



GOOD FOR ME AND YOU

BY MERCER MAYER

一起加油

【美】梅瑟·梅尔◎著绘
冯洋、栗松◎译



北京联合出版公司
Beijing United Publishing Co., Ltd.



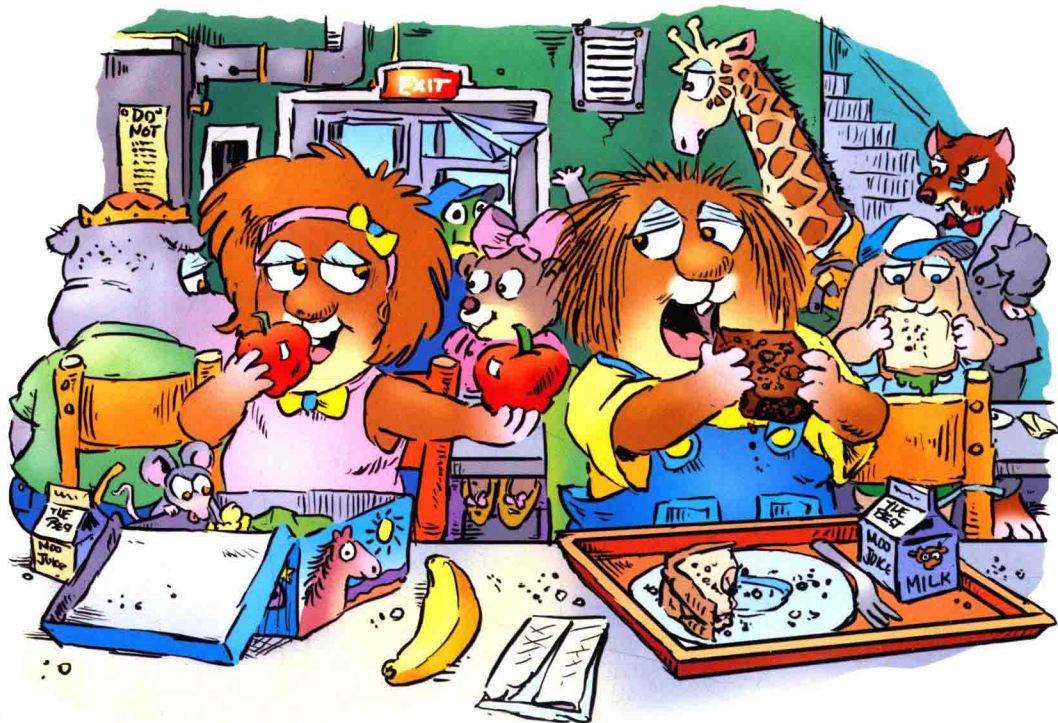
GOOD FOR ME AND YOU

BY MERCER MAYER

一起加油

【美】梅瑟·梅尔◎著绘

冯洋、栗松◎译



 北京联合出版公司
Beijing United Publishing Co., Ltd.

图书在版编目 (C I P) 数据

一起加油: 英汉对照 / (美) 梅尔著绘; 冯洋、栗松译.

-- 北京: 北京联合出版公司, 2015.9 (2016.4 重印)

(小怪物)

ISBN 978-7-5502-6194-5

I. ①一… II. ①梅… ②冯… ③栗… III. ①儿童文学—图画故事—美国—现代 IV. ①I712.85

中国版本图书馆 CIP 数据核字 (2015) 第 221389 号

GOOD FOR ME AND YOU

Copyright © 2004 Mercer Mayer. All rights reserved.

LITTLE CRITTER, MERCER MAYER MAYER'S

LITTLE CRITTER and MAYER MAYER'S LITTLE

CRITTER and logo are registered trademarks of

a Orchard House Licensing Company. All rights reserved.

一起加油

作者: [美] 梅瑟·梅尔◎著绘 冯洋、栗松◎译

责任编辑: 喻静 特约编辑: 赵娜

封面设计: 李倩倩 技术监制: 甘果



北京联合出版公司出版

(北京市西城区德外大街 83 号楼 9 层 100088)

北京市雅迪彩色印刷有限公司印制 新华书店经销

字数 27 千字 889mm×1194mm 1/20 30 印张

2015 年 9 月第 1 版 2016 年 4 月第 2 次印刷

ISBN 978-7-5502-6194-5

定价: 264.60 元 (全 27 册)

未经许可, 不得以任何方式复制或抄袭本书部分或全部内容
版权所有, 侵权必究

本书若有质量问题, 请与本公司图书销售中心联系调换。

电话: (010) 64243832

Key Words

Carrot

Taste

Gym

Contest

Score

Hurry

Dessert

Cheer

Snack

Practice

Whistle

Healthy

胡萝卜

品尝

体育馆

比赛

得分

快点

甜点

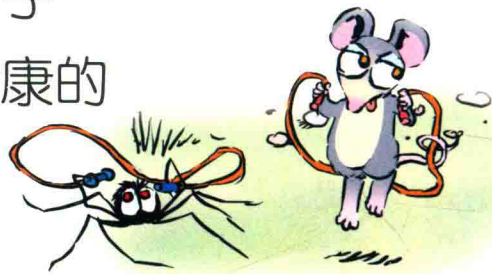
欢呼

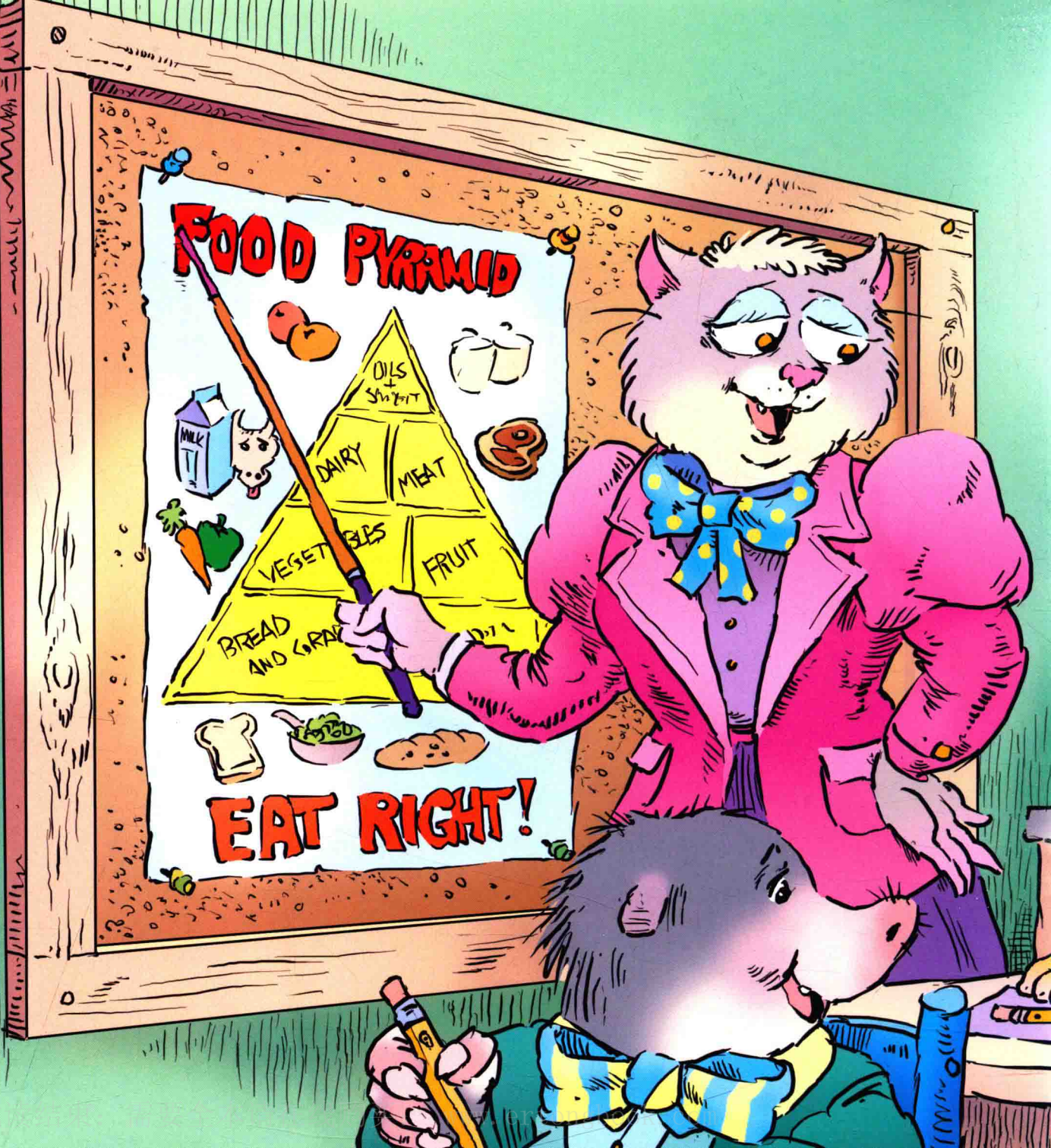
零食

练习

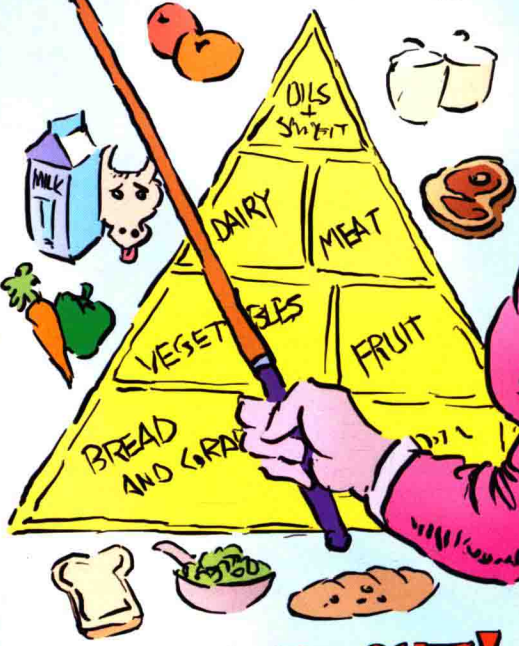
哨子

健康的





FOOD PYRAMID

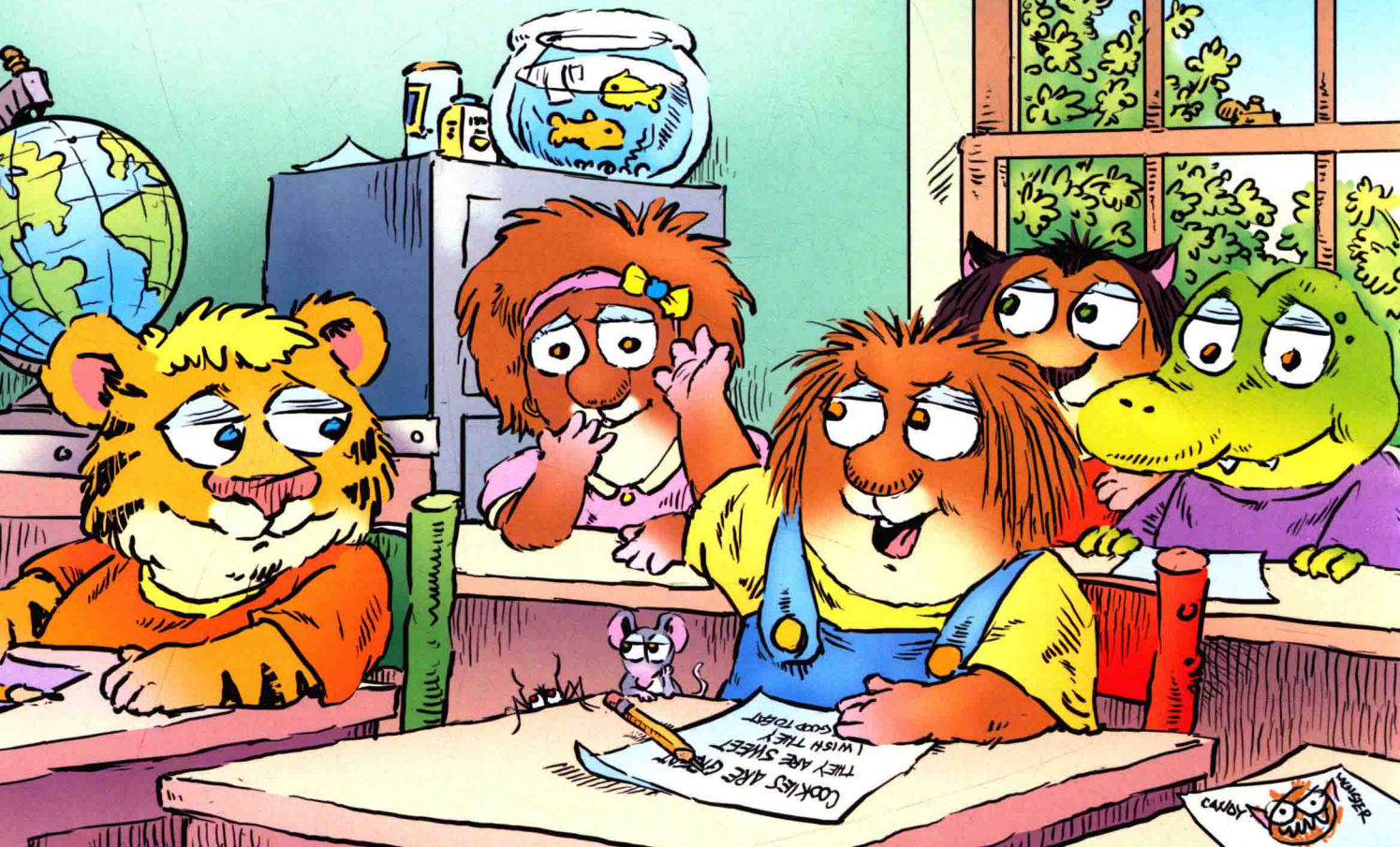


EAT RIGHT!

Today in school we learned about what foods are good for us.

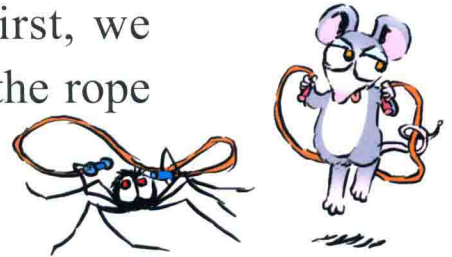
I asked why carrots are better for me than cookies.

“Because carrots have vitamins to help you grow,” Miss Kitty told me. “Cookies just taste good.”





In gym, we did lots of exercises. First, we jumped rope. I jumped the fastest, but the rope was a little too long.





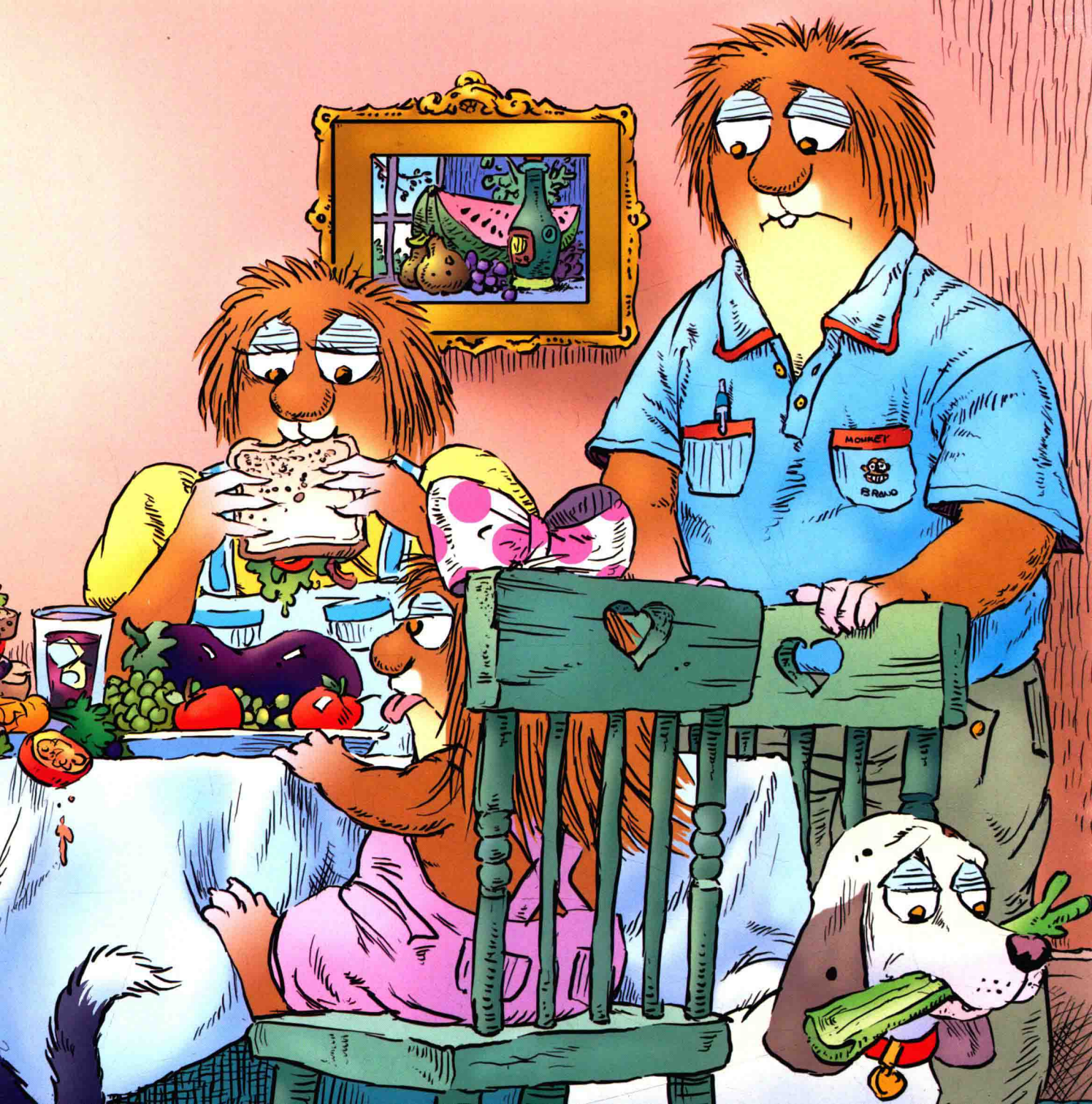
We had a contest to see who could do the most sit-ups and push-ups. I won—almost.



The next day, I made lunch for Mom,
Dad, and Little Sister.

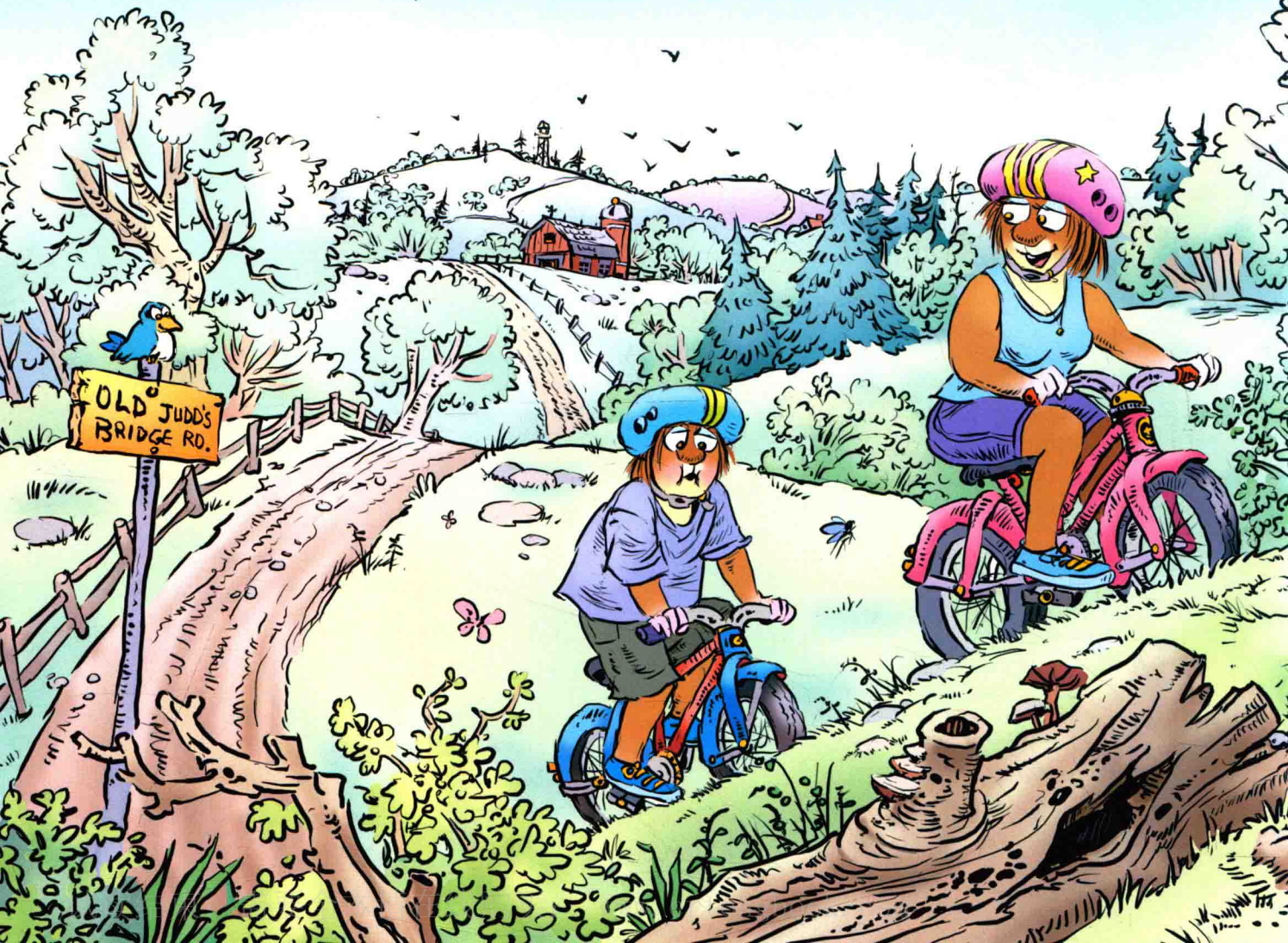
“Surprise!” I said. “Eat every bite,
because all of this food is good for you.”

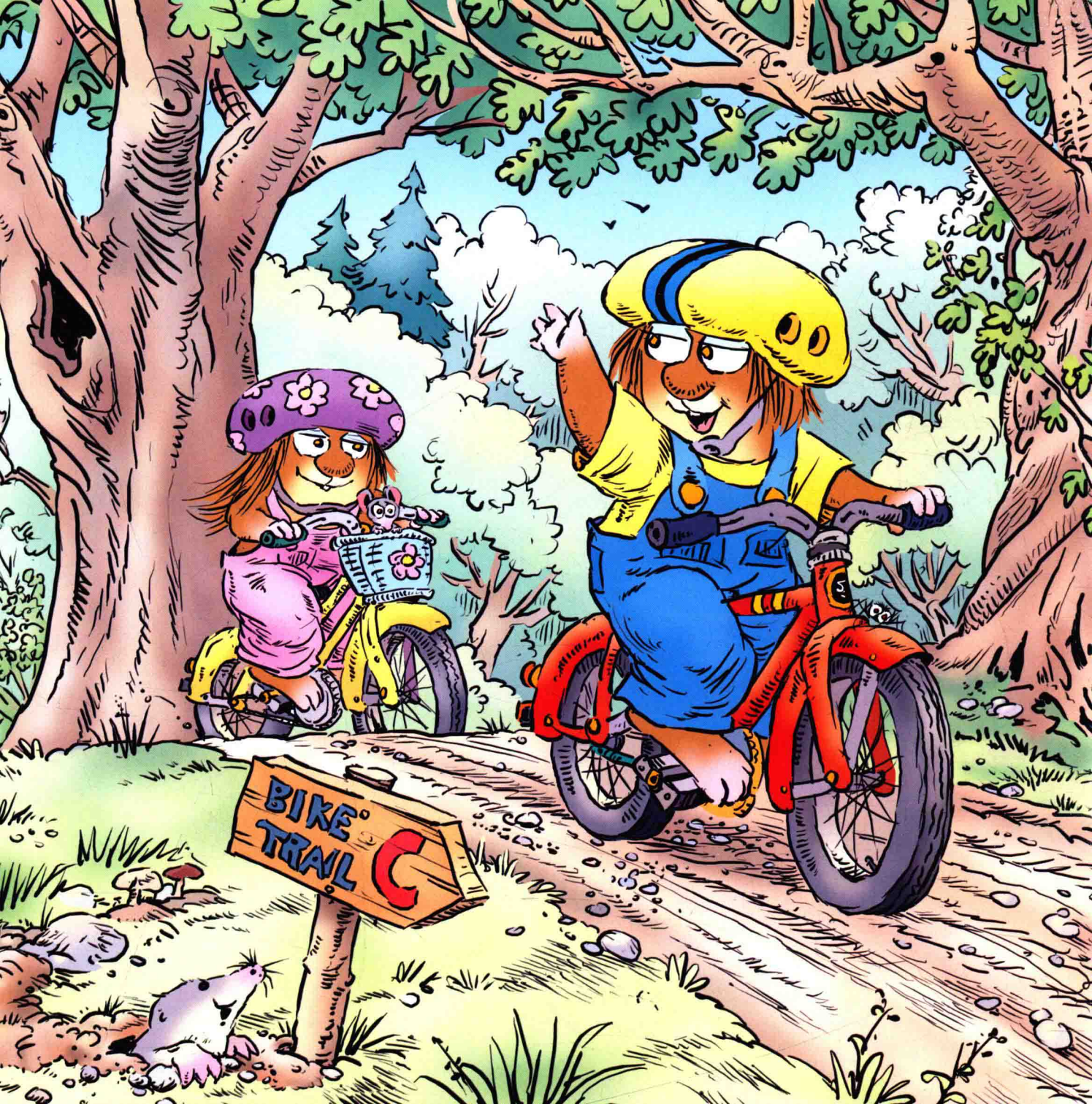




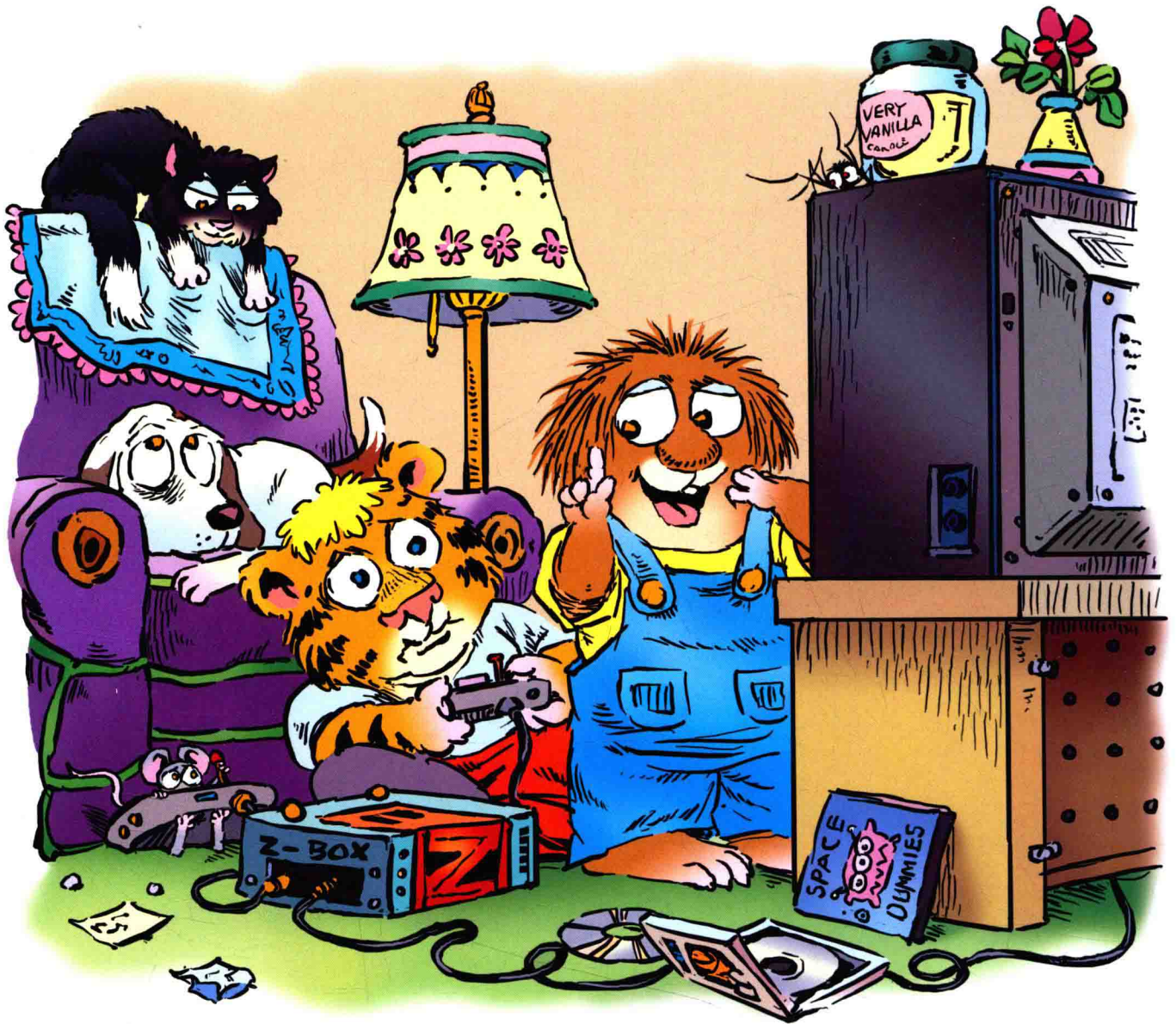
After lunch, I told my family I had another surprise. I took them all on a bike ride.

“Come on, Dad!” I said. “You can do it!”



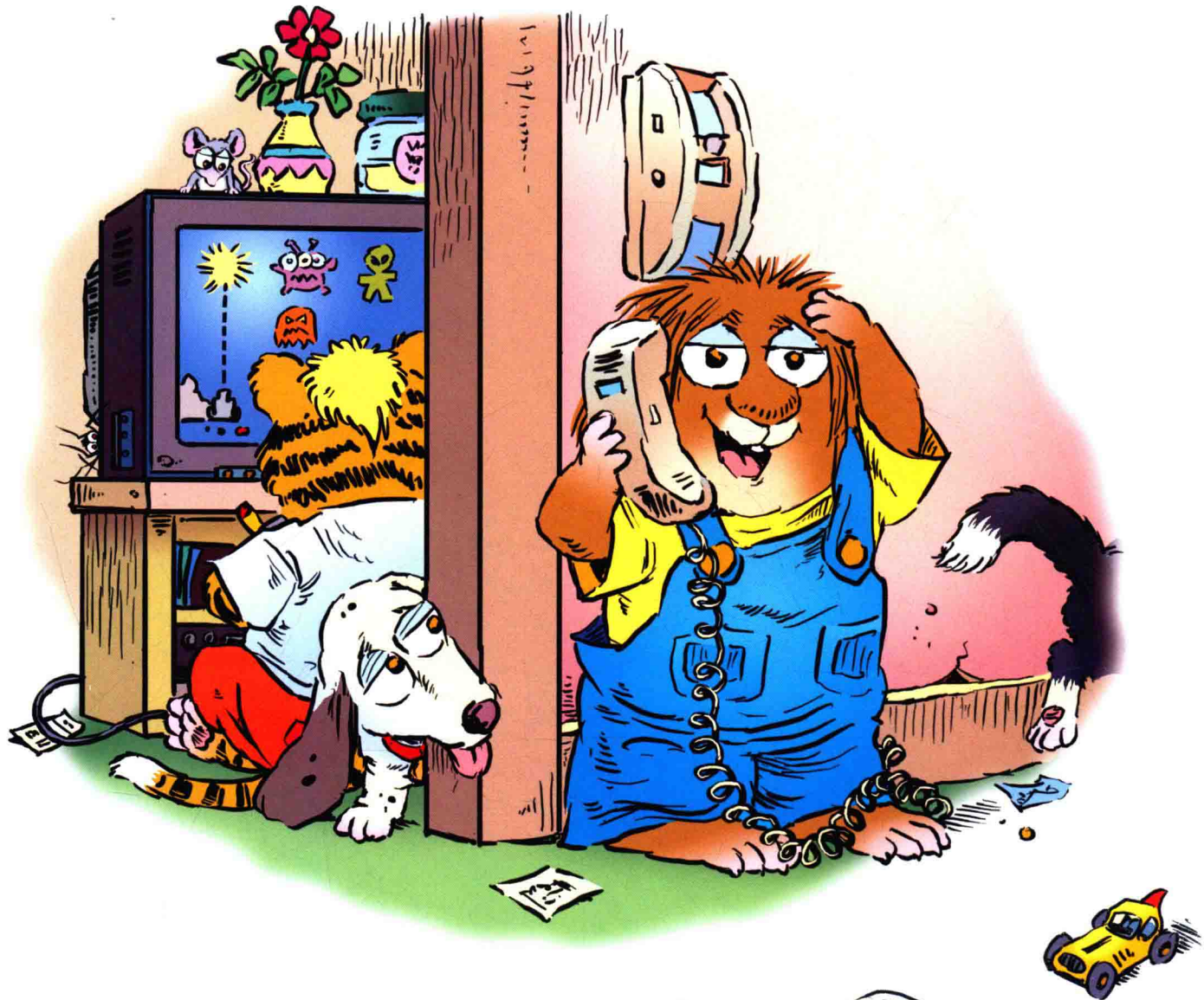


BIKE
TRAIL C



The next day when Tiger came over to play video games,
I had a great idea.





I called all of our friends to tell them.



Me and my friends played football all afternoon. I scored the touchdown that won the game.





The next morning, I walked to school instead of taking the bus. I had to hurry because walking sure takes longer.

