

Comprehensive Practice for  
College English Test

# 大学英语四级考试 综合强化训练

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高等教育出版社

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## 大学英语四级考试综合强化训练

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# 前言

为了帮助学生全面了解并从容应对改革后的大学英语四级考试,编者根据《大学英语课程教学要求》,结合大学英语四六级考试委员会下发的《关于大学英语四、六级考试题型调整的说明》,精心编写了本书。全书按考试题型分为四部分:听力理解、阅读理解、汉译英和作文。

## 1. 听力理解

全国大学英语四、六级考试委员会自2016年6月起对四级考试听力试题做局部调整,因此本书精心编写了15套强化训练题。每套强化训练题包括短篇新闻(3段)、长对话(2篇)和听力篇章(3篇)。这些试题从选材类型、难易度到命题形式都符合调整后的试题要求。在试题解析中,本书提供了答案速查及必要的听力原文和答案解析。通过15套试题的强化训练,希望帮助考生尽快适应新的听力考试题型,进一步提高听力整体水平。广大读者可登录“高校考试培训网络学院”(http://px.hep.edu.cn)免费下载本书听力录音。

## 2. 阅读理解

根据大学英语四级考试阅读理解的题型,本部分包括仔细阅读理解(多项选择,30篇)、长篇阅读理解(段落匹配,15篇)、词汇理解(选词填空15篇),题型覆盖全面,话题涵盖经济、科技、教育、社会生活、健康卫生等,集中了较多的热点话题,为考生备战大学英语四级阅读提供了有针对性的练习。解析中配有内容概要、解题思路和解题技巧,对重点词汇和长难句进行解析,帮助学生扫清阅读障碍。

## 3. 汉译英

本部分包括汉译英段落翻译15篇,每篇文章长度为140~160字,涉及历史、文化、经济、社会、科技、能源、环境等主题。每篇段落翻译文章均配有翻译难点和参考译文,以便帮助考生掌握重点词汇,解决翻译难点。参考译文精准地道,遣词造句中尽显翻译技巧。

## 4. 作文

本部分按照体裁分为五大类,即提纲类、漫画类、图表类、名言谚语类和其他类,共计15篇写作练习。每篇作文后面都附有写作指南和参考作文,使考生通过相对系统的训练达到提高英语写作水平的目的。

编者

2016年6月

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# 第一部分 大学英语四级考试综合训练

## 第一章 听力理解

### Test 1

#### Section A

**Directions:** *In this section, you will hear three news reports. At the end of each news report, you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 1 and 2 are based on the news report you have just heard.**

1. A) The habitat where polar bears live.  
B) The worsening living condition polar bears face.  
C) The experiment conducted by University of Wyoming.  
D) Air pollution level in the Arctic predicted by the scientists.
2. A) Finding mate.  
B) Finding food.  
C) Human being attacked.  
D) Mental health.

**Questions 3 and 4 are based on the news report you have just heard.**

3. A) Turkey.  
B) America.  
C) Japan.  
D) China.
4. A) Weak Chinese economy will have influence on other markets.  
B) Chinese economy will recover very soon.  
C) The stock market in China will fall as predicted.  
D) The growth of Chinese economy will slow down.

**Questions 5 to 7 are based on the news report you have just heard.**

5. A) 400.  
B) 2,400.  
C) 4,000.  
D) 29.
6. A) On its website.  
B) In a statement.  
C) In an E-mail.  
D) On its journal.
7. A) It's spread by air.  
B) It's spread by water.  
C) It's spread by mosquitoes.  
D) It's spread by droplet.

## Section B

**Directions:** *In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 8 to 11 are based on the conversation you have just heard.**

- 8. A) She likes watching children and needs extra money.  
B) She believes she can be the best in the area.  
C) Her mother advised her to be a babysitter.  
D) Her financial advisor asked her to earn money by herself.
- 9. A) She has to work late at night.  
B) She has to look after two naughty boys.  
C) She does housework besides babysitting.  
D) She was the best babysitter in the area.
- 10. A) 10%.                      B) 20%.                      C) 15%.                      D) 13%.
- 11. A) She is pulling the man's leg.  
B) She is the only babysitter in the area.  
C) She thinks it reasonable for her to ask a raise.  
D) She is too young to negotiate with the man.

**Questions 12 to 15 are based on the conversation you have just heard.**

- 12. A) When he started to be a footballer.  
B) When he got his coaching license.  
C) When he learned on the course about football management.  
D) When his former manager encouraged him to do some coaching.
- 13. A) The course was lectured by a renowned professor.  
B) He thought he lacked education and confidence.  
C) He wanted to get a coaching license through the course.  
D) He didn't know how to be a football manager.
- 14. A) It grants the applicant a coaching license.  
B) It covers everything a manager needs to know.  
C) It teaches a lot of communication skills.  
D) It highlights the necessity of practice.
- 15. A) He was working as well as studying.  
B) He hadn't got his coaching license yet.  
C) He already got his first managerial job.  
D) He thought he would be an experienced manager.

**Section C**

**Directions:** *In this section, you will hear three short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 16 to 19 are based on the passage you have just heard.**

16. A) A car accident which involved her husband and son.  
B) A fire that happened in a car with her husband and son.  
C) A gun attack that happened to her husband and son.  
D) The boring quiet life in the town with her husband and son.
17. A) To fight against gun-related violence.  
B) To join a car accident control organization.  
C) To tell people the importance of fire-prevention.  
D) To tell people about her husband and son's tragedy.
18. A) The former congressman was no longer supported.  
B) She expressed her ideas very movingly and effectively.  
C) The tragedy that happened to her family moved the audience.  
D) She was the first woman running for the Congress in the district.
19. A) How McCarthy lost her husband and son.  
B) How McCarthy built up her own organization.  
C) How McCarthy became a successful public speaker.  
D) How McCarthy addressed a national television audience.

**Questions 20 to 22 are based on the passage you have just heard.**

20. A) She only translates a message literally.  
B) She interprets a message in cultural terms.  
C) She uses more idioms in her translation.  
D) She is more professional in international business.
21. A) Helping mutual understanding and comprehension.  
B) Entering the business discussion on her own behalf.  
C) Translating the verbal signs to both sides.  
D) Spreading her own culture to the other countries.
22. A) Knowing at least two languages.  
B) Being quick-minded in the translation.  
C) Paying little attention to perception.  
D) Understanding both languages and cultures very well.

**Questions 23 to 25 are based on the passage you have just heard**

23. A) Beginning cooking at his parents' pub at 8 years old.  
B) Starting working in restaurants when he was in college.  
C) Being spotted by a TV producer at the age of 21.  
D) Publishing his first book on cooking at 28.
24. A) His handsome appearance.  
B) His rare and simple recipes.  
C) His use of vegetable ingredients.  
D) His complicated cooking techniques.
25. A) His success comes from the help of his parents.  
B) He succeeds with luck, passion and knowledge.  
C) He becomes successful with the help of his friends.  
D) His wife makes a great contribution to his success.

## Test 2

### Section A

**Directions:** *In this section, you will hear three news reports. At the end of each news report, you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 1 and 2 are based on the news report you have just heard.**

- |  |                                       |
|--|---------------------------------------|
| 1. A) Tornadoes hit the US state of Texas. | B) A car accident in Texas.           |
| C) A heavy rain in the US.                 | D) An earthquake in Texas of America. |
| 2. A) Homes leveled.                       | B) Cars overturned.                   |
| C) Fences down.                            | D) Planes delayed.                    |

**Questions 3 and 4 are based on the news report you have just heard.**

- |                                      |                                       |
|--------------------------------------|---------------------------------------|
| 3. A) 25.                            | B) 21.                                |
| C) 26.                               | D) 13.                                |
| 4. A) An Irish single woman.         | B) A beautiful American actress.      |
| C) An abducted and imprisoned woman. | D) An Oscar nominee for Best Actress. |

**Questions 5 to 7 are based on the news report you have just heard.**

5. A) A string of bombings ripped through Middle East.  
B) The bombings ripped through Brussels Tuesday morning.  
C) A string of bombings ripped through Middle East Tuesday morning.  
D) The bombings ripped through Africa Tuesday morning.

6. A) 2,200. B) about 2,200.  
C) At most 2,200. D) At least 2,200.
7. A) In the Middle East and Africa. B) In the Middle East.  
C) In Africa. D) None of them.

## Section B

**Directions:** *In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

### Questions 8 to 11 are based on the conversation you have just heard.

8. A) He is working on recruitment in the army.  
B) He is a professional advisor on CV writing.  
C) He is responsible for recruiting in a large company.  
D) He is a programmer host on *Learn English Professionals*.
9. A) To get personal information. B) To hire the possible candidates.  
C) To build up the database. D) To dig into the global business.
10. A) They should introduce themselves in detail.  
B) They should not make it too complicated.  
C) They should write more than three pages.  
D) They should not lie about their education.
11. A) One's family background. B) One's relations with people.  
C) One's Spanish language level. D) One's further education background.

### Questions 12 to 15 are based on the conversation you have just heard.

12. A) How Tom's chemistry paper is going.  
B) The best prescription for eye problems.  
C) The disadvantages of working in an office.  
D) How using a computer can affect one's eyes.
13. A) He needs to get an office job.  
B) He doesn't want to write the paper.  
C) He has been working for a long time.  
D) He doesn't know how to use a computer.
14. A) It enables people to stay awake. B) It helps to keep the eyes moist.  
C) It helps the eyes absorb eye drops. D) It improves a person's concentration.
15. A) Use some kind of eye drops. B) Improve his computer skills.  
C) Give his eyes some rest. D) Drink more coffee.

## Section C

**Directions:** *In this section, you will hear three short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 16 to 19 are based on the passage you have just heard.**

16. A) How to wear in different countries.  
B) How to behave in different countries.  
C) How to greet people in different countries.  
D) How to do business with different people.
17. A) Shake hands and look at people straight in the eyes.  
B) Bow deeply and avoid eye contact.  
C) Press both hands at the chest and bow slightly.  
D) Hug and give people a kiss on both cheeks.
18. A) It is the biggest meal of the day.                      B) It is a good time for business.  
C) It is a time to relax and socialize.                      D) It is not a time to drink alcohol.
19. A) An exchange of cards isn't essential for business introduction.  
B) They should include people's company name only.  
C) It's not necessary to write people's position on cards.  
D) In Japan one must present his card with both hands.

**Questions 20 to 22 are based on the passage you have just heard.**

20. A) It's excellent because they can walk around to buy some gifts.  
B) It's dangerous because the delay may be caused by bad weather.  
C) It's very good because airports have the best international cuisine.  
D) It's upsetting because they have to postpone plans and wait in the airport.
21. A) Have a walk in the peaceful gardens there.  
B) Go to the meditation room at the airport.  
C) Have a rest in the hotels at the airport.  
D) Go to fitness centers there to do exercises.
22. A) They want to buy perfume and diamonds.  
B) They want to buy the antique knives.  
C) They want to visit the airport gallery.  
D) They want to see the beautiful scenery there.

**Questions 23 to 25 are based on the passage you have just heard.**

23. A) Paperboy.    B) Teacher at University of Iowa.  
C) Baseball coach.    D) Marriage counselor.

24. A) Talking with joggers. B) Getting up early.  
C) Having short working hours. D) Traveling around the world.
25. A) The speaker is well-educated.  
B) The speaker earns very low salary.  
C) The speaker envies those working in an office.  
D) The speaker isn't content with his present life.

### Test 3

#### Section A

**Directions:** *In this section, you will hear three news reports. At the end of each news report, you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 1 and 2 are based on the news report you have just heard.**

1. A) 4.3 percent or more. B) 4.3 percent.  
C) 3.4 percent or more. D) 3.4 percent.
2. A) A slight improvement in world economic growth.  
B) A slight decrease in world economic growth.  
C) An abrupt decrease in world economic growth.  
D) An abrupt improvement in world economic growth.

**Questions 3 and 4 are based on the news report you have just heard.**

3. A) An agreement to allow about 7,000 Cuban migrants to continue their journey.  
B) An agreement to forbid about 7,000 Cuban migrants to continue their journey.  
C) An agreement to forbid about 700 Cuban migrants to continue their journey.  
D) An agreement to allow about 700 Cuban migrants to continue their journey.
4. A) December. B) November.  
C) September. D) October.

**Questions 5 to 7 are based on the news report you have just heard.**

5. A) They are the coolest ever recorded. B) They are the warmest ever recorded.  
C) They are the coldest ever recorded. D) They are the hottest ever recorded.
6. A) More than a degree Fahrenheit. B) More than a degree Centigrade.  
C) More than a degree and a half Fahrenheit. D) More than a degree and a half Centigrade.
7. A) Because of the buildup of greenhouse gases in the atmosphere.  
B) Because of the exhausted gas in the atmosphere.  
C) Because of the using of natural resources.  
D) Because of the pollution of the atmosphere.

## Section B

**Directions:** In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.

**Questions 8 to 11 are based on the conversation you have just heard.**

- |  |   |
|--|---|
| 8. A) Friends.   | B) Son and mother.                        |
| C) Husband and wife.   | D) Father and daughter.                   |
| 9. A) She fell in love with skiing.                                | B) She sent the man to the hospital.      |
| C) She broke her arm in snowboarding.                              | D) She got a job in an insurance company. |
| 10. A) Tubing.   | B) Snowboarding.                          |
| C) Skiing.   | D) Boating.                               |
| 11. A) The man forgot to buy the insurance for skiing.             |   |
| B) The man paid a lot of money for the medical costs.              |   |
| C) The man checked the insurance policy before going snowboarding. |   |
| D) The man didn't blame the insurance company.                     |   |

**Questions 12 to 15 are based on the conversation you have just heard.**

- |  |  |
|--|--|
| 12. A) He will write his term paper.     | B) He will pick up his cousin.           |
| C) He will be on duty at the library.    | D) He will attend a music festival.      |
| 13. A) Look after his cousin for a day.  | B) Help him with another term paper.     |
| C) Tutor his cousin about the interview. | D) Accompany his cousin to an interview. |
| 14. A) She loves traveling by car.       | B) She will enjoy the snow scene.        |
| C) She is interested in campus music.    | D) She may enjoy anything on campus.     |
| 15. A) Go to the auditorium.             | B) Play guitar.                          |
| C) Forecast weather.                     | D) Pay money back.                       |

## Section C

**Directions:** In this section, you will hear three short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.

**Questions 16 to 19 are based on the passage you have just heard.**

- |   |   |
|---|---|
| 16. A) It employs more than 50 people.    | B) Its manager Paul Cartson is a tailor.  |
| C) It produces high-quality men's shirts. | D) It is known for selling by mail order. |



**Questions 1 and 2 are based on the news report you have just heard.**

1. A) To steal a political banner. B) To have a visit.  
C) To study in Korea. D) To remove a political slogan.
2. A) \$10,000. B) A used car worth \$10,000.  
C) \$200,000. D) A new car worth 200,000.

**Questions 3 and 4 are based on the news report you have just heard.**

3. A) Spain. B) Colombia.  
C) Brazil. D) Scotland.
4. A) The newly born babies. B) The pregnant women.  
C) The old man. D) The children.

**Questions 5 to 7 are based on the news report you have just heard.**

5. A) Men from other countries. B) Men migrants.  
C) Women from the Middle East. D) Women immigrants.
6. A) They cannot find a job.  
B) They will stay at home forever.  
C) They may be socially isolated.  
D) They may be looked down upon by the British.
7. A) They can adapt to the British way of life.  
B) They are more likely to be radicalized.  
C) They find it difficult to understand their identity.  
D) It is easier for them to be affected by the extremist message.

**Section B**

**Directions:** *In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 8 to 11 are based on the conversation you have just heard.**

8. A) One of his classes finished early.  
B) He wanted to get some studying done.  
C) The library had a special display on the Industrial Revolution.  
D) His books were ten days overdue.
9. A) Checked them out. B) Took notes on them.  
C) Returned them to the shelves. D) Put them in his book bag.
10. A) Because he thought it was an accident.  
B) Because he thought the man was a victim.  
C) Because he was in a hurry.

- D) Because he thought the man was trying to steal the books.
11. A) They are marked with colored labels. B) They are especially coded.  
C) They are checked out. D) They are inspected by the guard.

**Questions 12 to 15 are based on the conversation you have just heard.**

12. A) Because her parents love her very much.  
B) Because her parents never force her to do anything she doesn't want to do.  
C) Because she is allowed to have her career.  
D) Because she has too much freedom.
13. A) She didn't need her parents' money any more.  
B) She begins to get on well with her parents.  
C) She always stayed with her parents.  
D) She rented a government house and lived alone.
14. A) They allowed him to come to England immediately.  
B) They thought he should go abroad as a child.  
C) They were reluctant until their son persuaded them.  
D) They tried to control his English study.
15. A) The two speakers are from different countries.  
B) The man gets along very well with his parents.  
C) British parents never interfere with their children.  
D) The man doesn't like his parents at all.

## Section C

**Directions:** In this section, you will hear three short passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.

**Questions 16 to 18 are based on the passage you have just heard.**

16. A) The importance of advertisement. B) The society's great need of advertisement.  
C) The origin of advertisement. D) The prosperity of advertisement.
17. A) The local governments. B) Their owner's families.  
C) Advertisements. D) The audience.
18. A) Advertising is personal. B) Advertisements are convincing.  
C) Advertisements are unreliable. D) Advertisements are misleading.

**Questions 19 to 21 are based on the passage you have just heard.**

19. A) They share certain traditional customs. B) They share certain travel places.  
C) They share certain traditional foods. D) They share the traditional music.
20. A) They will exchange rings. B) They will exchange presents.

- C) They will exchange promises. D) They will exchange flowers.  
21. A) To hold a reception party. B) To have a big dinner.  
C) To congratulate on the couple. D) To shower the couple with rice.

**Questions 22 to 25 are based on the passage you have just heard.**

22. A) A visit to a prison.  
B) The influence of his father.  
C) A talk with some miserable slaves.  
D) His experience in the war between France and Austria.  
23. A) He sent surgeons to serve in the army.  
B) He provided soldier with medical supplies.  
C) He recruited volunteers to care for the wounded.  
D) He helped to flee the prisoners of war.  
24. A) All men are created equal.  
B) The wounded and dying should be treated for free.  
C) A wounded soldier should surrender before he receives any medical treatment.  
D) A suffering person is entitled to help regardless of race, religion or political beliefs.  
25. A) To honor Swiss heroes who died in the war.  
B) To show Switzerland was neutral.  
C) To pay tribute to Switzerland.  
D) To show gratitude to the Swiss government for its financial support.

## Test 5

### Section A

**Directions:** *In this section, you will hear three news reports. At the end of each news report, you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 1 and 2 are based on the news report you have just heard.**

1. A) It didn't do enough to celebrate the 100th anniversary of WWI.  
B) It showed little respect to other European countries.  
C) It tended to focus on the crimes of WWI.  
D) It tried to deny the crimes committed by the Nazis.  
2. A) Indifferent. B) Opposed. C) Neutral. D) Numb.

**Questions 3 and 4 are based on the news report you have just heard.**

3. A) More people are in poverty now.  
B) A UN climate summit will be held in Paris.