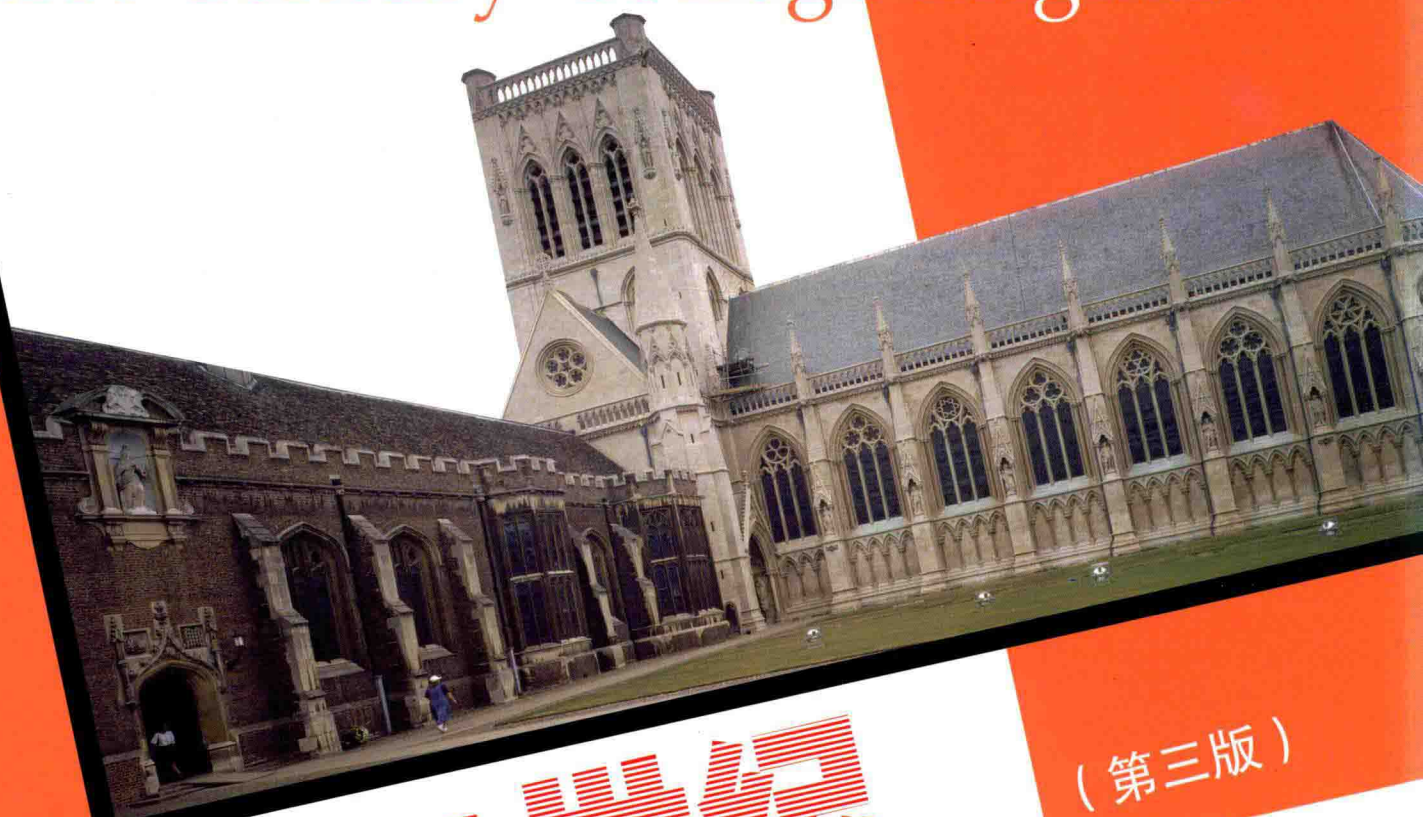




“十二五”普通高等教育本科国家级规划教材

21st Century College English



(第三版)

21世纪

大学英语

练习册 4

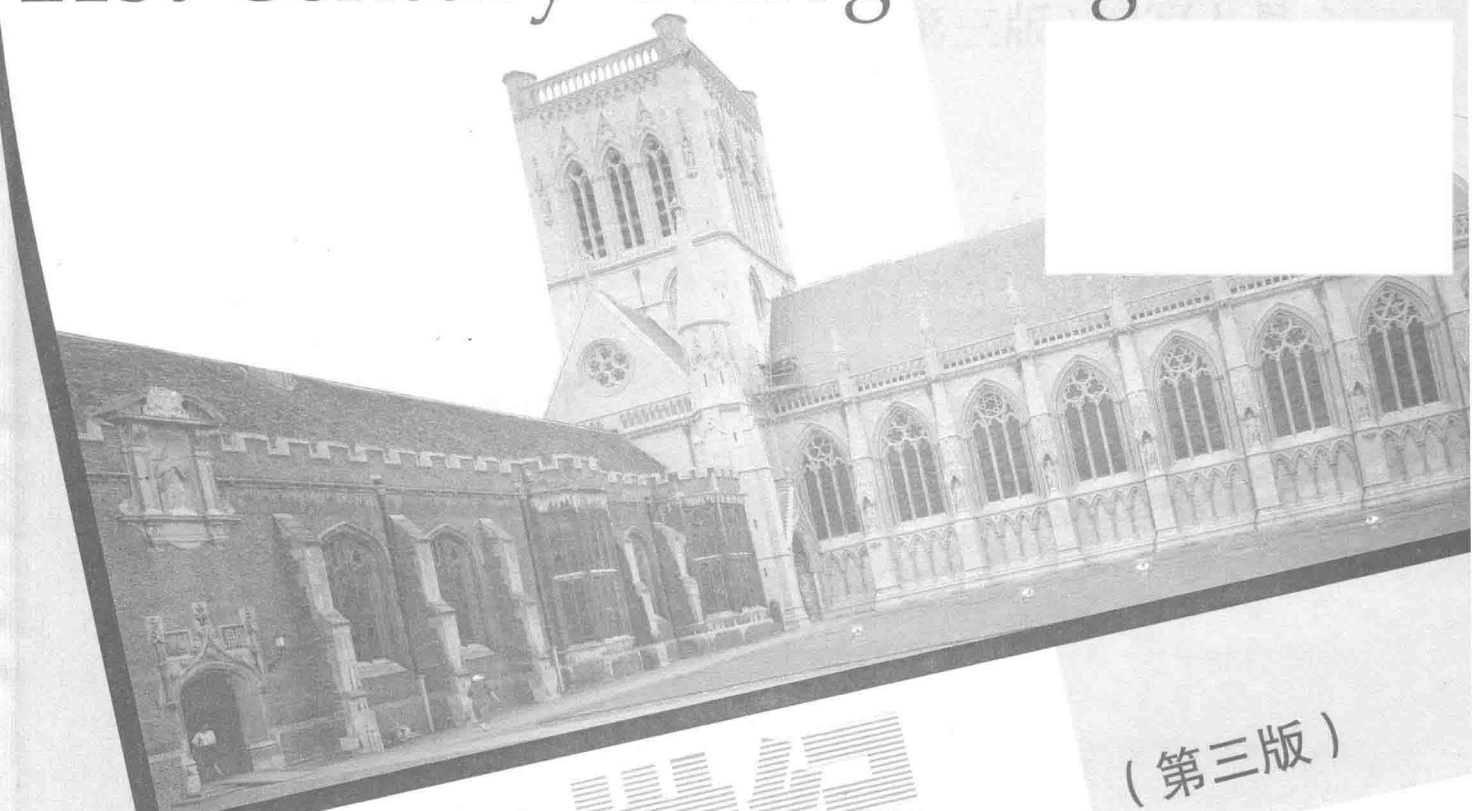
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第三版前言

《21世纪大学英语》自1999年正式出版以来,受到全国广大师生的欢迎和认可,大家普遍认为这套教材紧扣《大纲》要求,重视语言质量,有利于学生打好语言基础,而且符合中国英语教学的特点和需求,具有很强的信息性、趣味性、可思性和实用性,为课堂教学提供了丰富的素材,使教师有充分的发挥余地。不少师生称赞这套教材选文题材丰富,富有时代气息、人文精神和开放意识,满足了学生对多元文化和各门类信息的需求,且在结构编排上有许多创新之处。老师、同学们的称赞和认可是对我们编者的最大鼓舞和激励,我们表示由衷的感谢。

几年来,我们也不时听到一些师生对这套教材的缺点和不足提出的批评及对修订本教材提出的建议。这些批评和建议都很中肯、很富建设性。值此大学英语教改进入新阶段之际,我们根据教育部颁发的新《课程要求》,结合广大师生的建议,拟从以下几方面对《21世纪大学英语》进行了第二次修订:

1. 鉴于新《课程要求》突出了对听说技能的培养要求,我们已新推出一套《全新版21世纪大学英语视听说教程》(基础级和1—4册)及相关教参,由复旦大学资深教师分册负责编写;《视听说教程》各单元的主题与《读写教程》相关但又自成体系,与整套教材相辅相成。

2. 鉴于新《课程要求》强调了阅读(包括快速阅读)技能的培养要求,我们已请复旦大学资深教授、《21世纪大学英语》主编之一张增健先生新编一套《全新版快速阅读教程》1—4册,其选材内容在主题上亦与《读写教程》一致,作为整套教材的一部分。

3. 根据广大师生的建议,我们将《读写教程》由原来的每册10个单元减为每册8个单元,按课文的难易度对前后顺序适当作一些调整,更换一些内容已显过时的课文,每册更换课文6—8篇,对课文后的练习作一些改动,在课文B后增加两项词汇练习,每个单元后增加一些格言、谚语、小幽默或诗歌等,并从第三册起在课后练习中新增段落翻译。此次修订替换内容达30%以上。

4. 根据广大教师的要求,我们大大充实了《教师用书》教案部分中的背景材料和语言点方面的内容,为教师的教学提供更多的方便,同时对课文的参考译文也作了较大的修改。

希望我们的修订能使教师们教起来更方便、更顺手,使同学们学起来更轻松、更愉快。同时,也希望教师们和同学们能一如既往,不断地对我们的教材提出批评建议,以便几年后再修订时能让我们做得更好。

编者

2014年5月

使用说明

本练习册(第三版)是《21 世纪大学英语〈读写教程〉》的配套书,供修大学英语课程的学生使用。

本册共有 8 个单元。每单元均由 4 部分组成:第一部分为《21 世纪大学英语〈读写教程〉》Text A 的配套练习;第二部分为 Text B 的配套练习,新增 CET 六级考试中的段落翻译模式;第三部分为快速阅读训练;第四部分为最新 CET 六级听力练习。

第一部分包括以下 8 类练习:1. 拼写与词义;2. 构词;3. 介词与副词的用法;4. 短语动词;5. 改错;6. 容易混淆的词;7. 短语与词组翻译;8. 完形填空。其中第三与第四类及第五与第六类隔单元交替出现,即第一、三、五、七单元出现介词与副词的用法和容易混淆的词两类练习,第二、四、六、八单元出现短语动词和改错两类练习。

第二部分主要包括以下 3 类练习:1. 段落翻译(汉译英);2. 单词填空;3. 词组填空。

第三部分包括 3 篇各 300 词左右的短文,每篇后面均有阅读理解题。短文内容跟《读写教程》课文相关,以增加《读写教程》所含词的重现率并方便学生复习、巩固《读写教程》中所学的内容。书后所附 Rate Graph 与 Comprehension Graph 供学生记录自己的快速阅读情况时用。Rate Graph 中的 wpm(每分钟阅读词数)指以每篇阅读材料为 300 词计算,学生用去表左所列时间完成阅读任务时相应的每分钟阅读量。

第四部分包括:1. Short conversations;2. Passages;3. Spot dictation。旨在训练学生进一步了解 CET-4 考试听力题型,加强听力能力的训练。

本《练习册》(第三版)内容不是《读写教程》中已有练习的简单重复。《读写教程》因为容量所限,不可能将所有必要的练习都包含进去。本册编者与《读写教程》诸编者反复考虑后,确定了分别进入《读写教程》及本《练习册》的内容和练习形式。使用《21 世纪大学英语》系列教材的教师可根据学生的具体情况,使用本练习册中的全部或部分内容。

本练习册由美籍专家 Sherill Pociacha 审阅。

编者

2014 年 8 月

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UNIT 1

Part I Exercises for Text A

I. Fill in the following blanks with the words given below. Change the forms where necessary.

carve	characteristic	chat	cite	compose	contemporary
intrinsic	magnet	morale	obsession	submit	thrust

- Many of the suggestions that John _____ have been accepted by the board of directors.
- He took a square of wood and quickly _____ it into the shape of a duck.
- A couple of victories at the beginning of the Olympic Games raised the team's _____ enormously.
- New York acted as a _____ for many single persons who hoped to improve their fortunes by moving into the city in search of work and a more comfortable home.
- Wise and loving training will help the growing child to develop _____ which are beneficial to society and helpful to the child's development.
- Most individuals want to do jobs well because of the _____ satisfaction from doing them.
- Under the influence of the finest wine, Arthur was soon _____ happily to anyone who would listen.
- The Spanish Civil War has long been a(n) _____ of Spanish writers, and many hundreds of novels use the war and its causes and effects as central themes.
- Mr. Whidden _____ the US Environmental Protection Agency report as support for his view that passive smoking causes deaths from lung cancer in non-smokers.
- Mental images can substitute for the real thing, allowing a person to plan how to paint a picture, _____ a song and so on.
- Barbara approached the door, knocked, and when forbidden to enter, she _____ open the door in anger.
- The Museum of Photographic Arts in Balboa Park houses both _____ and historic photo exhibits.

II. Complete the following sentences with the words and phrases in the brackets. Change the forms where necessary.

- Although Mrs. Bloggs is ill-treated by her husband, she _____. (put up with, on account of)
- A superior quality of teaching _____. (build upon)
- The marketing department is trying hard to _____. (come up with)
- A good public speaker and organiser, Mr. Lee _____. (endow with, extraordinary)
- Their study does not include the whole field of psychology, but _____. (focus on, phenomenon)
- It's too bad that many people who _____ and wanted to have their money back. (go

through, program, get nowhere)

7. There has been some anxiety that our company _____. (leave behind, technological developments)
8. There are countless books on leadership but they don't mean a lot _____. (until, take charge)

III. Complete each of the following sentences with the proper form of the word given in the brackets.

1. (efficient) A firm's success depends on its workers' _____.
2. (frequent) A rise in sea surface temperature will lead to an increase in the _____ of tropical hurricanes.
3. (influence) The first inventors in the history of mankind were indeed _____, and we are still in their debt today.
4. (sufficient) In recent years the UK has moved from being heavily reliant on oil imports to self _____.
5. (fluent) Professor Karl grew up in Germany and no wonder he has great _____ in German.
6. (bold) Einstein's theory of relativity was praised by fellow scientists for the _____ and directness of the thought.
7. (tend) People have a natural _____ to flee to the mountains when things get tough.
8. (normal) The first stage in the plant's lifecycle is a period of very fast or _____ growth.

IV. Fill in each of the blanks in the following sentences with a proper preposition or adverb.

1. The writing has an intelligence and humour which means that it rises _____ the level of most romantic fiction.
2. "It's a hopeless case, isn't it?" "_____ the contrary, I have just found the solution we were searching for."
3. Although there was a lot more to say, Matthew refrained _____ further questions.
4. Rebecca's parents didn't allow her to dance any more because her passion _____ dancing was interfering with her schoolwork.
5. His poetry made an invaluable contribution _____ the literature of the 20th century.
6. Amanda was endowed _____ a beauty that most women dream of.
7. Jennifer confided _____ me that she was intending to leave her husband and return to work.
8. To tell you the truth, I'm happy that Mary has got the promotion. There has never been any jealousy _____ my part.
9. If you persist _____ causing trouble, the company may be forced to dismiss you.

V. There are four pairs of words below that are easily misused. Fill in the brackets in Column A with these words with the help of the corresponding definitions given in Column B. Then fill in the blanks below with these words in their proper forms.

physical
generousmental
meanintrinsic
professionalextrinsic
amateur**A****B**

1. () of or concerning the body
- () of or concerning the mind
2. () belonging to the real nature of a thing; inherent
- () existing outside the person or situation it affects; not inherent
3. () showing readiness to give money, help, kindness, etc.
- () unwilling to spend any money or share what you have with other people
4. () engaged in an occupation as a means of earning a livelihood
- () engaged in a pursuit as a pastime rather than a profession

1. Benjamin was a keen _____ photographer for many years before he turned professional.
2. _____ strength is measured by what we can carry; spiritual strength by what we can bear.
3. Though he is wealthier than all of us, he is far too _____ to buy anyone a Christmas present.
4. Nowadays there are fewer _____ pressures to get married.
5. I always felt that my greatest asset was not my physical ability, it was my _____ ability.
6. The hospital was built with the help of a _____ donation from a wealthy businessman.
7. Jewelry is a collective term for objects of personal adornment, prized both for their craftsmanship and for the _____ value of their precious materials.
8. A university or college education helps men and women enjoy richer, more meaningful lives. It prepares many people for _____ careers as doctors, engineers, lawyers, or teachers.

VI. Translate the following phrases into English.

1. 没有受过多少正规教育
2. 在历史上为自己留下英名
3. 对人类文明作出永久性的贡献
4. 把有关伟人的历史知识与最近的发现结合起来
5. 创作出流芳百世的交响乐
6. 提出一些共同的特点
7. 天生具有某种超常非凡的东西
8. 当自己国家的士气处于最低点时
9. 由智商测验测定的天生智力
10. 费了好大的劲才当选
11. 有更好的机会获得承认
12. 将他的数学知识运用到对行星运动的观察中
13. 忍受所有的挫折和障碍
14. 不为成名的欲望所驱使

15. 对自己的工作发自内心的酷爱
16. 由专业作家组成的评判小组

VII. Fill in each of the following blanks with one word. You are expected to use the exact word that appears in your textbook.

If great achievers (1) _____ anything, said Simonton, it is an unrelenting (2) _____ to succeed. "There's a (3) _____ to think that they are (4) _____ with something super- (5) _____," he explained. "But what comes (6) _____ of the research is that there are great people (7) _____ have no amazing intellectual processes. It's a difference in (8) _____. Greatness is built upon (9) _____ amounts of study, practice and (10) _____."

Part II Exercises for Text B

I. Translate the following paragraph into English.

上海国际航运中心洋山深水港区于2005年12月10日正式开港, 连接洋山港和陆地的东海大桥也同日开通。洋山港是全球唯一建在外海岛屿上的集装箱码头, 也是我国港口建设史上规模最大、建设周期最长的工程。它是由国务院批准的我国首个保税港, 因此对上海乃至区域经济的发展, 都可能带来非同一般港口的影响力。建设上海国际航运中心洋山深水港区, 对我国积极参与国际经济竞争、提高国家综合竞争力具有重大意义。

II. Fill in the blanks with the words given below. Change the forms where necessary.

attainable	console	convey	dignify	eloquent	fake
glory	project	scandal	spark	straightforward	toil

- Learning under Professor Lee's direction is an enjoyment. He always provides clear, _____ instructions that make complete sense to me.
- Finding it hard to _____ his feelings in words, Mike sent the girl a bunch of flowers.
- However hard they tried, the crying child was simply not to be _____.
- Modern machines like combine (联合收割机) have freed the farmers a lot from the _____ in the field.
- The hero and the coward both feel the same thing, but the hero uses his fear, _____ it onto his opponent, while the coward runs away.
- Soldiers were encouraged to fight for the _____ of their country.
- The _____ has dimmed the prospect of the president's reelection.
- He has all sorts of ambitions, yet none of them seems quite _____.
- Give a stranger one of your smiles. It might be the only sunshine he sees all day. Please remember that a(n) _____ of kindness starts a fire of love.
- After his arrest, the young artist admitted to _____ famous paintings and selling them around the world.
- Do you agree that a good leader must be a(n) _____ speaker?

12. Even in shabby clothes the old man looked quite _____.

III. Complete the following sentences with the expressions given below. Change the forms where necessary.

appeal to	appear on the scene	cut through	in short	make sense
pass for	shake up	tend to	to good effect	within sb.'s grasp

1. We need to find some science books in simple English for the children, something _____.
2. This piece of cloth is so soft and smooth that it could _____ silk.
3. The new manager will take steps to _____ the company _____.
4. When the computer first _____, people didn't expect that it would change their lives so greatly.
5. Employees _____ live up to their manager's expectations of them. If a manager's expectations are high, productivity is likely to be excellent.
6. Music has been used _____ in relieving the patients' tension during dental (牙科的) treatment.
7. Unless you can _____ all those formalities, you'll have to wait for the passport.
8. Instead of trying to _____ feelings and emotions as traditional advertisers usually do, digital marketing should _____ reason and logic.
9. The beef was not well done; the soup was cold and tasted awful. _____, I had a terrible meal.
10. I would rather think of life as a good book. The further you get into it, the more it begins to come together and _____.

Part III Reading Comprehension

Section A

In this section, there are two passages followed by some multiple-choice questions. Read the first passage as quickly as possible and mark the time you spent in the Rate Graph provided at the back of the workbook. Then do the multiple-choice questions and check your answer against the key. After you are done with the questions, mark your comprehension rate in the Comprehension Graph. Do the second passage in the same way.

Passage 1

The leadership puzzle has been hashed around (反复地长期讨论) for decades.

Their abilities have been compared to orchestra conductors who can bring together a variety of sounds and instruments to create a united song.

They've been compared to coaches who have the ability to orchestrate (精心组织) a group of people in joint strategy without being an actual player in the game.

The theories, though important, create a mystique and complexity around leadership that make it difficult to see some basic fundamentals.

These basics are not highly complex.

The highest level of leadership is gained when “followership” can be generated without force, assigned authority or positional status. True following is produced by people who want to engage — not because they have to, are conforming to the rules at hand, or seek to please the leader.

When people are following because they “have to,” they are not acting of their own free will, but are conforming out of fear or threat.

True leadership understands that people need to own their actions and decisions and follow because they want to.

A major factor that impedes (阻碍) many leaders is the ability to get their ego in check (抑制自我).

Leaders who have perspective on their value don't need to be more important than anybody else. They are not concerned about their status or visibility.

Their focus is on their ability to collectively bring people together and create mass movement and action to resolve issues.

These leaders have given up their need to be “right” or “on top,” and they understand that no one knows better than those performing the work how best to address the problems that emerge in that process.

Well-tuned leadership demonstrates the graceful *balance* between providing overview and perspective without interfering with the initiative taken by the team.

Balance enables leaders to stay focused on leading the processes by which the team operates, solves problems and generates new directions without getting in and providing all the answers.

These leaders understand that people on their team manage and solve complex problems every day in their lives and in their work. They treat the team with integrity and belief that everyone has what it takes to find the way. These leaders bring out the best in people because they ask everyone to stretch to see the implausible.

(381 words)

1. According to the writer, the theories about leadership _____.
 - A) are too complex to understand
 - B) provide important answers to the leadership puzzle
 - C) have complicated a simple issue
 - D) are of no help to the understanding of leadership
2. A good leader must be able to _____.
 - A) be engaged in recreational activities
 - B) bring people together for a common goal
 - C) solve complex problems for the people
 - D) ensure his status among the people
3. According to the passage, the hardest thing for many leaders to do is to _____.
 - A) create mass movement and action
 - B) give up their need to be “right” or “on top”

- C) allow people to take the initiative
 D) keep from getting in the way of his team
4. Why is “balance” important to good leaders?
 A) Because it enables the leaders to be fair to everybody.
 B) Because it generates new directions in the team’s actions.
 C) Because it helps leaders see what they should do and what they should not.
 D) Because it makes the originally very complex problems simple and easy for them to solve.
5. Which of the following may serve as a proper title for this passage?
 A) Leadership: A Puzzle for Decades. B) General Theories of Leadership.
 C) True Leadership. D) Leaders and Their Social Status.

Passage 2

Whether leaders are born or made has been a subject of intense debate almost since the beginning of time. But, with current management theory indicating that “we are all leaders now,” the issue is assuming ever greater importance.

In *The Leadership Gene*, Cyril Levicki makes a telling contribution without really coming down on one side or the other. Although he leans towards the “born” rather than “made” school, he comes up with a sort of compromise based on the premise that “leaders need to be born with a set of genetic characteristics which create the raw materials from which leadership may be nurtured.”

Adopting the biological terminology that has become fashionable in the management world, he adds that “if the gene of leadership is housed within the leader at birth, the chromosomes (染色体) form the threads of the leader’s development as a child and during the early evolution of their psyche (自我).” The gene is only the starting point, “the vital progenitor (祖先) of many ingredients that have to be in place before the creation of a quality leader is completed.”

Mr. Levicki, a former academic and consultant, identifies seven chromosomes — youthful energy, courageous circumspection, winning ways, balance, intuition, moral fibre and leadership itself.

Mr. Levicki’s book is intended to help more people achieve their potential, on the grounds that there are not many good leaders around. But he stresses that the “chromosomes” only reinforce the notion that some people have that vital something, and therefore that readers should not think that just by going through all the exercises in the book they can necessarily achieve great things.

He does not go so far as those who reckon (认为) they can predict with certainty how far leaders would rise in organisations but says that “you can foretell, by and large, that a person has or doesn’t have the ‘leadership gene’.”

(308 words)

1. Mr. Cyril Levicki believes that _____.
 A) all of us can become good leaders
 B) good leaders can be created through proper training
 C) good leaders are born rather than made
 D) a lot of factors contribute to the making of a good leader

2. It can be inferred from the passage that, while reading the book, readers _____.
 - A) should be aware of the combination of the chromosomes
 - B) are invited to do something to get the intended effects
 - C) should create some mental pictures from time to time
 - D) are reminded of their own strengths and weaknesses
3. By reading *The Leadership Gene*, we can expect to _____.
 - A) make better achievements in life
 - B) become great leaders
 - C) predict our future social status
 - D) identify the chromosomes we are born with
4. What do we know about the “leadership gene”?
 - A) It is the premise to the creation of a leader.
 - B) It plays a vital part in the evolution of every child’s psyche.
 - C) It ensures one’s success as a qualified leader.
 - D) It can be found among educated people all over the world.
5. This passage is mainly about _____.
 - A) the debate whether leaders are born or made
 - B) the chromosomes with which a leader is born
 - C) a new theory on the making of a leader
 - D) an unusual way of foretelling a person’s potentials

Section B

In this section there is a short passage with five questions or incomplete statements. Read the passage carefully. Then answer the questions or complete the statements in the fewest possible words.

Michael Jordan is a high-profile example of what is possible when an individual decides to lead himself or herself.

Jordan may appear to be a god to many of his worshipping fans and supporters, but he is as human as the rest of us.

What makes Jordan an enigma (谜) goes far beyond the fact that he is possibly this planet’s greatest basketball player. What makes him an incredible role model—not just for youth but for all of us—is that he has painstakingly developed the skills to lead himself.

It is now common knowledge that he was not good enough to make the team in his sophomore year in high school. How he dealt with the disappointment of being cut from the team gives us an early glimpse of what learning to lead oneself looks like in the embryonic (初期的) stages.

Rule number one in personal leadership development is: When life knocks you down, get busy on a plan to get up. Getting up, however, is difficult if you do not give yourself a compelling reason to get up. That reason must come from your very core. Reasons to stand against overwhelming odds come from who we are deep inside.

Next, to further develop leadership over oneself, it is imperative that each of us cease looking to others

to do for self what self is capable of doing.

The third trait of those who exercise commanding leadership over themselves is that they insist on setting their personal standards higher and higher.

They know that true success lies not merely in defeating the competition; true success lies always in outdoing one's former self.

In order to constantly set higher and higher goals and to surpass each preceding goal, one must exercise daily discipline over oneself. It has been written that none of us can afford to lose in this ongoing battle with self.

And, finally, those who exercise visionary leadership over themselves stay focused on where they are headed. Leading a team that suffered injuries, suspensions, and a few embarrassing losses, Jordan, entering the finals, led himself with the powerful affirmation: "We can win another championship with what we have."

(359 words)

1. What makes Michael Jordan a model to follow for all of us?

2. What happened to Jordan as a great disappointment when he was a sophomore in high school?

3. Those who are leaders of themselves regard _____ as the mark of true success.

4. How can one reach higher goals that he sets for himself?

5. Why was Jordan confident of winning the championship when his team suffered injuries, suspensions and losses?

Section C

In this section, there are five segments of the passages you have just read in Sections A and B. Refer back to the passages so as to identify their meanings in the context and then translate them into Chinese.

(Passage 1, Section A)

1. When people are following because they "have to," they are not acting of their own free will, but are conforming out of fear or threat.
