

Volume II

*Todd • Sanford • Davidsohn*

CLINICAL  
DIAGNOSIS *and*  
MANAGEMENT  
by  
LABORATORY  
METHODS

*Sixteenth Edition*

JOHN BERNARD HENRY, M.D.

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JOHN BERNARD HENNING, M.D.

*Professor of Pathology, College of Medicine and Director  
of Clinical Pathology, University Hospital, State University  
of New York, Upstate Medical Center, Syracuse*



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## Associate Editors

### DOUGLAS A. NELSON, M.D.

*Professor of Pathology, College of Medicine, and Associate Director of Clinical Pathology, University Hospital, State University of New York, Upstate Medical Center, Syracuse*

### JOHN A. WASHINGTON, II, M.D.

*Professor of Microbiology and Laboratory Medicine, Mayo Medical School; Head, Section of Clinical Microbiology, Mayo Clinic, Rochester, Minnesota*

## Assistant Editors

### WILLIAM W. McLENDON, M.D.

*Professor of Pathology, University of North Carolina School of Medicine; Chairman, Department of Hospital Laboratories, The North Carolina Memorial Hospital, University of North Carolina, Chapel Hill*

### BERNARD E. STATLAND, M.D., Ph.D.

*Associate Director, Clinical Chemistry Laboratory, The North Carolina Memorial Hospital, University of North Carolina, Chapel Hill*

### RUSSELL H. TOMAR, M.D.

*Associate Director of Clinical Pathology, University Hospital, and Associate Professor of Pathology, College of Medicine, State University of New York, Upstate Medical Center, Syracuse*

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# CONTRIBUTORS

BERTIE F. ARGYRIS, Ph.D.

*Professor of Microbiology, State University of New York, Upstate Medical Center College of Medicine, Syracuse, New York.*

THE IMMUNE RESPONSE AND IMMUNOBIOLOGY

MYRTON FREEMAN BEELER, M.D.

*Professor, Department of Pathology, Louisiana State University School of Medicine in New Orleans; Director, Clinical Chemistry Section, Pathology Department, Charity Hospital of Louisiana, Consultant in Clinical Pathology, Veterans Administration Hospital and United States Public Health Service Hospital, New Orleans, Louisiana.*

EXAMINATION OF EXOCRINE PANCREATIC FUNCTION; MALABSORPTION, DIARRHEA, AND EXAMINATION OF FECES

MARY BRADLEY, M.D.

*Associate Professor, Department of Laboratory Medicine and Pathology, University of Minnesota Medical School, Minneapolis, Minnesota.*

EXAMINATION OF URINE

M. DESMOND BURKE, M.D.

*Associate Professor, Department of Laboratory Medicine and Pathology, University of Minnesota Medical School; Associate Pathologist, Mt. Sinai Hospital, Minneapolis, Minnesota.*

QUANTITATIVE EVALUATION OF LABORATORY MEASUREMENTS

WILLIAM G. CANNADY

*Director of Phoresis and Assistant Director of HLA, American Red Cross Blood Services—Northeast Region, Boston, Massachusetts.*

HLA: THE MAJOR HISTOCOMPATIBILITY COMPLEX

DONALD C. CANNON, M.D., Ph.D.

*Professor and Chairman, Department of Pathology and Laboratory Medicine, University of Texas Health Science Center at Houston Medical School; Chief, Department of Pathology and Laboratory Medicine, Hermann Hospital, Houston, Texas.*

METABOLIC INTERMEDIATES AND INORGANIC IONS; EXAMINATION OF SEMINAL FLUID; EXAMINATION OF GASTRIC AND DUODENAL CONTENTS.

MARY E. CHANDLER, Ph.D.

*Postdoctoral Fellow, Medical Genetics Division, Department of Laboratory Medicine and Pathology, University of Minnesota Medical School, Minneapolis, Minnesota.*

CYTOGENETICS

RONALD P. DANIELE, M.D.

*Associate Professor of Medicine and Pathology, University of Pennsylvania School of Medicine; Chief, Pulmonary Clinic, Hospital of the University of Pennsylvania, Philadelphia, Pennsylvania.*

LYMPHOCYTES

FREDERICK R. DAVEY, M.D.

*Associate Professor of Pathology and Medicine and Associate Director of Clinical Pathology, State University of New York, Upstate Medical Center College of Medicine, Syracuse, New York.*

BLOOD VESSELS AND HEMOSTASIS; PLATELETS AND PLATELET DISORDERS; BLOOD COAGULATION AND ITS DISORDERS

WILLIAM C. DEWOLF, M.D.

*Research Associate, Sidney Farber Cancer Institute, Boston, Massachusetts.*

HLA: THE MAJOR HISTOCOMPATIBILITY COMPLEX

**MERLE A. EVENSON, Ph.D.**

*Professor, Department of Medicine,  
University of Wisconsin Medical  
School Center for the Health Sciences;  
Director, Toxicology Laboratories,  
University of Wisconsin Hospitals,  
Madison, Wisconsin.*

PRINCIPLES OF INSTRUMENTATION

**JOHN R. FEEGEL, M.D., J.D.**

*Associate Professor of Pathology,  
Emory University; Associate  
Pathologist, Grady Memorial Hospital,  
Atlanta, Georgia.*

LEGAL ASPECTS OF LABORATORY  
MEDICINE

**HJORDIS M. FOY, M.D., Ph.D.**

*Professor, Department of Epidemiology,  
School of Public Health and  
Community Medicine, University of  
Washington School of Medicine, Seattle,  
Washington.*

MYCOPLASMAL INFECTION

**MICHAEL M. FRANK, M.D.**

*Clinical Director and Chief,  
Laboratory of Clinical Investigation,  
National Institutes of Allergy and  
Infectious Diseases, Bethesda,  
Maryland.*

COMPLEMENT

**THELMA A. GAITHER, B.S.**

*Research Biologist, National Institutes  
of Allergy and Infectious Diseases,  
Bethesda, Maryland.*

COMPLEMENT

**ROBERT S. GALEN, M.D., M.P.H.**

*Assistant Professor of Clinical  
Pathology, Columbia University College  
of Physicians and Surgeons, New  
York, New York; Associate Director of  
Laboratories, Overlook Hospitals,  
Summit, New Jersey.*

QUANTITATIVE EVALUATION OF  
LABORATORY MEASUREMENTS

**THOMAS L. GAVAN, M.D.**

*Head, Department of Microbiology, The  
Cleveland Clinic Foundation,  
Cleveland, Ohio.*

SPACE, EQUIPMENT, MATERIALS, AND  
TECHNIQUES; QUALITY CONTROL

**ROBERT GILBERT, M.D.**

*Professor of Medicine, State University  
of New York, Upstate Medical Center  
College of Medicine, Syracuse;  
Attending Physician, University  
Hospital of Upstate Medical Center,  
Syracuse, New York.*

SPIROMETRY, BLOOD GASES, ACID-BASE,  
AND PULMONARY FUNCTION SPIROMETRY

**MILTON GOLDEN, Ph.D.**

*Associate Professor, Microbiology, Rush  
Medical College, Chicago; Director,  
Microbiology, Mt. Sinai Hospital  
Medical Center, Chicago, Illinois*

MONITORING THE QUALITY OF  
LABORATORY MEASUREMENTS

**GEORGE F. GRANNIS, Ph.D.**

*Department of Pathology, Ohio State  
University College of Medicine,  
Columbus, Ohio.*

MONITORING THE QUALITY OF  
LABORATORY MEASUREMENTS

**YEZID GUTIERREZ, M.D., Ph.D.**

*Assistant Professor of Pathology, Case  
Western Reserve University School of  
Medicine, Cleveland, Ohio.*

MEDICAL PARASITOLOGY

**JOHN BERNARD HENRY, M.D.**

*Professor of Pathology, State  
University of New York, Upstate  
Medical Center College of Medicine,  
Syracuse; Director of Clinical  
Pathology, University Hospital of  
Upstate Medical Center, Syracuse,  
New York.*

THEORY AND PRACTICE OF LABORATORY  
TECHNIQUE; EVALUATION OF RENAL  
FUNCTION, AND WATER, ELECTROLYTE,  
AND ACID-BASE BALANCE; CLINICAL  
ENZYMOLGY; THERAPEUTIC DRUG  
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AND HEMOTHERAPY; LABORATORY  
EVALUATION OF DISPUTED PARENTAGE;  
EFFECTIVE UTILIZATION OF CLINICAL  
LABORATORIES

**MARY JANE HICKS, M.D.**

*Assistant Professor of Pathology,  
University of Arizona, College of  
Medicine; Attending Physician in  
Pathology, Arizona Health Science  
Center, Tucson, Arizona.*

LABORATORY DIAGNOSIS OF VIRUSES,  
RICKETTSIA, AND CHLAMYDIA

**JOAN HOLOHAN HOWANITZ, M.D.**

*Assistant Professor of Pathology, State  
University of New York, Upstate  
Medical Center College of Medicine,  
Syracuse; Assistant Director of  
Clinical Pathology, University  
Hospital of Upstate Medical Center,  
Syracuse, New York.*

CARBOHYDRATES; RADIOIMMUNOASSAY;  
EVALUATION OF ENDOCRINE FUNCTION;  
THERAPEUTIC DRUG MONITORING AND  
TOXICOLOGY

**PETER JOHN HOWANITZ, M.D.**

*Assistant Professor of Pathology, State University of New York, Upstate Medical Center College of Medicine, Syracuse; Assistant Director of Clinical Pathology, University Hospital of Upstate Medical Center, Syracuse, New York.*

CARBOHYDRATES; RADIOIMMUNOASSAY; EVALUATION OF ENDOCRINE FUNCTION; THERAPEUTIC DRUG MONITORING AND TOXICOLOGY

**YUAN S. KAO, M.D.**

*Associate Professor of Pathology, Louisiana State University School of Medicine in New Orleans; Visiting Pathologist, Charity Hospital of Louisiana, New Orleans, Louisiana.*  
EXAMINATION OF EXOCRINE PANCREATIC FUNCTION; MALABSORPTION, DIARRHEA, AND EXAMINATION OF FECES

**RICHARD T. KELLY, M.D.**

*Associate Professor, Department of Pathology and Microbiology, University of Tennessee College of Medicine, Memphis; Pathologist in Microbiology/Serology, Baptist Memorial Hospital, Nashville, Tennessee.*

SPIROCHETES AND SPIRAL BACTERIA

**GEORGE E. KENNY, Ph.D.**

*Professor and Chairman, Department of Pathobiology, School of Public Health and Community Medicine, University of Washington School of Medicine, Seattle, Washington.*

MYCOPLASMAL INFECTION

**THOMAS F. KEYS, M.D.**

*Assistant Professor of Medicine, Mayo Medical School, Rochester; Consultant, Division of Infectious Diseases and Internal Medicine, Mayo Clinic-Foundation, Rochester, Minnesota.*  
HOSPITAL INFECTION CONTROL

**ELMER W. KONEMAN, M.D.**

*Executive Director, Colorado Association for Continuing Medical Laboratory Education (CACMLE), Denver, Colorado.*

DIAGNOSIS OF MYCOTIC DISEASE

**ARTHUR F. KRIEG, M.D.**

*Professor of Pathology, Pennsylvania State University College of Medicine, Hershey; Director of Clinical Laboratories, The Milton S. Hershey*

*Medical Center, Hershey, Pennsylvania.*

CEREBROSPINAL FLUIDS AND OTHER BODY FLUIDS; PREGNANCY TESTS AND EVALUATION OF PLACENTAL FUNCTION

**MICHAEL W. LAPINSKI, M.D.**

*Pathologist, Woman's Christian Association Hospital, Jamestown, New York, and Warren General Hospital, Warren, Pennsylvania.*

BLOOD GASES

**CHANG LING LEE, M.D.**

*Professor of Medicine and Pathology, Rush Medical College, Chicago; Director, Charles Hymen Blood Center of Mount Sinai Hospital Medical Center of Chicago; Scientific Director, American Red Cross Blood Services Mid-America Region, Chicago, Illinois.*  
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**H. PETER LEHMANN, Ph.D.**

*Assistant Professor, Department of Pathology, Louisiana State University School of Medicine in New Orleans, Louisiana.*

SI UNITS

**ROBERT I. LEVY, M.D.**

*Director, National Heart, Lung, and Blood Institute, National Institutes of Health, Bethesda, Maryland.*

MEASUREMENT OF LIPIDS AND EVALUATION OF LIPID DISORDERS

**ERNEST GEORGE LINKE, Ph.D.**

*Clinical Chemist, Pathology Associates, Gadsden, Alabama.*

THEORY AND PRACTICE OF LABORATORY TECHNIQUE

**ROBERT P. LISAK, M.D.**

*Associate Professor of Neurology, University of Pennsylvania School of Medicine; Associate Neurologist, Hospital of the University of Pennsylvania; Consultant Neurologist, Veterans Administration Hospital, Philadelphia; Director, Multiple Sclerosis Clinic, Hospital of the University of Pennsylvania, Philadelphia, Pennsylvania.*

AUTOIMMUNITY AND AUTOIMMUNE DISEASE

**EUFRONIO G. MADERAZO, M.D.**

*Assistant Professor, Department of Pathology, University of Connecticut School of Medicine, Farmington; Director, Medical Research Laboratory, and Assistant Director, Infectious Disease Division, Department of Medicine, Hartford Hospital, Hartford, Connecticut.*

PHAGOCYTIC CELLS

**JOHN M. MATSEN, M.D.**

*Professor of Pathology, University of Utah College of Medicine, Salt Lake City, Utah.*

ANTIMICROBIAL SUSCEPTIBILITY TESTS

**WILLIAM W. McLENDON, M.D.**

*Professor of Pathology, University of North Carolina School of Medicine; Chairman, Department of Hospital Laboratories, North Carolina Memorial Hospital, Chapel Hill, North Carolina.*

ORGANIZATION AND MANAGEMENT OF THE CLINICAL LABORATORY; FISCAL MANAGEMENT; COMMUNICATIONS AND DATA PROCESSING

**JOHN E. MURPHY, M.D.**

*Assistant Clinical Professor of Pathology, Southern Illinois University School of Medicine; Associate Pathologist, Department of Laboratory Medicine, Memorial Medical Center, Springfield, Illinois.*

EVALUATION OF RENAL FUNCTION, AND WATER, ELECTROLYTE, AND ACID-BASE BALANCE; EFFECTIVE UTILIZATION OF CLINICAL LABORATORIES

**ROBERT M. NAKAMURA, M.D.**

*Adjunct Professor of Pathology, University of California, San Diego, School of Medicine, La Jolla; Chairman, Department of Pathology, Green Hospital of Scripps Clinic, La Jolla, California.*

ANTIBODY AS REAGENT

**DOUGLAS A. NELSON, M.D.**

*Professor of Pathology, State University of New York, Upstate Medical Center College of Medicine, Syracuse; Deputy Director of Clinical Pathology and Attending Pathologist, University Hospital of Upstate Medical Center, Syracuse, New York.*

BASIC METHODOLOGY (OF HEMATOLOGY); HEMATOPOIESIS; ERYTHROCYTIC DISORDERS; LEUKOCYTIC DISORDERS

**DANIEL C. NIEJADLIK, M.D.**

*Assistant Professor of Laboratory Medicine, University of Connecticut School of Medicine, Farmington; Pathologist, Middlesex Memorial Hospital, Middletown, Connecticut.*

SPUTUM

**ALLEN L. PUSCH, M.D.**

*Associate Professor of Pathology, Rush Medical College, Chicago; Pathologist, Christ Hospital, Oak Lawn, Illinois.*

SERODIAGNOSTIC TESTS

**C. GEORGE RAY, M.D.**

*Professor of Pathology and Pediatrics, University of Arizona College of Medicine, Tucson; Attending Physician in Pathology and Pediatrics, Arizona Medical Center, and Attending Physician in Pediatrics, Tucson Medical Center, Tucson, Arizona.*

LABORATORY DIAGNOSIS OF VIRUSES, RICKETTSIA, AND CHLAMYDIA

**MICHAEL D. REICH**

*Assistant Director, Professional Support Services, North Carolina Memorial Hospital, Chapel Hill, North Carolina.*

ORGANIZATION AND MANAGEMENT OF THE CLINICAL LABORATORY; FISCAL MANAGEMENT

**MANUEL J. RICARDO, JR., Ph.D.**

*Assistant Professor of Microbiology, University of Tennessee College of Medicine, Memphis, Tennessee.*

THE IMMUNOGLOBULINS

**BASIL M. RIFKIND, M.D.**

*Chief, Lipid Metabolism Branch, National Heart, Lung, and Blood Institute of the National Institutes of Health, Bethesda, Maryland.*

MEASUREMENTS OF LIPIDS AND EVALUATION OF LIPID DISORDERS

**ROBERT F. RITCHIE, M.D.**

*Associate Professor of Medicine, Tufts University School of Medicine, Boston, Massachusetts; Medical Director, Foundation for Blood Research, Scarborough, and Attending Physician, Maine Medical Center, Portland, Maine.*

SPECIFIC PROTEINS

**GLENN D. ROBERTS, Ph.D.**

*Assistant Professor of Microbiology and of Laboratory Medicine, Mayo Medical School, Rochester; Director, Mycology Laboratory, Section of Clinical Microbiology, Department of*

*Laboratory Medicine, Mayo Clinic-Foundation, Rochester, Minnesota.*  
CLINICAL AND LABORATORY DIAGNOSIS  
OF MYCOTIC DISEASE

**JERALD M. ROSENBAUM, M.D.**

*Instructor in Pathology, University of Massachusetts Medical School, Worcester; Attending Pathologist, Baystate Medical Center, Springfield, Massachusetts.*  
AMNIOTIC FLUID AND ANTENATAL  
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**DAVID T. ROWLANDS, JR., M.D.**

*Professor of Pathology, University of Pennsylvania School of Medicine; Pathologist, Hospital of the University of Pennsylvania, Philadelphia, Pennsylvania.*  
LYMPHOCYTES

**THOMAS A. RUMA, M.D.**

*Chief Resident, Clinical Pathology, University Hospital of Upstate Medical Center, Syracuse, New York*  
THERAPEUTIC PHERESIS AND PLASMA  
EXCHANGE

**WILLIAM DOUGLAS SCHEER, Ph.D.**

*Instructor, Department of Pathology, Louisiana State University School of Medicine in New Orleans; Clinical Chemist, Charity Hospital of Louisiana, New Orleans, Louisiana.*  
MALABSORPTION, DIARRHEA, AND  
EXAMINATION OF FECES

**G. BERRY SCHUMANN, M.D.**

*Assistant Professor of Pathology, University of Cincinnati College of Medicine; Director of Cytopathology, University of Cincinnati Medical Center, Cincinnati, Ohio.*  
EXAMINATION OF URINE

**JAMES WARREN SMITH, M.D.**

*Professor of Clinical Pathology, Indiana University School of Medicine; Director, Division of Clinical Microbiology, Indiana University Hospitals, Wishard Memorial Hospital, and Veterans Administration Hospital, Indianapolis, Indiana.*  
MEDICAL PARASITOLOGY

**HERBERT M. SOMMERS, M.D.**

*Professor of Pathology, Northwestern University Medical School, Chicago; Attending Pathologist and Director, Clinical Microbiology Laboratory, Northwestern Memorial Hospital,*

*Consultant Pathologist, Lakeside Veterans Hospital, Chicago, Illinois.*  
MYCOBACTERIAL DISEASE

**BERNARD EUGENE STATLAND, M.D., Ph.D.**

*Associate Professor of Pathology, University of California, Davis, School of Medicine; Director of Clinical Chemistry, Sacramento Medical Center, Sacramento, California.*  
SOURCES OF VARIATION IN LABORATORY  
MEASUREMENTS; REFERENCE VALUES;  
THEORY AND PRACTICE OF LABORATORY  
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OF LABORATORY MEASUREMENTS;  
MONITORING THE QUALITY OF  
LABORATORY MEASUREMENTS

**ISRAEL TAMIR, M.D.**

*Associate Professor, Department of Pediatrics, Sackler School of Medicine, University of Tel-Aviv, Israel.*  
MEASUREMENTS OF LIPIDS AND  
EVALUATION OF LIPID DISORDERS

**RUSSELL H. TOMAR, M.D.**

*Associate Professor of Pathology and Assistant Professor of Medicine, State University of New York, Upstate Medical Center College of Medicine, Syracuse; Associate Director of Clinical Pathology, University Hospital of Upstate Medical Center, Syracuse, New York.*  
LABORATORY APPROACHES TO  
IMMUNOLOGICALLY RELATED DISORDERS

**JOHN J. TREUTING, Ph.D.**

*Assistant Professor, Department of Pathology and Laboratory Medicine, University of Texas Health Science Center at Houston Medical School; Assistant Director, Clinical Chemistry, Hermann Hospital, Houston, Texas.*  
METABOLIC INTERMEDIATES AND  
INORGANIC IONS

**ERNEST S. TUCKER, III, M.D.**

*Clinical Associate Professor of Pathology and Pediatrics, University of California, San Diego, School of Medicine, La Jolla; Head, Section of Immunology—Department of Pathology, Green Hospital of Scripps Clinic, La Jolla, California.*  
ANTIBODY AS REAGENT

**PATRICK C. J. WARD, M.D.**

*Associate Professor, Department of Laboratory Medicine and Pathology, University of Minnesota Medical School, Minneapolis; Director of*



*Laboratories, Mount Sinai Hospital,  
Minneapolis, Minnesota.*  
EXAMINATION OF URINE

**PETER A. WARD, M.D.**

*Professor and Chairman, Department  
of Pathology, University of Connecticut  
School of Medicine, Farmington; Chief  
Pathologist, University of Connecticut  
Health Center, Farmington,  
Connecticut.*  
PHAGOCYTTIC CELLS

**JOHN A. WASHINGTON, II, M.D.**

*Professor, Microbiology and Laboratory  
Medicine, Mayo Medical School,  
Rochester; Head, Section of Clinical  
Microbiology, Mayo Clinic-Foundation,  
Rochester, Minnesota.*  
INTRODUCTION TO MEDICAL  
MICROBIOLOGY; MEDICAL BACTERIOLOGY

**ROBERT EDMUND WENK, M.D.**

*Assistant Professor, Johns Hopkins  
University School of Medicine,  
Baltimore; Attending Pathologist and  
Head, Division of Clinical Pathology,  
Sinai Hospital, Baltimore, Maryland.*  
AMNIOTIC FLUID AND ANTENATAL  
DIAGNOSIS

**THERESA L. WHITESIDE, Ph.D.**

*Assistant Professor of Pathology,  
University of Pittsburgh School of  
Medicine; Associate Director, Clinical  
Immunopathology Laboratory,  
University Health Center of  
Pittsburgh, Pennsylvania.*  
LYMPHOCYTES

**PER WINKEL, M.D., Doc. Sci. Med.**

*Visiting Professor, Department of  
Pathology, University of North  
Carolina School of Medicine, Chapel  
Hill; Co-Director, Department of  
Clinical Chemistry, Finseninstitutet,  
Copenhagen, Denmark.*  
SOURCES OF VARIATION IN LABORATORY  
MEASUREMENTS; REFERENCE VALUES;  
QUANTITATIVE EVALUATION OF  
LABORATORY MEASUREMENTS

**JANNIE WOO, Ph.D.**

*Assistant Professor, Department of  
Pathology and Laboratory Medicine,  
University of Texas Health Science*

*Center at Houston Medical School;  
Assistant Director, Clinical  
Chemistry, Hermann Hospital,  
Houston, Texas.*  
METABOLIC INTERMEDIATES AND  
INORGANIC IONS

**WEI TING WU, Ph.D.**

*Assistant Professor, Department of  
Pathology, Louisiana State University  
School of Medicine in New Orleans;  
Senior Clinical Chemist, Pathology,  
Charity Hospital of Louisiana, New  
Orleans, Consultant in Clinical  
Chemistry, West Jefferson Hospital,  
Merrero, Louisiana.*  
EXAMINATION OF EXOCRINE PANCREATIC  
FUNCTION

**EDMOND J. YUNIS, M.D.**

*Professor of Pathology, Harvard  
Medical School, Boston; Chief, Division  
of Immunogenetics, Sidney Farber  
Cancer Institute, Boston,  
Massachusetts.*  
HLA: THE MAJOR HISTOCOMPATIBILITY  
COMPLEX

**JORGE J. YUNIS, M.D.**

*Professor and Director, Medical  
Genetics Division, University of  
Minnesota Medical School,  
Minneapolis, Minnesota.*  
CYTOGENETICS

**HYMAN J. ZIMMERMAN, M.D.**

*Professor of Medicine, George  
Washington University School of  
Medicine and Health Sciences; Chief,  
Medical Service, Veterans  
Administration Hospital,  
Washington, D.C.*  
EVALUATION OF THE FUNCTION AND  
INTEGRITY OF THE LIVER; CLINICAL  
ENZYMOLGY

**BURTON ZWEIMAN, M.D.**

*Professor of Medicine and Neurology,  
University of Pennsylvania School of  
Medicine; Chief, Section of Allergy and  
Immunology, Hospital of the  
University of Pennsylvania; Attending  
Physician, Veterans Administration  
Hospital, Philadelphia, Pennsylvania.*  
AUTOIMMUNITY AND AUTOIMMUNE  
DISEASE

# PREFACE

With this sixteenth edition, Todd and Sanford reaches the mature age of 70 years of service to at least three generations of clinical pathologists and medical laboratory personnel (especially technologists and medical technicians), medical students, and physicians in training and in practice, i.e., family physicians, internists, surgeons, and pediatricians, in particular.

Our goals in this edition include the following:

1. Identify appropriate measurements and examinations for diagnosis, confirmation of a clinical impression, therapeutic or management guideline data, prognosis, and screening or detection of disease.
2. Indicate the order in which such measurements and examinations should be requested.
3. Interpret and translate laboratory measurements and examinations.
4. Recognize pitfalls, problems, and limitations of laboratory data, including discussion of quality control and drug interaction as well as relative merits in terms of methodology, patient preparation, communication, and cost effectiveness.
5. Understand pathophysiology or sequence of disease as reflected by clinical pathology data.
6. Appreciate and understand the importance of laboratory organization and management for efficient and cost-effective medical care delivery.

The content of this edition has been reorganized to represent more closely the working structure of the modern clinical pathology laboratory and to be more useful in solving medical problems.

It is significant that this edition begins with a discussion of bias and random variation in laboratory measurements and concludes with material on monitoring the quality of laboratory measurements. These two subjects identify a basic approach and understanding of laboratory medicine and currently play vital roles in effective utilization of the laboratory.

In terms of the six parts, with their constituent chapters, the organization of the laboratory is reflected in a functional manner:

1. Chemical Pathology and Clinical Chemistry
2. Medical Microscopy and Examination of Other Body Fluids
3. Hematology and Coagulation
4. Immunology and Immunopathology
5. Medical Microbiology
6. Administration of the Clinical Laboratory

The thrust of special competence in clinical pathology and subspecialization in medicine is consistent with the restructuring of this edition.

The sixty-three chapters in this edition represent a virtual doubling of the number of chapters from the previous edition and also reflect the comprehensive and intensive development of laboratory medicine and its application to medical care in recent years.

Not only is the massive technology of clinical pathology expanded as well as delineated, but also the role of the physician in terms of laboratory medicine is

emphasized. Among these six parts, Immunology and Immunopathology represents a recent thrust in laboratory medicine which, by virtue of its technology as well as scientific and clinical applications, could for all practical purposes embrace most other areas of the laboratory. Cellular as well as humoral aspects of the immune response and laboratory applications are emphasized throughout this part. These range from a consideration of the immune response and discussion of the antibody as reagent to immunogenetics, immunoematology, and hemotherapy.

The second greatest impact in laboratory medicine since the previous edition is reflected in Chemical Pathology and Clinical Chemistry. What was embraced in the previous edition in terms of a chapter on Clinical Chemistry, as well as several other chapters, has been extensively revised. This includes blood gases, carbohydrates, lipids, proteins, water, electrolytes and renal function, metabolites and inorganic ions, liver function and clinical enzymology, and the sophisticated and substantial developments in evaluation of endocrine function, including radioimmunoassay and also therapeutic drug monitoring. Radioisotopic pathology in terms of *in vitro* assays or radioimmunoassays replaces nuclear medicine in the previous edition.

The final chapter of this part underscores quantitative approaches used in evaluating laboratory measurements and other types of data emphasizing the likelihood of values, e.g., probability that the patient is a member of a clinical class or probability of one outcome occurring. This important approach embraces probabilistic reasoning, which makes even greater demands on the clinician, necessitating a keen awareness of the various assumptions and conditions intrinsic in an approach embracing values of multiple variates and discriminate analysis.

Cytogenetics, as well as various topics ranging from urinalysis, cerebrospinal fluid, amniotic fluid, semen, and sputum to pancreatic function, gastric analysis, malabsorption, diarrhea, and examination of feces, is reviewed in the Medical Microscopy part of this edition.

Hematology and Coagulation, which were considered in two chapters in the previous edition, here constitute seven chapters: basic hematology, including a section on physiologic variations; hematopoiesis, including revised concepts of blood cell production; erythrocyte disorders and leukocyte disorders, each occupying an extensively revised chapter; the role of blood vessels in hemostasis, and normal and disordered platelet function, each discussed in a new chapter; and a new chapter on coagulation, which incorporates many of the extensive advances in this area.

In Medical Microbiology not only are all the elements of this broad discipline reviewed in 14 chapters, but special attention is given to antimicrobial susceptibility testing, mycoplasmal, viral, and chlamydial infections, and spirochetes, as well as quality control and hospital infection control. The important subject of hospital infection control pertains not only to the laboratory but to the entire hospital and thus has been expanded and updated.

Finally, in a part entitled Administration of the Clinical Laboratory—which embraces the organization and operation of the clinical laboratory, including fiscal—communication and data processing, personnel administration, and effective utilization are reviewed at length.

In summary, the sixteenth edition embraces a complete as well as thorough revision that is consistent with the new title of this text, as well as the role of the laboratory through its professional staff in not only translating this information into patient care, but also facilitating and amplifying the effectiveness of medical care delivery through sophisticated medical technology coupled with medical and scientific skills and knowledge.

Even the appendices provide information which is useful to the clinician and laboratorian, in terms of reference (normal) values and intervals. An introduc-

tion to SI units has been added not only on the inside cover but also in Appendix 4. New terminology has been incorporated not only with the reference intervals, but also throughout the text whenever feasible and consistent with optimal medical care.

My own special interest in effective utilization of the laboratory is reflected on the inside cover, which outlines an alternative strategy for ordering blood in elective surgery.

After working with Israel Davidsohn, M.D., on the two previous editions, I have enthusiastically assumed the burden of responsibility for this effort. Although I have missed my former association with Israel Davidsohn in this role, to some extent this has been replaced by the opportunity to work closely with several new colleagues in this endeavor. In addition to my associates at the Upstate Medical Center who have participated in this edition, Douglas Nelson, M.D., and Russell Tomar, M.D., I have enjoyed working with and appreciate the tremendous contribution of John Washington, M.D., as well as William McLendon, M.D., and Bernard E. Statland, M.D., Ph.D. Chosen for their extensive knowledge and current activity in their respective disciplines, distinguished scientists and physicians have been attracted as additional contributors to this edition.

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I accept full responsibility for any errors of omission or commission and welcome any comments or reactions to this edition.

JOHN BERNARD HENRY, M.D.

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JOHN BERNARD HENRY, M.D.

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