



普通高等教育“十一五”国家级规划教材

全国高等学校中医药对外教育规划教材

中 药 学

主编 张廷模

11th Five-Year National Planned Textbooks for Higher Education
National Planned University Textbooks for International
Traditional Chinese Medicine Education

Chinese Materia Medica

Chief Editor Zhang Tingmo



高等教育出版社

Higher Education Press



普通高等教育“十一五”国家级规划教材

11th Five-Year National Planned Textbooks
for Higher Education

全国高等学校中医药对外教育规划教材

National Planned University Textbooks for International
Traditional Chinese Medicine Education

中 药 学

Chinese Materia Medica

主编 张廷模

Chief Editor Zhang Tingmo



高等教育出版社

Higher Education Press

内容提要

本书为普通高等教育“十一五”国家级规划教材,全书共分 28 章。总论重点介绍了中药学发展概况、中药的功效、性能以及采收、炮制、配伍、用法诸影响中药临床效应的因素等内容。各论收载常用及代表性药物 300 多种,按其主要功效分为 22 章。各章按含义、功效与主治、性能特点、配伍应用和使用注意逐项阐述,并列出重点集要和难点释疑。各药从性能、功效、个性特点、配伍用药原则等分项解析。

全书术语规范,内容凝练,突出实用。适用于接受中医药教育的海外学生(包括接受学历教育的学生及短期班学生),国内学生的双语教学以及国内外研究中医药的学者。

图书在版编目(CIP)数据

中药学:汉英对照 / 张廷模主编. —北京:高等教育出版社,2008.1

ISBN 978 - 7 - 04 - 022239 - 5

I. 中… II. 张… III. 中药学 - 汉、英 IV. R28

中国版本图书馆 CIP 数据核字(2007)第 171845 号

策划编辑 杨 兵 责任编辑 冯 娟 封面设计 刘晓翔
版式设计 马敬茹 责任校对 刘 莉 责任印制 宋克学

出版发行 高等教育出版社
社 址 北京市西城区德外大街 4 号
邮政编码 100011
总 机 010 - 58581000

经 销 蓝色畅想图书发行有限公司
印 刷 高等教育出版社印刷厂

开 本 850 × 1168 1/16
印 张 54
字 数 1 370 000

购书热线 010 - 58581118
免费咨询 800 - 810 - 0598
网 址 <http://www.hep.edu.cn>
<http://www.hep.com.cn>
网上订购 <http://www.landraco.com>
<http://www.landraco.com.cn>
畅想教育 <http://www.widedu.com>

版 次 2008 年 1 月第 1 版
印 次 2008 年 1 月第 1 次印刷
定 价 99.00 元

本书如有缺页、倒页、脱页等质量问题,请到所购图书销售部门联系调换。

版权所有 侵权必究

物料号 22239 - 00

郑重声明

高等教育出版社依法对本书享有专有出版权。任何未经许可的复制、销售行为均违反《中华人民共和国著作权法》，其行为人将承担相应的民事责任和行政责任，构成犯罪的，将被依法追究刑事责任。为了维护市场秩序，保护读者的合法权益，避免读者误用盗版书造成不良后果，我社将配合行政执法部门和司法机关对违法犯罪的单位和个人给予严厉打击。社会各界人士如发现上述侵权行为，希望及时举报，本社将奖励举报有功人员。

反盗版举报电话：(010) 58581897/58581896/58581879

传 真：(010) 82086060

E - mail：dd@hep.com.cn

通信地址：北京市西城区德外大街4号

高等教育出版社打击盗版办公室

邮 编：100011

购书请拨打电话：(010)58581118

全国高等学校中医药对外教育规划教材

专家指导委员会(按姓氏拼音排序)

- | | |
|-----|--------------|
| 曹洪欣 | (中国中医科学院) |
| 陈凯先 | (上海中医药大学) |
| 陈可冀 | (中国中医科学院) |
| 邓铁涛 | (广州中医药大学) |
| 范昕建 | (成都中医药大学) |
| 匡海学 | (黑龙江中医药大学) |
| 李振吉 | (世界中医药学会联合会) |
| 路志正 | (中国中医科学院) |
| 马 骥 | (辽宁中医药大学) |
| 石鹏建 | (教育部高等教育司) |
| 石学敏 | (天津中医药大学) |
| 王绵之 | (北京中医药大学) |
| 王新陆 | (山东中医药大学) |
| 王永炎 | (中国中医科学院) |
| 王之虹 | (长春中医药大学) |
| 吴勉华 | (南京中医药大学) |
| 徐志伟 | (广州中医药大学) |
| 张伯礼 | (天津中医药大学) |
| 郑守曾 | (北京中医药大学) |

策划组(按姓氏拼音排序)

- | | | | |
|-----|-----|-----|-----|
| 郭伟星 | 梁 华 | 刘 轩 | 刘昭纯 |
| 牛 欣 | 乔旺忠 | 尚 力 | 王新华 |
| 吴建龙 | 谢建群 | 谢金华 | 徐 立 |
| 杨 兵 | 姚洪武 | 应森林 | 张 好 |

National Planned University Textbooks for International Traditional Chinese Medicine Education

Expert Steering Committee(in alphabetical order by surnames)

Cao Hongxin	(China Academy of Chinese Medical Sciences)
Chen Kaixian	(Shanghai University of Traditional Chinese Medicine)
Chen Keji	(China Academy of Chinese Medical Sciences)
Deng Tietao	(Guangzhou University of Traditional Chinese Medicine)
Fan Xinjian	(Chengdu University of Traditional Chinese Medicine)
Kuang Haixue	(Heilongjiang University of Traditional Chinese Medicine)
Li Zhenji	(World Federation of Chinese Medicine Societies)
Lu Zhizheng	(China Academy of Chinese Medical Sciences)
Ma Ji	(Liaoning University of Traditional Chinese Medicine)
Shi Pengjian	(Higher Education Department, Ministry of Education)
Shi Xuemin	(Tianjin University of Traditional Chinese Medicine)
Wang Mianzhi	(Beijing University of Traditional Chinese Medicine)
Wang Xinlu	(Shandong University of Traditional Chinese Medicine)
Wang Yongyan	(China Academy of Chinese Medical Sciences)
Wang Zhihong	(Changchun University of Traditional Chinese Medicine)
Wu Mianhua	(Nanjing University of Traditional Chinese Medicine)
Xu Zhiwei	(Guangzhou University of Traditional Chinese Medicine)
Zhang Boli	(Tianjin University of Traditional Chinese Medicine)
Zheng Shouzeng	(Beijing University of Traditional Chinese Medicine)

Planning Group(in alphabetical order by surnames)

Guo Weixing	Liang Hua	Liu Xuan	Liu Zhaochun
Niu Xin	Qiao Wangzhong	Shang Li	Wang Xinhua
Wu Jianlong	Xie Jianqun	Xie Jinhua	Xu Li
Yang Bing	Yao Hongwu	Ying Senlin	Zhang Yu

中 药 学

中文主审 雷载权

主 编 张廷模

副 主 编 于 虹 曲京峰 钟赣生

编 者(按姓氏拼音排序)

陈 勇 (成都中医药大学)

崔撼难 (辽宁中医药大学)

蓝森麟 (广州中医药大学)

潘颖宜 (上海中医药大学)

邱颂平 (福建中医学院)

曲京峰 (山东中医药大学)

孙晓波 (成都中医药大学)

唐德才 (南京中医药大学)

于 虹 (天津中医药大学)

张廷模 (成都中医药大学)

钟赣生 (北京中医药大学)

英文主审 William Anthony Wood

主 译 王寒冰

译 者(按姓氏拼音排序)

李一北 (成都中医药大学)

王 静 (成都中医药大学)

王寒冰 (成都中医药大学)

谢 慧 (成都中医药大学)

杨 敏 (成都中医药大学)

曾 芳 (成都中医药大学)

Chinese Materia Medica

Chief Reviewer of Chinese Version Lei Zhaiquan

Chief Editor Zhang Tingmo

Vice Chief Editors Yu Hong Qu Jingfeng Zhong Gansheng

Editors(in alphabetical order of surnames)

Chen Yong	(Chengdu University of TCM)
Cui Hannan	(Liaoning University of TCM)
Lan Senlin	(Guangzhou University of TCM)
Pan Yinyi	(Shanghai University of TCM)
Qiu Songping	(Fujian College of TCM)
Qu Jingfeng	(Shandong University of TCM)
Sun Xiaobo	(Chengdu University of TCM)
Tang Decai	(Nanjing University of TCM)
Yu Hong	(Tianjin University of TCM)
Zhang Tingmo	(Chengdu University of TCM)
Zhong Gansheng	(Beijing University of TCM)

Chief Reviewers of English Version William Anthony Wood

Chief Translator Wang Hanbing

Translators(in alphabetical order of surnames)

Li Yibei	(Chengdu University of TCM)
Wang Jing	(Chengdu University of TCM)
Wang Hanbing	(Chengdu University of TCM)
Xie Hui	(Chengdu University of TCM)
Yang Min	(Chengdu University of TCM)
Zeng Fang	(Chengdu University of TCM)

序

中医药学是独具中国特色、科学与人文融合的整合医学，继承创新、我主人随、弘扬其原创思维与原创优势，服务人类健康，我们责无旁贷。发展对外中医药教育事业是向世界传播、弘扬中华民族这一优秀文化遗产的重要渠道。晚近，到中国学习自然科学的外国留学生中，学习中医中药的留学生数量一直名列前茅。越来越多的外国学生渴望来华接受正规的中医学历教育，全面、系统地学习中医药学。大批外国留学生、进修生学成归国后，将学到的知识广为辐射、传播，对扩大中医药在国际上的影响发挥了重要的作用。

鉴于东西方地域、文化、语言、接受习惯等差异，带来交流上的障碍，而中医理论的深奥古朴，也给留学生的学习带来一定的制约，确实需要编写一套为留学生学习，适教适学的中医药对外教育教材。

高等教育出版社此次邀我为这套中医药对外教育教材作序，我有一种责任感和使命感不容推卸。读过整套教材的策划思路及部分书稿，发现这套教材在内容、形式上有许多新颖之处：譬如以大量直观、形象的图表形式来诠释中医基础理论；以典型案例和操作实例来梳理辨证思路，演示中医技法，提炼中医临证精髓；充分考虑留学生地域、文化、语言、接受习惯的差异，舍繁就简，文字通俗易懂又不失中医本色；注重留学生中医整体思想和辨证论治思维方式的培养，密切联系临床实践；还有吸收了中医中药教学和科学研究的最新成果，以及中医名词术语更为规范化，中医英文翻译参照了更为严格的标准。难能可贵的是，作者队伍均为活跃在对外教育教学、临床一线的学术骨干，他们的教学经验得以充分体现，也是培养人才的过程。

相信这套书的出版将促进中医药对外教育教材建设不断完善、发展，使其逐步走向成熟。为推动中医药事业真正走向世界，不断提高学术地位而努力，为生命科学与医学科学的进步做一份有力度有意义的工作。

王永炎

2006年10月

Foreword

Traditional Chinese medicine (TCM) is an integrative medicine containing science, humanism and characteristics of Chinese culture. It's our responsibility to follow the traditions of TCM, keep its advantages, and innovate this medicine for the benefit of human health. International TCM education is an important platform to disseminate this excellent cultural legacy of China to the world. Among the overseas students who come to China to learn natural science, the numbers of TCM students have been steadily increasing and are the greatest in number. More and more foreign students dream of coming to China for comprehensive and systematic TCM education in an overall and systemic way. In addition, lots of foreign students who either study or get advanced training in China also play a significant role in extending the international influence of TCM through disseminating what they have learned in China after they return home.

Communication barrier may arise from the differences of geographic regions, cultures, languages and learning habits between the east and the west; the ancient and profound TCM theory may also cause difficulty in understanding. Therefore it is indeed necessary to compile a set of good textbooks for international TCM education.

I feel duty-bound to write the foreword for this set of textbooks for international TCM education upon the invitation of Higher Education Press. After reading the overall scheme and part of the book scripts, I found that this set of textbooks is novel in both the content and the format. For example, many vivid and objective charts and illustrations are used to explain the essential TCM theory; typical cases and practical examples are used to sort out the idea of syndrome differentiation, demonstrate TCM skills and extract the essence of TCM syndrome diagnosis; easy-to-understand words are used with full consideration of the differences of overseas students from different regions, cultures, using different languages and of different learning habits; more is placed on training the students' holistic thinking and clinical skills and giving them the idea of treating diseases based on syndrome differentiation; the up-to-date TCM teaching and scientific research achievements are also combined in the textbooks; the standardized TCM terms and their English translation are adopted by following the rigorous criteria. Above all, the authors of the textbooks are all working on the frontier of both education and clinical practice. Therefore, the process of writing the book is also a process of displaying their teaching experiences as well as cultivating the qualified personnel.

I am sure that the publication of this set of textbooks will promote and perfect the construction of textbooks for international TCM education. Let's work together to spread the TCM career throughout the world, raise TCM academic level and promote the development of life science and medical science.

Yong Yan-Wang

October, 2006

出版说明

为适应 21 世纪中医药学的发展,满足中医药国际交流与合作的需要,加强中医药对外教育学术体系建设,在教育部高等教育司等有关部门的支持、指导下,由高等教育出版社组织,以国内开展中医药对外教育卓有成效的中医药院校为牵头单位,联合全国各高等中医药院校,开发编写了这套“全国高等学校中医药对外教育规划教材”。

本套教材采用中英对照形式,包括《中医基础理论》、《中药学》、《方剂学》、《中医诊断学》、《中医临床基础》、《中医内科学》、《针灸学》、《推拿学》、《中医文化导读》9 本,入选“普通高等教育‘十一·五’国家级规划教材”。

本套教材内容以国内中医药本科教育教学大纲为基础,涵盖国内外执业中医师(针灸师)考试要求掌握的知识点,并密切结合在国外行医的实际需要。依据国家中医药管理局最新颁布的“中医药名词术语规范”及《中医药常用名词术语英译》为标准,借鉴和吸收了中医药研究的最新成果,力求体现当代中医药学术发展的水平。根据中医药对外教育的特点,充分考虑留学生因语言文化地域差异所带来的接受习惯不同,注重传承与创新并举,理论与实践并重,经典与简约并蓄,注重满足教学需求,注重素质与能力的培养。全套教材论述严谨,语言流畅简洁、层次分明、翻译准确,编排形式新颖,图文并茂,并采用双色印刷和彩色插页,增强可读性。

本套教材由长期从事中医药对外教育、教学经验丰富的专家、教授和学术骨干担任主编、主译和编者。邀请著名中医药学专家为学术顾问,体现了中医药学术界集体智慧的结晶。

本套教材适用于接受中医药教育的海外学生(包括接受学历教育的学生及各种短期班学生)、国内学生的双语教学以及国内外研究中医药的学者。

将祖国传统医学系统、全面、不失本色地推向世界,弘扬中医药传统文化,是我们的共同目标。尽管我们在出版本套教材的工作中力求尽善尽美,但仍存在着不足和遗憾,恳请广大专家、教师和学生提出宝贵意见与建议,以共同提高中医药国际化教育水准,推进中医药现代化和国际化发展进程。

高等教育出版社

2006 年 9 月

Note for Publication

With strong support from the Higher Education Department, Ministry of Education, Higher Education Press organizes the compilation of this series of *National Planned University Textbooks for International Traditional Chinese Medicine Education*. This set of textbooks are intended to adapt to the development of traditional Chinese medicine (TCM) in the 21st century; meet the needs of international exchange and cooperation in the field of TCM; and fortify the academic system construction of TCM overseas education. Led by TCM universities with outstanding achievements in TCM overseas education, all the TCM universities of China participated in the book compilation.

Written in both Chinese and English, this set of textbooks includes the following nine volumes: *Basic theories of Traditional Chinese Medicine*, *Chinese Materia Medica*, *Formulas of Traditional Chinese Medicine*, *Diagnostics of Traditional Chinese Medicine*, *Clinical Fundamentals of Traditional Chinese Medicine*, *Internal Medicine of Traditional Chinese Medicine*, *Acupuncture and Moxibustion*, *Tuina of Traditional Chinese Medicine* and *A Guide to Traditional Chinese Medicine Culture*. This set of textbooks is selected to be the *11th Five-Year National Planned Textbooks for Higher Education*.

Based on the teaching scheme for domestic TCM undergraduate education, this set of textbooks covers the examination outline for professional TCM practitioners (acupuncturists) both at home and abroad, closely relates to the actual requirement of practicing medicine in overseas countries, and adopts the latest version of *Standardization of Traditional Chinese Medicine Terms* and *English Translation of Common Terms In Traditional Chinese Medicine* issued by the State Administration of Traditional Chinese Medicine. In addition, the updated research achievements are also included in the books to manifest the modern academic level of TCM. Considering the characteristics of TCM overseas education as well as the language and cultural differences faced by the overseas students, this set of textbooks puts equal emphases on inheritance and innovation, on theory and practice, and on classics and simplicity. In addition, this set of textbooks aims at meeting the teaching and learning requirements as well as enhancing the students' quality and ability. The textbooks are well-organized with precise elaborations, smooth but concise language and accurate translation. Two-color printing and colored illustrations make the books more readable.

The experienced experts, professors, and academic backbones in the field of TCM overseas education and distinguished TCM experts were invited as the chief editor, editors and chief translator as well as academic consultants, which makes this set of textbooks the fruits of collective wisdom.

This set of textbooks is intended primarily for the overseas students who are learning TCM (including the students of degree education and students of short-term training programs); the students in China of bilingual education; and the scholars doing research on TCM both at home and abroad.

It's our common goal to introduce TCM to the world systematically and completely without losing its characteristics as well as to spread the traditional culture of Chinese medicine. Although we have tried our best to perfect the books, flaws or mistakes may not be completely avoided. We sincerely hope for comments or suggestions from experts, teachers and students in order to raise the international TCM education level and boost the modernization and internationalization of TCM.

前言

为适应日益增多的各国留学生(进修生)学习中医药的需要,也为适应中医药国际交流形势的需要,高等教育出版社组织编写了一套中英对照“全国高等学校中医药对外教育规划教材”,《中药学》是其中之一。

本教材编写中,既注意保持了教材用书的延续性,充分吸取了历版全国统编和规划教材的经验和精华,使全书具备了系统性、科学性、独特性和实用性,又充分注意到阅读对象在语言、时间、文化背景及民族心理等方面的特殊性,从而在确保教学内容的深度、广度的前提下,为方便学习、理解和掌握,力求文字简练,阐述畅达,重点突出,有裨实用。

本教材的内容要求是以国内本科教学大纲为基础,涵盖国内执业中医师考试大纲。编写中参考了高等中医药院校各版统编和规划教材及部分中医药院校外国留学生教材的主要内容,恰当处理学术发展中的继承与发展、理论与实践的关系,并十分注意术语规范、体例适宜、结构紧凑、繁简合度。主编及编委均是多年从事高等中医药教育及对外教育第一线的教师,具有丰富的教学 and 实践经验。本教材总论第一章、第二章、第三章、第四章、第五章、第六章,各论第七章、第八章由张廷模、孙晓波、陈勇编写;第九章、第十章、第十一章由于虹编写;第十二章、第十三章、第十四章由蓝森麟编写;第十五章、第十六章、第十七章由唐德才编写;第十八章、第十九章由钟赣生编写;第二十章、第二十一章、第二十二章、第二十三章由潘颖宜编写;第二十四章、第二十五章中第一节、第二节(包括章概述部分)由曲京峰编写;第二十五章第三节、第四节,第二十七章由邱颂平编写;第二十六章、第二十八章由崔撼难编写。全书由张廷模教授统稿,成都中医药大学雷载权教授审定。

本教材第一章至第七章由李一北翻译;第八章至第十章由王寒冰翻译;第十一章至十五章由曾芳翻译;第十六章至十九章由王静翻译;第二十章至二十四章及第二十八章由杨敏翻译;第二十五章至第二十七章由谢慧翻译。全书英文译稿由王寒冰统稿,由美国澳斯丁东方医学院的中医 William Anthony Wood 审定。

为了准确把握海外学生学习中医药的特点和重点,从而做到有的放矢,因材施教。在本教材的英译过程中,各位作者倾注了大量精力,尤其在对专业术语的中英对译时,常在博采广收的基础上,反复探讨,甄别遴选,务期晓畅雅达,规范统一。因此,本书可以说是一部较为成熟的、结合对外教学实际的、实用性颇强的教材。

本教材虽经编写人员的不懈努力,但限于条件和水平,不足之处尚祈使用者指正,以便中医药对外教育工作水平的进步和提高。

张廷模

2006年12月

Preface

Preface

To meet the needs of increasing numbers of foreign students who travel to China for advanced study, as well as to meet the needs of the ever-increasing trend of international communication and foreign exchange of traditional Chinese medicine (TCM), Higher Education Press has organized to compile a series of nationwide foreigner-oriented TCM higher education textbooks, thus, this version of book, *Chinese Materia Medica*, has been compiled. It will improve on the international propagation and popularity of Chinese Medicine and also contribute to the expansion of international communication along with the cooperation of advanced TCM education.

In this compilation, the material assimilates the experience and essence of different editions of nationwide teaching programs, in which it keeps the systematic, scientific, unique, and practical features. To ensure the depth and scope of the content, the book also concerns itself especially with the readers' language, time, cultural background, and racial psychology. This will make it easier to study, understand, and master. This material hopes to be succinct in its words; to be fluent in its expression; to contain many outstanding educational points; and lastly to be very beneficial in a practical manner.

The content of this book is based on the national undergraduates' teaching outline and it contains the examination outline for licensed TCM doctors. It also references different editions of the nationwide educational programs of superior TCM Universities and colleges. It appropriately handles the relationship of academia in its heritage and development, as well as its theory and practice. This book pays much attention to standard terms, suitable style, compact structure, and appropriate complexity and simplicity. The editor in chief as well as the editors, who have a deep and rich clinical and teaching experience, are active members of the staff in superior TCM education, teaching Chinese as well as foreign students. They can grasp the correct emphasis needed for overseas students' individual learning levels and teach in accordance with their aptitude. Among this book, from Chapter one (general introduction) to chapter eight (heat-clearing herbs), it is compiled by Zhang Tingmo, Sun Xiaobo and Chen Yong; from chapter nine to chapter eleven, by Yu Hong; from chapter twelve to chapter fourteen, by Nan Senglin; from chapter fifteen to chapter seventeen, by Tang Decai; chapter eighteen and nineteen, by Zhong Gansheng; from chapter twenty to twenty three, by Pan Yinyi; chapter twenty four, section one and section two of chapter twenty five by Qu Jingfeng; section three and four of chapter twenty five, and chapter twenty seven by Qiu Songping; chapter twenty six and twenty eight by Cui Hannan. The whole book was edited by Prof. Zhang Tingmo and was examined and approved by Prof. Lei Zaiquan.

From chapter one to chapter seven, it was translated by Li Yibei; from chapter eight to chapter ten by Wang Hanbing; from chapter eleven to chapter fifteen by Zeng Fang; from chapter six-



teen to chapter nineteen by Wang Jing; from twenty to twenty four and chapter twenty eight by Yang Min; from chapter twenty five to twenty seven by Xie Hui. The translation of the whole book was compiled by Wang Hanbing and was examined and approved by William Anthony Wood from Academy of Oriental Medicine at Austin, USA.

During the process of translating into English, the editors have devoted a lot of energy, especially toward professional terminology. They have assembled materials widely, discussed issues repeatedly, and carefully selected terms for their fluency and standardization. This book can be called a mature and practical teaching material.

Because of the limited condition and academic level, this teaching material still has space for improvement. Any correction and suggestions are precious for promoting the development and progressing of TCM international education.

Zhang Tingmo

December, 2006

目录

总 论

- 第一章 中药知识的初步积累和中药学的发展 1
- 第二章 中药的品种、产地和采集 6
 - 第一节 中药材的品种 6
 - 第二节 中药材的产地 6
 - 第三节 中药材的采集 7
- 第三章 中药的炮制 10
 - 第一节 炮制的目的 10
 - 第二节 炮制方法 11
- 第四章 中药的作用 14
 - 第一节 中药的基本作用 14
 - 第二节 中药的功效 14
- 第五章 中药的性能 17
 - 第一节 四气 17
 - 第二节 五味 19
 - 第三节 归经 21
 - 第四节 升降浮沉 22
 - 第五节 毒性 24
- 第六章 中药的应用 26
 - 第一节 中药的配伍 26
 - 第二节 用药禁忌 28
 - 第三节 中药的剂量 30
 - 第四节 中药的用法 31

各 论

- 第七章 解表药 37
 - 第一节 发散风寒药 38
 - 羌活 38
 - 防风 39
 - 荆芥 40
 - 麻黄 40
 - 桂枝 41
 - 紫苏叶 41
 - 香薷 42
 - 生姜 42
 - 白芷 43
 - 苍耳子 44
 - 辛夷 44
 - 第二节 发散风热药 46
 - 薄荷 47
 - 牛蒡子 47
 - 蝉蜕 48
 - 桑叶 48
 - 菊花 49
 - 蔓荆子 49
 - 柴胡 50
 - 升麻 50
 - 葛根 51
 - 淡豆豉 52
- 第八章 清热药 54
 - 第一节 清热泻火药 55
 - 石膏 56
 - 知母 56
 - 芦根 57
 - 天花粉 58
 - 淡竹叶 58
 - 栀子 59
 - 夏枯草 59
 - 决明子 60



谷精草	60	银柴胡	89
第二节 清热燥湿药	62	■ 第九章 泻下药	90
黄芩	63	第一节 攻下药	91
黄连	64	大黄	91
黄柏	65	芒硝	92
龙胆	66	番泻叶	92
苦参	67	芦荟	93
秦皮	67	第二节 润下药	94
第三节 清热解毒药	69	火麻仁	94
金银花	69	郁李仁	94
连翘	70	第三节 峻下逐水药	95
大青叶	71	甘遂	95
板蓝根	71	京大戟	95
青黛	72	芫花	96
野菊花	72	商陆	96
贯众	73	牵牛子	96
鱼腥草	74	■ 第十章 祛风湿药	98
蒲公英	74	第一节 祛风湿止痛药	99
紫花地丁	75	独活	99
败酱草	75	威灵仙	100
大血藤	76	川乌	100
土茯苓	76	防己	100
白花蛇舌草	76	香加皮	101
射干	77	第二节 祛风湿舒筋活络药	102
山豆根	77	秦艽	102
马勃	78	豨莶草	103
马齿苋	79	臭梧桐	103
白头翁	79	络石藤	104
第四节 清热凉血药	81	木瓜	104
地黄	82	蕲蛇	105
玄参	83	乌梢蛇	105
牡丹皮	83	第三节 祛风湿强筋骨药	106
赤芍	84	五加皮	106
水牛角	85	桑寄生	107
紫草	85	狗脊	107
第五节 清虚热药	87	■ 第十一章 化湿药	109
青蒿	87	广藿香	110
地骨皮	88	佩兰	110
胡黄连	88	苍术	111