

刘传吉他系列有声教材

刘传 / 编著

木吉他 华彩音阶练习

Acoustic Guitar Scale Practice

- 大调音阶
- 小调音阶
- 大调五声音阶
- 小调五声音阶
- 和声小调音阶
- 大佛里吉亚音阶
- 减音阶
- 半-全减音阶
- 全音音阶
- 布鲁斯音阶
- 混合布鲁斯音阶
- 大利底亚音阶
- 超级洛克里亚音阶
- 印度音阶
- 吉普赛音阶
- 匈牙利音阶



北京风华艺术学校制作

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(CD 版)

编著:刘 传

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刘传——极负盛名的吉他演奏家、教育家,大学本科毕业。1984 年开始研习 古典吉他,1986 年转攻民谣吉他和电吉他,1991 年起从事吉他教学活动,1993 年创办北京风华艺校,先后出版过 20 多本吉他专著,录制过多盘教学及欣赏音带。这位才华横溢、具有强烈事业心与责任感的年青人,以治学严谨、教学有方、勇于开拓、不断进取而备受广大吉他爱好者推崇。



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二〇〇〇年十月



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我们知道,所有运用和声的音乐都是基于音阶的。音阶的运用非常广泛,特别是在乐器的演奏中,你可以经常感觉到音阶的存在,而像吉他这样的乐器更是须臾离不开音阶。音阶就像链子一样,把各段旋律有机地串联起来,形成精彩的独奏(或伴奏)。在这本书中,我分别介绍了摇滚、流行、爵士、乡村、古典和民族音乐里所经常用到的音阶或模式,同时把给这些音阶伴奏的和弦标明,并录成伴奏吉他。这样做有两种目的:

1)你可以清楚知道该音阶的典型和弦进行是什么;

2)你有一个练习音阶和模式的音乐环境;

每一条练习都用五线谱和六线谱分别标明,每个音阶的把位都是典型的最常用的把位。其中五声音阶和布鲁斯音阶的各种变化也都被列了出来,这使你可以学到更多的东西。这些练习被示范弹奏了两遍:慢速一遍,正常速度一遍。在录音示范中,主奏与伴奏吉他都是用木吉他来完成的,你当然也可以在电吉 he 上来弹,可以移高一个八度。谱例上方的和弦名称指的是伴奏吉他所弹奏的和弦,它被录在左声道。主奏吉他录在右声道。这样,除了学习各种音阶外,你还可以通过 CD 学习各种吉他伴奏,更可以两个人一起练习。右手用手指或拨片都可以,在示范演奏中,我使用的是拨片。

音阶练习可以说是改进你的弹奏技巧、提高你的音乐素养的最有效的途径。你要把这些音阶弹得烂熟,要弹得有起伏、有强弱变化,总之,要带着感情弹。随着水平的提高,要逐渐加快速度来弹。这些音阶将作为你进行即兴弹奏的基础和出发点。如果你愿意,可以对这些练习做各种变化(具体的变化列在本章的最后),如:变换一下节奏,加入一些诸如:滑弦、击弦、勾弦、推弦(在电吉他上)等技巧。在初、中级阶段,你每天要用全部练习时间的五分之一来做这些音阶练习,也就是说,如果你一天弹琴 5 个小时,则要用 1 个小时的时间来做各种音阶练习。坚持下去,你会发现你的进步非常快、非常明显,你手指的灵敏性和对指板的认识将不断产生飞跃。

很多有天赋、有才华的吉他手,甚至是所谓的高手,由于缺少正规、系统的音阶练习而使自己的弹奏水平难以进一步提高。现在好了,有了这一套无与伦比的有声教材,只要你肯努力、肯钻研,你就一定能达到更高的水平。

刘传

2000 年 9 月 18 日

(感谢美国普樱音乐有限公司的大力协助)





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●大调音阶

在世界范围内,它是最流行的音阶。音乐的整个系统都是以这种独一无二的大调音阶音程序列为基础的。这种音程序列生成了我们很熟悉的 do-re-mi-fa-sol-la-si-do,七种基本的调式都来源于它。

下面的前两个练习使用了两个最常用的指型:La 型和 Si 型。La 型是把左手第 4 指按在根音(Do)处, Si 型是把第 2 指按在根音(Do)处。La 型的(La)和 Si 型的(Si)分别是食指按 1 弦时的唱名,并由此而得名。

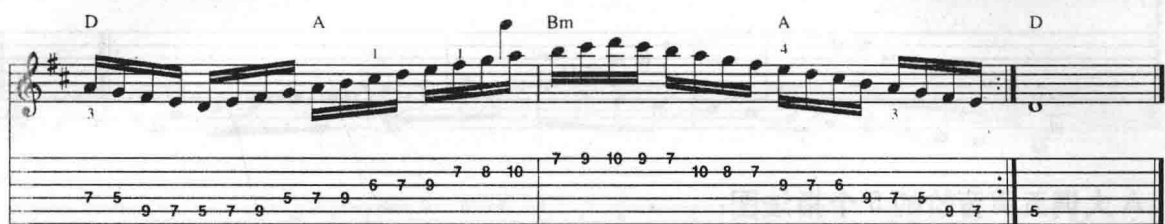
如果你觉得练习 3 的指法太难了,也可以延用练习 1 的指法。

1 A 大调

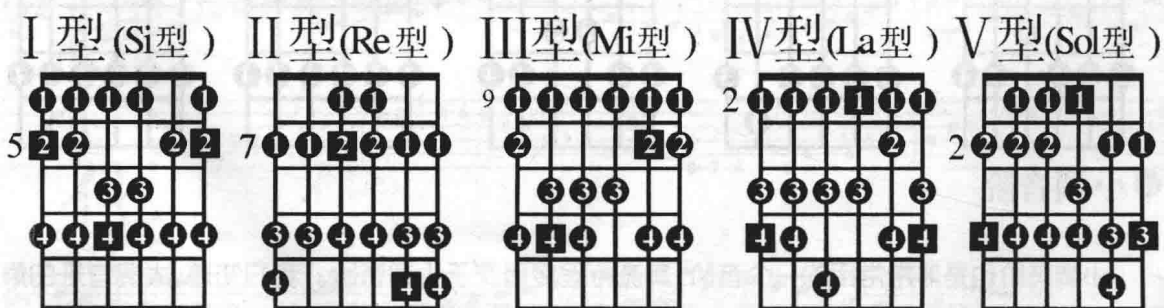
2 A 大调



[3] D 大调



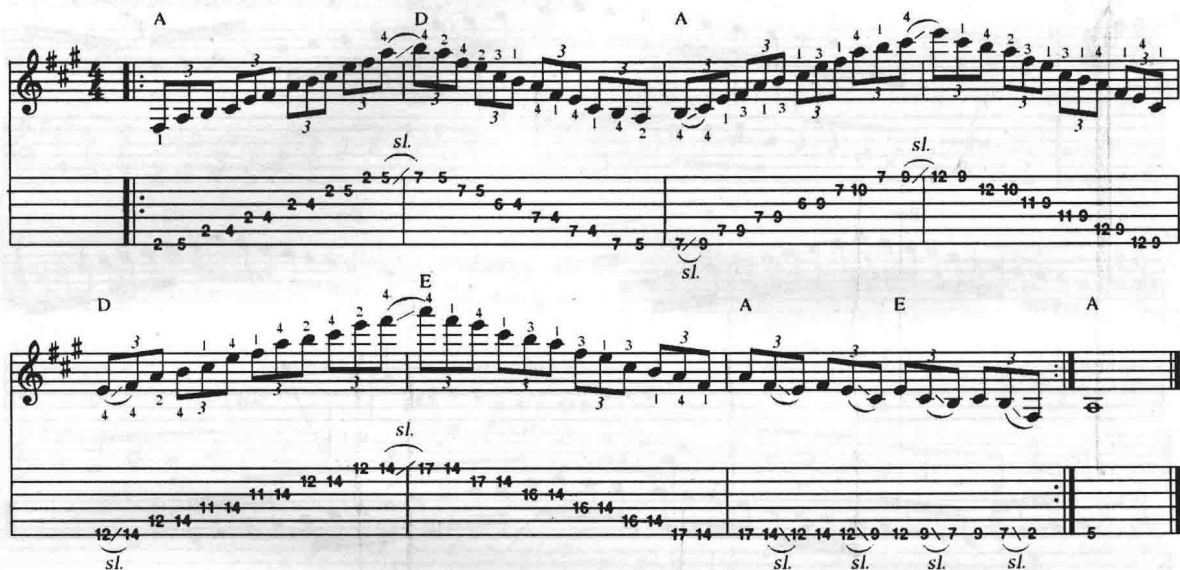
A 大调音阶的 5 个指法图:



●大调五声音阶

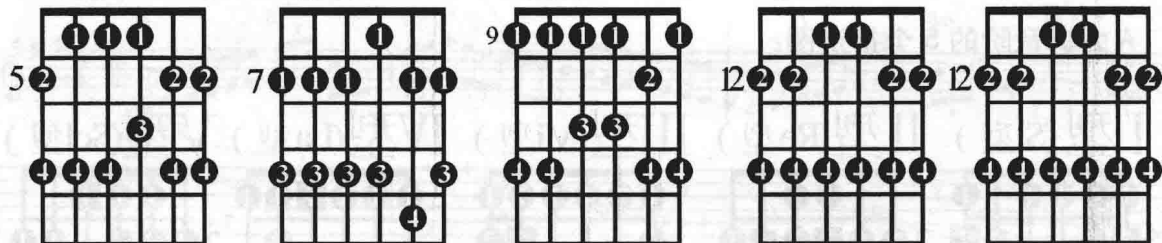
大调五声音阶是指,大调音阶中的 1、2、3、5 和 6 度音。大调五声音阶是所有风格的吉他演奏家弹奏主旋律的最爱。伴着来自于这个调的和弦进行来弹奏这个音阶保证不会有旋律与和弦的冲突。下面是通过滑弦在五个把位上弹奏 A 大调五声音阶的练习。做下面这个练习时,要在缺角的木吉他或电吉上来弹,因为用到了 17 品。如果你觉得 17 品不好弹,也可以先只弹到 14 品。此外,为了突出滑奏效果,可在滑奏的时值上做稍微的拖拍处理。

4 5 个把位的 A 大调五声音阶



A 大调五声音阶的 5 个指法图:

I 型(Si型) II 型(Re型) III型(Mi型) IV型(Sol型) V 型(La型)



●小调音阶

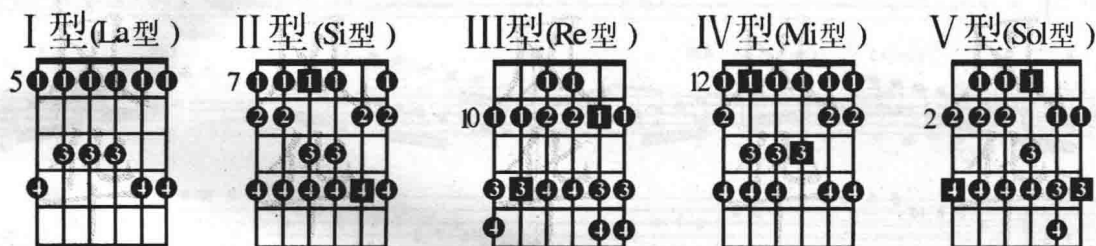
小调音阶也是非常常用的一个音阶,其流程度稍次于大调音阶。我们知道,大调音乐的声音,常常表现为愉快、积极和成功,而小调音乐的声音,常常表现为忧郁、消极和沮丧。

小调音阶:6、7、1、2、3、4、5, 按自然大小排列(各音之间的音程关系不变):1、2、b3、4、5、b6、b7。小调音阶之所以不同于大调音阶是由于,它有 b3、b6 和 b7。如果从任何一个大调的根音开始,在一个八度内,将 3 级音、6 级音、7 级音降低半音,这样你就得到了小调音阶。每个小调音阶

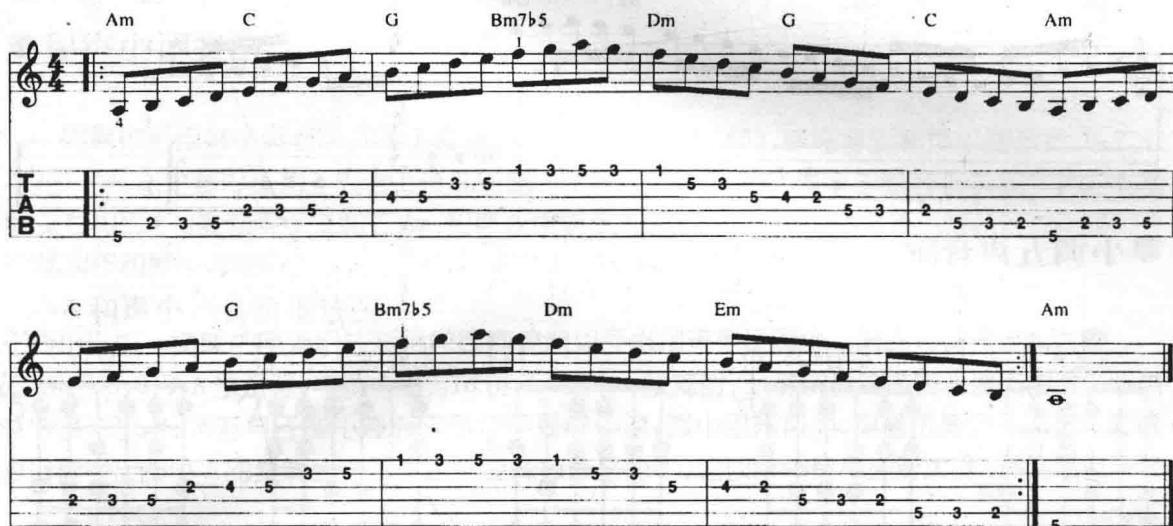
都有一个与它有同样调号的大调音阶,这两个大小调为关系大小调。例如,在C大调(钢琴的所有白键音)上从A音开始弹奏到高一个八度的A,这就是一个A小调音阶。A小调叫做C大调的关系小调,C大调叫做A小调的关系大调,它们有相同的调号。

练习5在1弦上的指法你可能不常用,那就练一下吧。如果你实在感觉别扭的话,也可以用2弦6品的音代替1弦1品的音来弹。

A自然小调音阶的5个指法图:



5 A 小调



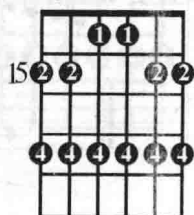
6 A 小调





A 小调五声音阶的 5 个指法图:

V 型(Sol 型)



8 A 5个把位的小调五声音阶

●和声小调音阶

如果你把自然小调音阶的第7度音(Sol音)升高半音(#5),你将得到和声小调音阶:6、7、1、2、3、4、#5。这个音阶在第5级音上形成的是一个大三和弦E(而不是小三和弦Em),这个大三和弦E(或七和弦E7)更倾向于主和弦Am,和声效果更令人满意。所以这个从自然小调音阶变化来的音阶就叫作和声小调音阶。

A 和声小调音阶指法图:

9 B 和声小调

10 B 和声小调

The image displays a musical score for the song "The Sound of Silence" by Simon & Garfunkel. It is presented in a two-staff format, with the top staff for guitar and the bottom staff for bass. The key signature is D major (two sharps: F# and C#), and the time signature is 4/4.

The score is divided into three systems, each containing a guitar staff and a bass staff. Chord diagrams are placed above the guitar staff, and fingering numbers (1-4) are indicated below the notes. The guitar part features a melodic line with a mix of eighth and sixteenth notes, while the bass part provides a steady, rhythmic accompaniment.

System 1:

- Guitar:** Starts with a Bm chord, followed by C#m7b5, F#7, and Bm. The melody includes a triplet of eighth notes (1, 2, 3) and a four-measure phrase ending with a quarter note (4).
- Bass:** Accompanies the guitar with a steady eighth-note pattern. The first measure has a 7, and the second measure has a 4. The third measure has a 5, and the fourth measure has a 7. The fifth measure has a 6, and the sixth measure has a 7. The seventh measure has a 6, and the eighth measure has a 5. The ninth measure has a 4, and the tenth measure has a 3. The eleventh measure has a 2, and the twelfth measure has a 1. The thirteenth measure has a 4, and the fourteenth measure has a 3. The fifteenth measure has a 2, and the sixteenth measure has a 1. The seventeenth measure has a 4, and the eighteenth measure has a 3. The nineteenth measure has a 2, and the twentieth measure has a 1. The twenty-first measure has a 4, and the twenty-second measure has a 3. The twenty-third measure has a 2, and the twenty-four measure has a 1.

System 2:

- Guitar:** Starts with a D+ chord, followed by G, A#°7, Bm, C#m7b5, and F#7. The melody includes a triplet of eighth notes (1, 2, 3) and a four-measure phrase ending with a quarter note (4).
- Bass:** Accompanies the guitar with a steady eighth-note pattern. The first measure has a 4, and the second measure has a 5. The third measure has a 6, and the fourth measure has a 7. The fifth measure has a 6, and the sixth measure has a 5. The seventh measure has a 4, and the eighth measure has a 3. The ninth measure has a 2, and the tenth measure has a 1. The eleventh measure has a 4, and the twelfth measure has a 3. The thirteenth measure has a 2, and the fourteenth measure has a 1. The fifteenth measure has a 4, and the sixteenth measure has a 3. The seventeenth measure has a 2, and the eighteenth measure has a 1. The nineteenth measure has a 4, and the twentieth measure has a 3. The twenty-first measure has a 2, and the twenty-second measure has a 1. The twenty-third measure has a 4, and the twenty-four measure has a 3. The twenty-fifth measure has a 2, and the twenty-six measure has a 1. The twenty-seventh measure has a 4, and the twenty-eighth measure has a 3. The twenty-ninth measure has a 2, and the thirtieth measure has a 1. The thirty-first measure has a 4, and the thirty-second measure has a 3. The thirty-third measure has a 2, and the thirty-four measure has a 1. The thirty-fifth measure has a 4, and the thirty-six measure has a 3. The thirty-seventh measure has a 2, and the thirty-eighth measure has a 1. The thirty-ninth measure has a 4, and the fortieth measure has a 3. The forty-first measure has a 2, and the forty-second measure has a 1. The forty-third measure has a 4, and the forty-four measure has a 3. The forty-fifth measure has a 2, and the forty-six measure has a 1. The forty-seventh measure has a 4, and the forty-eighth measure has a 3. The forty-ninth measure has a 2, and the fiftieth measure has a 1. The fifty-first measure has a 4, and the fifty-second measure has a 3. The fifty-third measure has a 2, and the fifty-four measure has a 1. The fifty-fifth measure has a 4, and the fifty-six measure has a 3. The fifty-seventh measure has a 2, and the fifty-eighth measure has a 1. The fifty-ninth measure has a 4, and the sixtieth measure has a 3. The sixty-first measure has a 2, and the sixty-second measure has a 1. The sixty-third measure has a 4, and the sixty-four measure has a 3. The sixty-fifth measure has a 2, and the sixty-six measure has a 1. The sixty-seventh measure has a 4, and the sixty-eighth measure has a 3. The sixty-ninth measure has a 2, and the seventieth measure has a 1. The seventy-first measure has a 4, and the seventy-second measure has a 3. The seventy-third measure has a 2, and the seventy-four measure has a 1. The seventy-fifth measure has a 4, and the seventy-six measure has a 3. The seventy-seventh measure has a 2, and the seventy-eighth measure has a 1. The seventy-ninth measure has a 4, and the eightieth measure has a 3. The eighty-first measure has a 2, and the eighty-second measure has a 1. The eighty-third measure has a 4, and the eighty-four measure has a 3. The eighty-fifth measure has a 2, and the eighty-six measure has a 1. The eighty-seventh measure has a 4, and the eighty-eighth measure has a 3. The eighty-ninth measure has a 2, and the ninetieth measure has a 1. The ninety-first measure has a 4, and the ninety-second measure has a 3. The ninety-third measure has a 2, and the ninety-four measure has a 1. The ninety-fifth measure has a 4, and the ninety-six measure has a 3. The ninety-seventh measure has a 2, and the ninety-eighth measure has a 1. The ninety-ninth measure has a 4, and the hundred measure has a 3. The hundred-first measure has a 2, and the hundred-second measure has a 1. The hundred-third measure has a 4, and the hundred-four measure has a 3. The hundred-fifth measure has a 2, and the hundred-six measure has a 1. The hundred-seventh measure has a 4, and the hundred-eighth measure has a 3. The hundred-ninth measure has a 2, and the hundred-tenth measure has a 1. The hundred-eleventh measure has a 4, and the hundred-twelfth measure has a 3. The hundred-thirteenth measure has a 2, and the hundred-fourteenth measure has a 1. The hundred-fifteenth measure has a 4, and the hundred-sixteenth measure has a 3. The hundred-seventeenth measure has a 2, and the hundred-eighteenth measure has a 1. The hundred-nineteenth measure has a 4, and the hundred-twentieth measure has a 3. The hundred-twenty-first measure has a 2, and the hundred-twenty-second measure has a 1. The hundred-twenty-third measure has a 4, and the hundred-twenty-four measure has a 3. The hundred-twenty-fifth measure has a 2, and the hundred-twenty-six measure has a 1. The hundred-twenty-seventh measure has a 4, and the hundred-twenty-eighth measure has a 3. The hundred-twenty-ninth measure has a 2, and the hundred-thirtieth measure has a 1. The hundred-thirty-first measure has a 4, and the hundred-thirty-two measure has a 3. The hundred-thirty-third measure has a 2, and the hundred-thirty-four measure has a 1. The hundred-thirty-fifth measure has a 4, and the hundred-thirty-six measure has a 3. The hundred-thirty-seventh measure has a 2, and the hundred-thirty-eighth measure has a 1. The hundred-thirty-ninth measure has a 4, and the hundred-fortieth measure has a 3. The hundred-forty-first measure has a 2, and the hundred-forty-second measure has a 1. The hundred-forty-third measure has a 4, and the hundred-forty-four measure has a 3. The hundred-forty-fifth measure has a 2, and the hundred-forty-six measure has a 1. The hundred-forty-seventh measure has a 4, and the hundred-forty-eighth measure has a 3. The hundred-forty-ninth measure has a 2, and the hundred-fiftieth measure has a 1. The hundred-fifty-first measure has a 4, and the hundred-fifty-two measure has a 3. 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The hundred-seventy-fifth measure has a 4, and the hundred-seventy-six measure has a 3. The hundred-seventy-seventh measure has a 2, and the hundred-seventy-eighth measure has a 1. The hundred-seventy-ninth measure has a 4, and the hundred-eightieth measure has a 3. The hundred-eighty-first measure has a 2, and the hundred-eighty-second measure has a 1. The hundred-eighty-third measure has a 4, and the hundred-eighty-four measure has a 3. The hundred-eighty-fifth measure has a 2, and the hundred-eighty-six measure has a 1. The hundred-eighty-seventh measure has a 4, and the hundred-eighty-eighth measure has a 3. The hundred-eighty-ninth measure has a 2, and the hundred-ninety measure has a 1. The hundred-ninety-first measure has a 4, and the hundred-ninety-two measure has a 3. The hundred-ninety-third measure has a 2, and the hundred-ninety-four measure has a 1. The hundred-ninety-fifth measure has a 4, and the hundred-ninety-six measure has a 3. The hundred-ninety-seventh measure has a 2, and the hundred-ninety-eighth measure has a 1. The hundred-ninety-ninth measure has a 4, and the two hundred measure has a 3. The two hundred-first measure has a 2, and the two hundred-second measure has a 1. The two hundred-third measure has a 4, and the two hundred-four measure has a 3. The two hundred-fifth measure has a 2, and the two hundred-six measure has a 1. The two hundred-seventh measure has a 4, and the two hundred-eighth measure has a 3. The two hundred-ninth measure has a 2, and the two hundred-tenth measure has a 1. The two hundred-eleventh measure has a 4, and the two hundred-twelfth measure has a 3. The two hundred-thirteenth measure has a 2, and the two hundred-fourteenth measure has a 1. The two hundred-fifteenth measure has a 4, and the two hundred-sixteenth measure has a 3. The two hundred-seventeenth measure has a 2, and the two hundred-eighteenth measure has a 1. The two hundred-nineteenth measure has a 4, and the two hundred-twentieth measure has a 3. The two hundred-twenty-first measure has a 2, and the two hundred-twenty-second measure has a 1. The two hundred-twenty-third measure has a 4, and the two hundred-twenty-four measure has a 3. The two hundred-twenty-fifth measure has a 2, and the two hundred-twenty-six measure has a 1. The two hundred-twenty-seventh measure has a 4, and the two hundred-twenty-eighth measure has a 3. The two hundred-twenty-ninth measure has a 2, and the two hundred-thirtieth measure has a 1. The two hundred-thirty-first measure has a 4, and the two hundred-thirty-two measure has a 3. The two hundred-thirty-third measure has a 2, and the two hundred-thirty-four measure has a 1. The two hundred-thirty-fifth measure has a 4, and the two hundred-thirty-six measure has a 3. The two hundred-thirty-seventh measure has a 2, and the two hundred-thirty-eighth measure has a 1. The two hundred-thirty-ninth measure has a 4, and the two hundred-fortieth measure has a 3. The two hundred-forty-first measure has a 2, and the two hundred-forty-second measure has a 1. The two hundred-forty-third measure has a 4, and the two hundred-forty-four measure has a 3. The two hundred-forty-fifth measure has a 2, and the two hundred-forty-six measure has a 1. The two hundred-forty-seventh measure has a 4, and the two hundred-forty-eighth measure has a 3. The two hundred-forty-ninth measure has a 2, and the two hundred-fiftieth measure has a 1. The two hundred-fifty-first measure has a 4, and the two hundred-fifty-two measure has a 3. The two hundred-fifty-third measure has a 2, and the two hundred-fifty-four measure has a 1. The two hundred-fifty-fifth measure has a 4, and the two hundred-fifty-six measure has a 3. The two hundred-fifty-seventh measure has a 2, and the two hundred-fifty-eighth measure has a 1. The two hundred-fifty-ninth measure has a 4, and the two hundred-sixtieth measure has a 3. The two hundred-sixty-first measure has a 2, and the two hundred-sixty-second measure has a 1. The two hundred-sixty-third measure has a 4, and the two hundred-sixty-four measure has a 3. The two hundred-sixty-fifth measure has a 2, and the two hundred-sixty-six measure has a 1. The two hundred-sixty-seventh measure has a 4, and the two hundred-sixty-eighth measure has a 3. The two hundred-sixty-ninth measure has a 2, and the two hundred-seventieth measure has a 1. The two hundred-seventy-first measure has a 4, and the two hundred-seventy-two measure has a 3. The two hundred-seventy-third measure has a 2, and the two hundred-seventy-four measure has a 1. The two hundred-seventy-fifth measure has a 4, and the two hundred-seventy-six measure has a 3. The two hundred-seventy-seventh measure has a 2, and the two hundred-seventy-eighth measure has a 1. The two hundred-seventy-ninth measure has a 4, and the two hundred-eightieth measure has a 3. The two hundred-eighty-first measure has a 2, and the two hundred-eighty-second measure has a 1. The two hundred-eighty-third measure has a 4, and the two hundred-eighty-four measure has a 3. The two hundred-eighty-fifth measure has a 2, and the two hundred-eighty-six measure has a 1. The two hundred-eighty-seventh measure has a 4, and the two hundred-eighty-eighth measure has a 3. The two hundred-eighty-ninth measure has a 2, and the two hundred-ninety measure has a 1. The two hundred-ninety-first measure has a 4, and the two hundred-ninety-two measure has a 3. The two hundred-ninety-third measure has a 2, and the two hundred-ninety-four measure has a 1. The two hundred-ninety-fifth measure has a 4, and the two hundred-ninety-six measure has a 3. The two hundred-ninety-seventh measure has a 2, and the two hundred-ninety-eighth measure has a 1. The two hundred-ninety-ninth measure has a 4, and the two hundred measure has a 3. The two hundred-first measure has a 2, and the two hundred-second measure

11 E 和声小调

The image displays a musical score for the song "The Sound of Silence" by Simon & Garfunkel. It includes a guitar part (top staff) and a bass part (bottom staff). The guitar part is written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. The bass part is written in bass clef. Chord diagrams are provided above the guitar staff and below the bass staff, indicating the fret positions for various chords: Em, B7, C, Am, B7, Em, F#°, C, B7, Em, D, G+, B7, Am, B7, and Em. The score includes a double bar line with repeat dots, indicating a repeat section. The guitar part features a melodic line with triplets and single notes, while the bass part provides a rhythmic accompaniment with a mix of single notes and triplets.

●大佛里吉亚(Phrygian-Dominant)音阶

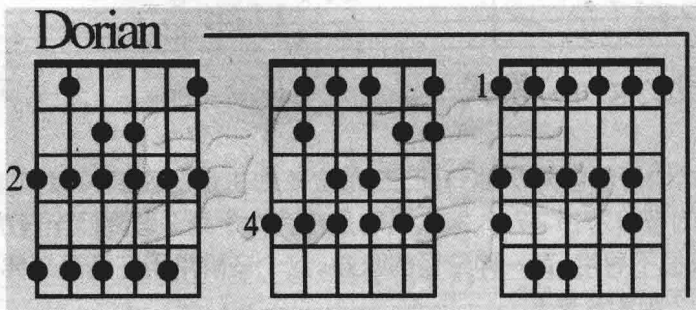
这个名词是通过 Joe Striani 而流行起来的,但这个音阶在被 Joe Striani 冠以这个名字之前就已经存在了。这个音阶实际上是从和声小调的第 5 音开始的音阶,但是因为它常常被看作一种自我独立的实体,所以才有幸被列到这里。如果从和声小调音阶(6、7、1、2、3、4、#5)的第 5 音开始排列,变为:3、4、#5、6、7、1、2,再按自然大小排列(各音之间的音程关系不变),你会得到 1、b2、3、4、5、b6、b7。它的主和弦为七和弦,音阶中的 b2,是佛里吉亚(Phrygian)特征。

12 #F 大佛里吉亚音阶

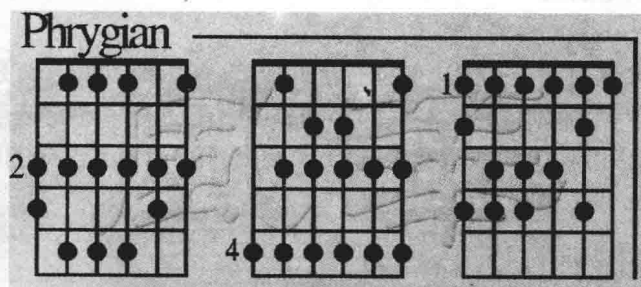
●多里安(Dorian)模式

Dorian 模式很象自然小调音阶,它是以 2 为主音的模式:2、3、4、5、6、7、1,是大调音阶的第 2 种模式。按自然小调排列它的音阶为:6、7、1、2、3、#4、5。很明显,它是一个带有第 6 音升高半音的小调音阶,这使得这个音阶有一种比自然小调稍稍大调一些的色彩。Dorian 音阶经常伴随着 IIIm7 和弦弹奏。

Dorian 模式图:



Phrygian 模式图:



17 F 佛里吉亚 (Phrygian)

17 F 佛里吉亚 (Phrygian)

Chords: F#m, Em, Bm, C#m7b5, A, D, G, F#m, Em, Bm, A, C#m7b5, Bm, C#m7b5, F#m

Tab: 2 3 5 2 4 5 2 4 5 2 4 2 3 5 2 5 3 2 4 2 5 4 2 5 4 2 5 3 2 3 5 2

18 B 佛里吉亚 (Phrygian)

18 B 佛里吉亚 (Phrygian)

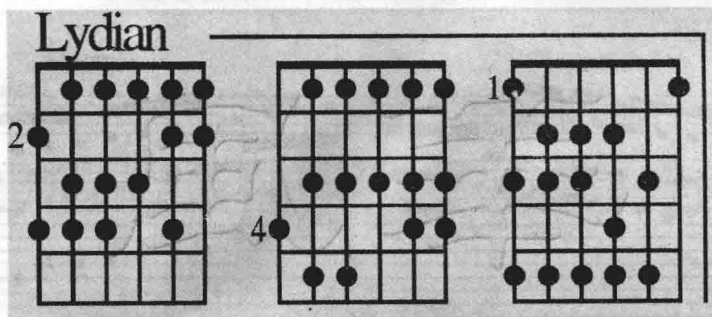
Chords: Bm, Am, Em, Am, Bm, D, Am, Em, Am, Bm, F#m7b5, C, Em, Am, Bm

Tab: 2 3 5 2 4 5 2 4 5 3 5 7 3 5 7 5 3 7 5 3 5 4 2 5 4 2 5 3 2 3 5 2 4 5 2 4 5 3 5 7 3 7 5 3 5 4 2 5 4 2 5 3 2

●利底亚(Lydian)模式

Lydian 模式很象大调音阶,它是以 4 为主音的模式:4、5、6、7、1、2、3,是大调音阶的第 4 种模式。按自然小调排列它的音阶为:1、2、3、#4、5、6、7。升高的第 4 音是被所谓的印象派作曲家 Claude Debussy 挖掘出来的。这种声音被象 McCoyCecil 和 Taylor 这样的现代爵士乐弹奏者所采用,摇滚音乐家 Steve Vai 也经常用到它。

Lydian 模式图:



[19] C 利底亚 (Lydian)

Diagram illustrating the C Lydian mode on a guitar fretboard, showing the scale in standard notation and guitar tablature across three systems.

System 1:

- Chords: C, D, Em, Em
- Standard notation: Treble clef, 4/4 time, starting on the 4th fret (D).
- Tablature: Shows fret numbers (7, 8, 9, 10) for the scale.

System 2:

- Chords: G, Am, D, C, D, G
- Standard notation: Treble clef, 4/4 time, continuing the scale.
- Tablature: Shows fret numbers (7, 8, 9, 10) for the scale.

System 3:

- Chords: Em, G, Am, D, G, C
- Standard notation: Treble clef, 4/4 time, concluding the scale.
- Tablature: Shows fret numbers (7, 8, 9, 10) for the scale.