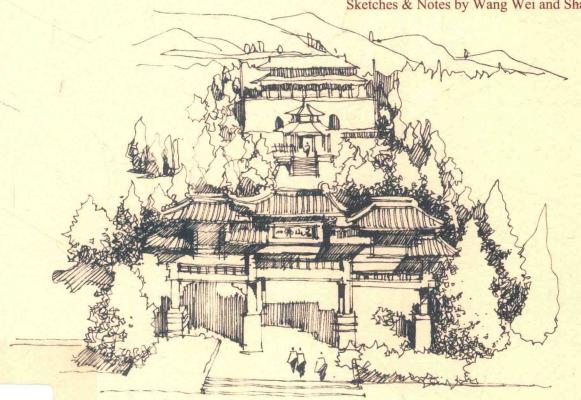
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豫中素记

Sketches of Central Henan

王薇 单淑娅 绘画 撰文 Sketches & Notes by Wang Wei and Shan Shuya



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自序

豫,乃河南省的简称,出自《周礼·职方》:"河南曰豫州,豫州在九州之中,言常安逸。又云: 禀中和之气,性理安舒,故云豫也"。

豫中地区是指河南省中部包括省会郑州市、许昌市以及漯河市在内的地区。豫中地处中原,是中原文化最具代表性的地区,也是河南省经济发展最具活力、交通最为发达的地区。豫中地区历史悠久、人文资源丰富、自然环境优美。

郑州是全省的政治、经济、文化中心,古称商都,今号称为绿城。辖六个市辖区及一个国家级新区、一个国家级高新技术产业开发区、一个国家级经济技术开发区、一个国家级航空港经济综合实验区、一个县(中牟县),代管五个县级市(新郑市、登封市、新密市、巩义市、荥阳市)。郑州是中国八大古都之一、国家历史文化名城、中华人文始祖黄帝的故里。历史上,夏、商、管、郑、韩曾在此建都,隋、唐、五代、宋、金、元、明、清在此设州。郑州文物资源众多,拥有世界文化遗产一处,国家级重点文物保护单位共38处43项,省级重点文物保护单位128处,市级重点文物保护单位269处。另有大量遗址,遗迹,文物数量和规模居中国城市前列。世界文化遗产"天地之中历史建筑群",共8处11项:观星台(最早的天文建筑)、中岳庙(最大的道教建筑群)、东汉三阙(太室阙、启母阙、少室阙)、会善寺、嵩阳书院(宋代四大书院之一)、嵩岳寺塔、嵩山•少林寺建筑(少林寺常住院、塔林、初祖庵、十方禅院)。

许昌市辖禹州市、长葛市、许昌县、鄢陵县、襄城县和魏都区共六个县(市、区),"闻听三国事, 每欲到许昌",作为省级历史文化名城,许昌因三国而闻名于世。禹州市神垕镇是驰名中外的钩瓷 文化发祥地,是由 5000 多年陶瓷文化积淀而成的、具有典型区域特色的历史文化名镇,号称"中 国钩瓷之都"。其中神垕钩窑址是全国重点文物保护单位。神垕镇另有省级文物保护单位一处,各种古寺庙、古民居、古祠堂等 40 余处。钩瓷文化作为中原文化的代表,是宝贵的非物质文化遗产。鄢陵县是有名的"花都",是长江以北最大的花木基地。早在盛唐时代,鄢陵境内就出现了大型综合园林植物的栽培。鄢陵的蜡梅种植历史悠久,享有"鄢陵蜡梅冠天下"之美誉。

漯河市辖临颍、舞阳两县和源汇、郾城、召陵三区及一个省级经济开发区。漯河历史悠久,早在8000多年前,我们的祖先就在这块土地上繁衍生息,创造了辉煌灿烂的古代文化。漯河是文宗字祖许慎的故里,他编纂的《说文解字》是中国乃至世界最早的字典。市内有因撰文、书法、镌刻俱绝而得名的"三绝碑"、曹丕称帝的灵坛"受禅台",还有北舞渡山陕会馆彩牌楼遗址、贾湖遗址、隋代小商桥等名胜古迹。漯河民间艺术源远流长,至今仍存留着丰富的民间艺术、节庆活动,如:双人旱船舞、问十村铜器舞、舞阳脑阁、双狮舞、元宵灯展、农民画、沙河船工号子、心意六合拳等。

笔者自幼生长于郑州,又在郑州从事建筑设计及教学工作30多年,对豫中地区颇为熟悉。撰写《豫中素记》一书,希望以速写的形式将具有代表性的中原历史名胜介绍给有共同爱好的朋友们,以此为弘扬中原文化做一点儿事情。

《豫中素记》一书共计汇集速写 116 幅,主要以古建筑遗址、名胜古迹、民俗文化、民间艺术等部分组成,其中前两部分为主要内容。

王 薇 2015 年 3 月干河南工业大学

Preface

Yu is short for Henan Province and Zhong means central; so, Yu Zhong means the central part of this province. It is composed of Zhengzhou, its capital, and the cities of Xuchang and Luohe. Located in central China, this Yu Zhong best represents the region's culture and is the area of the province with the most dynamic economy and advanced traffic infrastructure.

Called Shangdu in ancient time and among the eight ancient capitals in China, Zhengzhou is famous for its history and culture. It was the hometown of Huangdi (the Yellow Emperor), one of the legendary ancestors of the Chinese people. Among the over ten thousand cultural relics here, there are those of Shangcheng and Peiligang Hill, the imperial mausoleum of the Northern Song Dynasty (960-1127), Huangdi's hometown in Xuanyuan, and the hometowns of Pan An, a very handsome man of letters in the West Jin Dynasty (265-316) and famous Tang Dynasty poet Du Fu (712-770). Of these relics, there are eleven structures in eight places in the Historic Monuments of Dengfeng in the "Center of Heaven and Earth": Star Observation Platform (the earliest observatory); Zhongyue Temple (the largest Taoist architectural complex); Three Palaces of the East Han Dynasty (25-220), Taishi, Qimu and Shaoshi Palaces; Huishan Temple; Songyang Academy, one of the four famous academies of the Song Dynasty (960-1279); Songyue Temple Pagoda; and Songshan Mountain Shaolin Temple Complex, Changzhuyuan Courtyard, Pagoda Forest, Chuzu Convent and Shifang Courtyard. All of these are included in the List of World Cultural Heritage.

Xuchang, the Three Kingdoms Period (220-280) city, famous for its history and culture. There is a saying: I always have a desire to visit Xuchang when hearing the story of the Three Kingdoms. Shenhou Town of Yuzhou is the world famous birthplace of Jun porcelain, and was awarded the title of China's "Pottery Capital". As a precious, cultural heritage, Jun porcelain culture is a representative art culture of Central China. As early as the golden age of the Tang Dynasty (618-907), large gardens were planted in Yanling, which has a long history of planting Wintersweet (Chimonanthus praecox), the best of which is said to be produced here.

Luohe City is an ancient location inhabited for over 8,000 years and where a brilliant culture developed. It is the hometown of Xu Shen (58-147), the creator of the modern Chinese writing system and author of *Shuo Wen Jie Zi* (Words and Expressions), the first Chinese dictionary. In the city, stands a stone tablet displaying superb article writing, calligraphy and engraving arts. There are also Shoushan Altar where Cao Pi proclaimed himself emperor and prayed for the blessing of the gods; the remains of the decorated archway of Shanxi and Shaanxi Guildhall in Beiwudu as well other sites of historic interest and beauty. Luohe residents retain many folk arts and festive activities, such as land boat double dancing, bronze ware dancing, double lion dancing, Lantern Festival exhibitions, and Sand River Boatman Chanting.

Born and raised in Zhengzhou, I have worked in and taught architectural design for three decades. Familiar with the Yuzhong area, and, via sketches in this book, I hope to introduce the typical historical and scenic locations in Central China and spread its culture to the world.

This book contains 116 sketches of antique buildings, places of historic interest and scenic beauty, folk culture and arts, among which the first two are priorities.

Preface end

Wang Wei Henan University of Technology May, 2015



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