

LEARNING WORDS SMARTLY

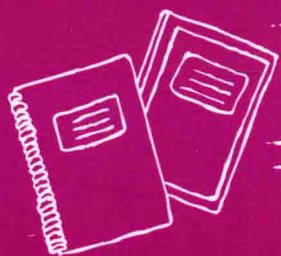
最好记最好用的

雅思单词

练习本

主 编◎金 利

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解决单词记忆与考试形式脱节的问题



单词学习与测验练习双效进行，一课一练



让你从练习中学单词，熟悉雅思考试对单词的考核点，

跟死记硬背说

Bye-bye!



华东理工大学出版社
EAST CHINA UNIVERSITY OF SCIENCE AND TECHNOLOGY PRESS

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雅思单词 练习本

主编◎金 利

编委◎何 静 李岩岩 白 敏 占文娟 高 爽 周晓兰 邱 玉 杨云云 高楠楠 刘影影
蒋志华 李素素 谭琴琴 黄 坚 王前伟 邱亚丽 张 馨 谭若辰 秦东民 杨 晨
张 晴 李胜男 索春艳 黄 欢 王 强 刘晓庆 李群伟



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· 上海 ·

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词汇积累是雅思备考中不可或缺的一步。雅思考试考查的是考生对语言的综合运用能力,所以要想拿高分,必须从活学活用雅思单词开始。只有熟练掌握必考单词,才能进一步融会贯通,为雅思考试取得高分助一臂之力。

本书根据雅思考试中出现的单词频率,精选出常考单词 3 500 个左右,将其分为 185 组,并在每组单词后配有对应的练习题,以加深考生印象。练习题结合考试实际情景,以尽量避免考生出现单词记忆和考试脱节的现象,达到学与练的完美结合,力求成为考生备考雅思的过程中最好记最好用的单词练习本。

● 精选雅思核心 3 500 词

本书共收录雅思考试核心单词约 3 500 个,配有音标、释义、词性,还有记忆方法^①、精选例句^②、常考考点^③、同义词^④、反义词^⑤,和派生词^⑥,帮助考生有效记忆;单词共分为 185 组,每组 18—20 个单词,词量适中,方便记忆,不会使大家出现不够背或背不完的苦恼。

● 根据词频,科学划分星级

本书根据单词在雅思考试中的出现频率,将单词分为三个星级:

★★★表示单词在雅思考试中出现的频率很高,且单词多为高中时所学的单词,考生对此应十分熟悉;

★★表示单词在雅思考试中出现的频率较高,要想在考试中取得高分,这些单词一定要熟练掌握;

★表示单词在雅思考试中出现的频率较低,且单词本身比较生僻,只要达到认知的水平即可。

考生可根据三个星级有所侧重地背单词,重点背诵★★★单词和★★单词,熟悉和认识★单词,最优化分配备考时间。

● 配有单词练习题, one list, one exercise

书中练习题共有 8 种题型,编者根据每组单词的特点,挑选 4—6 种题型进行编写,且大部分题目结合考试中的情景与话题,如校园生活、社会话题、自然科学等,以避免与考试脱节。每组题目后都附有参考答案,大家可以在背完一组单词时,利用后面的练习题检测自己的学习成果,有效加深对刚背过单词的印象,避免背过就忘。

最后,编者衷心希望,本书能够帮助奋战雅思的你突破词汇关卡,扫清雅思考试道路上的词汇障碍,在考试中取得理想成绩。

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Core Vocabulary

核心词汇

Word List 001

accredit ★★ /ə'kredɪt/

v. ①授权 ②信任 ③委派 ④归因于

buffalo ★★ /'bʌfələʊ/

n. ①水牛 ②(北美)野牛

submarine ★★ /sʌbmə'ri:n/

n. 潜水艇 a. 水底的, 海底的

② sub(在……下面) + marine(海洋的) → 在海下面的船 → 潜水艇

③ underwater(a. 水面下的); submerged(a. 在水下的)

stall ★★ /sto:l/

n. ①货摊 ②小房间

influential ★★ /ɪnflu'enʃl/

a. ①有影响的 ②有势力的

③ The knowledge acquired from travel is as valuable as that from any *influential* book. 旅行中学到的知识与从任何一本有影响力的书中获得的知识同样有价值。

establish ★★★ /ɪ'stæblɪʃ/

v. ①建立 ②确立

④ establish goals 树立目标; establish relations 建立联系

⑤ established(a. 确定的); establishment(n. 建立; 机构)

contract ★★

/kən'trækt/ n. 契约, 合同

/kən'trækt/ v. ①缩小, 缩短 ②订(约) ③感染

④ con(共同) + tract(拉, 拽) → 合同将双方利益拉到一起 → 合同

⑤ abide by contracts 遵守合同

⑥ contraction(n. 收缩; 词的缩略式)

eliminate ★★ /ɪ'lɪmɪneɪt/

v. ①消灭, 消除 ②淘汰

④ eliminate poverty 消除贫困; eliminate crime 消灭犯罪

⑤ elimination(n. 消除, 除去)

excavation ★★ /ɪk'skə'veɪʃn/

n. ①挖掘 ②出土文物

③ The new *excavations* are open to the public this weekend in Shaanxi Museum. 新出土的文物将于本周末在陕西博物馆公开展览。

exposure ★★ /ɪk'spəʊʒə(r)/

n. ①暴露 ②曝光 ③揭露 ④陈列

specialise ★★★ /'speʃəlaɪz/

v. 专门从事, 专攻

③ As the brain evolved, one side became *specialised* for fine control of movement. 随着大脑的进化, 一侧的大脑开始专门负责运动的精密控制。

defeat ★★★ /dɪ'fi:t/

v. ①击败 ②挫败 n. ①战败 ②击败

③ Now both coaches knew that the semi-final *defeat* could cost them their jobs. 现在双方教练都很清楚, 半决赛的失败可能会让他们丢掉工作。

check ★★★ /tʃek/

v. ①检查 ②制止 ③打钩

n. ①检查 ②制止 ③支票, 账单

③ The teacher has *checked* Kate's answers. 老师检查了凯特的答案。

④ check in 登记; 托运(行李)

unload ★★ /ʌn'ləʊd/

v. ①从……卸下货物 ②摆脱

④ un + load(负荷, 重担) → 从……卸下货物

⑤ Loading and *unloading* costs can be minimised by refining raw materials. 通过对原材料进行加工, 可将装卸成本降至最低。

suspense ★★ /sə'spens/

n. ①悬念 ②悬疑 ③焦虑

③ I love the excitement and *suspense* of the movie. 我喜欢这部电影刺激又有悬念的感觉。

④ anxiety(n. 焦虑)

clamp ★ /klæmp/

v. (用夹具等)夹紧 n. 夹钳

sanitation ★★ /,sæ'nɪteɪʃn/

n. (公共)卫生, 卫生设施

attendance ★★★ /ə'tendəns/

n. ①到场, 出席 ②出勤

④ take attendance 点名; attendance record 考勤记录

waist ★★ /weɪst/

n. 腰, 腰部

④ strip to the waist 光着上半身

Exercise 001

① 用单词的正确形式填空

1. Only stories based on real events and _____ (establish) facts are credible enough to be cited.
2. People use _____ (contract) in their communication to simplify and shorten the sentences.
3. These animals had benefitted from the _____ (eliminate) of their natural predators.

② 单项选择题

1. People believe what is published in this newspaper because it is the most _____ one in this country.
(A) influential (B) stable (C) sustainable (D) continuous
2. Organic food is healthier for it is free from _____ to harmful chemicals.
(A) process (B) exchange (C) exposure (D) connection
3. Many people enjoy reading detective novel for it is full of _____.
(A) collision (B) crash (C) suspense (D) reliability

③ 选词填空, 请注意填入词的形式

accredit

specialise

defeat

unload

1. When reaching the port, the workers start to _____ the boxes from the ships.
2. The company said they didn't _____ their lawyers to this country.
3. It is easy for her to get this job since she is _____ in English.
4. We are happy for our rival team has been comprehensively _____ in the game.

④ 翻译括号中的中文, 补全英文句子

1. They _____ (托运了他们的行李) and went to the departure lounge to find seats.
2. It is important to _____ (遵守合同) and keep good faith when doing business.
3. Our professor never _____ (点名) because the students are willing to attend her class.

⑤ 填写同义词

1. submarine _____
2. suspense _____

civilization ★★ /ˌsɪvəlaɪzərʃn/

n. 文明(社会), 文化

scene ★★ /si:n/

n. ①(戏剧的)一场, (电影灯的)一个镜头, (小说等的)一节 ②地点, 现场 ③景色 ④舞台

㊦ on the scene 在场

㊦ scenic(*a.* 风景如画的); scenery(*n.* 现场; 景色)

compile ★★ /kəm'paɪl/

v. ①汇编 ②编辑

deplete ★ /dɪ'pli:t/

v. ①倒空 ②(使)枯竭 ③消耗

㊦ When local resources became *depleted*, the tribe moved on. 当地资源濒临枯竭时, 部落会继续迁移。

㊦ exhaust(*v.* 耗尽)

㊦ depletion(*n.* 消耗, 用尽)

irregularity ★★ /ˌɪrɪɡjə'lærəti/

n. 不规则, 无规律

pregnancy ★★ /'pregnənsɪ/

n. 怀孕, 怀孕期

㊦ They are especially vulnerable because of *pregnancy*. 怀孕让她们变得非常脆弱。

disfigure ★★ /dɪs'fɪɡə(r)/

v. ①使变丑 ②毁容

㊦ Buildings here *disfigured* such a beautiful landscape. 这里的建筑把如此美丽的风景给破坏了。

fracture ★★ /'fræktʃə/

v. (使)断裂 *n.* ①断裂 ②骨折

㊦ fracture zone 断裂带; ankle fracture 踝部骨折

㊦ crack(*v.* 破裂); split(*v.* 分裂)

regardless ★★ /rɪ'ɡɑ:dləs/

a. 毫不顾及的

ad. ①不顾后果地 ②无论如何

㊦ 组词: regard(关心) + less(少) → 很少关心的 → 毫不顾及的

㊦ regardless of 不管; 不理睬……

aid ★★★ /eɪd/

v. 援助, 帮助 *n.* ①援助 ②助手, 辅助物

㊦ first aid 急救; offer aid 向……提供帮助

race ★★★ /reɪs/

n. ①(速度的)比赛 ②竞争 ③人种, 种族

v. ①参加比赛 ②(使)高速运转

vacuum ★★ /'vækjuəm/

n. ①真空 ②真空吸尘器 *v.* 用吸尘器清扫

㊦ vacuum desiccator 真空干燥器; in a vacuum 在其空中

formula ★★ /'fɔ:mjuələ/

n. ①公式 ②配方 *a.* 根据公式的

㊦ mathematical formula 数学公式

sinew ★ /'sɪnju:/

n. ①腱 ②肌肉

㊦ The athletes were so nervous that we could see their *sinews* tense. 运动员们非常紧张, 以至于我们能看见他们紧绷的肌肉。

neural ★★ /'njuərəl/

a. ①神经的 ②神经系统的 ③神经中枢的

㊦ As the blowholes evolved and migrated to the top of the head, the *neural* pathways serving sense of smell might have been nearly all sacrificed. 当气孔因进化移到头顶时, 负责嗅觉的神经通路可能几乎已经全部失灵。

schedule ★★★ /'ʃedju:l/

n. 时间表, 进度表 *v.* 安排

㊦ ahead of schedule 提前; on schedule 按时, 准时; behind schedule 落后于计划进度; be scheduled for 定在某时(进行)

㊦ scheduled(*a.* 预订的);

reschedule(*v.* 重新计划)

attain ★★★ /ə'teɪn/

v. ①达到 ②获得

㊦ attainment(*n.* 达到; 成就)

loyalty ★★ /'lɔɪəltɪ/

n. 忠诚, 忠心

㊦ national loyalty 对国家的忠诚

floral ★★ /'flɔ:rəl/

a. ①花的 ②像花的

ignition ★★ /ɪɡnɪʃn/

n. ①点火, 点燃 ②点火装置

㊦ The *ignition* of methane gas killed many people. 甲烷起火造成了多人死亡。

Exercise 002

① 用单词的正确形式填空

1. It's a historic town with _____ (scene) street views.
2. The problem of oil _____ (deplete) is the most recent in a series of energy crises.
3. He phoned the organization for he forgot the _____ (schedule) event of the panel.

② 判断对(T)错(F)

- T F** 1. Compile means collecting and putting many pieces of information together to produce a report, a book, or a programme.
- T F** 2. Irregularity refers to the number of times something happens in a period.
- T F** 3. Pregnancy is the condition of being pregnant.

③ 选词填空, 请注意填入词的形式

civilization

formula

loyalty

1. During these years, she had developed strong _____ to this company.
2. City is the symbol of human _____ for there are many facilities for living, recreation and health care.
3. There is no certain _____ for essay writing.

④ 翻译括号中的中文, 补全英文句子

1. _____ (不管) what department you are in, you can join in the club.
2. When I was in trouble, it was my friends who _____ (给我提供了帮助).
3. He made great effort to _____ (实现他的目标).

⑤ 填写同义词

1. deplete _____
2. fracture _____

deception ★★

/drɪ'sepʃn/

n. ①欺骗 ②诡计

㊦ intentional deception 故意的欺骗行为

invoke ★★

/ɪn'vəʊk/

v. ①恳求 ②援引(法律等) ③祈求 ④使人想起

㊦ Police can *invoke* the law of human rights to regulate the perpetrators. 警察可以援用人权法来管理闹事者。

thoughtful ★★

/'θɔ:tfl/

a. ①沉思的 ②体贴的

suitably ★★

/'su:təblɪ/

ad. ①适宜地 ②相称地

fragrance ★★

/'freɪgrəns/

n. ①芳香 ②香水

㊦ The rose sends out strong *fragrance*. 玫瑰散发出浓郁的香味。

㊦ scent(*n.* 香味, 香气); perfume(*n.* 香味, 香水)

㊦ stink(*n.* 臭味, 恶臭); stench(*n.* 臭气, 恶臭)

cosset ★

/'kɒsɪt/

v. 宠爱, 溺爱 *n.* 宠儿

㊦ Tom is a person who *cossets* his health. 汤姆是个注重健康的人。

contend ★★

/kən'tend/

v. ①竞争 ②辩称

㊦ contend with 与……做斗争; contend for sth. 为……争夺

㊦ contest (*v.* 竞赛, 争夺); assert (*v.* 声称)

flush ★★

/flʌʃ/

v. ①冲洗 ②(使)脸红 ③奔流 *n.* 脸红 *a.* 齐平的

㊦ You can *flush* a wound with iodine to prevent the infection. 你可以用碘酒冲洗伤口, 以防感染。

㊦ flush away 冲洗掉

㊦ redden (*v.* 发红)

volume ★★

/'vɒljʊ:m/

n. ①卷, 册 ②体积 ③音量

㊦ 和 *volute* (*a.* 向上卷的, 涡旋的)一起记

conclude ★★

/kən'klu:d/

v. ①推断出 ②做结论

㊦ They *concluded* that the children were incapable of deductive reasoning. 他们得出的结论是这些儿童没有能力进行推理。

㊦ conclude with 以……作为结论; to conclude 最后; 总之

fantasy ★★

/'fæntəsi/

n. 想象

especially ★★★

/'ɪspeʃəli/

ad. ①特别 ②尤其 ③格外

extreme ★★★

/'ɪkstri:m/

a. ①末端的 ②极度的

n. ①极端 ②最大的程度 ③极度(状态)

㊦ in the extreme 极其; go extreme 走极端

㊦ extremely (*ad.* 极端地, 非常地); extremity (*n.* 极端)

unexpectedly ★★

/ˌʌnɪk'spektɪdli/

ad. 出乎意料地, 意外地

sponsor ★★

/'spɒnsə(r)/

n. 发起者 *v.* ①发起 ②资助 ③倡议

knowledgeable ★★

/'nɒldʒəbl/

a. ①知识渊博的 ②聪明的

㊦ be knowledgeable about 精通……

superiority ★★

/'sju:prɪəri'ɒrɪti/

n. ①优越, 优势 ②优越性

㊦ Plato thought that humor is simply a delighted feeling of *superiority* over others. 柏拉图认为幽默仅仅是一种自我优越感的愉悦体现。

㊦ excellence (*n.* 优秀)

㊦ inferiority (*n.* 劣等)

overdue ★★

/ˌəʊvə'dju:/

a. ①过期未付的 ②过期的 ③过度的 ④迟到的

㊦ over(过度) + due(预期的) → 超过期限的 → 过期的

㊦ The landlord is not very pleased because the rent is *overdue*. 因为房租过期未付, 房东不是很高兴。

colleague ★★

/'kɒli:g/

n. 同事, 同僚

Exercise 003

① 判断对(T)错(F)

- T F** 1. Deception refers to the act of cheating someone or being cheated.
T F 2. Thoughtful describes somebody who is serious.
T F 3. Overdue describes a sum of money which is not paid at the scheduled time.

② 单项选择题

1. It isn't easy to recruit _____ qualified persons for this position.
(A) seemingly (B) probably (C) critically (D) suitably
2. The company made efforts to promote the product, but the sales _____ is still unsatisfied.
(A) content (B) volume (C) condition (D) conclusion
3. _____, the conversational man is cowardly at the critical moment.
(A) Unexpectedly (B) Reasonably (C) Drastically (D) Generally

③ 选词填空, 请注意填入词的形式

invoke

cosset

flush

sponsor

1. The exhibit was _____ by an independent group.
2. When she heard the news, her face _____ with anger.
3. These lines of the poem can _____ the view of sea waves.
4. It is not beneficial to _____ a child, otherwise he or she would be spoiled.

④ 翻译括号中的中文, 补全英文句子

1. She is excellent in her work, but she needs to _____ (与其他人竞争).
2. _____ (总之), before we can solve the problem, we must know its essence.
3. Don't _____ (走极端) when looking at the question.

⑤ 填写反义词

1. fragrance _____
2. superiority _____

Word List 004

successive ★★ /sək'sesiv/

a. 连续的

crime ★★★ /kraim/

n. 罪行, 犯罪

📖 campus crime 校园犯罪; commit crime 犯罪

population ★★★ /ˌpɒpjʊleɪʃn/

n. 人口

📖 population explosion 人口爆炸; population control 人口控制

periphery ★ /pə'rifəri/

n. ①不重要的部分 ②外围

📖 Ideas on this matter are expressed by some scholars on the *periphery* of education area. 教育领域之外的一些学者对这件事发表了看法。

twofold ★★ /'tu:fəʊld/

a. ①两倍的, 双重的 ②两部分的

ad. 两倍地, 双重地

📖 There has been a *twofold* increase in the number of rare birds in the past decade. 在过去的十年里, 珍稀鸟类的数量增加到两倍。

📖 dual (a. 双重的)

esoteric ★ /esəu'terik/

a. ①秘传的 ②难懂的

📖 And what began as a wholly practical exercise in keeping illegal drugs out of Australia may end up playing a role in an entirely different sphere — the comparatively *esoteric* world of neurobiology. 刚开始这完全是一种阻止毒品进入澳洲的实用方法, 但结果是它可能会在一个完全不同的领域发挥作用, 即在神经生物学这个相对比较深奥的领域。

📖 elusive (a. 难懂的)

sift ★ /sift/

v. ①细查 ②筛, 过滤

📖 We *sift* through the information to find a clue that will help us. 我们仔细研究资料以便找出对我们有帮助的线索。

buckle ★★ /'bʌkl/

n. 皮带扣环 v. ①扣紧 ②(使)变形, 弯曲

homesick ★★ /'həʊmsɪk/

a. 想家的, 思乡的

radical ★★ /'rædɪkl/

a. ①激进的 ②彻底的

n. ①激进分子 ②(数学)根数

📖 radically (ad. 根本上地)

rotate ★★ /rəu'tert/

v. ①(使)旋转 ②(使)轮流

📖 rotation (n. 旋转)

nutrition ★★ /nju:'trɪʃn/

n. ①营养, 营养学 ②营养物

📖 nutri(营养)+tion→营养, 营养学

📖 food nutrition 食品营养; nutrition science 营养科学

📖 nutritional (a. 与营养有关的); nutritious (a. 营养的)

intention ★★ /ɪn'tenʃn/

n. 意图, 目的

📖 have no intention of doing sth. 不打算做某事

momentous ★★ /məu'mentəs/

a. ①极重要的 ②严重的

📖 This is a really *momentous* occasion for we're celebrating the 50th Anniversary of our university. 这是一个十分重要的时刻, 因为我们正在庆祝我们的大学成立 50 周年。

consequential ★★ /kɒnsɪ'kwɛnʃl/

a. 作为结果的, 重大的

associate ★★★ /ə'səʊʃɪət/

v. ①使联系 ②交往 ③结合 n. 合作人, 同事 a. 副的

📖 associate with 和……相关; business associate 商业伙伴; associate professor 副教授

📖 associated (a. 关联的, 联合的); association (n. 协会; 联合)

democratic ★★★ /deme'kræɪtɪk/

a. 民主的, 有民主精神的

📖 democratic reform 民主改革

scout ★★★ /skaut/

n. ①侦察员(或机, 舰) ②童子军

v. ①侦察 ②寻找

Exercise 004

① 判断对(T)错(F)

- T F** 1. Periphery refers to the edge of an area, place, or thing.
T F 2. Sift means putting powder such as flour or sand through a sieve in order to remove large pieces or lumps.
T F 3. Scout means trying to find out lost things.

② 单项选择题

1. To occupy the new market, we need to give our strategy a _____ change.
(A) an opposed (B) a superficial (C) a radical (D) an attentive
2. These events are important as they would have _____ and far-reaching consequences.
(A) tiny (B) subtle (C) momentous (D) focused
3. Global warming and the _____ climatic changes would affect everyone on this planet.
(A) incoming (B) influential (C) reflecting (D) consequential

③ 翻译括号中的中文,补全英文句子

1. Nobody believes that a girl like her could _____ (犯下如此罪行).
2. Although it is a good place, he _____ (不打算留在这里).
3. I was not _____ (有关) the project even it was conducted by my tutor.

④ 完形填空

According to archaeologists, the Babylonians began to measure time at least 5,000 years ago. They introduced calendars to 1 communal activities, to plan the shipment of goods and most importantly, to regulate planting and harvesting. Their calendars were 2 three natural cycles: the solar day, which is marked by the 3 periods of light and darkness as the earth 4 its axis; the lunar month, which follows the phases of the moon when it orbits the earth; and the solar year, which is 5 the changing seasons when the planet revolves the sun.

1. (A) design (B) develop (C) coordinate (D) research
2. (A) based on (B) resulted in (C) appealed to (D) reached for
3. (A) sustainable (B) successive (C) restless (D) permanent
4. (A) moves to (B) comes up (C) ranges from (D) rotates around
5. (A) defined by (B) required to (C) affected by (D) arranged for

⑤ 填写同义词

1. twofold _____
2. esoteric _____