

*Handbook of*  
*Psychopharmacology*

Volume 16

Neuropeptides

*Edited by*  
*Leslie L. Iversen*  
*Susan D. Iversen*  
*and Solomon H. Snyder*

Volume 16

# Neuropeptides

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*Edited by*

② *Leslie L. Iversen*

*Department of Pharmacology  
University of Cambridge*

*Susan D. Iversen*

*Department of Psychology  
University of Cambridge*

*and*

*Solomon H. Snyder*

*Departments of Neuroscience, Pharmacology, and Psychiatry  
The Johns Hopkins University  
School of Medicine*

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*Psychopharmacology*

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Volume 16  
Neuropeptides

## CONTRIBUTORS

HUDA AKIL, *Mental Health Research Institute, University of Michigan, Ann Arbor, Michigan 48109*

JEFFERY L. BARKER, *Laboratory of Neurophysiology, National Institute of Neurological and Communicative Disorders and Stroke, National Institutes of Health, Bethesda, Maryland 20205*

MICHAEL J. BROWNSTEIN, *Laboratory of Clinical Science, National Institute of Mental Health, Bethesda, Maryland 20205*

PIERS C. EMSON, *MRC Neurochemical Pharmacology Unit, Medical Research Council Centre, Medical School, Hills Road, Cambridge CB2 2QH, United Kingdom*

DETLEV GANTEN, *Department of Pharmacology, University of Heidelberg; and German Institute for High Blood Pressure Research, Im Neuenheimer Feld 366, D-6900 Heidelberg, Federal Republic of Germany*

R. F. T. GILBERT, *MRC Neurochemical Pharmacology Unit, Medical Research Council Centre, Medical School, Hills Road, Cambridge CB2 2QH, England; present address: School of Clinical Medicine, New Addenbrooke's Hospital, Hills Road, Cambridge CB2 2QH, United Kingdom*

T. M. JESSELL, *Department of Pharmacology, St. George's Hospital Medical School, London SW17, United Kingdom; present address: Department of Neurobiology, Harvard Medical School, Boston, Massachusetts 02115*

RUDOLF E. LANG, *Department of Pharmacology, University of Heidelberg; and German Institute for High Blood Pressure Research, Im Neuenheimer Feld 366, D-6900 Heidelberg, Federal Republic of Germany*

DANIEL LUTTINGER, *Biological Sciences Research Center, Department of Psychiatry and the Neurobiology Program, University of North Carolina School of Medicine, Chapel Hill, North Carolina 27514*

PHILIP D. MARLEY, *MRC Neurochemical Pharmacology Unit, MRC Centre, Medical School, Hills Road, Cambridge CB2 2QH, United Kingdom*

- RICHARD J. MILLER, *Department of Pharmacological and Physiological Sciences, University of Chicago, Chicago, Illinois 60637*
- CHARLES B. NEMEROFF, *Biological Sciences Research Center, Department of Psychiatry and the Neurobiology Program, University of North Carolina School of Medicine, Chapel Hill, North Carolina 27514*
- MIKLÓS PALKOVITS, *First Department of Anatomy, Semmelweis University Medical School, Budapest 1450, Hungary; and Laboratory of Clinical Science, National Institute of Mental Health, Bethesda, Maryland 20205*
- ARTHUR J. PRANGE, JR., *Biological Sciences Research Center, Department of Psychiatry and the Neurobiology Program, University of North Carolina School of Medicine, Chapel Hill, North Carolina 27514*
- WOLFGANG RASCHER, *Department of Pharmacology, University of Heidelberg; and German Institute for High Blood Pressure Research, Im Neuenheimer Feld 366, D-6900 Heidelberg, Federal Republic of Germany*
- THOMAS UNGER, *Department of Pharmacology, University of Heidelberg; and German Institute for High Blood Pressure Research, Im Neuenheimer Feld 366, D-6900 Heidelberg, Federal Republic of Germany*
- STANLEY J. WATSON, *Mental Health Research Institute, University of Michigan, Ann Arbor, Michigan 48109*

## PREFACE

It is now eight years since the first *Handbook* volumes on Basic Neuropharmacology were published, and there have been many important advances. As in many other areas in science, progress in this field has depended to a considerable extent on the availability of new experimental methods, and Volume 15 reviews some major recent developments, including new autoradiographic techniques that allow direct visualization of drug and transmitter receptors in the nervous system, and the pinpointing of the precise locations of the changes in brain metabolism elicited by various drug treatments. Volumes 16 and 17 cover two of the most active areas for basic research in psychopharmacology at the moment: the characterization of drug and transmitter receptors in brain by radioligand binding techniques, and studies of the role of small peptides in brain function. The latter area, in particular, illustrates how rapidly progress continues to be made in basic research on the mechanisms of chemical communication within the nervous system. Eight years ago when the *Handbook* first appeared none of the opioid peptides (enkephalins and endorphins) had yet been identified. Since then a whole new area of basic biological research has focused on these substances, and in addition we know of more than thirty other neuropeptides with putative CNS transmitter functions.

We hope that these new volumes will help to keep the *Handbook of Psychopharmacology* abreast of the most recent advances in the field, and continue to make it a valuable reference work for all who are involved in research in this increasingly active field of science. The response to earlier volumes has been remarkably positive, and we remain indebted to the publishers for conceiving the original idea, and to the many contributors who have labored long and hard to bring it to fruition.

L.L.I.  
S.D.I.  
S.H.S.

(2) / *Handbook of  
Psychopharmacology*

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- Volume 1 Biochemical Principles and Techniques in Neuropharmacology
- Volume 2 Principles of Receptor Research
- Volume 3 Biochemistry of Biogenic Amines
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# *SUBSTANCE P IN THE NERVOUS SYSTEM*

*T. M. Jessell*

## 1. INTRODUCTION

The properties of a vasodepressor substance extracted from brain and intestine and originally called preparation P were first described by von Euler and Gaddum in 1931. Fifty years later, it is certain that substance P must play an important role in nervous system function, yet it is surprisingly difficult to cite a single physiologically relevant action of substance P, supposedly the doyen of the common peptides (Pearse, 1978). In contrast, the physiological role of many other neuropeptides and releasing hormones that have been discovered more recently is now well established.

There are several possible reasons for the comparatively slow progress in defining the role of substance P in the nervous system. Although many of the actions and chemical properties of substance P had been established by von Euler and Gaddum (1931), it took 40 years before it was eventually isolated (Chang and Leeman, 1970) and its amino acid sequence determined (Chang *et al.*, 1971) (Fig. 1). Leeman and her co-workers then prepared synthetic substance P (Tregear *et al.*, 1971) and subsequently generated the first anti-substance P antibody (Powell *et al.*, 1973). It is this series of studies that has proved fundamental in generating a renewed

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*T. M. Jessell* • Department of Pharmacology, St. George's Hospital Medical School, London SW17, United Kingdom; present address: Department of Neurobiology, Harvard Medical School, Boston, Massachusetts 02115.

