

新东方经典篇章

# 英语三项式快速阅读

——攻阅读、记单词、练翻译

500 词

刘五宁 主编  
编著

新词注释★难词练习★难句分析★长句详解

大学英语  
考试必备

阅读理解★多项选择★全文翻译★综合训练

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# 英语三项式快速阅读

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新东方校训:追求卓越,挑战极限;在绝望中寻找希望,人生终将辉煌。

校训让我们低头正视自己,抬头放眼希望;校训激励大家在平凡的起点上艰苦跋涉,去迎接人生的灿烂辉煌。同样的人生,却可以有大相径庭的人生道路。这其中一个重要的因素是个人的努力程度。把握自己,把我们的人生打造得灿烂辉煌。

时代的确变了,学习外语不再仅仅是应付考试。对许多人来说,是工作、生活的要求;对一些人来说,更是文化、精神的需要。英语阅读,帮我们打开地域界限,提供观察世界的窗口;英语阅读,帮我们开放文化眼界,感受时代与全球新风尚;英语阅读,帮我们提高人文素质,助我们确立自己的人生位置与目标。读与不读,大不一样。

正是出于这样的考虑,我们精心选编了这套丛书。

本套书特点:

1. 丛书按照大学英语教学大纲要求,把握阅读速度、难度、词汇量,以高考、4、6级、研究生国家考试大纲要求和考试题型为模板,确定阅读篇幅,设计题目和练习题。

2. 考虑到读者语言程度的不同,我们按篇幅长短分别成书:100词、200词、300词、400词和500词各自一本,一套五本,由读者选用;各册书均由三部分组成——测试篇、培养篇和提高篇。

3. 各册书阅读文章词数、难度、翻译量按各部分逐步增加。每篇文章后都有阅读训练、词汇练习、短句翻译、词汇注释、难点选评、全文译文和习题答案。

4. 本丛书由青年学者参加编著,因此选注的文章正是同龄人的兴趣所在,可以满足广大青年读者的要求。全套书选材广泛,题材时代感强:书中既有活跃世界政治舞台的风云人物,又有国内的经济弄潮儿;有核工业的事件,还有农业基因改造的法规……书中有读者感兴趣的東西。

5. 本丛书既着眼于考试,更着眼于读者的兴趣与发展。选材语言材料丰富,揉和了英语教学中精读、泛读和快速阅读的综合要求。它有精读的细致讲解、泛读的题材广泛多样,还有快速阅读的练习速度要求。

本套丛书由于溪滨老师总体策划,由黄培辰、彭彤、邹映辉、程云艳、刘五宁、杨舒、祝甸、孙国男等老师编写而成。新东方图书事业部主任蔡菁老师为丛书的出版倾注了心血,孙轶、刘才、王超、李蕾也贡献了自己的力量。

在编书过程中,我们参考了许多国内外的书籍。在此,我们向所有这些学者、朋友真诚致谢!对于出版社在丛书的编辑出版工作中所给予的大力支持,我们也深表感谢。由于时间仓促,难免有疏漏之处,敬请广大读者、同行批评指正。

作者

2003年8月 北京

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# 第一部分

## 快速阅读能力测试篇

要有勇气做你最怕的事。

—— 俞敏洪

崇尚奋斗,信仰成功,拒绝失败。

—— 徐小平

青年朋友们,成功者为我们做出了榜样、总结了经验。有坚定明确的个人信念,还有英语学习的一份兴趣与执着,我们自信:希望就在手中,美好就在明天!



本部分阅读标准 每分钟 80 ~ 100 词

### 自测表的使用:

以下是一套辅助表格,自己可以用它做一下记录。

如:你在 11 月 14 日用了两个小时做了一个 Test,准确率 70%。主要问题是句子结构不清楚。那么填表如下。

以后你自己做表格,分析自己阅读问题所在。

希望这组表格能够记载下你不懈的努力,激励你扎扎实实地不断提高英语水平。

### SELF-EVALUATION FOR READING

Date	Unit(s)	Time used	Work done	Grade	Analysis
Nov. 14	No 4	2hrs.	3 pieces	70%	Structure

## Mourners Salute Bravery Of Ice Victims

Total: 534 words

Time required for reading: 5'

Time required for exercise: 10'

Two men who died trying to save a little girl who fell through ice were laid to rest in front of more than a thousand mourners yesterday. At two very different services one a full fire brigade funeral and the other a private family cremation—tributes were paid to Michael Mee, a fireman, and Jack Crawshaw, who gave their lives trying to rescue 11-year-old Tracey Pattison.

She had chased a dog on to inch-thick ice at Hemsworth Water in Kinsley, West Yorkshire, last week, and plunged into the lake. Mr. Mee, 48, and Mr. Crawshaw, 51, tried to help her and also fell in. All three died despite attempts by medical staff to revive them.

The courage of the men was summed up in a bouquet in memory of Mr. Mee sent by the Pattison family. The inscription read: "To a gallant man who dedicated his life to helping people who went to rest helping our little girl. We will be eternally grateful for your efforts. Always in our thoughts. The Pattison family." A similar tribute was sent to Mr. Crawshaw's funeral.

More than 500 firefighters from nearly every brigade in the country, including 300 members of Mr. Mee's South Yorkshire brigade, gathered for his funeral at the tiny Methodist church in the village of south Hiendley, near Barnsley. The firefighters formed a guard of honor from Mr. Mee's home to the church 100 yards away. The coffin, draped in a Union Flag with station Officer Mee's cap on top, was carried slowly past by six pallbearers—all colleagues of Mr. Mee—followed by his widow, Elizabeth, daughter Kary, son Christopher and his mother, Bessie.

Mourners in the packed church, and hundreds listening outside, heard the Rev Piers Lane describe Mr. Mee as a "bright light" with a passion for living. He said: "Whilst we are here in desperately sad circumstances we have to try to hold on to hope. If there were no people willing to put their life on the line for others, whether in the line of duty or simply during a normal day's walk in the park, this world would not only be a less safe place to live but also a less human place."

After the service the coffin was placed on a fire engine bedecked with a huge tribute made of carnations and chrysanthemums in the shape of a white Yorkshire rose.

The engine also bore a wreath in the shape of a fire engine from colleagues at Royston fire station.

At a nearby cemetery Mr. Mee was buried after the flag draping his coffin was folded and

handed, with his brigade cap, to his son Christopher.

Meanwhile, at a tiny crematorium in Wakefield, more than 100 friends and relatives paid tribute to Mr. Crawshaw, a bachelor. The Rev Eric Davey looked at Mr. Crawshaw's closest family—his brothers Chris and Ian—and said: “He gave his life for others. He had great courage. He was a loving man, a man who would do anything for anybody, and he will be sorely missed.”

Police are to nominate Mr. Mee and Mr. Crawshaw, who lived in Wrenthorpe, Wakefield, for Royal Humane Society bravery awards. Miss Pattisons's funeral is to be held in Hemsworth next Tuesday.

## 一、即读即练

### 1. 多项选择(从四个答案中挑出最符合题意的选项)

1) Who were Michael Mee and Jack Crawshaw?

- A. A fire-setter and a bachelor. B. A firefighter and the girl's father.  
C. The girl's father and a bachelor. D. A firefighter and a bachelor.

2) How many firefighters of Mr. Mee's brigade attended his funeral?

- A. More than 500. B. 300. C. 100. D. More than a thousand.

3) The Rev Piers Lane describes Mr Mee as a “bright light” because that \_\_\_\_\_.

- A. he had a passion for living  
B. he was a firefighter  
C. his brave deed brought people light and hope  
D. he liked to be called “bright light” when alive

4) Mr. Mee's colleagues sent him \_\_\_\_\_.

- A. a coffin  
B. a wreath in the shape of a fire engine  
C. a huge tribute made of carnations and chrysanthemums in the shape of a white Yorkshire rose  
D. a bouquet

5) Which statement is right according to the passage?

- A. The 11-year-old was rescued by the two men.  
B. Mr. Mee and Mr. Crawshaw got Royal Humane Society bravery awards after their death.  
C. The girl's family expressed great gratitude to the two brave men.  
D. All the three died because they did not get any medical treatment.

### 2. 词汇练习

1) He failed to pass the exam \_\_\_\_\_ the great effort he had made before the test.

- A. despise B. in spite C. despite D. although

2) \_\_\_\_\_ to your hope and you will be successful!

- A. Hold back B. Hold down C. Hold off D. Hold on

3) My throat ached \_\_\_\_\_.

A. very

B. sorely

C. solely

D. greatly

## 二、词汇及词组解析

1. to pay tributes to 悼念; 赞颂

2. guard of honor 仪仗队

3. to hold on to 继续; 坚持; 保持

4. on the line 处于危险状态

5. the line of duty 值勤, 公务

## 三、长句、难句分析

1. At two very different services one a full fire brigade funeral and the other a private family cremation—tributes were paid to Michael Mee, a fireman, and Jack Crawshaw, who gave their lives trying to rescue 11-year-old Tracey Pattison.

### 参考译文

在两个截然不同的葬礼上, 一个全部由消防人员参加, 而另一个则由亲友参加。这两个葬礼是分别为消防队员米切尔·米依和杰克·克洛休举行的, 他们为搭救 11 岁的特雷西·帕特逊而献出了自己的生命。

### 语法分析

本句中的 a full fire brigade funeral and the other a private family cremation 是 services 的同位语, 进一步解释了 the two different services。全句主语是 tributes, who gave their lives trying to rescue 11-year-old Tracey Pattison 是一个非限制性定语从句, 修饰前面的两个人名。

2. Always in our thoughts.

### 参考译文

永远怀念您。

### 语法分析

这句话是个省略句, 原句应为 You are/Your brave deeds are always in our thoughts.

3. The coffin, draped in a Union Flag with station Officer Mee's cap on top, was carried slowly past by six pallbearers—all colleagues of Mr. Mee—followed by his widow, Elizabeth, daughter Kary, son Christopher and his mother, Bessie.

### 参考译文

棺材由六名护棺人员抬着缓缓行进——这六名护棺人员都是米依先生的同事, 后面跟着米依先生的遗孀伊丽莎白、女儿凯蒂、儿子克利斯托弗以及米依先生的母亲贝西。

### 语法分析

句子主干应为 The coffin was carried slowly past by six pallbearers. Draped 和 followed 分别组成了两个过去分词结构。破折号中的 all colleagues of Mr. Mee 用于解释说明 the six pallbearers, 是同位语。

4. If there were no people willing to put their life on the line for others, whether in the line of duty or simply during a normal day's walk in the park, this world would not only be a less safe place to live but also a less human place.

参考译文

因为,无论是出于职责,还是在公园里散步时偶然遇到,如果这个世界上没有人甘冒危险挺身而出出去救助他人,那么这个世界将不仅是一个缺乏安全的居所,而且也会是一个缺少人性的地方。

语法分析

本句是一个虚拟结构。If there were...this would not... 可以看作是对一般现在时或者将来时不可能发生的事情的虚拟。

Weather...or not 引导了一个条件状语从句,意为“无论...还是...”。

Not only...but also... 意为“不仅...而且...”。

Passage 2

The Season of Shame

Total: 476 words

Time required for reading: 4'40"

Time required for exercise: 10'

Perhaps the World Cup in the United States should have served as a warning. It was a superb tournament in many respects but the signs were there that the world's most popular spectator sport is getting out of control. As the Brazilian team celebrated a record fourth triumph in Los Angeles, it was all too easy to forget that this was a tournament from which the world's most famous player had been excluded for using drugs and another shot dead by Colombian gangsters for conceding an own goal. Such is football in the 1990s.

Throughout Europe, the season now ending has been one of shame. In France, it will not be remembered for the efforts of the young Nantes team in the league or Paris Saint German in the European Cup. More likely, the memory will be of Bernald Tapie, wealthy businessman, politician and former president of Olympique Marseille, appearing in court to answer charges of bribery.

In Italy, it will be remembered as the season when hooliganism is so incensed that a whole weekend's sport is cancelled.

And in England, the very birthplace of the game, the twin threats of corruption and violence have come together to test the game's administrators, and the criminal justice system, as never before.

No goal scored by Manchester United has been replayed more times on television than the Kung-fu kick with Eric Cantona vented his anger on a Crystal Palace fan. And Arsenal's achievements in European competition were overshadowed by the sacking of their manager, George Graham, for personally receiving £425,000 from two transfers (he later returned the money to the club). Now the Football Association has to consider allegations unheard of in England since the 1960s;

that have been bribed to fix matches.

In that part of Asia, the football authorities and the police have been wrestling with corruption on a massive scale. Eighty players implicated in match-fixing have been barred from the Malaysian league and 120 have been questioned. It is the biggest bribery investigation in the game's history.

What can be done to prevent this cancer spreading elsewhere? An agency set up by the FA through which all transfers are conducted would go a long way towards eradicating any corruption in transfer dealings. The monitoring and licensing of players' agents should be introduced and the FA must establish its own policing system, a permanent investigative commission, to enable it to react more quickly to all events such as those which have plagued it all season. Hooligans, wherever they defile the sport, can only be dealt within the law courts.

Now is the time for clubs and governing bodies to stop encouraging bigger salaries, more matches, increased revenue, and to spend some time in quiet contemplation on the havoc such greed and corruption have already wrought to the game.

## 一、即读即练

### 1. 多项选择(从四个答案中挑出最符合题意的选项)

- 1) Which statement is not true about the United States World Cup?
  - A. It was a superb tournament in many aspects.
  - B. The Brazilian team got the championship.
  - C. A famous player was excluded for using drugs.
  - D. A player was killed because he failed in scoring a goal.
- 2) In France, the season will be remembered for \_\_\_\_\_.
  - A. the World Cup in the United States
  - B. the efforts of the young Nantes team
  - C. the wealthy businessman charged with bribery
  - D. the European Cup
- 3) Why were the 80 players barred from the Malaysian league?
  - A. Because the players broke the rules set by the Malaysian league.
  - B. Because they were involved in some kind of bribery.
  - C. Because they could not play football any more.
  - D. Because they had been investigated by the authority.
- 4) What could be done to prevent the cancer in football game from spreading are EXCEPT \_\_\_\_\_.
  - A. The FA could set up an agency to conduct all the transfers of the players.
  - B. Agents should be introduced for the players.
  - C. FA could establish its own policing system.
  - D. Hooligans could only be dealt within the law courts.
- 5) What is the passage chiefly concerned with?
  - A. The last season is full of shames.



B. There are more and more scandals about football and it needs to be treated timely and properly.

C. Many top professionals were involved in bribery.

D. The reasons to set up an agency to deal with the cancer in football game.

## 2. 词汇练习

1) The court \_\_\_\_\_ the improperly obtained evidence.

A. concluded

B. excluded

C. included

D. secluded

2) The police found a letter which \_\_\_\_\_ him in the robbery.

A. complicated

B. duplicated

C. explicated

D. implicated

3) We are responsible to \_\_\_\_\_ the youth addicting to drugs. Which of the following is the wrong answer?

A. prevent

B. keep

C. stop

D. preclude

## 二、词汇及词组解析

1. tournament ['tuənəmənt] n. 比赛, 锦标赛, 联赛

2. out of control 不受控制

3. hooliganism ['hu:lɪgənɪzəm] n. 流氓行为

4. vent [vent] v. 发泄, 放出

5. havoc ['hævək] n. 大破坏, 浩劫

## 三、长句、难句分析

1. As the Brazilian team celebrated a record fourth triumph in Los Angeles, it was all too easy to forget that this was a tournament from which the world's most famous player had been excluded for using drugs and another (had been 省略) shot dead by Colombian gangsters for conceding an own goal.

### 参考译文

当巴西队欢庆在洛杉矶创纪录的第四次胜利时, 人们非常容易地就忘记了在这次大赛中世界上最富有名望的选手因服用兴奋剂而被逐出赛场, 及另一位球员因一脚把球踢入了自家大门而惨遭哥伦比亚黑帮枪杀的事。

### 语法分析

主句由形式主语构成 it was too easy to forget that... as 作为连词将一个分句与主句连接在一起。主句中的宾语从句是由两个并列的被动句构成, 第二句谓语的一部分 had been 省略了。

2. More likely, the memory will be of Bernald Tapie, wealthy businessman, politician and former president of Olympique Marseille, appearing in court to answer charges of bribery.

### 参考译文

取而代之的却是伯纳德·塔皮的丑闻。这位富商、政客、前马赛奥林匹克队总裁, 不得不在法庭上回答对他行贿行为的指控。

### 语法分析

of + 名词 = 形容词。这里 of + 一个人名表示是…的含义。“wealthy businessman, politician and former president of Olympique Marseille”这一部分是前面人名的同位语,起解释的作用。“appearing in court to answer charges of bribery”是现在分词短语构成的独立主格形式。

3. An agency set up by the FA through which all transfers are conducted would go a long way towards eradicating any corruption in transfer dealings.

### 参考译文

足协设立了一个负责所有球员转会事宜的机构,但要想根除转会交易中的腐败现象尚需做出很大努力。

### 语法分析

本句主干为“agency would go a long way ...”。through which all transfers are conducted 是一个宾语从句,注意宾语从句中谓语动词搭配介词使用时,要用连接词 which 而不是 that。

4. The monitoring and licensing of players' agents should be introduced and the FA must establish its own policing system, a permanent investigative commission, to enable it to react more quickly to all events such as those which have plagued it all season.

### 参考译文

足协必须要建立自己的管理体系,即一个永久性的调查委员会,授权它尽快处理各类事件,如上个赛季所发生的问题。

### 语法分析

本句由两句话并列组成,由 and 连接。其中 a permanent investigative commission 是前面 policing system 的同位语。第二句中的谓语部分为 must establish ... to enable it to ..., 含有两个动词不定式结构。其中 it 指代的是 FA。

## Passage 3

### The Red Cross

Total: 547 words

Time required for reading: 5'30"

Time required for exercise: 10'

Henri Dunant, a Swiss banker, was traveling in northern Italy in the year 1859 when he witnessed the horrors of the Battle of Solferino. This battle, one of the fiercest of the century, was fought between the armies of France and Italy on the one side and Austria on the other. At the end of the day, some forty thousand dead and wounded lay on the battlefield. Appalled by the sight of so much suffering, Dunant organized a volunteer service to help in feeding and caring for the wounded soldiers. Men and women and even boys and girls worked side by side, nursing friend and foe alike.

In 1862, when he was 34 years of age, Dunant published a book called *A Memory of Solferino*. In it he described vividly the scenes of pain and distress he had witnessed, and suggested that a relief society should be formed to give help to all those wounded in wars. This society, he explained, would consist of trained volunteers who would always be ready to travel to the scene of any war that might break out. This could be done only if all the countries would allow the society to carry out its work without hindrance, he insisted.

Dunant's book was a great success. It was read by many rulers and statesmen in Europe. As a result, a conference was held at Geneva and representatives from seventeen states were present. It was decided to go ahead and form an international relief organization. In 1864 a treaty—The Convention of Geneva—was signed and the Red Cross came into being. The design of its badge, a red cross on a white field, was obtained by reversing the colors of Switzerland.

The Red Cross emblem is now used by the medical services of hospitals, ambulances and hospital ships. All countries have agreed that whatever bears the Red Cross must never be attacked. It is recognized and respected everywhere as the emblem which means service to the sick and suffering.

The Red Cross did much work for prisoners-of-war during the two world wars. Many thousands of prisoners remember with gratitude the Red Cross food parcels, the warm clothing, the books and the medical supplies that were sent to them. Many mothers and fathers were thankful for news of their missing sons first brought to them by Red Cross.

In peace, too, the Red Cross is quick to send help wherever there is human suffering. Earthquakes, floods, forest fires, tidal waves, tornadoes (飓风)—all these and many other disasters too—mean pain and distress for the victims. The members of the Red Cross are always among the first who hurry to the scene and are always equipped to bring help and relief.

All this became possible because one man was so deeply moved and worried by the sufferings of his fellow men that he could not rest until he had done his best to help them. Through the years his story has inspired millions of men, women, and children to devote time and care to the service of others. Today the work goes on, for at any moment disaster may strike somewhere, and the Red Cross must be ready to journey to the ends of the earth, if necessary, and bring relief.

## 一、即读即练

### 1. 多项选择(从四个答案中挑出最符合题意的选项)

1) The battle of Solferino was fought by \_\_\_\_\_ against \_\_\_\_\_.

A. France ... Italy

B. France ... Austria

C. Italy ... Austria

D. France and Italy ... Austria

2) After witnessing the war, Dunant \_\_\_\_\_.

A. served as a soldier of France

B. organized a volunteer service

C. nursed the wounded soldiers

D. wrote a book to call on for the end of wars

3) Which statement is not true about the book *A Memory of Solferino* according to the passage?