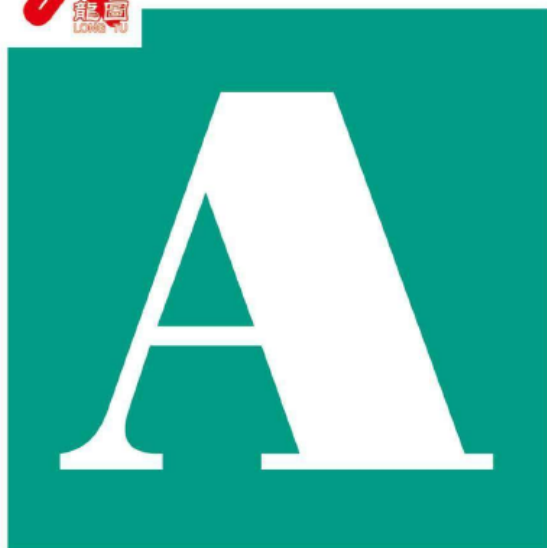





这是一本阅读专项图书，也是一本贴合课本的阅读拓展书



主编◎高明俊

**8**  
年级上册 (RJ)

# 英语 阅读组合精练

 四川大学出版社

- 同步课堂 精准练习
- 话题新颖 题型多样

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A

C

B

English

# 英语 阅读组合精练

主编◎高明俊

8

年级上册 (RJ)



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## Unit 1 Where did you go on vacation?

### 第一部分

### 完形填空

阅读下面两篇短文,根据短文内容,从 A,B,C 三个选项中选出最佳答案。

### — A —

A traveler came out of the airport. There were a lot of 1 outside. He asked every taxi driver's name. Then he took the third one.

"2 is it for a one-day visit around the city?" The man asked.

"100 dollars," said the taxi-driver.

This was very 3, but the man agreed. He decided to stay here for two days. Then the taxi-driver showed him all the parks and museums in the city.

When the traveler finished his visit two days 4, the taxi-driver asked, "Where are you from, sir?"

"New York," said the traveler.

"So you're from New York," said the taxi-driver. "I have a 5 in New York. Her name is Susan. Do you know her?"

"Sure. She gave me 200 dollars to give you!"

- |                    |             |              |
|--------------------|-------------|--------------|
| ( ) 1. A. trains   | B. boats    | C. taxis     |
| ( ) 2. A. How many | B. How much | C. How old   |
| ( ) 3. A. cheap    | B. low      | C. expensive |
| ( ) 4. A. later    | B. ago      | C. before    |
| ( ) 5. A. brother  | B. son      | C. sister    |

### — B —

Dear Jenny,

How is it going? I had a busy weekend. On Saturday morning, I went to the 6. I read a book about animals. I learned something about 7. It was interesting. Then in the afternoon I 8 my aunt. She lives in the countryside and she has a big farm. She 9 many strawberries on her farm. I helped her





pick strawberries for 10 hour. It was really fun. My aunt cooked a big dinner 11 me. I ate a lot of beef. It was very delicious. On Saturday night, I went to the cinema and 12 an action movie(动作片). On Sunday morning, I practiced the piano. You know I like 13. On Sunday afternoon, I went 14 with my friends. We bought many things. We were very 15 but we were happy. Then on Sunday night, I watched an interesting talk show on TV.

How about your weekend? Write to me soon.

Yours,

Amy

- |                     |             |            |
|---------------------|-------------|------------|
| ( ) 6. A. zoo       | B. library  | C. cinema  |
| ( ) 7. A. flowers   | B. art      | C. horses  |
| ( ) 8. A. called    | B. missed   | C. visited |
| ( ) 9. A. grows     | B. sells    | C. eats    |
| ( ) 10. A. a        | B. an       | C. the     |
| ( ) 11. A. for      | B. to       | C. at      |
| ( ) 12. A. read     | B. watched  | C. made    |
| ( ) 13. A. singing  | B. dancing  | C. music   |
| ( ) 14. A. shopping | B. swimming | C. camping |
| ( ) 15. A. lucky    | B. excited  | C. tired   |

## 第二部分

### 阅读理解

阅读下面的短文, 根据要求答题。

一、阅读下面短文, 根据短文内容判断句子的正误。正确的填“T”, 错误的填“F”。

Dear Kate,

How are you?

Last weekend, we went on a trip to Mount Emei. On Saturday, we drove to Emei. We had a good rest at the hotel. At about two o'clock the next morning, we began climbing the mountain. It took us more than three hours to get to the top.

“Look! The sun is going to rise(升起),” someone shouted.

We all turned around and watched the east. Soon half of the sky turned white and a big, red ball was rising. A few minutes later, the whole(整个的) world



became bright. We stayed on the top and had a good time. After lunch we went down. We got to our hotel at about four in the afternoon. We were very happy.

Thank you very much for your last letter and the beautiful Australian stamps. Hope to receive(收到) your letter soon.

Yours,

Tina

- (     ) 16. Tina went on a trip to Mount Emei last weekend.
- (     ) 17. At about 1:00 p. m. on Saturday, Tina began climbing the mountain.
- (     ) 18. It took Tina more than three hours to reach the top.
- (     ) 19. Tina arrived at her hotel at about five in the afternoon.
- (     ) 20. Kate sent some beautiful Australian stamps to Tina in the last letter.

二、阅读下面两篇短文,根据短文内容选择正确答案。

— A —

My name is Eric. Last July, I went to Walt Disney World in Orlando, Florida. It was a wonderful trip because I spent time with my family. I went there with my dad, mom, brother and sister. We had lots of fun there.

We took my dad's new car to Florida. It was a long trip but we enjoyed ourselves on the way. We went to a dinner show—Jolly Holiday. It had funny characters(人物)and lots of singing. We enjoyed it. I went on rides with my dad, brother and sister. We went on Splash Mountain. We went through a tunnel(隧道). We saw different Disney characters. My mom took photos of me with different Disney characters. We saw Cinderella at the Magic Kingdom. She gave a show with her friends. At the Beach Club Resort, my family saw Chip and Dale. They walked around to meet everyone.

- (     ) 21. When did Eric take a trip last year?

A. In June.

B. In July.

C. In August.

- (     ) 22. How many people went with Eric?

A. Two.

B. Three.

C. Four.



- ( ) 23. How did Eric get to Florida?  
A. By car. B. By bus. C. By train.
- ( ) 24. Where did Eric see Cinderella?  
A. At a dinner show. B. On Splash Mountain.  
C. At the Magic Kingdom.
- ( ) 25. Which of the following is true?  
A. Cinderella gave a show at Jolly Holiday.  
B. Eric went on rides with his dad and mom.  
C. Chip and Dale walked around to meet people.

— B —

### Zhang Hua, Chengdu

I found the summer vacation was not so interesting as I imagined(想象). It was very hot, so I had to spend most of the time staying at home, watching TV, listening to the radio and playing with my dog. Sometimes, I went to visit my relatives(亲戚).

### Linda, New York

I went to the countryside with my family and stayed there for two weeks. The air there was nice and clean. Every day, we fed the chickens, milked the cows, played with the dogs and went fishing. We enjoyed ourselves very much. We wanted to go there again.

### Tina, London

My summer vacation was great. I went to Switzerland(瑞士) with my friends and stayed there for a week. It wasn't very hot there. We went to climb the Alps(阿尔卑斯山). We felt very tired but excited. We also saw some beautiful lakes, went boating and took many photos.

- ( ) 26. Zhang Hua did NOT \_\_\_\_\_ during the summer vacation.  
A. watch TV B. go fishing C. play with his dog
- ( ) 27. Where did Linda spend the summer vacation?  
A. At home. B. In the countryside. C. In Switzerland.





- ( ) 28. Tina spent her summer vacation with \_\_\_\_\_.  
 A. her friends                      B. her family                      C. her relatives
- ( ) 29. What can we learn from the passage?  
 A. Zhang Hua didn't enjoy his vacation.  
 B. It was not very hot in the countryside.  
 C. Linda went boating during her vacation.
- ( ) 30. What is the passage mainly about?  
 A. Activities you can do on vacation.  
 B. Trips to different countries.  
 C. Three people's summer vacations.

### 第三部分

#### 短文填空

阅读下面的短文, 根据要求答题。

一、阅读下面短文。从下面方框中选择适当的单词并用其正确形式填入短文后的空格内, 使短文意思正确、通顺(有两个多余单词, 每词限用一次)。

find, lost, arrive, back, take, make, decide, friend, be, try, somewhere, I

Last year my father and I went to Toronto. We 31 a taxi to the hotel from the airport. On the way to the hotel, the driver told us many interesting things about the big city. That 32 us happy.

When we 33 at the hotel, I couldn't find my bag 34. But the taxi got away. So I 35 to go to the police station for some help. There 36 three bags in the police station. One of them looked like my bag. But it wasn't 37. At that time, the driver came to the police station, too. I was surprised that he took a bag with him. Oh, it was my bag. I thanked him for 38 my bag. Then I went 39 to the hotel. I thought the people in Toronto were very 40.

31. \_\_\_\_\_ 32. \_\_\_\_\_ 33. \_\_\_\_\_ 34. \_\_\_\_\_ 35. \_\_\_\_\_  
 36. \_\_\_\_\_ 37. \_\_\_\_\_ 38. \_\_\_\_\_ 39. \_\_\_\_\_ 40. \_\_\_\_\_

二、阅读下面短文。根据短文内容, 从短文后的选项中选出适当的选项补全短文(有一个多余选项), 并将选项的编号依次填入题后表格中。



Saturday, June 6th

In the morning, we went camping in Green Natural Park. We waited a long time for the two-day holiday. 41 So we kept singing and making jokes in great excitement along the way.

When we finished our picnic at 1:00 p. m. , it was dark and windy. Soon it started to rain. 42 We ran about but we couldn't find anywhere to hide(躲藏).

Twenty minutes passed and it was still raining. 43 Another big problem was that our small compass(指南针) showed that we went the wrong way. We got lost in Green Natural Park!

44 Chris said we could put up a tent to hide in, so Mary and Tom helped to do that. Chris and I tried to make a fire to keep us warm. But we couldn't light the fire, as everything was wet. 45 At about 5:00 p. m. , it stopped raining. We decided to stop the camping trip because we were all wet and tired.

This camping trip may not be as enjoyable as we planned(计划) but we now know each other better. And the most useful lesson I learned from this trip is the importance of team spirit(团队精神).

- A. Unluckily, no one brought an umbrella.
- B. We had to decide what to do next because it was raining heavily.
- C. We were excited as the weather seemed to be fine.
- D. We worried if it would rain soon.
- E. There were hours to go before we got to the camping place.
- F. We talked, dried ourselves and waited inside the tent.

41. \_\_\_\_\_ 42. \_\_\_\_\_ 43. \_\_\_\_\_ 44. \_\_\_\_\_ 45. \_\_\_\_\_

#### 第四部分

#### 阅读表达

阅读下面的短文,根据题目要求答题。

#### 一、阅读下面短文,根据短文内容补全表格中所缺的信息。

If you have no special plans for your school holidays, you can work as a volunteer(志愿者). As a volunteer, you work and get no money, but your help can make others and yourself happy. Do the young people today only think of



themselves? It's not true at all. More and more young people want to spend their holidays working for others. And they don't do it for money. Here are some of their stories.

**Angela, 17**

I'm a girl from New York. I visited a forest park last week. I found there were not enough roads there. I'm going to help build new roads. I'll spend seven days living in the forest. I can work with friends in the daytime and then sleep under the moonlight. It will be a nice exercise, and I can do some good things at the same time!

**Tina, 17**

I'm from London. There is an old people's home in my neighborhood. My classmates go there to help in their vacation. This summer, I'll join them. I'm good with old people. I can talk to them and play games with them. They can tell me their stories. I think I'll make friends with them soon. The job is interesting and fun.

**Haitao, 16**

Reading is difficult for some children. They really need our help. I'll work for a program called "Reading for Life". I want to be a teacher when I grow up, and I love children and reading, so this experience(经历) will help me in many ways.

Why not <u>46</u> this summer holiday?		
What's a volunteer?		Volunteers <u>47</u> but don't ask for any money.
Name	What will they do?	What do they think of their volunteer jobs?
Angela	She'll spend seven days <u>48</u> for the forest park. She'll do something good when volunteering in the park.	It will be a good way to exercise.
Tina	She'll help at the old people's home with her classmates.	It is <u>49</u> .
Haitao	He'll help children who have <u>50</u> with reading.	It will be a help for his dream.

46. \_\_\_\_\_ 47. \_\_\_\_\_ 48. \_\_\_\_\_ 49. \_\_\_\_\_ 50. \_\_\_\_\_



## 二、阅读下面短文,根据短文内容回答问题。

Hi, I'm Bruce. The summer vacation is over. Time always flies fast. The weather was hot and I could not do much work, but I lived happily.

Because it was too hot in the afternoon, I did my homework in the morning. I got up at 6:30 a. m. and took a walk in the park for half an hour. After breakfast, I read English and Chinese, and did some math exercises. It took me three hours or more to finish my homework. I worked quite hard and made great progress (进步).

I spent the afternoon outside. I went to swim and it was fun. I came home at about five or six o'clock. Sometimes a friend of mine would come to see me, and we would spend an hour listening to music.

In this way, I spent my vacation happily. I not only studied well but also became a good swimmer. Now I am in good health and I believe I can study well in the new term.

51. How long did it take Bruce to do his homework every morning?

---

52. What did Bruce do most of the afternoon?

---

53. Why did Bruce have a happy summer vacation?

---

54. What did Bruce think of his vacation?

---

55. What does the article mainly tell us?

---





## Unit 2 How often do you exercise?

### 第一部分

### 完形填空

阅读下面两篇短文,根据短文内容,从 A, B, C 三个选项中选出最佳答案。

#### — A —

What do the children usually do in their free time? Most students like 1 TV. It is very interesting. On TV they can learn a lot, and they can see and know many things 2 their country and the world. Of course, they can hear on the radio, but they can learn better and more easily on 3. Why? Because they can hear and watch at the same time. But they can't see anything on the radio.

Many children watch TV on Saturday evenings. They are very busy with their lessons on 4. But a few children watch TV every night. They go to bed very late. So they can't have a good 5. How about you, my young friend?

- |                    |             |            |
|--------------------|-------------|------------|
| ( ) 1. A. seeing   | B. watching | C. looking |
| ( ) 2. A. to       | B. at       | C. about   |
| ( ) 3. A. radio    | B. TV       | C. film    |
| ( ) 4. A. weekdays | B. weekends | C. Sunday  |
| ( ) 5. A. time     | B. rest     | C. meal    |

#### — B —

Barack Obama is the 44th president (总统) of the United States. He was elected (选举) president 6 November 4th, 2008. Obama has a very healthy 7. 8 a president, he is always very busy and works about 10 hours a day. But he still spends some time 9 exercise. At about 7:30 every morning he goes to a 10. He does exercise there 11 about 90 minutes every day. He says that doing exercise 12 him young and healthy. Doing exercise can make him relaxed. His 13 are also very healthy. He usually stays away from junk food. He eats a lot of vegetables and 14 every day. He doesn't like coffee or ice cream. His





favorite food is the pizza (比萨饼) from a restaurant in Chicago. The restaurant's name is Italian Fiesta Pizzeria.

Do exercise every day from now on. You'll be as 15 as Obama!

- |                          |                    |                      |
|--------------------------|--------------------|----------------------|
| ( ) 6. A. at             | B. on              | C. in                |
| ( ) 7. A. lifestyle      | B. hobby           | C. interest          |
| ( ) 8. A. On             | B. As              | C. In                |
| ( ) 9. A. to do          | B. do              | C. doing             |
| ( ) 10. A. gym           | B. office          | C. restaurant        |
| ( ) 11. A. in            | B. for             | C. at                |
| ( ) 12. A. make          | B. made            | C. makes             |
| ( ) 13. A. eating habits | B. sleeping habits | C. exercising habits |
| ( ) 14. A. hamburgers    | B. ice cream       | C. fruit             |
| ( ) 15. A. successful    | B. healthy         | C. happy             |

**第二部分****阅读理解**

阅读下面的短文, 根据要求答题。

一、阅读下面短文, 根据短文内容判断句子的正误。正确的填“T”, 错误的填“F”。

Do you get enough sleep? With so much homework, it's often difficult to get the rest you need. But you need it because sleep keeps you healthy and it stops you from getting fat.

Recently, a group of US scientists did a study on kids aged between 8 and 13. The study found that if kids sleep for just one extra(额外的) hour each day, their chance of getting fat is cut by about 30 percent.

Why? Because when people don't get enough sleep, they become tired. When they are tired, they won't get enough exercise. Also, kids like snacks. If they are awake(醒着的) for an extra hour or two each day, they have more time to eat snacks or other unhealthy foods.

So, how much sleep should you get? Scientists suggest 10 to 11 hours a night for kids aged 5 to 12. For older kids, 8 to 9 hours will do.



- ( ) 16. It's not easy to get the rest kids need because of too much homework.
- ( ) 17. Recently, a group of US scientists did a study of kids aged between nine and thirteen.
- ( ) 18. Children will get more fat if they don't have enough sleep.
- ( ) 19. Kids aged between 5-12 should have 10-11 hours sleep.
- ( ) 20. The more sleep kids get, the healthier they will be.

二、阅读下面两篇短文,根据短文内容选择正确答案。

— A —

Mr. and Mrs. Clark are 70 years old. They look young and they are very healthy. Why? Let me tell you. That's because they have a healthy lifestyle.

They exercise every day, and every morning they exercise in the park. After that they usually go to the supermarket. They walk there for about half an hour. They don't take the bus because they think walking is good for their health. They often take a walk after dinner.

They also have a good eating habit. They drink milk every morning. They eat fruit and vegetables every day. As for meat, they only eat it twice a week. Besides that, they never eat junk food. They don't drink coffee or cola at all. You see, they look after their health very well.

Mrs. Clark likes watching soap operas and reading books. She reads books every day. Mr. Clark likes Chinese paintings. They usually go to bed at 9 : 00 p. m. and sleep for eight hours every night.

- ( ) 21. How old is Mrs. Clark?  
A. 60. B. 65. C. 70.
- ( ) 22. Where do Mr. and Mrs. Clark exercise every morning?  
A. In the gym. B. In their home. C. In the park.
- ( ) 23. Mr. and Mrs. Clark usually \_\_\_\_\_ after dinner.  
A. take a walk B. go to the supermarket  
C. clean the house
- ( ) 24. How often do Mr. and Mrs. Clark eat meat?  
A. Never. B. Once a day. C. Twice a week.



( ) 25. What does Mr. Clark like?

- A. Soap operas.                      B. Chinese paintings.                      C. Reading books.

— B —

To stay healthy sometimes isn't difficult.

Have a healthy lifestyle. It's the best way to have a good lifestyle with family. When your family does the same activity, you can encourage each other to keep going. If you make your family enjoy doing exercise and eating healthily, you can also be healthy.

When you go shopping, buy healthy food. Buy more vegetables and fruit. Try different kinds of healthy food and try to eat at home every day. If you are eating out, try to eat healthy food.

Don't think of having food as a fun activity. Many times we do fun activities around food. For example, we may often meet our friends for lunch. In fact, there are many other activities you can do with friends. How about meeting friends for a sports game? You can eat, but the activity doesn't have to focus on food.

Looking after your health should not be boring. Start now!

( ) 26. The passage tells us \_\_\_\_\_ ways to keep healthy.

- A. 6                                      B. 5                                      C. 3

( ) 27. According to the passage, the best way to have a healthy lifestyle is to have a good lifestyle with \_\_\_\_\_.

- A. family                              B. friends                              C. students

( ) 28. The underlined word "encourage" means "\_\_\_\_\_" in Chinese.

- A. 表达                              B. 总结                              C. 鼓励

( ) 29. According to the passage, many people often \_\_\_\_\_ for fun.

- A. play games                      B. go out to eat                      C. do sports

( ) 30. From the passage we learn it's good for us to \_\_\_\_\_.

- A. go out to eat fast food with friends  
B. do many fun activities around food  
C. eat different kinds of healthy food often



## 第三部分

## 短文填空

阅读下面的短文, 根据要求答题。

### 一、阅读短文。根据短文中首字母提示填写单词的适当形式, 使短文意思正确、通顺。

I am a middle school student. In the past, I had some bad h 31. I almost n 32 had breakfast because I usually got up late. I didn't like exercising. I only exercised a few times a month. In the evening, I always watched the TV f 33 over 2 hours. Then I played online games for a long time, so I almost slept less than 6 hours every night. My parents thought s 34 up late was bad for my body and mind, so they got really w 35 about me.

One day I fainted(昏倒) in a P. E. class. When I woke up, I found myself lying in the h 36 bed. The doctor said that my classmates b 37 me here. He said that I was not healthy. Then he told me to eat breakfast every day and do more exercise.

From then on, I decided to change my bad habits. Now I u 38 get up early and have a good breakfast. I tried to eat lots of vegetables and fruit every day. After school, I always spent time p 39 sports together with my friends. It's fun and a good way to r 40. Oh, I sleep 9 hours every night. People often say, "old habits die hard." But I learned a lesson and changed it.

31. \_\_\_\_\_ 32. \_\_\_\_\_ 33. \_\_\_\_\_ 34. \_\_\_\_\_ 35. \_\_\_\_\_

36. \_\_\_\_\_ 37. \_\_\_\_\_ 38. \_\_\_\_\_ 39. \_\_\_\_\_ 40. \_\_\_\_\_

### 二、阅读下面短文。根据短文内容, 从短文后的选项中选出适当的选项补全短文(有一个多余选项), 并将选项的编号依次填入题后空格中。

Ladies and gentlemen, welcome to the UK!

I'm your guide, Alice. I'm very glad to be with you when you stay in the UK. To have a good time here please be careful with yourselves! 41

First, the weather here is very changeable. It can be rainy, sunny, cloudy, windy, warm or cold at any time of the year. 42 It may be sunny when you get