

# BIOLOGY

Concepts and Investigations

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The University of Oklahoma





**BIOLOGY: CONCEPTS AND INVESTIGATIONS** 

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## About the Author

Mariëlle Hoefnagels is an associate professor in the departments of Botany/Microbiology and Zoology at The University of Oklahoma where she teaches both traditional and online courses in introductory biology. She has received the University of Oklahoma General Education Teaching Award and the Longmire Prize, the Teaching Scholars Award from the College of Arts and Sciences. She has also been awarded honorary memberships in several student honor societies.

Dr. Hoefnagels received her B.S. in environmental science from the University of California at Riverside, her M.S. in soil science from North Carolina State University and her Ph.D. in plant pathology from Oregon State University in 1997. Her dissertation work focused on the use of bacterial biological control agents to reduce the spread of fungal pathogens on seeds. Her recent publications have focused on the creation of investigative teaching laboratories and methods for teaching experimental design in beginning and advanced biology classes. She frequently gives presentations on study skills and related topics to student groups across campus.

She has also served as Managing Editor and Chair of the Website Committee for the Association of Biology Laboratory Education and is a featured speaker at OU's annual freshman seminar for Women in Science and Engineering. Marielle is also a member of the National Association of Biology Teachers and the Mycological Society of America. Her hobbies include reading, traveling, gardening, and playing volleyball.



Dedication
To my students

MARIËLLE HOEFNAGELS

## Preface: Thinking for Life

## Investigating Life

Biology—the science of life is central to our lives and our planet. On a typical morning, you

use a toothbrush to scrub the bacteria off your teeth, decide what to wear based (in part) on your ability to regulate your body temperature, choose clothes made partly of natural fibers such as cotton or wool, and eat a breakfast composed of foods produced by other organisms. And that's all before leaving the house! True, you could have done these things even without opening this book. But learning about biology should help you to understand much more about your world.

Nutrition, cancer, HIV/AIDS, global climate change, water quality, endangered species, stem cells, the spread of drug-resistant bacteria, and countless other matters have their foundation in biology. This book offers concrete medical applications such as understanding how to stop the spread of disease, why you need to take the whole prescription of antibiotics, and why there are few drugs without side effects. At the other end of the spectrum, it's important to evaluate the arguments and issues surrounding global climate change.

Connecting these two ideas is the relationship between environmental quality and the virulence of disease-causing organisms. I hope that after reading this book you will be better able to understand and evaluate items in the news, make these types of connections yourself, become a more thoughtful voter, and, most importantly, develop a greater appreciation for the amazing, ever-changing world around you. I designed this book to convey the general concepts of biology and to connect them to your life.

## Biological Concepts are the Result of Scientific Inquiry

Every biology textbook explores the process of science as a way of learning about the natural world, but this book is unique in that each chapter reinforces the importance of scientific inquiry with a section titled "Investigating Life." These capstone concepts each explain one study that sheds light on an evolutionary topic related to the chapter's content. In each case, the focus is on how scientists developed and tested a specific hypothesis. You will see that the scientific community consists of a global team of clever and creative professionals.

Often, the experiment profiled in an Investigating Life section reinforces the connections between multiple fields of biology. Genetics and natural selection weave together in a discussion of speciation in monkeyflowers, for example, and DNA sequence analysis is critical to a study of the evolution of the human brain.

Model Organisms: A related feature of this textbook reinforces these connections and the process of science. "Focus on Model Organisms" boxes appear in each chapter of Unit 4, The Diversity of Life. Each box highlights one or two species that have made extraordinary contributions to biology. For example, Chapter 18 has a box on the bacterium *Escherichia coli*, Chapter 21 profiles *Arabidopsis thaliana*, and Chapter 22 has boxes for the nematode *Caenorhabditis elegans* and the fruit fly, *Drosophila melanogaster*.

## The Process of Evolution Unifies the Field of Biology

On a road trip across the Midwestern United States, I watched swallows swoop over the Mississippi River with split-second precision. Fireflies flashed above the grass soon after sundown, and woodpeckers expertly hammered tree bark with their stout bills. A male bullfrog's guttural croaking signaled his availability to female frogs in a small pond. How do these animals know exactly what to do, and where, and how, and when to do it? Oak, poplar, sassafras, and hickory trees thrive in the forests of the Midwest, with raspberries growing in the shaded understory. Purple coneflowers populate the meadows. Why do these particular plants occur in the Midwest, but redwood trees and banana trees are absent?

All around us, we can see that life seems perfectly suited to its habitat. Centuries of scientific research—from observations and detailed note taking to, now, probing the base pairs of the DNA double helix—tell the compelling story of how this came to be. When Charles Darwin wrote *On the Origin of Species* in the mid-1860s, he set into motion the science of evolutionary biology. But it didn't stop there. Generations of scientists have built on that foundation, and we now have a richly detailed understanding of the evolutionary processes that have brought life to this point.

A famous journal article is titled, "Nothing in biology makes sense except in light of evolution," a profound statement that is not to be taken lightly. Evolution permeates this

book because it permeates our understanding of biology. Evolution is in an animal's selection of mates, in a farmer's choice to cultivate the crops that grow well in a particular region of the world, and in our tendency to eat sweets and fats (even though we know we shouldn't). In addition to the evolution and diversity units in this textbook, the Investigating Life sections and many other concepts will allow you to discover the evolutionary forces behind biology at every scale, from chemistry to ecology.

#### **Thinking as a Scientist**

This book is full of features that will help you learn to think scientifically. Each chapter begins with an attention-grabbing essay and a learning outline that previews the main concepts that you will encounter. Each main section finishes with a summary and a set of questions designed to help you assess your understanding of the concept before moving on. Moreover, the Investigating Life section that concludes each chapter includes data and a critical thinking question. The end-of-chapter Multiple Choice, Testing Your Knowledge, and Thinking As a Scientist questions reinforce basic content and conceptual understanding. Illustrated tables and strategically placed mini-glossaries will help you organize the information and understand the connections between details.

Scattered throughout the book are "Can You Relate?" boxes, brief readings that explain the biology behind phenomena that you may have noticed for yourself. For example, I discuss why some (but not all) artificial sweeteners are calorie-free, why leaves change color in the fall, and why purebred dogs often suffer from health problems.

"Burning Question" boxes are based on questions that my own students have asked me over more than 10 years of teaching introductory biology at the University of Oklahoma. On the first day of class, I always ask my students to write on an index card a burning question that they would like to have answered during the semester. Their questions range from the quirky ("Is it true that you can lick toads to get high?") to the medical ("My grandmother just died of cancer, so will I get cancer too?") to the environmental ("How does human-made pollution harm other life forms, and how does this hurt ecosystems as a whole?").

I answer each of the questions at some time during the semester. My students enjoy seeing their questions projected on the big screen, and I find it exciting to catch a glimpse of what they have on their minds. This textbook contains a selection of my students' Burning Questions, which represent an immediate connection between my own classes at The University of Oklahoma and other introductory biology students who use this book.

#### **Biology is a Visual Science**

Biology is difficult to explain with words alone. This book features a new art program developed by a talented team of professional illustrators who considered my suggestions and improved on many of them. The illustrations are bright and colorful, often combining art and photos or micrographs into appealing and informative combinations. Repetition aids in learning, so the illustrators were careful to use consistent colors for membranes, DNA, proteins, cell organelles, molecules, atoms, and other structures that occur throughout the book. Numbered steps help you work through complex processes, and figure legends add additional explanation.

### My Commitment to a Community of Educators and Students

Being a textbook author has made me a better teacher. In researching the topics in this book, I have developed a richer understanding of biological processes, and I have more examples to share with my students. At the same time, being an instructor makes me a better author. My students ask me questions that reveal

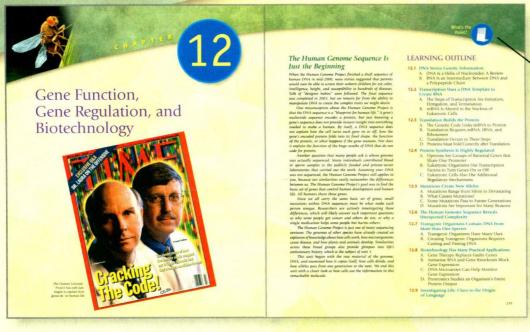
which topics are the most difficult and confusing to them. I have devoted extra effort to developing new illustrations that offer extra help with these subjects. Sometimes, the solution is as simple as a small black-and-white context drawing that reminds students where a process occurs. In

other cases, whole new illustrations

were required. Throughout the book, I have tried to make sure that all the visual and textual information is accurate, complete, up-to-date, and explained at a level that a beginning student can understand.

Many of us who chose teaching as a profession are passionate about our subject, and we want our students to share our enthusiasm. I hope the text, art, and photos in this book will help bring biology to life for faculty and students alike. Therefore, this is a work in progress, and I welcome your suggestions on how to serve you better. I encourage you to write me at marielle\_hoefnagels@mc-graw-hill.com with suggestions on how to improve this book and what you'd like to see in future editions. Perhaps one of your Burning Questions will become part of this story of life.

## A Student's Guide to Using This Textbook



### Ask yourself, "What's the Point?"

Try the digital learning aids available on the text's ARIS website.

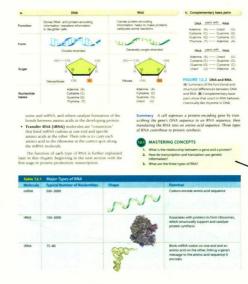
Listen to the author briefly describe the key points of each chapter.

#### Check out the chapter Road Map.

The numbered concepts and detailed outline point the way.

The opening essay offers insights into why this chapter matters.





## Build your understanding one concept at a time.

Focus on each concept's brief, summational statement.

Note key terms that appear in bold-faced, definitional sentences.

Take time to test your understanding after each concept.

#### **Connect this material** to your own life.

Burning Questions came from the author's own students.

#### **Burning Questions**

Is male baldness really from the female side of the family?

Male pattern baldness is the distinctive hair loss that many men (and some women) experience as they enter their 20s, 30s, and 40s. The baldness spreads outward from the temples and crown of the head in a characteristic pattern (figure 11.A).

Two conditions are required for male pattern baldness to develop. First, hormones called androgens must be present in normal amounts. Testosterone and dihydrotestoster one (DHT) are androgens; they bind to and enter hair follicle cells, interacting with the DNA

> FIGURE 11.A Male Pattern **Baldness.** Genes and hormones interact in this distinctive form of hair loss.

to stop growth of have a genetic pred

Many people b ness from his moth ling this trait reside Therefore, either pa Why don't w

condition, in which alleles, yet express

of testosterone, the stronger the influence Men typically have more of this sex horr the name, male pattern baldness.

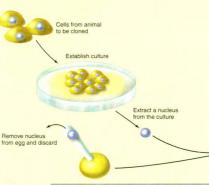
> Have a Burning Question of your inclusion in future editions c

**Burning Questions** 

How do biologists use only DNA to clone mam

Unlike many other organisms, mammals do not naturally clone themselves. In 1996, however, researcher Ian Wilmut and his colleagues in Scotland used a new procedure to create Dolly the sheep, the first clone of an adult mammal. They removed the diploid nucleus of a cell taken from a donor sheep's mammary gland. They then transferred this nucleus to a sheep's egg cell se own haploid nucleus had been removed (figure 8.B).

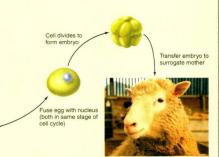
FIGURE 8.B Creating Dolly. Biologists cloned an adult sheep by obtaining a nucleus from a cell of a ewe's udder. They also removed the nucleus from an egg cell. Placing the adult cell's nucleus into the egg yielded a new cell genetically identical to the ewe. After being implanted into a surrogate mother sheep, the resulting embryo developed into Dolly.



The cell divided mitotically to form an embryo. Inside a surro

gate mother's uterus, the embryo developed into Dolly. Dolly appeared normal, and she gave birth to four healthy lambs (via sexual reproduction). But she had arthritis in her hind legs, and she died of a lung infection in 2003. Although there is no evidence that Dolly's relatively early death was related to her being a clone, her short life has fueled speculation that clones may have hidden genetic abnormalities. Indeed, most clones die early in development, presumably because the gene regulation mechanisms in an adult cell's nucleus are somehow incompatible with those in the egg cell. Even the tiny percentage of clones that make it to birth often have abnormalities. These difficulties emphasize the significant ethical issues surrounding human cloning.

Have a Burning Question of your own? Submit it to elle\_hoefnagels@mcgraw-hill.com for possible inclusion in future editions of this book!



#### **DNA Profiling Has Many Applications**

DNA profiling detects genetic differences be tween individuals, with applications ranging from settling paternity claims to exonerating wrongly convicted criminals to identifying crime victims (see Can You Relate? Identifying Victims of the September 11, 2001, Attacks below).

Rather than sequencing and comparing entire genomes, DNA profiling considers just the most variable parts. In one approach, researchers use single-base sites that tend to vary in a population. DNA samples are treated with bacterial enzymes (called restriction enzymes) that cut DNA at specific sequences. If two samples differ at a cutting site, the restriction enzyme produces DNA fragments of different sizes and numbers. **Figure 7.17** illustrates how researchers use gel electrophoresis to reveal these underlying sequence



FIGURE 13.A

Dog Traits Come

Selected Through

from Genetic

Variations

Breeding.

#### Can You Relate?

#### ing Victims of the September 11,

Until September 11, 2001, the most challenging application of DNA profiling had been identifying plane-crash victims, a grim task eased by having lists of passengers. The terrorist at-

cke on the World Tende Center provided a staggeringly more several reasons: the high number of ca-of the remains, and the lack of a list of buildings. Overall, the disaster yielded

NA samples

ving September 11, somber researchers ic, in Salt Lake City, who usually ana-incer genes, received frozen DNA from m the disaster site. The laboratory also gs from relatives of the missing, and tistoothbrushes, razors, and hairbrushes to determine the numbers of copies of DNA, called short tandem repeats, or n the genome. The chance that any two me 13 markers by chance is one in 250 tern of a sample from the crime scene m a victim's toothbrush, identification A extracted from tooth and bone bits mics Corporation in Rockville, Mary ces were analyzed from mitochondria, eration

NA to identify about 850 of the more orted missing. It was a very distressing icians and researchers, whose jobs had detecting breast cancer and sequencing

Restriction enzyme enzyme is added to three DNA samples, cutting each sample into a unique pattern of different-sized pieces.

DNA sample 2 DNA sample 3 DNA sample 1 2 The three same

Labeled DNA probes highlight certain fragments of interest by binding to specific fragments of sampled DNA. This way, DNA from different individuals may have different banding patterns.

### Sample 2 Sample 3 Defendant's blood

#### FIGURE 7.17 DNA Profiles from a Murder

Case. (A) DNA samples from different sources produce different patterns of fragments when cut with the same restriction enzyme. (B) DNA from bloodstains on the defendant's clothes matches the DNA profile of the victim but differs from the DNA profile of the defendant. This is evidence that the blood on the defendant's clothes came from the victim, not the defendant.

## Victim's Blood from defendant's clothes

Can You Relate to the biology behind news items and your own experiences?

#### Can You Relate?

#### Dogs Are Products of Artificial Selection

The pampered poodle and graceful greyhound may win in the show ring, but they are poor specimens in terms of genetics and evolution. Behind carefully bred traits lurk small gene pools and extensive inbreeding, all of which may harm the health of purebred show animals (table 13.A).

The runny, sad eyes of the basset hound can be quite painful (figure 13.A). Short legs make the dog prone to arthritis, the long abdomen promotes back injuries, and the characteristic floppy ears often hide ear infections. The eyeballs of the Pe kingese protrude so much that a mild bump can pop them out of their sockets. The tiny jaws and massive teeth of pugs and

Table 13.A Purebred Plights		
Breed	Health Problems	
Cocker spaniel	Nervousness, ear infections, hernias, kidney problems	
Collie	Blindness, bald spots, seizures	
Dalmatian	Deafness	
German shepherd	Hip dysplasia	
Golden retriever	Lymphatic cancer, muscular dystrophy, skin allergies, hip dysplasia, absence of one testicle	
Great Dane	Heart failure, bone cancer	
Labrador retriever	Dwarfism, blindness	
Shar-pei	Skin disorders	

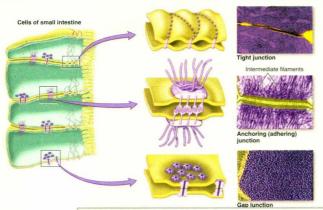


The mournful expression of the basset hound accompanies its heightened sense of smell, and the bulldog was selected for its flattened face and These traits originally occurred as natural genetic

bulldogs cause dental and breathing problems, sinusitis, and their notorious "dog breath." Folds of skin on their abdomens easily become infected. Larger breeds, such as the Saint Bernard, have bone problems and short life spans. A Great Dane may suddenly die at a young age, its heart overworked from years of supporting a large body.

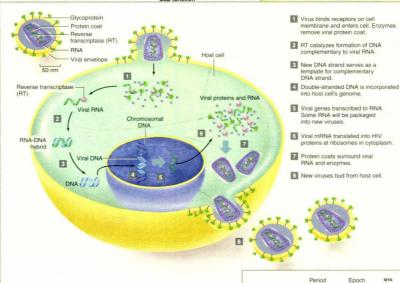
All of these examples make one truth clear: We may be able

to breed desired characteristics into a dog, but we can't always breed other traits out



## Become an art expert— use your visual learning skills.

Combination Figures link art and photos to provide both perspectives.

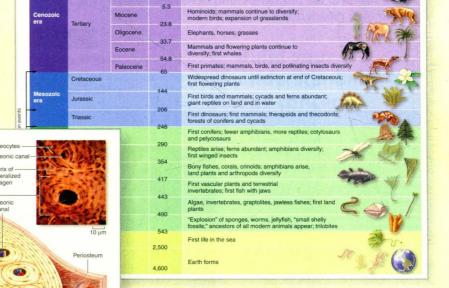


Step-by-Step Figures present concepts in easy-to-follow steps.

Important events

Illustrated Tables help organize information and connect details.

Nerve



Human civilization

1.8

Homo sapiens, large mammals; ice ages

*Macro-to-Micro Figures* provide context and perspective.

#### **Become an investigator!**

Study how science works in each chapter and in the Model Organisms feature.

## 13.5 INVESTIGATING LIFE Size Matters in Fishing Frenzy

Studying the mechanisms of evolution helps us to understand life's history, but it also has practical consequences. A good example of natural selection is unfolding in fisheries worldwide. The selective force stems from a surprisingly mundane source—fishing regulations—but it affects everything from restaurant menus, to coastal economies, to the future of the ocean ecosystem.

The past several decades have seen devastating declines in the numbers of large predatory fishes such as swordfish, marlin, and sharks, as well as smaller animals including tuna, cod, and flounder. From a biological point of view, the reason for the fisheries decline is simple: the animals' death rate exceeds their reproductive rate. Industrial-scale fishing is the culprit. Since the 1950s, fishing fleets have employed larger ships and improved technologies in pursuit of their prey.

Regulations meant to protect fisheries allow the harvest of only those fish that exceed some minimum size. This measure is logical, because the smallest fish are most likely to be juveniles. Protecting the youngsters should permit the population to recover from the harvest of adult fish. Yet these





FIGURE 13.18 Atlantic Silverside. This small, silvery fish

regulations also have predictable evolutionary side effects. If fishing fleets selectively harvest the largest individuals, fish that are small at maturity are the most likely to survive long enough to reproduce. Large fish may become more scarce over many generations. The same policy should also select for slow-growing fish, since they would be last to exceed the minimum allowed size.

Fish ecologists David Conover and Stephan Munch of the State University of New York tested these predictions in a coastal fish called the Atlantic silverside (Menidia menidia; figure 13.18). These small, shiny fish live for about 2 years, eating small invertebrates such as shrimp and marine worms along the Atlantic coast of Canada and the United States. The researchers chose this species in part because large populations can be maintained in captivity. Also, Atlantic silversides reproduce rapidly, making multigeneration experiments practical.

Conover and Munch set up their experiment by randomy dividing a large, captive population of Atlantic silversides into six tanks, each containing about 1100 juvenile
fish. This ensured that all treatment groups started with
similar gene pools. After about 6 months, the researchers
removed the largest 90% of the fish from two of the tanks,
termed "large-harvested" tanks. This treatment simulated
fishing policies that protect all fish below a certain size.
In two "small-harvested" tanks, they removed the smallest
90% of the silversides. Two control tanks were "randomharvested," in which 90% of the fish were removed without
size bias.

Treatment Name	Removed	Leaving to reproduce
Large-	Largest	Smallest
harvested	90% of fish	10% of fish
Small-	Smallest	Largest
harvested	90% of fish	10% of fish
Random-	Random	Random
harvested	90% of fish	10% of fish

After the harvests, about 100 survivors remained in each tank. These reproduced, and their descendants were reared in identical conditions until it was again time to harvest 90% of each population. The researchers repeated the large-harvest, small-harvest, and random-harvest treatments over frug energations.

Predictably, both the total harvest weight and the weight of the average caught fish were initially highest for the large-harvested fish. Over four generations of size-biased fish removal, however, the average weight of the small-harvested

OCUS ON MODEL ORGANISMS: Mus musculus, the mouse

The history of the mouse, Mus musculus, as the stereotypical lab animal dates back to the early 1900s. Researchers discovered that its small size made it an excellent research animal. Also, mice are famous for their prolific breeding. They reach sexual maturity at the age of about 4 weeks, are sexually receptive every few days, and give birth to litters of 1 to 10 pups after a gestation of only about 3 weeks. Over a life span of 1.5 to 3 years, a single pair of mice can produce hundreds of offspring.

Researchers have benefited from biotechnology in their studies of mice. Transgenic mice have been available since the 1980s (see chapter 12). These mice are modified in countless ways, including altered susceptibility to human diseases. Mice were cloned in 1998, making possible the production of genetically identical ani-

mals ideal for testine new disease treatments. The mouse genome 2002, revealing about 30,000 genes mes. Not surprisingly, more than 99% parts in the human genome. This sime of the following ways in which Massiological research:

ne 1930s, the discovery that mice Il but their very close relatives led aigor histocompatibility complex biologists have discovered an array ane function (see chapter 36). awe been used to study human disen researchers discovered that mice ver. Vaccines were subsequently tested of transgenic mice has opened new possibilities for research on the cause
and treatment of human disease, including
the protein deposits (beta-amyloid
plaques) that accumulate in the
brains of patients with Alzheimer
disease; obesity; Parkinson disease; the role of mutated tumor
suppressor genes such as p53 in
human cancer; and the effects of
viruses such as HIV on the human immune system; cancer, p. 166; HIV, p. 362

- X chromosome inactivation: In the 1960s, biologist Mary Lyon proposed that in female mammals, one of the two X chromosomes is inactivated early in embryonic development. This phenomenon, often illustrated using calico cats, was first proved in mice with mottled coats. X inactivation, p. 226
- Stem cells: These undifferentiated cells, which can be derived from embryos or adults, can specialize into many other cell types. Mouse stem cell research has shown great promise in treating spinal cord injuries and many other ailments. stem cells, p. 158

, while that of the large-harvested fish 3A). Furthermore, by the end of the exurested fish clearly grew the fastest (fig-all-harvested population, therefore, seize and rapid growth; the opposite was sted population. The researchers contreatments imposed different selective e genetic structure of the populations. 2 populations of silversides do not exme selective forces as do wild popularger fish. Nevertheless, the researchers suggesting that the same evolutionary in their study are probably also occurectes.

unch's experiment is more than a anstration of natural selection in acnomic and ecological applications, , new fishing regulations that impose maximum size limits, protecting fish ertain size. Such a policy would comnportant fish stocks, because it would hat are critical to a species' future rel also help fishing communities by wing fish. Imposing a maximum size e ecological benefits, by restoring the other "ecosystem services" of the larg-

nge of implications beautifully illustrates the powerful ideas that spring from understanding one fundamental idea: natural selection.

Conover, David O. and Stephan B. Munch. 2002. Sustaining fisheries yields over evolutionary time scales. Science, vol. 297, pages 94–96.

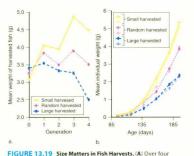


FIGURE 13.19 Stum Matters in Fish Harvests. (A) Over four generations, the average per-fish weight in the large-harvested population was much less than the average for the small-harvested fish faversted population. (B) Small-harvested fish grow more rapidly than large-harvested fish as well. Question: A trait's heritability is the proportion of variability that can be explained by genes. Heritability of 1.0 means a trait is 100% under genetic control: O means a trait is 100% under genetic control: Conover and Munch estimated that, in Atlantic silversides, heritability of body size is about 0.2. How would the results of this experiment be different if heritability of body size were higher than 0.2? What if it approached 0?

Read and analyze the data in each chapter's capstone Investigating Life section.

Use chapter study tools to check your understanding and prepare for the test.

#### **CHAPTER SUMMARY**



#### **Evolutionary Thought Has Evolved** for Centuries

- Biological evolution is change in allele frequencies in populations. Evolution has occurred in the past and is constant and ongoing.
- A. Many Explanations Have Been Proposed for Life's Diversity
- Early attempts to explain life's diversity relied on belief in a creator. Geology laid the groundwork for evolutionary thought. Some people explained the distribution of rock strata with the idea of catastrophism (a series of floods). The more gradual uniformitarianism (continual remolding of Earth's surface) became widely accepted.
- The principle of superposition states that lower rock strata are older than those above, suggesting a time frame for fossils within them.
- Lamarck was the first to propose a mechanism of evolution, but it was erroneously based on inheritance of acquired characteristics.

#### B. Charles Darwin's Voyage Provided a Wealth

 During the voyage of the HMS Beagle, Darwin observed the distribution of organisms in diverse habitats and their relationships to geological formations. He noted that similar adaptations could lead to convergent evolution. After much thought, and considering input from other scientists, he synthesized his theory of the origin of species by means of natural selection.

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This process is designed to provide a broad, comprehensive spectrum of feedback for refinement and innovation of our learning tools, for both student and instructor. The 360° Development Process includes market research, content reviews, faculty and student focus groups, course- and product-specific symposia, accuracy checks, and art reviews, all guided by a carefully selected Board of Advisors.

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ology courses. It also offers a forum for the attendees to exchange ideas and experiences with colleagues they might not have otherwise met. The feedback we have received has been invaluable, and has contributed to the development of *Biology*: Concepts and Investigations, and its supplements.

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