



# 中国体育年刊

CHINA'S SPORTS YEAR BOOK

1985

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# 中國體育年刊

陸定一



# 1985

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中華人民共和國體育運動委員會政策研究室  
中國奧林匹克委員會新聞與出版委員會





# 目錄

**編輯：**中華人民共和國體育運動委員會政策研究室  
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**主編：**吳重遠

**副主編：**吾如儀

**編委：**(按姓氏筆劃排列)

吾如儀 吳重遠 周源  
郭燕生 陳蔭生 魯光

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**Editor-in-Chief:** Wu Zhongyuan

**Associate Editor-in-Chief:** Wu Ruyi

**Editors:** (List in the Order of the Number of Strokes in  
Surnames)

Wu Ruyi Wu Zhongyuan Zhou Yuan  
Guo Yansheng Chen Yingsheng Lu Guang

**Executive Editors:** Chen Yingsheng Zhou Yuan

**Designer:** Zhou Yuan

## 攝影：

王英恆 孫文志 呂英亮 孫連生 張小京 張吉忠 張連城  
馮一平 安烈 劉心寧 劉先修 劉定傳 沈惠章 官天一  
胡越 周源 周鐵俠 唐禹民 黃景達 程志善 楊昌忠

## 文字作者：

王渡 王小妹 王兆池 王國璋 尹淑貞 甘彥龍 朱德祿  
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# CONTENTS





为把中国建成世界  
作育强国而奋斗

李锐一九八二年二月





體育界  
振興中華體育

榮高棠  
二月九日



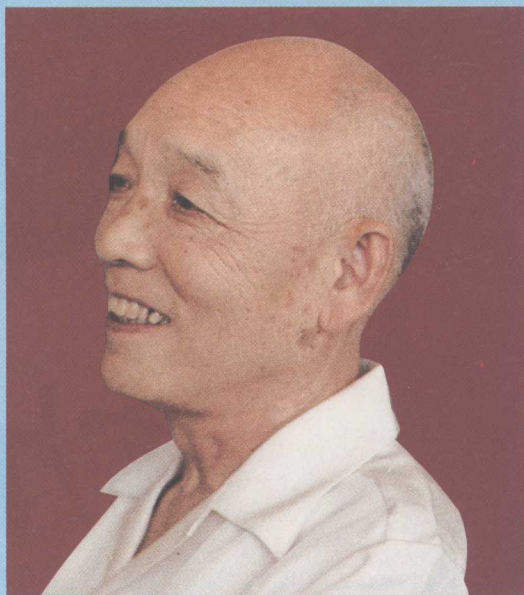


广泛开展体育运动  
增强全民族的体质

黄中

1985.3.1





為實現體育強國  
而奮鬥

一九八五年三月

鍾師統



蓬祖  
勃國  
發體  
展育  
事業

霍英東題





## 題 詞

Inscription

### 中共中央關於進一步發展體育運動的通知

The Circular of the Central Committee of the Communist Party of China on Further Developing Physical Culture & Sports

### 具有歷史意義的一九八四年 李夢華

1984 — A Year of Historical Significance  
Li Menghua

### 運動技術水平的重大突破 吾如儀 肖天

Major Breakthroughs in Competitive Sports  
Wu Ruyi and Xiao Tian

### 光榮榜

China's Sports Figures in 1984

### 第23屆奧運會金牌獲得者

Gold Medalists at the 23rd Olympic Games

### 一九八四年在世界錦標賽、世界盃賽中 獲得冠軍的中國運動員

List of China's Champions at World Championships  
& World Cup Tournaments in 1984

### 一九八四年打破和超過世界紀錄 的中國運動員

List of Athletes Breaking & Surpassing World  
Records in 1984

### 國家體委頒發體育運動榮譽獎章

Athletes Awarded the "Medal of Honour in Sports"  
by the Physical Culture & Sports Commission of  
the People's Republic of China

### 中國參加第23屆奧運會

China at the 23rd Olympic Games

### 洛杉磯奧運會組委會特邀客人

Special Guests Invited by the Organising  
Committee of the Los Angeles Olympic Games

### 中國體育代表團

The Sports Delegation of China

### 中國運動員在第23屆奧運會獲獎名單

China's Medalists at the 23rd Olympics

### 第23屆奧運會獎牌統計表

Medal Standings of the 23rd Olympic Games

### 國家體委對參加第23屆奧運會取得優異成績的 運動員頒發獎章

Athletes Awarded Medals by the Physical  
Culture & Sports Commission of  
the People's Republic of China

### 中國共產主義青年團中央委員會表彰在第23屆 奧運會上取得優異成績的運動隊、運動員

Sports Teams and Athletes Commended by  
the Central Committee of the  
Chinese Communist Youth League

### 中華全國婦女聯合會授予在第23屆奧運會 獲得獎牌的女運動員、女運動隊榮譽稱號

Women Sports Teams & Players Conferred  
Title of Glorious by the  
All-China Women's Federation

### 中國人民解放軍總政治部贈予在 第23屆奧運會上取得優異成績的 運動員以軍功章

Athletes Presented Military Exploit Medals  
by the Chinese People's Liberation Army

### 趙紫陽總理歡宴中國體育代表團

Premier Zhao Ziyang Gives Banquet Welcoming  
Chinese Sports Delegation

### 炎黃子孫心連心

The Hearts of Descendants of the Chinese  
Yellow Emperor are Linked to One Another

### 中國體育健兒在奧運會上的成功轟動了世界

Successes Achieved by Chinese Athletes at  
the 23rd Olympic Games Cause a Sensation  
throughout the World

### 中國赴第23屆奧運會參觀團

China's Study Group for the 23rd Olympic Games

### 中國奧委會贈送國際奧委會的紀念品

Giant Tapestry Given to I.O.C. by  
Chinese Olympic Committee

### 帶往洛杉磯的紀念品

Souvenirs for the Los Angeles Olympic Games

### 中國人民銀行發行銀質奧林匹克運動會紀念幣

Commemorative Silver Coins for the 23rd  
Olympic Games Issued by the People's Bank of China

### 郵電部發行“金牌”明信片

A Set of Special Post Cards "Gold Medal",  
Featuring Gold Medal Performances by  
Chinese Athletes at the Games of the 23rd  
Olympiad Issued by the Ministry of Post  
& Tele-Communications of China

### 郵電部發行第23屆奧運會紀念郵票

Commemorative Stamps for the Games of the  
23rd Olympiad Issued by the Ministry of Post  
& Tele-Communications of China

### 中國參加第14屆冬季奧運會

China at the 14th Winter Olympics

### 中國參加第3屆國際傷殘人運動會

China Competes in the Third International Games  
for the Disabled

### 中國運動員打破傷殘人世界紀錄表

World Records Broken by Chinese Athletes at  
the International Games for the Disabled

### 中國運動員獲獎情況

Records of Chinese Athletes

### 在第3屆國際傷殘人運動會上打破傷殘人 世界紀錄和獲得冠軍的運動員簡介

A Brief Introduction of Chinese Athletes  
Breaking World Records or Winning Gold Medals  
at the 3rd International Games  
for the Disabled

61

61

64

66

68

70

71

72

74

75

75

76

78

79

79

80

1

4

6

8

8

17

17

18

20

24

25

27

56

58

60



接受祖國的檢閱 Athletes at the National Day Parade	84	上海國際田徑邀請賽 The Shanghai International Athletic Invitational Meet	109
中國部分運動項目評述 Reviews of Some Major Sports Events in China	90	北京國際馬拉松賽 The Beijing International Marathon	110
一九八四年的中國女排 Chinese Women's Volleyball Team in 1984	90	上海國際游泳邀請賽 The Shanghai International Swimming Invitational Meet	111
體操運動史上的新篇章 New Chapter in the Annals of China's Competitive Gymnastics	92	上海國際跳水邀請賽 The Shanghai International Diving Invitational Meet	111
中國羽毛球隊戰果累累 The Chinese Badminton Team's Splendid Victories in 1984	93	北京國際體操邀請賽 The Beijing International Gymnastics Tournament	112
田徑打破三項世界紀錄 Three World Records Smashed in Track and Field	96	“七星杯”中國象棋國際邀請賽 The “Seven Star Cup”-International Chinese Chess Invitational Tournament	114
中國女籃成績喜人 Heartening Results by Chinese Women Basketballers	97	南京國際射擊友誼賽 The Nanjing International Shooting Friendship Competition	114
射擊運動奏凱歌 Resounding Victories by China's Shooters in 1984	98	國際太極拳（劍）表演觀摩大會 International Taiji Quan & Taiji Sword (Both of the Wushu Events) Invitational Tournament	116
舉重運動成績喜人、形勢逼人 China's Weightlifting Makes Headway in 1984	99	南寧國際射箭比賽 The Nanning International Archery Competition	118
中國足球有起色 China Forges Ahead in Football	100	“禹王杯”國際自行車邀請賽 The “King Yu Cup” International Cycling Invitational Tournament	118
女子手球嶄露頭角，躋身於世界三強 Chinese Women's Handball Team Ranks Among World's Top Three	101	成都國際跳傘比賽 The Chengdu International Parachuting Tournament	119
中國舉辦的國際邀請賽和國際比賽一覽表 Table of Various International Invitational Tournaments or International Meets Organised by China	102	全國比賽 National Competitions	120
中國舉辦的國際邀請賽和國際比賽 International Invitational Tournaments & Other Contests in China in 1984	103	全國運動競賽活躍 Competitive Sports Activities Come Alive in China in 1984	120
第8屆亞洲杯足球賽 The 8th Asian Football Cup	103	一九八四年全國主要比賽一覽表 Table of the Main National Competitions in 1984	121
長城杯國際足球錦標賽 The “Great Wall Cup” International Football Tournament	104	一九八四年打破全國紀錄統計 Statistics of National Records Broken in 1984	124
西安國際女子足球邀請賽 The Xian International Women's Football Invitational Tournament	105	評選最佳運動員、體育新聞 Selection of Best Athletes & Sports News	128
第10屆亞洲女籃錦標賽 The 10th Asian Women's Basketball Championships	106	首都20家新聞單位聯合評選一九八四年全國十名最佳運動員 The Ten Top Chinese Athletes of 1984 Selected in a Joint Sponsorship by Twenty Mass Media Units in Beijing	128
北京國際女子籃球邀請賽 The Beijing International Women's Basketball Invitational Tournament	107	中國體育記者協會評選一九八四年亞洲最佳運動員 The Ten Top Asian Athletes of 1984 Selected by the Chinese Sports Journalists' Association	130
中國參加戴維斯杯網球賽 China at the Davis Cup Tennis Tournament	108	《體育報》評選一九八四年世界最佳運動員 The World's Best Athletes of 1984 Chosen by Tiyu Bao (Sports News)	131
南京國際田徑邀請賽 The Nanjing International Athletic Invitational Meet	108		



首鋼、中央電視台、《新體育》聯合評選  
世界十佳運動員

The World's Ten Best Athletes Chosen Jointly  
by the Capital Iron and Steel Complex,  
China's Central Television and  
"New Sports" Magazine

國際體操聯合會和《世界體操》季刊  
公布一九八四年世界體操優秀選手

The Best Gymnasts of 1984 Announced by the  
International Gymnastics Federation and  
"World Gymnastics" Periodical

《今晚報》、《新民晚報》、《羊城晚報》、  
《北京晚報》聯合評選

一九八四年中國體育健兒爲國爭光十件喜事

Ten Major Happy Tidings of 1984 Selected  
Jointly by "Today's Evening News",  
"Xinmin Evening News", "Yang Cheng Evening News"  
and "Beijing Evening News"

南斯拉夫《解放報》評選一九八四年  
世界最佳運動員

Li Ning, Chosen as One of the World's  
Best Athletes of 1984 by the Yugoslav Newspaper  
"Oslobodjenje"

美國《游泳世界》雜誌評選

一九八四年游泳、花樣游泳、跳水、  
水球世界最佳運動員

Zhou Jihong, Chosen as One of the World's  
Best Athletes in Swimming, Synchro Swimming,  
Diving and Water Polo by the  
American Magazine "Swimming World"

國際乒乓球聯合會公布

一九八四年世界乒乓球優秀選手

The World's Best Table Tennis Players of 1984  
Announced by the International Table Tennis  
Federation

《人民日報》評定一九八四年  
中國十大體育新聞

Ten Major Sports News of 1984 in China  
Listed by "People's Daily"

新華社體育新聞編輯部評定

一九八四年中國十大體育新聞

Ten Major Sports News of 1984 Listed by  
the Sports News Department of the  
Xinhua News Agency

《體育報》評出一九八四年中國十大體育新聞

Ten Major Sports News of 1984 Listed by  
Tiyu Bao (Sports News)

新華社體育新聞編輯部評定

一九八四年世界十大體育新聞

Ten Major World's Sports News of 1984  
Listed by the Sports News Department of  
Xinhua News Agency

《中國青年報》評出一九八四年九大體育新聞

Nine Major Sports News of 1984 Listed by  
"China Youth News"

《體育報》評出一九八四年世界體育十大新聞

Ten Major World's Sports News of 1984 Listed  
by Tiyu Bao (Sports News)

131

131

132

132

133

133

134

134

135

135

136

136

台灣報刊評選一九八四年新聞人物

News Figures (including Two Athletes) of 1984  
Selected by Newspapers and Magazines in Taiwan

英國《足球世界》評選

一九八四年亞洲“足球先生”

Gu Guangmin and Jia Xiquan Chosen as  
"Football Gentlemen" of Asia of 1984,  
by the British Magazine "Football World"

羣衆體育

Mass Sports

進入黃金時代的中國羣衆體育 朱德祿

A Golden Age for Chinese Mass Sports  
Zhu Delu

新鮮的“體育日”

A Unique "Sports Day"

工農友誼杯籃球賽

Worker-Peasant Friendship Cup Basketball Tournament

全國家庭運動會

National Family Sports Meeting

北京市第21屆春節環城賽跑

The 21st Beijing Spring Festival Round-the-City Race

毬球運動的發展

The Development of Jian Qiu Sport

濟南萬戶長跑賽

Thousands of Families Participate in the  
Jinan Long Distance Race

民族體育的新發展

New Development of Sports for Chinese  
Minority Nationalities

中國信鴿協會成立

China Carrier Pigeon Association Established

體育百花園中的一枝新花——釣魚活動

Fishing, a New Sport Fast Gaining Popularity

新事新辦的特區體育

Sports Activities in the Special Zones

“貝貝杯”賽

The "Bei Bei Cup" Football Tournament

小足球夏令營

Summer Football Camp for Children

北京千名學生舉行重陽登高活動

Thousands of Pupils from Beijing Take Part in  
Mountain Climbing During the Double Ninth  
Festival

第一次全國體育傳統項目學校田徑分區賽

The First National Track & Field Division Zone  
Tournament for Schools of Traditional Events

八十年代大學生——文武雙全

University Students in the 80s — Well Equipped both  
Intellectually & Physically

國家體育制度——《國家體育鍛煉標準》

State Sports Regulations — the "State Physical  
Training Standards"

137

137

137

137

139

139

139

140

140

141

141

143

144

144

145

145

146

146

146

147



## 亞太地區《學校體育》講習班在京舉辦

Seminar on "Sports in School" for the Asian-Oceanian Region in Beijing

## 全國產業系統職工籃球邀請賽

National Industrial Staff & Workers' Basketball Invitational Tournament

## 哈爾濱冷凍廠女子籃球隊

The Women's Basketball Team of Harbin Cold Storage Plant

## 農民衣食足想籃球

Peasants, having Ample Food and Clothing, like Playing Basketball

## 郭老家鄉的水上運動會

Water Sports Meet in Guo Moruo's Hometown

## 全國首屆“屈原杯”龍舟賽舉行

First National "Qu Yuan Cup" Dragon-Boat Race

## 河南項城縣的慶豐收運動會

A Bumper Harvest Celebration Sports Meeting in Xiang Cheng County of Henan Province

## 農村婦女孟玉香自辦旱冰場

Meng Yuxiang, a Country Woman runs a Roller-Skating Rink

## 楊桂林舉行家庭自行車邀請賽

Yang Guilin Sponsors a Family Bicycle Invitational Tournament

## 農民任全伏自辦足球“迎春杯”賽

Ren Quanfu, a Peasant, Sponsors the "Ying Chun Cup" Football Competition

## 登泰山而小天下

Old People Climbing the Tai Mountain

## 第4屆全國老年網球邀請賽

The Fourth National Old People's Tennis Invitational Tournament

## 評選“健康老人”

A Drive to Choose "Healthy Old People"

## 身殘志不殘，一心爭國輝

Disabled, but in High Spirits in Sports

## 安徽省老年體育代表團參加第17屆世界老年人長跑錦標賽

A Team from Anhui Province at the 17th World Old People's Long Distance Race Championships

## 國際體育

International Sports

## 中國對外體育活動蓬勃發展的一年 李甦光

A Year of Rapid Development in International Sports Activities  
Li Suguang

## 國家體委主任李夢華應邀訪問國際奧委會

Li Menghua, Minister of the Chinese Physical Culture & Sports Commission, Visits the International Olympic Committee

147

147

148

148

149

149

150

150

151

151

152

153

153

153

153

154

154

155

## 亞洲奧林匹克理事會主席法赫德一行訪華

Sheikh Fahad Al Sabah, President of the Olympic Council of Asia, and His Party Visit China

## 第3屆亞洲奧林匹克理事會代表大會決定第11屆亞運會一九九零年在北京舉行

The 3rd General Meeting of the Olympic Council of Asia Decides to Hold the 1990 Asian Games in Beijing

## 國際奧委會主席薩馬蘭奇訪華

Juan Antonio Samaranch, President of the International Olympic Committee, Visits China

## 中國援助第三世界國家體育場館建設的成就 鄒培安

China Helps Third World Countries Build Stadia and Gymnasiums  
Zou Peian

## 體育科技和教育

Science, Technology & Education in Sports

## 體育科技與教育喜獲豐收 都浩然

Encouraging Achievements in Science, Technology & Education in Sports  
Du Haoran

## 體育科技成果簡介

Achievements in Sports Science & Techniques

## MB-2型脈沖水力按摩機獲國家發明四等獎

The MB-2 Type Pulse Waterpower Massaging Machine Awarded the State Fourth Class Invention Prize

## B-82型乒乓球發射機達世界先進水平

The B-82 Type Table Tennis Serving Machine Reaches Advanced World Level

## S-83型航空模型高能動力橡筋

The S-83 Type High-Energy Motive Rubber Band for Aero Model Sports

## 電子計算機在體育中的運用

Computers in Sports

## 體育場地建設

Construction of Sports Facilities

## 體育場地建設迅速發展 杜水芳

Rapid Development in Construction of Sports Facilities  
Du Shuifang

## 體育宣傳

Sports Promotion

## 體育宣傳的新面貌

New Look of Sports Promotion

## 人民體育出版社簡介

Brief Introduction of the People's Sports Publishing House

## 中國部分體育報刊一覽表

List of Major Sports Newspapers & Magazines in China

156

157

158

159

161

161

163

163

164

164

164

165

165

172

172

173

173



<b>“衝出亞洲，走向世界”體育展覽</b>	<b>174</b>
Exhibition on China's Sports Achievements	
<b>全國體育集郵展覽</b>	<b>175</b>
China's National Sports Stamps Exhibition	
<b>一九八四年中國體育運動大事記</b>	<b>176</b>
A Chronicle of 1984 Sports Events in China	
<b>中國三十五年體育成就</b>	<b>181</b>
Achievements of China's Sports in the Past 35 Years	
<b>從“東亞病夫”到亞洲體育強國</b>	<b>181</b>
From the "Sick Man of East Asia" to a Powerful Sports Nation of Asia	
<b>中國運動員歷年獲得世界冠軍統計</b>	<b>186</b>
Statistics of Chinese Athletes Becoming World Champions over the Past Years	
<b>中國運動員歷年打破和超過世界紀錄統計</b>	<b>187</b>
Statistics of World Records Broken & Surpassed by Chinese Athletes over the Past Years	
<b>中國運動員歷年打破全國紀錄統計</b>	<b>188</b>
Statistics of National Records Broken by Chinese Athletes over the Past Years	
<b>中國歷年等級運動員發展數</b>	<b>189</b>
More Chinese Athletes Attain Various Standards Set by the State over the Past Years	
<b>中國歷年等級裁判員發展數</b>	<b>189</b>
More Chinese Referees and Judges Attain Various Standards Set by the State over the Past Years	
<b>中國歷年國際體育活動統計</b>	<b>190</b>
Statistics of China's International Sports Activities over the Past Years	
<b>《國家體育鍛煉標準》歷年及格人數統計</b>	<b>190</b>
Figures of Participants Attaining the "State Physical Training Standards" over the Past Years	
<b>評選傑出教練員、運動員</b>	<b>191</b>
Best Coaches & Athletes in the Past 35 Years	



# 中共中央關於 進一步發展 體育運動的通知

體育關係到人民的健康、民族的強盛和國家的榮譽，對提高廣大人民羣衆的思想覺悟，實現黨在新的時期的總任務，發展國際交往與加強同世界人民的團結和友誼，加強國防力量，都有重大的作用。爲此，全黨全社會都要重視加強體育工作，進一步發展全民族的體育運動。

(一)三十五年來，我國體育事業有了很大發展，特別是近幾年發展較快，已初步打開了體育運動的新局面。羣衆體育活動廣泛開展，有效地增強了人民體質，部份運動項目已達到或接近世界先進水平。同時，湧現出一大批優秀運動員、教練員，奪取了一批世界冠軍和創造了一些世界紀錄。最近，中國體育代表團在第二十三屆奧運會上取得了優異成績，這是具有歷史意義的突破，並且表現了良好的比賽風格和道德風貌，獲得運動成績和精神文明雙豐收，它標誌着我國已開始全面登上世界體育舞臺，踏上了建設體育強國的新里程。

體育戰綫的重大成就，爲祖國爭得了榮譽，極大地激發了人民羣衆的民族自豪感和自信心，鼓舞了海內外中華兒女的愛國熱情，擴大了我國的國際影響。

(二)必須看到，目前我國體育事業的發展規模和發展水平同世界先進水平相比，還有很大的差距。爲了盡快地縮小這個差距，必須堅持普及與提高相結合的方針，採取有力措施，使體育運動不斷向新的廣度和高度發展。要積極發展城鄉體育活動，努力提高人民健康水平，重點抓好學校體育，從少年兒童抓起。在增強學生體質的同時，積極開展業餘體育訓練。要完善多渠道、多層次的體育人材梯隊，改革訓練和競賽體制，積極發展體育科研、教育事業，及時掌握體育情報信息，採用國內外先進技術和設備，加強科學訓練，不斷革新技術。搞好項目的戰略佈局，集中力量發展優勢項目，大力加強田徑、游泳等薄弱環節（田徑是各項運動的基礎），同時要把那些短期內能趕上世界先進水平的項目抓上去，爭取在今後的重大國際比賽中，奪取更優異的成績。

(三)要建設一支又紅又專、有勇有謀的運動員和教練員隊伍。各個項目都要像女排、乒乓球隊那樣，堅持高標準，嚴要求，勤學苦練基本功，做到有理想，有道德，有文化，守紀律。對做出優異成績的運動員、教練員等，要給予精神鼓勵和物質獎勵，其中有特殊貢獻的，應予重獎。

要妥善安排退役的優秀運動員，給予

他們進體育院校、師範體育系科和其他專業學校深造的機會，將他們培養成合格的體育教師、教練員、科研人員和體育幹部等。對於轉業到其他行業工作的有貢獻的老運動員、老教練員，有關方面應關心解決他們的困難。

(四)爲了保證體育事業的大發展，必須逐步增加體育事業經費和基建投資，納入各級政府的國民經濟和社會發展計劃。目前，體育設施遠遠不能適應體育事業發展的需要，必須增加數量，提高質量。有些地方和單位把體育場地佔作他用，必須堅決糾正。各地一定要認真落實國家對體育場地建設的要求和城市規劃關於運動場地面積的定額指標。體育場館應合理佈局，避免過份集中。要增加羣衆活動的體育場所，重點增加學校體育設施；逐步實現優秀運動員訓練基地的現代化，有條件的省、自治區、直轄市要逐步建成能夠承辦全運會和國際比賽的設施，有計劃地發展高等院校的體育活動場所。體育場館要改善管理，提高使用率，成爲開展羣體活動和培訓體育人材的基地；同時，要講究經濟效益，積極創造條件實行多種經營，逐步轉變爲企業、半企業性質的單位。工商業部門要會同體育部門做好體育器材和專用設備的研制、生產和供應。

(五)加強體育宣傳。體育是全民族的羣衆性活動，也是一門科學。要大力宣傳體育對建設兩個文明的積極作用，大力普及體育知識，吸引廣大羣衆積極參加體育鍛煉。

要加強對運動隊和觀衆的文明禮貌教育，正確對待勝負。在國際比賽中，尤其要注意既賽出水平，又賽出風格，體現出社會主義國家的風度。要通過體育成就，進行愛國主義、集體主義、社會主義和共產主義的教育，進行爲祖國榮譽頑強拼搏、奮勇進取、勇攀高峯的革命精神的教育，以加速四化建設，推進祖國統一大業。

國際體育活動，是國家外事活動的重要組成部份，具有很強的政治性，要嚴格執行黨和國家的對外方針和政策。在參加各項國際體育活動和進行新聞報道時，要時刻注意考慮我國在國際上的地位和影響。

(六)各級黨委要加強對體育工作的領導。通過整黨，加強各級體委領導班子的建設，按照幹部“四化”標準，調整好各級體委的領導班子，選拔一批年輕、有創見、有事業心的幹部到各級體委領導崗位上來。健全體育機構，全面貫徹黨的路綫、方針、政策，切實發揮體委對體育事業的

THE CIRCULAR  
OF THE  
CENTRAL  
COMMITTEE  
OF THE  
COMMUNIST PARTY  
OF CHINA  
ON FURTHER  
DEVELOPING  
PHYSICAL CULTURE  
& SPORTS



領導、協調、監督作用。各級體委都應立足本地區，面向全世界，深入實際調查研究，認真總結經驗，研究制訂體育發展戰略，建設具有中國特色的社會主義體育事業。

要加強體育隊伍的思想政治工作，尤其要把思想政治工作貫穿於體育訓練和比賽的全過程。使體育戰綫在建設精神文明中成爲一條強有力的戰綫。

現在，國家政治局面安定，經濟狀況好轉，人民羣衆對發展體育運動有着強烈的要求，具備了把體育運動更快地搞上去的條件。要充份利用這個條件，在本世紀內把我國建設成體育強國，以增強全民族的體質，強國強民。通過參加各種國際比賽，增進同世界各國人民的友誼，鼓舞我國人民奮發圖強、建設四化的信心和鬥志。中央希望體育戰綫的全體同志要充份認識自己的光榮職責，戒驕戒躁，銳意改革，勇於進取，不斷做出新的貢獻。

中央相信，在體育戰綫全體同志和全黨、全國各族人民共同努力下，中華民族一定能躋身於世界體育強國之林。

中共中央

一九八四年十月五日

Sports is a matter of importance to the health of the people, the prosperity of the nation and the honour of the country. It plays a tremendous role in raising the ideological consciousness of the broad masses, in fulfilling the general task of the Party for the New Period, promoting international exchanges, strengthening the unity and friendship with the peoples of other countries, and strengthening the national defence. This is why the whole Party and the whole society must attach great importance to the strengthening of the physical culture and sports work and further develop the physical culture and sports of the whole nation.

1. The past 35 years have seen tremendous developments of sports in China. The progress has been even quicker in the last few years. A new situation has initially been opened up in physical culture and sports. Mass sports, developed on a broad scale, have effectively improved the physical condition of the people. Some of the sports have reached or approached the world's advanced level. Moreover, a large number of outstanding sportsmen and coaches have emerged, and some of these sports-

men have captured world championship titles or set world records. Recently, the Chinese sports delegation achieved outstanding results at the 23rd Olympic Games, making a breakthrough of historical significance, and showed good sportsmanship and moral conduct. This means a double harvest of competition records and sportsmanship. It marks the beginning of China's all-round march towards the world sports arena and a new milestone for the building of a powerful sports country.

The important achievements scored in sports have brought honour to the motherland, greatly enhanced the national pride and self-confidence of the masses, inspired the patriotic enthusiasm of the sons and daughters of the Chinese nation living at home and abroad, and spread the international influence of our country.

2. It must be seen that there is still a big gap between our country and the advanced countries in the world so far as the development scale and level of sports are concerned. In order to close the gap as quickly as possible, it is necessary to adhere to the principle of paying equal attention to the popularisation of sports and the improvement of their standards and take effective measures to promote the development of sports to new depths and heights. It is essential to make positive efforts to promote sports both in the cities and in the countryside, raise the health standards of the people and put emphasis on physical education and sports in schools, especially among children. While improving the physical condition of students, it is necessary to conduct after-class training among them in a positive way. It is essential to build up a system of training sports personnel through multiple channels and at multiple levels, reform the training and competition systems, positively promote sports research work and physical education, obtain the information of sports in other countries in time, adopt advanced techniques and equipment created both at home and abroad, strengthen scientific training and constantly improve training techniques. It is essential to work out a strategic plan for the development of sports, concentrate on the development of the sports in which China is strong, make energetic efforts to improve sports like athletics and swimming in which China

is weak (athletics is the foundation for all other sports), and at the same time pay special attention to the sports in which China can catch up with the world's advanced level in a short time so that our athletes will be able to obtain even better results at the major international tournaments in the future.

3. It is necessary to build up a contingent of sportsmen and coaches who are both red and expert, and have both valour and resourcefulness. The sportsmen and coaches in all sports should follow the example of the women's volleyball team and the table tennis team, to stick to the high standards and strict demands, work hard to master basic skills and see to it that they have a noble ideal and good moral conduct, acquire a better education and abide by discipline. Both moral encouragement and material awards should be given to the sportsmen, coaches and others who make outstanding contributions, as well as to those who make special contributions.

Appropriate arrangements should be made for retired outstanding sportsmen. They should be given opportunities to attend physical culture institutes, physical culture departments of teachers' colleges and other professional schools for advanced studies so that they can be trained into qualified sports teachers, coaches, research workers and sports officials. The departments and units concerned should take care of veteran sportsmen and coaches, who made contributions and who have been transferred to other trades, and help them when they have difficulties.

4. In order to ensure the vigorous development of sports, it is necessary to increase funds for sports and investment in the construction of sports facilities step by step, and include the funds and investment in the plans of the governments at all levels for the national economic and social development. At present, the sports facilities are far from enough to meet the needs for the development of sports. It is necessary to build new facilities and improve their quality. Those localities and units which have used the sports grounds for other purposes must correct their wrongdoing without hesitation. All localities must make sure to earnestly follow the demands of the Central Government on the construction of new sports grounds and guarantee the quotas



on the area of the sports grounds allocated under city planning. The sports centres should be reasonably located to avoid over-concentration. There should be more sports grounds for mass activities and emphasis laid on increasing sports facilities for the schools. Training centres for outstanding sportsmen should be modernised step by step. Provinces and municipalities directly under the Central Government and autonomous regions should gradually build sports facilities for national games or international tournaments if conditions permit them to do so, and increase sports facilities in universities and colleges in a planned way. Existing sports centres should improve their management and operation, make better use of themselves and turn them into bases for mass sports activities and training of outstanding sportsmen. At the same time, they pay attention to their economic results, and positively create conditions for multi-purpose operations so as to turn themselves into enterprises or semi-enterprises. Industrial and commercial departments should join sports departments in ensuring the development, production and supply of sports gear and special equipment.

5. It is necessary to give better publicity to sports. Sports are mass activities for the whole people. They are also a science. Energetic efforts should be made to give publicity to the positive role played by sports in raising the material and cultural level of the nation, popularise knowledge on sports and encourage more people to practise sports and physical exercises.

It is necessary to strengthen the education in civility among sportsmen and spectators and teach them to take a correct attitude toward win or loss. In international competition, special attention should be paid to both the standard of performance and sportsmanship so as to show the bearing of the sportsmen of socialist China. It is essential to conduct education in patriotism, collectivism, socialism and communism and education in the revolutionary spirit of competing stubbornly for supremacy, forging ahead courageously and scaling heights boldly for the honour of the motherland through the achievements scored in sports so as to speed up the modernisation drive and promote the great cause of the reunification of the motherland.

The international sports activities are an important component part of the foreign affairs of the country and are of strong political character. It is necessary to strictly follow the principles and policies of the Party and the state concerning foreign affairs. While participating in the international sports activities and organising news coverage, it is necessary to pay attention at all times to the international position and influence of our country.

6. The Party Committees at all levels should strengthen their leadership over sports work. It is necessary to strengthen the leading bodies of the physical culture and sports commissions at all levels through the consolidation of the party organisations, readjust the leading bodies of the physical culture and sports commissions at all levels according to the requirements prescribed for the cadres and select and promote a number of young cadres with original ideas and devotion to work to the leading posts of the physical culture and sports commissions at all levels; strengthen the sports organisations and implement the Party line, principles and policies in an all-around way so as to play the role of the physical culture and sports commissions in leading, coordinating and supervising the sports work. The physical culture and sports commissions at all levels should have their feet firmly planted in their own localities and keep the world in mind, make investigations of actual conditions, earnestly sum up experience, study and work out their own strategies for the development of sports and develop socialist sports work with Chinese characteristics.

It is necessary to strengthen ideological and political work among the sports contingents, and in particular, to promote the ideological and political work in the whole process of training and competition, so as to turn the sports front into a powerful front in the intellectual and moral development.

Today, the country has a stable political situation and a better economy, and the people have shown a strong desire for the development of sports, providing conditions for the promotion of sports to a higher level in a shorter time. We must make full use of these conditions to build our country into a strong sports power so as to improve the physical conditions of the whole

people and make both the country and the people strong. By participating in the international competitions, it is necessary to enhance friendship with peoples of all other countries, and inspire the people of our country to enhance their confidence and fighting spirit in working hard for the prosperity of the country and its modernisation drive. The Central Committee of the Communist Party of China hopes that all comrades on the sports front will have full understanding of their glorious duties, guard against arrogance and rashness, make reforms with determination and go ahead dauntlessly so as to make new contributions constantly.

The Central Committee of the Communist Party of China is convinced that with the joint efforts of the comrades on the sports front, the whole party and the people of the whole country, the Chinese nation will certainly rank among the great world sports powers.

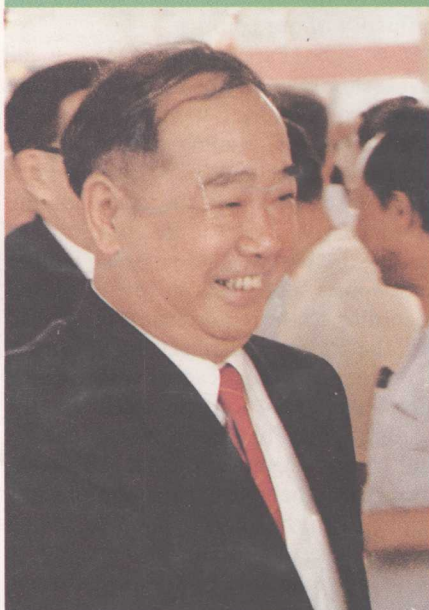
The Central Committee of the  
Communist Party of China

October 5, 1984



# 具有歷史意義的 1984年

中華人民共和國  
體育運動委員會主任  
李夢華



1984 — A YEAR OF  
HISTORICAL  
SIGNIFICANCE

by Li Menghua,  
Minister of the  
Physical Culture & Sports  
Commission of the  
People's Republic of China

當我們揮手告別1984年的時候，感到無比振奮，充滿着信心和希望。過去的一年，各條戰綫一派蓬勃生機，體育戰綫也取得了比1983年更大的成就。以中華健兒在第23屆奧運會上奪得豐碩成果為主要標誌，體育事業全面獲得豐收，呈現了新面貌，中國已踏上了向世界體育強國進軍的新里程。

1984年是中國體育事業發展史上具有重要意義的一年。在這一年裏，中國派出了三百多人的大型體育代表團，進軍洛杉磯，參加第23屆奧林匹克運動會，賽出風格，賽出水平，贏得了運動成績和精神文明雙豐收。一共奪得15枚金牌、8枚銀牌和9枚銅牌，中國女排奪得“三連冠”。金牌數名列140個國家和地區的第四位，突破了中國在奧運會上金牌“0”的紀錄。一雪東亞病夫之辱，大長中華民族的志氣。在這一年裏，中國健兒共有17人17次打破和超過田徑、射擊、航空模型、航海模型、摩托艇等12項世界紀錄，46人分別獲得體操、舉重、擊劍、跳水、射擊、排球、乒乓球、羽毛球、圍棋、航海模型、航空模型、跳傘、帆板等33項37個世界冠軍（含奧運會）。

中國運動員的出色表現，贏得了國際體育界的廣泛讚揚，激發了海內外炎黃子孫的民族自豪感和愛國熱忱。在這股巨大暖流的推動下，1984年中國體育熱的廣度和深度超過以往任何一年。羣衆創造了許多豐富多彩、生動活潑的體育活動形式，進一步豐富發展了具有中國特色的羣衆體育運動，城鄉體育波瀾壯闊，蓬勃發展，體育走向更加廣闊的天地。全國已有3億人經常參加體育活動，達到國家體育鍛煉標準的累計人數已有1.5億多人。有兩千多萬職工投身於體育鍛煉。建國以來首屆全國“豐收杯”農民籃球邀請賽順利舉辦，參加比賽的510名運動員全部來自人均年收入達400元以上的鄉鎮，反映了富裕起來的億萬農民迫切要求文化體育的心願。民族傳統體育經過提煉整理，更加豐富多彩，武術、氣功等遍及城鄉，並開始流傳到許多國家。龍舟、毬球等民間體育項目經過加工與改進，成為全國正式競賽項目。舉辦了全國第一屆傷殘人運動會，並派運動員參加國際傷殘人運動會，共獲得24枚獎牌，破9項世界紀錄。傷殘人同健康人一起譜寫了體育新篇章。

隨着中國政治安定，經濟繁榮，人民生活改善，人們對體育的需求越來越迫切，體育在社會主義物質文明和精神文明中的

重要地位，得到廣泛的承認和重視，體育觀念發生了很大的變化。高爾夫球、地滾球、臺球這些過去在中國很少開展的項目，現在也開始進入人們健身娛樂活動中。體育不僅具有健身作用，而且作為高尚的精神享受納入中國現代生活方式之中，成為人民生活的重要內容。廣大城鄉湧現出一大批全家參加體育鍛煉的家庭。特別是近幾年，在全國實行改革的洪流中，體育部門放手發動各行各業、社會團體和個人興辦體育，體育社會化的路子越走越寬，新鮮事物層出不窮。如：富裕起來的農民個人、家庭辦體育；城鄉集體或個人舉辦業餘訓練點、技術推廣站、健康諮詢室；恢復和發展民間體育組織，民辦體育俱樂部以及大型廠礦企業、高校自辦運動隊等方興未艾；社會集資和引進外資、僑資辦體育，使體育投資結構趨於多元化；在體育場地建設方面，國家、集體、個人齊動手，一年來新建場地1,500多個。這些都充份體現體育作為全民的事業，日益顯示出它蒸蒸日上，欣欣向榮的新勢頭。

隨着對外開放步伐的加快，中國擴大了同世界各國人民的友好往來，在發展世界體育運動中進一步發揮作用。中國已是89個世界和亞洲體育組織的成員，並在46個組織中擔任領導職務。這一年亞洲奧林匹克理事會正式批准在北京舉辦1990年第11屆亞運會。中國還首次參加國際奧林匹克科學大會，提交的論文受到大會歡迎。體育科研論文首次在國外獲美國矯形外科運動醫學會優秀論文獎。

這幾年，我們同台灣運動員一道參加國際比賽，共敘手足之情，增進了海峽兩岸同胞之間的瞭解和情誼。特別是第23屆奧運會上大陸運動員和台灣運動員共為中華民族的榮譽奮勇拼搏，得到兩岸人民以及海內外炎黃子孫的同聲讚譽。

黨和政府高度重視和關懷體育事業的發展，是中國體育運動飛速發展的關鍵。1984年中共中央發出《關於進一步發展體育運動的通知》，是一個具有歷史意義的綱領性文件。對體育工作是巨大的推動和有力保證。各級黨政機關貫徹《通知》精神，從人力、物力、財力上解決了體育工作的一些實際問題。全國體育工作面臨着更為喜人的局面。

1984年體育改革邁出了新的步伐。國家體委成立了體育發展戰略研究委員會，召開了全國第一次體育發展戰略、體育改革會議，由體育工作者與體育理論研究人員一起為體育事業發展出謀獻策。在訓練