

什密特

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钢琴五指练习曲

作品 16

人民音乐出版社

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前 言

《什密特钢琴五指练习曲》是一本在钢琴教学中极为重要的手指练习教材。对于训练手指的独立性来说,它比《哈农钢琴练指法》的难度稍大,可以配合《哈农》使用。

这本手指练习,分不带保持音和带保持音的五指练习,适合于学生在初、中级阶段使用。全书包括五指练习 213 条,其中有大小三和弦、属七和弦、减七和弦的原位琶音和转位琶音同向以及反向练习等。在五指练习中,从第 34 条到 169 条,加入了保持音的练习(从保持一个音到保持四个音),这也是本教材的一个重要特点。

作者什密特对练习的要求是:每条练习至少弹 10 至 15 次(省去最后 1 小节的四分音符,直到最后一次才弹出来);先分手练习,然后再两手合起来。弹奏时要平稳而安静,先慢速直至手指弹得灵活有力时再逐渐加快。另外,每条练习还要求用同样的指法进行移调弹奏。

本书的训练价值即在于使学生的手指更独立、更有力且发音更集中。作为与《哈农》同等重要的手指基本训练教材,《什密特钢琴五指练习曲》对弹奏程度更深的练习曲和各类中外乐曲,尤其是带保持音的复调钢琴作品,将打下非常扎实的技术基础。

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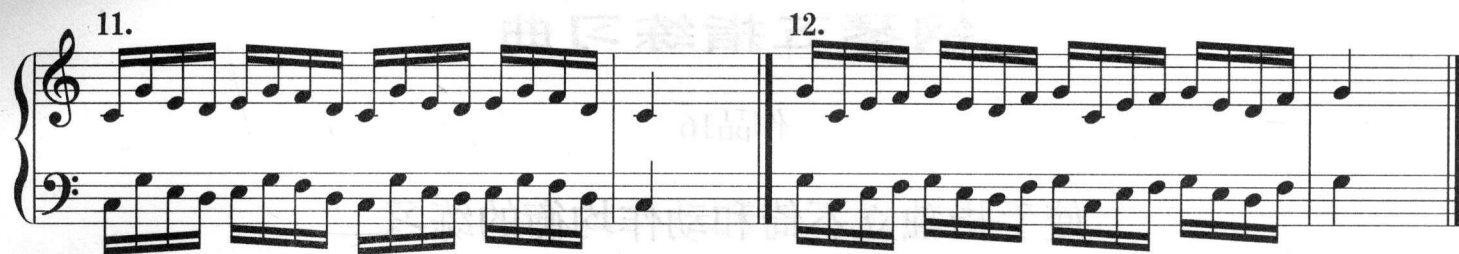
使手指独立不倚和动作均衡的练习

〔德〕什密特

每条练习至少要弹10至15次（省去最后1小节的四分音符，直到最后一次才弹出来）。先分手练习，然后两手再合起来。两手弹奏时要平稳而安静。开始时要弹得很慢，等手指弹得灵活而有力时，再逐渐加快。每条练习最好用不同的调弹奏，指法不变。

The musical score contains ten exercises, numbered 1 through 10. Exercises 1-5 are in the first column, and exercises 6-10 are in the second column. Each exercise is written for piano in C major, 4/4 time, and consists of two staves (treble and bass clef). Exercises 1-5 are in the first column, and exercises 6-10 are in the second column. Each exercise features a specific fingering pattern for the right and left hands, with the right hand starting on C4 and the left hand starting on C3. The exercises are designed to improve finger independence and balance.

11. 12.



13. 14.



15. 16.



17.



18.



19.



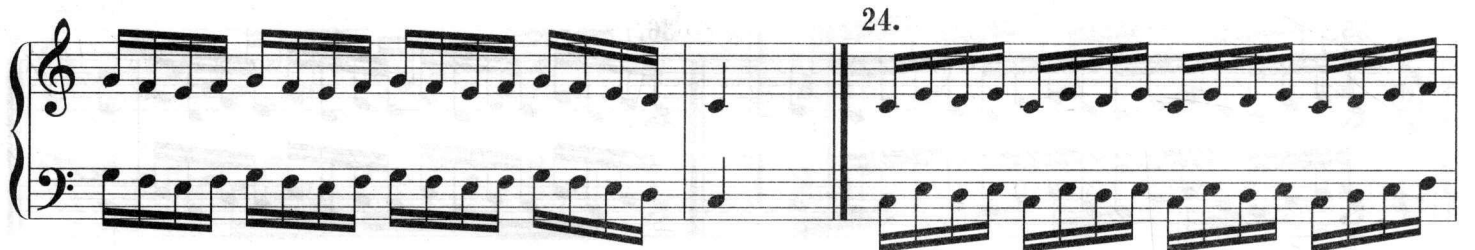
20. 21.



22. 23.



24.



25.



26.



27. 28.



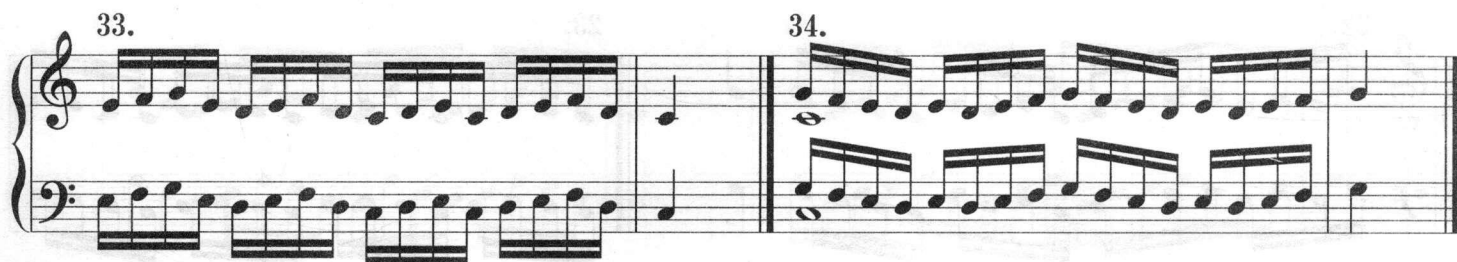
29. 30.



31. 32.



33. 34.



35. 36.



37. 38.



39. 40.



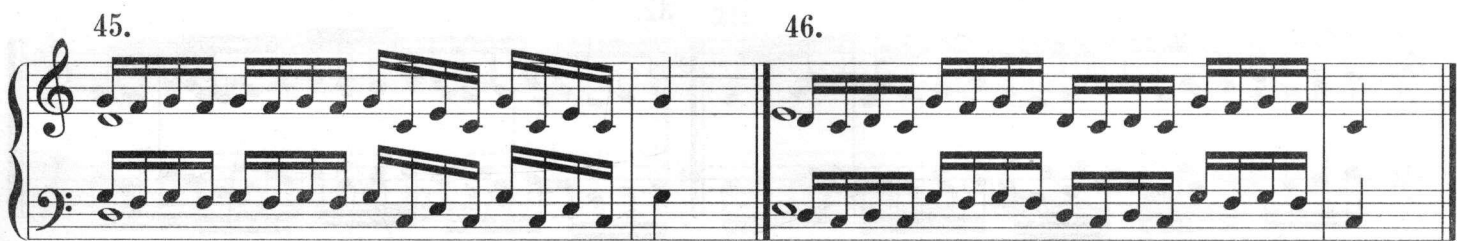
41. 42.



43. 44.



45. 46.



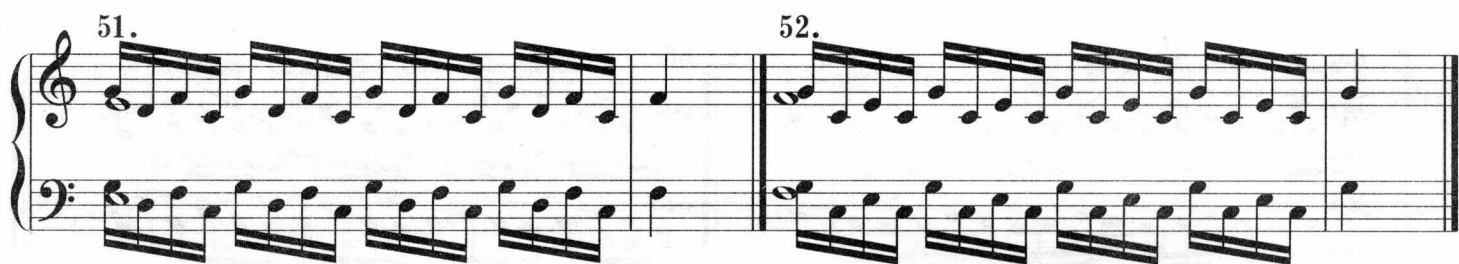
47. 48.




49. 50.



51. 52.



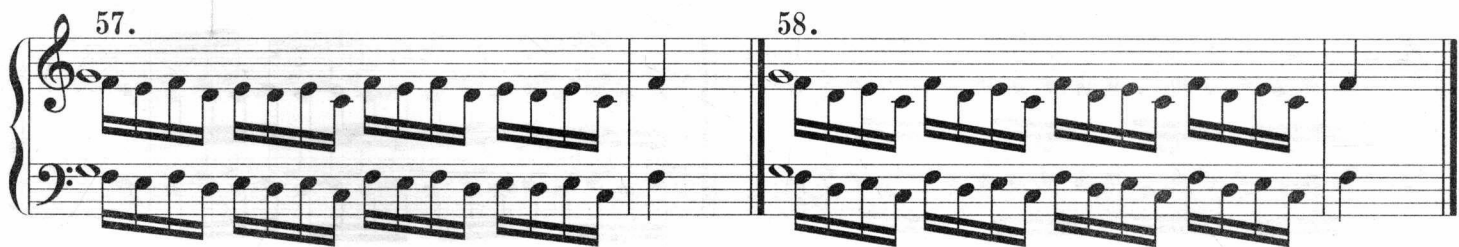
53. 54.



55. 56.



57. 58.



59. 60.



61. 62.

63. 64.

65. 66.

67. 68.

69. 70.

71. 72.

73. 74.

75. 76.

Exercise 75: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

Exercise 76: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

77. 78.

Exercise 77: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

Exercise 78: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

79. 80.

Exercise 79: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

Exercise 80: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

81. 82.

Exercise 81: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

Exercise 82: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

83. 84.

Exercise 83: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

Exercise 84: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

85. 86.

Exercise 85: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

Exercise 86: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

87. 88.

Exercise 87: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

Exercise 88: Treble clef, eighth notes ascending and then descending. Bass clef, eighth notes ascending and then descending.

89. 90.



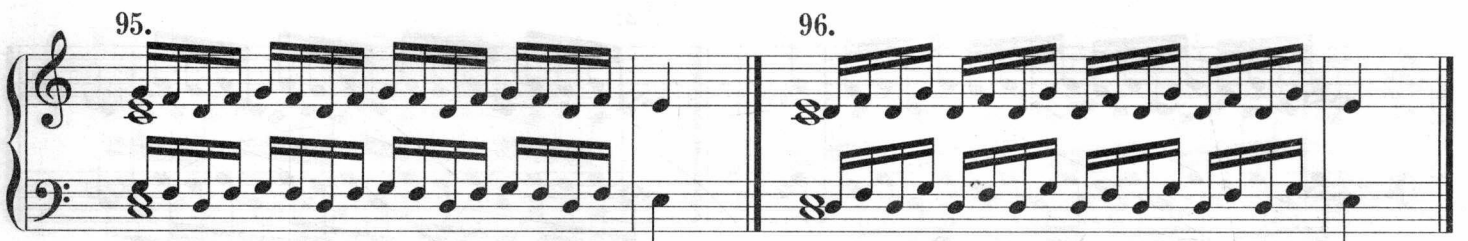
91. 92.



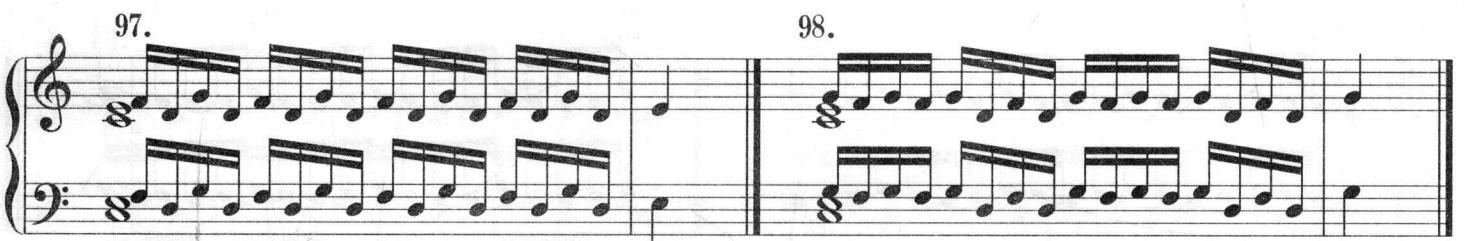
93. 94.



95. 96.



97. 98.



99. 100.



101. 102.



103. 104.

105. 106.

107. 108.

109. 110.

111.* 112. 113. 114.

115. 116. 117. 118.

119.** 120.

* 第111至118也可照这样弹:

等。

** 第119至127也可断奏。

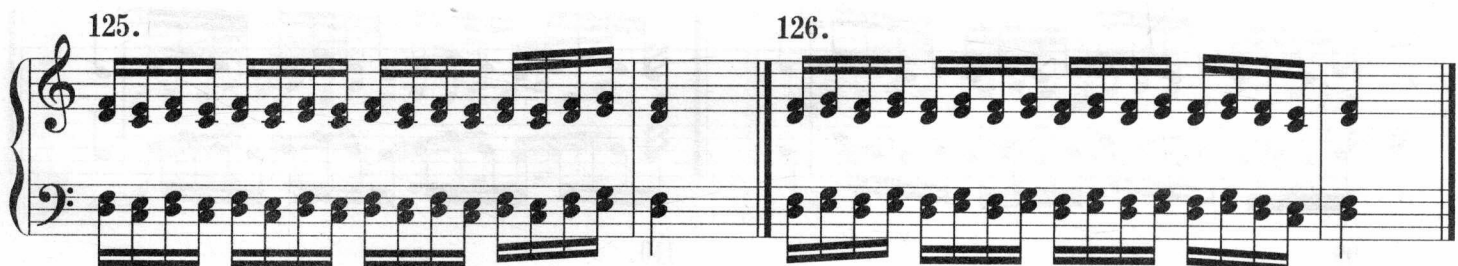
121. 122.



123. 124.



125. 126.



127. 128.



129. 130.



131. 132.



133. 134.



135. 136.

137. 138.

139. 140.

141. 142.

143. 144.

145. 146.

147. 148.