

孟建平 系列丛书



R

课时 精练

八年级 英语（上册）
（新目标）



活页

浙江大学出版社



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编写说明

多年的梦想,多年的努力,我们不断优化,我们不断创新。现在,《孟建平系列丛书》已成为中小学教辅图书中具有相当知名度的一个图书品牌。

在新课教学中,布置一份好的作业,是教师教学工作的重要一环,也是提高教学质量的重要保证。经过长时间的精心策划以及众多名师非常认真的编写,今天,我们又隆重推出这套《课时精练》系列丛书,相信它能像《单元同步测试》、《辅教导学》、《中考捷径》等丛书一样,深受广大师生的喜爱。

本丛书特点:

一、独特的编排装订

课时作业类教辅书中,以活页形式编排装订我们是第一家。这样的编排装订,收发方便,批改方便。

二、完全的同步性

与其他教辅书按课文或节或单元编写不同,本丛书完全按课时、按教学进度编写。一节新课、布置一份作业,教师不必再费心地去挑挑选选,实现真正意义上的课时同步训练。

三、大量的基础题

作业量少不能满足教学实际需要,一味地追求难,会丧失学生学习的信心。我们编写大量的基础题,特别是设置“精彩回放”这一栏,目的是让每一个学生有可做的题,能使大部分学生完成大部分的作业,增强学生学习的信心,进一步调动学生学习的积极性。

四、永远的新题、好题

有新题、有好题是《孟建平系列丛书》一贯的,也是永远的追求。本丛书当然也会有大量的新题、好题。

对“丛书”的编校,我们的做法儿近苛刻,但囿于水平,缺点、错误恐仍不能完全避免,恳请读者不吝指教,使“丛书”更趋完美。

丛书主编 孟建平

本册主编 赵连忠

本册编者 陈高悦 何彩芳 赵连忠 徐小莉

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六、《新中考模拟》(按新课标编)

语文 数学 英语 科学

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第1课时 Unit 1(一)

班级 _____ 学号 _____ 姓名 _____

精彩精粹

一、单词、词组英汉互译

1. 总是 _____
2. 有时 _____
3. 决不 _____
4. 在周末 _____
5. 看电影 _____
6. usually _____
7. most _____
8. watch TV _____
9. how often _____
10. read an English book _____

二、用所给动词的适当形式填空

1. What _____ you usually _____ (do) on weekends?
I usually _____ (go) to the movies.
2. What _____ she _____ (do) every day?
She _____ (do) some exercises.
3. John sometimes _____ (work) 10 hours a day.
4. My parents always _____ (watch) TV after supper.
5. _____ Tom usually _____ (surf) the Internet at home?
No, he _____ (not do).

轻松过关

三、单项选择

- () 1. I _____ have breakfast at 7:00. But _____ it's 7:20. I'm having my breakfast.
A. usually, often B. often, usually

C. sometimes, often D. usually, now

- () 2. _____ Lily _____ a cake?
A. Is, want B. Do, wants
C. Does, want D. Does, wants
- () 3. —Do you often go to the movies _____ Sunday?
—No, we _____.
A. on, don't B. on, aren't
C. in, do D. in, don't
- () 4. When _____ your brother Jack _____ to school every morning?
A. does, get B. do, get
C. is, getting D. are, getting
- () 5. Do you often _____ books on Sundays?
A. look at B. see
C. read D. watch
- () 6. He _____ lunch at school every day.
A. doesn't B. doesn't have
C. doesn't has D. hasn't
- () 7. Ann _____ does housework.
A. sometime B. some times
C. some time D. sometimes
- () 8. I have _____ homework to do today.
A. lot of B. a lot of
C. a lot D. a lots of
- () 9. His grandmother is well because she often _____.
A. exercises B. smokes
C. sleeps D. sings
- () 10. She likes to have meat _____ every meal.
A. to B. at
C. of D. for

四、句型转换

1. Dick is watching TV now. (用 sometimes 改写句子)

Dick _____ sometimes.

2. My father often reads newspapers after supper. (对划线部分提问)

_____ your father _____ after supper?

3. Li Tao often has rice for lunch. (改为一般疑问句, 并作否定回答)

_____ Li Tao often _____ rice for lunch?
_____, he _____.

4. Tom goes to bed at ten in the evening. (改为否定句)

Tom _____ to bed at ten in the evening.

5. They always see a film on Saturdays. (改为同义句)

They always _____ on Saturdays.

延伸拓展

五、完形填空

阅读下面短文, 从短文后所给各题的四个选项(A、B、C 和 D)中, 选出能填入空白处的最佳选项。

What do the people usually do on weekends? Some people like to 1 at home, but others like to go out for a walk or play football. Mr Smith 2 hard in a factory during (在……期间) the 3. On the weekends, he usually 4 the same thing. On Saturday he washes his car and on 5 he goes with his family to a village(村庄) by car. His uncle and aunt 6 a farm there. It isn't a big one, but there is always 7 to do on the farm. The children help with the animals and give them some 8. Mr and Mrs Smith help in the field. At the end of the day, they are all 9 and Mr Smith's aunt 10 them a big

meal.

- () 1. A. play B. stay C. be D. so
() 2. A. works B. does C. makes D. studies
() 3. A. day B. year C. week D. month
() 4. A. does B. do C. make D. has
() 5. A. Sunday B. Saturday
C. Thursday D. Friday
() 6. A. have B. has C. bring D. find
() 7. A. much B. many C. any D. most
() 8. A. food B. rice C. full D. fruit
() 9. A. hungry B. angry C. full D. happy
() 10. A. give B. puts C. makes D. does

六、阅读理解

下图是一张公共汽车时刻表。请根据时刻表回答问题或完成句子。

Stop/Bus	Bus 1	Bus 2	Bus 3	Bus 4	Bus 5
City Center	5:00	6:05	6:20	6:35	6:50
Clothes Shop	6:08	6:23	6:38	6:52	7:03
Park	6:25	6:45	6:55	7:18	7:31
Factory	6:40	7:05	7:20	7:30	7:46
Computer City	7:00	7:25	7:42	7:55	8:05
School	7:15	7:40	8:05	8:18	8:30
Hospital	7:30	8:00	8:25	8:35	8:55
Bookshop	7:45	8:20	8:40	9:00	9:20

1. You may take _____ if you want to get to the Computer City at 7:52.
2. Which bus can take you to the bookshop before eight? _____.
3. If you live near the bus stop, you may take Bus 4 to the park at _____.
4. Jim lives near the park. How long does it take Jim to school by Bus 3? _____.
5. What time must you get on the bus if you live near the factory and want to reach the hospital at five to nine? _____.

第2课时 Unit 1(二)

班级 _____ 学号 _____ 姓名 _____

精彩回精

一、词级英汉互译

1. 每周两次 _____
2. 上网 _____
3. 最喜欢的节目 _____
4. 活动调查 _____
5. 大多数学生 _____
6. three times a month _____
7. play soccer _____
8. Here are the results _____
9. all students _____
10. Animal World _____

二、用恰当的词填空

1. How _____ are you? I'm eleven.
2. How _____ brothers do you have? Two.
3. How _____ are these pants? Sixty dollars.
4. How _____ do you watch TV? Once a week.
5. How _____ does he drink milk? He drinks milk every day.
6. How _____ were you away from school last year? About two weeks.
7. How _____ hours of sport did you do every week?
8. How _____ fruit and vegetables did you eat?
9. What _____ did you go to bed at night? Before 9:30.
10. _____ do you like watching TV? Because it's relaxing.

轻松过关

三、单项选择

- () 1. I often go to _____.

A. a movie B. movies
C. the movies D. the movie

- () 2. Could you come and _____ with me?
A. play football B. play the football
C. to play football D. play football
- () 3. Do you know the results _____ our exam last week?
A. to B. of
C. with D. in
- () 4. _____ milk, I drink it every morning.
A. As if B. As for
C. As well D. As well as
- () 5. Li Lei works in England. He comes to China _____.
A. three time a year B. three times a year
C. three times year D. three time year
- () 6. _____ do they play football? Every day.
A. How soon B. How much
C. How many D. How often
- () 7. Here _____ the results _____ the student activity survey.
A. is, with B. are, of
C. is, of D. are, with
- () 8. Tom exercises every day. He _____ runs about 2,000 metres every morning.
A. never B. always
C. sometimes D. hardly ever
- () 9. What _____ do you like best? Football.
A. food B. subject
C. sport D. music
- () 10. That's not your backpack. It _____ Peter's.
A. likes B. looks the same

C. looks like

D. looks after

四、根据首字母或所给词的适当形式填空

1. He writes to his father t _____ a month.
2. Everyone likes to surf on the I _____.
3. Do you find the d _____ between the twins?
4. Most students e _____ three or four times a day.
5. Here are the results of the student a _____ survey at school.
6. My _____ (eat) habits are very good.
7. Li Ping is the _____ (good) student in our class.
8. You must eat more vegetables and keep _____ (health).
9. This movie is very _____. (interest)
10. He likes _____ (read) English books.



五、阅读理解

What Do You Do This Term?

Mr King lives in a city. He has some shops and so he makes a lot of money. His son, Mike, studies in a middle school. The boy likes everything but he does not like studying. (1) He doesn't listen to his teachers in class and he never finishes his homework on time. He always plays football when he has some time. And he can never pass the exams.

(2) Mr King is so busy with his business that he has little time to stay at home, and he never care for his son's studies. So he doesn't know anything about his son's studies.

One day Miss Read, Mike's teacher, makes a telephone call for Mr King. On the telephone she tells him all about the boy's studies. She wants him to try to help the boy at home. (3) When the man hears that, he doesn't feel happy.

In the afternoon when his son comes back from school, Mr King gives him a good beating (打). But soon he feels sorry for it when he sees Mike crying in the bedroom. The next morning, before Mike goes to school, the father says to him, (4) "Study hard, my son! I'll buy you a car when you pass the exam next year."

Another term is over. Mike doesn't pass the exam once more. Mr King has a look at the school report for a few minutes and then he asks his son, "You don't pass the exam again, what do you do this term?"

(5) "I learn how to drive a car, dad." Answers the boy.

(A) 根据短文回答下列问题。

1. What does Mr King do? _____
2. Why can Mike never pass the exams? _____
3. What does Miss Read ring Mr King for? _____
4. What does the word "it" mean (意思是) in the sentence "But soon he feels sorry for it when he sees Mike crying in the bedroom."? _____
5. Does Mike's father buy him a car? _____

(B) 根据短文语境将划线的句子译成汉语。

1. _____
2. _____
3. _____
4. _____
5. _____

第3课时 Unit 1(三)

班级_____ 学号_____ 姓名_____

精彩精放

一、词组英汉互译

1. 垃圾食品_____
2. 对健康有益_____
3. 饮食习惯_____
4. 健康的生活方式_____
5. 喝牛奶_____
6. pretty healthy _____
7. come home from school _____
8. eat a lot of vegetables _____
9. get good grades _____
10. kind of unhealthy _____

二、请根据答案,找出它们的问题

- () 1. I like to play baseball.
A. What's it like?
B. What's your favourite exercise?
C. What does he like?
- () 2. Two or three times a week.
A. How often do you eat junk food?
B. Where can we get a hamburger?
C. How long do you exercise?
- () 3. Around 7 or 8 hours.
A. Where are you going?
B. How many hours do you sleep?
C. What's the time?
- () 4. I drink milk every day.
A. Why do you eat junk food?
B. Do you drink milk every day?
C. How often do you drink milk?
- () 5. Usually she watches TV.
A. What does Jenny do on weekends?
B. When does Jenny leave for the party?

C. What do you do on weekends?

轻松过关

三、单项选择

- () 1. Is your bike broken? Let _____ you.
A. me to help B. I help
C. me help D. I to help
- () 2. His mother wants him _____ at home to-day.
A. stays B. stayed
C. to stay D. staying
- () 3. These days Mrs Li looks _____ healthy.
A. nice B. pretty
C. heavy D. cool
- () 4. My brother usually _____ home at five in the afternoon.
A. get B. gets
C. get to D. gets to
- () 5. _____ classes over at four o'clock?
A. Do B. Does
C. Are D. Is
- () 6. _____ you have any healthy habits?
A. Do B. Does
C. Are D. Is
- () 7. My father tries _____ lots of vegetables every day.
A. eat B. eats
C. is eating D. to eat
- () 8. What are the differences between your life style and _____?
A. he B. she
C. his D. her
- () 9. If you want to be healthier, you must eat

_____ junk food, I think.

- A. more B. less
C. fewer D. little

() 10. Do you like Jane's new skirt?

Yes, very much. I'll ask mum to buy
_____ for me.

- A. one B. it
C. the other D. a

四、根据汉语意思完成下列各句,每空一词

1. 做眼保健操对你的眼睛有好处。

Doing eye exercises _____
your eyes.

2. 我们尽量准时到达那里。

We _____ get there on time.

3. —你们通常进行什么运动?

—我们打篮球。

—_____ do you usually play?
—We play basketball.

4. 散步有助于保持身体健康。

Walking helps to keep _____.

5. 我们每天通常从早饭开始。

We usually _____ the day _____ breakfast.

延伸拓展

五、阅读理解

根据对话内容,选择最佳答案。

Joe: What do you do on weekends?

David: Well, I usually have to study on Saturdays.

Joe: And how about Sundays?

David: Well, we have lunch together. You know,

all of the members of my family. Then after lunch, I go to the park and meet my friends.

Joe: Oh? What do you do there?

David: We play football. After that I usually go to see a film outside the city.

Joe: Do you often go out of the city?

David: About once a month. My uncle has a small farm.

Doe: It's nice. Do you go alone?

David: No, my mum, my two sisters and some of my friends go there, too.

Joe: But why do you go there?

David: Many things: green trees, clean air, and there are few people.

() 1. What does David do on Saturdays?

- A. Study. B. Go to the park.
C. Play football. D. Go out of the city.

() 2. Who has lunch with David on Sundays?

- A. No one. B. The whole family.
C. His friends. D. His uncle.

() 3. Where do they play football?

- A. At school. B. In the park.
C. Out of the city. D. In a farm.

() 4. Who does not go to David's Uncle's farm?

- A. David's mother. B. David's father.
C. David's sisters. D. David's friends.

() 5. Why do they go to the farm?

- A. Green trees. B. Clean air.
C. Few people. D. A, B and C

第4课时 Unit 1(四)

班级_____ 学号_____ 姓名_____

精彩精放

一、写出下列单词或词组的中文意思

1. often _____
2. every day _____
3. usually _____
4. three times a week _____
5. sometimes _____
6. once a week _____
7. always _____
8. once a month _____
9. hardly ever _____
10. never _____

二、用所给动词的适当形式填空

1. Mum _____ (want) me to go to bed early.
2. My healthy lifestyle _____ (help) me get good grades.
3. You must _____ (try) to eat less meat.
4. Grandpa is pretty healthy because he _____ (exercises) every day.
5. _____ (eat) junk food is bad for your health.
6. Let's _____ (make) a shopping list.
7. You can help me _____ (carry) the things.
8. My brother is good at _____ (play) basketball.
9. Does your teacher _____ (have) a healthy lifestyle?
10. I _____ (sleep) nine hours every night.

轻轻松松

三、下面是一则打乱的对话,请按逻辑关系,将对话重新排序

- ① In a playground not far from our school.
- ② I usually play it on Saturdays.
- ③ I know you like playing basketball. When do you usually play it?
- ④ How long do you play it each time?
- ⑤ Can I play it with you this week?
- ⑥ Some of my classmates.
- ⑦ Of course. You are welcome.
- ⑧ Two hours.
- ⑨ Where do you play it?
- ⑩ Who do you play basketball with?

排列顺序: ③ → _____ → _____ → _____ → _____ → _____
_____ → _____ → _____

四、句型转换

1. I sleep nine hours every night. (对划线部分提问)
_____ do you sleep every night?
2. Lin Tao usually helps me with my Chinese. (对划线部分提问)
_____ does Lin Tao help you with your Chinese?
3. My sister is ill. I must take care of her at home. (改为同义句)
My sister is ill. I must _____ her at home.
4. I sometimes do shopping on weekends. (对划线部分提问)
_____ do you sometimes do on weekends?
5. Grandpa is pretty healthy because he exercises every day. (对划线部分提问)
_____ Grandpa pretty healthy?
6. A lot of vegetables help you to keep in good health.
_____ you to keep in good health?

延伸拓展

五、阅读理解

Baseball is one of the favourite sports in the USA. Children play baseball in sports fields or in parks.

At summer picnics, there is often an informal baseball game. Boys and girls, young and old take turns to bat. Each team has 9 players.

The baseball season goes from April to September. During this time, baseball matches are shown on TV and members of the important baseball teams become America's heroes. At the end of the season the two top teams play against each other. Many baseball fans go along to watch the game. Millions of others listen to the radio and watch television. People seem to talk only about the result and the players.

American football is perhaps the most popular sport in the USA. The football season begins when the baseball season ends. More people are interested in football than baseball. When there is an important game, thousands of people sit beside the radio or in front of the television set to hear the result.

- () 1. According to the passage, _____ may be the most popular sport in the USA.
A. baseball B. soccer
C. American football D. volleyball
- () 2. There will be _____ players in a baseball game match.

- A. 9 B. 18
C. 10 D. 16

- () 3. The football season begins _____.
A. in spring B. in summer
C. in autumn D. in winter
- () 4. The baseball fans can enjoy the game by _____.
A. watching game B. listening to the radio
C. watching TV D. all above
- () 5. Which of the following is true?
A. Americans always become heroes in September.
B. Some baseball players become famous during the match time.
C. Americans enjoy baseball the best.
D. It seems that people have no interest in sports.

六、作文

以 My Sunday 为题写一篇短文。

提示: 1. 星期天早上七点半起床。

2. 上午和妈妈一起去动物园。

3. 中午短暂休息后去买东西。

4. 下午和朋友一起去踢足球。

5. 晚上看电视。

要求: 1. 条理清楚、语句通顺、语法正确、书写规范。

2. 提示内容全部体现在文章中。

3. 不少于 50 个单词。

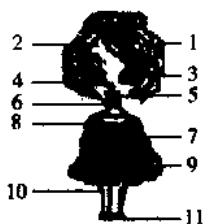
第5课时 Unit 2(一)

班级_____ 学号_____ 姓名_____

精彩图放

一、看图,写出与图片对应的表达身体各部分的单词

1. _____ 2. _____
3. _____ 4. _____
5. _____ 6. _____
7. _____ 8. _____
9. _____ 10. _____
11. _____



二、根据情景和语意,在句中空白处填入一个适当的英语单词

1. My sister has a pain in her head. She had a _____.
2. What's the _____ with you? I have a cold.
3. I have a stomachache, I must see a _____.
4. I often brush my _____ before I go to bed.
5. I'm sorry to _____ that you don't feel well.
6. Would you like to have a cup of coffee _____ milk?

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三、单项选择

- () 1. What's wrong _____ her?
A. at B. of
C. with D. on
- () 2. Mum is in hospital. I have _____ the baby.
A. to look at B. to look after
C. look after D. see
- () 3. _____ you have a sore throat?

- A. Do B. Are
C. Would D. Can

- () 4. She doesn't feel well. She must stay _____.
A. in home B. at home
C. in the home D. at the home
- () 5. It's good _____ exercise every day.
A. to take B. takes
C. took D. to taking
- () 6. People who exercise every day might have _____ health.
A. poor B. weak
C. good D. heavy
- () 7. He _____ look after his mother yesterday.
A. needed to B. musted
C. have to D. has to
- () 8. I think walking is _____ our health.
A. good at B. bad at
C. well in D. good for
- () 9. How is the young man? _____.
A. He is twelve B. He's much better
C. He is a doctor D. He's Auan
- () 10. My mother is ill. _____.
A. Don't worry B. No hurry
C. I'm sorry to hear that D. OK

四、情景交际

根据对话情景,从对话后的方框中选出能填入句中空白处的最佳选项,其中有一项为多余选项。

A: We are going to play football. _____

B: I'm sorry I can't.

A: _____

B: I have to see Linda in the hospital.

A: What's wrong with her? _____

B: _____

A: I'm sorry to hear that. _____

B: I'm afraid I can't.

A. Her head hurts and she doesn't want to eat.

B. Will you go? C. Isn't she feeling well?

D. Are you coming later? E. What do you have to do?



延伸拓展

五、阅读理解

阅读对话, 判断句子正(T)误(F)。

Doctor: Good morning, Bill. What can I do for you?

Bill: Good morning, doctor. I have a headache and there's something wrong with my eyes.

Doctor: When did the headache start?

Bill: I went to bed tiredly last night and when I woke up, I felt ill.

Doctor: What did you do last night?

Bill: I... I... played computer games.

Doctor: For a long time?

Bill: Yes, for about four hours. I went to bed just after two o'clock. Is it too bad?

Doctor: No, it isn't. But you have to rest. No more

computer games for a few days!

Bill: Thank you, doctor.

() 1. There's something wrong with Bill.

() 2. Bill went to bed before he felt tired.

() 3. Bill went to bed early last night.

() 4. The doctor said Bill had a bad headache.

() 5. The doctor told Bill not to play more computer games for a few days.

六、看图填空



On the morning of _____ 17th, Jim was _____ in bed. His mother was _____ about it.

She took Jim to _____ a doctor. The doctor looked over Jim very _____.

Then the doctor _____ Jim caught a bad cold. She told Jim to drink more _____ and take medicine on time.

_____ two days Jim was all _____. He _____ play basketball again.

第6课时 Unit 2(二)

班级_____ 学号_____ 姓名_____

精读四

一、单词词组英汉互译

1. toothache _____
2. sore throat _____
3. drink lots of water _____
4. have a headache _____
5. shouldn't eat anything _____
6. 看牙医 _____
7. 躺下休息 _____
8. 感觉好多了 _____
9. 一个好主意 _____
10. 太累了 _____

二、将问题与建议配对

problem	advice
tired	listen to music
sore throat	drink some water
have a cold	take an aspirin
stomachache	go to bed early
hungry	eat some food
stressed out	hot tea with honey
headache	eat nothing for 24 hours
thirsty	see a doctor

轻松过关

三、单项选择

- () 1. The old man _____, and he wants to see a doctor now.
- A. has fever B. has a fever
- C. has fevers D. have a fever
- () 2. We should keep _____ in the reading-room.

- A. quiet B. quietly
- C. quite D. quietly

- () 3. —Why do you look so tired?
- I worked _____ last night.
- A. early B. lately
- C. late D. easy
- () 4. Why don't you let Sue do it?
- I _____ she _____ do it.
- A. think, can B. think, can't
- C. don't think, can D. don't think, can't
- () 5. I _____ you to help her with her homework.
- A. hope B. think
- C. need D. want
- () 6. —I have a sore throat.
- _____ you should see a doctor.
- A. May B. Maybe
- C. Can D. May be
- () 7. —I have a bad cold.
- You should _____.
- A. go home and relax
- B. see a doctor
- C. take some aspirin
- D. take a hot bath
- () 8. —You should listen to music to relax yourself.
- _____ like a good idea.
- A. That's sounds B. That sound
- C. That sounds D. That's
- () 9. People _____ it's important to sleep for 8 hours a night.
- A. believe B. need
- C. stay D. give