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改变心理学的 40项研究



FORTY STUDIES
THAT CHANGED
PSYCHOLOGY

7e

〔美〕罗杰·霍克 (Roger R. Hock) 著

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内 容 提 要

本书从历史的角度，展示了 40 项经典的心理学研究以及由其所开拓的新领域的研究，同时也向我们展示了心理学从出现到发展这一神奇的演化过程。20 多年来，本书一直是各高等院校心理学专业的主流教材，并被翻译成了 6 种语言在世界各地出版。本版较之前一版本，新增了两个具有重大影响力的研究，一项研究有关人脑对颜色的分类；另一项是更为近期的研究，关于如何使用磁共振成像（MRI）观察大脑活动。并且新版本也更新了近期应用的内容。本书包含的 40 项研究每年被超过 1 000 篇学术论文提及，通过阅读本书，你能够感受到这些经典研究在心理学的发展历程中的重要地位。

本书分为 10 个心理学专题，包括“人类行为的生物学基础”、“意识与感觉”、“条件作用与学习”、“认知、记忆与智力”、“毕生发展”、“动机与情绪”、“人格”、“心理障碍”、“心理治疗”和“人际互动与社会行为”。每个专题下选取了 4 项研究。每项研究的内容包括：题目、作者、原始出处、问题提出的背景、理论假设、研究方法、结果、讨论、意义与批评、近期应用和参考文献。

本书语言简单易懂、富有趣味性，既适合初学心理学的人，也适合那些从事心理学事业的工作者，还适合对心理学感兴趣的大众。阅读本书，能让人领略心理学实验的精确性、客观性，明白什么是科学的心理学，并使你惊叹于人类对心理学研究成果的巧妙应用，从而激发你的研究热情，促进更多新的、更有实践指导价值的研究出现。

For Diane Perin Hock and Caroline Mei Perin Hock

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