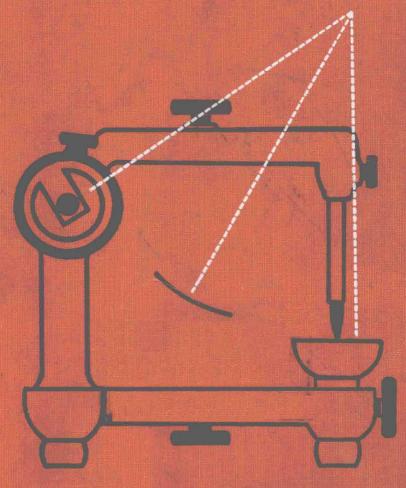
Essentials of COMPLETE DENTURE PROSTHODONTICS



WINKLER

Essentials of COMPLETE DENTURE PROSTHODONTICS

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To the memory of

my mother,

LILLIAN B. WINKLER,

and my brother,

ALLAN WINKLER.

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PREFACE

There are many excellent textbooks on complete dentures available today. However, there is always room for improvement. In 1975, after almost twenty years as a dental educator, I approached the W. B. Saunders Company about the possibility of compiling and editing a textbook on complete denture prosthodontics, with the stipulation that it first appear in abbreviated form as a Dental Clinics of North America symposium. This was done to gauge the reaction of students, general practitioners, and specialists to the project's merits, faults, and possible acceptance as a freestanding textbook. Thankfully, the April 1977 Clinics issue on "Complete Dentures" was extremely well received, and the decision to develop it into a textbook was made.

The Clinics issue has been greatly expanded, with fourteen entirely new chapters added. Many of the Clinics' chapters have been thoroughly revised with new material, illustrations, and references, and with some chapters barely recognizable from their preliminary form in the symposium. In some cases it was decided to reprint the Clinics' chapters with a minimum of revision. These decisions were made by the editor in consultation with the contributing authors.

This text follows the trend in prosthodontic education, which has changed from a mechanical or engineering viewpoint to a biologic approach. Dentures rest on vital, sensitive, resilient tissues. Today's dentist must have a thorough background in anatomy, physiology, pathology, psychology, pharmacology, materials science, and nutrition, as well as physics. He must be able to relate this knowledge to complete denture construction. Without this broad educational background, the development of clinical skills and judgment are impossible.

There is bound to be some repetition in the various chapters of a multi-contributor book. This is particularly evident in Part II (The Construction of Complete Dentures). A good deal of repeated material from the chapters as originally submitted has been eliminated, but at the same time some material presented elsewhere was retained to enable each chapter to be a complete entity by itself. When doubt existed, the conservative approach was taken with the repeated material retained. Hopefully, the repetitions will serve to reinforce the fundamental principles and prosthodontic concepts involved.

The editor acknowledges with gratitude the teaching, inspiration, and dedication of his teachers and later associates at New York University College of Dentistry, as well as his colleagues at the School of Dentistry, State University of New York at Buffalo, and later at Temple University School of Dentistry. Those deserving special recognition include the late Drs. George A. Buckley and Arthur Davidoff; and Drs. Louis Blatterfein, Samuel Friedman, Morris Mac Hudis, and Herbert Sherman at New York University College of Dentistry; and Drs. George W. Ferguson, Harold R. Ortman, and S. Howard Payne at the State University of New York at Buffalo.

PREFACE

All of the contributors have given generously of themselves during the preparation of this volume. Their enthusiasm and willingness to cooperate in spite of many other commitments, and in some cases ill health, has made the editor's job a most rewarding and pleasant experience. It is sincerely appreciated. It is also a source of pride to the editor to include a number of his former students as contributors.

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The photographic talents of Mr. Malcolm McCuaig are evident throughout the volume. The invaluable editorial and secretarial assistance of my wife Sandra is once again acknowledged.

The editor wishes to express his appreciation to Mr. Carroll C. Cann, Mr. Robert W. Reinhardt, and their associates at W. B. Saunders Company, whose help and suggestions were more than any editor could hope for. Our copy editor at W. B. Saunders Company, Mr. Bill Lamsback, patiently and diligently worked along with the contributors and editor and has been of invaluable assistance during the preparation of this textbook.

SHELDON WINKLER, D.D.S.

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INTRODUCTION

PROSTHODONTICS TODAY

Complete denture prosthodontics involves the replacement of the lost natural dentition and associated structures of the maxilla and mandible for patients who have lost all their remaining natural teeth or are soon to lose them. Overdentures allow potential complete denture candidates to retain one or more natural teeth or roots to provide more favorable support and stability for the resultant denture, with the preservation of alveolar bone being perhaps a far more important concurrent end result. As complete dentures are the last consideration for the patient, arrived at only when all other avenues have been closed, they must be designed and constructed with an emphasis on the preservation of the remaining oral structures.

OBJECTIVES OF COMPLETE DENTURE PROSTHODONTICS

The basic objectives of complete denture prosthodontics are the restoration of function, facial appearance, and the maintenance of the patient's health. The complete denture wearer should be able to speak distinctly and experience oral comfort. The patient should also be educated in the importance of periodic examination and subsequent treatment when necessitated by changes in the supporting tissues.

The mastication of food with complete dentures assists the edentulous patient in obtaining adequate nutrition. However, complete dentures constructed even under the most ideal conditions will have a chewing efficiency of only a fraction of that of the natural dentition. The patient must understand and accept the reduced efficiency of the artificial dentition.

To a great number of patients, esthetics is paramount. Fortunately, today it is possible for the dental profession to consistently fabricate virtually undetectable complete dentures that simulate the harmonious positions and relationships of the lost natural teeth during speech, mastication, and rest. The emotional and psychologic effects of improved appearance can create a new outlook on life for many patients.

The unrealistic esthetic demands of some patients may not be possible to achieve for biologic or mechanical reasons. Changes in the supporting structures in later years can necessitate a change in tooth position to improve stability and function that may adversely affect esthetics.

Edentulous patients should be able to speak clearly and distinctly with complete dentures. If possible, correction of speech defects as a result of the absence of the natural dentition or from the unsatisfactory arrangement of teeth in existing dentures should be incorporated into the new dentures. Artificial teeth should duplicate the size and contour of the missing teeth and occupy as closely as possible the previous positions of their lost predecessors.

The loss of teeth affects different people in a variety of ways. While the majority of edentulous patients adapt readily, there are those who continually regret the eden-

2 INTRODUCTION

tulous state and who cannot accept or adjust to the limitations of complete dentures. Unfortunately, there are some patients who never will master the use of complete dentures.

THE NEED FOR PROSTHODONTIC CARE

While the introduction of fluoridation and other preventive measures will undoubtedly have an effect on the incidence of dental caries and the resultant tooth loss of our population, it is unfortunate that the benefits to the edentulous patient of today are nonexistent. In 1971 an estimated 22.6 million Americans were edentulous, about half of whom were over 65 years of age. The Bureau of Economic Research and Statistics of the American Dental Association reported that, in 1975, out of a total civilian population of 211,445,000 the number of edentulous persons in the United States had reached 23,500,000. Krajicek¹ has estimated that by the year 2000 there will be 28,100,000 edentulous persons in the United States out of a total population projection of 260,378,000.

The increasing population and the larger number of people who live to old age, the large number of Americans covered by some type of dental health insurance or government program, and the increased dental awareness on the part of the public have led to a demand for prosthodontic care that is at a record level. Since the number of prosthodontists is limited in spite of the ever increasing number of dentists who enter specialty training programs, the general practitioner will be responsible for providing the vast majority of this care.

Research probably will not produce any dramatic change in the prosthodontic needs of our population in the near future. There are several reasons for this. Dental diseases are complex and their prevention has, to date, defied the efforts of a great number of sophisticated researchers. There will be a continued need for complete dentures until knowledge of the causes, treatment, and prevention of dental caries and periodontal disease is complete.

The research support allotted the profession is grossly inadequate when correlated with the magnitude of dental disease. Future available research money could conceivably be used to cope with improved delivery systems and the increased demand for dental care rather than investigations into the causes and prevention of dental disease.

The prosthodontic needs of our population are monumental and most probably will remain that way at least for the next generation.

PROBLEMS FACING PROSTHODONTICS

Illegal Practice of Dentistry

There is a trend in many dental schools to have dental technicians perform an ever increasing share of the laboratory phase of prosthetic dentistry. Dentists already delegate too much of the fabrication of dentures to commercial laboratories. The unfortunate result is a greater dependency of the student and dentist on the laboratory technician, with some members of the profession relying more and more on the judgment of auxiliary personnel. If a dentist cannot perform all the phases involved in providing prosthetic service for his patients, he cannot understand, prescribe for, and direct the fabrication of a prosthesis for which he alone is responsible.

The competent dental technician is an integral part of the dental health team. Unfortunately, too much dependence by the dentist on commercial dental laboratories

PROSTHODONTICS TODAY

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can lead some technicians to believe they know more about prosthodontics than dentists and that they consequently should be permitted to deal directly with the public.

Communication, cooperation, and mutual respect must exist between the dentist and the dental laboratory technician. Detailed work authorizations must accompany all material sent to a commercial dental laboratory, which obviously must be of the highest quality. The dental laboratory technician must be guided and taught how to translate the dentist's instructions into a superior prosthesis. Patients should not be sent to dental laboratories for any reason. Laxity on the part of the dental profession could result in the loss of prosthodontics, which is far too important a health service to turn over to unqualified personnel.

Dental Materials

In recent years, the profession has witnessed the introduction and subsequent withdrawal from the market of numerous unsatisfactory prosthodontic products and techniques. The profession was forced to field test many of these unsatisfactory products and techniques for dental manufacturers and responded by discarding them. Unfortunately, these unsatisfactory products should never have reached the market in the first place. As long as there is little or no control over what dental manufacturers can place on the market for restorative and preventive purposes, it is up to the individual dentist to exercise utmost caution over the products he uses.

Where American Dental Association Specifications exist for specific product groups, dentists are urged to limit themselves to using certified materials. The specification and certification programs of the American Dental Association have been designed to enable the dentist to select the most suitable products for his dental health services, with the thought that concern for the patient's well-being is paramount. Every dentist should have for reference a copy of the latest edition of *Guide to Dental Materials and Devices*, which is available from the American Dental Association.

Curriculum Curtailment

Recent years have witnessed a shift in many dental school curriculums from a restorative orientation to a preventive approach, with certain specialties receiving more emphasis and others receiving less. Sharry¹⁰ has reported that prosthodontics is losing curriculum time in all but five of 46 American dental schools that responded to a recent survey. Unfortunately, this deemphasis or reduction in prosthodontic training has resulted in a decrease in student contact hours, both didactic and clinical.

The mounting demand for prosthodontic care mandates curriculum committees to maintain (and perhaps even increase) the time devoted to prosthodontics. While improving the quality of instruction and making the most effective and efficient use of the hours allotted to prosthodontics can compensate in a small way, there can be no substitute for clinical experience. Adequate patient contact hours are essential to develop the skills, manual dexterity, and clinical judgment necessary for the successful practice of prosthodontics.

THE FUTURE

While the future will undoubtedly bring new concepts, new techniques, and better materials with concurrent improvements in diagnosis, treatment planning, and denture