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2018全新
修订版

编著◎李骅



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 华东理工大学出版社
EAST CHINA UNIVERSITY OF SCIENCE AND TECHNOLOGY PRESS
· 上海 ·

图书在版编目(CIP)数据

中考英语词汇手册. 全新修订版. 赠 MP3 下载+二维码扫描/李骅编著. —2 版. —上海:华东理工大学出版社,2018.1

ISBN 978-7-5628-5308-4

I. ①中… II. ①李… III. ①英语-词汇-初中-升学参考资料 IV. ①G634.413

中国版本图书馆 CIP 数据核字(2017)第 321573 号

项目统筹 / 王 芳

责任编辑 / 王 芳

装帧设计 / 戚亮轩

出版发行 / 华东理工大学出版社有限公司

地址:上海市梅陇路 130 号,200237

电话:021-64250306

网址:www.ecustpress.cn

邮箱:zongbianban@ecustpress.cn

印 刷 / 上海展强印刷有限公司

开 本 / 890mm×1240mm 1/32

印 张 / 8.875

字 数 / 243 千字

版 次 / 2014 年 1 月第 1 版

2018 年 1 月第 2 版

印 次 / 2018 年 1 月第 1 次

定 价 / 25.00 元

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前 言

外语学习中最重要的任务之一便是词汇的积累。特别是将要参加中考的同学们,如能在平时掌握一定的词汇,复习的时候就会产生事半功倍的效果。学习词汇是一项基础性的工作,必须从平时抓起。

为此,我们根据上海市中小学课程教材改革委员会编写的《上海市中小学英语课程标准》,并依照《2018 上海市初中英语课程终结性评价指南词汇表》编写了本手册,以期使同学们在备考的过程中能及早准备。手册中包括 1 700 多个初中考纲词汇,每个单词均有详细的中文释义,并配有精妙例句及译文。之后还附有 300 余条考纲词组及例句,将课程标准中规定的词汇量一网打尽。为使本书有更好的学习效果,我们还配有 MP3 音频供学生跟读。本书还配有配套练习册,供同学们记完单词做练习,巩固记忆。

记忆的最好方法就是眼耳口手并用,同学们每天花十几分钟来背诵单词,并跟着 MP3 跟读,持之以恒,定能取得比较理想的效果。

本次改版根据最新考纲进行了修订,并请外教对全文加以审读。希望同学们能在使用本书的过程中,体会到学习英语的乐趣,积累词汇,从而为中考打下坚实的词汇基础。

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第一部分

考纲词汇



ability [ə'biləti] *n.* 能力; 才能

- He has a great ability for playing the piano. 他在演奏钢琴方面很有才华。
- She will do the work to the best of her ability. 她会尽全力把工作做好。

able ['eɪbl] *adj.* 能够; 有能力的

- The boy was able to dress himself. 这个男孩能自己穿衣服。
- Neither my father nor my mother is able to drive a car. 我爸爸和妈妈都不会开车。

about [ə'baʊt] *adv.* 大约; 到处; 四处 *prep.* 关于

- Tom is new here, so we know nothing about him. 汤姆是新来的, 所以我们对他一无所知。
- The number of books in the bookshop is about 20,000. 书店里的图书大约有两万册。

above [ə'biːv] *prep.* 在……上面

- He lifted his hands above his head. 他把双手举过头顶。

abroad [ə'brɔ:d] *adv.* 到(在)国外

- I would love to go abroad this year. 我今年很想出国。
- Almost all of them were made abroad. 它们几乎都是在国外生产的。

accept [ək'sept] *vt.* 接受

- I accepted Susie's kindness. 我接受了苏茜的好意。
- We should be willing to accept modern technology. 我们应该接受现代科学技术。

accident ['æksɪdənt] *n.* 事故, 意外的事

- Many accidents are caused by careless driving. 许多交通意外是由驾驶疏忽造成的。
- The accident happened at five o'clock. 这起事故发生在了五点钟。

accurate ['ækjərət] *adj.* 准确的

- I see it as accurate. 我把它看作是精确的。
- He gave an accurate account of the case. 他对事故作了精确的描述。

achieve [ə'tʃi:v] *vt.* 达到, 获得

- You will achieve nothing unless you work hard. 如果不努力, 你将一事无成。
- He hopes to achieve all his goals soon. 他希望尽快达到所有目标。

across [ə'krɒs] *prep.* 横过; 穿过

- He can swim across the wide river. 他能游过这条宽阔的河。
- The old man walked across the road carefully. 这位老人小心地穿过马路。

act [ækt] *vi.* 表演, 扮演(角色); 行动

- We must act now. 我们必须立即行动。
- Jack can act well. 杰克能演得很好。

active ['æktɪv] *adj.* 积极的; 活跃的

- She is an active member of the school's stamp club. 她是学校集邮俱乐部的一名活跃分子。
- Ms. Brown is active in the party. 布朗女士在晚会上很活跃。

activity [æk'tɪvəti] *n.* 活动

- You can take part in the activities. 你可以参与各种活动。
- Will you join us in this activity? 你要不要参加我们的活动?

actor ['æktə(r)] *n.* 男演员

- That actor often joins in different activities. 那名演员经常参加不同的活动。

actress ['æktɹəs] *n.* 女演员

- That actress is skillful. 那位女演员演技精湛。

actually ['æktʃuəli] *adv.* 实际上; 现实地

- Actually I have been teaching history for ten years. 实际上我教历史已有十年了。
- He was actually a traditional actor. 他实际上是个传统的演员。

add [æd] *vt.* 添加, 增加

- Please add some soda to the whisky. 请在威士忌中加些苏打水。
- The bills add up to exactly \$ 200. 这些账单加起来正好两百美元。

addition [ə'dɪʃn] *n.* 增加

- The addition of fruit makes the cereal taste good. 加了水果使麦片粥变得可口。
- Tom will be a very useful addition to our team. 汤姆来到我们队给我们增加了一员干将。

address [ə'dres, 'ædres] *n.* 地址

- Let me note down your address. 让我记下你的地址。
- He found our address in the telephone directory. 他在电话簿里找到了我们的住址。

adult ['ædʌlt, ə'dʌlt] *n.* 成年人 *adj.* 成年的

- Children and adults are so different. 孩子们和成年人是如此不同。
- He has an adult son. 他有一个儿子已经成年。

advantage [əd'vɑ:ntɪdʒ] *n.* 有利条件; 优势; 优点

- Microblogging has its advantages and disadvantages. 微博有其优点也有缺点。
- Many women think this is an advantage for men. 许多

妇女认为这是男人的优越之处。

advertisement [əd'vɜ:tɪsmənt, ,ædvə'taɪzmənt]

n. 广告

- I suggest that he put an advertisement in the local paper. 我建议他在当地的报纸上做个广告。
- Advertisements help us to sell goods. 广告有助于我们销售商品。

advice [əd'vaɪs] *n.* 忠告, 劝告, 建议

- Take my advice and stay away from him! 听我的建议, 离他远点儿!

affect [ə'fekt] *vt.* 影响

- These changes will affect us a lot. 这些变化会给我们带来很大影响。
- The amount of rain affects the growth of crops. 雨量影响作物的生长。

afford [ə'fɔ:d] *vt.* 负担得起; 抽得出(时间)

- I can't even afford a small house. 我甚至买不起一所小房子。
- I can't afford a holiday this summer. 今年夏天我不能度假。

afraid [ə'freɪd] *adj.* 害怕的; 担心的

- I'm afraid we'll be late. 我担心我们会迟到。
- He's afraid of going out alone at night. 他害怕夜晚独自外出。

after [ˈɑ:ftə(r)] *prep.* 在……之后; 在……后面

adv. 在后; 后来 *conj.* 在……以后

- We went to the dining hall after school. 我们放学后去了食堂。
- I'll see you after the meeting. 散会后我再见你。

afternoon [ˌɑ:ftə'nun] *n.* 下午

- That afternoon, I went to a sporting goods store. 那天下午我去了一家体育用品商店。

- My classmates are going to skate in the afternoon. 我的同学们打算下午去滑冰。

again [ə'geɪn] *adv.* 再一次;再,又

- Then listen again and check your answers. 然后再听一遍并且核对答案。
- They try again and again until they succeed. 他们一再尝试直到成功。

against [ə'geɪnst] *prep.* 对着;反对

- We are united against them. 我们团结起来反对他们。
- The shovel is leaning against the door. 铲子靠在门上。

age [eɪdʒ] *n.* 年龄;时代

- I joined an art club at the age of six. 我六岁时参加了一个艺术俱乐部。
- That paper has yellowed with age. 那张纸因年代久远而发黄了。

aged [eɪdʒd] *adj.* 有……年岁的;上年龄的

- She has two children, aged eleven and six. 她有两个孩子,分别为11岁和6岁。
- She has an aged father. 她有一个年迈的父亲。

ago [ə'gəʊ] *adv.* 以前

- That car went out of production three years ago. 那种汽车已经停产三年了。
- He is not what he was a few years ago. 他已经不是几年前的他了。

agree [ə'grɪ:] *vt. & vi.* 同意;应允

- I agree with you. 我同意你的观点。
- To tell the truth, I don't agree with your plan. 说实话,我不同意你的计划。

ahead [ə'hed] *adv.* 在前,向前

- Go straight ahead about 100 meters. 向前直走大约100米。
- The hotel is about a mile ahead of here. 那家旅馆在前

方大约一英里的地方。

aim [eɪm] *n.* 目的;目标 *vt. & vi.* 打算;瞄准

- The aim is to protect the animals. (他们的)目的是保护动物。
- I aim to finish the job tomorrow. 我打算明天完成这项工作。

air [eə(r)] *n.* 空气;大气

- Fresh air is good for the health. (呼吸)新鲜空气有益于健康。
- Without air, all living things would die. 没有空气,所有的生物都会死亡。

airline [ˈeəlaɪn] *n.* 航线

- How many passengers fly this airline every day? 这条航线一天能运送多少乘客?
- What airline did you fly with? 你搭乘的是哪一家航空公司的飞机?

airport [ˈeəpɔ:t] *n.* 机场

- How long does it take to go to the airport by bus? 坐公交车去机场要多长时间?
- We all went to the airport to see our teacher off. 我们都去机场为老师送行了。

alarm [əˈlɑ:m] *n.* 警报

- I rang the alarm as soon as I saw the smoke. 一看见冒烟,我就发出了警报。

alive [əˈlaɪv] *adj.* 活着的,存在的

- Are your grandparents still alive? 你的祖父母还在世吗?
- We hope that they are still alive. 我们希望他们还活着。

all [ɔ:l] *adj.* 全(部);总;整 *adv.* 全部地 *pron.* 全部;全体人员 *n.* 全部;全体人员

- All is silent on the island. 岛上一片沉寂。
- We all have our little weaknesses. 我们都有些小缺点。

allow [ə'laʊ] *vt.* 允许, 准许

- Drivers shouldn't be allowed to drive after drinking. 驾驶员不许酒后驾车。
- I hear you are not allowed to eat in class. 我听说不许你在课堂上吃东西。

almost ['ɔ:lməʊst] *adv.* 几乎, 差不多

- She answered almost all of my questions. 她几乎回答了我所有的问题。
- The bridge is almost 3 kilometers long. 这座桥差不多有三公里长。

alone [ə'ləʊn] *adj.* 单独的 *adv.* 单独地

- He was all alone in the middle of the classroom. 他独自一人坐在教室中间。
- I went to the party alone. 我独自去参加聚会了。

along [ə'lɒŋ] *prep.* 沿着; 顺着 *adv.* 向前; 和……一起; 一同

- We walked along the street. 我们沿着街道前进。
- I am sure you would get along very well with her. 我相信你一定会跟她相处得很好。

already [ɔ:l'reɪdi] *adv.* 已经

- He had already gone once I arrived. 当我到达时, 他已经走了。

also ['ɔ:lsəʊ] *adv.* 也

- London was also called the modern Babylon. 伦敦也被称为现代巴比伦。

although [ɔ:l'dəʊ] / **though** [ðəʊ] *conj.* 虽然, 尽管

- He kept on working although he was tired. 他虽然很累但仍继续工作。
- Although she was ill, she worked hard. 她虽然生病了, 但仍努力工作。

altogether [ɔ:ltə'geðə(r)] *adv.* 总共; 全部地

- There are nine people altogether. 这里总共有九个人。

- We spent five hundred *yuan* altogether. 我们总共花了五百元。

always [ˈɔ:lweɪz] *adv.* 总是;一直;永远

- Products of good quality always sell well. 优质产品总是畅销。
- People could always see Jennie sitting in the shop. 人们总能看到珍妮坐在店里。

A. M. (a. m.) [ˌeɪˈem] 上午

- I usually get up at six a. m. every day. 我早上通常在 6 点起床。

amazing [əˈmeɪzɪŋ] *adj.* 令人惊讶的;令人赞叹的

- It was amazing that he knew nothing about the event. 他对这件事毫不知情,真令人惊讶。
- This is an amazing result. 这是一个令人惊讶的结果。

ambition [æmˈbɪʃn] *n.* 雄心;野心

- Her ambition was to become a film star. 她的雄心是做电影明星。
- He has no ambition or aim in his life. 他生活中没有雄心或者目标。

among [əˈmʌŋ] *prep.* 在……中间;在(三个以上)之间

- The village lies among mountains. 这个村庄坐落于群山之间。
- Maybe there's a spy among us. 也许我们中间有内鬼。

amount [əˈmaʊnt] *n.* 数量,总数

- The total amount is in the fifties. 总数有五十多个。
- He owed me £ 200 but could pay only half that amount. 他欠我 200 英镑,但是只能偿还总数的一半。

amusement [əˈmjuzmənt] *n.* 娱乐;消遣;娱乐活动

- We often sing for our own amusement. 我们常常唱歌自娱。
- They have a fabulous time in the amusement park. 他们在游乐场玩得快活极了。

amusing [ə'mju:zɪŋ] *adj.* 引起乐趣的

- The teacher got off two very amusing jokes. 老师讲了两个很有趣的笑话。
- I didn't find the joke amusing at all. 我觉得这笑话一点儿也不好笑。

ancient ['eɪnfənt] *adj.* 古代的, 古老的

- The ancient city Troy no longer exists. 古特洛伊城已经不复存在了。
- That ancient temple looked well cared for. 那座古庙看起来维护得很好。

and [ænd, ənd] *conj.* 和; 又; 而

- There was ice and snow everywhere. 到处都是冰雪。
- He is clever and always works hard. 他很聪明, 又总是很努力。

A

angrily ['æŋgrəli] *adv.* 生气地; 愤怒地

- She rushed out angrily. 她愤怒地冲了出去。
- He glared angrily at her. 他怒视着她。

angry ['æŋɡri] *adj.* 生气的; 愤怒的

- My mom got angry about it. 我的母亲对此事生气了。
- Please don't be angry with me. 请不要生我的气。

animal ['æniml] *n.* 动物

- I think animals should be regarded as our friends. 我认为动物应该被看做我们的朋友。
- In 1998, she set up the Animal Foundation. 1998年, 她成立了动物基金会。

another [ə'nʌðə(r)] *adj.* 再一; 另一; 别的; 不同的
pron. 另一个

- Have another drink. 再来一杯。
- Is there another piece of cake in the kitchen? 厨房里还有一块蛋糕吗?

answer ['ɑ:nsə(r)] *n.* 回答; 答复; 答案; 回(信)

vt. & vi. 回答; 答复; 回(信)

- He knocked at the door, but there was no answer. 他敲了敲门,但没有回应。
- I will be happy to answer the questions. 我会很乐意回答这些问题。

any [ˈeni] *adj.* (用于疑问句、否定句、条件句) 一些, 什么; 任何的, 任一的 *pron.* (无论) 哪一个; (无论) 哪些

- You don't know any of my friends. 我的朋友你一个都不认识。
- Please inform us of any changes of address. 地址如有变动请随时通知我们。

anybody [ˈeniɒdi] / **anyone** [ˈeniwʌn] *pron.* 任何人, 无论谁

- Is there anybody who can help me? 有人能帮帮我吗?
- He is not friendly with anybody. 他对任何人都大不大友好。

anything [ˈeniθɪŋ] *pron.* 什么事(物); 任何事(物)

- I don't see that it's anything to joke about. 我不明白这有什么可笑的。
- Is there anything new in this book? 这本书里有新的内容吗?

anywhere [ˈeniweə(r)] *adv.* 任何地方

- We should save water anytime and anywhere. 我们应该随时随地节约用水。
- The city welcomes visitors from anywhere. 这座城市欢迎来自任何地方的客人。

apologize [əˈpɒlədʒaɪz] *vi.* 道歉

- I must apologize for not being able to meet you. 我必须向你道歉, 因为没能接你。

appear [əˈpiə(r)] *vi.* 出现

- A woman appeared at the end of the street. 一个女人出现在街道的尽头。

apple [ˈæpl] *n.* 苹果

- He saw Mike eating an apple happily. 他看见迈克在开心地吃着苹果。

apply [ə'plai] *vt. & vi.* 申请;应用

- They may apply to join the organization. 他们可以申请加入该组织。
- To apply for a job, you must fill out a form. 申请工作,你必须得填张表。

area [ˈeəriə] *n.* 面积;范围;地区

- I find people in this area very friendly. 我发现这一带的人们很友好。
- The islands cover a total area of 600 square kilometers. 这些岛屿总面积为 600 平方公里。

argue [ˈɑ:gju:] *vt. & vi.* 争吵,争论

- It's useless to argue with him. 与他争论是没有用的。
- I'm not here to argue! 我不是来争论的!

arm [ɑ:m] *n.* 手臂

- Open your arms and breathe deeply. 展开双臂深呼吸。

army [ˈɑ:mi] *n.* 军队

- He served one month with the Air Army. 他在空军服役1个月。

around [ə'raʊnd] *adv.* 在周围;环绕 *prep.* 在……周围

- I'll show you around! 我带你四处逛逛!
- We saw him watering the lawn around the house. 我们看见他在为屋子四周的草坪浇水。

arrange [ə'reɪndʒ] *vt. & vi.* 安排;布置

- Can you arrange a meeting for us? 你能否安排我们开个会?
- How can you arrange your daily work? 你怎么来安排一天的工作?

arrival [ə'raɪvl] *n.* 到达

- I can't find the arrival time of this train on the schedule. 我没在这张时刻表上找到这趟列车的到达时间。