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赵临 王汝荣 主编

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初中英语

阅读理解  
+  
完形填空

满分训练150篇

• 附答案详解

七年级

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# 前言

“阅读理解”和“完形填空”旨在语篇中测试学生的基础、阅读、思维、判断能力，是一种要求高、难度大、区分度高的题型，随着全国各地新中考英语试题的改革，这两大核心题型愈发引起广大师生和家长的高度关注，究竟如何科学、系统地提高这一核心能力成为令人焦虑的话题，而《初中英语阅读理解+完形填空满分训练 150 篇》丛书的推出旨在回应这种关切，帮助读者快速、有效、科学地提高英语阅读理解和完形填空能力。本书具有以下特点：

## 一、科学搭配，系统训练

本书采用“1+2”模式，即每单元安排 1 篇完形填空和 2 篇阅读理解，全书共涵盖 150 篇文章，可以满足读者一个完整学年的英语学习需要。

## 二、题型多样，动脑动手

阅读和完形题目的设计，既有传统题型，更有新中考中越来越多使用的任务型题型，既关注培养学生的思维能力，更重视培养学生的动手能力，可以更加有效地促进英语综合运用能力的提高。

## 三、享受阅读，人文关怀

本书精选文本，体裁和话题丰富多彩，极具趣味性。内容贴近中学生生活，具有浓厚的时代气息，蕴含丰富的人生哲理，处处体现正能量，让读者在提高阅读能力的同时，享受阅读之乐，有利于提升核心素养和培养创新思维能力。

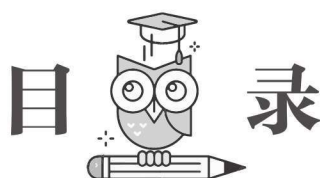
## 四、重视基础，助力提高

本书在每一单元末设置“帮你拓词汇”栏目，旨在结合单元话题，帮助读者组块记忆，有效巩固核心词汇，适量拓展新词汇，为后续英语学习奠定更加牢固的基础。

## 五、答案详解，呵护读者

本书为所有题目提供了一语中的、简明扼要的答案解析，旨在告诉读者解题关键所在，同时有助于启迪思维，逐步培养其良好的答题技巧。

由于编者水平有限，书中不足之处在所难免，敬请广大读者和同仁批评指正。



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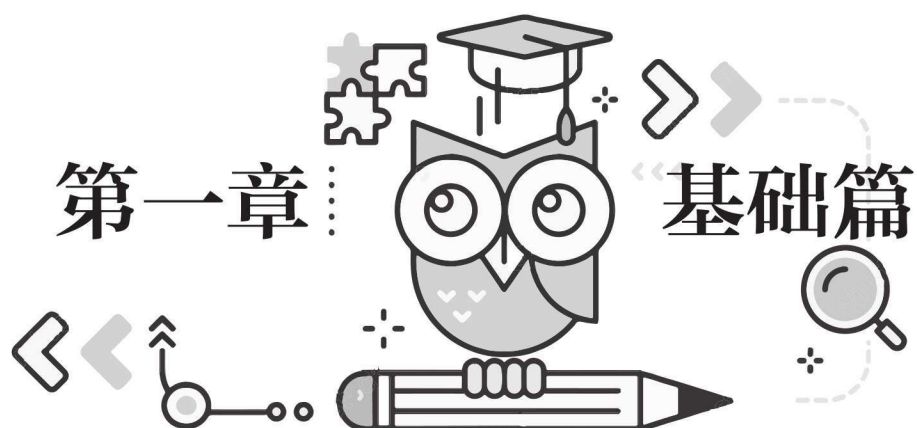
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# 第一章

# 基础篇



# ◀ Unit 1 ▶

## A. 喜爱动物

阅读短文，从每题所给的 A、B、C、D 四个选项中，选出可以填入空白处的最佳选项。

Do you like animals? Yes, I 1. I love to go to the 2. I want to write about my 3 animals at the zoo.

I like pandas. They are black and 4 and they look so cute. Pandas are 5 China. They 6 bamboo leaves(竹叶). I like monkeys, 7. They are lovely(可爱). They like to eat bananas. I think the king(王) of the 8 is not happy in the zoo. It looks 9. Now it 10 the forest. Its dream is going back to the forest.

- |         |          |               |           |             |
|---------|----------|---------------|-----------|-------------|
| ( ) 1.  | A. am    | B. have       | C. do     | D. like     |
| ( ) 2.  | A. park  | B. school     | C. zoo    | D. home     |
| ( ) 3.  | A. like  | B. good       | C. want   | D. favorite |
| ( ) 4.  | A. white | B. green      | C. red    | D. yellow   |
| ( ) 5.  | A. on    | B. to         | C. from   | D. for      |
| ( ) 6.  | A. watch | B. eat        | C. drink  | D. see      |
| ( ) 7.  | A. and   | B. but        | C. too    | D. or       |
| ( ) 8.  | A. zoo   | B. park       | C. forest | D. tree     |
| ( ) 9.  | A. funny | B. cool       | C. pretty | D. lonely   |
| ( ) 10. | A. miss  | B. is missing | C. misses | D. missing  |

## B. 英国饮食

阅读短文，从每小题所给的 A、B、C、D 四个选项中选出一个最佳选项。

In many English homes, people have four meals(餐) a day: breakfast, lunch, afternoon tea and dinner.

People have breakfast from 7:00 to 9:00 in the morning. They eat eggs or bread. English people drink tea or milk for breakfast, too. Lunch comes at about 13:00. Afternoon tea is from 16:00 to 17:00, and dinner is about 19:30. They often have soup(汤), and they have some chicken or fish with vegetables. Then they eat some bananas, apples or oranges. But not all English people have meals like that. Some of them don't have their dinners in the evening.



- ( ) 1. Many English people have \_\_\_\_\_ meals a day.  
A. one                      B. two                      C. three                      D. four
- ( ) 2. Usually, people in English don't have \_\_\_\_\_ for their breakfast.  
A. bread                      B. fish                      C. milk                      D. eggs
- ( ) 3. People in English have lunch \_\_\_\_\_.  
A. from 7:00 to 9:00  
B. at about 13:00  
C. at 19:30  
D. from 16:00 to 17:00
- ( ) 4. Usually, people in England have \_\_\_\_\_ for their dinner.  
A. bananas, apples or eggs  
B. soup, bananas or milk  
C. soup, chicken or fish with vegetables  
D. soup, milk and vegetables
- ( ) 5. Do all the English people eat in the same way( 方式 )?  
A. No, not all the English people eat in the same way.  
B. Yes, all the English people eat in the same way.  
C. No, some of them don't have lunch at all.  
D. Sorry, we don't know.

### C. 饮食偏好

**阅读短文，根据短文内容回答文后问题。**

I am Sara. I'm at a supermarket with my sister, Claire. Claire and I like buying things at the supermarket, but my parents don't. They like buying things at small shops.

Let me see. First, we need to buy some fruits. We don't have apples or bananas at home. I like apples and Claire likes bananas. Then we need to buy some milk. For breakfast I like having bread, milk and some fruits. Milk is very good for us. Claire doesn't like milk at breakfast, but she likes yogurt( 酸奶 ). We won't buy yogurt today, because we have a lot at home. We need to buy some vegetables, too. Carrots( 胡萝卜 ) are Mom's and my favorite food, but Claire and Dad don't like them. They like tomatoes. Chicken is on our shopping list, too. Dad likes chicken at dinner. That's his favorite food.

1. Where is Sara? \_\_\_\_\_
2. What fruits does Sara need to buy? \_\_\_\_\_
3. Who doesn't like milk at breakfast? \_\_\_\_\_



4. What doesn't Sara's dad like? \_\_\_\_\_

5. What does Sara's sister like? \_\_\_\_\_



### 【帮你拓词汇】 核心词汇，组块记忆

1. write about ... 写关于……
2. one's favorite animal 某人最喜爱的动物
3. black and white 黑白相间的
4. look so cute 看起来如此可爱
5. the king of the forest 森林之王
6. four meals a day 每日四餐
7. afternoon tea 下午茶
8. have soup 喝汤
9. in the same way 以同样的方式
10. be good for sb. 对某人有好处
11. at breakfast 吃早饭
12. on the shopping list 在购物单上

## ◀ Unit 2 ▶



### A. 功夫明星

阅读短文，掌握其大意，然后从方框中选出正确选项使短文意义通顺，有两个多余选项。

action movies   movie   pictures   in   exciting   like   too   his   to   great   bad   at

Do you know Jet Li? He is a good   1   star. Do you know the movie *The Forbidden Kingdom*(《功夫之王》)? Jet Li is   2   this movie. Lots of people   3   his movies.   4   action movies are very popular. His kung fu is very   5  . My family like his movies very much. My parents and I often go   6   see his movies. My friends like his movies,   7  . His action movies are   8   and funny. Many young people have   9   and CDs about him. People often talk about him and his   10  . Do you like him and his movies?

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_  
6. \_\_\_\_\_ 7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_ 10. \_\_\_\_\_

### B. 生活在英国

阅读短文，从每小题所给的 A、B、C、D 四个选项中选出一个最佳选项。

#### Life in Britain

Homes and families: Many British people live in houses, not flats(公寓). Most houses have gardens.

Daily life: Most office workers start work at about nine in the morning, and finish at about five or six in the afternoon. Most people don't go home for lunch. They just have a quick meal.

School life: Children start school at about 9 a.m. and finish at about 3:30 p.m. Most children have lunch at school. All children go to school when they are six or seven.

Shops: Most shops open at about 9 a.m. and close at 6 p.m. Usually they don't close for lunch.



- ( ) 1. The buildings that British people live in are \_\_\_\_\_.  
A. gardens      B. houses      C. rooms      D. flats
- ( ) 2. Most children have lunch \_\_\_\_\_.  
A. at school  
B. at home  
C. in the shop  
D. in the garden
- ( ) 3. How old do the children start to go to school in Britain?  
A. Four.  
B. Four or five.  
C. Twelve or thirteen.  
D. Six or seven.
- ( ) 4. Can you buy things in the shops at lunchtime?  
A. Yes. They don't close for lunch.  
B. No. Shops open at 1 p.m.  
C. Yes. But there are no people in the shop.  
D. No. They close for lunch.
- ( ) 5. What do the most office workers do at about nine in the morning?  
A. Have breakfast.  
B. Go to school.  
C. Drink coffee.  
D. Start work.

### C. 了解动物

#### 阅读短文，根据短文内容完成文后任务。

A lion is about 1.05—1.06 metres long and 0.8 metres tall. It is a fast animal and can jump very far. It likes to go out alone(独自地). It usually looks for food at night. It doesn't live in the same place. Many lions live in Africa.

An elephant is a nice animal. It doesn't eat meat. It likes to eat leaves. It has a long nose and two big ears. We can see elephants in Africa and Asia. Many elephants live in the forest in Asia. They like water and like to go out in a group.

A camel is also a nice animal. It is 2.5—3.5 metres long and weighs(称重) 450—700 kilos. It can live in the desert(沙漠) and doesn't often drink water. It usually goes out in a group. There are camels from Africa and Asia.





1. When does a lion usually go out to look for food? \_\_\_\_\_
2. Do many elephants live in the forest in Asia? \_\_\_\_\_
3. Where can a camel live? \_\_\_\_\_
4. Are elephants and camels nice animals? \_\_\_\_\_
5. 将画线句子译为汉语。 \_\_\_\_\_



**【帮你拓词汇】 核心词汇，组块记忆**

1. in the movie 出演电影
2. lots of people 许多人
3. be popular 受欢迎
4. action movie 武打片，动作片
5. daily life 日常生活
6. go home for lunch 回家吃午饭
7. school life 学校生活
8. start school 开始上学
9. go out alone 独自外出
10. in the same place 在同一个地方
11. drink water 饮水
12. weigh v. 重……
13. in the desert 在沙漠里
14. go out in a group 成群外出



## ◀ Unit 3 ▶

### A. 人物介绍

阅读短文, 从每题所给的 A、B、C、D 四个选项中, 选出可以填入空白处的最佳选项。

Nick is an active(活跃的) boy. 1 play(s) sports every day. And he has a great 2 collection. He has 3 soccer ball, three baseballs and eight basketballs. He likes playing 4. He thinks it is interesting. 5 he joins the basketball club at school. Nick doesn't like playing tennis. He thinks it's 6. He likes playing soccer, but he can't play it well. It's 7 for him. He only watches on TV.

But now Nick is in his 8. He is in front of a 9. The computer is on the desk. Nick isn't playing games. He is watching World Cup 10 the computer. His soccer ball is on the floor.

- |                      |              |               |             |
|----------------------|--------------|---------------|-------------|
| ( ) 1. A. I          | B. He        | C. She        | D. We       |
| ( ) 2. A. card       | B. case      | C. sports     | D. ruler    |
| ( ) 3. A. one        | B. two       | C. three      | D. five     |
| ( ) 4. A. volleyball | B. soccer    | C. basketball | D. tennis   |
| ( ) 5. A. And        | B. But       | C. What       | D. 不填       |
| ( ) 6. A. fun        | B. relaxing  | C. great      | D. boring   |
| ( ) 7. A. good       | B. difficult | C. dear       | D. healthy  |
| ( ) 8. A. family     | B. school    | C. room       | D. photo    |
| ( ) 9. A. bed        | B. dresser   | C. plant      | D. computer |
| ( ) 10. A. at        | B. on        | C. for        | D. in       |

### B. 习惯养成

阅读短文, 从每小题所给的 A、B、C、D 四个选项中选出一个最佳选项。

All students need to have good habits(好习惯). When you have good study habits, you learn things quickly. You also remember them easily.

Do you like to study in the living room? This is not a good place because it is usually too noisy. The telephone bell rings there; the TV is there, and sometimes it is a good place for your pet dog or cats to play and rest. You need to study in a quiet place, like your bedroom. A quiet place will help you only think about one thing, and you will learn better.



Before you begin to study, do not forget to clean your desk. A good desk light is important, too. You'll feel tired easily if there is not enough light(光线). So you should have a clean and bright lamp. To tell you the truth, the most important is that you should put your heart into your study.

- (     ) 1. When you have good study habits, you will \_\_\_\_\_.  
A. learn things quickly                      B. remember things easily  
C. make some mistakes                      D. both A and B
- (     ) 2. The living room is not a good place for study because it is too \_\_\_\_\_.  
A. quiet                      B. noisy                      C. good                      D. clean
- (     ) 3. You'll feel tired easily if the light is \_\_\_\_\_.  
A. good                      B. enough                      C. bad                      D. wonderful
- (     ) 4. You should remember to \_\_\_\_\_ before you study.  
A. clean the desk  
B. tidy the room  
C. turn off the light  
D. go to the bedroom
- (     ) 5. The best title for this passage is “\_\_\_\_\_”.  
A. Study in the Bedroom  
B. Good Study Habits  
C. How to Study  
D. Desk Light Is Important

### C. 夜间动物园

**阅读短文，根据短文内容回答文后问题。**

As we all know, animals are our good friends. Many kids love animals very much. They like to go to the zoo every Saturday, Sunday or even every day on weekdays. But do you want to go to the zoo at night?

Usually, the zoos aren't open at night. But if you are in Singapore(新加坡), you may have a chance(机会) to visit a zoo at night. There is a night zoo in Singapore. Its name is Night Safari. It is open at night. Why? That's because many animals only wake up(醒来) in the evening, like tigers and wolves. During the day, they like to sleep, so it's the best time to watch them at night.

Is that interesting? Welcome to the Night Safari!