

西部精神医学协会

Western China Psychiatric Association

临床躯体症状的 心身医学分类及诊疗共识

Consensus for Psychosomatic Classification,
Diagnosis and Treatment of Somatic Symptoms

第2版

孙学礼 曾凡敏 著

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内 容 简 介

躯体症状是引导患者就诊的主要因素,也是对患者造成直接痛苦并影响患者社会功能的主要原因。按现行的医学理念则将症状归入“疾病”系统,而对症状本身未给予充分重视。本“共识”是在2015年“共识”基础上的深入。本书的内容基于心身医学的理论框架,从生物、心理及社会多方面系统认识、分析、研究临床躯体症状,并从多个纬度探索其治疗规律。书中提出了躯体症状的心身分类,并在此假说的基础上修订了躯体症状的分类工具,展示了2015~2016年在国内近80家医疗单位开展的诊疗研究中运用假说、运用分类工具以及治疗各类躯体症状的进一步结果。

本书对医学界树立“大医学”理念及临床对躯体症状的综合识别与治疗有益,适合临床医师、护理人员以及医院管理者和广大医学生参考使用。

图书在版编目(CIP)数据

临床躯体症状的心身医学分类及诊疗共识 / 孙学礼, 曾凡敏著. —2 版. —北京: 科学出版社, 2016.12

ISBN 978-7-03-051023-5

I. 临… II. ①孙… ②曾… III. 心身医学 IV. R395.1

中国版本图书馆 CIP 数据核字 (2016) 第 289534 号

责任编辑: 丁慧颖 杨小玲 / 责任校对: 李 影

责任印制: 肖 兴 / 封面设计: 陈 敬

科学出版社出版

北京东黄城根北街 16 号

邮政编码: 100717

<http://www.sciencep.com>

中国科学院印刷厂 印刷

科学出版社发行 各地新华书店经销

*

2015 年 6 月第 一 版 开本: A5 (890×1240)

2017 年 1 月第 二 版 印张: 6 1/2

2017 年 1 月第三次印刷 字数: 158 000

定价: 29.00 元

(如有印装质量问题, 我社负责调换)

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