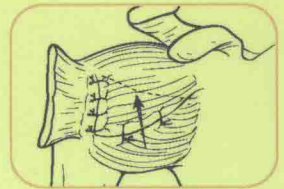
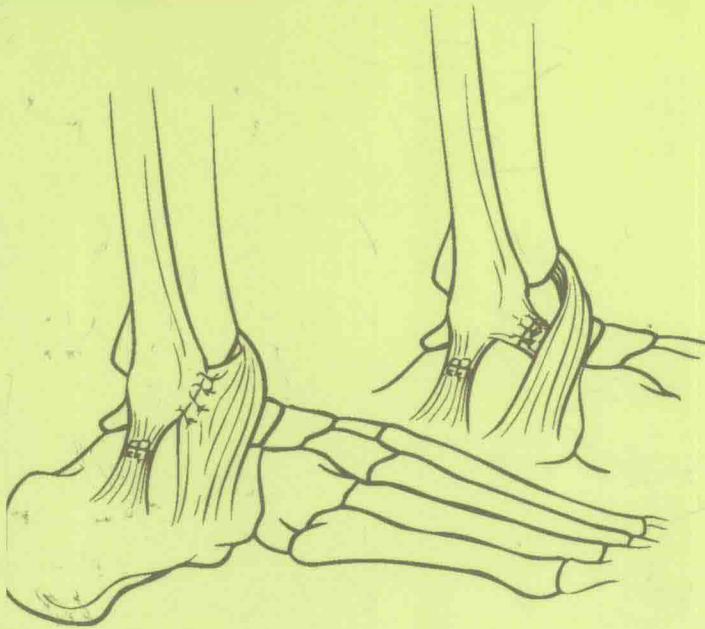


ORTHOPAEDIC POCKET PROCEDURES SPORTS MEDICINE

Series Editor, Courtland G. Lewis



Robert A. Arciero

ORTHOPAEDIC
POCKET
PROCEDURES

SPORTS MEDICINE

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P R E F A C E

The Sports Medicine edition of *Orthopaedic Pocket Procedures* provides a succinct, user-friendly resource that is practical and informative. This book is a handy reference of sports medicine procedures featuring CPT codes coupled with the ICD-9 codes, surgical indications, alternative treatments, and synopses of surgical approaches and pertinent anatomy. Most procedures are represented with diagrams and illustrations to provide additional understanding. Further, procedure chapters include several timely references and note-taking space to jot down surgeon preferences and details unique to the particular case. All of this is presented in a snapshot, spread-page format for expedient usage.

This publication represents the surgical case-log and collective experience of sports-medicine experts and has been compiled to illustrate commonly performed sports medicine procedures as well as innovative and newer arthroscopic techniques. Orthopaedic residents, operating room personnel, and young orthopaedists in their early career will find this an easily accessible resource.

Whether you are an orthopaedic resident, an orthopaedist recently in practice, a physical therapist, an athletic trainer, or other health-care professional, we hope that this resource will serve as a timely reference providing expedient information and a stimulus for more in-depth learning. This work was developed by sports-medicine clinicians for clinicians, and we hope that it will provide useful advice and insight to those who care for active patients.

ROBERT A. ARCIERO, MD
Farmington, Connecticut
September 2003

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To Cathy,
wife, mother, companion for life.
You are the pillar of our family and your selfless sacrifice has
allowed all of us to thrive and has been an
inspiration to all who know you. . . .

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