

越写越漂亮 临摹字帖系列-NJ

初中英语

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同步练字本

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七年级上册

越写越漂亮工作室 主编

练习字体：规范、美观；

功能优异：既可练字又可默写；

印制效果：预防近视，不反光；

学习方法：简明扼要，条理清晰，实际高效；

训练维度：涵盖单词、词组、短句、长句等多重演练；

学习内容：紧随课文，萃取精华，兼顾难点，突出重点。



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Unit 1 Making Friends

一、记写单词 (抄英文单词并译成中文)

1. German German German German

2. blog blog blog blog

3. grammar grammar grammar grammar

4. sound sound sound sound

5. complete complete complete complete

6. hobby hobby hobby hobby

7. country country country country

8. age age age age

9. dream dream dream dream

10. everyone everyone everyone everyone

11. Germany Germany Germany Germany

12. mountain mountain mountain mountain

13. elder elder elder elder

14. friendly friendly friendly friendly

15. engineer engineer engineer engineer

16. world world world world

17. Japan Japan Japan Japan

18. flat flat flat flat

19. yourself yourself yourself yourself

20. US US US US

二、单词自测 (中译英)

1. adj. 德国的

2. n. 博客

3. n. 语法

4. n. 声音

5. v. 完成

6. n. 爱好

7. n. 国家

8. n. 年龄

9. n. 梦想

10. pron. 人人; 所有人

11. n. 德国

12. n. 山; 山脉

Unit 1 Making Friends

13. adj. 年长的

14. adj. 亲爱的; 友好的

15. n. 工程师

16. n. 世界

17. n. 日本

18. n. 公寓

19. pron. 你自己

20. n. 美国

三、记写短语 (抄写英文并译成中文)

1. close to

close to

close to

2. go to school

go to school

go to school

3. be good at

be good at

be good at

4. make friends with

make friends with

5. all over

all over

all over

6. 'd like to = would like to

'd like to = would like to

7. listen to music

listen to music

listen to music

8. welcome to

welcome to

welcome to

9. by school bus

by school bus

by school bus

10. be friendly to be friendly to be friendly to

11. look like look like look like

12. be far away from be far away from

13. enjoy doing enjoy doing enjoy doing

14. follow the example follow the example

15. hear from hear from hear from

16. pay attention to something pay attention to something

17. on the Internet on the Internet

18. in one's free time in one's free time

19. fly kites fly kites fly kites

20. hope to do hope to do hope to do

四、短语自测 (中译英)

1. (在空间、时间上) 接近

2. 去上学

3. 擅长

4. 与……交朋友

5. 遍及

6. 愿意

 五、课文摘句 (抄写英文句子并译成中文)

Anna's blog

Hello everyone. Welcome to my blog.

About me

My name is Anna. I'm from Germany. I'm 11 years

old. I'm tall and thin. I have long hair. I live with

my family in a house close to some mountains. My mum

is an Art teacher. My dad is a doctor. I have an elder

sister and an elder brother.

About my school and my hobbies

Every day, I go to school by school bus. My favorite

subjects are Maths, Art and Science. I like my school

because the teachers are all very friendly. My dream

is to be an engineer. I like many sports. I'm good at

swimming and playing basketball. These are my

favorite hobbies.

I want to make friends with young people from all

over the world! Email me, please!



六、语句自测 (根据中文完善英文)

1. My name is Anna. I'm from . I'm 11 years

我的名字是安娜。我来自德国。我11岁。

old. I'm tall and thin. I have long hair. I live with

我又高又瘦。我留着长头发。我和我的家人

my family in a house some mountains. My mum

住在挨着一些山的一所房子。我的妈妈是一位美术老师。

is an Art teacher. My dad is a doctor. I have an elder

我的爸爸是一名医生。我有一个姐姐和一个哥哥。

sister and an elder brother.

2. Every day, I go to school . My favorite

每天，我乘校车去学校。

subjects are Maths, Art and Science. I like my school

我最喜欢的学科是数学、美术和科学。

because the teachers are all very . My dream

我喜欢我的学校，因为老师们都很友好。

is to be an engineer. I like many sports. I'm good at

我的梦想是成为一名工程师。我喜欢很多运动。

swimming and playing basketball. These are my

我擅长游泳和打篮球。这些都是我最喜欢的爱好。

3. I want to young people from all

我想和来自世界各地的年轻人交朋友！请给我发邮件！

over the world! Email me,

please!



Unit 2 Daily Life



一、记写单词 (抄英文单词并译成中文)

1.daily daily daily daily

2.article article article article

3.never never never never

4.table tennis table tennis table tennis

5.ride ride ride ride

6.usually usually usually usually

7.so so so so

8.seldom seldom seldom seldom

9.Geography Geography Geography

10.break break break break

11.bell bell bell bell

12. ring ring ring ring

13. end end end end

14. band band band band

15. practice practice practice practice

16. together together together together

17. market market market market

18. guitar guitar guitar guitar

19. grade grade grade grade



二、单词自测 (中译英)

1. adj. 每日的; 日常的

2. n. 文章

3. adv. 从不

4. n. 乒乓球

5. v. 骑; 驾驶

6. adv. 通常地

7. conj. 因此; 所以

8. adv. 不常; 很少

9. n. 地理

10. n. 休息

11. n. 钟; 铃

12. v. (使) 发出钟声; 响起铃声

13. v. 结束; 终止

14. n. 乐队

15. n. 练习

16. adv. 在一起

Unit 2 Daily Life

17. n. 集市; 市场

18. n. 吉他

19. n. 年级

三、记写短语 (抄写英文并译成中文)

1. junior high school junior high school

2. on foot on foot on foot on foot

3. take part in take part in take part in

4. have a good time have a good time

5. go to bed go to bed go to bed go to bed

6. get up get up get up get up get up

7. daily life daily life daily life daily life

8. talk about talk about talk about talk about

9. once a week once a week once a week

10. play table tennis play table tennis

11. ride a bicycle ride a bicycle ride a bicycle

12. at school at school at school at school

13. keep a diary keep a diary keep a diary

14. learn about learn about learn about

15. from...to... from...to... from...to...

16. after-school activities after-school activities

17. in the library in the library in the library

18. on Saturday on Saturday on Saturday

19. arrive at school arrive at school arrive at school

20. after school after school after school



四、短语自测 (中译英)

1. 初级中学

2. 步行

3. 参加

4. 过得愉快

5. 去睡觉

6. 起床

7. 打乒乓球

8. 骑自行车

9. 弹钢琴