



鸿博教育

丛书主编 刘景通

中等职业学校教学配套用书

ZHONGDENG ZHIYE XUEXIAO JIAOXUE PEITAO YONGSHU

# 练与考

LIAN YU KAO

## 一课一练

英语

高一·上册



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# 目 录

<b>Unit 1 Nice to meet you!</b> .....	1
第一课时 .....	1
第二课时 .....	2
第三课时 .....	4
第四课时 .....	5
第五课时 .....	6
<b>Unit 2 I can do it.</b> .....	9
第一课时 .....	9
第二课时 .....	10
第三课时 .....	11
第四课时 .....	13
第五课时 .....	14
<b>Unit 3 How much is it?</b> .....	17
第一课时 .....	17
第二课时 .....	18
第三课时 .....	19
第四课时 .....	20
第五课时 .....	22
<b>Unit 4 Welcome to our party!</b> .....	25
第一课时 .....	25
第二课时 .....	26
第三课时 .....	27
第四课时 .....	29
第五课时 .....	31
<b>Unit 5 What is your hobby?</b> .....	33
第一课时 .....	33
第二课时 .....	34
第三课时 .....	36
第四课时 .....	37
第五课时 .....	39
<b>期中测试卷(A)</b> .....	41

期中测试卷(B)	48
<b>Unit 6 Would you like to order?</b>	56
第一课时	56
第二课时	57
第三课时	59
第四课时	60
第五课时	62
<b>Unit 7 Can I speak to Wang Yang?</b>	65
第一课时	65
第二课时	66
第三课时	68
第四课时	69
第五课时	70
<b>Unit 8 How can I get to the nearest bank?</b>	72
第一课时	72
第二课时	73
第三课时	75
第四课时	76
第五课时	78
<b>Unit 9 What club would you like to join?</b>	80
第一课时	80
第二课时	81
第三课时	82
第四课时	84
第五课时	85
<b>Unit 10 How can I improve my English?</b>	88
第一课时	88
第二课时	89
第三课时	90
第四课时	92
第五课时	94
期末测试卷(A)	96
期末测试卷(B)	103
参考答案	111

# Unit 1 Nice to meet you!

## 第一课时 (Warming-up)

### I. 朗读并背诵

A lovely Sunday,	一个有趣的星期天,
makes me happy.	让我很开心。
Dirty shirts,	一堆脏衣服,
makes me busy.	让我很忙碌。

### II. 用英文写出下列词组

- |             |                |
|-------------|----------------|
| 1. 姓 _____  | 2. 名字 _____    |
| 3. 出生 _____ | 4. 来自于 _____   |
| 5. 名片 _____ | 6. 史密斯小姐 _____ |

### III. 补全对话

根据对话内容填入所缺的单词,每空一词。

(K—Kangkang from Zhejiang, M—Maria from America/her number:0558-737-5915)

K: Hello, What's 1 name?

M: 2 name is Maria.

K: Where are you 3 ?

M: I'm from 4 . 5 you?

K: I'm from 6 . I'm Chinese. 7 your telephone number?

M: My telephone number is 8 .

K: Nice to 9 you.

M: Nice to meet you 10 .

- |          |          |          |          |           |
|----------|----------|----------|----------|-----------|
| 1. _____ | 2. _____ | 3. _____ | 4. _____ | 5. _____  |
| 6. _____ | 7. _____ | 8. _____ | 9. _____ | 10. _____ |

### IV. 交际用语

( )1. —Sit down, please!

— \_\_\_\_\_.

- A. Thank                      B. Thanks                      C. Not bad                      D. Hi

( )2. —How do you do?

— \_\_\_\_\_.

- A. How are you?                      B. Hello!  
C. How do you do?                      D. You, too.

- ( )3. Welcome \_\_\_\_\_ Beijing!  
A. for            B. in                    C. to                    D. on
- ( )4. —Is he Zhou Jun?  
—\_\_\_\_\_.  
A. Yes, she is    B. Yes, he isn't    C. No, he isn't    D. No, he is
- ( )5. —\_\_\_\_\_ Jane from Cuba?  
—No, she \_\_\_\_\_ from the U. S. A.  
A. Is; come        B. Is; comes        C. Does; is        D. Do; is

#### V. 名人名言

***Where there is a will, there is a way.***

有志者,事竟成。

***A young idler, an old beggar.***

少壮不努力,老大徒伤悲。

***East or west, home is best.***

金窝银窝,不如自家草窝。

***It is never too late to mend.***

亡羊补牢,未为晚矣。

## 第二课时 (Listening & Speaking)

### I. 句型配对

- |                            |                      |
|----------------------------|----------------------|
| ( )1. How old are you?     | A. Fine, thank you.  |
| ( )2. What's your name?    | B. I'm sixteen.      |
| ( )3. How are you?         | C. I'm Li Hua.       |
| ( )4. How do you do?       | D. Good morning.     |
| ( )5. Good morning.        | E. How do you do?    |
| ( )6. Hello, I'm Tania.    | F. Nice to meet you. |
| ( )7. Have a nice weekend. | G. The same to you.  |

### II. 把下列英文翻译成中文并背诵

1. The first lesson is easy.

---

2. —Nice to meet you.

—Nice to meet you, too.

---

3. My last name is Smith. Sara is my first name. Just call me Sara.

---

4. Here is my name card.

---

### III. 课文阅读拓展训练

阅读下列四个对话,完成下列配对题。

#### Dialogue 1

A: What's your name?

B: My name is Amy.

A: What's your last name?

B: It's Bruce.

#### Dialogue 2

A: Hi. What's your name?

B: I'm Roberto. This is my first name, and my family name is Solano.

#### Dialogue 3

A: Hello, Andre. What's your family name?

B: My family name is Boros.

#### Dialogue 4

A: What's your family name, Joanna?

B: My family name is Tung.

1. Roberto

A. Boros

2. Andre

B. Bruce

3. Joanna

C. Tung

4. Amy

D. Solano

### IV. 课外阅读训练

In the United States, parents often give a baby the name of its father, mother or another family member. Some people just choose a name that's popular at that time. Two hundred years ago, 50% of baby boys in England were named William, John or Thomas, and 50% of baby girls were called Elizabeth, Mary or Anne. Some of these names are still popular, but other names are popular, too. Today, parents sometimes give their babies the names of famous athletes(运动员), film stars, characters(人物) from literature(文学) or TV shows.

- ( ) 1. 50% of baby boys were named \_\_\_\_\_ in England two hundred years ago.  
A. William, Mary or Thomas                      B. Elizabeth, John or Anne  
C. William, John or Thomas                      D. Elizabeth, Mary or Anne
- ( ) 2. 50% of baby girls were named \_\_\_\_\_.  
A. William, Mary or Thomas                      B. Elizabeth, John or Anne  
C. William, John or Thomas                      D. Elizabeth, Mary or Anne
- ( ) 3. Today, parents name their children after \_\_\_\_\_.  
A. famous athletes  
B. characters from literature or TV shows  
C. film stars  
D. All of the above

## 第三课时(Reading I)

### I. 词义配对

- ( )1. secretary                    A. a person who manages a business  
( )2. manager                    B. a person who teaches in a school  
( )3. doctor                    C. a person who keeps records, and answers phones, usually for a company  
( )4. teacher                    D. a person who works with building or maintaining machines and other technology  
( )5. engineer                    E. a person who works in a hospital and takes care of the sick

### II. 基础知识点训练

- ( )1. January is \_\_\_\_\_ first month of the year.  
A. a                    B. /                    C. the                    D. an
- ( )2. How hard \_\_\_\_\_ work!  
A. they                    B. him                    C. he                    D. his
- ( )3. Shortly after the accident, \_\_\_\_\_ police were sent to the spot to keep order.  
A. dozen                    B. dozens of                    C. dozens                    D. dozen of
- ( )4. Spring, summer, autumn and winter are the four \_\_\_\_\_.  
A. months                    B. days                    C. seasons                    D. years
- ( )5. It's foolish \_\_\_\_\_ him to buy that reference book which is useless at all.  
A. for                    B. of                    C. with                    D. at
- ( )6. Kate and Rose \_\_\_\_\_ from different countries (不同国家).  
A. comes                    B. is                    C. come                    D. am
- ( )7. —\_\_\_\_\_ your ID number?  
—372930660530001.  
A. What                    B. What's                    C. How                    D. Who's
- ( )8. \_\_\_\_\_, is this your class?  
A. Excuse me                    B. Hello                    C. Sorry                    D. Thank you
- ( )9. —Are you Miss Wang?  
—\_\_\_\_\_.  
A. Yes, I'm not                    B. No, I'm not  
C. Not, I'm no                    D. Yes, I'm no
- ( )10. Kangkang is \_\_\_\_\_.  
A. Chinese                    B. a Chinese                    C. Chinese boy                    D. China

### III. 同义句型转换

1. Nice to meet you. (glad)



2. My name's Tom. (I)

---

3. Here's my name card. (this)

---

4. Fine, thank you. (thanks)

---

5. What's your last name? (family)

---

#### IV. 用 be 动词的正确形式填空

1. A: Hello, I \_\_\_\_\_ Tom.

B: Hi, nice to meet you.

2. A: \_\_\_\_\_ you Michael?

B: Yes, I \_\_\_\_\_.

3. A: What \_\_\_\_\_ your name?

B: My name \_\_\_\_\_ Paul.

4. A: \_\_\_\_\_ you Anne and Tony?

B: Yes, we \_\_\_\_\_.

5. A: How \_\_\_\_\_ things!

B: Great!

## 第四课时(Reading II)

#### I. 根据下列句子中所给的汉语解释,写出句子空缺处各单词的正确形式(每空限填一词)

1. January is the \_\_\_\_\_ (第一) month of the year.

2. In England people \_\_\_\_\_ (从不) use Mr., Miss or Ms. before their first name.

3. This boy is \_\_\_\_\_ (强壮) than that one.

4. I'm Studying in a \_\_\_\_\_ (职业) school.

5. \_\_\_\_\_ (高兴) to meet you.

#### II. 补全对话

A: Tom! It's eight o'clock.   1  

B: OK. Could you find my shoes for me, Mom?

A: Here they are in the box under the desk.

B:   2  

A: It's time for breakfast. There are three eggs and some milk on the table.

B: Sorry. Mom.   3   Could you put them in my school bag?

A: Why?   4  

B: I'm going to school. I'm late.

A:   5  

B: Oh, it's Saturday. I don't go to school on Saturday.

- A. Thank you. Mom.  
 B. What are you doing?  
 C. I'm going to be late for school.  
 D. But don't you know what day it is today?  
 E. It's time to get up.  
 F. It's time to go to bed.  
 G. Where are you going?

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

### III. 完形填空

This is a 1 girl. 2 name is Wu Yan. 3 is twelve. She's 4 No. 8 Middle School. She is in 5. Bill is 6 American boy. 7 eleven. He is in No. 8 Middle School, 8. Miss Gao is 9 English teacher. She is a 10 teacher.

- ( ) 1. A. Chinese            B. English            C. American            D. Japanese  
 ( ) 2. A. His                B. She's                C. He's                D. Her  
 ( ) 3. A. She                B. He                C. I                D. We  
 ( ) 4. A. /                B. on                C. in                D. a  
 ( ) 5. A. Grade Two, Class One            B. grade two, class one  
       C. Class one, grade two            D. Class One, Grade Two  
 ( ) 6. A. a                B. an                C. the                D. /  
 ( ) 7. A. His                B. Her                C. He's                D. She's  
 ( ) 8. A. and                B. too                C. student                D. teacher  
 ( ) 9. A. they                B. their                C. your                D. my  
 ( ) 10. A. very good            B. very                C. old                D. right

### IV. 句子改错

1. I am a sixteen-years-old middle school student.

---

2. Boys often make fun of me and were friendly to me. They call me "fat pig".

---

3. She is now worried her weight.

---

4. I love eating meat very much. But I like sweet food, too.

---

## 第五课时 (Writing)

### I. 课文段落节选翻译

Smith is the most common family name in the United Kingdom and the United States. More than 3 million people in the United States share this name, and more than

half million share it in the United Kingdom.

Smith is the name of a job. A smith (or blacksmith) is a man who works with metal. It is one of the earliest jobs in all countries. As a result, Smith becomes the most common of all family names.

---

---

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---

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---

## II. 语法专项训练

- ( ) 1. Mr. More has more money than Mr. Little. But he doesn't enjoy \_\_\_\_\_.  
A. he                      B. him                      C. his                      D. himself
- ( ) 2. Lily was 9 years old. \_\_\_\_\_ was old enough to go to school \_\_\_\_\_.  
A. She; she                      B. She; herself  
C. Her; herself                      D. Her; she
- ( ) 3. Jim's watch is much newer than \_\_\_\_\_.  
A. hers                      B. she                      C. her                      D. herself
- ( ) 4. Would you like \_\_\_\_\_ for supper?  
A. something Chinese                      B. Chinese something  
C. anything Chinese                      D. Chinese anything
- ( ) 5. \_\_\_\_\_ piano is too old, but she still liked playing it.  
A. She                      B. She's                      C. Hers                      D. Her
- ( ) 6. —Who taught you English last year?  
—Nobody taught me. I taught \_\_\_\_\_.  
A. me                      B. myself                      C. mine                      D. I
- ( ) 7. That bike is \_\_\_\_\_?  
A. he                      B. him                      C. his                      D. it
- ( ) 8. We bought \_\_\_\_\_ a present, but \_\_\_\_\_ didn't like it.  
A. they; them                      B. them; they  
C. themselves; their                      D. theirs; they

## III. 重点句型翻译

1. 你叫什么名字?

---

2. 你是哪里人?

---

3. 我姓胡,这是我的名片。

---

#### IV. 书面表达

主题:要和汤姆交朋友,介绍自己(不低于 70 词)

文中必须包括以下几方面的内容:

姓名:Li wei

年龄:16

学校:杭州市电视大学

爱好:……

我的家庭:……

---

---

---

---

---

---

---

---

---

---

## Unit 2 I can do it.

### 第一课时 (Warming-up)

#### I. 朗读并背诵

Let us, then, be up and doing,  
With a heart for any fate;  
Still achieving, still pursuing  
Learn to labour and to wait.

让我们起来干吧，  
下定决心，不管遭遇怎样；  
不断胜利，不断追求，  
要学会苦干和耐心等待

#### II. 看图，用所给的词组完成下列句子

sing a song   write an article   draw a picture   play the piano   serve guests  
teach a class



1. I can \_\_\_\_\_.



2. I can \_\_\_\_\_.



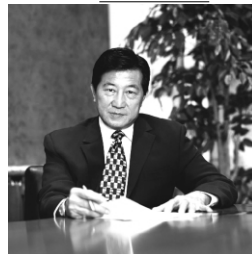
3. I can \_\_\_\_\_.



4. I can \_\_\_\_\_.



5. I can \_\_\_\_\_.



6. I can \_\_\_\_\_.

#### III. 用 can 或 can't 填空

1. What \_\_\_\_\_ I do for you?
2. \_\_\_\_\_ you spell it in English?
3. Mary \_\_\_\_\_ write in English, because her English is not very good.
4. Why \_\_\_\_\_ you help me clean the room? I'm so busy now.
5. \_\_\_\_\_ fish live without water?

#### IV. 用英文写出下列词组

1. 说英语 \_\_\_\_\_
2. 开车 \_\_\_\_\_
3. 修电脑 \_\_\_\_\_
4. 用中文朗读 \_\_\_\_\_

## V. 名人名言

***Love is ever the beginning of knowledge as fire is of light.***

知识总是从爱好开始, 犹如光总是从火开始一样。

——Thomas Carlyle(英国历史学家卡莱尔)

***People need to know one another to be at their honesty best.***

人们需要相互了解才能达到最诚实的境界。

——Robbins Staca(英国作家斯达卡)

***All happy families are like one another; each unhappy family is unhappy in its own way.***

所有幸福的家庭都相似, 而每个不幸的家庭各不同。

***Friendship is both a source of pleasure and a component of good health.***

友谊既是快乐之源泉, 又是健康之要素。

——Ralph Waldo Emerson(美国思想家爱默生)

## 第二课时(Listening & Speaking)

### I. 同义句型配对

- |  |  |
|--|--|
| ( ) 1. I cannot <u>follow</u> you.                 | A. May I get your name, please?            |
| ( ) 2. May I <u>have</u> your name, please?        | B. Where do you come from?                 |
| ( ) 3. Where <u>are you from</u> ?                 | C. Where do you live?                      |
| ( ) 4. What does the applicant want to <u>be</u> ? | D. I cannot catch you.                     |
| ( ) 5. <u>What's your address</u> ?                | E. What does the applicant want to become? |

### II. 补全对话

Wang Yang: Excuse me. 1

Tang Hua: OK. 2

Wang Yang: Wang Yang.

Tang Hua: How old are you?

Wang Yang: 3

Tang Hua: Which class are you in?

Wang Yang: 4

Tang Hua: Can you use the computer?

Wang Yang: 5

Tang Hua: OK. That's it.

Wang Yang: Thank you.

- A. I'm in Class 3, Grade 1.  
 B. Yes, I can send e-mails, and I can play computer games.  
 C. What's your name?  
 D. I'd like to join the computer club.  
 E. I'm fifteen.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

### III. 完形填空

I 1 you're well. I'm 2 holiday in London with my friend Jenny. We arrived 3 plane last Monday and 4 a taxi to our hotel. I went for a walk in Hyde Park but Jenny 5 with me 6 she was tired.

Then 7 Tuesday we saw the clock, Big Ben, and Buckingham Palace. Queen Elizabeth lives in the palace, but we didn't see her. I 8 some presents.

9 day we visited the British Museum 10 had dinner in a Chinese restaurant.

- ( )1. A. hope                      B. hoped                      C. hopes                      D. hoping  
 ( )2. A. at                              B. on                              C. in                              D. with  
 ( )3. A. in                              B. at                              C. by                              D. on  
 ( )4. A. take                              B. took                              C. taked                              D. by  
 ( )5. A. came                              B. didn't come                      C. comes                              D. doesn't come  
 ( )6. A. and                              B. but                              C. because                              D. so  
 ( )7. A. on                              B. in                              C. at                              D. by  
 ( )8. A. buy                              B. buyed                              C. bought                              D. buys  
 ( )9. A. Next                              B. The next                              C. Tomorrow                              D. On  
 ( )10. A. and                              B. but                              C. so                              D. \

## 第三课时(Reading I)

### I. 句型配对

- ( )1. What's the applicant's gender?                      A. I can make model planes.  
 ( )2. What's your e-mail?                                      B. It's 5902317.  
 ( )3. Do you have any special abilities?                      C. Yes, I can speak it well.  
 ( )4. Could you tell me your phone number?                      D. Female.  
 ( )5. What job are you applying for?                              E. It's lb111@yahoo.com.  
 ( )6. Can you speak French?                                      F. I'd like to be an engineer.

### II. 把下列中文翻译成英文并背诵

1. 很多人在工作中使用电脑。

2. 请拼写一下你的名字好吗?

3. 你能再说一遍吗?

---

4. 你想申请什么工作岗位?

---

5. 用英语\_\_\_\_\_

6. 劳驾,打扰一下\_\_\_\_\_

7. 我想\_\_\_\_\_

8. 申请\_\_\_\_\_

### III. 课文阅读拓展训练

阅读下列求职申请,回答相关问题。

Name: *Sara Smith*

Gender: *Female*

Age: *32*

Phone Number: *022-63854202*

Address: *No. 2 Hexi Street, Tianjin*

E-mail: *sarasmith@yahoo.com*

Position applied: *Sales Manager*

Abilities:

*I can use the computer.*

*I can speak English, French, and a little Chinese.*

*I can write in English and French.*

1. What's the applicant's name?

---

2. What does the applicant want to be?

---

3. What can the applicant do?

---

4. What can't the applicant do?

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5. What does the applicant like doing?

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### IV. 课外阅读训练

Do you know how to find a good job? Come here, and follow my advice. First, you should create and post your resume (简历). In the resume, you should introduce yourself, including your name, phone number, address, e-mail, etc. Never forget to write down your abilities and experiences. It's very important when applying for jobs that you emphasize your unique strength.

( ) 1. What's a resume?

A. A kind of website.

B. A kind of test.

C. The employer.

D. A letter of self-introduction.

( ) 2. What should be included in the resume?

A. Hobbies and family.

B. Name and phone number.

C. Address, e-mail and abilities.



- D. Both B and C.
- ( ) 3. Which of the following is important when applying for jobs?
- A. Your family members.  
B. Your abilities, experience and qualifications.  
C. The application.  
D. All of the above.

## 第四课时(Reading II)

### I. 根据所给的字母,填写适合句子的单词

1. What's the applicant's g \_\_\_\_\_?
2. What's your e- \_\_\_\_\_?
3. Do you have any special a \_\_\_\_\_?
4. Tell me your phone n \_\_\_\_\_.
5. What job do you a \_\_\_\_\_ for?
6. Can you s \_\_\_\_\_ French?

### II. 基础知识点训练

- ( ) 1. —Hi, Jim, \_\_\_\_\_ you come to my party?  
—Sorry, I can't. I have to do my homework.
- A. can                      B. may                      C. need                      D. must
- ( ) 2. —Excuse me. \_\_\_\_\_ is the park?  
—It's on the Center Street.
- A. What                      B. Which                      C. How                      D. Where
- ( ) 3. Would you like \_\_\_\_\_ milk, please?
- A. some                      B. any                      C. many                      D. little
- ( ) 4. Please take the photos \_\_\_\_\_ your teacher.
- A. to                      B. for                      C. in                      D. on
- ( ) 5. You \_\_\_\_\_ a new coat but your brother \_\_\_\_\_.
- A. have; don't have one                      B. don't have; does  
C. have; does                      D. don't have; doesn't
- ( ) 6. —Excuse me! Does Mary sit here?  
—Sorry. This is \_\_\_\_\_ seat. \_\_\_\_\_ is in the second row.
- A. my; Hers                      B. mine; Her                      C. my; Her                      D. mine; Hers
- ( ) 7. —Is that Mary Johns?  
—No, it's Gina Johns. Her \_\_\_\_\_ name is Gina.
- A. first                      B. last                      C. full                      D. family
- ( ) 8. This is my brother. \_\_\_\_\_ name is Bill.
- A. He                      B. His                      C. Her                      D. Hers
- ( ) 9. —Is this your ID card?