

BEDSIDE



**NURSING
TECHNIQUES**

in medicine and surgery

SUTTON

TECHNIQUES

in medicine and surgery

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Bedside Nursing Techniques

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BEDSIDE NURSING

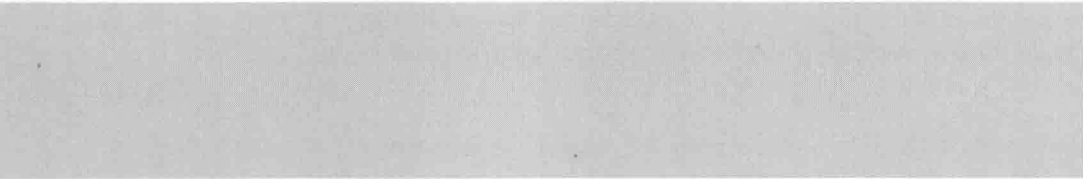


Dedicated to

the nurse whose career is interrupted by those
sometimes joyful and sometimes distressing
events which accompany being a wife and
mother

Preface





This book is designed to serve as a handbook of practical information for the bedside nurse. It is a reference for all those occasions when the nurse knows what to do but can't quite remember how to go about doing it. Every nurse encounters such occasions.

This book gives the answer to that frequent question, "What's new?" The newest concepts of hospital care, the recent designs in equipment, the current techniques and procedures, and the latest diagnostic and therapeutic methods in medicine and surgery are included and explained in terms of the nurse's role in patient care.

This is not just another one of those "cut and dried" procedure books. It is written somewhat informally, using simple everyday nurses' language. Its simplicity is further enhanced by the numerous illustrations. The illustrations are placed actually within the text so that the nurse can immediately see what is being described.

You will see advice and suggestions on the best and easiest way to do a number of things. These are the methods which in my experience I have found to be the best and easiest either from the standpoint of nursing performance or patient satisfaction.

Not every nursing procedure is included. Basic procedures are omitted because it was felt that these are performed so frequently that they seldom need reviewing.

The book is divided into two parts: General Nursing Techniques

and Specific Nursing Techniques. The first chapter in Part One gives the reader a glimpse of how the changing trends in hospital architecture and equipment and the newer trends in hospital care affect the routines of bedside nursing care. The remaining chapters in Part One are related to nursing techniques that apply to all areas of medical and surgical nursing.

In Part Two the techniques are grouped according to their relationship to specific anatomic systems. Each chapter in Part Two is organized in such a manner as to give a composite picture of all the techniques used in the care of patients in any particular specialty.

The chapters in Part Two are subdivided under the headings "Diagnostic Procedures," "Therapeutic and Rehabilitative Procedures," "Procedures to Review," "Diets to Review" and "Medications to Review." There is a complete list of diagnostic procedures. Every pertinent diagnostic method used with each group of disease conditions is listed. The normals of all laboratory tests are given along with how the results of these tests vary with given disease conditions. The preparation of the patient is given for every diagnostic test. The procedures for many tests are given either because the nurse conducts the test or because the information is pertinent to nursing care. Those procedures recommended in the laboratory manuals and textbooks listed in the bibliography were used. It should be understood that various institutions may have slight variations of these procedures.

In the section on "Therapeutic and Rehabilitative Procedures," you will find volumes of practical information on how to perform all special procedures related to disease conditions. Additional procedures that are also pertinent to the subject but are basic procedures or procedures discussed elsewhere in the book are listed under "Additional Procedures to Review." Cross references are given for procedures found elsewhere in the book. Diets and medications are listed for review so that the nurse has a total picture of what is involved in specific patient care. Newer medications that have brought about revolutionary changes in therapy are elaborated in the text.

You will notice that gynecological nursing has been omitted. This was done because it was felt that most of the gynecological nursing procedures are basic and that most nurses are familiar with these. Laboratory tests related to diseases of the female reproductive system are listed among those for endocrine disorders in Chapter 20. Other related techniques such as radiotherapy and pre- and postoperative techniques are covered in Part One.

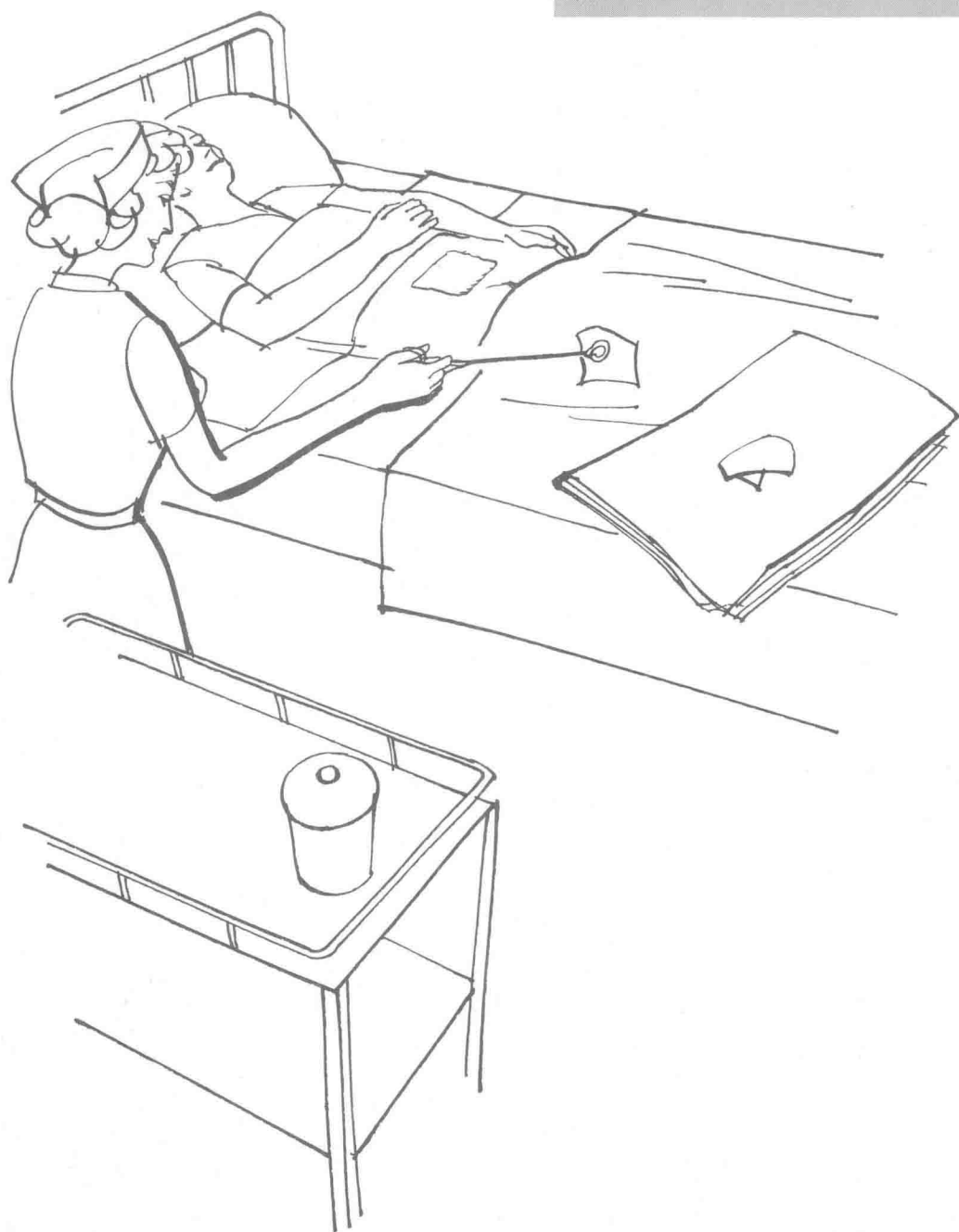
I wish to express my appreciation for the cooperative efforts of the many individuals who have contributed to the making of this book.

I especially want to pay tribute to Ruth A. Davis, who did an excellent job of deciphering my handwriting and postscripts, and to Robert Kern, who interpreted my sketches for the illustrations.

I hope that you will find much use for this volume.

AUDREY LATSHAW SUTTON, R.N.

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PART ONE



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