

Read Got 1



80 ENGLISH *Short* STORIES



悦读知味1: 英文小故事 80 篇

主编 / 李跃壁 黄晓琴

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参编 (译) / (以姓氏拼音为序)

鲁英 麻亚东 孟雯 孙放

杨云庆 于苗 赵壁 周燕

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李跃壁 黄晓琴 主 编
责任编辑: 杨 敬 王 倩 版式设计: 杨 敬
责任校对: 张红梅 责任印制: 邱 瑶

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出版人: 易树平

社址: 重庆市沙坪坝区大学城西路21号

邮编: 401331

电话: (023) 88617190 88617185 (中小学)

传真: (023) 88617186 88617166

网址: <http://www.cqup.com.cn>

邮箱: fxk@cqup.com.cn (营销中心)

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前言

以英语四级词汇为纲编撰的《悦读知味：英文小故事 80 篇》(1、2 册)，旨在为非英语专业学生提供一套快速习得英语四级词汇的故事集，满足学生希望提高四级词汇习得能力、加深词汇理解能力、加速词汇记忆能力和有效运用词汇能力的需要。同时，以期能开辟一条教师教授、学生学习词汇的创新型途径。

《悦读知味：英文小故事 80 篇》(1、2 册)采用新颖的编写方式，提供了一种“以读助写”的词汇学习和写作练习并举的学习新范式，旨在帮助读者从故事中习得词汇，将词汇融入写作，以此激发学习者进行词汇小故事的创作热情，使写作不再是一件苦差事。

一、本套书的主要特点

本套书的主要特点如下：

1. 编撰新颖。将词汇融于故事，用故事说

词汇，改变死记硬背的老套词汇学习方式，将词汇学习和写作练习变成一件轻松愉快的事。

2. 故事短小精悍。每篇故事长度适宜，均在 100 个单词左右，三分钟可完成阅读；内容平实新颖，容易记忆。

3. 体裁多样。故事表现有文学、文化、神话、生活和科普等多种形式，可以满足读者不同的阅读口味，最大限度地调动读者的阅读兴趣。

4. 选材权威。故事词汇主要选自《新视界大学英语》教材中出现的四级词汇，音标和例句取自 *Oxford Advanced Learner's English-Chinese Dictionary* (《牛津高阶英汉双解词典》) 等权威词典。

5. 设计科学。根据艾宾浩斯遗忘曲线，重点词汇多次复现、反复操练，再通过运用科学记忆法，帮助读者及时巩固已学的相关词汇。

6. 故事原创。本书词汇故事均由编者们自创，反复加工，由外籍专家仔细审校修改并经某高校学生试用。每篇故事经过多重检验，保证了文本语言的质量和原创性。

7. 辅材有益。有些故事后面配有文化背景资料，有助于读者了解词汇背后的故事，激发其深入探索的兴趣。

二、本书的使用方法

内容按照一学期十六周来安排，每周有五篇小短文。读者每天阅读一篇小故事，完成课后习题，然后根据该文的相关词汇，自己模仿创作一篇小故事。

三、本书使用建议

英语词汇的学习和积累是一个长期而又艰苦的过程，需积跬步而至千里。读者使用本读物，可尽量不受词汇束缚，尽情徜徉在故事赏析和文字游戏之中。以下三点建议供参考：

1. 猜测词义。阅读中遇到难词、生词不要急于查词典，可根据上下文义、故事逻辑、事件脉络、相互关系，猜测其在文本中的词义。

2. 以泛为主。阅读，尤其是课外阅读，有时不求甚解也可。课外阅读是课堂英语学习的补充手段，读者应根据个人的兴趣爱好广而阅之，先读后写，以读促写，以写促读，良性

循环，以达到提高自己语言运用能力的目的。

3. 勤练多写。每天模仿写一篇小故事，不断变换写作角度，使用不同素材，放飞自己的思想。日积月累、水滴石穿，必有所成、必有所得。

一家之言，不足以解决所有问题，但愿读者有所借鉴、有所收获。开卷有益，让我们踏上愉快阅读之旅，飞驰在快乐写作之途吧。

邓 海

2017 年 5 月

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Week 1

Monday

STORY OF THE DAY

*Anna, aged ten, is a primary school student. She is an adorable creature with big eyes and a tiny round face. However, even though she doesn't notice it. She feels somewhat **inadequate** a lot of the time. Each time she gives a little speech in front of the class, she is **scared** to death, as she feels everyone will make fun of her. She lacks confidence, which is a difficulty in the course of growing up. We are supposed to gain more confidence throughout our lives.*

WORDS AND EXPRESSIONS

inadequate [ɪn'ædɪkwət] *adj.* 不能胜任的，不

够格的；缺乏信
心的

scared [skə:d] *adj.* 害怕的

PRACTICE

Please complete the following sentences with the words and expressions learned today.

1. I am _____ to fly in an airplane.
2. Supplies of food and medicines are _____.

TRANSLATION

安娜是一个 10 岁的小学生。她非常可爱，有着大大的眼睛，圆圆的小脸。但她自己却并未发现自身的可爱之处，总是感觉不自信。每次在全班同学面前做演讲，哪怕只是一个简短的演讲，她都害怕得要命，好像所有人都会嘲笑她一样。她缺乏自信，这是成长过程中的一大难题。我们应该在成长过程中获得更多的自信心。

Week 1

Tuesday

STORY OF THE DAY

How time flies! Now I have started the third semester of college. Life on campus is fascinating. I have never taken part in so many activities and made so many friends! I am a Software Engineering major, for my uncle, a CEO in Microsoft, assured me that this field could long prosper. This major develops my skills for success in the future and will give me a chance in having a satisfying and fulfilling career. Though, there is one course—Advanced Mathematics—that is likely to cause me difficulties because I cannot calculate some of the formulas. Anyway, I must work hard on it.

WORDS AND EXPRESSIONS

semester [semɪ'stə(r)] *n.* 学期

assure [ə'sjʊə(r)] *v.* 使确信，确保（注意与 ensure, reassure 的区别）

likely ['laɪkli] *adj.* 可能的

calculate ['kælkjuleɪt] *v.* 计算

PRACTICE

Please complete the following sentences with the words and expressions learned today.

1. Her doctor has _____ us that she'll be fine.
2. The most _____ cause of the accident was his carelessness.
3. A student will probably attend four or five courses during each _____.
4. We need to _____ the costs (费用) of this project.

TRANSLATION

时光飞逝。如今我已跨入大学生活的第三学期。校园生活让人着迷，我从未参加过如此多的活动，交过如此多的朋友！我的专业是软件工程，因为在微软公司担任首席执行官的叔叔向我保证，此领域能长久繁荣，它不仅能够让我学到将来生存的技能，也有利于我找到一份称心满意的工作。但是，有一门课程——高数——可能让我伤神，因为，我总算不出一些公式。不管怎样，我会竭尽全力去学好这门课。

Week 1

Wednesday

STORY OF THE DAY

Judy's headache had been going on for days and never had she felt this way about an assignment. Her math teacher Mr. Lu asked her to work out a very difficult problem by the weekend. Judy is never the kind of person who lacked confidence, and she thought this would be a great chance to prove her ability and broaden her horizons. Moreover, congratulations from Mr. Lu might relieve her headache. So she tried her best to do it, and finally, she made it.

WORDS AND EXPRESSIONS

assignment [ə'saɪnmənt] *n. 作业；任务*

lack [læk] *v. 缺乏，缺少 (lack sth.)*

confidence ['kɒnfɪdəns] *n. 信心*

congratulation [kən'grætʃʊ'l eɪʃən] *n. 祝贺*

relieve [rɪ'li:v] *v. 减轻*

broaden one's horizons 开阔眼界

PRACTICE

Please complete the following sentences with the words and expressions learned today.

1. He _____ the enthusiasm (热情) for studying English.
2. His _____ was to follow the spy.
3. You should take some medicine to _____ your headache.
4. _____ on your passing the exam.
5. She is a good student, but she lacks _____.
6. Travelling and reading will help to _____.

TRANSLATION

朱蒂已经头疼好几天了。她从来没有对哪份作业有这样的感受。她的数学老师鲁先生让她在这周周末前解出一道非常困难的习题。朱蒂从来不是那种缺乏自信的人，她认为这是一次证明她的能力及开阔视野的好机会。而且，也许鲁老师的祝贺会缓解她的头疼。于是她竭尽全力去计算这道题，最后成功地解出了这道题。