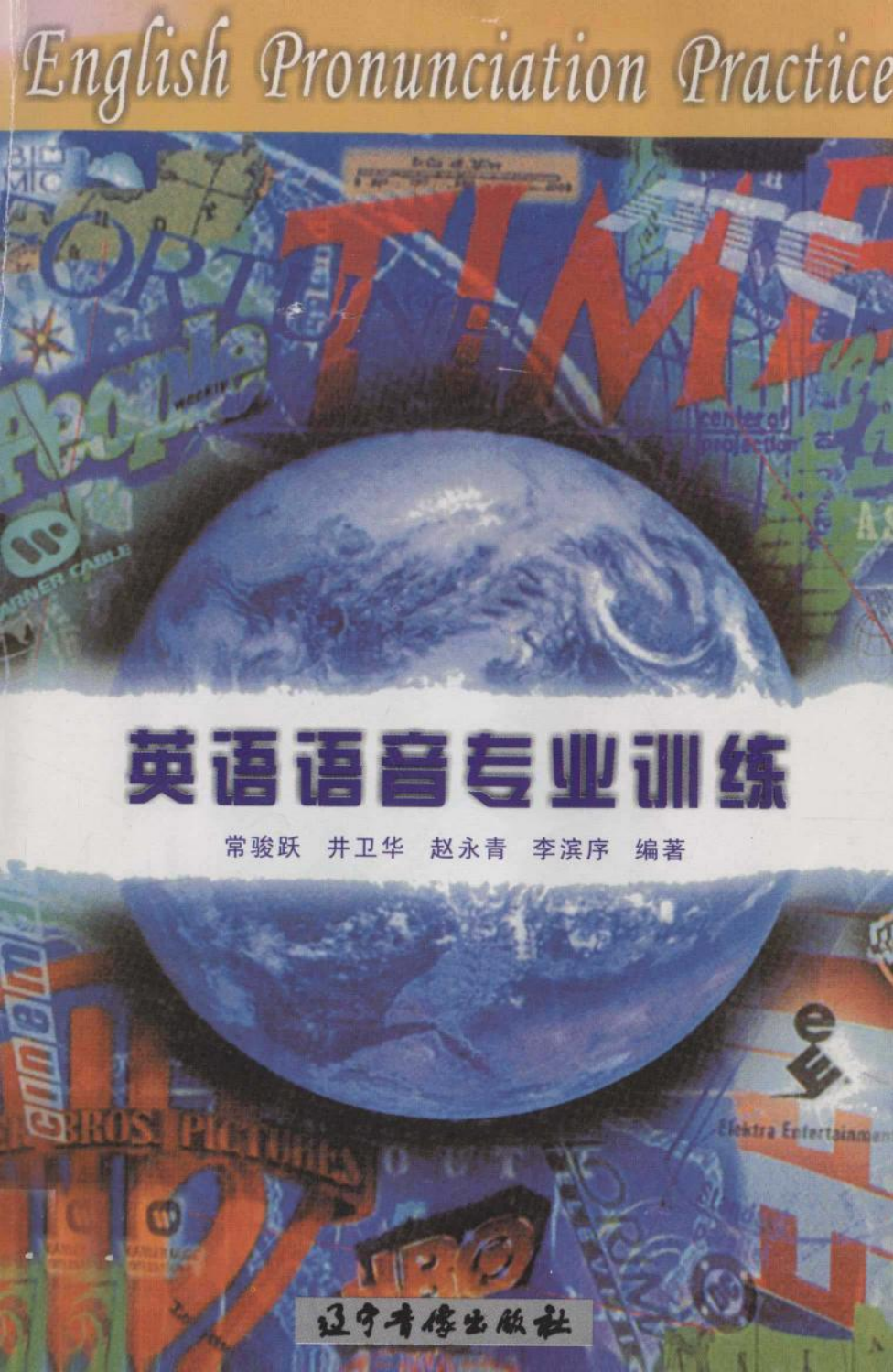


English Pronunciation Practice



英语语音专业训练

常骏跃 井卫华 赵永青 李滨序 编著

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前言

《英语语音专业训练》主要是为升入大学的学生或具备一定英语基础的学员编写的，由于在中学阶段打下的英语语音基础普遍不够理想，很多学生说出或读出的英语语音不规范，严重影响口头交流。本书具有以下特点：

- ◇ **有一定的系统性** 本书设计了单音、连读、失去爆破、节奏和语调等各项训练内容。
- ◇ **精炼、简明** 在保证覆盖面的同时，充分注意了内容的典型性，力求简明扼要、突出重点。
- ◇ **具有针对性** 本书训练的内容主要针对学生实际存在的语音问题，选择的实例也多是学生在语言运用中经常出现错误的语音难点。
- ◇ **突出训练的实境** 本书除了单音训练之外，还设计了单词中训练、短语中训练、句子中训练和语篇中训练等多个板块，将语音、语调训练和语境密切结合以培养学生自然的语音语调。
- ◇ **讲解、图示、练习三位一体** 本书通过语言描述发音要领，通过发音图例展示发音方法，通过语音练习帮助学生掌握发音技巧。各种训练环环相扣，各部分内容紧密相连。
- ◇ **兼顾趣味性和实用性** 绕口令、谚语、歌词增加语音训练的趣味性，精选的词汇、短语方便学生学以致用，
- ◇ **有地道的英国英语和美国英语录音** 我们为学生提供了英国英语和美国英语两种版本的录音，学生可以根据自己的兴趣选用。这样可以方便学生模仿，有利于培养优美的语音语调。

经过多年的教学积累，我们推出了这套训练教材。成书后已经经过了三轮的教学实践，教学材料在实践中又得到补充完善。我们希望读者能充分利用这套材料，运用两、三周的时间，在老师的指导下进行训练，对解决语音问题会起到事半功倍的效果。

在此，我们非常感谢为本书的编写与出版做出努力的各位同志。邹瑞凯教授、朱源教授对英语语音教学及英语语音教材建设给予了极大的关注和支持；大连外国语学院英语学院语音工作小组的各位成员在语音评定工作中积累的丰富经验对英语语音教材的编写具有很大的启发；绍玫、胡晓会、王绍平、付琼等老师在教材试用阶段对完善教材提出了具体的建议。同时，我们也特别感谢辽宁音像出版社负责本书的编辑出版工作。大连外国语学院英语语音教学的成功实践和各位的帮助增加了我们把教材向更多同行和学生推介的信心。

愿本套教材和录音对广大同行的英语语音教学和学生英语语言质量的提高起到积极的推动作用。

由于水平有限，书中疏漏在所难免，衷心希望得到同行和读者批评指正。

编者于大连外国语学院

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Part One Practice Preparation

Phonetic Symbols and Their Pronunciations

Vowels	Front	/i:/	/ɪ/	/ə/	/æ/	
	Back	/ɑ:/	/ɒ/	/ɔ:/	/ʊ/	/u:/
	Central	/ʌ/	/ɜ:/	/ə/		
	Diphthongs	/eɪ/	/aɪ/	/ɔɪ/		
		/əʊ/	/aʊ/			
		/ɪə/	/eə/	/ʊə/		
Consonants	Plosives	/p/	/t/	/k/		
		/b/	/d/	/g/		
	Fricative	/f/	/θ/	/s/	/ʃ/	/t/
		/v/	/ð/	/z/	/ʒ/	/h/
	Affricates	/tʃ/	/tr/	/ts/		
		/dʒ/	/dr/	/dz/		
	Nasal	/m/	/n/	/ŋ/		
	Lateral	/l/	/l/			
	Semi-vowels	/w/	/j/			

Corresponding Phonetic Symbols for the Same Vowels

A ¹	B ¹	C ¹	Examples
i:	i:	ī	sea
ɪ	ɪ	ɪ	pig
e	e	ɛ	bed
æ	æ	æ	back
ɑ:	ɑ:	ɑ	park
ʌ	ʌ	ʌ	bus
ɔ:	ɔ:	ɔ	horse
ɒ	ɔ	ɑ	box
u:	u:	u	moon
ʊ	u	u	book
ɜ:	ə:	ɜ	bird
ə	ə	ə	brother
eɪ	eɪ	e	cake
aɪ	aɪ	aɪ	bike
ɔɪ	ɔɪ	ɔɪ	boy
aʊ	aʊ	aʊ	house
əʊ	əʊ	o	coat
ɪə	ɪə	ɪr	ear
eə	ɛə	ɛr	hair
ʊə	uə	ur	tour

- Notes:
- A¹ is the latest version of International Phonetic Alphabet. It is widely used in publications in China and it is also adopted in this book.
 - B¹ is the International Phonetic Alphabet familiar to middle school students in China.
 - C¹ refers to Kenyon & Knott system.

Letters and Their Pronunciations

Print		Handwriting		Pronunciation
Capital	Small	Capital	Small	
A	a	A	a	/eɪ/
B	b	B	b	/bi:/
C	c	C	c	/si:/
D	d	D	d	/di:/
E	e	E	e	/i:/
F	f	F	f	/ef/
G	g	G	g	/dʒi:/
H	h	H	h	/eɪtʃ/
I	i	I	i	/aɪ/
J	j	J	j	/dʒeɪ/
K	k	K	k	/keɪ/
L	l	L	l	/el/
M	m	M	m	/em/
N	n	N	n	/en/
O	o	O	o	/əʊ/
P	p	P	p	/pi:/
Q	q	Q	q	/kju:/
R	r	R	r	/ɑ:(r)/
S	s	S	s	/es/
T	t	T	t	/ti:/
U	u	U	u	/ju:/
V	v	V	v	/vi:/
W	w	W	w	/ˈdʌblju:/
X	x	X	x	/eks/
Y	y	Y	y	/waɪ/
Z	z	Z	z	/zed; (US) zi:/

Part Two The Vowels of English

A vowel is a speech sound produced with vibrating vocal cords and a continuous unrestricted flow of air coming from the mouth. The vowels in English are represented by the letters A, E, I, O and U.

Compare the Sounds

Phonetic Symbols: Vowels	Pinyin: Yunmu	Difference And Similarity
/i:/	i	a little similarity
/ɪ/	i	a little similarity
/e/	ai	great difference
/æ/	ai	little similarity
/ɑ:/	ɑ	a little similarity
/ɔ:/	ɑo	a little similarity
/ɒ/	ɑo	a little similarity
/u:/	u	a little similarity
/ʊ/	u	a little similarity
/ʌ/	ɑ	great difference
/ɜ:/	e	a little similarity
/ə/	e	a little similarity
/eɪ/	eɪ	a little similarity
/əʊ/	ou	a little similarity
/aɪ/	ai	great difference
/aʊ/	ɑo	great difference
/ɔɪ/	---	no such a sound in Chinese
/ɪə/	---	no such a sound in Chinese
/eə/	---	no such a sound in Chinese
/ʊə/	---	no such a sound in Chinese

Unit 1 Front Vowels

There are four front vowels in English. They are /i:/, /ɪ/, /e/ and /æ/. When they are produced, the bulk of the tongue is moved to the front part of the mouth. For all of them the tip of the tongue is pressed against the lower teeth and the front part of the tongue is raised at varying degrees. There is no lip-rounding; lips are spread or kept neutral.

Section 1 /i:/

How to Pronounce the Sound



/i:/ is a long voiced sound. When it is produced, the lips are spread into a "smile" position and the jaw is raised completely.

Practice in Words

Beginning		Middle		End	
eat	/i:t/	meat	/mi:t/	See	/si:/
eastern	/i:stən/	plead	/pli:d/	Pea	/pi:/
eve	/i:v/	wheel	/wi:l/	Tree	/tri:/
eager	/i:gə/	leaf	/li:f/	She	/ʃi:/
equally	/i:kwəli/	teen	/ti:n/	Agree	/ə'gri:/

Practice in Phrases

teach me	eat meat
Chinese people	three weeks
lean meat	Swedish cheese
leave the key	green tea
eat a piece of meat	team leaders
the East Sea	keep it a secret

Practice in Sentences

Seeing is believing.

Please keep it a secret.

She is as busy as a bee.

A friend in need is a friend indeed.

The breeze is teasing the trees, weaving the leaves and shaking them free.

Practice in Use

I've been down, I've been beat.

I've been so tired that I could not speak.

I've been so lost that I could not see.

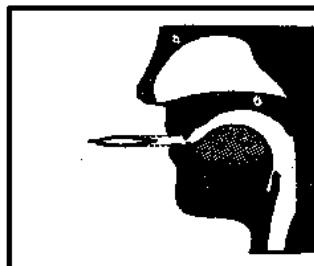
I wanted things that were out of reach.

Then I found you and you helped me through.

(Taken from a song, *Back to You*)

Section 2 /ɪ/

How to Pronounce the Sound



It is a voiced sound but not as long as /i:/. When it is produced, the lips are relaxed and barely parted. The jaw is just a bit lower than its position for /i:/.

Practice in Words

Beginning		Middle		End	
it	/ɪt/	pick	/pɪk/	many	/ˈmeni/
ill	/ɪl/	pretty	/ˈpri:ti/	busy	/ˈbɪzi/
irregular	/ɪˈregjələ/	tick	/tɪk/	coffee	/ˈkɒfi/
inform	/ɪnˈfɔ:m/	gift	/ɡɪft/	city	/ˈsɪti/
impossible	/ɪmˈpɒsəbl/	willing	/ˈwɪlɪŋ/	hilly	/ˈhɪli/
elect	/ɪˈlekt/	limit	/ˈlɪmɪt/	foggy	/ˈfɒgi/

Practice in Phrases

fix it	a big ship
pretty busy	a big lid
a bit chilly	bit by bit
six pigs	three wishes
little by little	visit the city
pick up the ticket	little inns

Practice in Sentences

Jim is as thin as a pin.

Shall we put up in the inn?

A little learning is a dangerous thing.

Six-year-old Jim is as fit as a fiddle.

The fish in the river swiftly swim and slip through the weeds with a silver gleam

Practice in use

If I can see it,

Then I can do it.

If I just believe it,

There's nothing to it.

(Taken from the song *I Believe I Can Fly*)

Section 3 /ə/

How to Pronounce the Sound



It is a short voiced sound. When it is produced, the lips are spread slightly further apart than for /ɪ/. The front of the tongue is near the upper teeth ridge.

Practice in Words

Beginning		Middle	
again	/ə'gen/	many	/meni/
ever	/evə/	address	/ə'dres/
enter	/entə/	peck	/pek/
empty	/emptɪ/	trend	/tred/
energy	/enədʒɪ/	says	/sez/
engineer	/endʒɪ'nɪə/	heavy	/hevi/

Practice in Phrases

ten desks	wedding ceremony
get seven eggs	left leg
get everything ready	fresh and energetic
wet with sweat	seven beds
a red dress	very well
the best text	the next lesson