Methods of Enzymatic Analysis

Third Edition

Editor-in-Chief: Hans Ulrich Bergmeyer

Editors: Jürgen Bergmeyer and Marianne Graßl

Volume X
Antigens and Antibodies 1

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The methods published in this book have not been checked experimentally by the editors. Sole responsibility for the accuracy of the contents of the contributions and the literature cited rests with the authors. Readers are therefore requested to direct all enquiries to the authors (addresses are listed on pp. XVII - XXII).

Previous editions of "Methods of Enzymatic Analysis":

1st Edition 1963, one volume

2nd printing, revised, 1965

3rd printing, 1968

4th printing, 1971

2nd Edition 1974, four volumes 2nd printing, 1977 3rd printing, 1981

Previous editions of "Methoden der enzymatischen Analyse":

- 1. Auflage 1962, one volume
- 2. neubearbeitete und erweiterte Auflage 1970, two volumes
- 3. neubearbeitete und erweiterte Auflage 1974, two volumes

Library of Congress Card No. 84-105641

Deutsche Bibliothek, Cataloguing-in-Publication Dáta

Methods of enzymatic analysis / Ed.-in-chief: Hans Ulrich Bergmeyer. Eds.; Jürgen Bergmeyer and Marianne Graßl. -Weinheim; Deerfield Beach, FL: VCH

Dt. Ausg. u.d.T.: Methoden der enzymatischen Analyse

NE: Bergmeyer, Hans Ulrich [Hrsg.]

Vol. X. Antigens and Antibodies 1 / Ed. consultant: René F. Masseyeff. - 3rd edit. - 1986.

ISBN 3-527-26050-1 (Weinheim, Basel)

ISBN C-895273-240-8 (Deerfield Beach)

NE: Masseyeff, René F. [Bearb.]

© VCH Verlagsgesellschaft mbH, D-6940 Weinheim (Federal Republic of Germany), 1986.

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Production Manager: Heidi Lenz

Composition: Krebs-Gehlen Druckerei, D-6944 Hemsbach Printing: Hans Rappold Offsetdruck GmbH, D-6720 Speyer

Bookbinding: Josef Spinner, D-7583 Ottersweier Printed in the Federal Republic of Germany

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Metabolites 3: Lipids, Amino Acids and Related Compounds

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Distribution:

VCH Verlagsgesellschaft, P.O. Box 1260/1280, D-6940 Weinheim (Federal Republic of Germany) USA and Canada: VCH Publishers, 303 N.W. 12th Avenue, Deerfield Beach FL 33442-1705 (USA)

ISBN 3-527-26050-1 (VCH Verlagsgesellschaft)

Volume IX

ISBN 0-89573-240-8 (VCH Publishers)

Preface to the Series

"Methods of Enzymatic Analysis" appeared for the first time in 1962 as a one-volume treatise in German. Several updated and improved editions in English and German have been published since then. The latest English edition appeared in 1974.

In the meantime, enzymatic analysis has continued to find new applications, refinements and extensions at a pace that justifies — indeed, demands — the preparation of a new and completely revised edition. However, the field has grown so enormously that it can no longer be surveyed adequately by one person. Fortunately, therefore, I am supported in this new enterprise by Dr. M. Graßl, who is highly experienced in bjochemical analysis, and Dr. J. Bergmeyer, who represents the younger generation of biochemists.

With the 1974 edition of "Methods of Enzymatic Analysis" as a starting point for our work towards the new edition, it soon became obvious that many chapters had to be eliminated, re-written or added. Moreover, the increased number of analytes that can now be determined enzymatically and of enzymes regularly requiring analysis, especially in the clinical laboratory, together with the emergence of an entirely new field of application through the technique of the enzyme-immunoassay, demanded a new arrangement and subdivision of the contents, if the vast range of material was to be dealt with properly and lucidly.

The result is the plan of the work printed on the page opposite the title page of this volume. Of course, it would be impossible to publish a whole series such as this at one moment and still maintain an equal degree of topicality for all contributions. Therefore, we decided to produce the series at a pace of several volumes per year. The volumes will not necessarily appear in their numerical order, but will be made available as they can be planned and completed.

As before, the purpose of the work is to provide reliable descriptions of well-developed procedures of enzymatic analysis in the broadest sense of the term. Special efforts are being made to arrange every chapter, and to co-ordinate the contents of all chapters are useful as laboratory manuals for daily we

Internationally-agreed enzyme nomenclature as well as quantities and units correlating with the "Système International d'Unités" are used wherever possible in order to make statements and data unambiguous and comparable over time and space.

All contributions are and will be written in English: however, contributors come from all over the world and their manuscripts naturally show various versions of English. These have to be harmonized in style and spelling in order to achieve uniformity throughout the series without, we hope, entirely eliminating each author's personal approach. Professor Donald W. Moss has kindly agreed to undertake this task. We agreed with him to use modern English spelling, but to try to minimize differences between British and American practice. We hope that this will be considered

as a fair solution and one which will make the series accessible to as wide a readership as possible.

Thanks are due to the authors in the first place for responding so readily to our invitations, for writing their chapters so diligently within a short time and for communicating their experience and expertise. We are also indebted to all colleagues who gave their advice and to Professor Moss for accepting the task of language editor. Finally I wish to record my gratitude to Verlag Chemie for the fruitful and excellent co-operation during all stages from planning to production.

Tutzing, February 1983

Hans Ulrich Bergmeyer

Preface to Volume X

This volume is the first of two which provide working instructions for the determination of antigens (proteins, viruses and micro-organisms with antigenic properties) and antibodies. There is a great demand in clinical, virological, bacteriological, veterinary and other laboratories for reliable and reproducible methods for the detection and quantitation of these complex biological entities. The rapid development of enzyme-immunoassay (EIA) techniques has made available specific and convenient procedures for the detection and measurement of these analytes many of which, until recently, could only be traced by elaborate biological assays.

Enzyme-immunoassays already cover an immense field, and one which is still rapidly expanding. Therefore, contrary to the goal of most volumes of this series, it was impossible to describe the assays of every possible antigen and antibody. Rather, our ambition has been to provide model systems from different areas of biology, or from human or veterinary medicine. In this way, the reader who does not find instructions for the solution of a specific problem will nevertheless find related assays offering relevant information.

The selection was guided by several criteria: the scientific importance of the antigen or the corresponding antibody, its practical importance, special methodological features of the assay and, last but not least, availability of experienced authors.

Again, the sequence of chapters follows the chemical nature of the analytes or their function. In some cases the placement may be debated: as an example, we decided that the chapter Thyroglobulin and Antibodies is more appropriately placed with "Transport Proteins" in Volume IX than under "Allergic and Autoimmune Diseases" in Volume X. As a result, all parameters the determination of which may be of interest in thyroid diseases are described in one volume. The same is true for Collagen, Complement Component C5a Antigen and Sex-Associated Antigen: they are less related to Allergic and Autoimmune Diseases (this volume) than to Structural and Regulatory Proteins (Volume IX).

To our knowledge, this is the first collection of methods of this kind that has ever been presented to facilitate diagnosis in allergic and autoimmune diseases, as well as in viral diseases (Parts 3 and 4). The chapters in Part 2 are particularly useful for investigating the immune status of a patient.

Most of the assays described in this volume are clinically orientated and are also applicable in epidemiology. However, clinicians and epidemiologists use the terms "sensitivity" and "specificity" with meanings that differ considerably from those implied by analytical chemists. In analytical chemistry, "sensitivity" refers to the ability of an assay to distinguish different levels of the analyte, while "specificity" is the ability to measure the analyte in the presence of possibly interfering substances. In clinical usage, e.g. when screening a population, sensitivity is the ratio of the number of people suffering from a disease and found to do so by the assay, to the total

number of people suffering from the disease (as determined by other methods). Specificity in the clinical sense is the ratio of the number of people who are in fact free from the disease and giving a negative test, to the total number of people who are in fact free from the disease.

When using immunological techniques, the analyst is confronted with the problem of how to characterize the reagents, which include antibodies and enzyme-antibody conjugates. This topic is discussed in Part 1 ("General"), which also contains chapters on Antigen- and Antibody-Secreting Cells, and on the advantages and drawbacks of using polyclonal and monoclonal antibodies. We have made every attempt to get as much information as possible from authors and manufacturers about the composition of immunological reagents and the concentrations of their constituents. Unfortunately, we have not been successful in every case.

We assume that in the foreseeable future the number of enzyme-immunoassays of antigens and antibodies will continue to increase. This volume is intended to stimulate the application and improvement of these methods for routine use, and the development of similar methods for other analytes important in the life sciences.

Thanks are due to the authors for their fine co-operation in the preparation of manuscripts, and again to the editorial consultant, Professor R. F. Masseyeff.

Tutzing, January 1986

Hans Ulrich Bergmeyer

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