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TIME

《时代》周刊

精选阅读与词汇进阶

征服难点词汇 实战全真阅读
Authentic Readings
for Language Development

Linda Schinke Liano 编著
丁大刚 庄小荣 编译

大连理工大学出版社
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Introduction 序 言

美国 TIME 《时代》周刊是世界发行量最大、最权威的英语杂志，有着数以百万计的读者，所选文章合乎潮流，信息量大，还带有照片、图表和说明。

《时代》周刊不仅提供了一个看美国和美国人的独特视角，也为英语学习者提供了阅读全真英语的机会。我们精选了《时代》周刊最具代表性的经典范文，这些经典范文分为7个主题：生活方式、教育、自然与环境、科学与技术、健康与医疗、娱乐与运动、流行与时尚。这些文章介绍了美国当代生活的方方面面——挑战和回报以及问题和缺陷。

虽然文章按主题分为不同的类别，但它们并不是按照难易程度来排列的，所以读者可以按任何顺序来阅读。

通过全真经典范文和精心设计的读前、读后语言练习，我们提供了一个加强独立阅读全真英语文章技能的桥梁，从而达到四项语言学习目标：

1. 通过阅读真实地道的英语范文，提高对书面英语的理解；
2. 通过详尽的词汇注释和形式多样的词汇练习，扩充英语词汇量；
3. 通过与标准化英语测试完全相符的阅读理解题型，提高阅读技能；
4. 通过贴近当代美国社会的文化背景，增强对美国和美国人的理解。

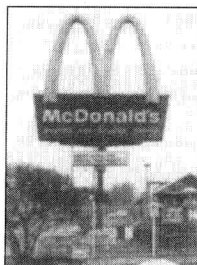
希望所有的读者不仅达到这些目标，而且像英语为母语的人士一样享受阅读的过程。

参加本书编写工作的还有刘赞，柳路，邢靖文等。

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JILL SALYARDS

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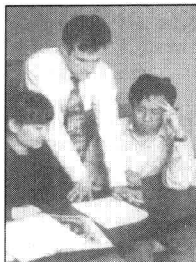


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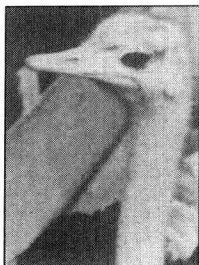
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Old-Fashioned Play—for Pay

付费的老式运动



Parents and kids gather for a few hours of moonwalking, mountain climbing and other activities at the "McPlayland" outside Chicago

As outdoor playgrounds decay¹, more families are turning to cheery franchises² that offer supervised³ fun for a fee

By ELIZABETH RUDOLPH

Kids! Come have a ball! Or 60,000 of them! There's a new type of business franchise that is popping up⁴ in shopping malls and neighborhoods across America. At least two nationwide companies are offering pay-per-use⁵ indoor playgrounds, which feature⁶ toys, games, supervised fun and a workout⁷ that doesn't break the family bank⁸.

1. decay v. 衰落
2. franchise n. 有特许权的企业
3. supervise v. 监督；管理
4. pop up 突然出现
5. pay-per-use 按次计费的
6. feature v. 以...为特色
7. workout n. 锻炼
8. break the (family) bank 花很多钱；引起破产

As public playgrounds grow increasingly seedy⁹, the for-profit¹⁰ centers offer clean, safe, supervised activity as well as a variety of challenging exercises to develop youngsters' physical fitness, usually for a fee of around \$5 an hour. "Playgrounds are dirty, not supervised," says Dick Guggenheimer, owner of the two-month-old Discovery Zone in Yonkers, N.Y., part of a Kansas City-based chain¹¹. "We're indoors; we're padded¹²; parents can feel their child is safe."

Discovery Zone has sold 120 outlets¹³ in the past 14 months, boasting¹⁴ sandboxes full of brightly colored plastic spheres, mazes, mats to bounce¹⁵ on, obstacle courses, moonwalks¹⁶, slides¹⁷ and mountains to climb. Now mega-franchiser¹⁸ McDonald's is getting into the act. The burger giant is test-marketing¹⁹ a new playground, Leaps & Bounds, in Naperville, Ill. Phys Kids of Wichita has opened one center and has plans to expand.

American parents are rightly worried about their kids' leisure life, built around Saturday-morning cartoons and Nintendo²⁰. There are 36 million children in the U.S. aged 2 to 11; they watch an average of 24 hours of TV a week and devote less and less energy to active recreation. Nationwide cutbacks²¹ in education budgets are making the problem worse, as gym classes and after-hours²² sports time get squeezed²³. Says Discovery Zone president Jack Gunion: "we have raised a couple of pure couch potatoes²⁴."

In an attempt to soup up²⁵ that life-style, the new facilities cater to²⁶ the concerns of two-earner families, staying open in the evenings,

9. *seedy* *adj.* 破旧的; 肮脏的
10. *for-profit* *adj.* 以盈利为目的的
11. *chain* *n.* 连锁店
12. *pad* *v.* 铺上软垫
13. *outlet* *n.* 经销店
14. *boast* *v.* 以有...而自豪; 自恃有
15. *bounce* *v.* 跳
16. *moonwalk* *n.* 孩子们可以在上面弹跳的一组充气软管
17. *slide* *n.* 滑梯
18. *mega-franchiser* *n.* 大经销商
19. *test-market* *v.* 试销, 试售
20. *Nintendo* [*nm'tendəu*] *n.* 任天堂 (游戏品牌)
21. *cutback* *n.* 减少
22. *after-hours* *adj.* 业余的
23. *get squeezed* 减少
24. *couch potato* 终日懒散在家看电视的人
25. *soup up* 使更富有吸引力
26. *cater to* 迎合

long after traditional public playground have grown dark and unusable. At Naperville's Leaps & bounds, families can play together for \$4.95 per child, parents free. Fresh-faced "counselors," dressed in colorful sport pants and shirts, guide youngsters to appropriate play areas for differing age groups. Three year-olds and younger can learn spatial²⁷ concepts-in and out, over and around-by crawling²⁸ in a padded plastic turtle shell or sinking into a quicksand²⁹ of colorful balls and learning to control the multicolored plastic objects. Kids aged 4 to 6 climb a padded "Swiss-cheese mountain" or creep³⁰ through a maze of blue, fuchsia³¹ and yellow tunnels. Youngsters up to 12 balance on a ropewalk or a webbed "bean field," a bouncy surface with punching bags³² that hang above it within a child's grasp. A nearby concession³³ offers turkey dogs³⁴, pizza, and carrot and celery sticks.

These new playgrounds are not meant to be day-care facilities³⁵; parents are expected go stay and play with their kids rather than drop them off³⁶. But several also provide high-tech baby-sitting services. At some of the Discovery Zones, parents can register their children in special supervised programs, then leave them and slip away for a couple of hours to enjoy a movie or dinner. If there is a problem, Mom and Dad are paged³⁷ by beeper³⁸.

The most fun of all, though, is getting to do what parents used to do in the days before two-career families and two-hour commutes³⁹: play with their kids. That, at least, is old-fashioned, even at per-hour rates. — *With reporting by Elizabeth Taylor / Chicago*

27. spatial *adj.* 空间的

28. crawl *v.* 爬行

29. quicksand *n.* 流沙

30. creep *v.* 爬行

31. fuchsia ['fju:ʃiə] *adj.*
紫红色的

32. punching bag *n.* 吊袋

33. concession *n.* 经营场所

34. turkey dog *n.* 用火鸡肉做的热狗

35. day-care facility *n.* 日托所

36. drop off *v.* 离开

37. page *v.* 通过传呼机呼叫某人

38. beeper *n.* 传呼机

39. commute *n.* 上下班交通

Vocabulary Exercises

1. Match the words given below under A with the meanings below under B.

A	B
___ 1 cutback	a decline
___ 2 crawl	b bound, jump
___ 3 seedy	c decrease
___ 4 bounce	d creep
___ 5 decay	e worn, shabby

2. Choose the one word or phrase that best completes the sentences.

- Everything we do is to _____ for the need of the customers.
A. demand B. cater C. set D. provide
- The new book is a _____ version of the original.
A. souped-up B. spatial C. for-profit D. franchised
- In order to teach the children _____ concepts the teacher brought some cubes into the classroom.
A. abstract B. chain C. seedy D. spatial
- The library _____ first edition of Shakespeare.
A. commutes B. boasts C. motivates D. markets
- The children _____ together to make room for me to sit down.
A. squeezed B. featured C. crowded D. crept

Reading Comprehension

Read the passage and choose the best answer to each of the following questions or unfinished statements.

1. What is this article mainly talking about?

- A. Children can play in the public playgrounds without parents' care.
B. The fast development of Discovery Zone.

- C. A new type of business franchise for kids.
- D. The decay of outdoor playgrounds.

2. According to the article, which of the following is true to the new playground?

- A. The cost is high for a family.
- B. It's a place where kids can watch TV while eating potatoes.
- C. It doesn't allow parents to leave their kids.
- D. It's a place where parents can play together with their kids.

3. According to the article, which of the service is NOT offered by the new playground?

- A. Mazes.
- B. Movies.
- C. Moonwalks.
- D. Slides.

4. What does the writer mean by saying "old-fashioned"?

- A. The so-called new playground is outdated.
- B. The new playground offers a fashion which is popular in the past.
- C. The new playground is also enjoyed by old people.
- D. The new playground is actually enjoyed by parents.

5. What is the writer's attitude toward the new playground?

- A. Agreeable.
- B. Indifferent.
- C. Objective.
- D. Neutral.

Vocabulary Exercises
 1. l. c 2. d 3. e 4. b 5. a
 2. 1) B 2) A 3) D 4) B 5) A
 Reading Comprehension
 1. C 2. D 3. B 4. B 5. A

key

阅读解析

在美国，孩子们的室外运动场所正日益萎缩，因而家长们开始转向那些干净、安全、并且有管理的专门活动场所，而家长们只要每次付费便可，并且这种费用可以为一般家庭所承受。文章第一段第二句为此段主题句，紧接着说明了这种新的商业模式所提供的一些服务内容。第二段通过对传统室外运动场所和新式场所进行对比，说明新场所更值得孩子们来。第三段向读者展示了这种新式活动场所的特色服务及其迅猛的发展。然后第四段，作者向我们说明了现在的孩子们事实上是非常缺乏活动的，侧面说明来新式活动场所的必要性。第五段进一步详细说明了这种新式活动场所的特色，并且不同年龄层的孩子均可得到针对性的服务。第六段指出家长应该陪伴他们的孩子一同来玩耍，不过有些地方也会提供一些照看孩子的服务。第七段，总结指出这种新式活动场所最大的快乐之处便是父母可以和孩子一起玩乐，而这正是一种在过去非常流行的方式。

Tidings¹ of Black Pride and Joy

黑人自豪与欢乐的喜讯



Young celebrators perform a holiday play

Kwanzaa², the African-American³ Yule⁴-time celebration, is becoming more popular—and more commercial

By JANICE C. SIMPSON

Add a new seasonal greeting to your list: *Habari gani*. It is Swahili⁵ for “What’s new?” and the salutation⁶ for millions of African Americans who celebrate Kwanzaa, a seven-day holiday that begins on Dec. 26. Inaugurated⁷ 25 years ago as a black-nationalist⁸ celebration of familial⁹ and social values, the festivities¹⁰ are now being embraced¹¹ by the

1. tidings *n.* 消息, 音信
2. Kwanzaa *n.* 宽扎文化节
3. African-American 美国黑人
4. Yule [ju:l] *n.* 圣诞节
5. Swahili *n.* 斯瓦希里语
6. salutation *n.* 招呼
7. inaugurate [i'noʊɡjəreɪt] *v.* 开始; 开创
8. black-nationalist 黑人民族主义者

black mainstream.¹²

Kwanzaa is patterned¹³ after various African agricultural¹⁴ festivals, and the name derives from¹⁵ the Swahili word for first fruit of the harvest. It was created by Maulana Karenga, a black-studies professor at California State University, Long Beach. The purpose of the holiday, he says, is to help black people “rescue and reconstruct¹⁶ our history and culture and shape¹⁷ them in our own image.”

Unlike Christmas or Hanukkah¹⁸, Kwanzaa is not a religious holiday; the festival celebrates seven principles—unity, self-determination¹⁹, collective²⁰ work and responsibility, cooperative economics, purpose, creativity²¹ and faith—assigned to each of the days. Observers gather each evening to light one of the candles in the *kinara*²², a seven-cup candelabrum²³, and discuss how the principle of the day affects their life. Small gifts are often exchanged.

In the late 1960s, Kwanzaa was celebrated mainly by the more radical²⁴ members of the black-nationalist community. But now, says the Rev. Willie Wilson, pastor²⁵ at Union Temple Baptist Church in Washington, “you find a lot of people trying to return to their roots and cultural values.” Each year Wilson’s church holds nightly Kwanzaa observances²⁶ that culminate²⁷ in a ball, which now draws about 1,000 participants. No one knows precisely how many people observe Kwanzaa, but its biggest boosters²⁸ are middle-class professionals seeking to give their children a sense of black pride. “My

9. **familial** [fə'mɪljəl]
adj. 家族的, 家庭的

10. **festivity** *n.* 欢宴, 欢庆

11. **embrace** *v.* 拥抱; 欣然接受

12. **mainstream** *n.* 主流

13. **pattern** *v.* 模仿

14. **agricultural** *adj.* 农业的, 农艺的

15. **derive from** 源自, 来自

16. **reconstruct** *v.* 重建

17. **shape** *v.* 使成形, 塑造

18. **Hanukkah** ['hæŋəkə]
n. 光明节——犹太人的一个8天的节日。

19. **self-determination**
n. 自主, 自我决定

20. **collective** 集体的; 共同的

21. **creativity** *n.* 创造力, 创造

22. **kinara** *n.* 烛台

23. **candelabrum** [kæn-di'læbrəm] *n.* 枝状大烛台

24. **radical** *adj.* 激进的

25. **pastor** *n.* 牧师

26. **observance** *n.* 仪式, 庆祝

27. **culminate** *v.* 达到顶点

28. **booster** *n.* 〈美俚〉热心的拥护者