤运动
吴振立 /108
于恩东 /110
邢秋桂 /112
战世敬 /114
田径运动
郑春坡 /118
骑射运动
刘普选 /122
朱寿友 /124
魏建勋 /126
刘洪彪 /128

何玉如 /130
季伏昆 /132
王卫军 /134
张同印 /136
杨再春 /138
王 军 /140
李胜洪 /142
雅歌投壶
汪开潮 /146
王隆夫 /148
龙开胜 /150
赵 宏 /152
剑术运动
王颜山 /156
曾 翔 /158
薛 瑛 /160
张旭光 /162
刘灿铭 /164
舞蹈运动
王行宏 /168
董 扬 /170
杜毓成 /172

李杰民 /174
尹 言 /176
张新文 /178

踏歌运动

张仲亭 /182
石瑞芳 /184
石心剑 /186
董建平 /188
李和生 /190

拔河运动

王友谊 /194
邓宇春 /196

相扑运动

杨康乐 /200
邱宗康 /202
宋江安 /204

游泳运动

路毓贤 /208
魏 良 /210
叶炳喜 /212
童 辉 /214
张湘华 /216

龙舟竞渡

王世征 /220
贺中祥 /222

冰嬉运动

岳经一 /226
王树秋 /228
王弘力 /230

垂钓运动

马国馨 /234
甘中流 /236
杨再春 /238
薛 军 /240
徐纯原 /242

武术运动

尉天池 /246
曹子玉 /248
张富生 /250
张炳南 /252
张文彦 /254
战世敬 /256

风筝运动

张传凯 /260

李尚才 /262

郭永利 /264
朱守道 /266
刘元浩 /268

秋千运动

叶培贵 /272
茹 桂 /274
顾亚龙 /276

李晓军 /278

宣祥鑒 /280
吕浩才 /282

技巧运动

王学岭 /286
邵玉铮 /288
朱猷德 /290
刘俊京 /292
陈本勇 /294
张永明 /296

棋类运动

罗 扬 /300
吕伟光 /302
常国武 /304

宋文京 /306

云志功 /308

养生运动

田滋茂 /312
杨炳延 /314
张业法 /316

大同篇 /318

奥运颂 /320

陶艺题词

李 铎 /332
陶瓷颂 /334
高小严 /336

杜滋龄 /338

孙伯翔 /340

剪彩仪式 /342

捐赠仪式 /344

寄 语 /346

后 记 /348

题 词