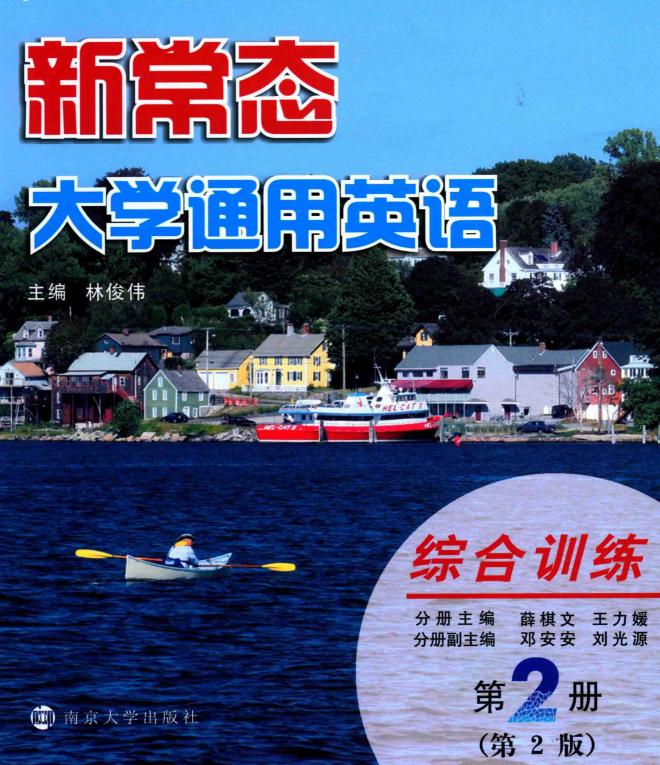
NEW NORMAL

A General English Course for College Students



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for College Students



次学通用更语

主编 林俊伟

综合训练

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前言

大学英语是教育部规定的几乎所有非外语类专业的必修课程,足见其重要性。 大学英语课程不依附于任何名目的英语水平考试。学生们进入大学前已有将近十年 的英语学习经历,已经具备比较系统的英语语言知识和一定的英语应用能力。即将 颁布的《大学英语教学指南》以国家建设与高等教育、教学改革的需要为宗旨,强调 对学生英语应用能力和综合文化素质的培养,以满足我国社会发展与经济建设进入 新常态的人才需求。《新常态大学通用英语综合训练》、《新常态大学通用英语读写 教程》系列教材为学生和教师提供一套大学英语课程学习内容、学习方法以及学习 效果评估的新方案。

练习是课堂学习效果评估的方法之一。本教材提供了听力、阅读、翻译、写作四项语言应用能力的培养方法以及比较合理的练习题量,兼顾了练习形式的丰富性和系统性。既有单项技能练习,又有综合语言应用训练,输出与输入相结合。练习安排有序,目的明确,体现了英语语言学习的内在规律。

本书提供基于二维码技术的英语学习开放式互动平台,读者可扫描二维码以便查看平台内容。

本书的编者们特别感谢南京大学出版社社长金鑫荣先生、副总编薛志红女士、高校教材中心主任蔡文彬先生、编辑裴维维小姐。他们的远见卓识、踏实勤勉以及对大学英语教育的担当给了全体编者极大支持和鞭策,使得本教材顺利付梓。

林俊伟 2016年2月17日 于中国传媒大学南广学院

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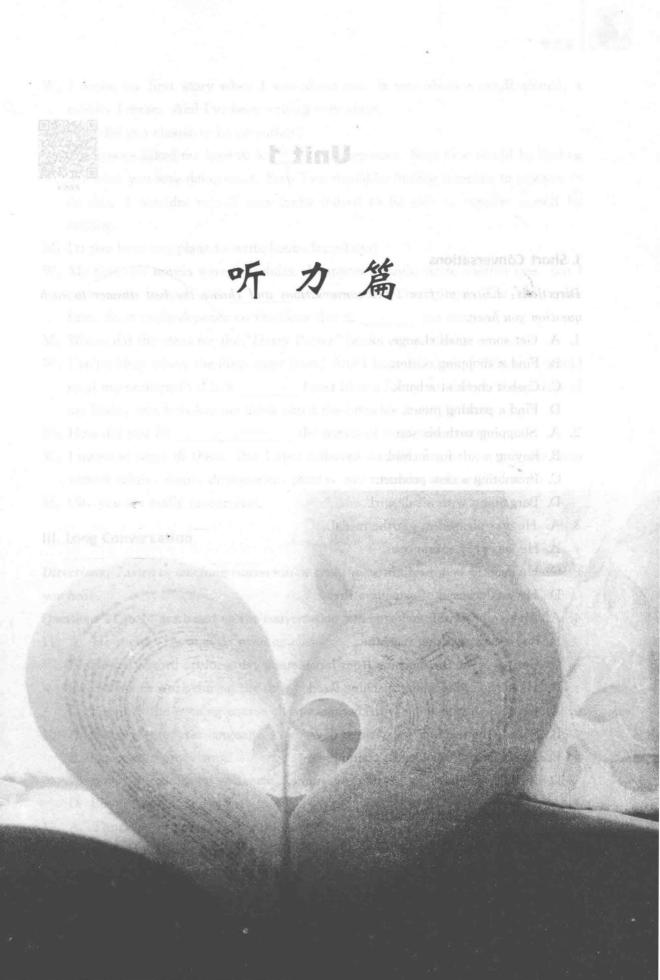
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Unit 1



I. Short Conversations

Directions: Listen to five short conversations and choose the best answer to each question you hear.

- 1. A. Get some small change.
- B. Find a shopping center.
 - C. Cash a check at a bank.
 - D. Find a parking meter.
- 2. A. Shopping with his son.
 - B. Buying a gift for a child.
 - C. Promoting a new product.
 - D. Bargaining with a salesgirl.
- 3. A. He was pleased to get the medal.
 - B. He was very courageous.
 - C. He used to be a firefighter.
 - D. He was accused of causing a fire.
- 4. A. Make a profitable investment.
 - B. Buy a new washing machine.
 - C. Get parts for the machine from Japan.
 - D. Have the old washing machine fixed.
- 5. A. Combine her training with dieting.
 - B. Repeat the training every three days.
 - C. Avoid excessive physical training.
 - D. Include weightlifting in the programme.

II. Long Conversation: Dictation

Directions: Listen to one long conversation and fill in the blanks with the exact words you hear.

M: Hi, Miss Rowling, how old were you when you started to write? And what was your first book?



W: I wrote my first story when I was about six. It was about a small animal, a
rabbit, I mean. And I've been writing ever since, alread language and well and
M: Why did you choose to be an author?
W: If someone asked me how to 6 happiness. Step One would be finding
out what you love doing most. Step Two would be finding someone to pay you to
do this. I consider myself very lucky indeed to be able to support myself by
Directions, the artist process of VIA Special English and July in the Smith will be writing.
M: Do you have any plans to write books for adults?
W: My first two novels were for adults. I suppose I might write another one. But I never really imagine a 7 audience when I'm writing. The ideas come
first. So it really depends on the ideas that 8 me next.
M: Where did the ideas for the "Harry Potter" books come from?
$W_{:}$ I've no ideas where the ideas came from. And I hope I'll never find out. It would
spoil my excitement if it 9 I just have a funny wrinkle on the surface of
my brain, which makes me think about the invisible train platform.
M: How did you 10 the names of your characters?
W: I invented some of them. But I also collected strange names. I've got one from
ancient saints, maps, dictionaries, plants, war memoirs and people I met.
M: Oh, you are really resourceful, and them a visco becomes a management and the second secon
For example, some root in the year 18. have two children obstantion 130 runs
For example, some read families was all have been children of the parties and a supplied by the conversation and a supplied by the parties of
III. Long Conversation Directions: Listen to one long conversation and choose the best answer to each question
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III. Long Conversation Directions: Listen to one long conversation and choose the best answer to each question you hear. Questions 11 to 14 are based on the conversation you have just heard. 11. A. He prefers the smaller evening classes. B. He has signed up for a day course.
Directions: Listen to one long conversation and choose the best answer to each question you hear. Questions 11 to 14 are based on the conversation you have just heard. 11. A. He prefers the smaller evening classes. B. He has signed up for a day course. C. He has to work during the day.
Directions: Listen to one long conversation and choose the best answer to each question you hear. Questions 11 to 14 are based on the conversation you have just heard. 11. A. He prefers the smaller evening classes. B. He has signed up for a day course. C. He has to work during the day. D. He finds the evening course cheaper.
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- 14. A. What to bring for registration, made was I made was been supported by
 - B. Where to attend the class. The proportion and the first many findings
 - C. How he can get to Frost Hall.
- D. Whether he can use a check.

IV. Radio Program

Directions: Listen to two pieces of VOA Special English and fill in the blanks with the exact words you hear.

News Item One

The government in China plans to end its one-child per family policy and instead
let families have two children. The plan was 15 Thursday after high-level
political meetings in Beijing. The official Xinhua News Agency says the country's top
legislature must approve the proposal before it becomes law. A Chinese Communist Party
statement gave a number of reasons for the change in policy. The statement said the change
is meant to balance population development. It said the move also 16 to stop a
declining birth rate and strengthen the country's work force, and to account be a work between I www.
China—the world's most populous country—17.

China—the world's most populous country—17. ______ the one-child policy in 1980. But the government permitted only a small number of couples to have two children. For example, some rural families were 18. _____ have two children. A total of 19 rural provinces have a partial two-child policy. That policy states if the first-born is a girl, a second child is 19. _____. In 2013, the Chinese government gave other couples a chance to have two children. Families could have two if one parent was an only child.

News Item Two was the amalian assessment and an arrangement of the preference of the

English Language Day is 20. ______ each year on April 23—the date when tradition says William Shakespeare was born. Shakespeare has been called the greatest writer in the English language. His plays continue to be 21. ______, performed in theaters and seen in films almost 400 years after his death. The first English Language Day was the result of work by the United Nations. A few years ago, the UN's Educational, Scientific and Cultural Organization created Language Days for each of the UN's six official languages. The aim was to celebrate multilingualism—the use of different languages around the world—and different cultures. Another goal was to 22. ______ for equal use of all six official languages throughout the United Nations. The other five languages are Arabic, Chinese, French, Russian and Spanish. The United Nations celebrated its first English Language Day on April 23, 2010. That day, 23. _____ events were held at the



UN's headquarters in New York City. This year, the TOEFL programme has announced plans for a "live" question and answer chat on the social 24. website Facebook, TOEFL is also known as the Test of English as a Foreign Language. The group says the programme is for students interested in learning more about its test and English language. V. Short Passages Directions: Listen to two short passages and choose the best answer to each question you hear. The same and the same Direction: Lister to five short conversations and discovered a cost descreen spices of Passage One Questions 25 to 27 are based on the passage you have just heard. The odd and W. A. I. 25. A. In the second half of the 19th century. Alternative and the rest and a rest and a rest and the Heavy B. In the 1960s. C. In the first half of the 20th century, assessor glassiques liew sile nearly all D. In the early 1800s. 26. A. Movies with sound. B. Nylon, C. The radio. resing preferences and expellents boundary on a galways of Al D. The computer. 27. A. Improved living conditions. B. New ways to help people get over diseases. C. Many inventions in industry. D. Industrialization in developing countries. The state of the property of the countries of Passage Two white process the appropriate Christman to the company of the passage Two Questions 25 to 27 are based on the passage you have just heard, where a manufed it 28. A. By taxing public services. Journal of our or or enelgy and a B. By making people pay for private bills. C. By providing needed services, no otraction and has anti-how quie liew and its

- D. By collecting taxes.
- 29. A. Nobody would take care of the city. B. There would be no schools.
- C. There would be no protection from crime,
 - D. People would be very happy.
- 30. A. Education, its guided and the B. Public security, is whomes yellow to 8. W
- C. Administration. D. Transportation,

per an mindle promi unioned ad being Unita 2 is not at terminating activities



I. Short Conversations

Directions: Listen to five short conversations and choose the best answer to each question you hear.

- 1. A. When she will return home, and more expression and an booked and the decision of the state of the state
- B. Whether she can go by herself.
- C. Whether she can travel by air.
- D. When she will completely recover.
- 2. A. Drawing up a business plan.
- B. Discussing a term paper.
 - C. Finalizing a contract.
- D. Reviewing a co-authored article.
- 3. A. She ordered some paper.
- B. She had the printer repaired.
- C. She chatted online with a friend.
- D. She filled in an application form.
- 4. A. The woman is meeting the man at the airport.
- B. They are complaining about the poor airport service.
 - C. They are discussing their plan for Christmas.
- D. The man is seeing the woman off.
- 5. A. She plans to go to graduate school.
- B. She will drop out of school.
- C. She will stop working and concentrate on her studies.
- D. She will take a part-time job.

II. Long Conversation: Dictation

Directions: Listen to one long conversation and	fill in the blanks with the exact words
you hear.	
W: So, why exactly does your job have a 6	for being stressful?
M: Stress is generally 7. the feeling	of being out of control of a situation,



and the feeling of a situation controlling you. Trading in financial markets combines both.

- W: How do you relax in the evening? a deadasted radiod premaw a geoch all 120
- M: I very rarely do anything work related. So it's easy to escape the markets. I generally go to the gym or go for a run, especially if I've had a bad day. I always cook a meal rather than have a take-away. To do something my brain would regard as creative.
- W: Do you think what you do to relax is an effective way to beat stress?
- M: I don't think there's a 8. _____ rule about how to beat stress. I generally find that what I do is effective for me.
- W: Would you consider changing your job because of the high stress factor?
- M: I have considered leaving my job due to stress related factors. However, I do think that an 9. _____ of stress is a good thing, and if used the right way, can actually be a positive thing.
- W: What do you enjoy about the stressful aspects of your job?
- M: Having said all that, I do actually enjoy an element of uncertainty. I enjoy a mental challenge. Trading 10. _____ a wide range of emotions second by second. How you deal with and manage those emotions dictates short, medium and long term trading performance and success.

III. Long Conversation

Directions: Listen to one long conversation and choose the best answer to each question you hear.

Questions 11 to 14 are based on the conversation you have just heard, we mailed the out-

- 11. A. A class presentation they're preparing. and I made valued the daily of a daily of
- B. A television programme the man is watching.
- C. Visiting a close friend of theirs.
 - D. Studying for a test. A liw golf selgend middle or selections gift tail telegraphic
- 12. A. He's taking a break from studying.
 - B. He has already finished studying.
 - C. He was assigned to watch a programme by his professor.
- D. He's finding out some information for a friend. Declarated to note a large A
- 13. A. He didn't know that she was enrolled in a linear algebra course.
- B. He thought she preferred to study alone. Sebong mount by mount ambusque
- C. He thought she had made arrangements to study with.
- D. He had told her that he had done poorly on a recent test.



- 14. A. He and Elizabeth quarreled recently.
 - B. He heard Elizabeth did poorly on the last test.
 - C. He doesn't want to bother Elizabeth so late at night.
- D. He'd rather study in his own dormitory.

IV. Radio Program

Directions: Listen to two pieces of VOA Special English and fill in the blanks with the exact words you hear.

News Item One

Singles' Day began as a day for unmarried or uncoupled people to celebrate their lives. Single students, looking for an excuse to buy themselves 15. , started it on November 11, 1993, reported The Guardian. It is 16. by the four number ones in the date of November 11—11. 11—and is also called Double Eleven, in reference to the day it was started, said the BBC. It became a major shopping day in 2009. The CEO of an online shopping site—Alibaba—sought to increase sales at the e-commerce company. The CEO, Daniel Zhang, launched an annual online sale that day, said Fortune. When it first began, "Singles' Day was very much an offline solace for actual single people," noted the website Atlas Obscura. "A small group of students at Nanjing University are said to have chosen 11, 11 as a day that singles could do activities like karaoke together." It quickly became a cultural 17. Last year, Alibaba sold more than \$1 billion worth of products in the first three minutes of the sales, reported Bloomberg. Total sales on Singles' Day 18. to \$9 billion within 24 hours. That's four times bigger than Cyber Monday in the US, which is the Monday after Thanksgiving and traditionally a big shopping day. 19. , online sales in the US last year on Black Friday were just \$1.5 billion, reported TechCrunch. Today, Singles' Day is a retail blockbuster. Analysts predict that this year, sales on China Singles' Day will soar to a new high.

News Item Two

The Royal Swedish Academy of Sciences is presenting the Economics Prize to Professor Angus Deaton of Princeton University in New Jersey. The Nobel 20. ______ says his research has mainly dealt with three questions: How do consumers 21. _____ their spending among different goods? How much of society's wealth is spent and how much is saved? And, how do we best measure and study well-being and poverty? Mr Deaton used household surveys to collect detailed information about how families spend their money. The Nobel committee said Mr Deaton's research has shown "how



the clever use of household data can 22 issues such as the relationship
between income and calorie intake, and the extent of gender discrimination with the
family." The Princeton professor was asked why he paid so much attention to
household information. Mr Deaton said that his studies were mainly about people and their
behaviour. The Nobel committee also praised Mr Deaton's work because it used detailed
information about real people, not 23 ideas. Subjects of his research have
included happiness, well-being and aging. At a press conference this week, the Nobel Prize
winner said he was pleased that his work had been recognized. He told reporters he believed
poverty would decrease. "I think we've had a 24 decrease for the past 20 to
30 years. I do expect that to continue." he said.

V. Short Passages

Directions: Listen to two short passages and choose the best answer to each question you hear.

Passage One

Questions 25 to 27 are based on the passage you have just heard.

- 25. A. Recalling something from one's memory.
 - B. Something about preparatory method in exam.
 - C. Conscience.
 - D. Man's mind.
- 26. A. From the ones they are familiar with to the difficult ones.
 - B. From the short ones to the long ones.
 - C. From the long ones to the short ones.
 - D. From the ones they are confident of to the more difficult ones.
- 27. A. When you can't recall something instantly, you should try your best to do it.
 - B. When you can't recall something instantly, you'd better have an operation on your mind.
 - C. The subconscious activities may go to work to dig up a dim memory.
 - D. Forcing yourself to recall may loosen your memory.

Passage Two

Questions 28 to 30 are based on the passage you have just heard.

- 28. A. There were only grandparents and children.
 - B. There was one father, one mother, and their children.
 - C. There were many relatives.
 - D. There were two or more brothers with their wives.



- 29. A. The women have more freedom and can share in decisions,
- B. The women do not have to be the heads of the family.
- C. The women's relatives do not help them with the housework and childcare.
- D. The women have all the power of the family.
- 30. A. Husbands have to share power with their wives and help them with the housework.
- B. Older women do not often have important positions in a large group and often live alone when their husbands die.
- C. Family structure is more patriarchal in the nuclear family.
- D. Women have to help sisters, grandparents with housework and childcare.

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Unit 3



I. Short Conversations

Directions: Listen to five short conversations and choose the best answer to each question you hear.

1. A. His father.

B. His mother.

C. His brother.

- D. His sister.
- 2. A. A job opportunity.
- B. A position as general manager.
- C. A big travel agency.
- D. An inexperienced salesman.

3. A. Colleagues.

- B. Husband and wife.
- C. Employer and employee.
- D. Mother and son.
- 4. A. She contacts her parents occasionally.
 - B. She phones her parents regularly at weekends.
 - C. She visits her parents at weekends when the fares are down,
 - D. She often calls her parents regardless of the rates.
- 5. A. The next bus is coming soon.
- B. The bus will wait a few minutes at the stop.
 - C. There are only two or three passengers waiting for the bus.
 - D. They can catch this bus without running.

II. Long Conversation: Dictation

Directions: Listen to one long conversation and fill in the blanks with the exact words you hear.

- W: What are you going to have?
- M: I have no idea. Could you help me with the menu?
- W: Yes, sure. These are starters, and there are main courses and these are desserts.

 See?
- M: What's the 6.
- W: The alternative is to order a complete dinner. For a set price you get choice of soup or juice, one dish with potato and vegetable, salad, bread and butter and sometimes coffee and sometimes dessert.