



# STUDIES IN ETHICS FOR NURSES

BY

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PHILADELPHIA AND LONDON

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### Florence Nightingale (about 1858)

(Born in Florence, Italy, May 12th, 1820; died in London, England, August 13th, 1910.)

## SANTA FILOMENA

By HENRY WADSWORTH LONGFELLOW

Whene'er a noble deed is wrought  
Whene'er is spoke a noble thought  
Our hearts, in glad surprise,  
To higher levels rise.

The tidal wave of deeper souls  
Into our inmost being rolls  
And lifts us unawares  
Out of all meaner cares.

Honor to those whose words or deeds  
Thus help us in our daily needs.  
And by their overflow  
Raise us from what is low!

Thus thought I, as by night I read  
Of the great army of the dead,  
The trenches cold and damp,  
The starved and frozen camp.

The wounded from the battle-plain  
In dreary hospitals of pain,  
The cheerless corridors,  
The cold and stony floors.

Lo! in that house of misery  
A lady with a lamp I see  
Pass through the glimmering gloom,  
From room to room.

And slow, as in a dream of bliss,  
The speechless sufferer turns to kiss  
Her shadow, as it falls,  
Upon the darkening walls.

As if a door in heaven should be  
Opened and then closed suddenly,  
The vision came and went,  
The light shone and was sent.

On England's annals, through the long  
Hereafter of her speech and song  
That light its rays shall cast  
From portals of the past.

A Lady with a Lamp shall stand  
In the great history of the land  
A noble type of good  
Heroic womanhood.

Nor even shall be wanting here  
The palm, the lily and the spear  
The symbols that of yore  
Saint Filomena bore.

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Keep us, O God, from pettiness: let us be large in thought, in word,  
in deed.

Let us be done with fault-finding, and leave off self-seeking.

May we put away all pretense and meet each other face to face—  
without self-pity and without prejudice.

May we never be hasty in judgment and always generous.

Let us take time for all things; make us to grow calm, serene, gentle.

Teach us to put into action our better impulses, straightforward and  
unafraid.

Grant that we may realize it is the little things that create differences;  
that in the big things of life we are at one.

And may we strive to touch and to know the great, common woman's  
heart of us all, and.

O Lord God, let us forget not to be kind.

—Mary Stewart

Just stand aside, and watch yourself go by;

Think of yourself as "He" instead of "I."

Pick flaws; find fault; forget the man is you,

And strive to make your estimate ring true.

The faults of others then will dwarf and shrink,

Love's chain grow stronger by one mighty link,

When you with "He" as substitute for "I"

Have stood aside and watched yourself go by.

—Strickland W. Gillilan

### It is not easy

To apologize

To begin over

To admit error

To be unselfish

To take advice

To be charitable

To be considerate

To keep on trying

To avoid mistakes

To forgive and forget

To keep out of the rut

To make the most of a little

To maintain a high standard

To recognize the silver lining,

But it always pays



## PREFACE TO THE FOURTH EDITION

---

IN preparing this fourth edition the entire matter has been carefully reviewed, and numerous changes and additions made. One new chapter, *The Hospital and the Nurse as Social Factors in the Community*, has been added. As in previous editions the plan has been followed of presenting many problems for class discussion without attempting to give a positive answer.

The author again expresses her obligation to several friends in the hospital and nursing field who have contributed problems occurring in their own recent experiences which they felt might well be brought to the attention of student nurses in class discussion.

CHARLOTTE A. AIKENS.

DETROIT, MICHIGAN.



