



“十二五”职业教育国家规划教材  
经全国职业教育教材审定委员会审定

总主编 翟象俊 余建中 陈永捷 姜荷梅

# 21世纪实用英语

## 综合教程

本册主编 陈永捷 李志萍 任荣军 STUDENTS' BOOK

# 21st Century Practical College English

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 復旦大學 出版社



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常州大学图书馆  
藏书章

复旦大学出版社

**图书在版编目(CIP)数据**

21 世纪实用英语综合教程. 3/陈永捷,李志萍,任荣军本册主编. —上海:  
复旦大学出版社,2014. 9  
(21 世纪实用英语系列教材/翟象俊,余建中,陈永捷,姜荷梅总主编)  
ISBN 978-7-309-10369-4

I. 2… II. ①陈…②李…③任… III. 英语-高等职业教育-教材 IV. H31

中国版本图书馆 CIP 数据核字(2014)第 034766 号

**21 世纪实用英语综合教程. 3**

陈永捷 李志萍 任荣军 本册主编  
责任编辑/林 森

复旦大学出版社有限公司出版发行  
上海市国权路 579 号 邮编:200433  
网址:fupnet@fudanpress.com <http://www.fudanpress.com>  
门市零售:86-21-65642857 团体订购:86-21-65118853  
外埠邮购:86-21-65109143  
常熟市华顺印刷有限公司

开本 787 × 1092 1/16 印张 19 字数 439 千  
2014 年 9 月第 1 版第 1 次印刷

ISBN 978-7-309-10369-4/H · 2243  
定价: 39.80 元

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## 内 容 提 要

“21 世纪实用英语系列教材”根据《高职高专教育英语课程教学基本要求》以及我国高等职业教育“十二五”规划和建设现代职业教育体系的要求,结合我国高等职业教育人才培养特点和教学改革的最新成果编写而成,突出教学内容的实用性和针对性,将语言基础能力的培养与实际涉外交际能力的训练有机地结合起来,以满足新时代全球化社会经济发展对高职高专人才的要求。

本系列教材包括《综合教程》、《综合练习》、《教学参考书》(含基础级和 1-4 册),以及《视听说教程》(1-4 册)、《视听说教程教学参考书》(1-4 册)、《语法教程》、《翻译教程》、《写作教程》等,并配有 MP3 光盘、音带、多媒体课件、电子教案、网络课程等。本套教材供高职高专院校普通英语教学使用。

本书为《综合教程》第 3 册,共 8 个单元,每个单元均包括听说、读写和实用技能训练三大板块的内容。听说部分围绕每单元的主题,并结合高职高专学生学习生活和毕业后工作实际需要,进行听力与口语方面的专门训练。读写板块包括 Text A (精读), Text B (泛读) 和 Practical Reading (实用阅读),并配有相应的练习。实用技能训练部分根据高职高专教育的特点,提供以提高职业技能和素质为目标的实用训练,包括 Grammar Review, Practical Writing 和 Basic Reading Skills 等内容。

## 《21世纪实用英语》编写人员

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# 前言

“21世纪实用英语系列教材”根据国家教育部高教司颁发的《高职高专教育英语课程教学基本要求》以及我国高等职业教育“十二五”规划和建设现代职业教育体系的要求,在普通高等教育“十一五”国家级规划教材“21世纪大学实用英语系列教材”的基础上,结合我国高等职业教育人才培养特点和教学改革的最新成果,由大学英语界著名专家教授和高职教育领域一线骨干教师精心编写而成,以期能帮助我国高职院校的学生切实有效地提高基础英语水平,增强职业竞争能力。

本系列教材包括《综合教程》、《综合练习》、《教学参考书》(含基础级和1-4册),以及《视听说教程》(1-4册)、《视听说教程教学参考书》(1-4册)、《语法教程》、《翻译教程》、《写作教程》等,并配有MP3光盘、音带、多媒体课件、电子教案、网络课程等。《综合教程》第3册的起点词汇为1000词,基础教程起点词汇为600词,供高职高专院校1—2年级非英语专业学生使用。

《综合教程》每册8个单元,每个单元包括三大板块(听说板块、读写板块和实用板块)和导语。本册中“听说板块”围绕每单元的主题,并结合高职高专学生学习生活和毕业后工作实际需要,对学生进行听力与口语方面的专门训练。“读写板块”由同一题材的两篇文章以及一篇实用阅读材料组成:Text A为精读材料,配有课文前的热身练习和课文后的口语、阅读理解、词汇、结构、翻译等技能训练;Text B为泛读材料;Practical Reading为实用阅读材料,并配有与阅读材料相关的练习。“实用板块”则根据高职高专英语教学的特点,提供以提高职业技能和素质为目标的实用训练,包括语法复习、实用写作和基本阅读技能等内容。为方便教学,实用板块穿插于每一单元中。

《综合练习》每册8个单元,每个单元包括3个部分。第一部分是根据单元主题设置的视频练习。第二部分是根据《综合教程》各个单元中Text A和Text B的内容而设计的相关练习,并配合各单元的主题,增加2—3篇快速阅读短文。第三部分结合高等学校英语应用能力考试(Practical English Test for Colleges)的要求设计练习试题,所有题型均以B级和A级考试大纲和样题为依据。此外,《综合练习》还配有期中、期末考试练习卷各1份,最后还附有1份PRETCO模拟试卷。在编写过程中,编者努力使《综合教程》和《综合练习》各有侧重,但相互之间又紧密配合,形成一个有机的整体。

《教学参考书》每册8个单元,每个单元根据《综合教程》的相关内容配以教法推荐、背景知识、课文译文、课文逐段详解和相应例句(全部例句均配中文译文)以及练习答案。另外还附有《综合练习》中的练习答案和录音原文。

《21世纪实用英语》吸取了现行国内外同类教材的优点,以我国高等职业教育人才培养特点和教学改革的最新成果为依据,突出教学内容的实用性和针对性,将语言基础能力与实际涉外交际能力的培养有机地结合起来,以满足新时代全球化社会经济发展对高职人才的要求。具体说来,本套教材具有以下几个特点:

1. 注重培养听说能力。本教材根据高职教育英语教学内容和课程体系改革的要求,与时俱进,以“听、说”为重点,将听、说题材与课文主题保持一致,把听、说、读、写、译的技能训练有机地结合起来,使学生的听、说训练贯穿于课程教学的始终。

2. 着眼于提高学生的职业技能和素质。本教材根据高职教育英语教学的特点,提供相关的实用训练,力求使学生通过切合实际的学习过程打下一定的基础,在日常或涉外工作时能更加熟练地掌握和使用英语。

3. 选材广泛,注重“跨文化”知识的教学。本教材注重选材内容的趣味性、信息性和实用性,语言的规范性和文体的多样性,不仅重视英语语言基础知识和基本技能的训练,还同时注意将文化内容与语言材料相融合,介绍西方文化背景。

4. 强调教学的整体性。本教材将听、说内容与读、写内容相结合,将精读、泛读和实用阅读融为一体,把听、说、读、写、译5种技能的训练和培养围绕着同一主题展开,形成一个有机的整体。

5. 将“教、学、练、考”融为一体。除了与课文内容相关的练习和期中、期末练习试卷以外,本教材还配有专门针对高等学校英语应用能力考试的习题和题解,以期让学生在巩固所学内容的同时,能够适应各种英语能力考试。

6. 拓展教学时空,实现教材的立体化。本教材包括配套的MP3光盘、音带、多媒体学习课件、电子教案及网络课程等,以期充分利用多媒体和网络化现代教学手段,立体、互动地引导学生开发各种学习潜能。

“21世纪实用英语系列教材”的主干教材由复旦大学、上海交通大学、上海商学院等高校的翟象俊、余建中、陈永捷、梁正溜、姜荷梅等教授主编。上海及其他省市多所高等院校的资深专家共同参加了编写工作。

# 使用说明

本书为“21世纪实用英语系列教材”《综合教程》第3册。全书共8个单元,供一学期使用。每一单元包括内容简介(Preview)、听说(Listening and Speaking)、读写(Reading and Writing)3个部分。

内容简介用简单易懂的语言对整个单元作总体介绍,以使学生对面临的学习任务有所了解。

听说部分共设10个练习。练习一的主要内容是一篇口语体的短文,要求学生边听短文边做听写填空练习。练习二则要求教师与学生共同总结短文内容和相关表达方式,然后让学生用所学的词汇和句型进行口头表述。练习三为两段二人或多人会话,要求学生先做听写填空练习,然后根据会话内容回答问题。练习四主要是给学生创造一个活用所学内容的机会。上述4个练习一般须在课堂内完成。练习五至练习十是为了让学生巩固以上所学内容而设的,可以由学生通过自主学习在课外完成,但是教师可以请部分学生在下一单元开始前就练习十的内容进行演讲。

读写部分的内容比较广泛,共配有两篇课文、一篇实用阅读材料和相关练习及其他实用练习。

**Text A** 为精读材料。教师在教学过程中,应该充分利用课文前的 Starter。该练习能够起到引入课文、活跃气氛、启发思想的作用。本书 Text A 和 Text B 后的生词表将单词、词组和专有名词分别列出,这两篇课文后还分别有 Notes on the Text,这主要是为了方便教学,同时也方便学生预习或自习。配合 Text A 的练习共包括 Reading Aloud, Understanding the Text, Reading Analysis, Vocabulary, Structure, Translation 等项。

**Reading Aloud** 练习选择部分课文段落供学生朗读、背诵。

**Understanding the Text** 主要采用问答形式,该练习可以作为学生预习课文的思考题,也可结合课文讲解进行。

**Reading Analysis** 主要使用表格归纳、解析课文的结构和段落大意。教师可以在讲解课文前后根据学生的预习情况让学生当场完成分析任务。当然,教师也可以把本练习作为回家作业,让学生课后完成。

**Vocabulary** 练习主要针对课文中出现的常用词和词组,帮助学生掌握它们的用法。教学大纲以外的词和词组一般不出现在这一练习中。

**Structure** 选取课文中最为有用的英语句子结构或表达方式,教师应该在课堂上通过诸如句型转换、完成句子、翻译、造句等形式,让学生切实学会使用它们。

**Translation** 包括汉译英和英译汉两部分,一般可以作为学生的回家作业。翻译练习的主要目的是让学生将课文中的词语和表达方式准确地应用到句子中去,并循序渐进地掌握基本的翻译技能。



**Grammar Review** 以系统复习英语语法为主，练习重点放在学生容易混淆、容易出错的语法现象上。教师可以在课堂上花适当时间讲解这部分内容，或者根据学生的具体情况掠过语法复习。

**Practical Writing** 是根据学生今后工作需要而编写的实用写作训练，内容较多，其中的大部分练习应该由学生在课后完成。教师除了定期抽查学生的写作练习外，还应该在课堂上多讲一些范文或实例，以帮助学生学习写作要点。

**Text B** 为泛读材料，其阅读理解和词汇等练习需要在课堂上处理。

**Practical Reading** 为实用阅读材料，并配有相关练习，可以让学生在课外完成。

**Basic Reading Skills** 是每个单元的最后一项内容，主要讲解一些基本的英语阅读技能并配有相应的练习。

一般来说，课堂上处理本书一个单元应花 8 节课时间，具体做法可参见教师用书的相关部分。

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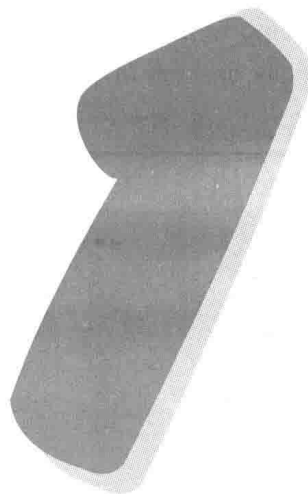
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# UNIT



## Preview

*This is the first unit of Book Three. In the Listening and Speaking section, you will learn how to use attitude words and phrases and will do some practical exercises. In the Reading and Writing section, the writers bring forward a topic very important to our lives — our attitude. As the writer of Text A tells us through a story about his friend Jerry, attitude is more important than anything else. Text B contains a list of four characteristics about happy and positive people. Practical Reading provides a bunch of notices.*

## Listening & Speaking

### Attitude Words and Phrases

- 1** You are going to listen to an instructor talking about attitude words and phrases. Listen carefully and fill in the blanks with the missing words.

**Instructor:** An attitude, \_\_\_\_\_, is a judgment (判断) or opinion toward a fact or state. There are many attitude words and phrases \_\_\_\_\_. Nine times out of



ten, an attitude word or phrase is placed \_\_\_\_\_ of a sentence. There, it reflects \_\_\_\_\_ to what follows.

You are free to \_\_\_\_\_ toward a particular event. \_\_\_\_\_, your accurate (准确的) use of an attitude word or phrase indicates (表明) your proper expression of \_\_\_\_\_. If you want to say \_\_\_\_\_, you

can say **personally**, **in my opinion**, **from my point of view**, or **if I may say so**. If you want to say \_\_\_\_\_, you can say **to be frank** (坦率的), **frankly**, **to be honest**, **honestly**, or **to tell the truth**. If you want to say \_\_\_\_\_, you can say **to be precise** (精确的).

- 2** Familiarize yourself with more attitude words and phrases. After that, raise questions on different subjects and topics and encourage the class to voice their attitudes or opinions using appropriate attitude words or phrases.

- |                        |                         |                             |
|------------------------|-------------------------|-----------------------------|
| 1. Of course, ...      | 7. Obviously, ...       | 13. Ideally, ...            |
| 2. To my surprise, ... | 8. Apparently, ...      | 14. Generally speaking, ... |
| 3. Perhaps, ...        | 9. Technically, ...     | 15. Strictly speaking, ...  |
| 4. Naturally, ...      | 10. Confidentially, ... | 16. Roughly speaking, ...   |
| 5. Surely, ...         | 11. Undoubtedly, ...    | 17. In theory, ...          |
| 6. Actually, ...       | 12. Presumably, ...     | 18. In practice, ...        |

### Using Attitude Words and Phrases

### 3

Before you listen to the upcoming conversation, read the following words and expressions which may be new to you.

cinematography /ˌsɪnəmə'tɒɡrəfi/ n.	电影摄影	gorgeous /'ɡɔ:dʒəs/ a.	绚丽的
terrific /tə'rifɪk/ a.	[口]极好的	I am with you.	= I agree with you.
setting /'setɪŋ/ n.	布景; 场景	strike /straɪk/ vt.	给...以深刻印象
superb /sju'pɜ:b/ a.	[口]极好的	overdo /ˌəʊvə'du:/ vt.	对...作过火表演

Listen to the following conversation twice and fill in the blanks with the missing words.

**Wang Ying:** That was great!

**Li Ming:** Yes, the cinematography was \_\_\_\_\_!

**Wang Ying:** Personally, I think the settings were superb — \_\_\_\_\_.

**Li Ming:** \_\_\_\_\_. What do you think of the acting?

**Wang Ying:** Naturally, I was very struck with Zhang Ziyi.

**Li Ming:** She's a good actress. \_\_\_\_\_, she's my favorite movie star.

**Wang Ying:** How about Wang Dandan?

**Li Ming:** \_\_\_\_\_, she didn't seem natural.

**Wang Ying:** No question, she \_\_\_\_\_.

**Li Ming:** How do you feel about the story?

**Wang Ying:** \_\_\_\_\_, it didn't tell us much.

**Li Ming:** But \_\_\_\_\_ was good.

Now listen to the above conversation again and answer the following questions.

1. What were they talking about?
2. Is there anything particular about the movie they were talking about?
3. What did Wang Ying say about Zhang Ziyi?
4. What did Wang Ying say about Wang Dandan?
5. What did Wang Ying say about the story?

### Follow-up Practice

#### 4

Read the following words and expressions which may be new to you.

sensible /'sensəbl/ a.	明智的
irrelevant /ɪ'reləvənt/ a.	不相关的; 无意义的
paper qualifications	(学历、学位) 证书
plus /plʌs/ conj.	而且
as far as I remember	据我记得
on earth	究竟, 到底
live on	靠... 什么生活
awful /'ɔ:fʊl/ a.	可怕的, 糟糕的

Read the following informal letter silently while listening to the recording.

*My dear Francesca,*

*Thank you very much for your letter. Surely, it makes an old uncle very happy to know that his niece is interested in what he thinks about her ideas and plans. To my surprise, you are thinking of leaving home. Frankly, I must say that I think it would be a very unwise thing to do.*

*Fran, I know that you are a very sensible girl. I also know that, quite properly, your parents have brought you up to think for yourself. In your 'open' family you will have heard all the arguments for and against this sort of thing many times and, of course, you won't be interested in hearing them again, least of all from me. Nevertheless, I really must say something: what you are thinking of doing could make you (and everyone else) very unhappy.*

*You say that you find school boring, and that what you do there is irrelevant. Quite likely I agree with you, but obviously, if you want to do **anything** with the rest of your life, you have got to keep going just a little bit longer — at least until you've got some paper qualifications. Without them you won't be able to do much at all. Undoubtedly, you will have thought about these things, but I wonder if you have considered how serious they really are.*

*Plus, to my surprise, you say that you're going to live with your boyfriend in London! As far as I remember, he hasn't even got a job, has he? What on earth are you going to live on? Seriously, just **think** about it — you're a bright, intelligent girl. You and I really need to have a serious talk together.*

*So, Fran, please come and see me before you finally decide. If anything awful ever happened to you, I'd never forgive myself.*

*Fondest love, as ever,  
Uncle Patrick*

**5** Read aloud the above letter in class. Pretend you are either the niece or her uncle and get ready to answer questions from the class. Then dramatize the situation in class.

**6**

Read the following words and expressions which may be new to you.

Lujiazui CBD	= Lujiazui Central Business District 上海浦东陆家嘴金融开发区
Jinmao Building	金茂大厦(位于上海浦东金融开发区)
YAMAHA	雅马哈(日本著名品牌)
BBQ	= barbeque 烤肉野餐
terrace /'terəs/ n.	露台, 大阳台
sublet /'sʌb'let/ v.	分租

Pretend you are a businessman who is looking for an apartment. Read the following advertisement for information.

**LUJIAZUI CBD,**

**3 Apartments for Rent**

10 min walk to JINMAO Building, fully furnished  
167 sqm, 141 sqm and 123 sqm, 3 bedrooms,  
2 bathrooms, dining room, living room, office,  
kitchen (European standard),  
one apartment all rooms with floorheating,  
50" TV, YAMAHA home cinema,  
65 sqm or 50 sqm garden with BBQ terrace.  
Health club free, car park available.  
Cleaning and service included.  
Pls call: 86-21-87654321

Ask three questions over the phone for more information (write down your questions if necessary).

Question 1 about the monthly rent:

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Question 2 about the distance to the nearest subway station:

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Question 3 about the possibility of subletting:

Act out the above short conversation in class.

## 7

Read the following words which may be new to you.

ad /æd/ n.	= advertisement 广告
utility /ju:'tɪlətɪ/ n.	(水、电、煤气等)公用事业
deposit /dɪ'pɒzɪt/ n.	押金

Listen twice to the taped conversation below between a student and a landlady whose role you are supposed to play. First, put down your answers to the student's questions during the timed pauses. Second, speak your answers out loud.

- Li Ming:** Hello, I'm calling about the ad for the one-bedroom apartment. Is the apartment still available?
- Landlady:** Yes, it is. Do you want to take a look?
- Li Ming:** I'd like to. But how much is the rent?
- Landlady:** \_\_\_\_\_
- Li Ming:** Does that include utilities?
- Landlady:** \_\_\_\_\_
- Li Ming:** How about the deposit?
- Landlady:** \_\_\_\_\_
- Li Ming:** Is it convenient for shopping?
- Landlady:** \_\_\_\_\_
- Li Ming:** Can I take a look at the place today?
- Landlady:** Anytime.

Act out the above conversation in class.

## 8

Listen and, during the timed pauses, translate orally into English the Chinese sentences in each of the following three short conversations.

1. **A Female Voice:** Uh, listen, I was wondering if you could help me. Do you happen to know where there's a good place to buy art supplies?