G L O B A L H E A L T H

ASHGATE

# Children and AIDS

Sub-Saharan Africa

EDITED BY

MARGARET LOMBE AND ALEX OCHUMBO

# Children and AIDS

Sub-Saharan Africa

## Edited by

MARGARET LOMBE
Boston College Graduate School of Social Work, USA

ALEX OCHUMBO

Ethiopian Catholic University of St. Thomas Aquinas
(ECUSTA), Ethiopia

**ASHGATE** 

#### © Margaret Lombe and Alex Ochumbo 2016

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the prior permission of the publisher.

Margaret Lombe and Alex Ochumbo have asserted their right under the Copyright, Designs and Patents Act, 1988, to be identified as the editors of this work.

Published by
Ashgate Publishing Limited
Wey Court East
Union Road
Farnham
Surrey, GU9 7PT
England

Ashgate Publishing Company 110 Cherry Street Suite 3-1 Burlington, VT 05401-3818 USA

www.ashgate.com

#### **British Library Cataloguing in Publication Data**

A catalogue record for this book is available from the British Library

## The Library of Congress has cataloged the printed edition as follows:

Lombe, Margaret.

Children and AIDS: Sub-Saharan Africa / by Margaret Lombe and Alex Ochumbo. pages cm. -- (Global health)

Includes bibliographical references and index.

ISBN 978-0-7546-7781-9 (hardback) -- ISBN 978-0-7546-9529-5 (ebook) -- ISBN 978-1-4724-0196-0 (epub) 1. AIDS (Disease)--Africa, Sub-Saharan. 2. Child welfare--Africa, Sub-Saharan. 3. Children--Health and hygiene--Africa, Sub-Saharan. 4. Children--Social conditions--Africa, Sub-Saharan. I. Ochumbo, Alex. II. Title.

RA643.86.A357L66 2015 362.19697'9200967--dc23

2015010325

ISBN 9780754677819 (hbk) ISBN 9780754695295 (ebk – PDF) ISBN 9781472401960 (ebk – ePUB)



Printed in the United Kingdom by Henry Ling Limited, at the Dorset Press, Dorchester, DT1 1HD

## Global Health

Series Editor: Nana K. Poku, Health Economics and AIDS Research Division (HEARD), South Africa

The benefits of globalization are potentially enormous, as a result of the increased sharing of ideas, cultures, life-saving technologies and efficient production processes. Yet globalization is under trial, partly because these benefits are not yet reaching hundreds of millions of the world's poor and partly because globalization has introduced new kinds of international problems and conflicts. Turmoil in one part of the world now spreads rapidly to others, through terrorism, armed conflict, environmental degradation or disease.

This timely series provides a robust and multi-disciplinary assessment of the asymmetrical nature of globalization. Books in the series encompass a variety of areas, including global health and the politics of governance, poverty and insecurity, gender and health and the implications of global pandemics.

#### Also in the series

### The Politics of Surveillance and Response to Disease Outbreaks

The New Frontier for States and Non-state Actors

Edited by Sara E. Davies and Jeremy R. Youde

ISBN 978 1 4094 6718 2

#### HIV/AIDS and the South African State

Sovereignty and the Responsibility to Respond

Annamarie Bindenagel Šehović

ISBN 978 1 4724 2337 5

#### Living with HIV and Dying with AIDS

Diversity, Inequality and Human Rights in the Global Pandemic

Lesley Doyal with Len Doyal

ISBN 978 1 4094 3110 7

#### Informal Norms in Global Governance

Human Rights, Intellectual Property Rules and Access to Medicines

Wolfgang Hein and Suerie Moon

ISBN 978 1 4094 2633 2

# List of Figures

1.1	"The Framework"	15
1.2	Percentage of orphans receiving external support	17
3.1	Trends in HIV prevalence	49
3.2	Characteristics of foster care	51
3.3	Nyumbani Children's Home logic model	53
3.4	Program objectives and impact	55
4.1	Problems experienced by OVC in Zambia	70
6.1	Policy target groups	120
7.1	Child-centered approaches	133
8.1	Rights rated as important	162
8.2	Challenges experienced by children in child-headed households	163
8.3	Rights considered important	168
8.4	Children's reaction to loss of parent/s	171
8.5	Process of rights attainment	174

# List of Tables

1.1	Definitions and differences of vulnerability regarding children in four African countries	10
3.1	Definition of a child in Kenya	47
3.2	Defining characteristics for OVC	47
3.3	HIV prevalence among the general population (15-49)	49
5.1	Summary of government total and unit costs	99
5.2	Summary of government total costs by service area	100
5.3	Types of services provided to OVC by type of organization	101
6.1	Kenya's performance on targeted goals	115
6.2	List of minimum requirements	123
6.3	Categories of OVC care	124
7.1	Types of OVC services provided by government	131
7.2 7.3	Cost of government services provided to OVC by service domain The Convention on the Rights of the Child:	132
	Guarantees in each article	134
7.4	The African Charter on the Rights of a Child	136
7.5	Organizations involved with OVC in Zambia by sector (N = 292)	143
7.6	Service domains provided to OVC by non-governmental	
	organizations (NGOs)	144
8.1	Children and goals	167
8.2	Children's perceptions of human rights	172

## Notes on Contributors

A unique characteristic of this book is the multidisciplinary perspectives that the contributing authors bring to this work. Contributing authors come from a range of academic disciplines and fields of practice. This diverse perspective is essential to a book of this nature. The issue of vulnerability, especially among orphaned children, reveals an intersection of a number of factors such as poverty, lack of access to education and healthcare services, social support, and how these interact to inhibit life chances for vulnerable children and their communities.

Margaret Lombe (PhD) is an assistant professor at the Boston College Graduate School of Social Work. She is also a faculty associate at the Center for Social Development at Washington University. Her area of expertise is in international social development with an emphasis on social inclusion/exclusion and capacity building. Margaret has provided consultation to the United Nations and has participated in a number of Experts Group Meetings (EGM), working with the UN to develop tools to assess inclusion/exclusion. She has published book chapters and a number of articles on the issue of social inclusion and AIDS; and has presented papers at both local and international conferences in this field. Her recent work has appeared in refereed journals including: Journal of Human Behaviour in the Social Environment, Social Work Research, Journal of Community Practice, and the Journal of Sociology and Social Welfare.

Protus Lumiti is Chief Manager of Nyumbani Children's Home, which is under the Children of God Relief Institute as a registered charitable organization in Kenya, USA, UK, Italy, Ireland and Spain. The home was founded by Father Angelo D'Agostino SJ.MD in 1992. The home supports children who are HIV positive in a residential environment and is situated in Karen, Nairobi. Protus has a Bachelor's degree in Philosophy from Urbanian University and a Bachelor of Arts from Catholic University of Eastern Africa. He earned his MBA from Kenyatta University. He is currently a third-year PhD candidate at Jomo Kenyatta University of Agriculture and Technology. He is a member of the Institute of Human Resource Management, associate member of Kenya Institute of Management and a founder member of Flomic Institute of Business Management. He is a member of Rotary International. Some of his unpublished research includes "The Impact of Constituency Development Fund in Kenya" (2008) and "Children and their Rights in Kenya" (2000).

**Theresa Lungu** was born and raised in Luanshya, Zambia and is the founder of Books for Zambia (www.Booksforzambia.com). A graduate of Boston College and recipient of the Dean's Award for Creative Writing, Theresa is also the author of the novels *Twilight in the Morning* and *Torment of an Angel*. She currently resides in Massachusetts and is an employee and student of Harvard University.

Harriet Mabikke (MSW) graduated from Uganda's Makerere University and Boston College's Graduate School of Social Work. Her area of interest is global practice, poverty, and vulnerable children. A native of Uganda, Harriet has worked with women in rural Uganda around issues of poverty reduction, and with orphaned and vulnerable children in Zambia. Harriet is President of Hope Networks International (HNI).

Lyndsey McMahan (BA, MSW) has experience working domestically in both child welfare and immigration related to asylum seekers. Her international work includes: two years as a Peace Corps volunteer in Mporokoso, Zambia, working with rural communities regarding safe health practices; community service activities in Mexico and Turkey; and project development and implementation including evaluation data analysis for HelpAge International in Cambodia. Lyndsey strongly believes in the social work Code of Ethics which promotes service, social justice, integrity, cultural competence, and the worth of human relationships—these are values that complement Lyndsey's goal of working in a field that promotes the understanding that every human life has a story and an inherent dignity that must be heard and upheld.

Tapologo Maundeni (PhD) is an associate professor in the Department of Social Work, University of Botswana. Tapologo has a PhD in Social Work from the University of Glasgow in Scotland. She has extensive leadership skills which she acquired through carrying out various assignments both locally and internationally. She has led numerous projects successfully and conducted several consultancies for international and national organizations such as UNESCO, DFID, and the Ministry of Health in the areas of children's rights, HIV and AIDS, and Social Safety Nets for People Living with Disabilities as well as Gender based Violence. Tapologo has also been active in community organizations throughout Botswana and the southern region of Africa that focus on child and family welfare issues, such as the National Children's Council, the Reference Committee that reviewed the Botswana Children's Act, the National Pre-school Development Committee, the sub-committee that drafted the child protection section of the National Plan of Action (NPA) for the children of Botswana, and the Department of Social Services' Committee that prepares for the annual commemorations of the International Day of the Family. Her areas of expertise are children's rights, gender, human rights, child and family welfare, and HIV and AIDS. She has published extensively on these areas. Her most recent publications include HIV/AIDS, Vulnerable Groups, Human Rights and Development in Botswana.

Mosidi Tseleng Cynthia Mokotedi (RN, MSN), has been a lecturer at the School of Nursing, University of Botswana, and Gaborone since 2008. She holds a BEd degree in Nursing from the University of Botswana and a MSc (Nursing) from the University of Technology in Sydney Australia. Mokotedi has worked at Mahalapye hospital as a midwife and lecturer at the Institute of Health sciences. At the University of Botswana, she has served on various departmental committees, faculty and university wide committees. She is a member of Africa Honor Society Chapter of Sigma Theta Tau International and of The Organization for Social Science Research in Eastern and Southern Africa; Botswana Chapter. Mokotedi is also a member of the Nurses Association of Botswana. She was an Internal Examiner for the Institute of Health sciences for three years. One of her publications covers the "Development and Evaluation of an interdisciplinary Palliative Care workshop in Botswana" and her ongoing research support includes: Challenges faced by parents with haemophilic children in Botswana and departmental study on maternal mortality in Botswana.

Chiedza Mufunde (MSW) currently works on research and policy development with "A World at School"—a global education campaign mobilizing various public and private institutions and partners on finishing the education goal of Millennium Development Goals. She is passionate about women's education and reproductive rights with an interest in policy and research. Her work with the Campaign for Female Education (CAMFED) in Zimbabwe inspired her passion for education and the importance of investing in women to fight poverty. She has interned with the Institute of Women and Ethnic Studies in New Orleans, the New England Alliance for Children's Health in Boston, MA, and Save the Children in Washington, DC, working on issues affecting children in health and education. She holds a BA Hons in Psychology from Mount Holyoke College in Massachusetts, and a Master's degree in Social Work with a focus on global practice and policy from Boston College School of Social Work.

Chrisann Newransky (PhD) is an assistant professor in the School of Social Work at Adelphi University in New York. Her background is in social policy and her current area of research focuses on the social determinants of health disparities and social exclusion/inclusion. Previously, she studied the capacity of self-help microcredit programs to enhance the health and welfare of women and children in sub-Saharan Africa and India. Chrisann has been a board member for Empower Dalit Women of Nepal (EDWON), a human rights organization for "untouchable" women. Prior to her graduate studies, she spent eight years working overseas for Habitat for Humanity International in the Philippines and for the local government in Japan. Chrisann earned her PhD and MSW from the Graduate School of Social Work at Boston College and also holds an MA in Sustainable International Development from Brandeis University.

Alex Ochumbo (PhD) is Vice President for Capacity Building and Research at the Ethiopian Catholic University of St. Thomas Aquinas (ECUSTA). He is also a member of the CORE Team that has been mandated by the Owners to implement the day-to-day activities and policies of the university. Prior to joining ECUSTA he worked for the Children of God Institute (COGRI), Nairobi, Kenya. His work involved counseling and offering spiritual guidance to children affected by HIV/AIDS. His main interest is in the area of sustainability of programs to assist HIV/AIDS children and orphans in sub-Saharan Africa. His area of expertise is in management, with an emphasis on international human resources management. Alex has worked at the administrative level with Jesuit Refugee Services and other organizations assisting refugees.

Ogar Rapinyana (RN, MSN) is a lecturer at the School of Nursing, University of Botswana, Gaborone. Ogar is a registered nurse midwife. She obtained her BSc degree at the University of Botswana in 1995 and her MSc degree in Midwifery at the University of Witwatersrand, Johannesburg, South Africa. She worked as an employee of the Botswana government for 20 years as a staff nurse and midwife at various clinics and hospitals. From 1995 to 1997 she held positions as: Assistant Lecturer, Lecturer, Senior Lecturer and lastly Coordinator of the Midwifery program at Institute of Health Sciences, Francistown, Botswana. She was a member of the Taskforce that reviewed the Midwifery Curriculum and Integrated the HIV and AIDS into the Midwifery Curriculum for the HIV programs at the workshop held in New Jersey, United States, in 2005. She has researched and presented conference papers in the area of Midwifery and HIV and AIDS. Ogar also served as an internal examiner for the Master of Nursing student research projects. She served as a representative of the School of Nursing at the Nurses Association of Botswana and as a board member of the Botswana Nursing Council. She is a member of Tau Lambda at Large Chapter of STTI and East, Central and Southern Africa College of Nursing for Africa ECSACON.

Naomi Seboni (RN, RM, PhD) is a senior lecturer in the School of Nursing, University of Botswana, Gaborone. Naomi is a registered nurse-midwife. She obtained her basic degree in Nursing at the University of Botswana and Swaziland in 1981, her Master's degree at Teachers College, Columbia University in New York, and her PhD at the University of California, San Francisco, in 1993. For her Master's degree, she specialized in adult health, and later focused on young adults (adolescent health and development) at doctoral level. Her PhD thesis focused on teenage girls' sexuality and sexual risk-taking behaviors. She worked as an employee of the University of Botswana (UB) for 29 years. She is the former Head of the School of Nursing and the Director of the WHO Collaborating Centre for Nursing and Midwifery Development at the UB, where she served in various Task Groups for WHO Africa Region and headquarters on issues pertaining to the development of nursing and midwifery. She has served as a consultant for the Ministry of Education, UNICEF and PATH in the area of adolescent sexuality and

sexual behaviors. She has also researched and published in the area of adolescent health and sexuality, and adolescents living with HIV and AIDS amongst others. Naomi has provided leadership through her professional and community service to NGOs providing care to adolescents. She served as President for the Botswana Family Welfare Association, an affiliate of the International Planned Parenthood Federation (IPPF), and is currently a member of the African Regional Governing Council as well as the International Governing Council of IPPF.

Aakanksha Sinha (MSW) is a doctoral student at the Graduate School of Social Work, Boston College. Her main research interest is on issues concerning the wellbeing of orphan children, with a focus on community development and human rights. She also focuses on access to basic needs for low-income children and families in the global south. Presently, she is involved in research endeavors in the United States, as well as countries in the global south, that focus on protection and overall development of orphan children, through innovative projects such as cash transfers, community-based care, intergenerational community care, and others. She is also involved in research on food security and disabilities issues and how they impact the overall wellbeing and quality of life of communities in the United States and globally.

Nicholas Syano is a program manager at Children of God Relief Institute administering all the activities of Nyumbani Village and the community based programs. Nyumbani Village in Kitui, Kenya is a home for HIV/AIDS orphans and their grandparents living in conditions that make it possible for them to attend school, have accommodation and food. The grandparents grant them the parental guidance that they need while Nicholas is currently a PhD candidate of Dry Land Resource Management, Nairobi University and the chairperson of Dryland Natural Resources Centre (DNRC). He has a Bachelor of Science degree from Maseno University in Kenya and a Master of Science degree in Natural Resources Management from the University of Wisconsin, USA where he was the Kenyan In-Country Coordinator of Global Environmental Management Education Center (GEM). He was also the Center Manager of Kenya Institute of Organic Framing (KIOF), Kenya.



## Preface and Acknowledgments

Many people and experiences inspired this book. It reflects our journey as we grapple with the challenge of growing vulnerability among children in sub-Saharan Africa. A major source of influence is our parents through whose eyes we learned to look at a child with reverence. We learned to believe in the virtue of *convivencia*; that you and I belong to the greater whole and that the child is the center.

Another source of inspiration are students at the Boston College Graduate School of Social Work, in the Global Practice field of study, who through the years have pushed us to question the universality of human rights. For years, together, we have wrestled with injustice but stand strong enough to dream of a world in which every man, woman and child, regardless of "isms," has validation. Together, we have learned to take steps toward that ideal—we believe that a just world in which children are valued is possible.

Colleagues in the field of social work have greatly influenced this work by providing a platform upon which to wrestle with challenging issues of this nature. Dean Alberto Godenzi deserves special mention for providing an environment that understands the intersection between human rights, health and social justice. We are indebted to Michael Sherraden for pushing us to look at the "why not?" and Kevin Mahoney for graciously listening as we tried to make sense of the rights of the child within the African context.

Perhaps, the most significant inspiration of all has been the children classified as "vulnerable" whom we have interacted with in our own families, communities and as researchers. We have looked into their eyes, held their hands, played and laughed with them. In them we see children full of life! Full of potential! Full of hope. We also see children on the brink; children whose lives are defined by adversity. We struggle with the concept of vulnerability because it's not African. We struggle because behind orphans and vulnerable children (OVC) is the sober reality of helplessness among children. This reality challenges us to take steps to understand their plight from what is known about them and from the children's own perspective. This book is an attempt at bringing this together in one place. It is also an invitation to dialogue, to reflect on the concept of vulnerability as an acceptable way of categorizing children. The book is a challenge and a call to action for all with power to positively influence the welfare of children, especially the welfare of the child living on the street, mourning the loss of a parent, heading a household—a sick, cold, and hungry child. We acknowledge Bishop Lombe, and men, women, and even children who are dedicated to accompanying children

classified as vulnerable. We salute all who are committed to promoting human dignity, often under trying circumstances.

We are grateful for the opportunity to struggle with this issue. We express our sincere appreciation to friends and family who provided valuable support and feedback from the inception of this book to its completion. We are thankful to Yande for valuable conversations and support with organization of initial drafts. We appreciate the support provided by Grace Lombe, Protus Lumiti, and Nicholas Syano during the data collection and writing phases. We extend our sincere gratitude to everyone who took an interest in this work. We are deeply thankful to all contributors; this book would not have been written without your commitment to the welfare of children. We are especially indebted to children made vulnerable by HIV/AIDS in Botswana, Kenya, and Zambia, whose experiences this book draws upon. We thank them for their grace and courage in providing voice to their experiences; allowing us to see what life is like for them from their point of view. We truly appreciate the time and effort of all who made this work possible.

## List of Abbreviations

ACRWC African Charter on the Rights of the Child AIDS Acquired Immune Deficiency Syndrome

ARV Antiretroviral

BAIS Botswana AIDS Impact Survey

BOCONGO Botswana Council of Non-Governmental Organizations

BWP Botswana Pula

CBO Community-Based Organization
CCN Community Care Nigeria
COGRI Children of God Relief Institute

CRC Convention on the Rights of the Child

CSO Central Statistics Office
DSS Department of Social Services
FBOs Faith-Based Organizations
HIV Human Immunodeficiency Virus

IATT Inter-Agency Task Team for Children affected by HIV/AIDS

MDGs Millennium Development Goals MLG Ministry of Local Government

MOH Ministry of Health MTP Medium Term Plan NAP National Action Plan

NGOs Non-Governmental Organizations OVC Orphans and Vulnerable Children PSS Psychosocial Support Services

SADC The Southern Africa Development Community

SLAs Savings and Loans Associations

STPA Short Term Plan of Action on the Care of Orphans

UNAIDS United Nations Program on HIV/AIDS
UNICEF United Nations Children's Emergency Fund

USAID United States Agency for International Development

# Contents

List of Figures		vii
List of Tables		ix
Notes on Contributors		xi
Preface and Acknowledgments		xvii
List of Abbreviations		xix
	Introduction: Book Overview	
	Margaret Lombe and Harriet Mabikke	1
PART	TI OVERVIEW OF THE ISSUE	
1	AIDS-Related Vulnerability among Children	
	in Sub-Saharan Africa: An Overview	9
	Lyndsey McMahan, Chiedza Mufunde,	
	and Margaret Lombe	
PART	II THE LIVING ARRANGEMENTS OF ORPHANED AND	
	VULNERABLE CHILDREN IN SUB-SAHARAN AFRICA	
2	Fostered Children in Botswana	27
	Tapologo Maundeni, Naomi Seboni,	
	and Ogar Rapinyana	
3	Experiences of Children in Residential Care: The Case of Kenya	45
0	Protus Lumiti, Alex Ochumbo, and Nicholas Syano	43
	Trotas Lamit, Atex Ochamoo, and Menoras Byano	
4	The Living Arrangements of Vulnerable Children in Zambia	61
	Margaret Lombe and Theresa Lungu	
PART	THE RESPONDING TO ORPHANED AND VULNERABLE	
	CHILDREN: AN OVERVIEW OF PUBLIC AND	
	PRIVATE INITIATIVES	
5	Responses to Orphaned and Vulnerable Children (OVC)	
~	in Botswana	93
	Naomi Seboni, Tapologo Maundeni, Ogar Rapinyana,	20
	and Mosidi Tseleng Cynthia Mokotedi	

6	Responding to Orphaned and Vulnerable Children in Kenya Alex Ochumbo, Protus Lumiti, and Nicholas Syano	109
7	Responding to Orphaned and Vulnerable Children in Zambia Theresa Lungu, Chrisann Newransky, and Aakanksha Sinha	129
PART	IV THE VOICES OF THE CHILDREN	
8	Children Speak Out: Is Anyone Listening?  Margaret Lombe and Alex Ochumbo	157
PART	TV MAKING CHILDREN MATTER	
9	Vulnerability among Children and the Convention on the Rights of the Child Margaret Lombe and Harriet Mabikke	179
10	Conclusion: Closing Thoughts  Margaret Lombe, Harriet Mabikke,  and Alex Ochumbo	197
	Appendix A: Questionnaire	203
Indov		207