

The Simultaneous Practice Roscollege English
Classified Essentials and CET-4



大学英语要点归类强化 与 英语四级考试同步训练

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西北大学出版社

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西北大学出版社出版发行

(西北大学校内 邮编 710069 电话 8302589)

新华书店经销 长安印务总厂印刷

850×1168 毫米 1/32 开本 1996年12月第1版

15.875 印张 540 千字 1996年12月第1次印刷

印数: 1-5000

ISBN 7-5604-1151-7/H·52 定价: 22.00 元

《大学英语 (精读)》(上海外语教育出版社出版)是我国高校普遍采用并深受师生好评的优秀统编教材。但是由于该教材课文长、生词多及实践少,学生往往不得要领,很难抓住其语言重点,更难将从课本里所学的语言内容运用到 CET—4 (大学英语四级考试)中去,结果经常出现学习效果差的现象。

本书正是针对教材的上述缺点而编写的。因此,本书具有双重目的:第一,以该教材为蓝本,将每单元的重点单词、短语、结构精选归类,给以精炼的提示和例解,通过多方位、多层次及循序渐进的同步强化练习,使学生能够有规律地抓住语言重点,最终打好语言基础;第二,以提高学生 CET—4 的应试能力为目的,紧密结合《大学英语教学大纲》和《大学英语四级考试大纲》的要求精选语言重点进行强化训练,使他们顺利通过该考试。简单说,本书能够使教材学习和以通过 CET—4 为目的的考试准备同时进行,达到一举两得的结果,从而增强了本书的针对性、实践性、实用性和灵活性。因此,本书既可作为考试训练或学生自测之用,亦可作为补充教材纳入课堂教学。

本书引用的例句和练习选用的句子均来自各类英文原版书刊及辞典和历次 CET—4 试题及各类样题等资料,文字生动,语言规范。在练习设计与形成的过程中,参照大纲规定的有关指标,根据 CET-4 的标准和要求,并借鉴历次 CET-4 的实践经验,对练习题目进行了细微的分析与筛选。

本书与统编教材同步,将教材 1—4 册的语言重点集合为一体,每册每一单元由以下三部分内容构成:

I. Main Points (重点提示)

- 1) 列出活用重点单词,并进行词义练习。从 Book 2 开始增设非积极性单词词义多项选择练习以扩大词汇量,对关键单词进行例解,以更好地掌握其用法。
 - 2) 列出重点短语,并进行英汉双语解释及填空练习。
 - 3) 对重点结构与难点进行总结与例解。
 - I. Study of Word Building (构词学习)

构词是英语学习的一个重要环节。从 Book 2 开始结合教材介绍大学英语必备的构词基本知识,以便在理解、记忆和掌握等方面进一步深化词汇学习,提高词汇应用能力。

Ⅲ. Practice (实践练习)

该部分采用标准化试题形式对重点单词、短语和结构进行总 练习,同时还设有构词练习。

在本书的编写过程中,承蒙西安外国语学院英语系教授赵起 先生从繁忙的教学与科研工作中抽出余暇审校全书,并提出许多 宝贵意见。对赵先生的热情帮助与鼓励,谨在此表示诚挚的谢意。

书中如有疏漏或不确之处, 诚请老师和同学们指正。

编 者 1996年9月

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COLLEGE ENGLISH BOOK 1

UNIT 1

Main Points (重点提示)

Key Words, Phrases and Structures for CET-4 (大学英语四级考试重点单词、短语与结构)

Key Words (重点单词)

average (a.) normal (a.) permanent (a.) solve (vt.) improve (vt.) review (vt.)	top (a.) skim (vt.) adequate (a.) double (v.) hobby (n.) schedule (n.)	grade (n.) mention (vt.) develop (vt.) occupy (vt.) attitude (n.) organize (vt.)
distraction (n.)	purpose (n.)	

Choose the proper word mentioned above that best matches each following definition:

1. lasting for a long time 2. form into a whole ()

3. speak or write about sth. in a few words ()	4. timetable ()
5. ordinary ()	6. what one likes to do in one 's free time ()
7. usual ()	8. take up ()
9. find the answer to (a problem) ()	10. aim ()
11. make or become twice as great or as many ()	12. read quickly to get the main idea of ()
13. sth. that draws away the mind or attention	14. mark ()
15. enough ()	16. acquire gradually ()
17. make better ()	18. best; highest ()
19. what one thinks about sth. ()	20. go over again ()

Key Phrases (重点短语)

write in 填充,填写 fill in: make a choice or decision about decide on: 选定,决定 save for a special purpose 留出 set aside: know (sth.); know (what is be aware (of): happening); realize 知道,意识到 pay close attention to 全神贯注 concentrate on: examine (quickly)察看,检查 look over: review 复习 go over: use or have with others 共同使 share with: 用,共同具有,分享,分担 have as a result; cause 导致 lead to: make use of: use 利用

Fill in the blanks in the following sentences with appropriate phrases:

1.	Everyone should the	danger of cigarette smoking.		
	. He has your work and has some comments to make.			
	. I can't what I'm doing while that noise is going on.			
	I my overcoat and to			
		n the rest of the family.		
6.	This kind of academic resear	rch will not any practical		
	result.			
7.	She much mil	k in her cooking.		
8.	The people of the develop	ing countries have the right to		
	choose and their own	social and economic systems.		
9.	They their lessons to	gether at night.		
	You should all the l			
K	Key Structures (重点结构)			
1.	be the case:	She thought she was hurt but it		
	as the case.	wasn't really the case.		
2.	be sure (not) to:	Be sure not to be late again, or		
		you'll be dismissed.		
3.	make sb. (sth.) +a.:	Too much food made him ill.		
		Are you aware (of the		
4.	be aware {of;	difficulty) that there is a diffi-		
		culty?		
5.	enable sb. or sth. to do:	This bird's large wings enable it		
		to fly very fast.		
6.	and as well:	I'm going to London and my		
		sister's coming as well.		
7.	as · · · as one can:	The sick girl was not hungry,		
		but her mother told her to eat as		
		much as she could.		
8.	· so that · · ·:	He concentrated on his reading		
		so that he could understand the		
	•	text.		
9.	spend (in) doing:	He's spent his life (in) writing		
		this book.		

Practice

Vocabulary

I.	Ch	noose the most appropriate ch	oice:	
	1.	In some families there is a	battle between the	
		young and the old.	· ·	
			b. positive	
		b. tactless	d. complex	
	2.	The doctor's mistakes in ju-	dgement the death of	
		the patient.		
			b. broke off	
		c. resulted from	d. brought out	
	3.	The Americans and the Brit	rish not only speak the same	
		language but also a	large number of social cus-	
		toms.		
		a. produce	b. share	
			d. copy	
	4.	This new drug her to	survive the heart attack.	
			b. enables	
		c. leads	d. decides	
	5.	If the teacher can organize	e some of the children into	
		groups to work together, he will have more time to con-		
		centrate those who r	need most help.	
		a. on b. to c. o		
	6.	Each week he tried to		
		a. set apart	b. set about	
			d. set aside	
	7.	The author was on na	ames for the principal charac-	
		ters of a story.		
		a. fixing	b. determining	
			d. deciding	
	8.	After you finish the test,	it again to look for mis-	
		takes.		

		a. go over	b.	give in
		c. hand over	d.	get through
	9.	The doctor told her that her to	em	perature was
		a. normal	b.	familiar
		c. current		formal
	10.	. He an interest in coll	ecti	ng stamps.
		a. appeared	b.	seemed
		c. developed	d.	realized
	11.	. I must the amount, o		
		a. develop	b.	double
		c. occupy		solve
	12	. He the whole of his p	ast	life.
		a. shared	b.	organized
		c. reviewea	α.	suffered
	13	. He has all the problem	ms	in the lesson.
		a. reviewed	b.	solved
		c. skimmed	u.	mproved
	14	. The explorer an expe	diti	ion to the North Pole.
		a. developedc. organized	b.	mentioned
	15	. You couldyour hand	wri	ting if you tried.
		a. write	b.	improve
		c. practise		grasp
I.		noose the best definition for eac	:h ւ	inderlined part:
	1.	Her grade in English is B.		
		a. division		degree
		c. mark		rank
	2.	The average American boy lik	es	sports.
		a. ordinary	Ь.	useful
		c. brave		active
	3.	As the work became more fa		
		school changed from dislike to		
		a. position		manner
		c. action		idea
	4.	Don't read the report word for		
		a. look over	b.	go over

c. glance over	d. examine carefully
5. The autobiography skips t	he author's childhood and just
tells of his early manhood.	•
a. jumps over	b. passes over
c. leaps over	d. slips out of
6. A portion of the contract of	
a. part	b. content
c. purpose	d. grade
7. Business occupies his mine	l most of the time.
a. takes over	b. decides on
c. sets aside	d. takes up
8. Before closing I want to n	ention all those who contribut-
ed so generously.	·
a. hear of quickly	b. speak of briefly
c. talk about completely	d. discuss briefly
9. His purpose was to gradua	ate from medical school and be-
come a great surgeon.	
a. function	b. attitude
c. aim	d. decision
10. The top doctors in the co	ountry will attend the meeting.
a. summit	b. best
c. wonderful	d. peak
11. Was he able to provide y	ou with the information?
a. commit	b. solve
c. prepare	d. offer
12. No man is really happy o	r safe without a hobby.
a. pastime	b. goal
c. vocation	d. content
13. What do you like to do fe	or relaxation?
a. activity	b. assignment
c. intelligence	d. amusement
14. We took adequate food for	or the short holiday.
a. excellent	b. delicious
c. enough	d. necessary
15. I need a train schedule.	
a. information	b. outline

d. timetable

Structure

Ch	oose the most appropriate of	choice:
1.	enjoy the exciting	is parents, and missed them life in New York.
	a. too much to	b. very much to
	c. enough to	d. much so as to
2.	-	ptionist that he would return
	a. as early as it would be	possible
	b. at the earliest that it co	ould be possible
	c. as soon as le could	and the light transfer of the con-
	d. at the nearest early pos	sibility
3.		we can leave when Father
	comes.	:
	a. because	b. such that
	c. so as	d. so that
4.	Tom is captain of the footh	oall team and is on the baseball
	team	. The second
	a. too b. also	c. as well d. and so
5.	Why don't you make your	self ?
	a. to be useful	
		d. be useful
6.	make the same mis	take again.
	a. Be sure not	b. Be sure not to
	c. Not be sure to	d. Be sure to not
7.	of the difficulty?	A Section 1
	a. Are you aware	b. Do you aware
	a. Are you awarec. Did you aware	d. Can you aware
	He was my friend r	
		b. so well as
		d. so good as
9.	On your trip to America y	_
	knowledge of English.	

	c. make it useful of d. make it of great use
	10. The frog can move quickly on land in the
	water.
	a. neither ··· nor . ' b. either ··· nor
	c. both ··· or d. both ··· and
N.	Error Correction
	1. He was very tired to go any farther.
	a b c d
	2. The coach, as well as the fans all over the country, were c
	disappointed at the result of the football match. $\frac{d}{d}$
	3. You do enough well in school, but you probably think you
	will never be a top student.
	d
	4. You can be a top student without additional work if you
	a b c
	want.
	5. Regular review leads to improve performance on tests.
	6. There are other techniques of course. Only few b
	have been mentioned here.
	7. If you won't eat you'll just have to remain c
	to be hungry!
	8. Tests not only provide grades but let you know what you
	need to spend more time to study.
	9. That's important to set aside time for relaxation, hob-

a. make the good use of

b. make good use of

bies, and entertainment $\underbrace{as well}_{d}$.

10. If you preview your lessons you will recognize what is

more important and you may skip some of these portions.

Word Building

. Complete the following	with the correct form of each word;
1. (addition)	An charge is made for
	heavy bags.
2. (comfort)	The old couple lived plainly but
	•
3. (entertain)	There is not much in our
	little town.
4. (week)	She writes aletter to her
	grandmother.
5. (relax)	Walking and reading were the
•	only permitted on Sun-
	day.
6. (meaning)	History must be made more
	to the individual.
7. (intelligent)	A dog has more than a
	warm.
8. (regular)	She writes to me as as
	clockwork every Thursday.
9. (care)	If you'd been more
	crossing the road you wouldn't
	have been hit by the car.
10. (use)	Money is always
	ch of the following suffixes:
1ment:	
3tion:	4sion:
5ion:	