

HEADACHES

the kinds and
the cures

Arthur S Freese

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The Kinds and the Cures

Arthur S. Freese

D.D.S.

Preface by David R. Coddon M.D.

London George Allen & Unwin Ltd
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First published in Great Britain in 1976

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头痛 《类型和治疗》

本书叙述了在临床中常见的各种类型头痛,也提出了一些治疗方面的意见。内容简明、通俗。可供内科、神经科以及各科临床医师、医学生参阅。

目次: ①头痛的基础: 什么是头痛,什么时候头痛是危险的,病人是那一种头痛。②头痛本身: 紧张性头痛,偏头痛,偏头痛的对侧,头痛后的面肌抽搐,男性丛集性头痛,女性头痛,儿童头痛,40岁以后的头痛,凿性头痛,其他头痛和如何掌握,醉酒性头痛,头痛的秘密。③头痛的处理: 阿斯匹林和咖啡,二甲基亚砷未来希望,治疗头痛的一些方法。

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10 Preface

care of such patients, it is of enormous help in the treatment of patients afflicted with pain syndromes.

At this point, I should like to emphasize that when the author speaks about head and face pain associated with the temporal mandibular joint syndrome, he speaks with considerable authority as he was and is a highly respected dentist who had written much on the subject prior to his becoming a full-time medical writer. Further, the majority of the contents of this book comes from first-hand personal contact with the numerous authorities mentioned, and the remaining portions have been gathered from painstaking research into all of the available world literature on the topic of head pains.

You may very well recall a phrase used by a now-defunct automotive manufacturer, 'Ask the man who owns one,' which was changed to, 'Be the man who owns one.' Although the car is gone, the slogan remains and is easily translated to the headache patient; that is, the man, woman or child who suffers from headache is the one who really knows what it is like.

The magnitude of the problem in terms of human suffering, the many man hours lost, and the disruption of interpersonal relationships has been well documented in the following pages and hopefully, as stated at the beginning, the headache sufferer now stands a greater chance of obtaining relief than at any other time.

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Part One

THE BASICS OF HEADACHES

